

Factors Influencing the Growth and
Hydrogen Sulfide Production of
Bilophila wadsworthia, an
Important Member of the Sulfite-
Reducing Bacteria in the Gut

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Abstract

Factors influencing the growth and hydrogen sulfide production of *Bilophila wadsworthia*, an important member of the sulfite-reducing bacteria in the gut

Background: Sulfate-reducing bacteria (SRB) reduce sulfate to yield H₂S and are commonly found in the human gut. Excess H₂S has been linked to gut inflammation and is implicated in inflammatory disease pathogenesis. *B. wadsworthia*, a unique SRB member, is correlated with deleterious gut inflammation and disease; despite this, *B. wadsworthia* is present in the commensal gut microbiota of many healthy individuals. Enhancing our understanding of the factors influencing the abundance and H₂S production of *B. wadsworthia* is a valuable research goal.

Objectives: This thesis aimed to investigate the effect of other gut microbiota members on the abundance and H₂S production of *B. wadsworthia*.

Approaches: *B. wadsworthia* was co-cultured with the common gut commensals *B. thetaiotaomicron* and *E. faecium*. The differential gene expression of the bacterial strains using transcriptomics and the differential metabolome of the cultures using untargeted metabolomics was investigated to unravel the underlying mechanisms behind the microbial interactions observed.

Results: *B. thetaiotaomicron* significantly increased *B. wadsworthia*'s H₂S production in co-culture; this interaction was dependent upon *B. thetaiotaomicron* viability and physical proximity between the strains. In co-culture, *B. wadsworthia*'s production of sulfite from taurine was decreased. Additionally, *B. thetaiotaomicron*-derived indole production was decreased. *E. faecium* significantly inhibited *B. wadsworthia*'s growth, which is at least partially mediated via lactic acid production. *In silico* genome screening of *E. faecium* strains revealed the presence of biosynthetic clusters for bacteriocins and absence of clinically-important AMR genes and virulence factors, supporting the potential use of these strains as anti-*B. wadsworthia* probiotics.

Conclusion: We hypothesise that in *B. thetaiotaomicron* and *B. wadsworthia* co-culture, co-operative metabolism of sulfate to H₂S via an APS intermediate may

permit excess H₂S production by *B. wadsworthia*. *E. faecium* strains strongly inhibited *B. wadsworthia*'s growth *in vitro*, showing early promise for use of *E. faecium* as a potential anti-*B. wadsworthia* probiotic.

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Abbreviations

Abbreviation	Meaning
AMR	Antimicrobial resistance
APS	Adenosine 5'-phosphosulfate
Asr	Assimilatory sulfite reductase
BHI + C	Brain Heart Infusion with complements
BHI + S	Brain Heart Infusion with supplements
BPM	Brain Heart Infusion with complements, Postgate C and de Man-Rogosa Sharpe media (1:1:1 ratio)
Bt	<i>Bacteroides thetaiotaomicron</i>
Bw	<i>Bilophila wadsworthia</i>
CFU	Colony forming units
CIM	Complex Intestinal Media
CMM	Colon Model Media
DEGs	Differentially expressed genes
Dsr	Dissimilatory sulfite reductase
EC	Enzyme Classification number
Ef	<i>Enterococcus faecium</i>
FDR	False Discovery Rate
H ₂ S	Hydrogen sulfide
HILIC-MS	Hydrophilic interaction chromatography-mass spectrometry
LCMS	Liquid Chromatography Mass Spectrometry
LLOQ	Lower Limit of Quantification
LogFC	Log fold change (gene expression)
MAG	Metagenome-assembled genome
MRS	de Man-Rogosa-Sharpe
OD ₆₀₀	Optical density at 600 nm
PAPS	3'-phosphoadenosine 5'-phosphosulfate
PBS	Phosphate buffered saline
PCR	Polymerase chain reaction
PLS-DA	Partial least squares-discriminant analysis
QIB	Quadram Institute Bioscience

qPCR	Quantitative polymerase chain reaction
rpm	Revolutions per minute
rRNA	Ribosomal ribonucleic Acid
RSD	Relative standard deviation
RQN	RNA Quality Number
SCFA	Short-chain fatty-acid
SIBO	Small intestinal bacterial overgrowth
SRB	Sulfate-reducing bacteria
SO ₄ ²⁻	Sulfate
SO ₃ ²⁻	Sulfite
TEER	Trans-epithelial electrical resistance
upH ₂ O	Ultrapure water
VIP	Variable Importance in Projection
ZnS	Zinc sulfide

Symbols and units

Symbol/unit	Meaning
%	Percentage
≥	Equal to or greater than
≤	Equal to or less than
°C	Degrees Celsius
μM	Micromolar
μm	Micrometre
g	Gram
h	Hour
log	Logarithm
M	Molar
mg	Milligram
min	Minute
mL	Millilitre
mM	Millimolar
nM	Nanomolar
pH	Potential of hydrogen
R ²	Coefficient of correlation
s	Second
x g	Relative Centrifugal Force (RCF) or g force
μL	Microlitre

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Chapter 1

1. Introduction

1.1 The human gut microbiome

Akin to all other organisms on earth, humans have evolved alongside micro-organisms, and this co-evolutionary relationship is largely reflected through mutualism, commensalism or pathogenesis [1]. Microbial populations dominated by bacteria cover almost all human body surfaces, producing distinctive and diverse populations; these are termed the microbiota. Indeed, the human microbiome which describes the collective genetic material of the microbiota has been referred to as our 'second genome', emphasising the profound impact of the microbiota on human health and disease [2].

The gastrointestinal (GI) tract contains by far the largest and most diverse microbial load, the majority of which is found in the colon where approximately 10^{12} bacterial cells reside [3]. Much of the gut microbiota consists of bacteria, of which four phyla dominate; *Firmicutes*, *Bacteroidetes*, *Proteobacteria* and *Actinobacteria* [4]. In the GI tract, microbes play pivotal roles in guiding normal immune system function and activity [5], preventing pathogen colonisation [6] and aiding in the breakdown of indigestible fibres to yield beneficial compounds including short-chain fatty-acids (SCFAs) which can be utilised by host colonocytes [7]. Given the overwhelming abundance of bacteria relative to other microbes, the symbiotic interactions involving the gut bacteria are a significant determinant of overall human health. Here, symbiosis is broadly defined as "the living together of unlike organisms" [8].

The importance of maintaining a diverse microbiota population is becoming increasingly acknowledged, as more evidence gathers linking loss of gut microbiota diversity and subsequent pathobiont expansion to disease [9]. These adverse changes to the gut microbiome, often termed dysbiosis, may occur in response to environmental factors such as antibiotic usage, pathogens or diet [10]. Gut microbiome dysbiosis has been increasingly implicated in not only inter-intestinal diseases such as irritable bowel syndrome (IBS) [11] and inflammatory bowel diseases (IBD) [12], but also extra-intestinal diseases such as obesity, insulin resistance [13] and even neurological conditions including depression and anxiety [14], neurodegenerative conditions such as dementia [15] and autism spectrum disorder [16].

1.2 Sulfate- and sulfite-reducing bacteria (SRB)

Sulfate- and sulfite-reducing bacteria (SRB) are a taxonomically diverse group of strictly anaerobic bacteria found ubiquitously in anoxic environments and play important ecological roles particularly in marine sediments and the human gut microbiome. SRB utilise inorganic sulfate (SO_4^{2-}) or sulfite (SO_3^{2-}) as a terminal electron acceptor during energy metabolism, a process which occurs concomitantly with oxidation of molecular hydrogen or organic compounds. The terminal product of sulfate reduction is hydrogen sulfide (H_2S) via a process termed dissimilatory sulfate reduction [17]. The largest phylogenetic group of SRB is the class Deltaproteobacteria, within which around 23 Gram-negative genera can be found including *Desulfovibrio*, *Lawsonia* and *Bilophila*. The second largest group of SRB are Gram-positive, found within the class Clostridia, encompassing genera including *Desulfotomaculum* and *Desulfosporosinus* [18].

1.2.1 SRB in the human gut

SRB are found within the colonic mucosa as part of the commensal gut microbiota in at least 50% of humans [19, 20]. Early cultivation-based studies on the SRB taxa in human stool detected *Desulfovibrio* as the most abundant genus, followed by *Desulfobacter*, *Desulfobulbus* and *Desulfomonas* from the class Deltaproteobacteria and *Desulfotomaculum*, a Firmicute [21]. Such studies revealed that *Desulfovibrio* spp. account for approximately 66% of colonic SRB [21]. The SRB in the human colon being mainly from the genus *Desulfovibrio* was confirmed by subsequent culture-independent studies [20, 22, 23]. Additional cultivation-dependent studies revealed the presence of the medically-relevant pathobiont *Bilophila wadsworthia*, which can be readily isolated from the faeces of 59% of healthy individuals [24].

During bacterial fermentation of complex carbohydrates in the human colon, large volumes of hydrogen are produced. However, accumulation of H_2 thermodynamically inhibits fermentation [25]. Hydrogenotrophs, including acetogens, methanogens and SRB compete for this resource without mutual exclusivity in the healthy human gut microbiota [22]. The ability to co-exist in the human gut is likely due to the heterogenous environment provided by the intestines; various physiological niches may permit distinct microbial groups, resulting in simultaneous hydrogenotrophic reactions [25]. Additionally, sulfate

availability and intestinal transit time appear to regulate the competitive hydrogenotrophic niche [26, 27]. Although hydrogenotrophs are present in low abundance [25], their function is important for maintenance of efficient fermentation in the gut, demonstrating that abundance does not necessarily equate to functional significance [22]. This mutually beneficial process is termed interspecies H₂ transfer [28, 29]. SRB utilise the H₂ as an electron donor during dissimilatory sulfite reduction; they also commonly utilise organic compounds for this purpose [18]. Lactate is the most common organic compound used as an electron donor for sulfite reduction, but pyruvate, acetate, propionate or butyrate can also be used, although the ability to utilise these compounds is species-specific [30].

1.2.2 *Bilophila wadsworthia*

Bilophila wadsworthia is a Gram-negative anaerobic member of the Deltaproteobacteria, first identified in 1989 from gangrenous and perforated appendicitis samples [31, 32]. This bacterium was characterised as a Gram-negative rod being stimulated by bile and pyruvate, strongly catalase positive, urease positive and strictly anaerobic [31]. To date, *B. wadsworthia* is the only species reported within the genus, although a Candidatus *Bilophila faecipullorum* sp. nov. was recently described via metagenomic analysis of the chicken gut [33].

1.3 Sulfur metabolism in the human gut

Sulfur is ubiquitous in the biosphere; it is the tenth most abundant element on Earth [34] and the seventh most abundant element in the human body [35]. Sulfur is dynamically exchanged within biological systems as part of the global sulfur cycle. The oxidation state of sulfur ranges from -6 (in sulfate) to -2 (in sulfide and reduced organic sulfur compounds), where the stability of each sulfur state depends on the presence of oxygen; in oxic conditions, sulfur is mostly found as sulfate, whereas the most common state under anoxic conditions is sulfide [36]. As sulfur is found ubiquitously in the environment, it is unsurprising that this ubiquity is mirrored within biological systems; sulfur is essential for life as it contributes to antioxidant molecules [37] and in proteins formed from the sulfated amino acids methionine, cysteine, homocysteine and taurine [38]. Microorganisms capable of reducing sulfate are essential contributors to the global sulfur cycle particularly within marine sediment [39], anoxic marine environments [40], and in the mammalian gut microbiome [41, 42]. Here, sulfur from organosulfur compounds

and/or sulfate is reduced to the lowest oxidation state, sulfide under anaerobic conditions. In this way, microorganisms utilise sulfate as a terminal electron acceptor in anaerobic respiration [43]. There are two main metabolic pathways through which this occurs, termed dissimilatory and assimilatory sulfate reduction respectively.

1.3.1 Dissimilatory sulfate reduction

Dissimilatory sulfate reduction describes a type of anaerobic respiration whereby sulfate is used as a terminal electron acceptor in the place of oxygen. This metabolic pathway occurs only under anaerobic conditions and is present in a select group referred to as sulfate-reducing bacteria (SRB). To reduce sulfate, organic compounds such as lactate, pyruvate, acetate, propionate, butyrate or molecular hydrogen are used as electron donors in order to generate energy for ATP production, and the terminal product of this metabolism is H₂S [44].

Dissimilatory sulfate reduction can be further categorised into 'classical' and 'non-classical' pathways.

The 'classical' metabolism is well-characterised in *Desulfovibrio*, and recently the genes encoding the necessary enzymes for this pathway have been identified in a surprisingly diverse range of gut bacteria including *Collinsella*, *Eggerthella*, *Enterococcus*, *Flavonifractor*, *Gordonibacter* and *Roseburia* species [45]. In the 'classical' pathway of sulfate reduction, sulfate is 'activated' by conversion to adenosine 5'-phosphosulfate (APS) by ATP sulfurylase (Sat); APS has a higher redox potential than sulfate, which facilitates the reduction of APS with reduced NADH or ferredoxin [18]. The APS is then reduced by APS reductase (AprAB), resulting in the production of sulfite and adenosine monophosphate (AMP). Finally, sulfite undergoes a six-electron reduction by the dissimilatory sulfite reductase complex DsrABC, using electrons from organic compounds such as lactate and a membrane-associated complex DsrMJKOP [46] to yield H₂S, the terminal metabolic product [47]. H₂S freely diffuses across the bacterial cell membrane and is released from the cell [48, 49] (Figure 1).

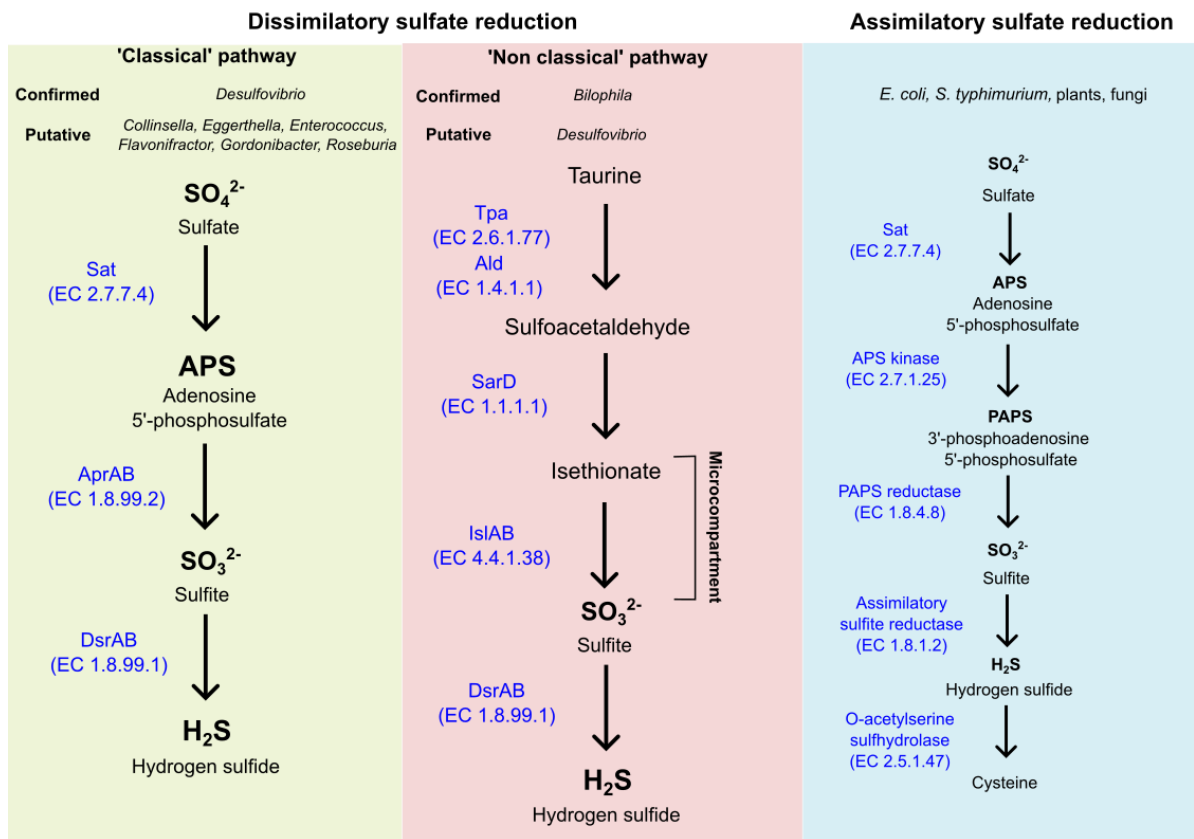


Figure 1: Metabolic pathways for sulfate reduction in intestinal bacteria. Dissimilatory sulfate reduction is a strictly anaerobic process performed by sulfate-reducing bacteria (SRB). Assimilatory sulfate reduction occurs under aerobic and anaerobic conditions, and is found in many organisms including bacteria, plants and fungi. Toxic isethionate intermediates are encapsulated within microcompartments in *B. wadsworthia*.

The 'non-classical' pathway of sulfate reduction does not utilise organic sulfate, instead using the sulfated amino acid taurine as the terminal electron acceptor (Figure 1). This pathway was first described in *B. wadsworthia*, an SRB unable to directly reduce sulfate [50]. Here, taurine undergoes deamination to sulfoacetaldehyde catalysed by the enzyme taurine:pyruvate aminotransferase (Tpa); the pyruvate of Tpa is subsequently regenerated by an alanine dehydrogenase (Ald) [51]. Sulfoacetaldehyde is then reduced by an alcohol dehydrogenase (SarD) to yield a toxic intermediate isethionate [51]. It has recently been shown that *B. wadsworthia* constructs microcompartments within the cytoplasm to encapsulate the toxic isethionate intermediates [52] (Figure 1); interestingly, expression of these genes was shown to be essential for colonisation in a germ-free mouse model (Sayavedra *et al.*, in preparation). Isethionate is cleaved by an isethionate sulfo-lyase enzyme (IslAB) to produce sulfite [53].

Subsequently, as observed in other SRB, sulfite enters the dissimilatory sulfite reduction pathway requiring the enzyme dissimilatory sulfite reductase, using hydrogen, lactate or pyruvate as electron donors [54] to yield H₂S [55] (Figure 1).

Although this pathway was thought to be present exclusively in *B. wadsworthia* [51], the necessary genes were recently identified in *Desulfovibrio spp.* genomes in the human gut [45]. The study employed a genome mining approach of metagenome-assembled genomes (MAGs) from the human microbiome project to investigate the prevalence of microbial sulfur metabolism genes [45]. The six-electron reduction of sulfite to H₂S can be catalysed by dissimilatory sulfite reductase (Dsr), but also anaerobic sulfite reductase (Asr). Anaerobic sulfite reductase (*asr*) genes were more prevalent and widespread across microbial genera than the dissimilatory sulfite reductase (*dsr*) genes, from which the authors concluded that *asr* genes may be more important contributors to sulfate and sulfite reduction in the human gut than *dsr* [45]. Intriguingly, *dsr* genes traditionally associated with sulfate reducing bacteria (SRB) only were found in *Collinsella*, *Eggerthella*, *Enterococcus*, *Flavonifractor*, *Gordonibacter* and *Roseburia* species [45], meaning these genes are more widespread than previously thought (Figure 1). Perhaps more pertinent to this thesis, the genes required for the four-step pathway by which taurine is metabolised into H₂S were identified not only in *Bilophila* but other *Desulfovibrio spp.*, although the specific species could not be identified [45]; this is quite significant given that *B. wadsworthia* was the only known bacterium to harbour this metabolism until these findings. Other possible pathways for taurine metabolism were identified including two genera with genes for a complete three-step reduction pathway, and a further 41 unique genera with partially complete three- and four-step pathways; this suggests that taurine metabolism genes in the gut are much more widespread than previously thought, and that co-operative taurine metabolism by different species is likely [45]. It is important to note that the genes were identified by mining metagenome assembled genomes (MAGs) *in silico* only to genus depth so bacterial species could not be resolved [45], it is unknown whether the genes are expressed *in vivo* and indeed the specific isolates have not been obtained for *in vitro* study.

1.3.2 Assimilatory sulfate reduction

Assimilatory sulfate reduction is a biosynthetic pathway allowing inorganic sulfate to be incorporated into organic compounds via a series of reduction reactions

yielding cysteine as the terminal metabolic product (Figure 1). This pathway is alike to dissimilatory sulfate reduction in that sulfate is used as a terminal electron acceptor and H₂S is produced, however in the assimilatory pathway H₂S is produced only as an intermediate. Furthermore, assimilatory sulfate reduction is found in a wide range of bacteria including *Escherichia coli* and *Salmonella enterica* serovar Typhimurium [56, 57], and other organisms including plants and yeast [58]. A further distinction between assimilatory and dissimilatory sulfate reduction is that the assimilatory pathway can occur under aerobic or anaerobic conditions, whereas dissimilatory is strictly anaerobic [44].

During assimilatory sulfate reduction, sulfate is activated to APS via ATP sulfurylase (Sat) in the same manner as in the dissimilatory pathway. APS is then converted to 3'-phosphoadenosine 5'-phosphosulfate (PAPS) by APS kinase using ATP. PAPS is then reduced by the enzyme PAPS reductase to produce sulfite, which is further reduced to the intermediate H₂S by assimilatory sulfite reductase. Then, cysteine synthase (o-acetylserine sulfhydrylase) EC 2.5.1.47 reacts H₂S with O-acetylserine to produce the terminal product cysteine [44] (Figure 1). Cysteine synthesis via this pathway is the dominant mechanism for incorporating inorganic sulfur into organic molecules, as cysteine is a proteinogenic amino acid [44]. Due to the highly reactive nature of the sulfhydryl group, cysteine has several biological functions. Cysteine participates in redox reactions, most notably as a precursor in the synthesis of glutathione, an important antioxidant molecule [59]. Cysteine also contributes to proteins involved in metal ion binding including zinc fingers and NiFe hydrogenases [60], and is required for disulfide bond formation in proteins which is often a prerequisite for correct tertiary protein structure and therefore protein functionality [61].

1.3.3 Metabolism of *Bilophila wadsworthia*

During reduction of sulfite to H₂S, *B. wadsworthia* generates by-products including acetate, succinate [24] ammonia and acetate [62] and is capable of using a range of compounds including formate, lactate, pyruvate and molecular hydrogen as electron donors [54]. It was previously thought that H₂S production by *B. wadsworthia* was taurine-dependent, however recent metabolic studies have revealed that *B. wadsworthia* can also co-operatively utilise sulfoquinovose (SQ), a monosaccharide present in green vegetables, to produce H₂S. Hanson *et al.* [63] showed that SQ can be fermented by *Eubacterium rectale* to produce 2,3-

dihydroxypropane-sulfonate (DHPS), which results in near stoichiometric production of H₂S by *B. wadsworthia*. The genes required for SQ metabolism are indeed expressed in human gut metagenomes, although at lower prevalence compared to taurine metabolism genes; this is possibly due to the ubiquitous nature of taurine availability in the colon as a result of taurocholic acid catabolism by microbial bile salt hydrolases [63].

Interestingly, *in vivo* models have provided further insight into SQ metabolism; IL10-deficient mice with genetic susceptibility to colitis were colonised with a simplified human gut consortium (SIHUMI) alongside *B. wadsworthia* and fed cyanobacterial biomass spirulina as a source of SQ, SQ directly, or taurocholate as a positive control for H₂S production by *B. wadsworthia* [64]. *E. coli* strain K12 was confirmed to ferment SQ into DHPS. Severe colitis was not observed in any of the conditions, including the taurocholate positive control which had been shown to induce inflammation in the same mouse model previously [65]. Although some increased expression of pro-inflammatory cytokines were observed in the caecal mucosa of mice fed spirulina or taurocholate, no significant colitis or inflammation was demonstrated and the researchers did not measure H₂S concentration in the caecum or faeces [64]. Therefore, understanding if a metabolic flexibility exists in *B. wadsworthia*, and whether this equates to differential H₂S generation based on availability of DHPS or taurine as substrates remains to be investigated.

The metabolism of taurine and SQ has been subject to *in vitro* study, where these compounds were supplemented to co-cultures of SIHUMI and *B. wadsworthia* [66]. With supplementation of 20 mM taurine, cultures produced approximately 20 mM H₂S; in comparison, cultures supplemented with 4 mM SQ produced approximately 1.5 mM H₂S [66]. These initial results could suggest that *B. wadsworthia*-derived H₂S production may differ based on the available substrate, however the culture conditions used were not representative of the gut environment, and bacterial abundance was not measured. Understanding whether these observations are reflecting changes to *B. wadsworthia* cell numbers or metabolism in the presence of either plant-derived SQ or animal-derived taurine merits further study; such discrepancies could provide insight as to why *B. wadsworthia* can be pathogenic and pro-inflammatory when a high-fat, animal-

derived diet is consumed [65, 67], despite being present in the guts of 50-60% of healthy individuals [22-24, 68].

1.4 Hydrogen sulfide in the colon: friend or foe?

H₂S is the final product of dissimilatory sulfate reduction by SRB. Characterised by an unpleasant rotten egg odour, H₂S is able to freely diffuse across cell membranes [48, 49] and is perhaps best recognised as a considerable industrial hazard as it is both corrosive and highly toxic to many organs at low concentrations [69]. H₂S is also toxic to SRB themselves, although sensitivity differs between bacteria; more sensitive genera such as *Desulfotomaculum* die at 4-7 mM, whereas the more tolerant *Desulfovibrio vulgaris* can survive above 10 mM [44].

Although SRB contribute to the majority of H₂S in the mammalian gut [70], other gut bacteria are also capable of producing this compound; *Escherichia coli*, *Salmonella enterica*, *Clostridium* spp. and *Enterobacter aerogenes* can generate H₂S from cysteine via cysteine desulfhydrase [71, 72]. Indeed, H₂S production via cysteine degradation was recently found to be highly prevalent in the human gut microbiome, particularly among *Collinsella* and *Prevotella* strains [73]. Intestinal H₂S in healthy adult humans ranges from 0.3 to 3.4 mmol/L [74-78], although it is important to note that a large fraction of this sulfide is bound to faecal components; in humans, it was estimated that 8% of total sulfide was in the unbound form, equating to 24 - 272 μM/L free H₂S [79]. The faecal components appear to have a large binding capacity for H₂S; although the compounds responsible remain unknown [80], bismuth, zinc and iron were demonstrated to decrease free sulfide in faecal batch fermentation models [81]. Here, the biological activity of H₂S in the human gut will be discussed.

1.4.1 Hydrogen sulfide as an endogenous signalling molecule

Although H₂S is highly toxic, a small amount is produced by human cells as a vital endogenous signalling molecule. The transsulfuration pathway degrades homocysteine into D-cysteine or L-cysteine, which are the only known substrates for endogenous H₂S production in mammalian cells [82, 83]. This pathway is catalysed by two enzymes, cystathionine-β-synthase (CBS) and cystathionine-γ-lyase (CSE). Both CBS and CSE are found throughout the GI tract expressed by

enteric neurons [84]. The activity of CSE appears to largely define endogenous H₂S production in the mammalian intestine [85].

The role of H₂S as a regulator of gastrointestinal motility is demonstrated by the interaction between enteric neurons and smooth muscle cells in the GI tract. Production of endogenous H₂S by enteric neurons exerts potent relaxant effects upon adjacent smooth muscle cells [86, 87], partially via a stimulatory effect upon K_{ATP} channels. This leads to membrane hyperpolarisation and inactivation of L-type Ca²⁺ channels, ultimately reducing muscle contractility [88]. Additionally, direct inhibition of L-type Ca²⁺ channels by H₂S has been reported [89]. Endogenous H₂S has also been shown to have pro-secretory effects in the colon, principally via stimulation of TRPV1 (transient receptor potential cation channel subfamily V member 1) receptors on primary afferent neuron terminals [84]. In this way, endogenous H₂S neuronally regulates the secretory activity of the colonic mucosa. Furthermore, H₂S acts as a mitochondrial electron donor at low concentrations to stimulate colonocyte bioenergetics and oxygen consumption [90, 91].

Interestingly, the role of H₂S in colonic pain perception (nociception) has been controversial, with conflicting reports from animal studies. An anti-nociceptive effect was reported in response to colonic distension in rats [92], whereas a spontaneous pro-nociceptive effect was presented in mice when sodium hydrosulfide (a H₂S donor) was administered intracolonicly [93]. Such discrepancies could potentially be explained by the relaxant effect of H₂S on smooth muscle, where muscle relaxation reduces colonic distension leading to decreased pain response, as opposed to a direct effect upon nociception [94]. However, endogenous H₂S production may have a pro-nociceptive effect; upregulation of expression of the enzyme cystathionine-β-synthase in colonic neurons was implicated in the development of chronic visceral hyperalgesia in rats, an analogue of irritable bowel syndrome [95]. The inconsistencies in available literature highlight the complex role of H₂S in intestinal nociception.

1.4.2 Deleterious effects of hydrogen sulfide

The variety of physiological functions exerted by H₂S highlight its importance as an endogenous signalling molecule when produced in small amounts by human cells.

Due to persistent colonisation by SRB, the colonic mucosa is continually exposed to relatively high H₂S concentrations compared to the rest of the human body. Therefore, the mucosa is adapted to this and is capable of detoxifying H₂S through a series of oxidation reactions catalysed by mitochondrial-associated enzymes to produce sulfate, which can be excreted renally [96]. Additionally, low millimolar H₂S concentration may enhance respiration of the colonocytes [97]. An attractive hypothesis is that genotypic differences in enzymes involved in colonic H₂S detoxification may pre-dispose individuals to H₂S-mediated inflammatory disorders which, when combined with excessive production of bacterial-derived H₂S, results in detrimental outcomes [97, 98].

At higher concentrations, H₂S reduces the ability of colonocytes to oxidise butyrate and other microbial-derived SCFAs, impairing cell metabolism and ultimately reducing colonocyte viability [79, 99, 100]. Furthermore, H₂S is toxic to human intestinal cells; Attene-Ramos *et al.* [101] showed that human intestinal epithelial cells exposed to H₂S overexpressed genes associated with oncogenesis and DNA damage, with genotoxic effects at concentrations as low as 250 µM. Such concentrations are physiologically relevant, as the colonic concentration of free H₂S in healthy humans can reach 272 µM [74-79]. Additionally, H₂S has been shown to induce DNA damage in colonocytes directly through the production of oxidative species [102], with cytotoxic effects upon human intestinal cells at 360 µM when DNA repair is inhibited [103].

1.5 SRB in human health and disease

Given the toxic nature of H₂S and the ability of SRB to generate high concentrations of this molecule during their metabolism, it is perhaps expected that they are associated with detrimental health outcomes to the host. Indeed, SRB are the major group of bacteria contributing to intestinal H₂S [70]. It is however important to bear in mind that SRB contribute to the hydrogenotrophic niche in the gut needed to maintain fermentation within the gut microbiota [22]. Here, the evidence linking SRB to human health and disease will be discussed.

1.5.1 Inflammatory bowel disease

Inflammatory bowel diseases (IBD) including ulcerative colitis (UC) and Crohn's disease are chronic, relapsing-remitting inflammatory disorders of the GI tract.

Although the aetiology of IBD is poorly understood, a combination of environmental and genetic risk factors has been implicated in the pathogenesis of these inflammatory conditions [104, 105]. The global prevalence of IBD has increased significantly in recent years, particularly in Westernised cultures [106], highlighting environmental factors such as dietary habits and increased visceral fat as potential key players in IBD pathogenesis [107].

SRB and their by-product H₂S have been implicated in IBD; UC patients with active disease showed higher SRB carriage and H₂S concentrations in faeces compared to those with quiescent disease, which could be correlated to clinical severity [108]. Similarly, increased faecal SRB carriage was also found in UC patients compared with healthy controls [109]. Furthermore, removal of foods rich in sulfated amino acids from the diet such as red meat, eggs and dairy can ameliorate UC symptoms [110]. Using PCR, one study demonstrated an association between IBD and increased colonisation by *Desulfovibrio piger* compared to healthy controls [42]. However, other studies suggest that SRB carriage is not significantly increased in IBD; Fite *et al.* [111] used a PCR-based approach to show that *Desulfovibrio* ubiquitously colonised the bowel regardless of disease status, hypothesising that host defects in H₂S detoxification are required for IBD pathogenesis. Further evidence implicating SRB and H₂S in UC comes from pouchitis, an inflammation of the ileal pouch which is an artificial rectum surgically produced during a colectomy for the management of UC or other long term colitis patients [112]. H₂S concentration in UC patients with pouchitis was significantly higher than in patients with pouchitis related to other diseases, implicating H₂S in UC aetiology [113].

More recently, the link between H₂S and IBD has been postulated to be via degradation of the mucus barrier lining the intestinal epithelium. Ijssennagger *et al.* suggested that reduction of disulfide bonds in mucus by H₂S results in increased mucus permeability, allowing micro-organisms and toxic compounds to contact the epithelial surface, initiating a series of inflammatory responses [114]. This is based on evidence demonstrating that mucus barrier function is decreased in the colon of IBD patients [115, 116]. In situations where the colonic mucosa is exposed to high levels of H₂S whether it be due to high SRB carriage, increased metabolic capacity of SRB within the gut, or impaired detoxification pathways, there may be

deleterious outcomes for the intestinal barrier and possibly the wider host. Indeed, intestinal inflammatory disease aetiology may be the result of a combination of these factors. Therefore, an understanding of the factors that influence SRB abundance and H₂S production may provide valuable targets for the prevention of intestinal inflammatory diseases.

1.5.2 Irritable bowel syndrome

Irritable bowel syndrome (IBS) is a functional gastrointestinal disorder encompassing a group of symptoms including visceral hypersensitivity and abnormal bowel movements without evidence of physical intestinal pathology. IBS is chronic and highly prevalent, affecting up to 21% of the general population [117]. Given that IBS is largely characterised by abdominal pain, the association of H₂S with intestinal nociception highlights a potential involvement in IBS pathophysiology. Accordingly, the endogenous H₂S-producing enzyme CBS has been shown to contribute to abdominal pain in a rat model of IBS [95], reiterating the enigmatic role of H₂S in intestinal nociception. Functional dysbiosis has been reported in IBS patients, with decreased levels of butyrate-producing *Roseburia* species and increased colonisation by SRB relative to controls, linking H₂S with onset of IBS [118].

The most common IBS symptom is postprandial bloating, reported by up to 92% of patients [119]. Small intestinal bacterial overgrowth (SIBO) may explain this common symptom, potentially allowing a unifying pathophysiology for IBS to be identified. Indeed, 78% of IBS patients could be diagnosed with SIBO via hydrogen breath test analysis [120]. Interestingly, eradication of SIBO eliminated IBS symptoms in 48% of patients [120]. Analysis of exhaled H₂S in IBS-D (diarrhoea-dominated symptoms) subjects showed that exhaled H₂S was significantly higher in SIBO-positive patients compared to SIBO-negative patients [121]. Such evidence alludes to a possible role of SRB and their product H₂S in the pathogenesis of IBS-associated SIBO. However, this evidence is tentative and as such, further investigation will be necessary.

1.5.3 Colorectal cancer

Colorectal cancer (CRC) is the third most common cancer and second most common cause of cancer deaths worldwide [122]. Over 95% of colorectal cancers

are sporadic, occurring in patients without significant genetic risk [123], meaning that environmental factors are pivotal in CRC pathogenesis. CRC prevalence is highest in Australia, New Zealand, US and Europe [124], and key risk factors include obesity, IBD, consumption of red meat, and lack of exercise. Taken together, CRC pathogenesis appears to involve a strong 'Westernisation' risk factor.

CRC, like other cancers, requires the accumulation of DNA damage in affected cells which permits uncontrolled proliferation. As H₂S has been established as a toxic agent able to induce DNA damage in intestinal epithelial cells [101-103], it becomes a factor of interest in CRC development. Indeed, higher faecal H₂S was observed in patients with CRC compared to healthy age-matched controls [125]. Additionally, decreased H₂S detoxification capacity by the colonic epithelium is found in CRC [126]; this is also observed in IBD as discussed previously, and may explain why IBD is a risk factor for CRC development.

Diet might also play a key role in the aetiology of cancer development, as there is strong epidemiological evidence linking consumption of red meat and saturated fats with CRC development [127-129]. Red meat is high in sulfated amino acids such as taurine, which can promote SRB growth and subsequent H₂S production [130]. Furthermore, exogenously applied H₂S was able to strongly induce *in vitro* CRC cell proliferation [131], suggesting that H₂S may play a propagating role during active CRC development in addition to its role as a genotoxic agent during pathogenesis.

Increased SRB abundance is also linked to CRC development. Yazici *et al.* [132] observed higher rates of intestinal SRB carriage, particularly *B. wadsworthia* in African-Americans compared to non-Hispanic whites. The authors identified this increased abundance of sulfidogenic bacteria as a potential environmental factor contributing to the increased CRC incidence observed in African-Americans [132]. Overall, several studies have associated SRB abundance and resulting H₂S production with pathological intestinal inflammation as observed in IBD and CRC, and they have been tentatively implicated in the pathogenesis of IBS. Therefore, an understanding of the factors influencing SRB abundance and function is an important research question for modern biosciences.

1.5.4 Parkinson's Disease

Sulfur metabolism in the gut has also been implicated in the pathogenesis of Parkinson's Disease (PD), a chronic neurodegenerative condition affecting the central nervous system. Early symptoms are often associated with the motor system and include bradykinesia, rigidity and altered walking gait. As the disease progresses, non-motor symptoms emerge impacting cognition, sleep and behaviour. In the later stages Parkinson's Disease dementia is common, affecting up to 78% of those with PD [133]; life expectancy is typically 7-15 years after diagnosis. The commonly accepted pathophysiology of PD involves abnormal aggregates of alpha-synuclein called Lewy bodies in the substantia nigra region of the brain, resulting in progressive cell death of the dopamine-producing neurons [134]. Most cases have no distinguishable cause, although a small subset of cases can be linked to genetic factors [135]. PD is one of the neurodegenerative disorders with rapidly increasing prevalence worldwide [136], and affected 6.1 million people globally in 2016 [134]. PD typically affects older adults >60 years old, although early-onset PD is seen in people before the age of 50. Currently, there are no curative treatments and medications aim to manage symptoms. There is an urgent need for preventative therapeutics and a greater understanding of PD pathogenesis [136]. Recently the interplay between the gut microbiota, the gastrointestinal tract and the central nervous system (termed the microbiota-gut-brain axis) has been implicated in the pathogenesis of PD [137]. Generally, decreased abundance of SCFA-producing *Roseburia*, *Fusicatenibacter*, *Blautia*, *Anaerostipes* and *Faecalibacterium* genera is observed in PD compared to controls [138], which corresponds to functional observations of decreased faecal butyrate levels and increased gut permeability [139].

SRB and H₂S in the gut has also been implicated in PD pathogenesis; in a small cohort study, enrichments in *Akkermansia muciniphila* and *B. wadsworthia* were observed in PD compared to controls, in addition to increased secretion potential of H₂S in the PD gut microbiota [140]. Interestingly, higher concentrations of both free and protein-bound H₂S were found in the cerebrospinal fluid of PD patients compared to controls [141]. Furthermore, the abundance of *Desulfovibrio* has been correlated with PD severity [142]; it has been hypothesised that H₂S-producing *Desulfovibrio* cause toxicity in alpha-synuclein producing enteroendocrine cells in the intestinal mucosa, which could allow alpha-synuclein

aggregation to seed the central nervous system via the vagus nerve [142]. In mice, increased abundance of *Desulfovibrio* was observed in PD compared to controls, and this was negatively correlated with abundance of N-acetyl-L-leucine (NALL), a neuroprotective metabolite [143]. Overall, gut dysbiosis and inflammation has been associated with PD pathogenesis, and SRB and SRB-derived H₂S may contribute to disease development [144].

1.6 *Bilophila wadsworthia* in human health and disease

B. wadsworthia is considered to be virulent as it is the third most common anaerobic isolate from appendicitis samples and appears to be clinically important in a variety of anaerobic infections [145, 146]. Furthermore, it exhibits endotoxic activity [147], and is adherent to human embryonic intestinal cells *in vitro* [148]. In the three decades since being reported as a novel genus, correlational studies in humans have linked *B. wadsworthia* enrichment in the gut with many diseases including CRC [149], multiple sclerosis [150, 151], Parkinson's Disease [152], dementia [153], non-alcoholic steatohepatitis [154], intrahepatic cholestasis in pregnancy (ICP) [155], diabetic kidney disease [156] and schizophrenia [157]. Additionally, it was demonstrated that a human stool-derived *B. wadsworthia* strain was able to induce systemic inflammation in specific-pathogen-free mice [67], although no localised intestinal inflammation was identified.

In recent years, the deleterious effects of *B. wadsworthia* are becoming increasingly recognised in the field of human gut microbiota research. An ongoing controlled feeding trial in African Americans with high CRC risk is being conducted, using a crossover design to investigate the impact of a diet high in animal-derived fat on the abundance of pro-inflammatory secondary bile acids and sulfate-reducing bacteria (SRB) such as *B. wadsworthia* [158]. Furthermore, a positive correlation between *Bilophila* abundance and number of concomitant diseases in older adults was recently reported [159]. Additionally, efforts to develop therapeutic inhibitors against the isethionate sulfite-lyase (IsIA) of *B. wadsworthia* were reported, where the authors postulate the use of such agents to prevent inflammation and potentially CRC development by reducing intestinal H₂S [160]. The authors also published their efforts towards a targeted vaccine against *B. wadsworthia* [161]. In addition, a randomised 3 month clinical trial assessed the impact of empaglifozin, a novel, orally-administered type 2 diabetes treatment on

the gut microbiota [162]. It was shown that that empaglifozin increased the levels of short-chain fatty-acid (SCFA)-producing bacteria including *Roseburia*, *Eubacterium*, and *Faecalibacterium*, and reduced the abundance of *Escherichia-Shigella*, *Bilophila*, and *Hungatella* [162]. Empaglifozin conferred improvement to cardiovascular disease risk factors compared to metformin treatment, and the authors suggested that the reduced abundance of opportunistic pathogens contributed to this effect via reduction in gut inflammation [162]. Collectively, the growing evidence implicates *B. wadsworthia* as a pathobiont in the human intestine, contributing to inflammatory and pathogenic processes.

Conversely to these indications of pathogenicity, it is of major interest that the presence of *B. wadsworthia* has been frequently demonstrated in the faeces of 50-60% of healthy individuals at $10^3 - 10^6$ CFU per gram of faeces [22-24, 68], and can also be isolated from buccal and vaginal samples [24]. Using a qPCR-based approach, Scanlan *et al.* showed that *B. wadsworthia* was present ubiquitously in the faeces of healthy individuals [23]. Given that *B. wadsworthia* has been implicated as a potential pathobiont in the human gut, its presence as a commensal in the gut microbiota of healthy individuals highlights the need to understand what triggers *B. wadsworthia* to become pro-inflammatory. *B. wadsworthia* has been largely overlooked in studies of the human gut microbiota, perhaps due to variable phenotype and slow growth when cultured *in vitro* [50]. Therefore, identifying the function of *B. wadsworthia* in the human gut, and the factors that influence abundance and function merit further investigation.

1.7 The impact of diet on the human gut microbiota

It is apparent that the gut microbiota plays a key role in human health, and therefore an ability to directly influence the composition and function of the microbiota is a desirable goal. Although the composition of the gut microbiota in healthy adults remains largely stable over time [163], dietary alterations can result in notable shifts. Animal-based diets high in protein and fats and plant-based diets high in fibre can differentially and rapidly alter the gut microbiota composition [164]. Dietary macronutrients appear to be significant determinants of gut microbiota composition; for example, long-term dietary habits have been strongly correlated with gut enterotypes, which describe distinct clusters of gut microbiota composition [165]. A 2011 study associated a *Prevotella*-dominated enterotype with increased carbohydrate consumption, whereas a *Bacteroides*-dominated enterotype was associated with higher intake of animal proteins and fats [166]. Similarly, a comparison of the gut microbiota in African children consuming polysaccharide-rich diets showed significantly higher levels of *Prevotella* in comparison to European children consuming protein-rich diets [167].

The microbes in the large intestine are dependent upon the macronutrients consumed by the host, meaning that nutrition sculpts the gut microbiota composition and function. This, in turn, influences human health, confirming the well-known adage “you are what you eat”. The Western diet, characterised by high sugar, animal fat and protein intake [168, 169], is rising globally. Given that this dietary pattern is increasingly associated with the development of obesity, inflammatory diseases and colorectal cancers [170], understanding how the Western diet affects the gut microbiota, an important determinant of human health, is imperative.

1.7.1 Dietary sulfate

In the human gut, SRB compete with methanogenic archaea and acetogens such as *Blautia* for hydrogen oxidation [171]. Dietary sulfate and colonic transit time were shown to be major determinants of this competitive relationship [27]. Colonic sulfate arises from the diet, although free sulfate can be released from the sulfated glycosaminoglycan residues in the host mucins, and from sulfonic acid moieties in bile acids via the activity of microbial sulfatases [19]. Daily dietary intake of sulfate in humans is variable from 2 mM/day up to 16 mM/day [26, 78]. Some sulfate is

absorbed in the small intestine and is used in the synthesis of sulfated compounds including cysteine, methionine, chondroitin sulfate and mucins [172]. The remaining sulfate reaches the colon, where it is available to SRB [57]. Sulfate-rich foods include commercial breads (8-15 $\mu\text{M/g}$), soya flour (12 $\mu\text{M/g}$), brassica vegetables including broccoli and brussels sprouts (9 $\mu\text{M/g}$), and sausages (10 $\mu\text{M/g}$) [172]. Dried fruits are also high in sulfate, with dried apricots containing up to 40 $\mu\text{M/g}$ [172]. Sulfate is also found in beverages including beer, cider (2.6 $\mu\text{M/mL}$) and red wine (3.8 $\mu\text{M/mL}$) [172]. Additionally, drinking water can be a major dietary source of sulfate; some private wells contain up to 20 mM/L [75].

1.7.1.1 Impact of sulfate on the gut microbiota

Literature specifically investigating the impact of dietary sulfate on the gut microbiota is relatively sparse; in one human study, dietary sulfate was shown to increase sulfate availability in the gut which was associated with increased sulfate reduction rate and faecal H_2S [27]. Additionally, sulfate was found to alter anaerobic gut fermentation by acting as an electron sink, allowing bacteria to utilise hydrogen as an electron donor; this results in increased acetate production at the expense of butyrate and lactate production [173].

Although diet contributes towards the colonic bioavailability of inorganic sulfate to the gut microbiota, another major source of free sulfate is from host mucins; in fermentation models, porcine mucin supplementation resulted in increased H_2S production [174]. Furthermore, a mucin-degrading *Bacteroides fragilis* was able to support the growth of *Desulfovibrio desulfuricans* via sulfate generation [174]. Indeed, mucins are an abundant potential source of sulfate; the mucin layers in the large intestine are both thicker [175] and more sulfated [176] than those in the small intestine. Interestingly, higher sulfatase activity was observed in the guts of ulcerative colitis patients compared to controls [177]. Overall, the availability of sulfate to SRB in the human gut depends on both diet and the presence of sulfatase-expressing bacteria. These factors are likely to influence the metabolism and abundance of SRB and in turn the overall H_2S burden in the colon, which has important implications for gut inflammation and potential disease pathogenesis.

1.7.2 Dietary taurine

Taurine (2-aminoethanesulfonic acid) is a sulfur-containing amino acid well-known as a constituent of living organisms [178] and is widely distributed throughout the

human body. Taurine exerts many important physiological functions including membrane stabilisation, calcium transport modulation and oxygen radical detoxification [179]. In the mammalian intestine, taurine is a major constituent of bile which facilitates digestion of dietary fats and fat-soluble vitamins. Bile acids are conjugated with glycine or taurine, although glycine-conjugation usually dominates [180].

Taurine is commonly found in the human diet, with the highest concentrations being found in seafood (~9-40 $\mu\text{M/g}$), followed by red meat (3-4 $\mu\text{M/g}$) and chicken (1-6 $\mu\text{M/g}$) [181]. Dairy milk is another rich source of taurine, containing approximately 30 μM per 100 mL [182]. Additionally, high concentrations of taurine can be found in energy drinks, with each serving containing approximately 1 g or 8000 μM [183]. Terrestrial fruits and vegetables contain low amounts of taurine, producing diet-based discrepancies in intake; omnivorous diets provide approximately 40-400 mg of taurine daily [184] and in some cases above 1 g [183], whereas strict vegan diets contain negligible amounts [185]. In the small intestine, dietary taurine is absorbed via taurine transporters (TAUT) and distributed globally to many organs. In the liver, taurine is conjugated to bile acids producing taurocholic acid, which is secreted into the duodenum via the bile duct to aid in solubilisation of fats [186]. Once in the colon, microbial-derived bile salt hydrolases are able to deconjugate taurocholic acid to yield free taurine, which *B. wadsworthia* can utilise for growth [186] (Figure 2). Therefore, bioavailability of taurine in the colon is dependent upon diet, taurine-conjugated bile acids and abundance of microbial bile salt hydrolases (Figure 2).

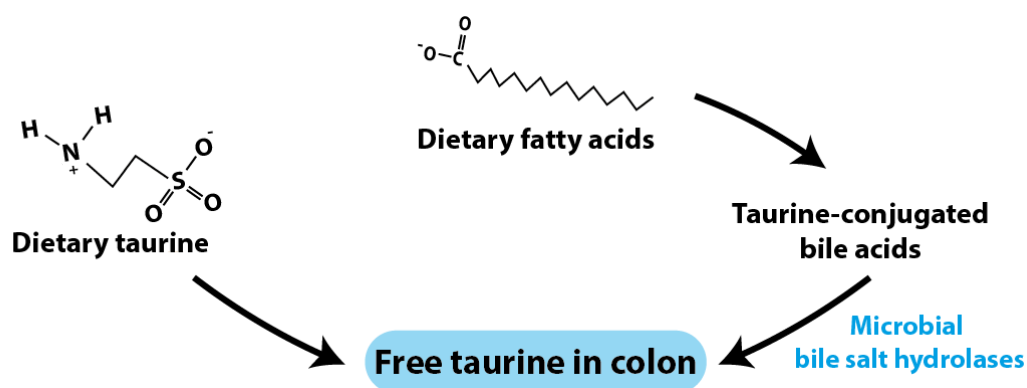


Figure 2: Dietary taurine and dietary fat may contribute towards increased taurine concentration in the colon.

Although literature investigating taurine concentration in the human colon is sparse, one study analysed mucosal taurine concentration in endoscopic biopsy specimens from 10 patients [187]. The average taurine concentration in the colonic mucosa was 2.49 mM/kg, comprising 18.3% of the total free amino acids present [187]. Given that taurine concentration is a determinant of *B. wadsworthia* growth, further analysis of deconjugated taurine concentration in the human colon should be considered.

1.7.2.1 Impact of taurine on the gut microbiota

Global consumption of taurine-rich foods is rising in line with westernisation [188]. Therefore, investigation into how dietary taurine affects the human gut microbiota and by extension, human health, is of considerable interest. Studies investigating the impact of dietary taurine on the colonic gut microbiota are notably few, however one such study observed that in mice supplemented with 165 mg/kg taurine daily for one month, the abundance of *Proteobacteria*, particularly *Helicobacter* was reduced compared to controls [189]. No significant changes to *Bilophila* abundance were identified between groups [189], and investigators concluded that taurine supplementation reduced the abundance of pathogenic bacteria in the mouse gut [189].

Using an *in vitro* fermentation model seeded with human faeces to investigate taurine supplementation on the gut microbiota, Sasaki *et al.* reported no major changes to gut microbiota diversity, and no degradation of taurine under anaerobic conditions [190]. The authors failed to consider that it is therefore unlikely that the faeces contained *B. wadsworthia*, as colonisation is observed in only 50-60% of individuals [22-24]. As this study used faecal samples from only 8 individuals [190], this could explain the lack of anaerobic taurine utilisation reported. The gap in published literature highlights the under-exploration of the impact of dietary taurine on the human gut microbiota; human taurine consumption is increasing globally [191], and therefore characterisation of the resultant impact on the gut microbiota is important for future human health.

Interestingly, a recent study by Stacy *et al.* [192] demonstrated that supplementing taurine to the drinking water of mice increases free taurine concentrations in the distal colon without altering bile acids [192]. This provides supportive evidence to suggest that experimental designs involving taurine supplementation to *in vitro* gut

models do retain physiological relevance. Furthermore, following a challenge with pathogenic *Klebsiella pneumoniae*, mice showed increased colonic abundance of taurine-conjugated bile acids, Deltaproteobacteria, and microbial genes associated with taurine metabolism. These changes to the gut microbiome were closely associated with colonisation resistance against *K. pneumoniae* [192]. Therefore, bile-acid-derived taurine could be beneficial for colonisation resistance through a H₂S-dependent mechanism, whereby H₂S inhibits pathogen respiration [192]. In *ex vivo* culture of faeces from taurine-treated mice, significantly more H₂S was produced when taurine was added to the culture compared to the faeces from mice that did not receive taurine supplementation [192]. Furthermore, *B. wadsworthia* was directly implicated in this phenomenon; enhanced resistance to *K. pneumoniae* infection was observed when the gut microbiota of mice was preferentially enriched with *B. wadsworthia* [192]. Overall, these findings suggest that gut microbes able to utilise taurine to produce H₂S (such as *B. wadsworthia*) could provide adaptive benefits to the host by enhancing colonisation resistance to pathogens. Such conclusions challenge much of the available literature, which has largely associated *B. wadsworthia* expansion and metabolism with deleterious outcomes. Indeed, the role of *B. wadsworthia* as a member of the human gut microbiota remains enigmatic.

1.7.3 Dietary fat

Most dietary fat (95%) is found as triacylglycerols, which contain three fatty acids attached to a glycerol backbone [193]. The composition of these fatty acids varies by chain length, number of carbon double bonds (saturated, monounsaturated, polyunsaturated) and double bond position (cis or trans) [194]. Plant-based sources usually contain mono- or poly-unsaturated fats, whereas animal sources contain predominantly saturated fats [195]. Bile acids are amphipathic molecules with detergent activity, which facilitate solubilisation required for absorption of fat and fat-soluble vitamins in mammals. Following hepatic synthesis, bile acids are conjugated to glycine or taurine to ensure full ionisation and solubility at postprandial duodenal pH [196, 197]. In humans, most bile acids are conjugated to glycine [180]. Subsequently, conjugated bile acids are secreted into the duodenum via the gallbladder as a major component of bile.

In the duodenum, fats are solubilised by conjugated bile acids to form micelles, allowing pancreatic lipases to degrade the fats at the oil-water interface [197].

These mixed micelles are able to pass through the unstirred water layer covering the intestinal microvilli to reach the epithelial cells, where an acidic environment enables dissociation of the micelles and diffusion of fatty acids into the epithelial cells [198]. Given that global patterns of fat consumption are changing, with particular increase in animal-derived saturated fat intake as part of a Western diet [191], improved understanding of the effect of increased dietary fat on the gut microbiota is important.

1.7.3.1 Impact of fat on gut microbiota

Most dietary fats are efficiently digested and absorbed in the small intestine, with absorption efficiency decreasing with age [199, 200]. However, approximately 7% of ingested fatty acids reach the colon in healthy individuals as measured via spectrometric analysis of stool [201]. Similarly, most bile acids are reabsorbed in the ileum as part of the enterohepatic cycle, but a small fraction remains in the GI tract and passes into the colon, where they can be degraded by the gut microbiota [202].

As diet-derived fatty acids and conjugated bile acids reach the colon, the question arises of whether these compounds can affect the resident gut microbiota. Indeed, amount and type of dietary fat have been established to influence the gut microbiota [193]. As previously mentioned, a dietary intervention study showed that consumption of an animal-derived high-fat diet increased the abundance of bile-tolerant bacteria including *Bilophila*, *Alistipes* and *Bacteroides* with a concurrent decrease in Firmicutes compared to those on a plant-based diet [203]. Such increases in colonic bile acid levels during increased fat consumption have been reported [204], however the direct contribution of dietary fat to these observations cannot be identified, as dietary fibre intake was also different between diet arms [203]. Similarly, another study compared very low-carbohydrate, high-fat diet with high-carbohydrate, low-fat diet. With the low-fat diet, reduced faecal butyrate and decreased *Bifidobacteria* viable counts were observed [205]. However, dietary protein consumption was also significantly higher in the high-fat group, acting as a potential confounding variable [205]. Human dietary intervention studies are susceptible to interference as altered consumption of macronutrients other than fat may influence observations.

Exciting evidence linking dietary fat with *Bilophila* abundance and function was reported by Devkota *et al.* [65]. Consumption of a diet high in animal-derived saturated fat in mice was shown to significantly increase *Bilophila* load in the colon, a phenomenon not observed with unsaturated fat or no fat. Furthermore, the resulting *Bilophila* bloom was capable of inducing inflammation in genetically susceptible mice [65]. The researchers demonstrated that dietary animal-derived fat increased taurine conjugation to bile acids, resulting in increased taurine in the colon allowing *Bilophila* expansion [65]. Such evidence demonstrates a potential cross-talk between dietary fat and taurine as determinants of *Bilophila* abundance in the gut.

More recently, Natividad *et al.* supported these findings, showing that a diet high in milk-derived saturated fats significantly increased *Bilophila* abundance in mice compared with controls [206]. Moreover, the investigators used oral gavage to demonstrate that high-fat diet synergised with *Bilophila wadsworthia* to produce intestinal inflammation and metabolic dysfunction [206]. Additionally, administration of a probiotic *Lactocaseibacillus rhamnosus* strain well-characterised as having anti-inflammatory properties resulted in reduced *Bilophila* abundance and ameliorated the deleterious effects associated with *Bilophila* expansion [206]. Taken together, these studies demonstrate that dietary sources high in animal-derived saturated fat can increase intestinal *Bilophila* abundance in mice, which is directly associated with inflammation and metabolic dysregulation [65, 206]. Given that *Bilophila* is often found as a member of the human gut microbiota, such evidence provides an intriguing hypothesis of *Bilophila*'s potential involvement in the pathogenesis of intestinal inflammatory diseases including IBD and IBS and metabolic disorders such as obesity and diabetes. Furthermore, work by Natividad *et al.* [206] alludes to the use of probiotics as preventative or therapeutic measures against such disorders.

Moreover, several *in vivo* studies using mouse models have identified changes in *Bilophila* abundance being associated with positive or negative health implications in response to specific dietary factors. For example, supplementing high-fat diet-induced obese mice with *Dendrobium officinale* dietary fibre resulted in significantly reduced *Bilophila* abundance [207]. A faecal microbiota transplant (FMT) was performed on high fat diet-induced obese mice, and FMT from mice

that received the dietary fibre supplementation resulted in decreased body weight gain, fat accumulation and improved glucose clearance relative to the control [207]. The authors discussed that the decreased abundance of *Bilophila* “may have a positive effect on obesity, because high levels of *Bilophila* species can aggravate inflammation and metabolic disorders in HFD-induced obese mice” [207]. Similarly, in high-fat diet-induced mice supplemented with sea buckthorn polysaccharide, there was a significantly increased abundance of *Bifidobacterium*, *Bacteroides* and *Alistipes*, and decreased abundance of *Streptococcus* and *Bilophila*; the supplementation significantly reduced body weight gain, serum lipids and liver triglycerides [208]. Further faecal metabolomic analysis revealed an association between decreased *Bilophila* abundance and increased faecal butyrate and acetate [208]. A further study using the high-fat diet-induced obese mouse model supplemented with tempol, a cyclic antioxidant, and assessed the impact on the gut microbiota; interestingly, although tempol ameliorated obesity in the mice, it increased *Bilophila* abundance in the gut 27-fold [209]. The authors suggest that tempol itself “may act to reduce some of the undesirable side effects of an expansion of the *Bilophila* genus”, although this was not investigated [209]. Overall, these studies reiterate previous observations of *Bilophila* expansion in response to high fat diet, but also demonstrate the amelioration of high-fat diet-induced dysbiosis using antioxidants and high fibre supplements.

An inverse correlation between fibre intake and *Bilophila* abundance was also found in humans; a recent study investigating the relationship between dietary factors and the gut microbiota reported that *Bilophila* abundance is inversely correlated to dietary plant protein intake and dietary fibre, and positively correlated to dietary animal protein intake [210]. Another small-scale study involving 12 participants used a dietary intervention model where participants consumed either plant-based, high-fibre diet or animal-based, low-fibre diet for 1 week, separated by a 2-week wash out period [211]. Faecal H₂S levels were quantified *ex vivo*; median H₂S production was higher following the animal-based diet compared to the plant-based diet, but there was substantial interindividual variability [211]. Overall, the evidence demonstrates that several dietary factors influence the abundance of *Bilophila* in the gut; dietary fat can promote *Bilophila* expansion likely by increasing free taurine in the colon, and dietary fibre may prevent or reduce this expansion although the reason why is not currently clear. A greater

understanding of the interplay between diet and the wider gut microbiota in determining *Bilophila* abundance and metabolism within the human gut is therefore an important research goal.

1.8 Prevalent species of bacteria in the human gut – *Bacteroides thetaiotaomicron*

Bacteroides thetaiotaomicron is a Gram-negative obligate anaerobe within the Bacteroidaceae family, and was the first species within the *Bacteroides* genus to be sequenced [212]. Originally isolated from the faeces of a healthy adult [212], *B. thetaiotaomicron* is highly abundant constituting 1-6% of the total bacteria [213] with a 46% prevalence [214], and is a key commensal member of the human gut microbiota. Given the high abundance and prevalence, *B. thetaiotaomicron* unsurprisingly fulfils important ecological niches. Such roles include modulation of the host mucosal immune system by directly influencing the expression or topology of the host glycans [215] notably by increasing mucosal fucosylation, which reportedly alters the intestinal immune function to provide protection against pathogen colonisation [216]. In germ-free mouse models, *B. thetaiotaomicron* has been shown to modulate the immune system by inducing mucosal IgA production, an important feature of barrier integrity [217]. Additionally, *B. thetaiotaomicron* appears to play a role in regulating intestinal inflammation; this species is able to modulate inflammatory reactions in intestinal epithelial cells via the PPAR- γ anti-inflammatory pathway [218], and ameliorate the increased barrier permeability caused by TNF- α and IFN- γ [219].

Bacteroides spp. play a key role in carbohydrate metabolism in the gut and encode a repertoire of carbohydrate-active enzymes (CAZymes), with the highest number encoded by *B. thetaiotaomicron* strains [220]. Strikingly, up to 18% of the *B. thetaiotaomicron* genome is dedicated to polysaccharide utilisation genes [220] which demonstrates the ecological niche occupied by this commensal species. Gene clusters encoding CAZymes are defined as Polysaccharide Utilisation Loci (PULs); *B. thetaiotaomicron* is predicted to encode 86-96 PULs [220].

B. thetaiotaomicron is one of the key degraders of resistant starch, encoding Starch utilisation system (*sus*) genes that can degrade amylose, amylopectin and pullulan [221], which are inducible by maltose [222]; the *sus* genes were the first PUL to be studied [220]. *B. thetaiotaomicron* has the capacity to degrade the

majority of dietary polysaccharides including β -glucan, fructan, mannan, arabinan, galactan, homogalacturonan, arabinogalactan and rhamnogalacturonan [220]. Similarly, *B. thetaiotaomicron* can also degrade host-derived polysaccharides such as the glycosaminoglycans found in the mucus layer of the colon, including chondroitin sulfate, mucin, hyaluronate and heparan sulfate [223]. Ultimately, the bacterium degrades the polysaccharides to yield simple sugars for fermentation, resulting in the production of beneficial short-chain and organic acids including acetate, lactate, succinate and propionate [224]; *B. thetaiotaomicron* has also been shown to support the growth of butyrate-producing *Anaerostipes caccae* *in vitro* [224]. SCFAs are a valuable source of energy for human colonocytes and aid in maintaining healthy barrier function [225]. Furthermore, *B. thetaiotaomicron* readily alters CAZyme expression based on nutrient availability [220]; in the fucose utilisation gene cluster, a transcriptional repressor (FucR) induces expression of fucose degradation genes and represses a gene locus that induces host glycan synthesis. This ensures that fucosidases are only expressed when fucose is present. Given that the host mucins are used as an alternative glycan source, this system also ensures that the host synthesis of glycans matches the nutritional needs of the commensals present [226].

Although *B. thetaiotaomicron* is a highly prevalent gut commensal, it can be an opportunistic pathogen in some cases; *B. thetaiotaomicron* was recovered in 70% of cases of perforating and gangrenous appendicitis [32] and was found in the endometria and oviducts of women with moderate to severe pelvic inflammatory disease [227]. Additionally, some enteric pathogens may exploit *B. thetaiotaomicron* as a commensal; in a mouse model, *Citrobacter rodentium* virulence was found to be enhanced by *B. thetaiotaomicron*-derived succinate [228]. Indeed, it has been hypothesised that *Bacteroides* spp. pose a “double-edged sword” in enteric infections due to the high capacity for cross-feeding; if probiotic species are lost as a result of infection or perturbation, *Bacteroides* spp. could exacerbate dysbiosis by cross-feeding to pathogens [229].

B. thetaiotaomicron also encodes 28 sulfatases which can cleave sulfated residues of the host glycosaminoglycans to yield free sulfate [220, 230]. Although many SRB encode sulfatases, the additional *B. thetaiotaomicron* sulfatase activity could permit increased sulfate reduction and H₂S production by SRB [78]. Indeed,

the co-colonisation of *B. thetaiotaomicron* and SRB in the gut has been described [231, 232], where *B. thetaiotaomicron* was shown to provide free sulfate to *Desulfovibrio piger* promoting H₂S production both *in vitro* and *in vivo* [233]. Overall, *B. thetaiotaomicron* is a highly abundant and prevalent commensal gut strain which has been demonstrated to influence the metabolism and abundance of SRB and in turn the overall H₂S burden in the colon via cross-feeding of free sulfate. A further important consideration is that *B. thetaiotaomicron* generates hydrogen during polysaccharide fermentation [234] which is used by SRB, including *B. wadsworthia* as an electron donor during dissimilatory sulfate reduction [18, 54]. In this thesis, I establish whether *B. thetaiotaomicron* influences the growth of *B. wadsworthia*, a sulfite-reducing bacterium unable to use sulfate. The results will be discussed in coming chapters.

1.9 Prevalent species of bacteria in the human gut – *Enterococcus spp.*

Enterococci are a diverse group of facultatively anaerobic lactic acid bacteria found in many environments including human and animal guts [235], freshwater [236] and soil [237]. They are also important in food preservation [238] and fermentation [239]. Within the phylum Firmicutes, Enterococci are abundant and prevalent within the human gut microbiota constituting up to 1% of the total colonic bacteria in 80% of adults [240], the most common species being *Enterococcus faecalis* and *Enterococcus faecium* [241]. As gut commensals, enterococci are highly adapted for survival in the mammalian intestine where they metabolise nutrients, maintain environmental pH, modulate the mucosal immune system [242], and contribute colonisation resistance against pathogens [243]. Indeed, commensal Enterococci have developed mechanisms to exclude exogenous enterococcal competitors from colonising the gut [244].

Despite their presence in healthy individuals, both *E. faecium* and *E. faecalis* are clinically important pathogens able to cause urinary tract infections, bacteraemia, endocarditis and meningitis [245] with the aid of virulence factors including cytolysin, adhesin and enterococcal surface protein [246]. Importantly, pathogenic enterococci often exhibit high levels of intrinsic resistance, with resistance against last-line antibiotics such as vancomycin becoming increasingly common; Vancomycin Resistant Enterococci (VRE) represent a significant clinical challenge particularly in the US [247]. The serious health burden imposed by pathogenic

enterococci was recognised by the World Health Organisation, where Vancomycin resistant *E. faecium* was placed in “high priority” in the global pathogens list denoting an urgent need for research and development into treatments and prevention [248].

On the other hand, different species and strains of Enterococci are used in food preservation and ripening particularly in dairy, fermented vegetables and meats [249], and are also commercially available as probiotics. Enterocin production by probiotic enterococcal strains display a broad spectrum antimicrobial activity against pathogens including *Listeria* and *Staphylococcus aureus* [250]. In Germany, *E. faecalis* (DSM 16431) is sold under the brand Symbioflor 1 as an oral suspension containing live bacteria for treatment of bronchitis and sinusitis [251], and *E. faecium* SF68 marketed as Bioflorin has been used as a probiotic to ameliorate antibiotic-associated diarrhoea [252, 253]. Furthermore, Bio-three (a mixture of *E. faecalis*, *Bacillus mesentericus* and *Clostridium butyricum*) reduced the duration and severity of acute diarrhoea in children [254]. Additionally, *E. faecium* is used as a probiotic in animals, including pets and livestock [255].

The contrasting roles of Enterococci as commensals, probiotics and pathogens has been extensively discussed in several comprehensive review articles [241, 243, 245, 249, 250]; ultimately, it appears that commensal and pathogenic strains have distinct genomes and can be phylogenetically split into different clades [256]. It was shown that commensal *E. faecium* strains outcompeted hospital-associated strains in a gut colonisation mouse model, and formed phylogenetically distinct groups [256]. Additionally, comparative genomics between the probiotic Symbioflor 1 *E. faecalis* strain and V583, a vancomycin-resistant *E. faecalis* strain showed the absence of virulence factors and antibiotic resistance genes in the probiotic strain [257]. It seems that the presence of specific virulence-associated genes is a key determinant of whether a strain is pathogenic or not [258]. A risk is that use of enterococci as probiotics or in food preservation may inadvertently introduce drug resistance and virulence factors into the human gut leading to disease [259]. However, Biosymflor 1 has been used for decades with no such events reported [260], and the rate of conjugative gene transfer in enterococci is low [241]. Ultimately, the use of comprehensive genome analysis to establish the virulence

factor and drug resistance profile is key during assessment of a potential probiotic strain [243, 255].

Relating to the topics of this thesis, it was reported that *E. faecium* isolated from dairy was capable of inhibiting H₂S production by bacteria associated with meat spoilage; co-culture with washed cells inhibited H₂S production by *Escherichia coli*, *Citrobacter freundii* and *Hafnia alvei* by 48.6% [261]. Based upon this evidence, an initial hypothesis was formed regarding *E. faecium*'s inhibitory effect upon H₂S production, and whether this effect is also observed in *B. wadsworthia*, an SRB capable of substantial H₂S production [51] with deleterious effects in the gut [98, 100, 113, 121, 262]. Given that *B. wadsworthia* and *E. faecium* are common members of the gut microbiota [23, 263], an *E. faecium*-mediated effect on H₂S production has relevance to human gut health.

1.10 Aims and Objectives of Thesis

This thesis aimed to investigate the effect of other gut microbiota members on the abundance and H₂S production of *B. wadsworthia*. Following isolation of various bacterial species from human faeces, *Bacteroides thetaiotaomicron* and *Enterococcus faecium* were identified. These species were selected for further study as *B. thetaiotaomicron* has been previously shown to support the growth of other SRB including *D. piger*, whereas *E. faecium* has been shown to inhibit H₂S production by sulfide-producing bacteria including *E. coli*. I therefore hypothesised that *B. thetaiotaomicron* and *E. faecium* would differentially impact *B. wadsworthia*'s abundance and H₂S production, and subsequently used pairwise co-culturing assays to test this.

Subsequently, efforts were focused on one selected strain of *B. wadsworthia* and *B. thetaiotaomicron*, where transcriptomics were utilised to perform differential gene expression analysis alongside metabolomics analysis to identify the underlying alterations in bacterial metabolism and potential metabolites involved in mediating the microbe-microbe interaction. A similar approach was taken to focus on the interaction between *B. wadsworthia* and *E. faecium*. Additionally, I aimed to assess whether the microbe-microbe interactions observed in simple co-culture could be recapitulated in the context of a complex microbiota system more representative of the *in vivo* human gut conditions. To investigate this, an anaerobic fermentation model was seeded with human faeces along with the

selected strains of interest, and the changes in the gut microbiota composition were investigated using metagenomic sequencing. Furthermore, I hoped to assess the impact of co-cultures and mono-cultures of *B. wadsworthia* and *B. thetaiotaomicron* on the human gut barrier function. To investigate this, Caco-2 mono-layer culture was combined with measurements of Trans-Epithelial Electrical Resistance (TEER) in response to applications of the co-cultures and mono-cultures.

Chapter 2

2. Microbe-microbe interaction
between *B. wadsworthia* and *B.*
thetaitaomicron

2.1 Introduction

Since *B. wadsworthia* was first described in 1989 [31], the majority of research relating to this Gram-negative bacterium involves correlational studies of the human gut microbiota, where enrichment of *Bilophila* is reported in diseases including colorectal cancer [132, 158], multiple sclerosis [150] and Parkinson's Disease [152]. Additionally, murine studies involving oral gavage have established *B. wadsworthia* as a potential pro-inflammatory pathobiont *in vivo* [67, 206]. During the years after initial discovery, *in vitro* studies revealed that *B. wadsworthia* exhibits endotoxic activity [147] and adheres to human embryonic intestinal cells [148]; in recent years, in-depth *in vitro* study of *B. wadsworthia* is relatively sparse. Simplified pair-wise *in vitro* co-culture has been extensively used in microbiological research for studying microbial interactions [264-267]; to the best of my knowledge, the *in vitro* interactions of *B. wadsworthia* with other gut-derived bacterial strains in simplified co-culture have not been studied thus far.

Bacteroides spp. are Gram-negative obligate anaerobes that are highly prevalent in the human gut, comprising approximately 30% of cultivable faecal isolates [63]. *Bacteroides thetaiotaomicron* has been established as an important mutualistic commensal with an extensive capacity for degradation of most dietary polysaccharides [65]. *B. thetaiotaomicron* can also degrade host-derived glycans such as chondroitin sulfate and heparin sulfate, releasing sulfated compounds into the extracellular milieu [66]. Bacteria capable of utilising sulfate such as SRB may benefit from this; indeed, the growth and H₂S production of *Desulfovibrio piger* was shown to be increased in co-culture with *B. thetaiotaomicron* due to provision of free sulfate [67]. *B. thetaiotaomicron* produces hydrogen during fermentative metabolism [234] which is an excellent energy source for *B. wadsworthia* [54]. Thus, hydrogen production as a by-product could promote the syntrophic growth of *B. wadsworthia*.

2.2 Objectives

The purpose of the work presented in this chapter is to investigate the impact of *B. thetaiotaomicron* on *B. wadsworthia*'s growth and H₂S production using pair-wise anaerobic bacterial co-culture assays. This was based upon previous research demonstrating that *B. thetaiotaomicron* can support the growth of other SRB via provision of free sulfate and molecular hydrogen. It was therefore hypothesised

that *B. thetaiotaomicron* strains would promote *B. wadsworthia*'s growth and H₂S production.

2.3 Materials and Methods

2.3.1 Cell culture media

All chemicals were purchased from Sigma unless stated otherwise.

Brain Heart Infusion (BHI), de Man, Rogosa and Sharpe (MRS) and Anaerobe Basal Broth (ABB) liquid broth media (Oxoid, Thermo Scientific) were prepared according to manufacturer's instructions. BHI + complements (BHI+C) was prepared by adding 0.5% v/v vitamin K solution in ethanol (10 µL/L), resazurin (1 mg/L), hemin (5 mg/L) and L-cysteine hydrochloride (0.5 g/L) to BHI media prior to autoclaving. BHI + supplements (BHI+S) was prepared by adding hemin (10 mg/L) and yeast extract (5 g/L) prior to autoclaving. Postgate C was prepared as follows: sodium lactate (6 g/L), sodium sulphate (4.5 g/L), ammonium chloride (1 g/L), yeast extract (1 g/L) potassium phosphate (0.5 g/L), sodium citrate tri basic (0.3 g/L), magnesium sulphate 7-hydrate (0.06 g/L), iron sulphate 7-hydrate (4 mg/L), calcium chloride (0.04 g/L), L-cysteine hydrochloride (0.5 g/L), resazurin (0.8 mg/L), distilled water to 1 L [268]. Where required, solid media was made by the addition of 1.5% (w/v) agar to the media prior to autoclaving. All media and culture vessels were maintained under anaerobic conditions using an anaerobic cabinet (Don Whitley, UK) with materials pre-reduced prior to use for at least 18 h in an atmosphere of 5% CO₂, 10% H₂ in N₂ at 37°C. Anaerobic media was also prepared and maintained using the Hungate tube method [38]. For pairwise co-culture experiments, a mixed media of BHI + complements, Postgate C and MRS was prepared in a 1:1:1 ratio under sterile conditions to produce BPM media. For *B. wadsworthia* cultures, filter-sterilised taurine was added post-autoclave to a final concentration of 10 mM.

2.3.2 Organisms and growth conditions

The species and strains used for *in vitro* co-culture experiments are detailed in Table 1. All isolates obtained were retained for long-term storage at -80°C. Briefly, active liquid cultures were centrifuged at 13,000 x g for 5 minutes and supernatant discarded under anaerobic conditions. The pellet was resuspended in anaerobic PBS and washed again. Finally, the pellet was added to a Protect Select

Anaerobe Cryopreservation tube (Technical Service Consultants, UK) and flash frozen on dry ice prior to storage at -80°C.

Table 1: Bacterial strains used in *in vitro* experiments

Strain	Relevant characteristics	Growth conditions (enrichment media)	Reference/source
<i>B. wadsworthia</i> QI0012	Isolated from human faeces, colon model study donor CM001B	ABB + 10 mM taurine; anaerobic; static; 37°C	[269]
<i>B. wadsworthia</i> QI0013	Human faeces, colon model study donor CM001D	ABB + 10 mM taurine; anaerobic; static; 37°C	[269]
<i>B. wadsworthia</i> QI0014	Isolated from human faeces, colon model study donor CM025A	ABB + 10 mM taurine; anaerobic; static; 37°C	[269]
<i>B. wadsworthia</i> QI0015	Isolated from human faeces, colon model study donor CM052A	ABB + 10 mM taurine; anaerobic; static; 37°C	[269]
<i>B. thetaiotaomicron</i> QI0072 (Bt strain 1)	Isolated from human faeces, COMBAT study donor 14	BHI+C; anaerobic; static; 37°C	[270]
<i>B. thetaiotaomicron</i> DSM 108160 (Bt strain 2)	Isolated from human faeces	BHI+S; anaerobic; static; 37°C	DSMZ
<i>B. thetaiotaomicron</i> DSM 108161 (Bt strain 3)	Isolated from human faeces	BHI+S; anaerobic; static; 37°C	DSMZ
<i>E. faecium</i> and <i>B. thetaiotaomicron</i> enrichment (Ef-Bt)	Enrichment of <i>E. faecium</i> (QI0436) and <i>B. thetaiotaomicron</i> strain 1 (QI0072). Isolated from human faeces, COMBAT study donor 14	BHI+C; anaerobic; static; 37°C	[270]

<i>E. faecium</i> QI0436	Isolated from human faeces, COMBAT study donor 14	BHI+C; anaerobic; static; 37°C	[270]
<i>E. faecium</i> FI 09198	Isolated from dried milk powder	BHI+C; anaerobic; static; 37°C	QIB culture collection
<i>E. faecium</i> FI 09206	Isolated from milk starter culture	BHI+C; anaerobic; static; 37°C	QIB culture collection
<i>E. faecium</i> FI 09343	Isolated from human faeces	BHI+C; anaerobic; static; 37°C	QIB culture collection
<i>E. faecium</i> FI 09344	Isolated from human faeces	BHI+C; anaerobic; static; 37°C	QIB culture collection
<i>E. faecium</i> FI 09346	Isolated from human faeces	BHI+C; anaerobic; static; 37°C	QIB culture collection
<i>E. faecium</i> FI 09347	Isolated from human faeces	BHI+C; anaerobic; static; 37°C	QIB culture collection
<i>E. faecium</i> FI 09934	Isolated from human infant faeces	BHI+C; anaerobic; static; 37°C	QIB culture collection
<i>E. faecium</i> FI 10946	Isolated from human faeces	BHI+C; anaerobic; static; 37°C	QIB culture collection
<i>E. faecalis</i> FI 09195	Isolated from cheese	BHI+C; anaerobic; static; 37°C	QIB culture collection
<i>E. faecalis</i> FI 09197		BHI+C; anaerobic; static; 37°C	QIB culture collection

2.3.3 Microbiology

2.3.3.1 Bacterial isolation from faeces

Faecal samples were obtained from healthy adults recruited via the QIB Colon model study (ClinicalTrials.gov Identifier: NCT02653001) [269], and healthy adults 50-80 years old recruited via the COMBAT study (ClinicalTrials.gov Identifier: NCT03679533) [270]. A sterile toothpick was used to inoculate the faecal sample into anaerobic ABB liquid broth media supplemented with 10 mM taurine. After 5 days of incubation at 37°C, samples were sub-cultured at 2% (v/v) inoculum into fresh enrichment media. After the second passage, liquid cultures were streaked onto anaerobic agar for colony isolation and incubated under anaerobic conditions at 37°C. For each sample, morphologically distinct colonies were selected and re-streaked onto agar. This was repeated until pure colonies were obtained.

2.3.3.2 Bacterial co-culture experiments

For co-culture experiments, strains were recovered from long-term storage at -80°C by inoculation into 10 mL enrichment media (Table 1) in Hungate tubes. The cultures were incubated overnight at 37°C, and sub-cultured at 2% into fresh enrichment media. After overnight incubation, the second passage cultures were diluted to c. 1×10^8 CFU/mL using a previously standardised cell count per optical density at 600 nm (OD_{600}) factor. Experimental cultures were prepared by inoculating 1×10^6 cells/mL into anaerobic BPM media supplemented with 10 mM taurine. Inoculum was diluted and plated onto anaerobic enrichment media agar for actual CFU/mL determination. In sterile universal glass bottles, experimental conditions included negative control (no inoculum), mono-cultures and co-culture with final culture volumes of 10 mL. All cultures were performed in at least triplicate. The experimental cultures were incubated at 37°C under anaerobic conditions, with sampling at 0 and 8 h post-inoculation.

2.3.3.3 Preparation of bacterial cell-free supernatant

To prepare spent supernatant, overnight second passage cultures were grown in BPM media supplemented with 10 mM taurine under anaerobic conditions. Cultures were centrifuged at 13,000 x g for 5 min to pellet cells, and the supernatant was sterilised by filtration through Minisart® 0.22 µm Polyethersulfone (PES) syringe filters (Sartorius, UK). The sterile supernatant was diluted 1:1 with anaerobic BPM media supplemented with 10 mM taurine and inoculated with 10^6 CFU/mL of live culture. Absence of viable cells from the supernatant was confirmed via inoculation onto enrichment media agar and observing absence of growth.

2.3.3.4 Heat-killed bacterial cultures

To prepare killed cultures, overnight second passage cultures were diluted to 10^8 cells/mL as described in section 2.3.3.2 and heated at 95°C for 10 min. Experimental cultures were prepared by inoculating the equivalent of 10^6 CFU/mL of the heat-killed culture with 10^6 CFU/mL of live culture. Efficacy of killing was confirmed via inoculation onto enrichment media agar and observing absence of growth.

2.3.3.5 Co-culture with 0.22 µm membrane separation

For membrane separation co-culture, mono-cultures of *B. wadsworthia* (QI0013) and Bt strain 1 (QI0072) were prepared as described in section 2.3.3.2. To

prepare filter-separated cultures, mono-cultures were transferred into the upper and lower compartments of sterile Merck Ultrafree™-MC Centrifugal Filter Devices with Durapore™ 0.22 µm membrane (Fisher Scientific, UK). For mono-culture controls, mono-culture was placed into the lower compartment and fresh sterile media in the upper compartment. True co-cultures were also prepared by inoculating strains pairwise in a 1:1 ratio as described in section 2.3.3.2, where the co-culture was inoculated into the lower compartment of the filter device with fresh sterile media in the upper compartment (Figure 10). All cultures were performed with a minimum of three technical replicates. The filter devices were incubated at 37°C under anaerobic conditions on a shaker at 180 rpm to facilitate solute transfer across the 0.22 µm membrane.

2.3.3.6 Culture of bacteria in spent supernatant with successive culturing

To prepare cultures grown successively in supernatant, *B. wadsworthia* (QI0013) and Bt strain 1 (QI0072) were recovered from cryobead stocks in their respective anaerobic enrichment media (section 2.3.2). After 18 h of growth, *B. wadsworthia* was sub-cultured into anaerobic BPM media (section 2.3.3.2) supplemented with 10 mM taurine. After 18 h of growth of the 2nd passage *B. wadsworthia*, cell-free supernatant was prepared as described previously (section 2.3.3.3), diluted 1:1 with fresh BPM media + 10 mM taurine and inoculated with 10⁶ CFU/mL Bt strain 1 (QI0072). Heat-killed *B. wadsworthia* cells were prepared from the same culture by diluting the cells to 10⁸ CFU/mL and heating at 95°C for 10 min. The equivalent of 10⁶ CFU/mL heat-killed cells were inoculated into fresh BPM media + 10 mM taurine with 10⁶ CFU/mL Bt strain 1 (QI0072). The cell-free supernatant and heat-killed cells of *B. wadsworthia* were plated onto anaerobic enrichment media agar to confirm absence of viable cells.

After overnight growth, experimental cultures were prepared by obtaining cell-free supernatant of the overnight Bt strain 1 (QI0072) cultures grown with *B. wadsworthia* heat-killed cells or cell-free supernatant. The prepared conditions were inoculated with 10⁶ CFU/mL *B. wadsworthia* QI0013, alongside mono-culture controls using only fresh sterile media, and co-culture of *B. thetaiotaomicron* and *B. wadsworthia* as positive control. At 8 h post-inoculation, samples were taken for H₂S quantification and DNA extraction for qPCR-based bacterial quantification.

2.3.4 Molecular biology

2.3.4.1 16S rRNA PCR for bacterial identification

For identification of novel faecal isolates, pure colonies were picked and prepared for PCR of the 16S rRNA gene. Simultaneously, colonies were sub-cultured into fresh media for preservation. Briefly, the colonies were resuspended in 10 μ L colony wash buffer (100 mM NaCl, 10 mM Tris pH 7, 1 mM EDTA) and centrifuged at 13,000 \times g for 5 min. The pellet was resuspended in 15 μ L ultrapure Milli-Q® water (Merck Millipore) and boiled at 95°C for 5 min. Reaction mixtures were prepared containing 1 μ L template, 1x GoTaq G2 white buffer (Promega), 0.2 mM each dNTP (Bioline), 0.4 μ M AMP_F primer (5'-GAGAGTTTGATYCTGGCTCAG-3'), 0.4 μ M AMP_R primer (5'-AAGGAGGTGATCCARCCGCA-3') (Sigma) [271] and 0.25 μ L GoTaq G2 DNA polymerase (Promega) to a final volume of 50 μ L with upH₂O. PCR negative control used 1 μ L upH₂O instead of template. Primers targeted conserved regions of the 16S rRNA gene to amplify a ~1.5 kB product containing the V4 and V5 variable regions [271]. Thermal cycling was performed as follows: 95°C for 2 min; 25 cycles of 95°C for 30 s, 55°C for 30 s and 72°C for 60 s; 72°C for 5 min. PCR products were checked by gel electrophoresis on 1% agarose [40]. Products were purified using QIAquick PCR Purification Kit (Qiagen) according to manufacturer's instructions and quantified using Nanodrop. Sequencing was performed by Eurofins and the resulting forward and reverse sequences for each isolate were quality checked, trimmed and then assembled using Geneious Prime [41]. Consensus FASTA sequences were compared to the NCBI and EzBioCloud 16S ribosomal RNA sequence database using BLAST with default settings for identification.

2.3.5 Colourimetric determination of H₂S concentration

2.3.5.1 Determination of stock solution concentrations by titration

To prepare standard curves with known sulfide concentrations, a stock solution of 1 mM zinc sulfide was prepared using 0.2 g sodium sulfide (Na₂S.9H₂O) in 1% zinc acetate. The solution was stored in Teflon in the dark at 4°C. Due to loss of sulfide via oxidation over time, the exact concentration of zinc sulfide was determined on day of use via titration with acidic iodine and thiosulfate. Firstly, 1.98 g of I₂ and 15 g KI were added to 1 L of water to prepare an iodine solution, from which an iodine-acid solution was prepared on the day of use by adding 1 volume of 1M HCl to 2 volumes of iodine solution. The true concentration of I₂ was

determined in the iodine-acid solution by titrating with sodium thiosulfate ($S_2O_3^{2-}$), where 1 mL iodine-acid solution was diluted to 5 mL in upH₂O with stirring and 25 mM thiosulfate solution was added until the solution turns colourless. A drop of 1% starch solution was added, and the titration continued until the solution turns colourless. The volume of thiosulfate used was recorded. A second titration determined the true concentration of sulfide in the zinc sulfide stock solution via titration against iodine-acid solution. Here, 5 mL zinc sulfide stock solution was added to 2 mL iodine-acid solution with stirring and 25 mM thiosulfate solution was added until the solution turns colourless. A drop of 1% starch solution was added, and the titration continued until the solution turns colourless. The volume of thiosulfate used was recorded. Each titration was performed 5 times to obtain an average volume of 25 mM thiosulfate used.

I₂ concentration (mM) is determined according to the equation:

$$[I_2] \text{ (mM)} = 12.5 \times V_1$$

Where V_1 is volume of 25 mM thiosulfate used (mL) to titrate iodine-acid solution.

ZnS concentration (mM) in the zinc sulfide stock solution is determined according to the equation:

$$[ZnS] \text{ (mM)} = ((2 \times [I_2]) - (12.5 \times V_2)) / 5$$

Where V_2 is volume of 25 mM thiosulfate used (mL) to titrate zinc sulfide solution.

2.3.5.2 Determination of H₂S concentration in experimental samples

Determination of H₂S concentration in samples was performed using the methylene blue assay modified from Cline [272]. Briefly, 500 μ L of bacterial cultures were taken and immediately fixed 1:1 with 5% zinc acetate and stored at -20°C where sulfide is stabilised as zinc sulfide. For calibration, zinc sulfide solutions were prepared in media diluted 1:200 within concentration range 0 – 40 μ M. For analysis, fixed samples were diluted 1:100 in water to a final volume of 1 mL, producing a final sample dilution of 1:200. 80 μ L of diamine reagent (250 mL 6M HCl, 1 g N,N-dimethyl-1,4-phenyldiaminesulfate, 1.5 g iron(III)chloride, FeCl₃·6H₂O) was added to all samples and standards, and stored in the dark to allow methylene blue colour development. After 30 min, the samples were centrifuged at 13,000 x g for 5 min to pellet biomass. 300 μ L of supernatant was taken for spectrophotometric absorbance measurement at 670 nm.

The premise of the method is based upon zinc sulfide in the samples reacting with N,N-dimethyl-1,4-phenylenediamine sulfate and iron chloride under acidic conditions to form methylene blue, the absorbance of which can be determined spectrophotometrically at 670 nm. The concentration of methylene blue is proportional to the sulfide in the samples.

For H₂S concentration determination, the reference standard curve of known H₂S concentrations was prepared by plotting blank-adjusted absorbance at 670 nm against H₂S concentration. Linear regression analysis was performed using GraphPad Prism 7 (GraphPad Software, Boston, USA). The diamine reagent coefficient (F) was determined using the reference standard curve of known H₂S concentrations where the coefficient is equal to 1/slope. Then, H₂S concentration in μM was determined according to:

H₂S in original sample (μM) = (blank-corrected absorbance at 670 nm x F) x dilution factor

Statistical significance between culture conditions was established using one-way analysis of variance (ANOVA) with Tukey's multiple comparison tests with a significance level set at $\alpha = 0.05$. Results were displayed graphically using GraphPad Prism 7 (GraphPad Software, Boston, USA) showing mean \pm standard deviation, and statistical results where * = $p \leq 0.05$, ** = $p \leq 0.01$, *** = $p \leq 0.001$, **** = $p \leq 0.0001$, ns = not significant ($p > 0.05$).

2.3.6 DNA extraction from co-cultures for qPCR

For quantification of bacterial cells in experimental cultures, DNA extraction was performed using the Maxwell® RSC Blood DNA kit (Promega) according to the manufacturer's protocol. Prior to extraction, 200 μL samples were boiled at 90°C for 10 min and 150 μL was transferred to a sterile microcentrifuge tube containing 30 μL of proteinase K solution and 300 μL lysis buffer. Each sample was vortexed for 10 s and incubated at 56°C for 20 min.

2.3.7 Absolute quantification of bacterial cells via qPCR

Quantification of *B. wadsworthia*, *B. thetaiotaomicron* and *E. faecium* was performed via qPCR using KiCqStart® SYBR® Green qPCR ReadyMix™ with ROX (Sigma-Aldrich) on a StepOnePlus™ Real-Time PCR System (ThermoFisher

Scientific). Absolute quantification of gene copy numbers was performed by comparing samples to calibration standards prepared with known gene copy numbers in the range of $10 - 1 \times 10^9$ copies. The number of gene copies per cell was used to calculate the absolute cell counts per mL of culture. All samples and standards were assayed in triplicate. The reaction conditions and primers used are shown in Table 2. Statistical significance between culture conditions was established using one-way analysis of variance (ANOVA) with Tukey's multiple comparison tests with a significance level set at $\alpha = 0.05$. Results were displayed graphically using GraphPad Prism 7 (GraphPad Software, Boston, USA) showing mean \pm standard deviation, and statistical results where * = $p \leq 0.05$, ** = $p \leq 0.01$, *** = $p \leq 0.001$, **** = $p \leq 0.0001$, ns = not significant ($p > 0.05$).

Table 2: Primers and reaction conditions used for absolute quantification of *B. wadsworthia*, *B. thetaiotaomicron* and *E. faecium* via qPCR

Target bacterium	Primer name	Product size (bp)	Primer sequence (5' to 3') (W=A+T)	Primer conc. (nM)	Reaction conditions	Ref
<i>B. wadsworthia</i>	TPA-F	150	CAACGTCCC CACCATCAA GTTCTCTG	100	95°C 2 min, 40 cycles of 95°C 15 s, 62°C 30 s.	[206]
	TPA-R		TGAATTCGC GGAAGGAG CGAGAGGTC	100		
<i>B. thetaiotaomicron</i>	F_Bacter 11	131	CCTWCGAT GGATAGGG GTT	200	95°C 10 min, 40 cycles of 95°C 30 s, 60°C 1 min.	[273]
	R_Bacter 08		CACGCTACT TGGCTGGTT CAG	200		
<i>E. faecium</i>	FAEFOR-2	94	ggtacaacccgat tactttgtcccat	200	52°C 2 min, 95°C 10 min, 45 cycles of 95°C 15 s, 60°C 30 s.	[274]
	FAEREV-2		tctgccgttacttc ttgaatggt	200		

2.3.9 Genomics

2.3.9.1 DNA extraction from isolates for whole genome sequencing

For whole genome sequencing of pure bacterial cultures, 1 mL of overnight culture was taken and centrifuged at 13,000 x g for 2 min. Pellets were resuspended in 500 µL colony wash buffer (100 mM NaCl, 10 mM Tris pH 7, 1 mM EDTA) and centrifuged at 13,000 x g for 2 min. Pellets were stored at -20°C until extraction. For extraction of high molecular weight DNA, Fire Monkey High Molecular Weight DNA (HMW-DNA) extraction kit was used according to manufacturer's protocol (Revolugen, UK). The additional overnight elution step recommended by the manufacturer was used to maximise DNA yield. For Gram-positive bacteria, the longer incubation, longer vortexing and addition of lysozyme recommended by the manufacturer were used. DNA was quantified using Qubit High Sensitivity DNA Quantification Kit (Thermo Scientific) and Qubit 3.0 fluorometer (Life Technologies).

2.3.9.2 Whole genome sequencing

For whole genome sequencing, a hybrid approach using both short- and long-read sequencing was performed in-house at QIB. After DNA extraction, sequencing was performed by Dave Baker. For short-read sequencing, genomic DNA was normalised to 5 ng/µl with EB buffer (10 mM Tris-HCl) and sequencing was performed at the QIB sequencing facility using an Illumina NextSeq 500 system with 2x150 bp paired-end reads. Libraries were prepared using Bead Linked Transposomes (BLT) (Illumina Catalogue No. 20018704) and P7 and P5 Illumina 9 bp barcodes. Paired-end sequencing reads were received as fastq files. For long-read sequencing, an Oxford Nanopore minION was used (Oxford Nanopore Technologies, Oxford, UK).

For genome assembly, short reads were cleaned using bbdduk (BBMap 38.79) [275] to trim the reads and remove sequencing adaptors. FastQC (v 0.11.9) [276] was used to assess the sequence quality, where reads with a Phred score ≥ 30 were deemed suitable for further analysis. Long reads were trimmed using Porechop (v 0.2.3) [277]. Hybrid assembly was performed using Unicycler (v 0.4.9) [278]. The completeness and contamination of the assemblies was checked using CheckM (v 1.0.18) [279]. Genomes were annotated using Prokka (v 1.14.6) [280].

2.3.10 Figure preparation

Figures showing experimental data were prepared using GraphPad Prism (GraphPad Software, Boston, USA). Diagrams and schematics were prepared using Adobe Illustrator 2024 (Adobe, USA).

2.3 Results

2.3.1 Do different *B. thetaiotaomicron* strains affect *B. wadsworthia*'s growth and H₂S production?

To investigate the impact of *B. thetaiotaomicron* strains on *B. wadsworthia*'s growth and H₂S production, pairwise co-cultures were performed with *B. wadsworthia* (QI0013) and three *B. thetaiotaomicron* strains (QI0072, DSM 108160 and DSM 108161) referred to as Bt strain 1, 2 and 3 respectively (Table 1). Bacteria were inoculated at 10⁶ CFU/mL in a 1:1 ratio. At 8 h, significantly higher H₂S concentrations were observed when *B. wadsworthia* was in co-culture with Bt strains 1, 2 and 3 compared to mono-culture (Figure 3A), whereas no H₂S was detected in *B. thetaiotaomicron* mono-cultures (Figure 3A). The abundance of *B. wadsworthia* when co-cultured with Bt strains 1 and 3 was marginally higher compared to mono-culture, and no differences in abundance were observed in co-culture with Bt strain 2 (Figure 3B). H₂S concentration in the cultures was normalised to the *B. wadsworthia* cell counts as determined via qPCR to calculate the H₂S concentration per 10⁶ cells. This provides an indication of *B. wadsworthia*'s metabolic activity in terms of H₂S production under different culture conditions. At 8 h, higher H₂S production per 10⁶ cells was observed in all co-cultures compared to *B. wadsworthia* in mono-culture, although the impact of co-culture with Bt strain 3 was lower than other co-culture conditions (Figure 3D). No differences in the impact of *B. wadsworthia* were observed with respect to the abundance of the different *B. thetaiotaomicron* strains; *B. thetaiotaomicron* abundance was significantly higher in co-culture with *B. wadsworthia* compared to respective mono-cultures of all three strains (Figure 3C). Therefore, in co-culture with Bt strains 1, 2 and 3, *B. wadsworthia* produces significantly more H₂S compared to mono-culture, not only due to increased cell abundance, but also due to an increased H₂S production per cell.

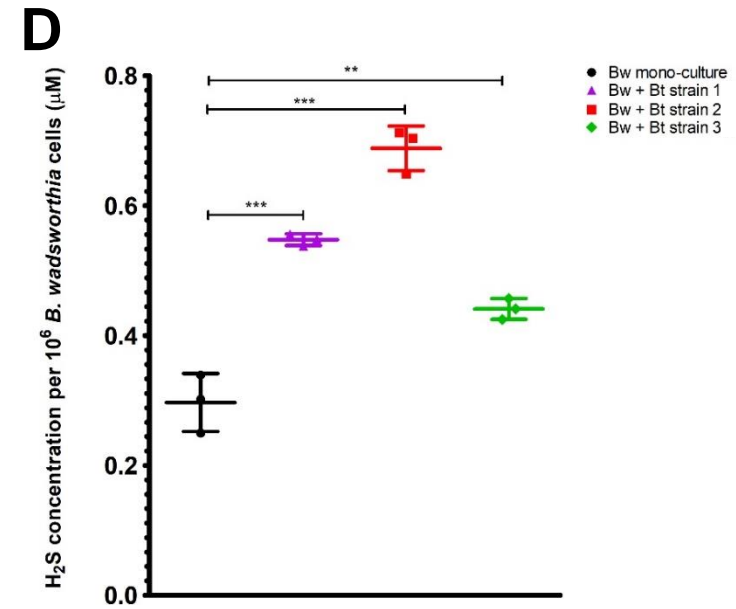
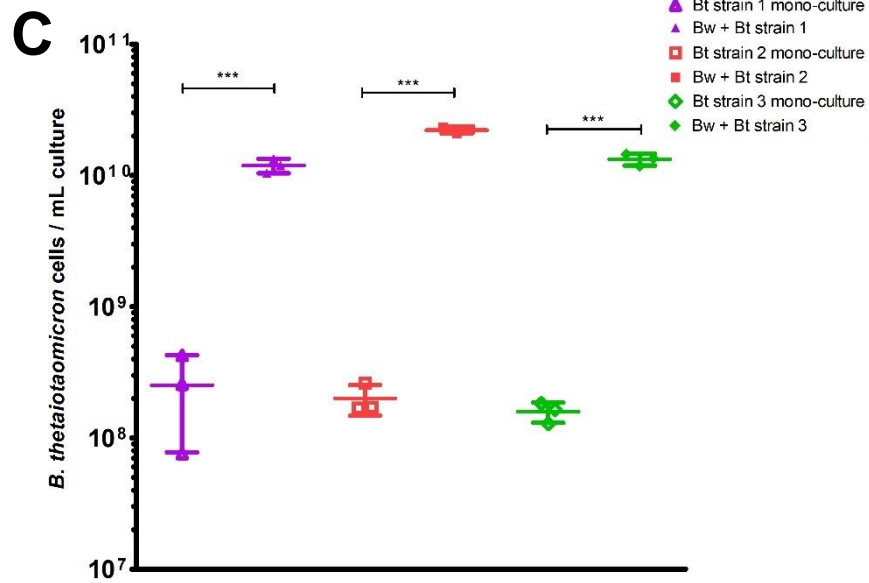
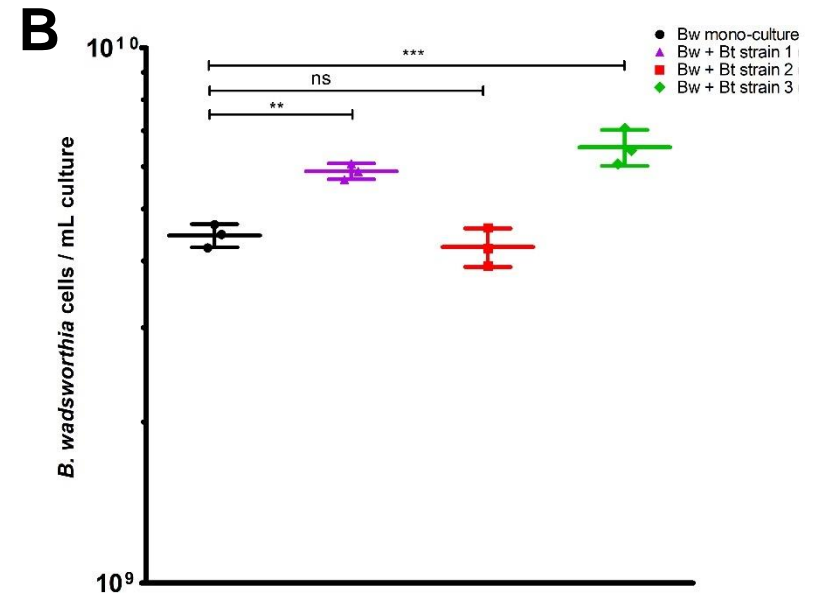
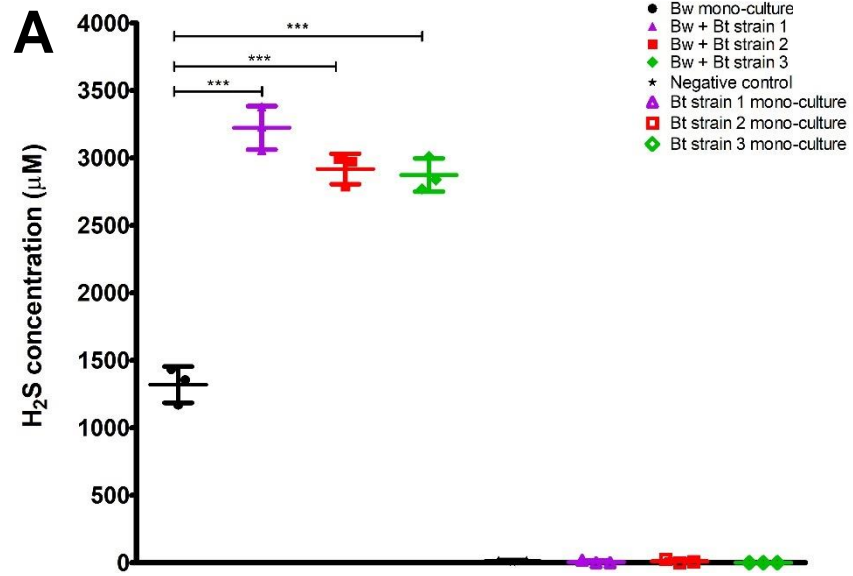


Figure 3: Co-culture of three *B. thetaiotaomicron* strains with *B. wadsworthia* (Bw) QI0013. **A)** H₂S concentrations (μM) in culture conditions at 8 h. Negative control is sterile media. **B)** qPCR-determined *B. wadsworthia* cell counts at 8 h. **C)** qPCR-determined *B. thetaiotaomicron* cell counts at 8 h. **D)** H₂S concentrations were standardised against *B. wadsworthia* cell counts to give H₂S concentration (μM) per 10^6 cells. Each point represents a technical culture replicate (n=3). Horizontal lines represent average, and error bars represent SD. Results of one-way ANOVA with Tukey's post-hoc test are shown, where ** = $p \leq 0.01$, *** = $p \leq 0.001$, **** = $p \leq 0.0001$, ns = not significant ($p > 0.05$).

To investigate whether these observations were primarily mediated by soluble metabolite exchange, cell-free supernatants from the three *B. thetaiotaomicron* strains were added to *B. wadsworthia* cultures. Unlike in co-culture, a substantial increase in H₂S concentration was not observed with supernatant only; Bt strain 1 supernatant elicited an increase of 250 μM H₂S (Figure 4A) which is a modest effect relative to the ~ 1900 μM increase in H₂S concentration observed when Bt strain 1 cells were co-cultured with *B. wadsworthia* (Figure 3A). Culture with Bt strain 2 supernatant showed similar H₂S concentration to *B. wadsworthia* mono-culture, and Bt strain 3 supernatant resulted in significantly lower H₂S concentration compared to the *B. wadsworthia* mono-culture (Figure 4A), whereas the co-cultures of these Bt strains with *B. wadsworthia* resulted in increased H₂S concentration (Figure 3A). Regarding *B. wadsworthia* abundance, culture with cell-free supernatant from Bt strains 1 and 2 resulted in the same cell counts as mono-culture, whereas Bt strain 3 supernatant resulted in lower *B. wadsworthia* abundance (Figure 4B). The H₂S concentration per 10^6 cells was not significantly different from the mono-culture in any supernatant condition (Figure 4C), suggesting that the differences in H₂S concentration are caused by the differences in the abundance of *B. wadsworthia* in the culture, not the metabolic activity of the cells.

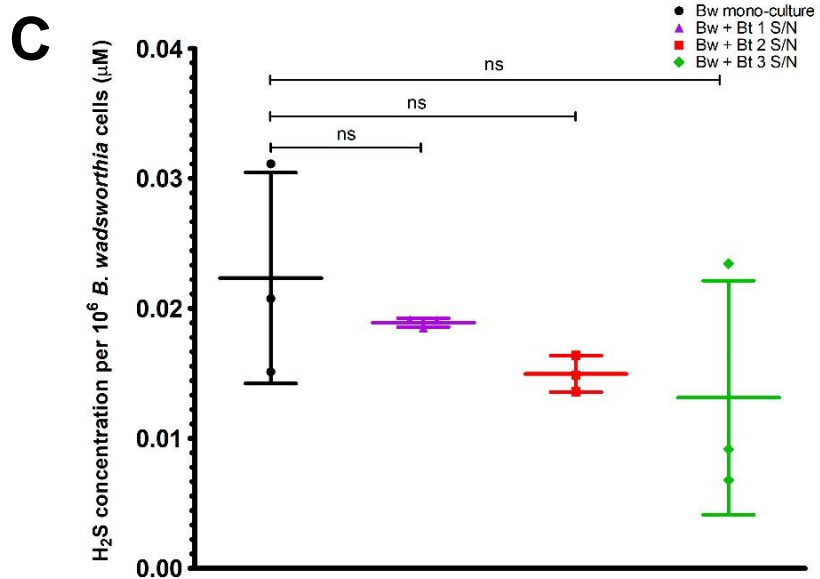
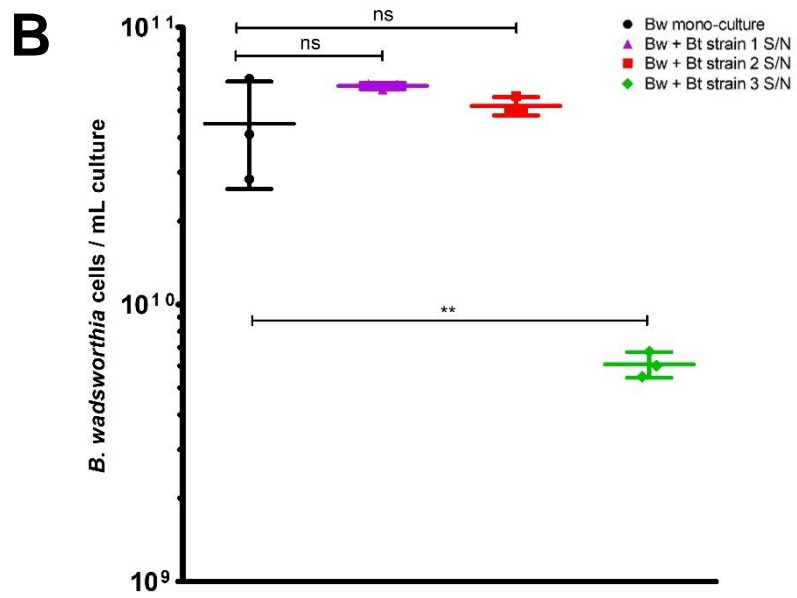
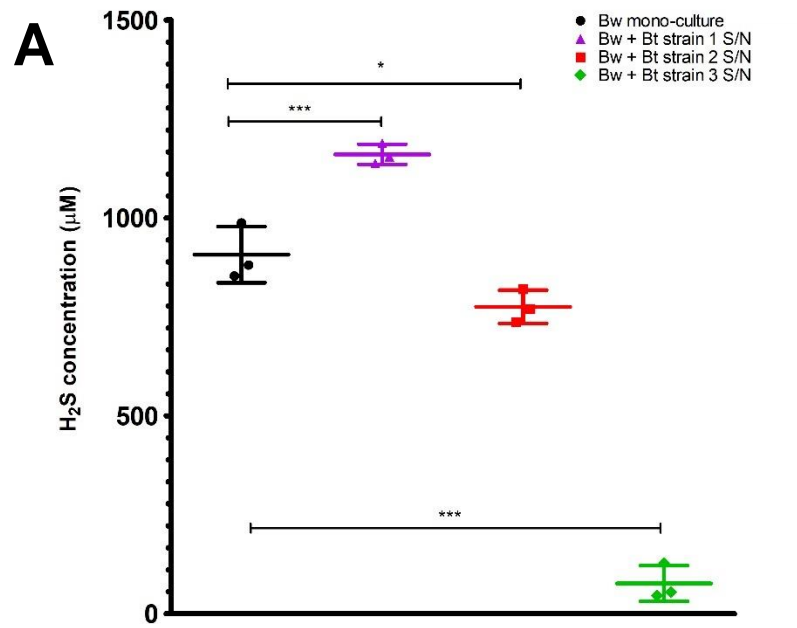


Figure 4: *B. wadsworthia* (Bw) QI0013 grown with cell-free supernatant from three *B. thetaiotaomicron* (Bt) strains.

A) H₂S concentrations (μM) in culture conditions at 8 h. B) qPCR-determined *B. wadsworthia* cell counts at 8 h. C) qPCR-determined *B. thetaiotaomicron* cell counts at 8 h. D) H₂S concentration (μM) per 10⁶ cells. Each point represents a technical culture replicate (n=3). Horizontal lines represent average, and error bars represent SD. Results of one-way ANOVA with Tukey's post-hoc test are shown, where * = p ≤ 0.05, ** = p ≤ 0.01, *** = p ≤ 0.001, **** = p ≤ 0.0001, ns = not significant (p > 0.05).

2.3.2 Investigating the H₂S-promoting effect of Bt strain 1 on *B. wadsworthia*

2.3.2 1 The H₂S-promoting effect of Bt strain 1 on *B. wadsworthia* appears to be dependent on cell proximity

To focus our efforts in understanding the underlying mechanism behind the increased H₂S production by *B. wadsworthia* in co-culture with *B.*

thetaitaomicron, we selected Bt strain 1 as this strain has been directly isolated from faeces obtained from a healthy adult recruited via the COMBAT study (ClinicalTrials.gov Identifier: NCT03679533), whereas Bt strains 2 and 3 were sourced from DSMZ for which the health status is not provided (Table 1).

Addressing Bt strain 1, we next hoped to clarify the discrepancies between the effects observed with co-culture of live cells compared to the cell-free supernatant by co-culturing the two strains with physical separation using a permeable 0.22 µm membrane. *B. wadsworthia* mono-culture reached a similar H₂S concentration to the filter-separated culture condition, with significantly increased H₂S observed only in the “true” co-culture condition where *B. wadsworthia* and Bt strain 1 were in physical proximity (Figure 5A). This suggests that the exchange of soluble metabolites between the strains alone does not cause an increase in *B. wadsworthia*'s H₂S production (Figure 5A). A modest amount of H₂S was detectable in the filter-separated Bt strain 1 culture which was not observed in the Bt strain 1 mono-culture (Figure 5A); the presence of H₂S here is indicative of the diffusion of soluble metabolites and molecules below the size cut-off of 0.22 µm without direct interaction between the two species, as confirmed by absence of *B. wadsworthia*-specific genes in the Bt strain 1 filter-separated culture (data not shown).

Furthermore, *B. wadsworthia* abundance was similar between mono-culture and filter-separated culture, and only slightly increased in the ‘true’ co-culture condition at 8 h post-inoculation (Figure 5B), reiterating that the increases in *B.*

wadsworthia's growth and H₂S production are not observed when *B. wadsworthia* and Bt strain 1 share only a soluble metabolite fraction. Conversely, Bt strain 1 abundance is affected by the exchange of soluble metabolites; cell counts were one order of magnitude higher in cultures filter-separated from *B. wadsworthia* when compared to mono-culture, and this abundance increased further when Bt strain 1 was in ‘true’ co-culture with *B. wadsworthia* (Figure 5C). These differences between mono- and filter-separated cultures provide further supportive evidence

that the filters did indeed allow diffusion and metabolite exchange between the cultures whilst preventing physical interaction.

Using H₂S concentration per 10⁶ *B. wadsworthia* cells as an indicator of sulfidogenic activity, H₂S production was slightly increased in the co-culture condition when compared to the mono- or filter-separated *B. wadsworthia* cultures, although this difference was not significant between mono- and co-culture (Figure 5D). This suggests that although there is a modest increase in the sulfidogenic activity of the *B. wadsworthia* cells when in proximity to Bt strain 1, the significant increase in H₂S concentration is primarily driven by increases in *B. wadsworthia* abundance as opposed to impacting the metabolic activity of the cells present. The observation that both species appear to benefit from increased growth when in physical proximity to each other could suggest a beneficial symbiosis between these strains.

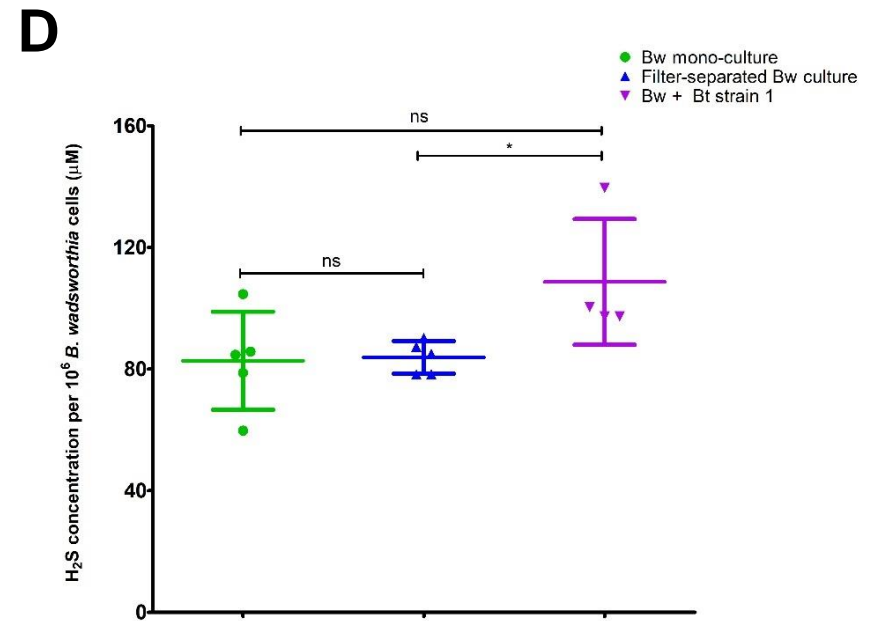
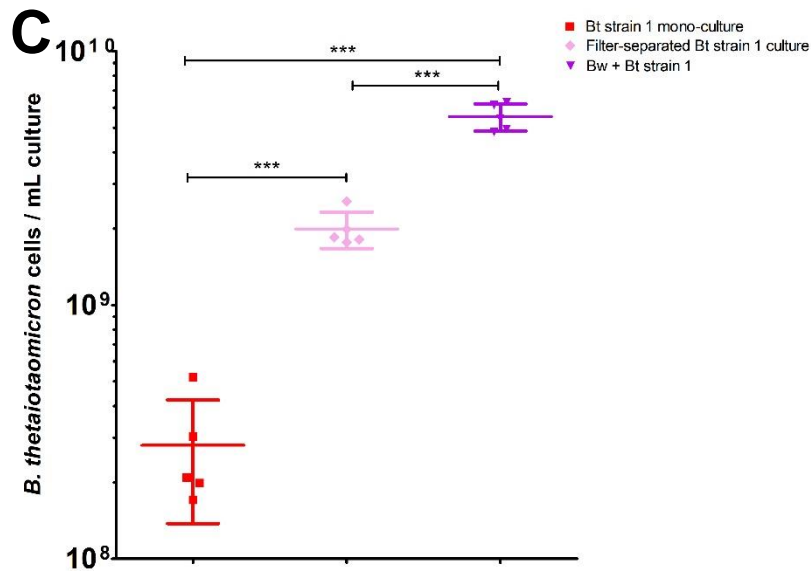
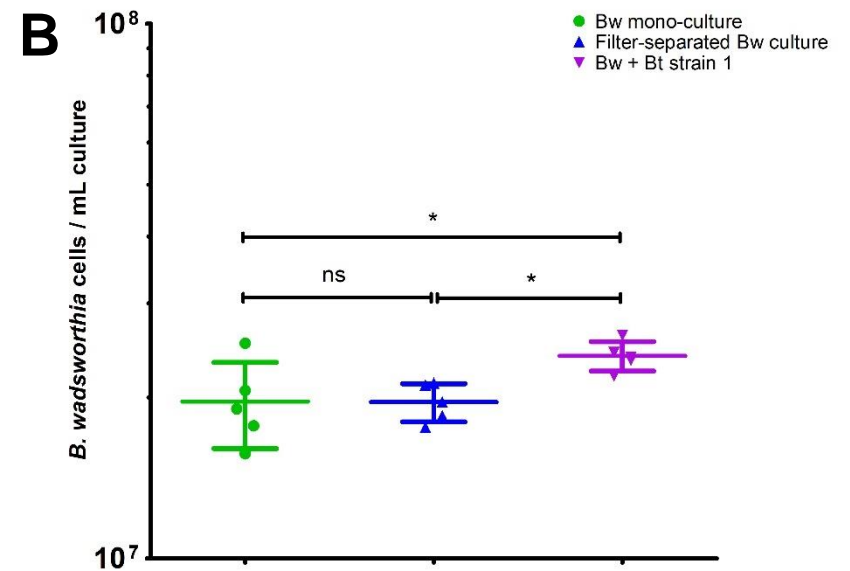
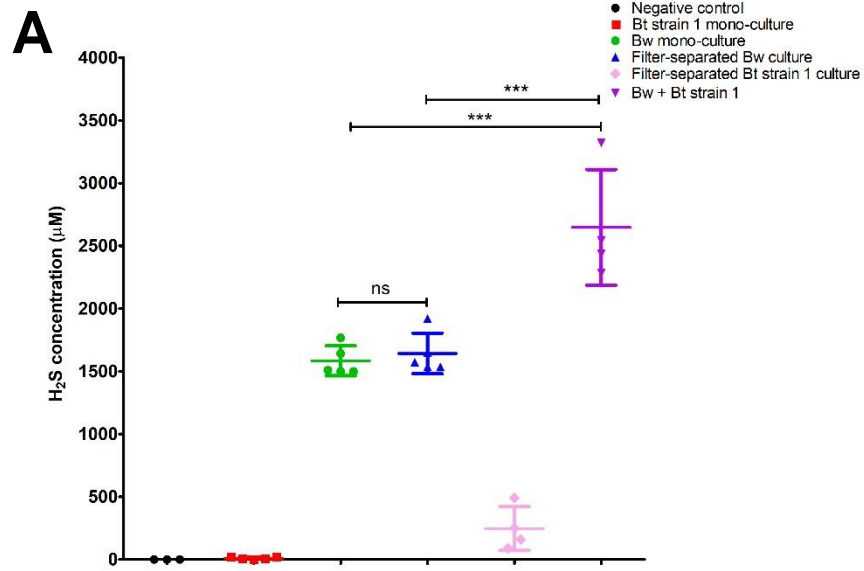


Figure 5: Filter-separated culture of *B. wadsworthia* (Bw) QI0013 and Bt strain 1. A) H₂S concentrations (μM) at 8 h. B) qPCR-determined *B. wadsworthia* cell counts at 8 h. C) qPCR-determined *B. thetaiotaomicron* cell counts at 8 h. D) H₂S concentration (μM) per 10⁶ *B. wadsworthia* cells. Each point represents a technical culture replicate (n=3-5). Horizontal lines represent average, and error bars represent SD. Statistical significance between culture conditions was established using one-way analysis of variance (ANOVA) with Tukey's multiple comparison tests with a significance level set at α = 0.05. Results show * = p ≤ 0.05, ** = p ≤ 0.01, *** = p ≤ 0.001, **** = p ≤ 0.0001, ns = not significant (p > 0.05).

2.3.2.2 The heat-killed biomass of Bt strain 1 does not promote *B. wadsworthia*'s H₂S production

After revealing that the H₂S-promoting effect of Bt strain 1 appears to depend upon physical proximity between the strains, we next investigated whether this interaction is dependent upon Bt strain 1 viability. Co-cultures of live *B. wadsworthia* and Bt strain 1 were prepared alongside live *B. wadsworthia* and dead Bt strain 1 culture, where the equivalent dead biomass was inoculated. A significantly increased H₂S concentration was observed in the co-culture of live *B. wadsworthia* and Bt strain 1 compared to *B. wadsworthia* mono-culture, reiterating our previous observations (Figure 6A); interestingly, when *B. wadsworthia* was cultured with heat-killed Bt strain 1 cells, no increased H₂S production was observed (Figure 6A). Similarly, *B. wadsworthia* cell abundance was slightly increased in the co-culture with viable Bt strain 1, whereas no such increase was observed with heat-killed Bt strain 1 (Figure 6B). The metabolic activity of *B. wadsworthia* cells in the different conditions was investigated by establishing the H₂S concentration per 10⁶ cells (Figure 6D). An increased metabolic capacity for H₂S generation was observed in *B. wadsworthia* in co-culture with viable Bt strain 1, but not with heat-killed Bt strain 1 (Figure 6C). Overall, this reveals that the heat-killed biomass of Bt strain 1 does not promote increased H₂S production by *B. wadsworthia*. In contrast, Bt strain 1 reached significantly higher cell density at 8 h when co-cultured with heat-killed *B. wadsworthia* cells compared to live co-culture or mono-culture (Figure 6C). This shows that the increased growth of Bt strain 1 in the presence of *B. wadsworthia* does not depend on *B. wadsworthia*'s viability; in fact, the dead biomass of *B. wadsworthia* appears to promote the growth further, perhaps due to cell lysis releasing valuable metabolites to support Bt strain 1's growth. Taken together, it appears that the increased H₂S production by *B. wadsworthia* in the presence of Bt strain 1 is dependent upon Bt strain 1's viability and physical proximity, but Bt strain 1 thrives with heat-killed *B. wadsworthia* biomass.

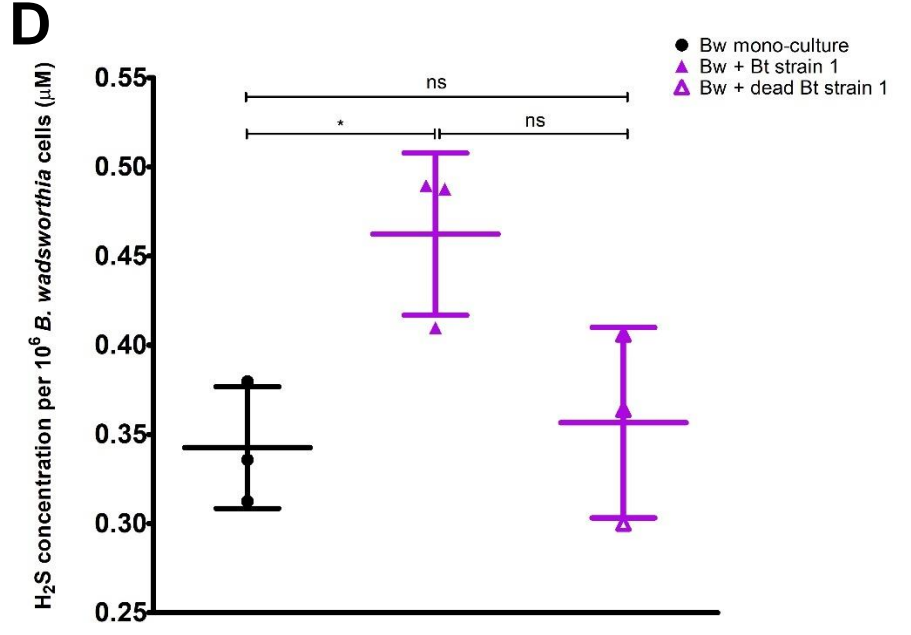
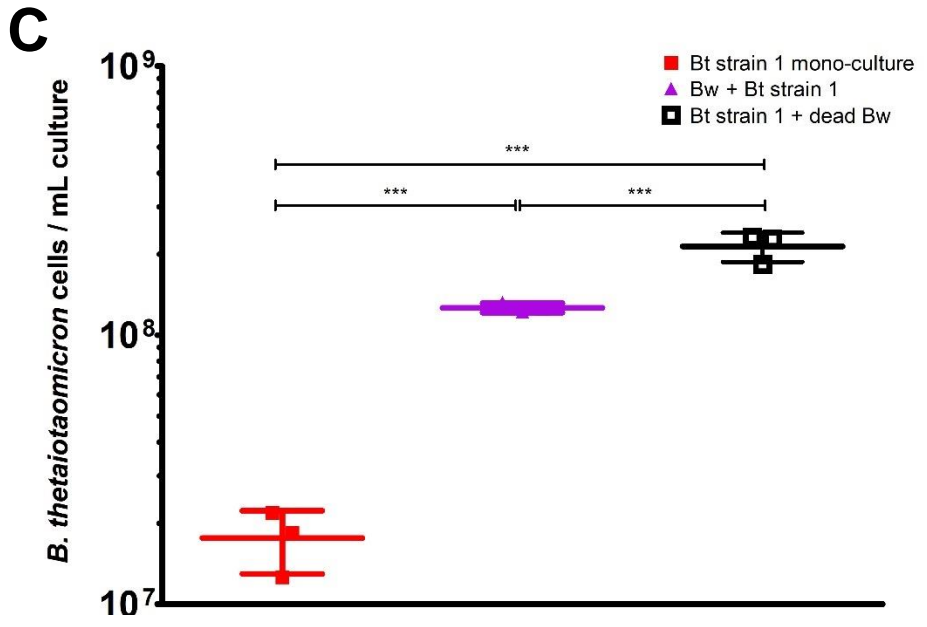
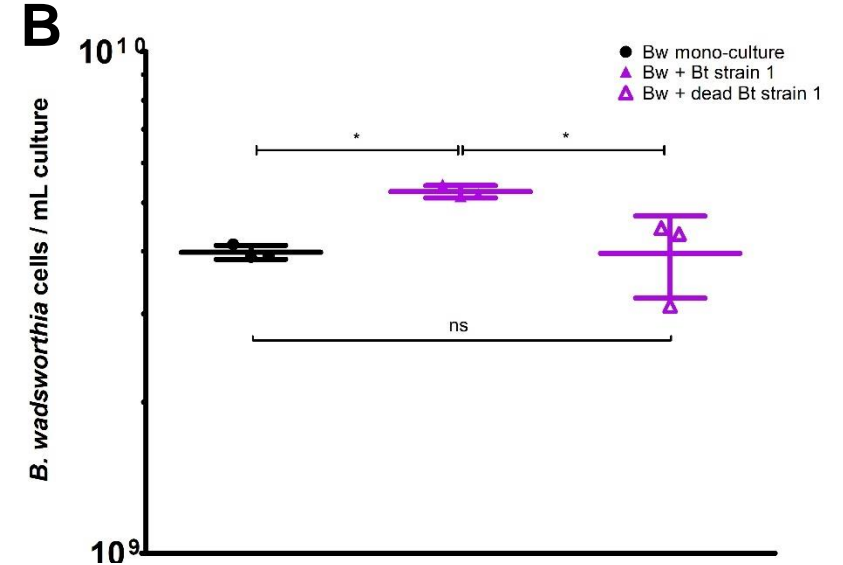
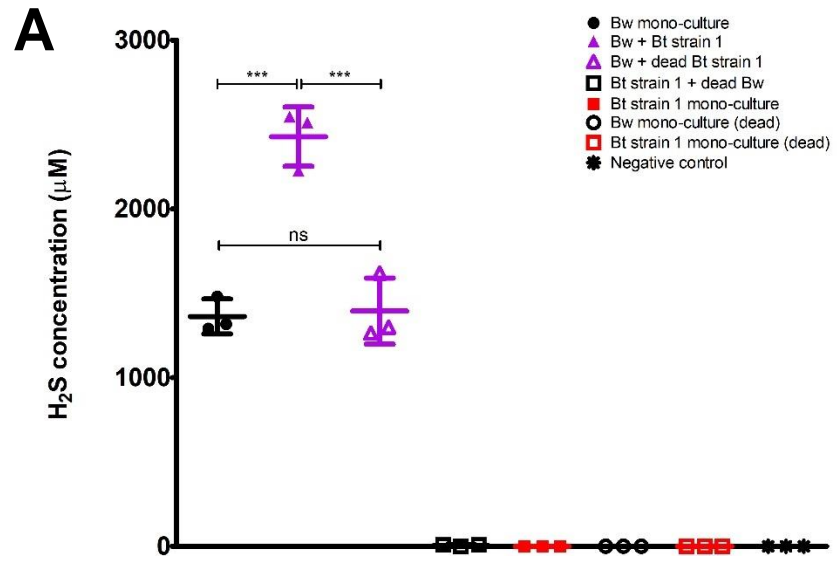


Figure 6: Culture of *B. wadsworthia* (Bw) QI0013 with heat-killed Bt strain 1. A) H₂S concentrations (μM) at 8 h. B) qPCR-determined *B. wadsworthia* cell counts at 8 h. C) qPCR-determined *B. thetaiotaomicron* cell counts at 8 h. D) H₂S concentration (μM) per 10⁶ *B. wadsworthia* cells. Each point represents a technical culture replicate (n=3). Horizontal lines represent average, and error bars represent SD. Statistical significance between culture conditions was established using one-way analysis of variance (ANOVA) with Tukey's multiple comparison tests with a significance level set at α = 0.05. Results show * = p ≤ 0.05, ** = p ≤ 0.01, *** = p ≤ 0.001, **** = p ≤ 0.0001, ns = not significant (p > 0.05).

2.3.2.3 Investigating the role of soluble metabolites: sequential supernatant experiments in *B. wadsworthia* and Bt strain 1 co-culture

Although the previous findings suggest that *B. wadsworthia*'s increased H₂S production in the presence of Bt strain 1 is dependent upon physical proximity and viability, we wanted to rule out that there is not a sequential production of a soluble metabolite in the supernatant by Bt strain 1 in response to *B. wadsworthia*'s growth supernatant. To test this, Bt strain 1 was grown with *B. wadsworthia* cell-free supernatant overnight, and the cell-free supernatant of this culture (S/N 2) was added to *B. wadsworthia* mono-culture. In addition, *B. wadsworthia* was grown with Bt 1 mono-culture supernatant (S/N 1), alongside mono-culture and co-culture controls. No increases in H₂S concentration were observed in the *B. wadsworthia* cultures grown with Bt strain 1 supernatant (S/N 1) or with the successive supernatant where Bt strain 1 was grown with *B. wadsworthia* supernatant (S/N 2) (Figure 7A). Similarly, no striking differences in *B. wadsworthia* abundance or H₂S production per 10⁶ cells were observed when grown with S/N 1 or S/N 2 compared to mono-culture (Figure 7B, 7C). This allows us to exclude the possibility that the observed increases in H₂S production in *B. wadsworthia* and Bt strain 1 co-culture are due to Bt strain 1 secreting soluble metabolites in response to *B. wadsworthia*'s supernatant. This successive supernatant experiment further reiterated the importance of physical proximity in co-culture to permit the observed increase in H₂S production by *B. wadsworthia*.

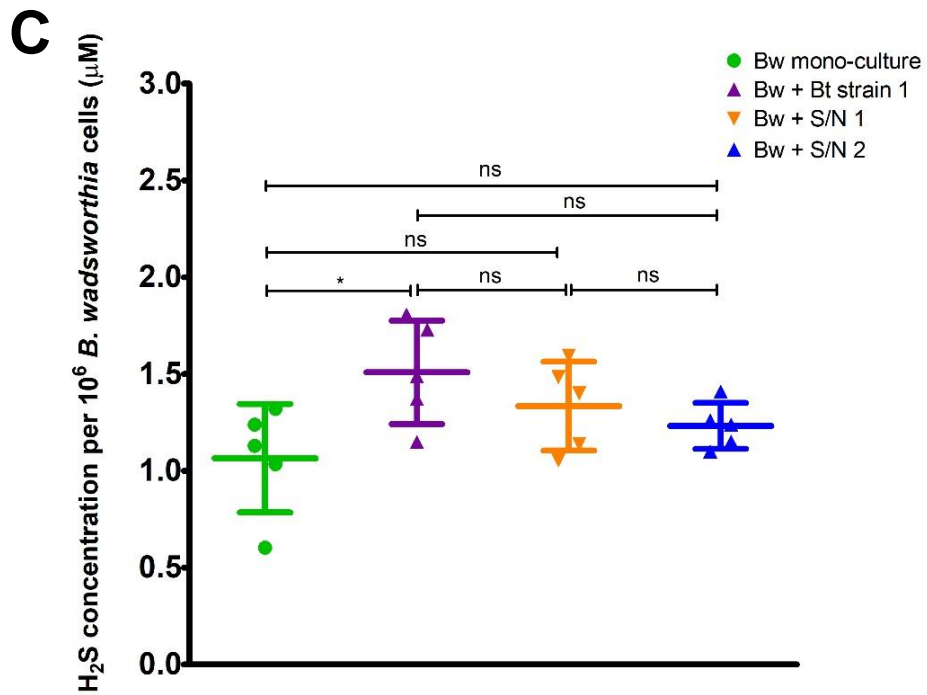
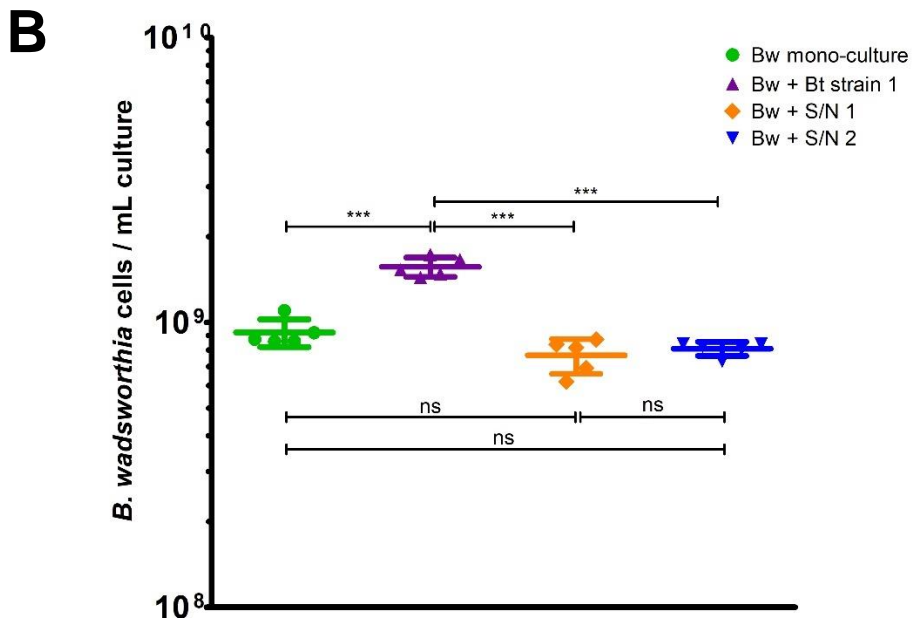
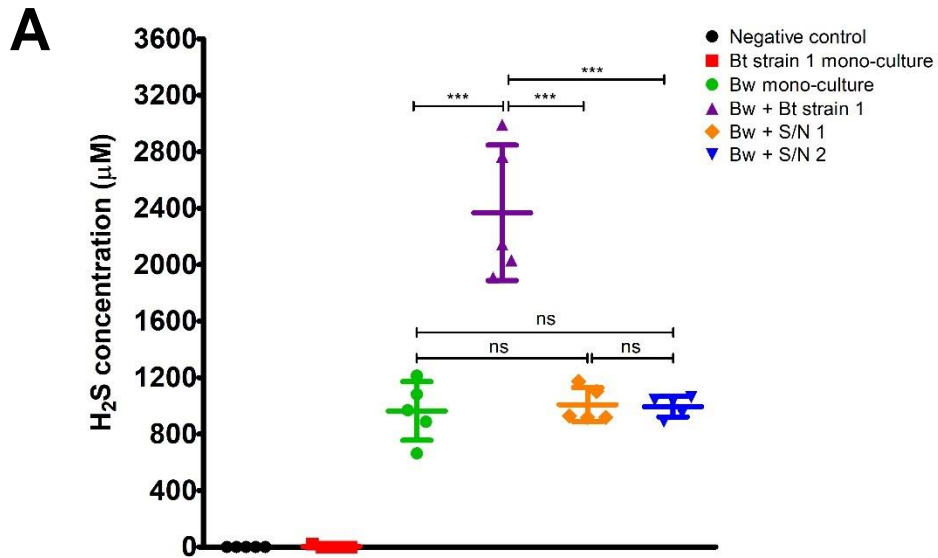


Figure 7: Culture of *B. wadsworthia* (Bw) QI0013 with supernatant of Bt strain 1 mono-culture (S/N 1) and supernatant of Bt strain 1 grown in *B. wadsworthia* supernatant (S/N 2). A) H₂S concentrations (μ M) at 8 h. B) qPCR-determined *B. wadsworthia* cell counts at 8 h. C) H₂S concentration (μ M) per 10⁶ *B. wadsworthia* cells. Each point represents a technical culture replicate (n=5). Horizontal line = average. Error bars = SD.

Given the substantial enhancement of Bt strain 1's growth in the presence of heat-killed *B. wadsworthia* biomass (Figure 6C), it was crucial to determine if *B. wadsworthia* biomass could induce Bt strain 1 to produce soluble metabolites, thereby sequentially influencing *B. wadsworthia*'s H₂S production. To investigate this, cell-free supernatant and heat-killed biomass of a *B. wadsworthia* culture was prepared and inoculated into Bt strain 1 mono-cultures. Then, supernatants were prepared from Bt strain 1 grown with *B. wadsworthia* biomass and with *B. wadsworthia* supernatant. *B. wadsworthia* cultures were prepared with each supernatant, alongside mono-culture and co-culture controls. A substantial increase in H₂S concentration was observed only in the co-culture of *B. wadsworthia* and Bt strain 1 (Figure 8A). Culture of *B. wadsworthia* with supernatant of Bt strain 1 that was grown with either *B. wadsworthia* biomass or *B. wadsworthia* supernatant did not result in substantially increased H₂S concentration compared to mono-culture (Figure 8A). Similarly, the co-culture of *B. wadsworthia* and Bt strain 1 resulted in slightly increased *B. wadsworthia* abundance (Figure 8B) and increased H₂S production per 10⁶ cells (Figure 8C) compared to mono-culture, whereas the two successive supernatant treatments did not. In summary, the results contradict the initial hypothesis, revealing that neither the supernatant nor the biomass of *B. wadsworthia* induces Bt strain 1 to produce a soluble metabolite that stimulates *B. wadsworthia*'s growth and H₂S production. Collectively, these findings underscore the necessity of viable Bt strain 1 cells for the observed increase in H₂S production and growth in *B. wadsworthia*.

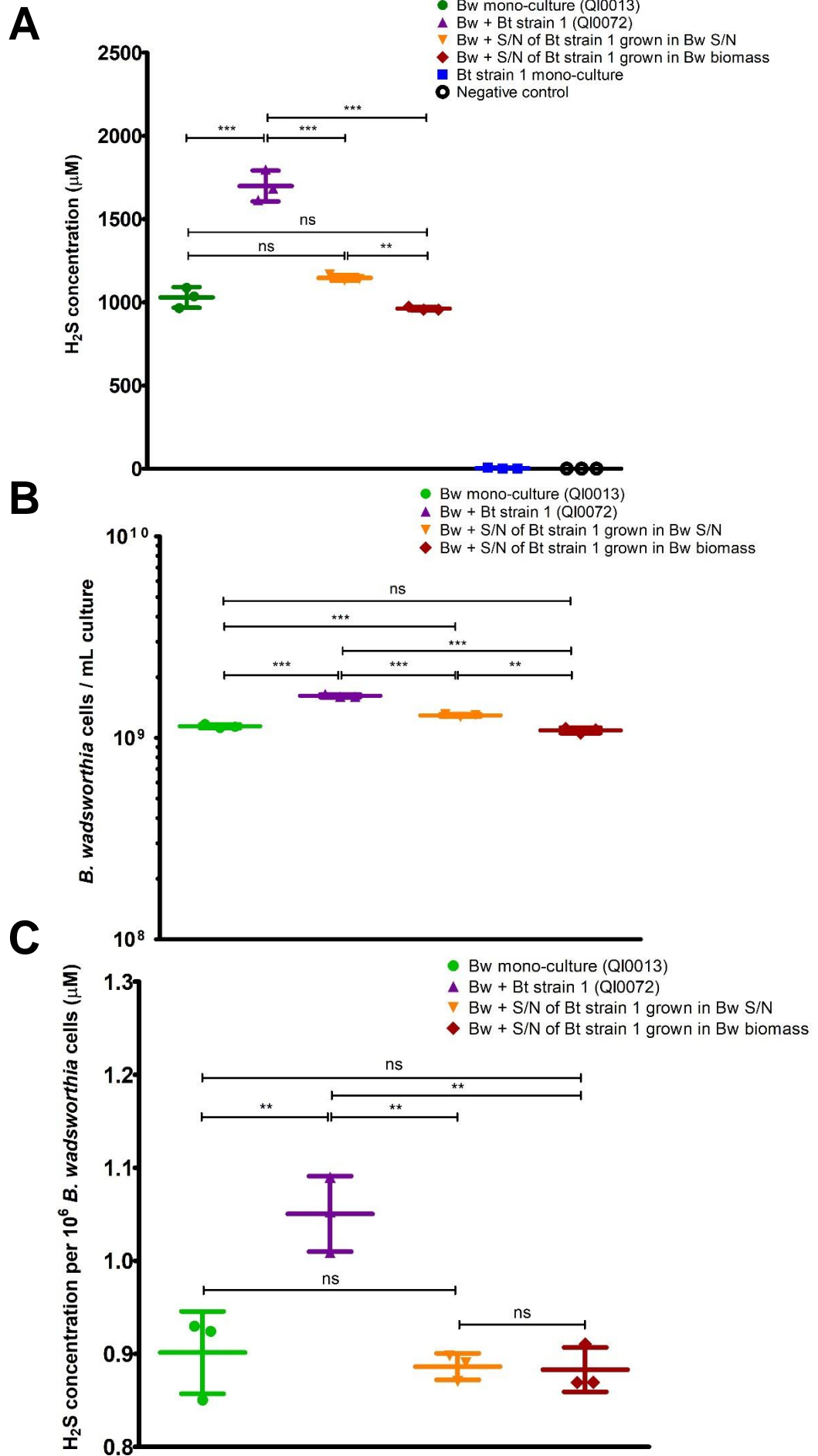


Figure 8: Culture of *B. wadsworthia* (Bw) QI0013 with supernatant of Bt strain 1 grown in *B. wadsworthia* supernatant or with heat-killed *B. wadsworthia* cells. A) H₂S concentrations (μM) at 8 h. B) qPCR-determined *B. wadsworthia* cell counts at 8 h. C) H₂S concentration (μM) per 10⁶ *B. wadsworthia* cells. Each point represents a technical culture replicate (n=3). Horizontal line = average. Error bars = SD. Statistical significance between culture conditions was established using one-way analysis of variance (ANOVA) with Tukey's multiple comparison tests with a significance level set at α = 0.05. Results show * = p ≤ 0.05, ** = p ≤ 0.01, *** = p ≤ 0.001, **** = p ≤ 0.0001, ns = not significant (p > 0.05).

2.3.2.4 Bt strain 1 promotes *B. wadsworthia*'s H₂S production in a non-strain-dependent fashion

The interactions between Bt strain 1 and *B. wadsworthia* (QI0013) had clearly demonstrated a sulfidogenic interaction in co-culture. Next, we tested if Bt strain 1 would promote the sulfidogenic activity of other *B. wadsworthia* strains. Three additional gut-derived strains of *B. wadsworthia* (QI0012, QI0014, QI0015) were co-cultured with Bt strain 1 alongside mono-culture controls and Bt strain 1 with *B. wadsworthia* (QI0013). Co-culture with Bt strain 1 resulted in significantly increased H₂S concentration in all *B. wadsworthia* strains tested compared to their respective mono-cultures (Figure 9A), suggesting that the sulfidogenic potential of Bt strain 1 is not limited to one *B. wadsworthia* strain. Indeed, QI0014 did not produce detectable H₂S in mono-culture at 8 h, whereas 195.3 ± 18.60 μM was produced in co-culture with Bt strain 1 (Figure 9A). Interestingly, qPCR determination of *B. wadsworthia* cell abundance revealed differences between strains; QI0012 and QI0013 showed slight increases in abundance in co-culture with Bt strain 1, whereas QI0014 and QI0015 showed decreased abundance in co-culture (Figure 9B). When the H₂S concentration was standardised by the *B. wadsworthia* cells, this showed that Bt strain 1 indiscriminately increases H₂S production by *B. wadsworthia* strains, but we cannot rule out that the mechanism may differ between strains (Figure 9). Increased H₂S in QI0012 and QI0013 co-cultures are due to a combined effect of increased abundance and increased H₂S production per cell, whereas with QI0014 and QI0015 it is due to substantially increased H₂S production per *B. wadsworthia* cell (Figure 9D). The abundance of Bt strain 1 was slightly increased in all pairwise co-cultures compared to mono-culture (Figure 9C). Overall, Bt strain 1 showed an ability to increase H₂S production in four *B. wadsworthia* strains.

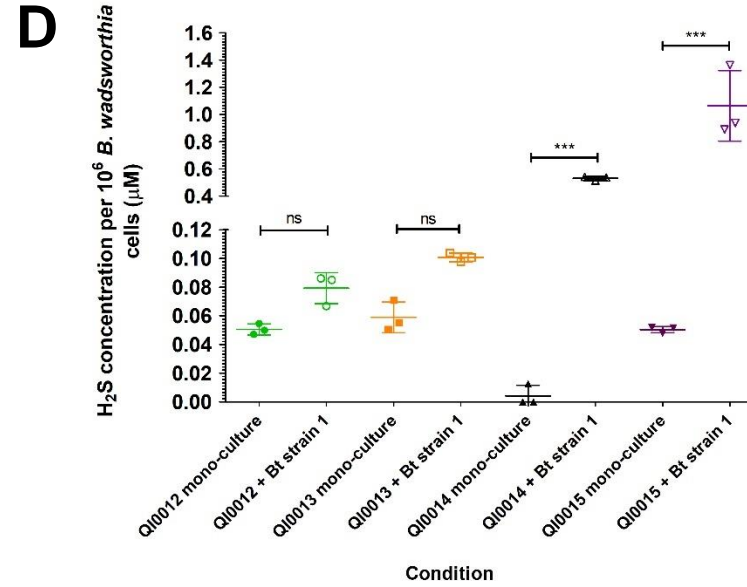
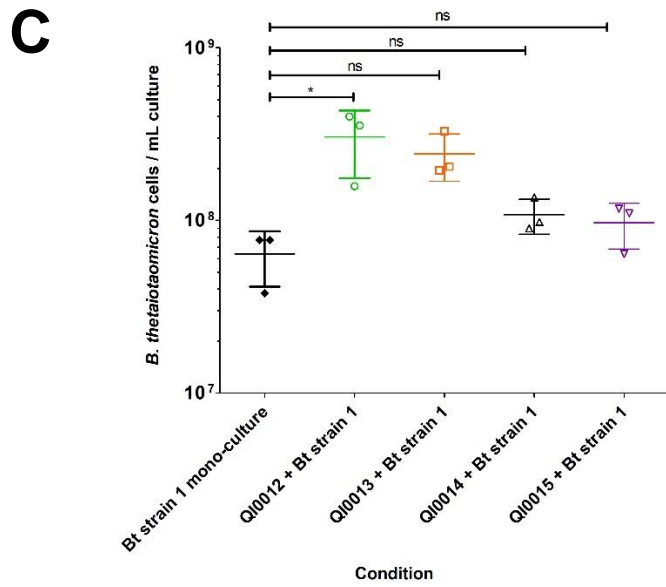
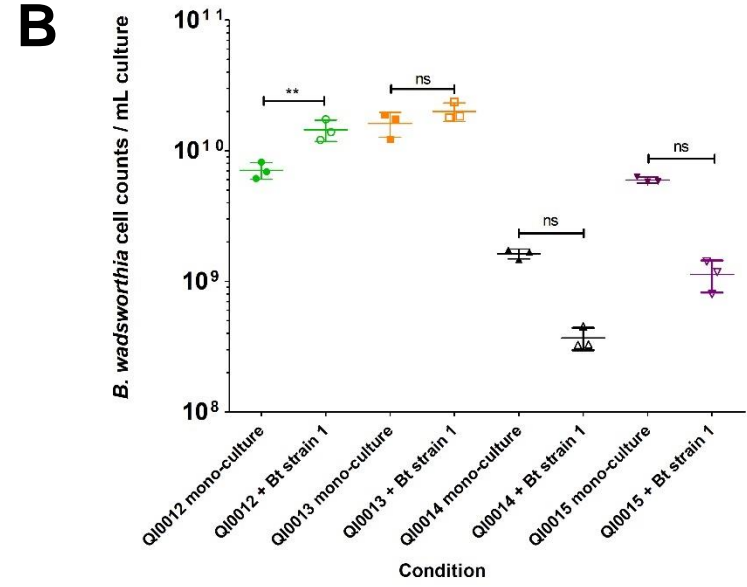
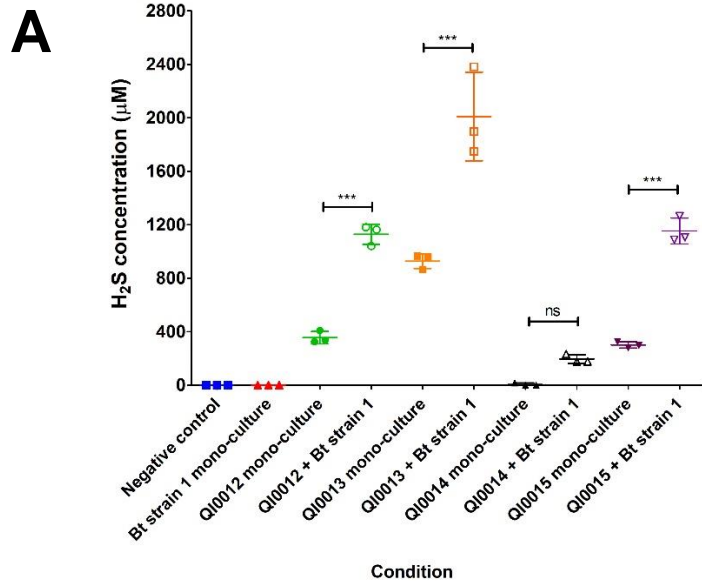


Figure 9: Pairwise co-culture of Bt strain 1 with four *B. wadsworthia* strains (QI0012, QI0013, QI0014, QI0015). A) H₂S concentrations (μM) at 8 h. B) qPCR-determined *B. wadsworthia* cell counts at 8 h. C) qPCR-determined *B. thetaiotaomicron* cell counts at 8 h. D) H₂S concentration (μM) per 10⁶ *B. wadsworthia* cells. Each point represents a technical culture replicate (n=3). Horizontal lines represent average, and error bars represent SD. Statistical significance between culture conditions was established using one-way analysis of variance (ANOVA) with Tukey's multiple comparison tests with a significance level set at α = 0.05. Results show * = p ≤ 0.05, ** = p ≤ 0.01, *** = p ≤ 0.001, **** = p ≤ 0.0001, ns = not significant (p > 0.05).

2.4 Discussion

Sulfate- and sulfite-reducing bacteria (SRB) such as *B. wadsworthia* can produce significant amounts of H₂S [51], a toxic gas that has been implicated in gastrointestinal disease [98, 100, 113, 121, 262]. Advancing our understanding of the factors affecting the H₂S production and abundance of *B. wadsworthia* in the human gut is therefore a valuable avenue of research. Here, the common gut commensal species *B. thetaiotaomicron* was investigated with respect to impact upon *B. wadsworthia*'s growth and H₂S production. We observed a sulfidogenic interaction between *B. wadsworthia* and *B. thetaiotaomicron* (Figure 3) which was dependent upon cell proximity (Figure 5, 6) and *B. thetaiotaomicron* viability (Figure 7). There is no indication that Bt strain 1 itself can generate H₂S; no H₂S was detected in either mono-cultures or when growth was stimulated by *B. wadsworthia* biomass or supernatant (Figures 5, 6). Additionally, the Bt strain 1 genome contains no genes encoding enzymes involved in known H₂S production pathways.

B. thetaiotaomicron is a highly prevalent gut commensal able to degrade a range of dietary polysaccharides in the gut [281]. Expression of sulfatases by *B. thetaiotaomicron* permits degradation of host-derived glycans to yield free sulfate, which has been shown to support the growth of the sulfate-reducing bacterium *Desulfovibrio piger* [19]. However, cross-feeding between *B. thetaiotaomicron* and SRB via provision of sulfate cannot resolve the observations reported here with *B. wadsworthia*, as *B. wadsworthia* is not capable of reducing sulfate [50]. During fermentation, *B. thetaiotaomicron* produces hydrogen [234] which is a preferential energy source for *B. wadsworthia* [54]. However, if the H₂S-promoting interaction

was driven primarily via hydrogen cross-feeding, it would be expected that increased growth and H₂S production by *B. wadsworthia* would be observed with cell-free supernatant and in filter-separated co-culture with Bt strain 1, which was not the case.

To the best of our knowledge, a species-specific interaction between *B. wadsworthia* and *B. thetaiotaomicron* has not been described, but more general genus-level associations have been reported; abundance of bile-tolerant *Bilophila* and *Bacteroides* spp. has been shown to increase in the gut in response to an animal-based diet [203]. Interestingly, a *Bacteroides*-dominant enterotype is found to be prevalent in individuals consuming a 'western' diet high in animal protein [5], as has been described with *Bilophila* [65, 206, 210]. Here, *B. wadsworthia* and *B. thetaiotaomicron* were studied using *in vitro* co-culture to investigate the microbe-microbe interactions between these species, with a particular interest in the impact upon *B. wadsworthia*-derived H₂S production; the data implies a mutualistic symbiosis between *B. wadsworthia* and *B. thetaiotaomicron in vitro*, where both species appear to benefit from increased growth in co-culture (Figures 3, 6). Ultimately, this work describes a novel species-level interaction which, if occurring in the human gut environment, could contribute towards high levels of H₂S which are associated with inflammation and disease [44, 98, 102, 262, 282] (Figure 10). The mechanism underpinning this interaction is not yet clear. In later chapters, we seek to substantiate the 'how' of the *B. wadsworthia* and *B. thetaiotaomicron* interaction, using transcriptomic analysis of the co-cultures to clarify the gene expression changes in co-culture leading to increased *B. wadsworthia* growth and H₂S production. Additionally, *in vitro* fermentation models were used to simulate the human gut environment to investigate whether this interaction occurs under gut-representative conditions.

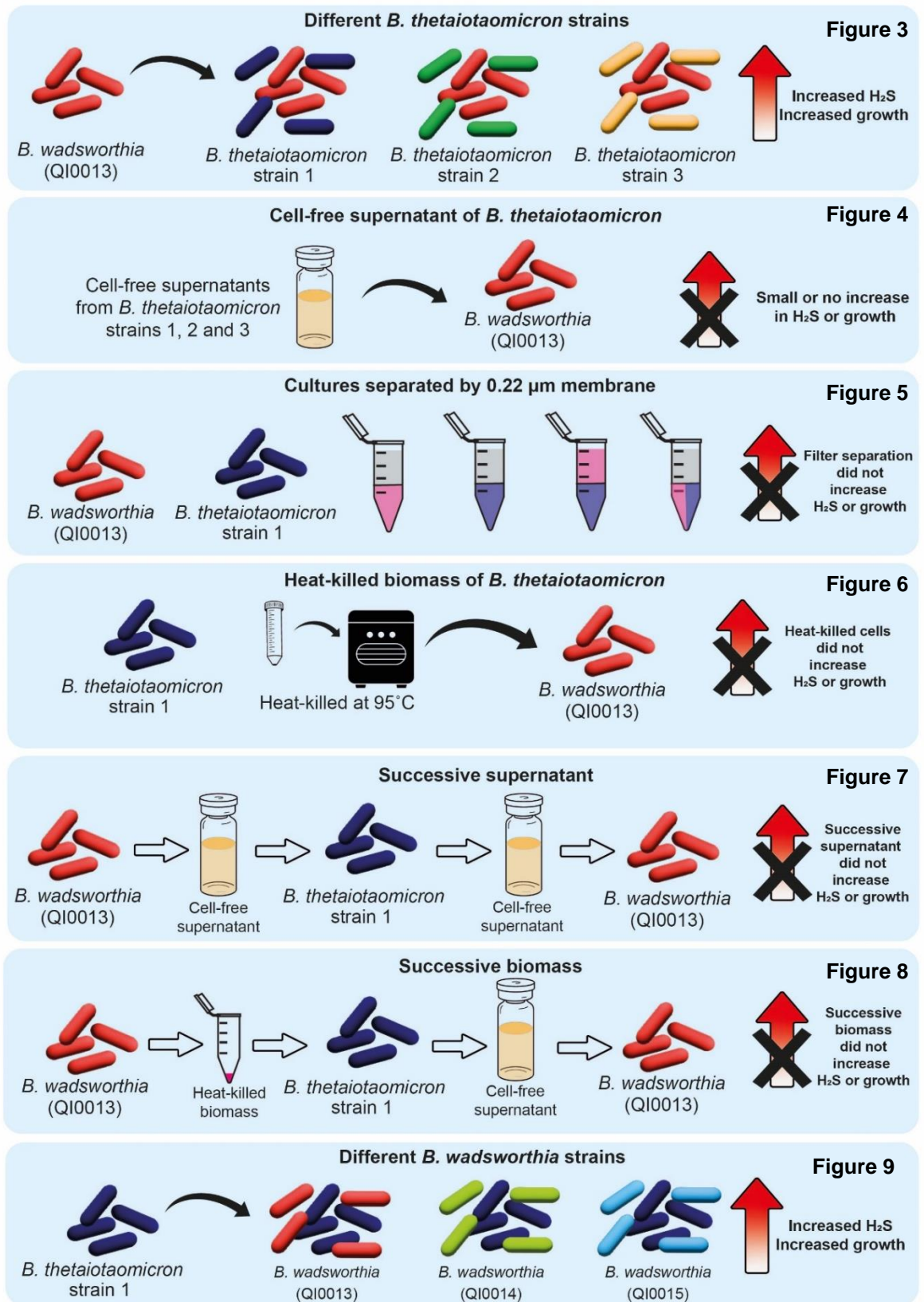


Figure 10: Microbe-microbe interaction between *B. wadsworthia* and *B. thetaiotaomicron*. Schematic outlines the experimental set-ups used and the observations with respect to *B. wadsworthia*'s H₂S production and growth.

Chapter 3

3. Microbe-microbe interaction between *B. wadsworthia* and enterococci

3.1 Introduction

B. wadsworthia is a pathobiontic member of the human gut microbiota capable of high levels of H₂S production and is often associated with inflammatory diseases [67, 132, 150, 152, 158, 206]. Identifying possible strategies for controlling both the abundance of *B. wadsworthia* as well as H₂S production by this bacterium could aid in combating excess inflammation and pathogenesis in the human gut [45]. Enterococci are a large group of bacteria commonly found in the human and animal gut [235], the most common species being *Enterococcus faecalis* and *Enterococcus faecium* [241]. Enterococci are Gram-positive lactic acid bacteria with complex roles in human health, where some probiotic strains show antimicrobial activity against pathogens [250], whereas other strains are associated with opportunistic infections and are clinically important reservoirs of antibiotic resistance [248]. A dairy-derived probiotic *E. faecium* strain was able to inhibit H₂S production by bacteria associated with meat spoilage; co-culture with washed cells inhibited H₂S production by *Escherichia coli*, *Citrobacter freundii* and *Hafnia alvei* by 48.6% [261]. The ability of enterococcal strains to affect H₂S production by the sulfite-reducing bacterium *B. wadsworthia* was therefore investigated, with a working hypothesis of inhibition of *B. wadsworthia*'s H₂S production in co-culture with *E. faecalis* or *E. faecium*. Furthermore, we assessed the impact of a mixed bacterial enrichment of *E. faecium* (QI0436) and *B. thetaiotaomicron* (QI0072) (Ef-Bt) on the growth and H₂S production of *B. wadsworthia* and identified differentially abundant metabolites between culture conditions using untargeted metabolomics. We also used an *in silico* genome mining approach to investigate the probiotic potential of three *E. faecium* strains derived from the human gut and dairy.

3.2 Objectives

The purpose of the work presented in this chapter is to investigate the impact of *Enterococcus faecalis* and *Enterococcus faecium* on *B. wadsworthia*'s growth and H₂S production using pair-wise anaerobic bacterial co-culture assays. This was based upon previous research demonstrating that enterococci can inhibit H₂S production by some sulfide-producing bacteria. It was therefore hypothesised that enterococcal strains would show an inhibitory effect on *B. wadsworthia*'s growth. Additionally, given that *B. thetaiotaomicron* showed a sulfidogenic effect in co-culture with *B. wadsworthia* (Chapter 3), the impact of a mixed bacterial enrichment containing both *B. thetaiotaomicron* and *E. faecium* was investigated

with respect to *B. wadsworthia*'s growth and H₂S production. We also identified differentially abundant metabolites in the cell-free supernatant of the cultures using untargeted metabolomics. Finally, we used an *in silico* genome mining approach to screen two gut-derived *E. faecium* strains (FI 09347 and QI0436) and one dairy-derived *E. faecium* strain (FI 09198) for potential use as anti-*B. wadsworthia* probiotics.

3.3 Materials and Methods

B. wadsworthia, *E. faecium*, *E. faecalis* and *B. thetaiotaomicron* strains were cultured using enrichment media and conditions outlined in section 2.3.2. Co-culture experiments and preparation of bacterial cell-free supernatants were performed as described in section 2.3.3.

3.3.1 Sample preparation for metabolomic analysis

5 mL of cultures were taken at 6 h post-inoculation and cells were immediately pelleted at 4,000 x g for 10 min. 300 μ L of cell-free supernatant was snap frozen on dry ice and transported to Creative Proteomics, USA. Prior to analysis, supernatants were thawed and 100 μ L supernatant was added to 300 μ L methanol for metabolite extraction. Samples were vortexed for 60 s, sonicated for 30 min at 4°C and stored at -20°C for 1 h. Samples were pelleted at 12,000 x g for 15 min at 4°C. Finally, 200 μ L of supernatant and 5 μ L of DL-o-Chlorophenylalanine (0.2 mg/mL) was transferred to a vial for LC-MS analysis (Creative Proteomics, New York, USA).

3.3.2 LC-MS

All LC-MS analysis was performed by Creative Proteomics, New York, USA. QC samples were prepared by pooling all the samples in triplicate. All samples were injected in triplicate. Separation was performed by ACQUITY UPLC (Waters) combined with Q Exactive MS (Thermo) and screened with ESI-MS. The LC system was comprised of ACQUITY UPLC HSS T3 (100 \times 2.1 mm \times 1.8 μ m) with ACQUITY UPLC (Waters). The mobile phase was composed of solvent A (0.05% formic acid in water) and solvent B (acetonitrile) with a gradient elution (0-1 min, 5% B; 1-12.5 min, 5%-95% B; 12.5-13.5 min, 95% B; 13.5-13.6 min, 95%-5% B; 13.6-16 min, 5% B). The flow rate of the mobile phase was 0.3 mL/min. The column temperature was maintained at 40°C, and the sample manager temperature set at 4°C. Mass spectrometry parameters in ESI+ and ESI- mode were as follows: ESI+: Heater Temp 300°C; Sheath Gas Flow rate, 45 arb; Aux Gas Flow Rate, 15 arb; Sweep Gas Flow Rate, 1 arb; spray voltage, 3.0 KV; Capillary Temp, 350°C; S-Lens RF Level, 30%. ESI-: Heater Temp 300°C, Sheath Gas Flow rate, 45 arb; Aux Gas Flow Rate, 15 arb; Sweep Gas Flow Rate, 1 arb; spray voltage, 3.2 KV; Capillary Temp, 350°C; S-Lens RF Level, 60%.

Metabolites were identified using Compound Discoverer 3.0 (ThermoFisher Scientific, USA) and Progenesis Q1 v 2.1 (Waters) was used for manual screening of the identified compounds in order to minimise false positive identification results. Data was normalised using Total Ion Count (TIC) method where the peak area of each metabolite divided by the SUM of all metabolites area and then multiplied by one million.

3.3.3 Data analysis of metabolome of cell-free supernatant

The metabolite abundance analysed by Creative Proteomics was further analysed as follows: To remove compounds with high analytical variability, compounds with $RSD_{QC} > 20\%$ were discarded [283]. The relative concentrations in the original samples were back-calculated based on 1:4 dilution with methanol during sample preparation. In positive ion mode, 73% of the identified metabolites remained after quality control (357 left from 489). The metabolomic data was auto-scaled and analysed using Metaboanalyst 5.0 [284], where data was normalised using the reference group of sterile growth media (negative control). Metaboanalyst was then used to obtain the PLS-DA for the global profile changes and Variable Importance in Projection (VIP) compounds that contribute highly to inter-condition differences, and the heatmaps showing feature clustering and inter-condition differences in relative abundance of compounds. The top fifty differentially abundant metabolites were determined using pair-wise t tests between Bw + Ef-Bt and Ef-Bt cultures, $p \leq 0.05$. To investigate the presence of genes related to metabolic pathways for producing or consuming metabolites of interest in the conditions, the Kyoto Encyclopaedia of Genes and Genomes (KEGG) database [285] was used for *B. thetaiotaomicron* VPI-5482 and *E. faecium* DO, and Pathway Tools [286] was used for *B. wadsworthia* QI0013.

3.3.4 Screening enterococci genomes for putative bacteriocin biosynthetic gene clusters

Genome assemblies of FI 09198 (3 contigs, N50 2623541, 2.79 Mb, 99.63% completeness, 0.71% contamination), FI 09347 (151 contigs, N50 56613, 2.9 Mb, 100% completeness, 0.23% contamination) and QI0436 (4 contigs, N50 2548291, 2.85 Mb, 98.28% completeness, 0.98% contamination) were obtained as described in section 2.3.9. The genomes were screened for putative bacteriocin biosynthetic clusters using BAGEL4 [287] and antiSMASH 7 [288] to identify regions of interest (ROIs). The ROIs were manually curated by checking for the

presence of post-translational modification (PTM) enzymes, transport proteins and immunity proteins within the predicted biosynthetic gene cluster [289, 290].

Additionally, the amino acid sequence of the predicted proteins encoding bacteriocins, immunity proteins and transport proteins were checked using NCBI blast protein-protein comparison (blastp) [291] and InterProScan [292] to confirm predicted protein function [289].

3.3.5 Screening enterococci genomes for virulence and antimicrobial resistance genes

FI 09198, FI 09347 and QI0436 were annotated using BV-BRC [293] which integrates functional gene classes and subsystems as well as virulence gene identification using VFDB [294] and Victors [295]. Antimicrobial resistance genes were identified using the Comprehensive Antibiotic Resistance Database (CARD) [296]. The genomes of FI 09347 and QI0436 were manually curated searching for genes relating to amino acid metabolism, vitamin metabolism, protein metabolism, and stress tolerance including acid/bile resistance.

3.4 Results

3.4.1 Do gut- and dairy-derived enterococci affect *B. wadsworthia*'s growth and H₂S production?

Given that enterococci have been previously reported to inhibit H₂S production by sulfide-producing bacteria associated with meat spoilage [261], we investigated the impact of enterococci on H₂S production by *B. wadsworthia*. An initial screening experiment was performed with eight strains of *E. faecium* and 2 strains of *E. faecalis* derived from the human gut or dairy products sourced from the QIB culture collection (Table 1) in co-culture with *B. wadsworthia*. All co-cultures containing enterococci strains showed significantly decreased H₂S concentration at 8 h post-inoculation compared to *B. wadsworthia* in mono-culture, demonstrating a clear inhibitory effect upon *B. wadsworthia* by *E. faecium* and *E. faecalis* strains (Figure 11).

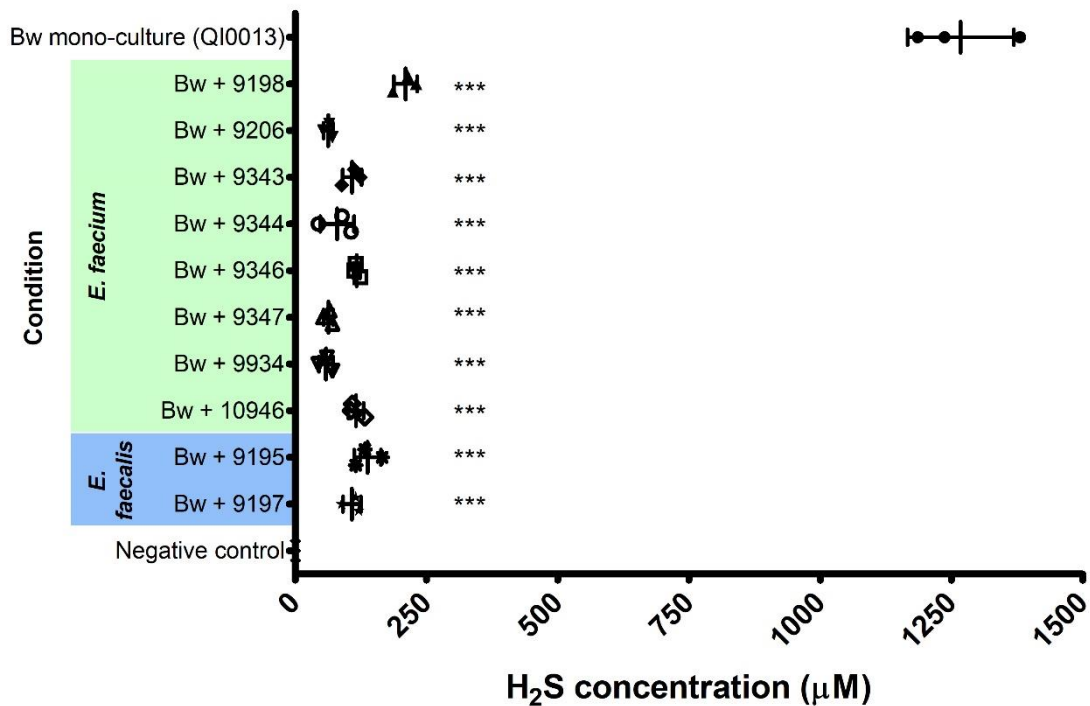


Figure 11: H₂S concentration in pairwise co-cultures of *B. wadsworthia* (Bw) QI0013 with different *E. faecium* and *E. faecalis* strains. H₂S concentrations (μM) at 8 h post-inoculation. Negative control was uninoculated bacterial growth media. Each point represents a technical culture replicate (n=3). Horizontal lines represent average, and error bars represent SD. Statistical significance between culture conditions was established using one-way analysis of variance (ANOVA) with Tukey's multiple comparison tests with a significance level set at $\alpha = 0.05$. Results show * = $p \leq 0.05$, ** = $p \leq 0.01$, *** = $p \leq 0.001$, **** = $p \leq 0.0001$, ns = not significant ($p > 0.05$).

Next, we selected two *E. faecium* strains derived from either dairy (FI 09198) or the human gut (FI 09347) to perform co-cultures with *B. wadsworthia* assessing the resulting impact on H₂S concentration and bacterial abundance. Both *E. faecium* strains significantly reduced H₂S concentration at 8 h in co-culture with *B. wadsworthia* compared to *B. wadsworthia* mono-culture (Figure 12A). *B. wadsworthia* abundance was significantly reduced in co-cultures with *E. faecium*, with approximately one order of magnitude reductions in cell counts observed compared to mono-culture (Figure 12B). *E. faecium* abundance was largely unaffected by the presence of *B. wadsworthia*, as abundance did not differ between mono- and co-cultures (Figure 12C). The H₂S concentration per 10⁶ *B. wadsworthia* cells was significantly increased in the co-cultures compared to *B. wadsworthia* mono-culture (Figure 12D), but the overall phenotypic effect of *E. faecium* was significant inhibition of H₂S concentration driven by decreased *B. wadsworthia* abundance, likely via direct inhibition of *B. wadsworthia*'s growth.

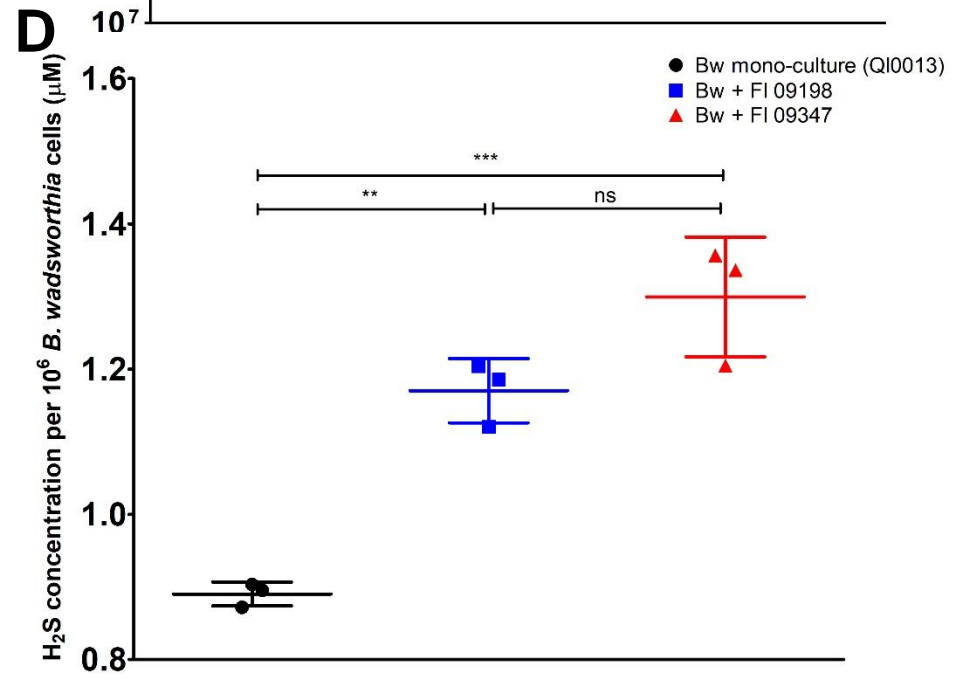
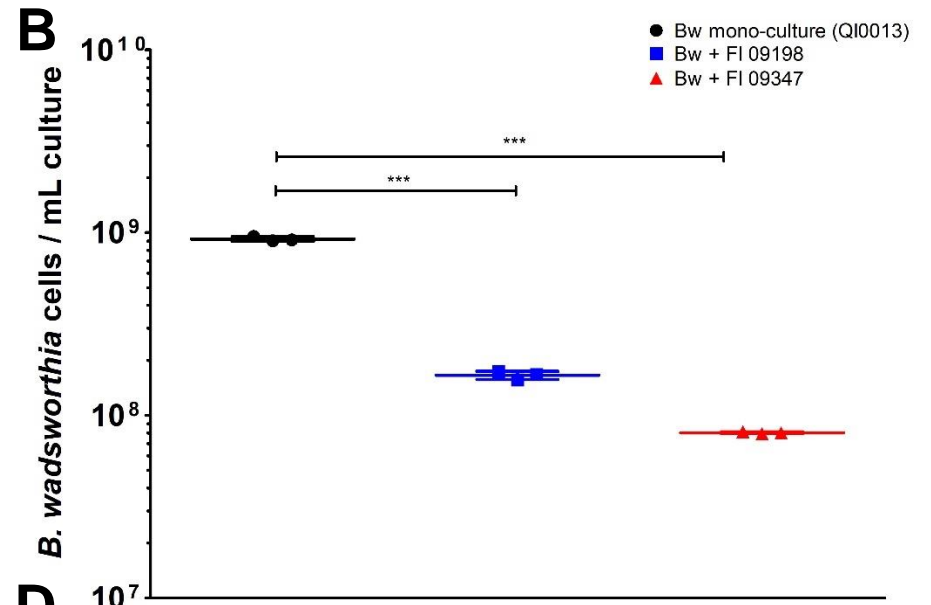
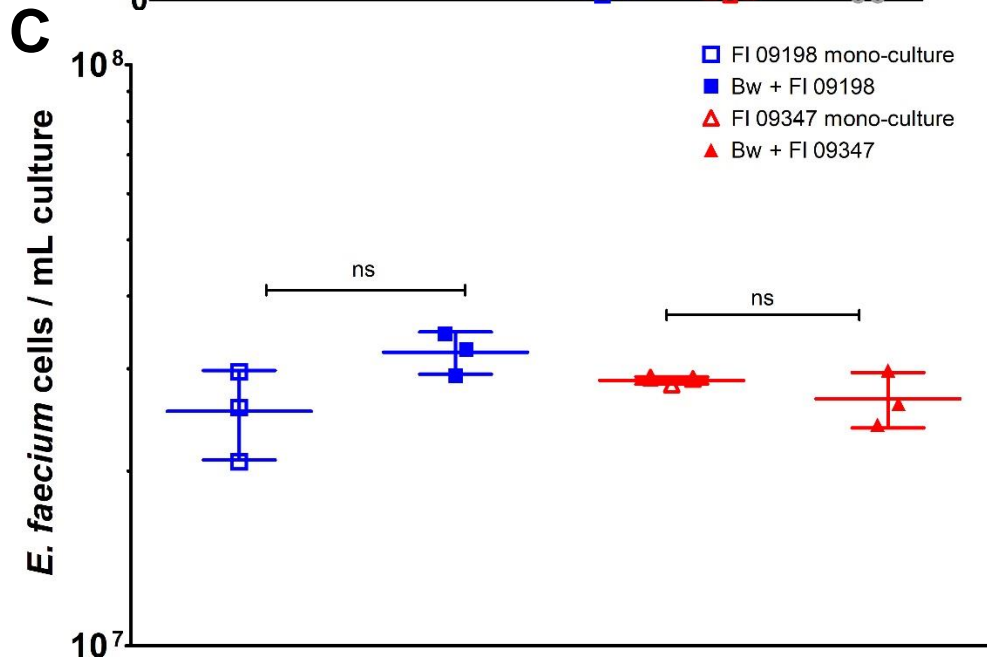
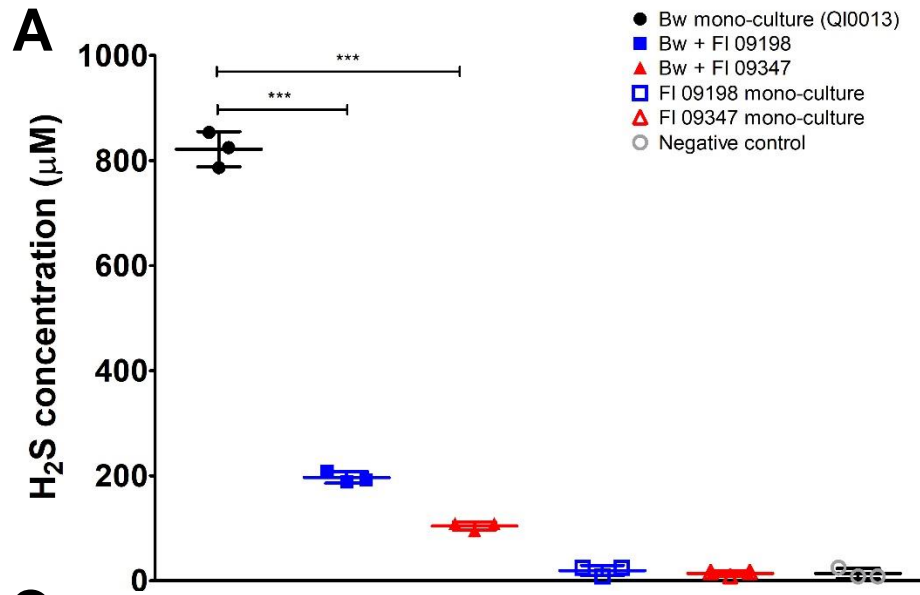


Figure 12: Pairwise co-culture of *B. wadsworthia* (Bw) QI0013 with dairy-derived (FI 09198) and gut-derived (FI 09347) *E. faecium* strains.

A) H₂S concentrations (μM) at 8 h. B) qPCR-determined *B. wadsworthia* cell counts at 8 h. C) qPCR-determined *E. faecium* cell counts at 8 h. D) H₂S concentration (μM) per 10⁶ *B. wadsworthia* cells. Each point represents a technical culture replicate (n=3). Horizontal lines represent average, and error bars represent SD. Statistical significance between culture conditions was established using one-way analysis of variance (ANOVA) with Tukey's multiple comparison tests with a significance level set at $\alpha = 0.05$. Results show * = $p \leq 0.05$, ** = $p \leq 0.01$, *** = $p \leq 0.001$, **** = $p \leq 0.0001$, ns = not significant ($p > 0.05$).

3.4.2 Impact of a mixed culture of *B. thetaiotaomicron* and *E. faecium* on *B. wadsworthia*

The combined influence of *E. faecium* and *B. thetaiotaomicron* on *B. wadsworthia*'s growth and H₂S production was investigated by co-culturing *B. wadsworthia* with a mixed bacterial enrichment containing both *E. faecium* (QI0436) and *B. thetaiotaomicron* (QI0072) (Ef-Bt). Given that significant inhibition of H₂S is observed in *B. wadsworthia* co-cultured with *E. faecium* by 8 h (Figures 12, 13) and the growth dynamics of a mixed enrichment were unknown, time-point sampling was performed at 0, 2, 4, 6, 8 and 26 h post-inoculation to understand the temporal growth dynamics of all strains present. This revealed that *B. wadsworthia* abundance and H₂S production were similar in mono-culture and co-culture with Ef and Bt until 4 h, after which *B. wadsworthia*'s growth was significantly inhibited with concomitant reduction in H₂S (Figure 13A, 13B). By 8 h, H₂S concentration in the co-culture was minimal (Figure 13A). The abundance of both *B. thetaiotaomicron* and *E. faecium* was higher in co-culture with *B. wadsworthia* compared to the absence of this species (Figure 13C, 13D), suggesting that both strains benefitted from *B. wadsworthia*. The initial 4 h delay in the inhibition of *B. wadsworthia*'s growth suggests that the production of inhibitory compounds by *E. faecium* may depend upon cell density and/or growth phase (Figure 13C). An important component of *E. faecium*'s inhibitory effect is related to lactic acid production; the pH of the co-culture decreased to 4.5 by 6 h, suggesting that the inhibition of *B. wadsworthia*'s growth is pH dependent (Figure 13D,

supplementary data section 7.1.1). Potent inhibition of *B. wadsworthia*'s growth and H₂S production was also observed when cultured with cell-free supernatant from the Ef-Bt enrichment culture (Figure 14A, 14B). This is likely to be at least partially mediated by reduction in pH via lactic acid production by *E. faecium*, as the supernatant-containing culture reached pH 5 at 8 h post-inoculation compared to pH 7 in the *B. wadsworthia* mono-culture (Figure 14C). The reduction in pH is likely to result in inhibition of *B. wadsworthia*'s growth, particularly at lower pH range of 4-4.5; however, in the case of co-culture with Bt strain 2 where pH decreased to 5.4, *B. wadsworthia*'s abundance was similar to in mono-culture (Figure 3) where the pH was 6.6 (supplementary data section 7.1.1). The inhibitory effect of *E. faecium* upon *B. wadsworthia*'s growth and H₂S production is likely to be mediated predominantly by lactic acid production, although production of antimicrobial compounds may also play a contributing role.

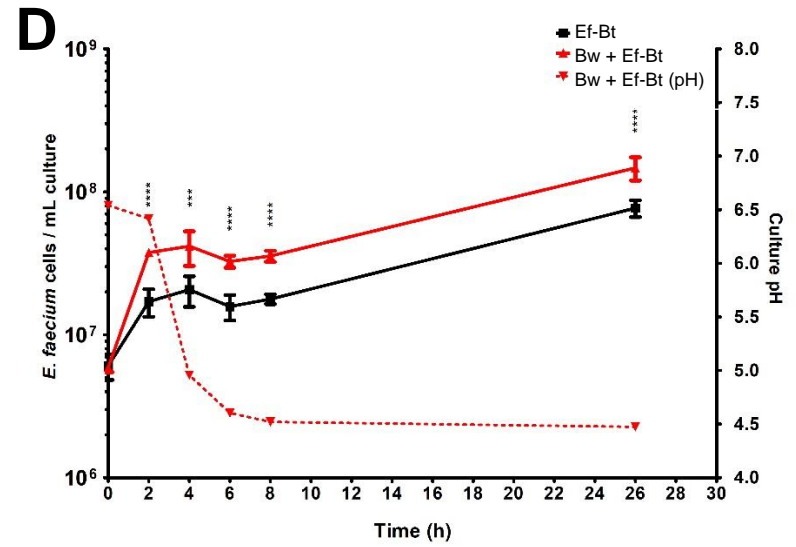
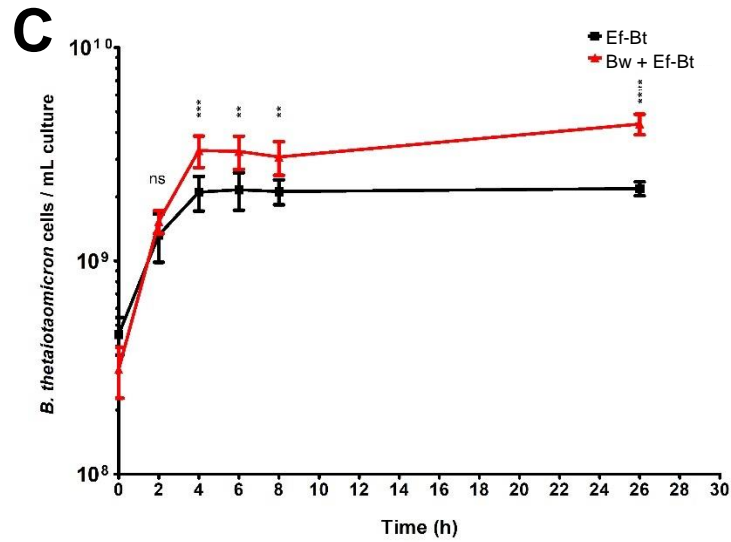
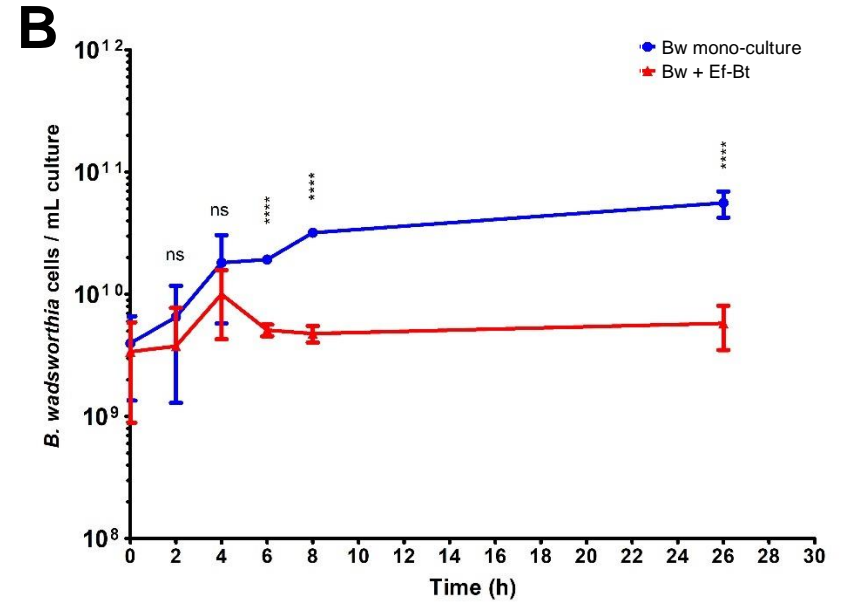
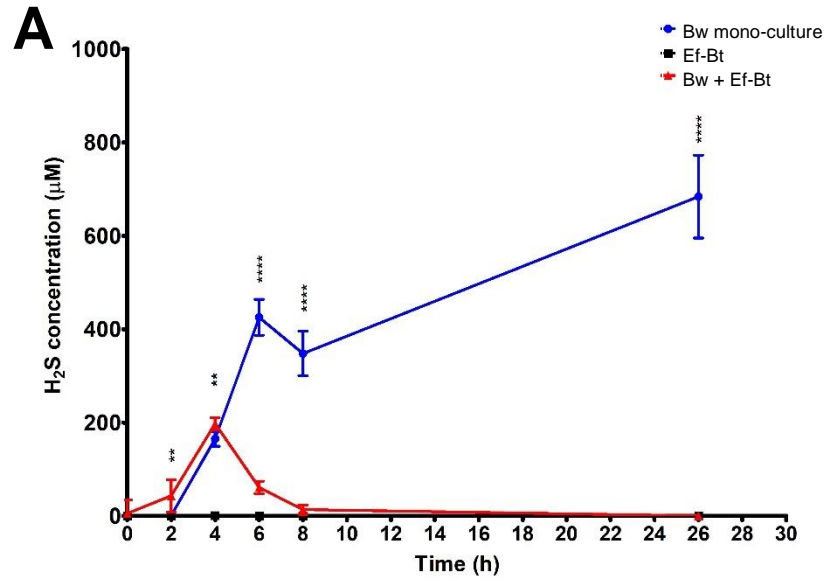


Figure 13: Co-culture of *B. wadsworthia* (QI0013) (Bw) with a mixed enrichment of *E. faecium* (QI0436) and *B. thetaiotaomicron* (QI0072) (Ef-Bt). A) H₂S concentrations (μM). B) qPCR-determined *B. wadsworthia* cell counts. C) qPCR-determined *B. thetaiotaomicron* cell counts. D) qPCR-determined *E. faecium* cell counts with culture pH. Each point shows average of technical culture replicates (n=7). Error bars represent SD. Results of unpaired t tests are shown where ** = $p \leq 0.01$, *** = $p \leq 0.001$, **** = $p \leq 0.0001$, ns = not significant ($p > 0.05$).

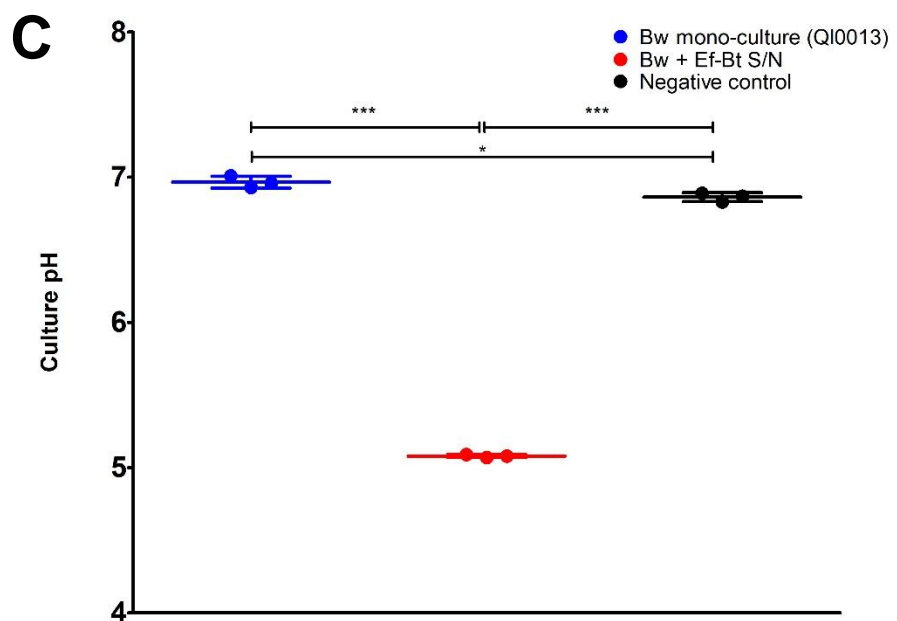
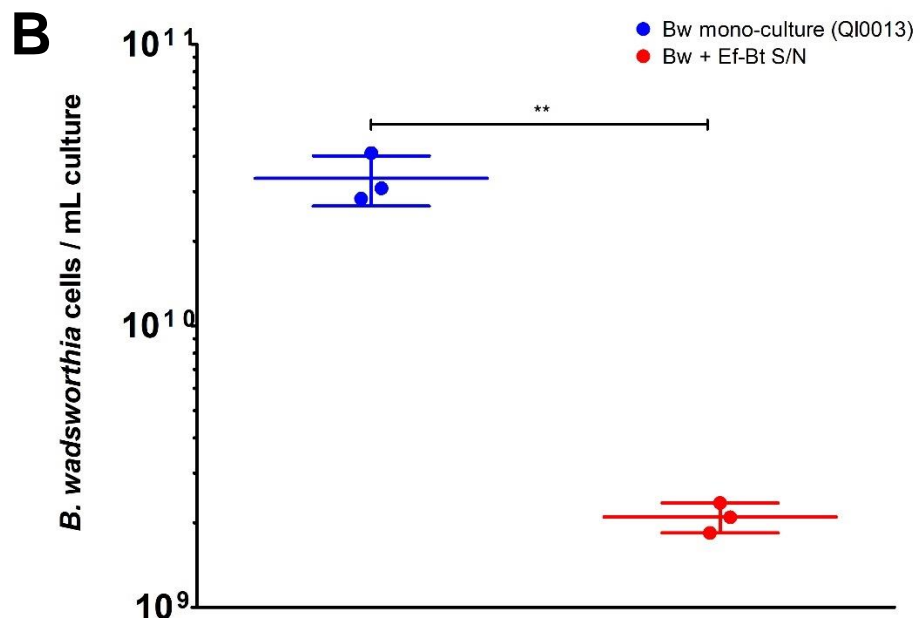
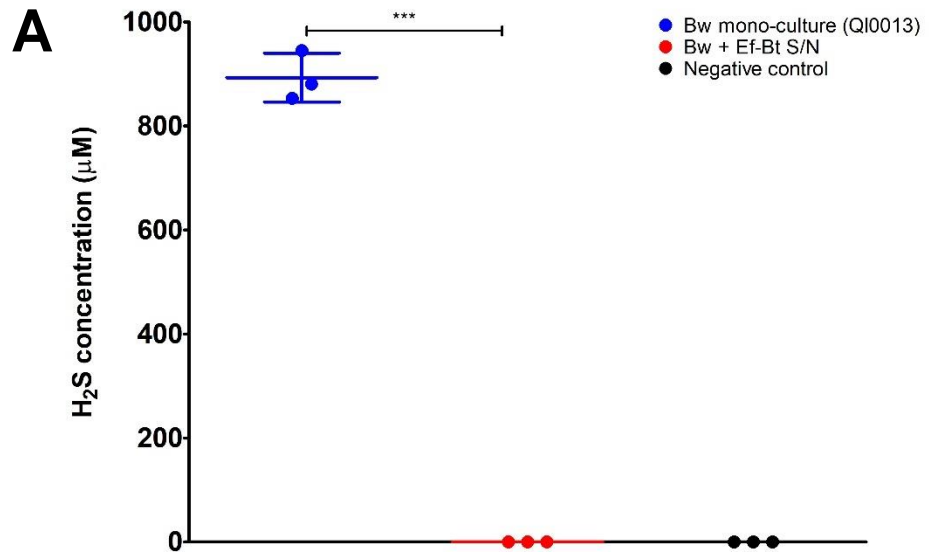


Figure 14: Culture of *B. wadsworthia* (Bw) QI0013 with Ef + Bt cell-free supernatant (S/N).

A) H₂S concentrations (μ M) at 8 h. B) qPCR-determined *B. wadsworthia* cell counts at 8 h. C) pH of cultures. Negative control was sterile growth media. Each point represents a technical culture replicate (n=3). Error bars represent SD. Statistical significance between culture conditions was established using one-way analysis of variance (ANOVA) with Tukey's multiple comparison tests with a significance level set at $\alpha = 0.05$. Results show * = $p \leq 0.05$, ** = $p \leq 0.01$, *** = $p \leq 0.001$, **** = $p \leq 0.0001$, ns = not significant ($p > 0.05$).

3.4.2.1 Metabolomic analysis of the *B. wadsworthia*, *E. faecium* and *B. thetaiotaomicron* cultures

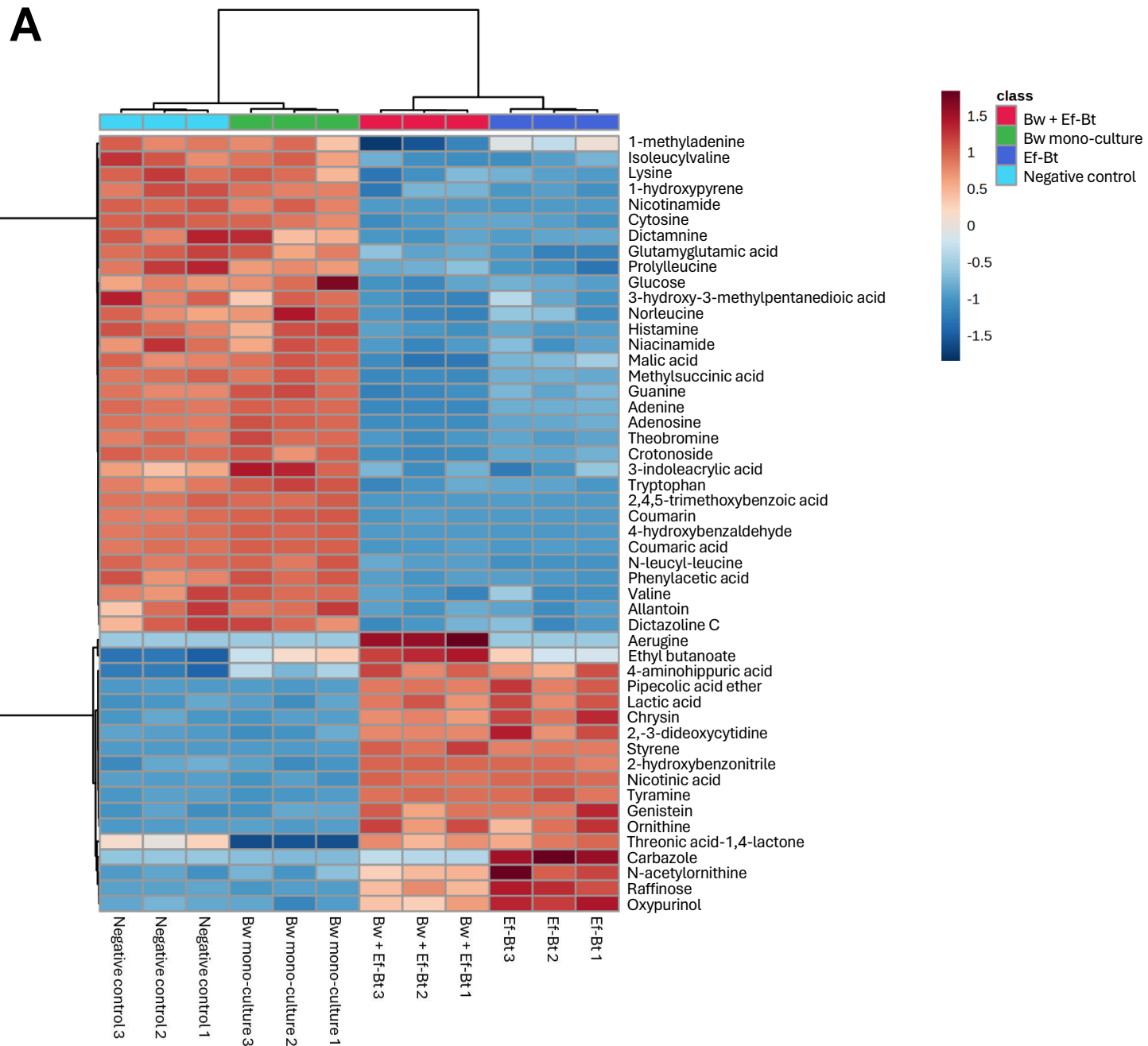
To further investigate the microbial interactions between *B. wadsworthia* and the mixed enrichment of *E. faecium* (QI0436) and *B. thetaiotaomicron* (QI0072) (Ef-Bt) that led to inhibition of *B. wadsworthia*'s growth and H₂S production (Figure 13, Figure 14), we compared the metabolomic profile of the cell-free supernatant from the cultures at 6 h post-inoculation using untargeted LC-MS. Using partial least squares-discriminant analysis (PLS-DA) to compare the overall metabolome of the cultures, the *B. wadsworthia* mono-culture and negative control of sterile growth media clustered distinctly from the other conditions, whereas the Ef-Bt culture and the Bw + Ef-Bt culture were more similar (Figure 15B).

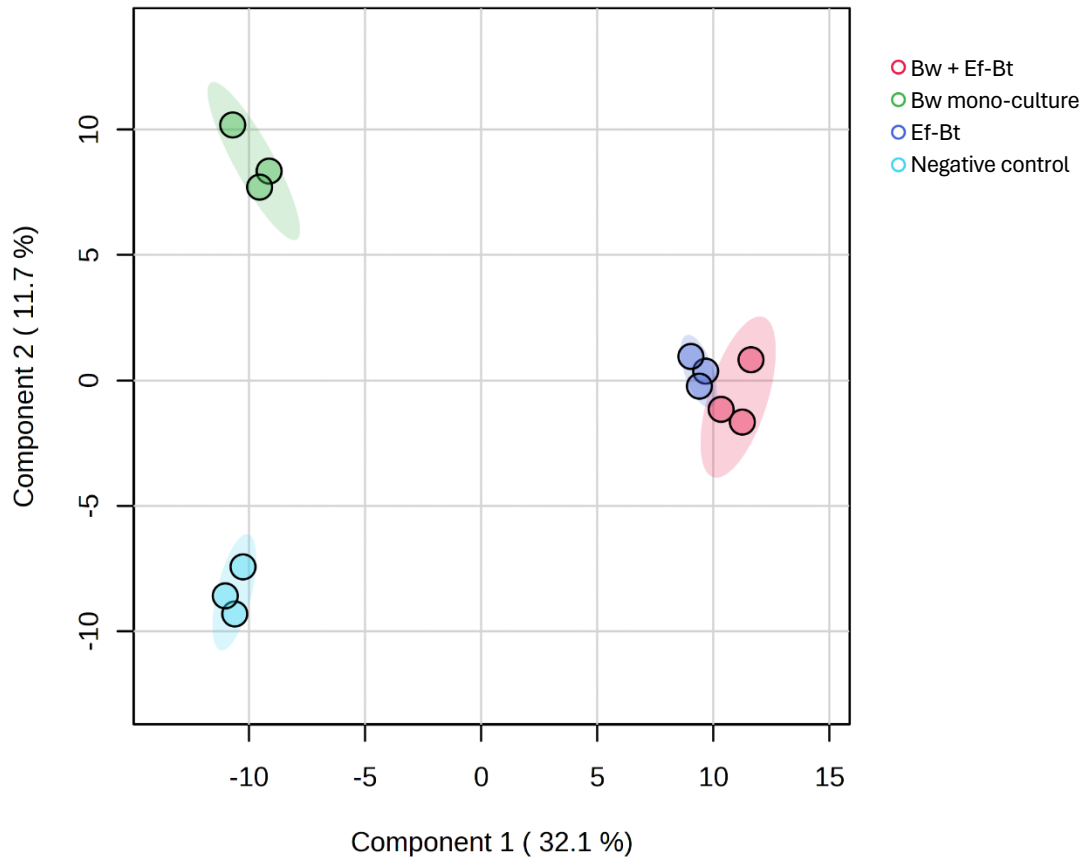
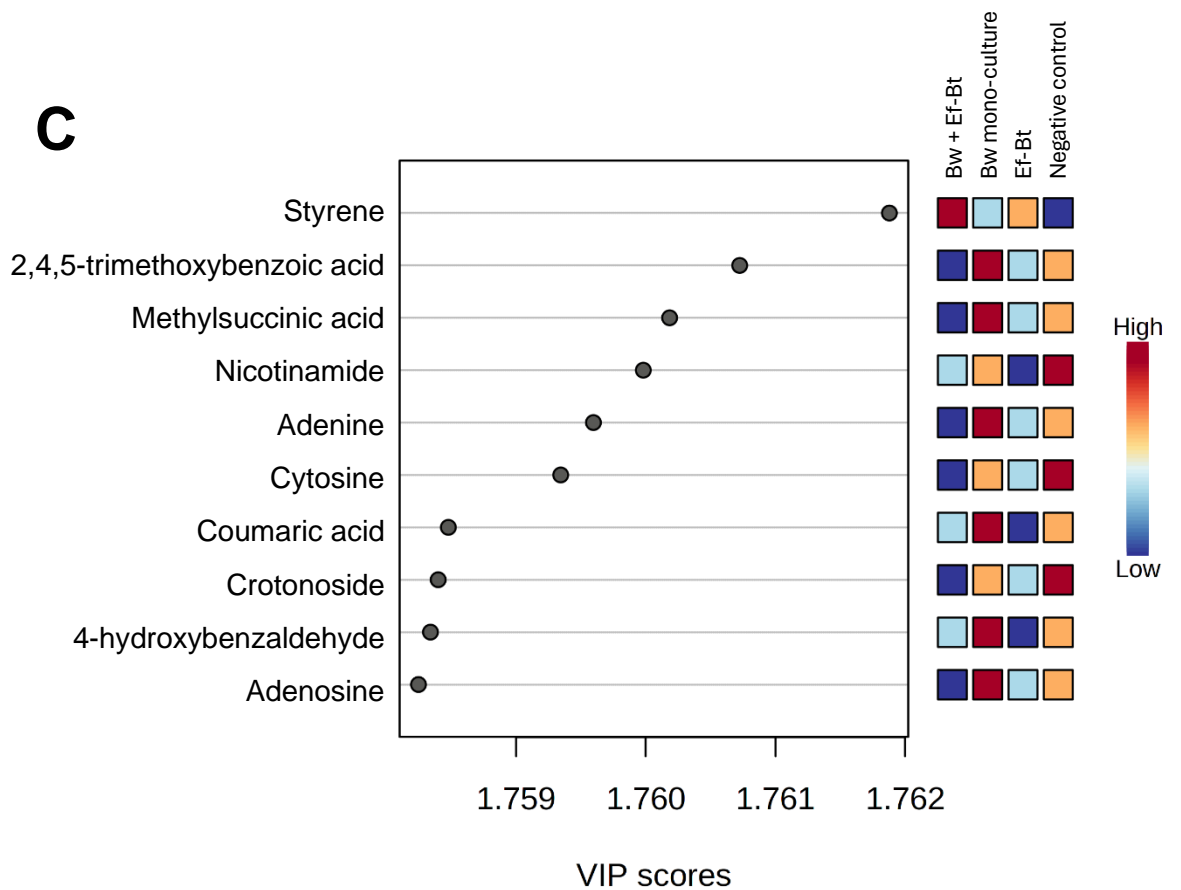
3.4.2.1.1 Decreased abundance of amino acids, vitamin B3 and tryptophan in *E. faecium* and *B. thetaiotaomicron* cultures compared to *B. wadsworthia* mono-culture

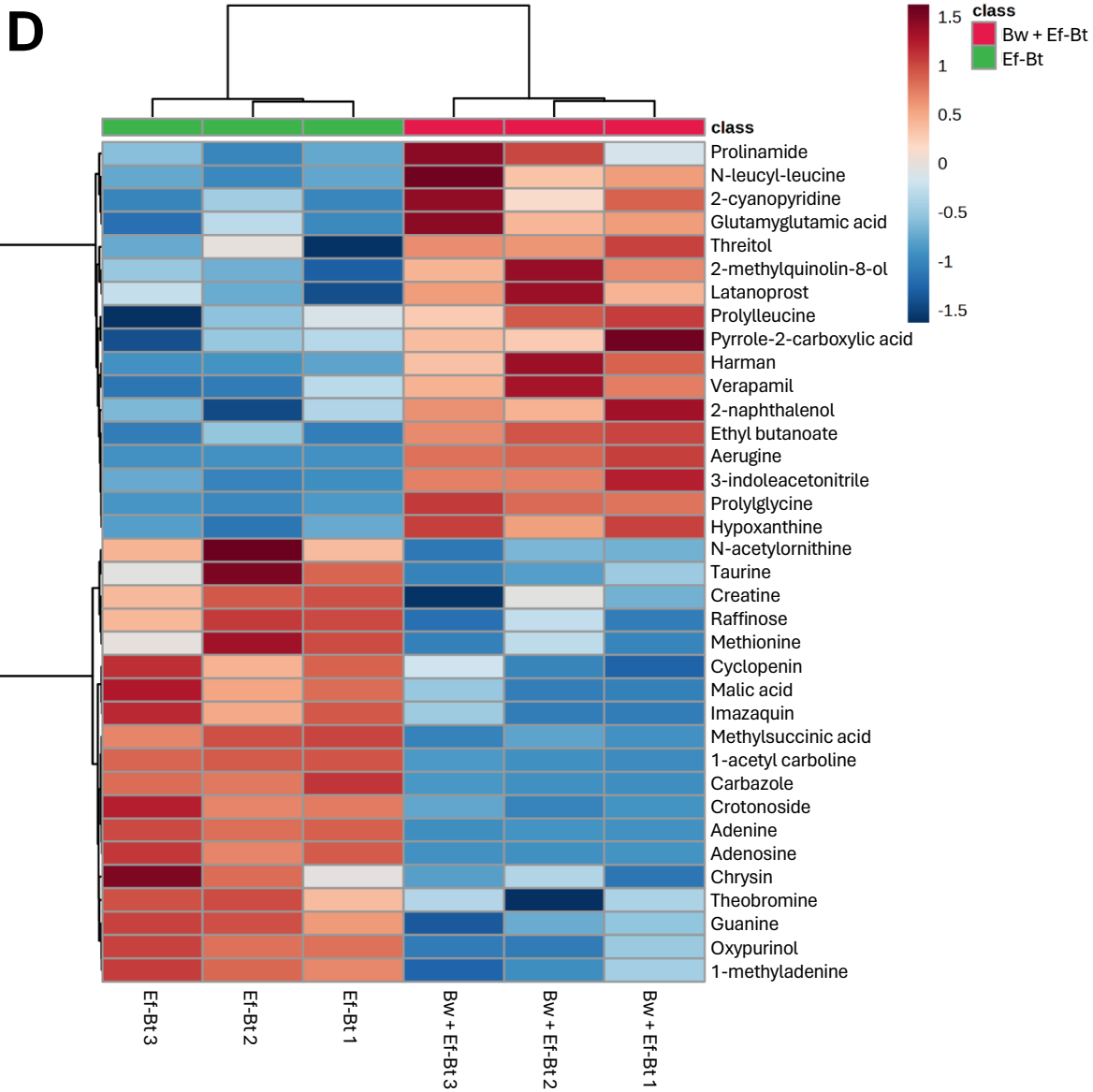
Of the top fifty differentially abundant metabolites, thirty-two were lower in abundance in the Ef-Bt and Bw + Ef-Bt cultures compared to the *B. wadsworthia* mono-culture and the negative control (Figure 15A). These metabolites included the dipeptides isoleucylvaline, glutamylglutamic acid, prolylleucine and leucyl-leucine, and amino acids lysine, norleucine and valine (Figure 15A). This is likely due to direct utilisation of these compounds by either *B. thetaiotaomicron* or *E. faecium*; indeed, leucine is required for the growth of *E. faecium* [297]. The abundance of nucleotide bases guanine, adenine and cytosine and the nucleoside adenosine were also decreased (Figure 15A). This is likely to reflect the increased total cell abundance and growth in these cultures relative to the *B. wadsworthia* mono-culture (Figure 13), leading to increased requirements for purine salvage for

DNA and RNA synthesis [298, 299]. Histamine was also lower in abundance in Ef-Bt culture conditions (Figure 15A). Microbial histamine production genes are widely present in the human gut across a broad taxonomic range including some *Bacteroides* spp. [300], but histamine utilisation by gut bacteria has not been extensively described. Pathogenic *Pseudomonas aeruginosa* can utilise host-derived histamine to induce virulence factor expression during infection [301], but none of the strains used here contain known genes related to histamine uptake, or histidine decarboxylase for histamine production. Allantoin, a nitrogenous compound derived from a purine [302] was decreased in abundance in Ef-Bt culture conditions (Figure 15A, 15E); this is an end product of purine catabolism [303], and decreased abundance may reflect the shift towards increased purine utilisation and anabolism during active cell growth. The ability of *E. faecium* and *B. thetaiotaomicron* to use allantoin is unclear, although *E. faecalis* was shown to be incapable of allantoin utilisation [304]. Interestingly, *B. wadsworthia* encodes an allantoinase able to degrade allantoin to allantate during purine metabolism; this has been described in *E. coli* to permit the use of allantoin as a nitrogen source [305].

Different forms of vitamin B3 (vitamers) were differentially abundant in the cultures; niacinamide and nicotinamide were lower in abundance in Ef-Bt cultures compared to *B. wadsworthia* mono-culture, whereas nicotinic acid was found in higher abundance in Ef-Bt cultures (Figure 15A, 15E). Furthermore, nicotinamide was one of the top 10 compounds contributing to differences between conditions (Figure 15C). Both *B. thetaiotaomicron* and *E. faecium* have genes encoding nicotinate phosphoribosyltransferase (EC 6.3.4.21) which utilises vitamin B3 for NAD⁺ biosynthesis, so it is likely that vitamers of vitamin B3 were utilised in the cultures by *B. thetaiotaomicron* and *E. faecium*. Tryptophan and the tryptophan derivative 3-indoleacrylic acid were also decreased in abundance in the Ef-Bt cultures compared to *B. wadsworthia* mono-culture and negative control (Figure 15A). Given that *B. thetaiotaomicron* uses tryptophan during indole production [306], it is possible that *E. faecium* may compete for tryptophan resulting in decreased bioavailability to *B. thetaiotaomicron* for indole production. Alternatively, *B. thetaiotaomicron* may produce less indole when in culture with *E. faecium*.



B**C**



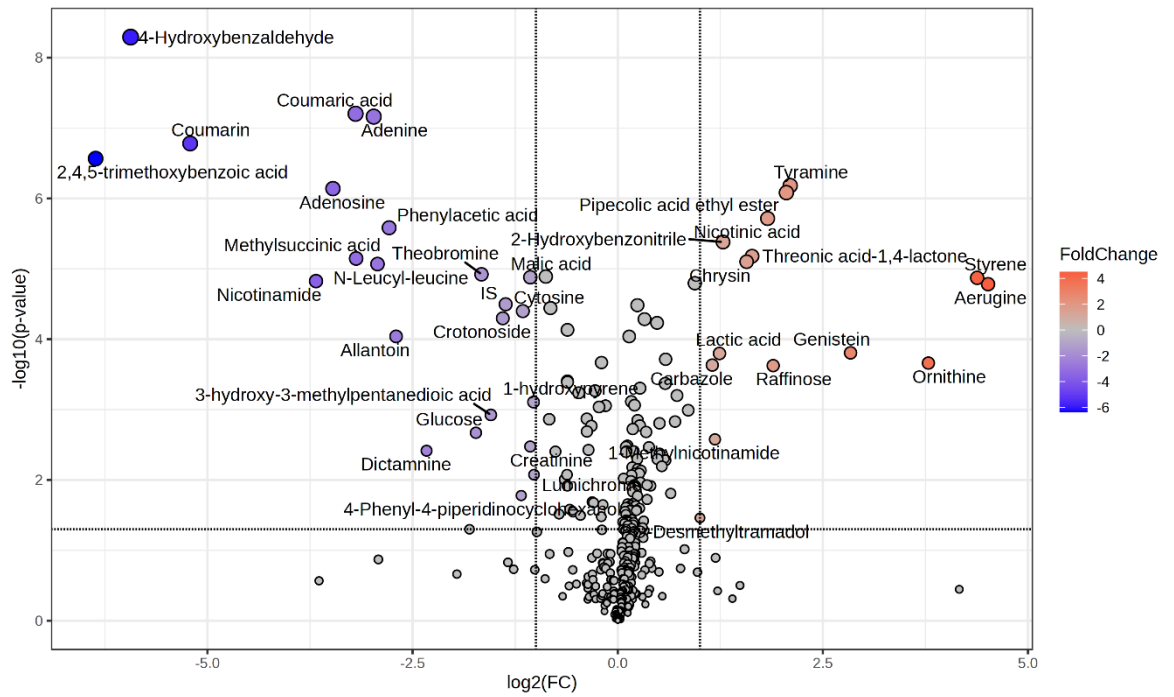
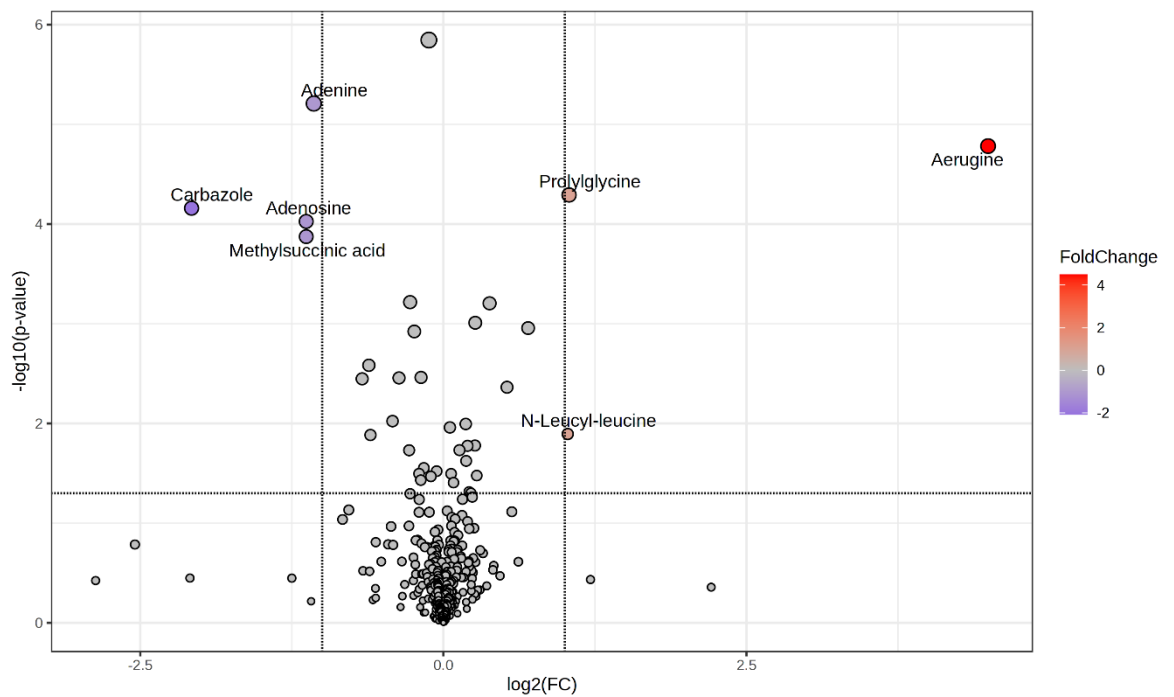
E**Bw + Ef-Bt vs. Bw mono-culture****F****Bw + Ef-Bt vs. Ef-Bt**

Figure 15: Comparison of the cell-free supernatant metabolome of *B. wadsworthia* mono-culture, Ef-Bt enrichment culture, and Ef-Bt enrichment with *B. wadsworthia* co-culture at 6 h post-inoculation.

A) Heatmap displaying relative abundance of the top 50 differentially abundant metabolites in the culture conditions. The normalised relative abundance is shown in a gradient from blue (low) to red (high). B) PLS-DA plot of metabolites acquired from samples via untargeted LCMS in positive ion mode. C) The top 10 compounds ranked based on the Variable Importance in Projection (VIP) scores. The coloured boxes indicate the relative concentrations of the corresponding metabolite in each group. D) Significantly differentially abundant metabolites between Ef-Bt culture and Ef-Bt culture with *B. wadsworthia*. Significance was determined via t test, where $p \leq 0.05$ was statistically significant. E) Volcano plot displaying pairwise comparison of Bw + Ef-Bt culture with Bw mono-culture, where red displays metabolites higher in abundance in Bw + Ef-Bt culture compared to Bw mono-culture and blue indicates metabolites lower in abundance. Significance was determined via t test, where $p \leq 0.05$ with a 2-fold change in abundance between conditions. F) Volcano plot displaying pairwise comparison of Bw + Ef-Bt culture with Ef-Bt culture, where red displays metabolites higher in abundance in Bw + Ef-Bt culture compared to Ef-Bt culture and blue indicates metabolites lower in abundance. Significance was determined via t test, where $p \leq 0.05$ with a 2-fold change in abundance between conditions.

3.4.2.1.2 Increased abundance of flavonoids, ornithine, and tyramine in Ef-Bt-containing cultures compared to *B. wadsworthia* mono-culture

Of the top fifty differentially abundant metabolites, sixteen were in higher abundance in the *E. faecium* and *B. thetaiotaomicron*-containing culture conditions compared to *B. wadsworthia* mono-culture and negative control (Figure 15A), including 4-aminohippuric acid, pipercolic acid ethyl ester and lactic acid. 4-aminohippuric acid, a metabolite involved in phenylalanine metabolism was found to be positively associated with dietary fibre consumption and negatively associated with metabolic disease risk in the human gut metabolome [307]. Additionally, 4-aminohippuric acid abundance increased in the gut metabolome of cows fed with inulin compared to controls, although no increases of *Bacteroides* or *Enterococcus* were identified [308]; the ability of these strains to produce 4-aminohippuric acid has not been previously reported. Pipercolic acid is a non-proteinogenic amino acid which has been shown to be produced by *E. faecalis* *in vitro* [309], and has been positively associated with *B. thetaiotaomicron* based on metabolomic study of *in vitro* human faecal fermentation models [310]; the mechanism by which *E. faecium* and/or *B. thetaiotaomicron* produce this compound is unclear. Increased abundance of lactic acid in the Ef-Bt cultures is unsurprising given that lactic acid production by *E. faecium* is well-established [235]. Increased abundance of flavonoid compounds chrysin and genistein were observed in the Ef-Bt cultures (Figure 15A); chrysin is a natural flavone found in plants and has been shown to ameliorate intestinal inflammation in mice [311] and genistein is an isoflavone found in soya beans which can be degraded by *Bacteroides* spp. [312]. Flavonoids are products of secondary plant metabolism and are not microbially synthesised under natural conditions [313]; it may be the case that such flavonoid compounds are present in the bacterial growth media, although no clear plant sources are present within the BPM media used. Metabolites involved in arginine biosynthesis were differentially abundant between the culture conditions; ornithine and N-acetylornithine were increased in abundance in Ef-Bt cultures compared to *B. wadsworthia* mono-culture and negative control, where N-acetylornithine was slightly lower in abundance in the Bw + Ef-Bt culture compared to Ef-Bt culture (Figure 15A).

Tyramine was also increased in abundance in Ef-Bt cultures (Figure 15A, 15E); this could be *E. faecium*-derived, given that tyramine production by *E. faecium* and *E. faecalis* has been previously reported [314]. Raffinose, a trisaccharide found in

plants was increased in abundance in the Ef-Bt cultures (Figure 15A, 15E). Raffinose is indigestible by humans and reaches the colon where it is fermented by α -galactosidase-possessing bacteria [315]. Interestingly, both *E. faecium* and *B. thetaiotaomicron* possess α -galactosidases for raffinose utilisation, but *B. thetaiotaomicron* also has a raffinose synthase (IPR008811) for raffinose production; the increased abundance of raffinose in Ef-Bt cultures may therefore reflect biosynthesis by *B. thetaiotaomicron*. Oxypurinol was increased in abundance in Ef-Bt cultures (Figure 15A); this compound was positively correlated with Firmicutes in the caecum of pigs [316] and is increased in the gut of obese adolescents compared to those of normal weight [317].

3.4.2.1.3 Compounds including styrene, 2,4,5-trimethoxybenzoic acid and methylsuccinic acid contributed highly to differences between the metabolome of the cultures

The Variable Importance of Projection (VIP) values were determined using the PLS-DA model to further identify key differential metabolites between culture conditions (Figure 15C). The highest scoring compound was styrene, which was in relatively low abundance in the negative control and *B. wadsworthia* mono-culture, and higher in conditions containing the Ef-Bt cultures (Figure 15A, 15C, 15E). Anaerobic and aerobic pathways of microbial polystyrene degradation have been identified [318], and the impact of microplastics upon the gut microbiota is an active area of research [319]; it may be possible that *E. faecium* or *B. thetaiotaomicron* are able to produce styrene, but the pathways are not identified or previously reported in literature. A further highly scoring compound was 2,4,5-trimethoxybenzoic acid, which was found in highest abundance in *B. wadsworthia* mono-culture, less abundant in negative control, and the lowest relative abundance in Ef-Bt cultures (Figure 15A), which could suggest utilisation of this compound by *E. faecium* and/or *B. thetaiotaomicron*. A positive association between serum levels of a closely related compound 3,4,5-trimethoxybenzoic acid and colorectal cancer was recently reported [320]. Methylsuccinic acid contributed highly to differences between conditions (Figure 15C), being present in high abundance in the *B. wadsworthia* mono-culture and the negative control compared to Ef-Bt containing cultures (Figure 15A), implying that *E. faecium* and/or *B. thetaiotaomicron* utilised this compound in the culture supernatant. In the literature, methylsuccinic acid was shown to increase in the gut metabolome of rats fed with a probiotic *Bacillus* strain, where supplementation ameliorated gut

dysbiosis [321]. Coumaric acid and 4-Hydroxybenzaldehyde were also highly-scoring VIP compounds, where abundance was relatively high in *B. wadsworthia* mono-culture and negative control and lower abundance in Ef-Bt cultures (Figure 15A, 15C, 15E), suggesting that they may have been utilised by *E. faecium* and/or *B. thetaiotaomicron* in these culture conditions.

3.4.2.1.4 Impact of *B. wadsworthia* presence on the metabolome of Ef-Bt cultures

To investigate the specific effect of *B. wadsworthia*'s presence on the metabolome, we performed pair-wise comparisons between the Bw + Ef-Bt and Ef-Bt cultures. 36 metabolites were identified as significantly differentially abundant between the Bw + Ef-Bt and Ef-Bt cultures (p -value ≤ 0.05 , t test) (Figure 15D). 17 metabolites were significantly increased in abundance in the culture supernatant when *B. wadsworthia* was present (Figure 15D, Figure 15F), including dipeptides (N-leucyl-leucine, glutamylglutamic acid, prolylglycine) and 2-cyanopyridine, a compound with a similar structure to a vitamin B3 precursor [322]. An increased abundance of 2-methylquinolin-8-ol was observed when *B. wadsworthia* was present (Figure 15D); this quinolinol compound has been described to have antifungal and antibacterial activity against *Staphylococcus aureus* [323]. Hypoxanthine abundance was increased when *B. wadsworthia* was present (Figure 15D); *B. wadsworthia* contains genes encoding inosine-uridine preferring nucleoside hydrolase, which converts inosine or uridine to hypoxanthine during purine salvage [324] and adenine deaminase which converts adenine to hypoxanthine [325]. Increased abundance of hypoxanthine and decreased abundance of adenine in Bw + Ef-Bt culture compared to Ef-Bt culture (Figure 15A, 15D, 15F) could reflect activity of the adenine deaminase of *B. wadsworthia* under these culture conditions. Two compounds, aerugine and ethyl butanoate, were in higher abundance only in Bw + Ef-Bt culture and were in relatively low abundance in all other conditions (Figure 15A, 15D, 15E, 15F). It was recently hypothesised that microbiota-derived aerugine may play a role in the pathogenesis of idiopathic Parkinson's disease based on toxicity of this compound towards human dopaminergic neurons, and the presence of biosynthetic pathways for aerugine in the human gut microbiota in *Pseudomonas* spp., *E. coli*, *Yersinia* spp., and *Salmonella* spp. [326]. Ethyl butanoate, also known as ethyl butyrate is an ester often used in food flavourings [327] and is produced by a range of lactic acid bacteria including *Lactococcus* and *Lactiplantibacillus* spp. [328]; production by *E. faecium* during cheese fermentation was low [329].

Nineteen metabolites were significantly decreased in abundance in the culture supernatant of Bw + Ef-Bt culture compared to Ef-Bt culture, including N-acetylmethionine, raffinose, methylsuccinic acid, adenine, adenosine, chrysin, guanine and oxypurinol (Figure 15D, Figure 15F). Taurine was decreased in abundance when *B. wadsworthia* was present in the co-cultures (Figure 15D); this likely reflects utilisation by *B. wadsworthia* to produce H₂S before growth inhibition at 4 h (Figure 14A). Abundance of creatine was decreased when *B. wadsworthia* was present (Figure 15D); creatine abundance is increased in the gut metabolome of those consuming a high-meat diet, and the breakdown product creatinine is positively associated with *Bilophila* and *Enterococcus* genera in the human gut [330]. This implies that *B. wadsworthia* could degrade creatine to creatinine; indeed, creatinine abundance was higher in *B. wadsworthia* mono-culture compared to Ef-Bt cultures (Figure S1). Microbial creatininase and creatinine deaminase activity has been reported in the human colon [331, 332], although the genomes of the strains used here do not contain genes for known microbial pathways of creatinine utilisation.

Abundance of methionine was also significantly decreased in the presence of *B. wadsworthia* in the co-cultures (Figure 15D). Both *B. wadsworthia* and *B. thetaiotaomicron* are capable of methionine production via 5-methyltetrahydrofolate-homocysteine methyltransferase, which converts homocysteine to methionine. Here, lower abundance of methionine in the Bw + Ef-Bt culture may reflect increased methionine utilisation; all three strains encode a S-Adenosylmethionine synthetase (EC 2.5.1.6) which converts methionine and ATP to S-adenosylmethionine (SAM), a key compound involved in a myriad of cellular processes including DNA/RNA modification and repair [333]. Decreased methionine abundance may reflect increased utilisation by *E. faecium* and/or *B. thetaiotaomicron* in the presence of *B. wadsworthia*.

Malic acid abundance was decreased in the presence of *B. wadsworthia* (Figure 15D); this compound is in the TCA cycle [334] so lower abundance likely reflects the increased number of bacterial cells present compared to the other culture conditions. Abundance of cyclophenin, a fungal-derived benzodiazepine molecule [335] and imazaquin, an imidazolinone molecule were also decreased when *B. wadsworthia* was present in the co-cultures (Figure 15D). A tryptophan metabolite

1-acetyl carboline [336] was decreased in the presence of *B. wadsworthia* (Figure 15D); biosynthesis of this antibiotic molecule was reported in a Gram-positive marine bacterium, but not in the gut microbiota [337]. Theobromine, an alkaloid found in cocoa was significantly decreased in abundance in Bw + Ef-Bt cultures compared to Ef-Bt cultures (Figure 15D); this compound was shown to have antimicrobial activity against *E. faecalis* [338], and oral administration of theobromine-containing cocoa in rats was found to decrease abundance of *Bacteroides* spp. [339]. Given that theobromine was in higher abundance in the negative control (sterile growth media) and the *B. wadsworthia* mono-culture compared to the Ef-Bt condition cultures (Figure 15A), this may suggest possible utilisation of this compound. The abundance of 1-methyladenine was significantly decreased when *B. wadsworthia* was present in the Ef-Bt cultures (Figure 15D); this was in relatively high abundance in the negative control, and the lowest relative abundance in the Bw + Ef-Bt culture (Figure S1). 1-methyladenine can be used by *E. coli* as a substrate for iron(II)- and 2-oxoglutarate (2OG)-dependent dioxygenase AlkB during DNA repair [340]; it may be the case that *B. thetaiotaomicron*, *E. faecium* and/or *B. wadsworthia* also utilise this compound. In the gut metabolome of COVID-19 patients, 1-methyladenine was found to be enriched compared to healthy controls [341, 342]; this raises the possibility that COVID-19 infection affects bacterial groups that degrade 1-methyladenine, such as *B. wadsworthia*.

3.4.3 The anti-*B. wadsworthia* potential of *E. faecium*

3.4.3.1 Bacteriocin production potential

Given that three *E. faecium* strains (FI 09198, FI 09347, QI0436) showed an ability to inhibit *B. wadsworthia*'s growth, we explored their probiotic potential using *in silico* genome screening. Firstly, we investigated the bacteriocin production potential of the strains by screening the genomes for biosynthetic gene clusters (BGCs) using BAGEL4 and antiSMASH. In the dairy-derived FI 09198 strain, we identified two and five regions of interest (ROIs) using BAGEL4 and antiSMASH respectively. However, none of the putative biosynthetic gene clusters contained accessory genes for bacteriocin transport, modification, immunity, or regulation, suggesting that these were unlikely to be active biosynthetic gene clusters (Table 3). The screening of gut-derived FI 09347 *E. faecium* strain revealed three and four regions of interest using BAGEL4 and antiSMASH respectively; the only ROI in common was on contig 46 (Table 3). Two other regions on contigs 32 and 56 identified using BAGEL4 were orphan enzymes, where no accessory genes were found within the cluster (Table 3). The cluster on contig 46 contained a biosynthetic gene encoding a class IIa bacteriocin with 98.46% similarity to enterocin A (EntA) as determined using NCBI BLAST, in addition to an EntI immunity protein gene, two genes encoding regulatory proteins EntE and Exu, and four genes encoding transporters including FeoB fusion protein, FeoB, GbuB and OpuAA (Table 3), which could suggest the presence of an active biosynthetic gene cluster. The gut-derived QI0436 *E. faecium* strain was predicted to contain five ROIs by both BAGEL4 and antiSMASH. A region on contig 2 contained a gene encoding a protein with 97.75% similarity to bacteriocin 32, however manual curation showed an absence of accessory genes in the cluster (Table 3). The four other putative BGCs included accessory genes; one BGC on contig 1 encoded a class IIb bacteriocin from the lactobin A/cerein 7B family, whereas three BGCs encoding class II bacteriocins of the leucocin A/sakacin P family were present in contig 1 and at two locations in contig 4 (Table 3). Although BAGEL4 identified this putative gene as encoding enterocin B, a class IIc bacteriocin [343], NCBI BLAST protein comparison found 100% similarity to a class IIb bacteriocin in the lactobin A/cerein 7B family (Table 3).

Table 3: Potential biosynthetic gene clusters (BGCs) for bacteriocins identified in *E. faecium* strains FI 09198, FI 09347 and QI0436 using BAGEL4 software. Identified BGCs were manually curated by checking for the presence of accessory genes to evaluate the likelihood of the presence of an active BGC.

Strain	Contig	Start	End	Bacteriocin class (BAGEL4)	NCBI BLAST protein-protein comparison (blastp) of bacteriocin gene product	Presence of accessory genes (PTM, transport, immunity, regulation) in BGC	Likely to be a fully active BGC?
FI 09198	2	8900	29443	63.3;Enterolysin_A	Glucosaminidase domain-containing protein [<i>Enterococcus faecium</i>] 99.75%	No	No
	2	27338	47482	95.2;Enterocin_SE-K4. Enterocin P	Leucocin A/sakacin P family class II bacteriocin [<i>Enterococcus</i>] 98.51%	No	No
FI 09347	32	18962	31386	63.3;Enterolysin_A	Glucosaminidase domain-containing protein [<i>Enterococcus faecium</i>] 100%	No	No
	56	2618	13083	95.2;Enterocin_SE-K4	Leucocin A/sakacin P family class II bacteriocin [<i>Enterococcus</i>] 98.51%	No	No
	46	6380	17231	81.2;Enterocin_A	Class IIa bacteriocin EntA [<i>Enterococcus faecium</i>] 98.46%	1 immunity gene (immunity protein EntI) 2 regulatory genes (EntF family bacteriocin induction factor, Exu regulon transcriptional regulator) 4 transport genes	Putative

						(Fe(2+) transport protein A/Fe(2+) transporter FeoB fusion protein, Fe(2+) transporter FeoB, Glycine betaine/carnitine transport permease protein GbuB, Glycine betaine transport ATP-binding protein OpuAA)	
QI0436	1	987759	1010582	82.2;Enterocin_B	Class IIb bacteriocin, lactobin A/cerein 7B family [<i>Enterococcus faecium</i>] 100%	<p>1 transport gene (LanT, lactococcin-G processing and transport ATP-binding protein lagD)</p> <p>1 bacteriocin signal sequence gene (IPR010133, Bacteriocin-type signal sequence)</p>	Putative
	1	1953893	1974034	22.2;Bacteriocin_T8	Leucocin A/sakacin P family class II bacteriocin [<i>Enterococcus</i>] 100%	<p>1 immunity gene (IPR015046 Lactococcin-A immunity protein-like)</p> <p>1 transport gene (IPR030679, ABC-type amino acid transport system, ATPase component, HisP-type)</p> <p>1 modification gene (rSAM family heme chaperone HemW)</p>	Putative
	2	9011	24798	14.2;Bac32	Bacteriocin 32 [<i>Enterococcus faecium</i>] 97.75%	No	No
	4	255752	270352	95.2;Enterocin_SE-K4	Leucocin A/sakacin P family class II bacteriocin [<i>Enterococcus</i>] 98.51%	<p>1 immunity gene (IPR015046 Lactococcin-A immunity protein-like)</p> <p>1 transport gene (LanT, lactococcin-G processing and transport ATP-binding protein lagD)</p>	Putative

	4	58160	78319	91.2;Enterocin_P	Leucocin A/sakacin P family class II bacteriocin [<i>Enterococcus faecium</i>] 100%	<p>2 immunity genes (daunorubicin resistance protein DrrC, bacteriocin immunity protein)</p> <p>2 transport genes (uvrABC system protein A, ABC transporter)</p>	Putative
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3.4.3.2 Presence of virulence and antibiotic resistance genes

To further establish the probiotic potential of the three *E. faecium* strains, the presence of genes associated with virulence and antibiotic resistance was investigated via BV-BRC genome annotation against the VFDB and Victors databases [293]. Virulence genes identified in all three *E. faecium* strains included *purB*, *clpP*, *bopD*, *map*, *perR*, *thyA* and *lepA* (Table 4). These were recently reported as being present in a probiotic *Enterococcus durans* strain; the authors noted that although these genes are associated with virulence, they enhance bacterial fitness and survival as opposed to inflicting harm upon the host [344]. The gut-derived strains QI0436 and FI 09347 contained virulence genes not found in the dairy-derived FI 09198 strain, including *fss3* and *ebpC* genes encoding cell wall surface anchor family proteins and *SP_1193* encoding the LacA subunit of galactose-6-phosphate isomerase (Table 4). The two gut-derived *E. faecium* strains also harboured virulence genes not found in the other strains. QI0436-specific genes included *scm* encoding surface protein anchor regions [345], whereas FI 09347-specific genes included *acm* encoding a collagen adhesin precursor [345], *sgrA* encoding a cell wall anchored protein [345], three *esp* genes encoding enterococcal surface protein and *sitA* encoding a manganese ABC transporter (Table 4).

Antibiotic resistance genes were identified in the *E. faecium* strains via BV-BRC genome annotation using the Comprehensive Antibiotic Resistance Database (CARD) [293, 296]. Twelve genes associated with antibiotic resistance were identified in all three *E. faecium* strains (Table 5). These included *aac(6')-II*, which encodes an enzyme conferring aminoglycoside resistance [346], a gene encoding translation elongation factor Tu which confers resistance to GE2270A, a thiazolyl peptide family antibiotic [347], and *clsA* which is associated with daptomycin resistance in *E. faecium* [348] (Table 5). Furthermore, *liaS* and *liaR* genes were identified in all three strains which encode LiaRS, a two-component regulatory system that induces expression of the *liaIHGFSR* operon in response to cell stress induced by vancomycin or bacitracin [349], although *liaIHGFSR* genes were not identified in the genomes (Table 5). All three strains contained *dfrE* and *dfrF* genes which encode dihydrofolate reductases with modifications to confer resistance to diaminopyrimidine antibiotics such as trimethoprim [350]. All three strains contained *lsa(A)* which encodes an ABC-F family ribosomal protection protein which confers resistance to antibiotics with ribosomal targets including clindamycin

and lincomycin [351]. Genes related to multidrug efflux pumps were also found in all three *E. faecium* strains including *msrC* [352], *adeC* [353] *efrB* [354] and *efmA* [355] (Table 5). The gut-derived FI 09347 *E. faecium* strain also contained the VanA gene cluster for vancomycin resistance, including *vanRA*, *vanSA*, *vanHA*, *vanA*, *vanXA*, *vanYA* and *vanZA* [356] which was not present in either FI 09198 or QI0436 (Table 5). FI 09347 also harboured *ermB*, a gene conferring erythromycin resistance [357] which was not present in the other *E. faecium* strains (Table 5).

Table 4: Virulence genes in the genomes of *E. faecium* strains FI 09347, FI 09198 and QI0436 annotated by both VFDB and Victors database.

Source	Source ID	Source Organism	Gene	Product	FI 09347	FI 09198	QI0436
VFDB	VFG042978	<i>Enterococcus faecalis</i> V583	<i>ebpC</i>	Cell wall surface anchor family protein	No	No	Yes
VFDB	VFG043519	<i>Enterococcus faecium</i> DO	<i>scm</i>	Surface protein from Gram-positive cocci, anchor region	No	No	Yes
VFDB	VFG043518	<i>Enterococcus faecium</i> str. TX2555	<i>acm</i>	Collagen adhesin precursor Acm	Yes	No	No
VFDB	VFG043510	<i>Enterococcus faecalis</i> V583	<i>fss3</i>	Cell wall surface anchor family protein	Yes	No	No
Victors	15901058	<i>Streptococcus pneumoniae</i> TIGR4	<i>SP_1193</i>	Galactose-6-phosphate isomerase, LacA subunit (EC 5.3.1.26)	Yes	No	Yes
VFDB	VFG043511	<i>Enterococcus faecium</i> DO	<i>sgrA</i>	Cell wall anchored protein SgrA	Yes	No	No
Victors	15903537	<i>Streptococcus pneumoniae</i> R6	<i>psaA</i>	Manganese ABC transporter, periplasmic-binding protein SitA	Yes	No	No
Victors	111380585	<i>Enterococcus faecalis</i>	<i>esp</i>	Enterococcal surface protein	Yes	No	No
VFDB	VFG043518	<i>Enterococcus faecium</i> str. TX2555	<i>acm</i>	Collagen binding protein Cna	No	Yes	Yes
Victors	116516623	<i>Streptococcus pneumoniae</i> D39	<i>purB</i>	Adenylosuccinate lyase (EC 4.3.2.2) @ SAICAR lyase (EC 4.3.2.2)	Yes	Yes	Yes
Victors	16804506	<i>Listeria monocytogenes</i> EGD-e	<i>clpP</i>	ATP-dependent Clp protease proteolytic subunit ClpP (EC 3.4.21.92)	Yes	Yes	Yes
VFDB	VFG002197	<i>Enterococcus faecalis</i> V583	<i>bopD</i>	Maltose operon transcriptional repressor MalR, LacI family	Yes	Yes	Yes
Victors	29376708	<i>Enterococcus faecalis</i> V583	<i>map</i>	Methionine aminopeptidase (EC 3.4.11.18)	Yes	Yes	Yes
Victors	67043736	<i>Enterococcus faecalis</i>	<i>perR</i>	Peroxide stress regulator PerR, FUR family	Yes	Yes	Yes
Victors	29376139	<i>Enterococcus faecalis</i> V583	<i>thyA</i>	Thymidylate synthase (EC 2.1.1.45)	Yes	Yes	Yes

Victors	76788416	<i>Streptococcus agalactiae</i> A909	<i>lepA</i>	Translation elongation factor LepA	Yes	Yes	Yes
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Table 5: Antibiotic resistance genes in the genomes of *E. faecium* strains FI 09347, FI 09198 and QI0436 annotated via CARD database.

Source ID	Source Organism	Gene	Product	FI 09347	FI 09198	QI0436
AAB63533.1	<i>Enterococcus faecium</i>	AAC(6')-li	Aminoglycoside N(6')-acetyltransferase (EC 2.3.1.82) => AAC(6')-Ia (and related AACs)	Yes	Yes	Yes
YP_006374661.1	<i>Enterococcus faecium</i> DO		Translation elongation factor Tu	Yes	Yes	Yes
ALL09868	<i>Enterococcus faecium</i>	clsA	Cardiolipin synthase, bacterial type ClsA	Yes	Yes	Yes
AFK58561.1	<i>Enterococcus faecium</i> DO	liaS	Cell envelope stress response system LiaFSR, sensor histidine kinase LiaS(VraS)	Yes	Yes	Yes
WP_002296175.1	<i>Enterococcus</i>	lsa(A)	ABC-F type ribosomal protection protein => Lsa(A)	Yes	Yes	Yes
AAK01167.1	<i>Enterococcus faecium</i>	msrC	ABC-F type ribosomal protection protein => Msr(C)	Yes	Yes	Yes
AAD01868.1	<i>Enterococcus faecalis</i>	dfrF	Dihydrofolate reductase (EC 1.5.1.3)	Yes	Yes	Yes
AAD01867.1	<i>Enterococcus faecalis</i>	dfrE	Thymidylate synthase (EC 2.1.1.45)	Yes	Yes	Yes
AFK60084.1	<i>Enterococcus faecium</i> DO	adeC	Adenine deaminase (EC 3.5.4.2)	Yes	Yes	Yes
CDO61516.1	<i>Enterococcus faecium</i>	efrB	Heterodimeric efflux ABC transporter, permease/ATP-binding subunit 2	Yes	Yes	Yes
BAG75524.1	<i>Enterococcus faecium</i>	efmA	Uncharacterized MFS-type transporter	Yes	Yes	Yes
AFK58562.1	<i>Enterococcus faecium</i> DO	liaR	Cell envelope stress response system LiaFSR, response regulator LiaR(VraR)	Yes	Yes	Yes

AAA65958.1	<i>Enterococcus faecium</i>	vanYA	D-Ala-D-Ala dipeptidase/carboxypeptidase (EC 3.4.16.4)(EC 3.4.13.22) => VanXY-unclassified	Yes	No	No
AAA65956.1	<i>Enterococcus faecium</i>	vanA	D-alanine--(R)-lactate ligase (EC 6.1.2.1) => VanA	Yes	No	No
AAA65957.1	<i>Enterococcus faecium</i>	vanXA	D-alanyl-D-alanine dipeptidase (EC 3.4.13.22) of vancomycin resistance => VanX	Yes	No	No
AAA65955.1	<i>Enterococcus faecium</i>	vanHA	D-lactate dehydrogenase VanH, associated with vancomycin resistance (EC 1.1.1.28)	Yes	No	No
AAA65959.1	<i>Enterococcus faecium</i>	vanZA	Teicoplanin resistance protein VanZ	Yes	No	No
AAA65954.1	<i>Enterococcus faecium</i>	vanSA	Vancomycin (or other glycopeptides) histidine kinase VanS => VanA/I/Pt-type	Yes	No	No
AAA65953.1	<i>Enterococcus faecium</i>	vanRA	Vancomycin (or other glycopeptides) response regulator VanR => unclassified	Yes	No	No
CAA58028.1	<i>Enterococcus sp.</i>	ermB	23S rRNA (adenine(2058)-N(6))-dimethyltransferase (EC 2.1.1.184) => Erm(B)	Yes	No	No

3.4.3.3 Presence of desirable genes in potential probiotic *E. faecium* strains FI 09198 and QI0436

We further screened the genomes of *E. faecium* strains FI 09198 and QI0436 for beneficial traits such as acid tolerance for survival in the gastrointestinal tract, and genes related to synthesis of vitamins and amino acids [358]. Potential probiotic strains must be able to survive the gastrointestinal transit, as an ability to tolerate and survive the low pH and bile salts of the stomach and small intestine is required to successfully reach the colon [358]. Both FI 09198 and QI0436 contained genes for acid tolerance; several genes encoding ATP synthase subunits were found (Table 6, Table 7), which allow bacteria to regulate intracellular pH by pumping protons out of the cell [359, 360]. Lactate dehydrogenase catalyses conversion of lactate to pyruvate which enhances the activity of ATP synthase [358]; the gene encoding this enzyme was also found in both strains (Table 6, Table 7). Both strains also encoded *arcD* genes for arginine/ornithine antiporter and Clp protease subunits (Table 6, Table 7) which facilitate bacterial survival at low pH [358, 361]. Furthermore, genes encoding the phosphotransferase system (PTS) were found in the FI 09198 strain which were shown to be required for acid shock survival in *Streptococcus mutans* [362]. Both strains also contained several genes encoding universal stress proteins (Table 6, Table 7) which are important for oxidative and acid stress resistance [363]. During gastrointestinal transit bacteria are subjected to bile salts, which are amphipathic, antimicrobial molecules able to disrupt biological membranes [364]. Potential probiotic bacteria must be able to tolerate exposure to bile salts in the small intestine [360]; both strains also contained genes related to bile resistance, including those encoding chaperone proteins DnaK, DnaJ, GroEL and GroES (Table 6, Table 7) [358, 365].

Using gene mining to investigate the metabolic potential of FI 09198 and QI0436, genes for utilisation of glucose, galactose and fructose were identified in both strains [358] in addition to glycerol metabolism genes which have been reported in probiotic strains [366] (Table 6, Table 7). The two strains also contained several peptidases and peptide transporters, which facilitate uptake and utilisation of different amino acids from the environment [358] (Table 6, Table 7). Furthermore, both strains encoded genes related to synthesis of biotin (vitamin B7) and folate (vitamin B9) (Table 6, Table 7). Genes with beneficial potential were also found in each strain separately. FI 09198 contained genes encoding Opu membrane transporters which confer osmotic stress resistance [367] (Table 6), whereas

QI0436 contained genes for lactate and lipid metabolism, as well as genes related to lysine biosynthesis (Table 7), an essential amino acid in humans.

Table 6: Genes associated with stress tolerance and potentially beneficial [358] metabolic functions in *E. faecium* FI 09198.

Genes were annotated via BV-BRC.

Functional category	Gene ID	Gene product
Acid tolerance	FI09198_452	V-type ATP synthase subunit I (EC 3.6.3.14)
	FI09198_453	V-type ATP synthase subunit K (EC 3.6.3.14)
	FI09198_454	V-type ATP synthase subunit E (EC 3.6.3.14)
	FI09198_455	V-type ATP synthase subunit C (EC 3.6.3.14)
	FI09198_456	V-type ATP synthase subunit F (EC 3.6.3.14)
	FI09198_457	V-type ATP synthase subunit A (EC 3.6.3.14)
	FI09198_458	V-type ATP synthase subunit B (EC 3.6.3.14)
	FI09198_459	V-type ATP synthase subunit D (EC 3.6.3.14)
	FI09198_491	ATP synthase F0 sector subunit a (EC 3.6.3.14)
	FI09198_492	ATP synthase F0 sector subunit c (EC 3.6.3.14)
	FI09198_493	ATP synthase F0 sector subunit b (EC 3.6.3.14)
	FI09198_494	ATP synthase delta chain (EC 3.6.3.14)
	FI09198_495	ATP synthase alpha chain (EC 3.6.3.14)
	FI09198_496	ATP synthase gamma chain (EC 3.6.3.14)
	FI09198_497	ATP synthase beta chain (EC 3.6.3.14)
	FI09198_498	ATP synthase epsilon chain (EC 3.6.3.14)
	FI09198_1392	Arginine/ornithine antiporter ArcD
	FI09198_265	Arginine/ornithine antiporter ArcD
	FI09198_362	Arginine/ornithine antiporter ArcD
	FI09198_1078	L-lactate dehydrogenase (EC 1.1.1.27)
	FI09198_2194	L-lactate dehydrogenase (EC 1.1.1.27)
	FI09198_1479	PTS system, ascorbate-specific IIB component (EC 2.7.1.194)
	FI09198_1480	PTS system, ascorbate-specific IIC component
FI09198_1481	PTS system, ascorbate-specific IIA component	
FI09198_836	ATP-dependent Clp protease ATP-binding subunit ClpX	
FI09198_1800	ATP-dependent Clp protease proteolytic subunit ClpP (EC 3.4.21.92)	

	FI09198_2339	ATP-dependent Clp protease, ATP-binding subunit ClpC
General stress resistance	FI09198_1206	Universal stress protein family
	FI09198_1429	Universal stress protein family
	FI09198_2092	Universal stress protein family
	FI09198_2634	Universal stress protein family
Bile tolerance	FI09198_806	Chaperone protein DnaK
	FI09198_807	Chaperone protein DnaJ
	FI09198_1993	Heat shock protein 60 kDa family chaperone GroEL
	FI09198_1994	Heat shock protein 10 kDa family chaperone GroES
Ribose metabolism	FI09198_2424	Ribose-5-phosphate isomerase A (EC 5.3.1.6)
Glucose/galactose metabolism	FI09198_779	Glucose 1-dehydrogenase (EC 1.1.1.47)
	FI09198_742	UDP-glucose 4-epimerase (EC 5.1.3.2)
	FI09198_1572	UDP-glucose 4-epimerase (EC 5.1.3.2)
	FI09198_1619	Glucose-6-phosphate 1-dehydrogenase (EC 1.1.1.49)
	FI09198_1592	Glucose-1-phosphate thymidyltransferase (EC 2.7.7.24)
	FI09198_1578	dTDP-glucose 4,6-dehydratase (EC 4.2.1.46)
	FI09198_1590	dTDP-glucose 4,6-dehydratase (EC 4.2.1.46)
	FI09198_203	Galactokinase (EC 2.7.1.6)
	FI09198_862	alpha-galactosidase (EC 3.2.1.22)
	FI09198_743	Galactose-1-phosphate uridylyltransferase (EC 2.7.7.10)
Fructose metabolism	FI09198_449	Fructose-1,6-bisphosphatase, Bacillus type (EC 3.1.3.11)
	FI09198_1792	Fructose-bisphosphate aldolase class II (EC 4.1.2.13)
Glycerol metabolism	FI09198_90	Glycerol uptake facilitator protein
	FI09198_2497	Glycerol uptake facilitator protein
	FI09198_535	Glycerol-3-phosphate dehydrogenase [NAD(P)+] (EC 1.1.1.94)
	FI09198_1870	Glycerol-3-phosphate dehydrogenase [NAD(P)+] (EC 1.1.1.94)
Opu transporters	FI09198_2571	Choline ABC transport system, permease protein OpuBB

	FI09198_1333	Glycine betaine ABC transport system, permease protein OpuAB / Glycine betaine ABC transport system, glycine betaine-binding protein OpuAC
	FI09198_2569	Choline ABC transport system, permease protein OpuBD
	FI09198_2570	Choline ABC transport system, choline-binding protein OpuBC
Peptide metabolism	FI09198_1649	Aminopeptidase YpdF (MP-, MA-, MS-, AP-, NP- specific)
	FI09198_1863	Isoaspartyl aminopeptidase (EC 3.4.19.5) @ Asp-X dipeptidase
	FI09198_1598	Methionine aminopeptidase (EC 3.4.11.18)
Biotin synthesis	FI09198_1527	Biotin carboxylase of acetyl-CoA carboxylase (EC 6.3.4.14)
	FI09198_1657	Long-chain-fatty-acid--CoA ligase (EC 6.2.1.3)
	FI09198_1660	Long-chain-fatty-acid--CoA ligase (EC 6.2.1.3)
	FI09198_1663	Long-chain-fatty-acid--CoA ligase (EC 6.2.1.3)
	FI09198_1666	Long-chain-fatty-acid--CoA ligase (EC 6.2.1.3)
	FI09198_1667	Long-chain-fatty-acid--CoA ligase (EC 6.2.1.3)
	FI09198_2318	Biotin operon repressor / Biotin--protein ligase (EC 6.3.4.9)(EC 6.3.4.10)(EC 6.3.4.11)(EC 6.3.4.15)
	FI09198_2505	Substrate-specific component BioY of biotin ECF transporter
Folate synthesis	FI09198_1119	Formate--tetrahydrofolate ligase (EC 6.3.4.3)
	FI09198_1356	Methylenetetrahydrofolate--tRNA-(uracil-5-)-methyltransferase TrmFO (EC 2.1.1.74)
	FI09198_1362	Substrate-specific component FoIT of folate ECF transporter
	FI09198_1370	Dihydrofolate reductase (EC 1.5.1.3)
	FI09198_1371	Thymidylate synthase (EC 2.1.1.45)
	FI09198_1646	Methenyltetrahydrofolate cyclohydrolase (EC 3.5.4.9) / Methylenetetrahydrofolate dehydrogenase (NADP+) (EC 1.5.1.5)
	FI09198_1810	Dihydrofolate synthase (EC 6.3.2.12) @ Folylpolyglutamate synthase (EC 6.3.2.17)
	FI09198_1810	Dihydrofolate synthase (EC 6.3.2.12) @ Folylpolyglutamate synthase (EC 6.3.2.17)

FI09198_1887	Substrate-specific component FoIT of folate ECF transporter
FI09198_1930	Serine hydroxymethyltransferase (EC 2.1.2.1)
FI09198_1935	Thymidine kinase (EC 2.7.1.21)
FI09198_2179	S-adenosylmethionine synthetase (EC 2.5.1.6)
FI09198_2184	Cell division-associated, ATP-dependent zinc metalloprotease FtsH
FI09198_2185	Hypoxanthine-guanine phosphoribosyltransferase (EC 2.4.2.8)
FI09198_2186	tRNA(Ile)-lysidine synthetase (EC 6.3.4.19)
FI09198_2187	tRNA(Ile)-lysidine synthetase (EC 6.3.4.19)
FI09198_2209	Methionyl-tRNA formyltransferase (EC 2.1.2.9)
FI09198_2458	ATPase component of general energizing module of ECF transporters
FI09198_2459	ATPase component of general energizing module of ECF transporters
FI09198_2460	Transmembrane component of general energizing module of ECF transporters
FI09198_648	Dihydrofolate reductase (EC 1.5.1.3)
FI09198_728	Dihydrofolate reductase (EC 1.5.1.3)
FI09198_734	5-formyltetrahydrofolate cyclo-ligase (EC 6.3.3.2)

Table 7: Genes associated with stress tolerance and potentially beneficial [358] metabolic functions in *E. faecium* QI0436. Genes were annotated via BV-BRC.

Functional category	Gene ID	Gene product
Acid tolerance	QI0436_2290	ATP synthase epsilon chain (EC 3.6.3.14)
	QI0436_2291	ATP synthase beta chain (EC 3.6.3.14)
	QI0436_2292	ATP synthase gamma chain (EC 3.6.3.14)
	QI0436_2293	ATP synthase alpha chain (EC 3.6.3.14)
	QI0436_2294	ATP synthase delta chain (EC 3.6.3.14)
	QI0436_2295	ATP synthase F0 sector subunit b (EC 3.6.3.14)
	QI0436_2296	ATP synthase F0 sector subunit c (EC 3.6.3.14)
	QI0436_2297	ATP synthase F0 sector subunit a (EC 3.6.3.14)
	QI0436_2328	V-type ATP synthase subunit D (EC 3.6.3.14)
	QI0436_2329	V-type ATP synthase subunit B (EC 3.6.3.14)
	QI0436_2330	V-type ATP synthase subunit A (EC 3.6.3.14)
	QI0436_2331	V-type ATP synthase subunit F (EC 3.6.3.14)
	QI0436_2332	V-type ATP synthase subunit C (EC 3.6.3.14)
	QI0436_2333	V-type ATP synthase subunit E (EC 3.6.3.14)
	QI0436_2334	V-type ATP synthase subunit K (EC 3.6.3.14)
	QI0436_2335	V-type ATP synthase subunit I (EC 3.6.3.14)
	QI0436_2336	V-type ATP synthase subunit G (EC 3.6.3.14)

	QI0436_619	L-lactate dehydrogenase (EC 1.1.1.27)
	QI0436_1626	L-lactate dehydrogenase (EC 1.1.1.27)
	QI0436_1411	D-lactate dehydrogenase (EC 1.1.1.28)
	QI0436_1328	Arginine/ornithine antiporter ArcD
	QI0436_2433	Arginine/ornithine antiporter ArcD
	QI0436_2531	Arginine/ornithine antiporter ArcD
General stress resistance	QI0436_1287	Universal stress protein family
	QI0436_1498	Universal stress protein family
	QI0436_205	Universal stress protein family
	QI0436_2744	Universal stress protein family
	QI0436_713	Universal stress protein family
Bile tolerance	QI0436_811	Heat shock protein 10 kDa family chaperone GroES
	QI0436_812	Heat shock protein 60 kDa family chaperone GroEL
Glucose/galactose metabolism	QI0436_2027	Glucose 1-dehydrogenase (EC 1.1.1.47)
	QI0436_1135	Glucose-6-phosphate 1-dehydrogenase (EC 1.1.1.49)
	QI0436_1161	Glucose-1-phosphate thymidyltransferase (EC 2.7.7.24)
	QI0436_1163	dTDP-glucose 4,6-dehydratase (EC 4.2.1.46)
	QI0436_1181	UDP-glucose 4-epimerase (EC 5.1.3.2)
	QI0436_1181	UDP-glucose 4-epimerase (EC 5.1.3.2)
	QI0436_1930	alpha-galactosidase (EC 3.2.1.22)
	QI0436_2068	Galactose operon repressor, GalR-LacI family of transcriptional regulators

	QI0436_2069	Galactose-1-phosphate uridylyltransferase (EC 2.7.7.10)
	QI0436_2070	UDP-glucose 4-epimerase (EC 5.1.3.2)
	QI0436_23	Aldose 1-epimerase (EC 5.1.3.3)
	QI0436_2590	Aldose 1-epimerase (EC 5.1.3.3)
	QI0436_2591	Galactokinase (EC 2.7.1.6)
	QI0436_54	Aldose 1-epimerase (EC 5.1.3.3)
Fructose metabolism	QI0436_2338	Fructose-1,6-bisphosphatase, Bacillus type (EC 3.1.3.11)
	QI0436_1043	Fructose-bisphosphate aldolase class II (EC 4.1.2.13)
	QI0436_1258	6-phosphofructokinase (EC 2.7.1.11)
Lactate metabolism	QI0436_1411	D-lactate dehydrogenase (EC 1.1.1.28)
	QI0436_1626	L-lactate dehydrogenase (EC 1.1.1.27)
	QI0436_2035	Xylulose-5-phosphate phosphoketolase (EC 4.1.2.9) @ Fructose-6-phosphate phosphoketolase (EC 4.1.2.22)
	QI0436_2409	Phosphate acetyltransferase (EC 2.3.1.8)
	QI0436_256	Acetaldehyde dehydrogenase (EC 1.2.1.10) / Alcohol dehydrogenase (EC 1.1.1.1)
	QI0436_619	L-lactate dehydrogenase (EC 1.1.1.27)
	QI0436_707	Acetate kinase (EC 2.7.2.1)
Glycerol metabolism	QI0436_2255	Glycerol-3-phosphate dehydrogenase [NAD(P)+] (EC 1.1.1.94)
	QI0436_936	Glycerol-3-phosphate dehydrogenase [NAD(P)+] (EC 1.1.1.94)
	QI0436_336	Glycerol uptake facilitator protein
	QI0436_80	Glycerol uptake facilitator protein

Protein metabolism	QI0436_1033	ATP-dependent Clp protease proteolytic subunit ClpP (EC 3.4.21.92)
	QI0436_474	ATP-dependent Clp protease, ATP-binding subunit ClpC
	QI0436_1982	ATP-dependent Clp protease ATP-binding subunit ClpX
	QI0436_628	Cell division-associated, ATP-dependent zinc metalloprotease FtsH
Peptide transport	QI0436_2833	Dipeptide ABC transporter, permease protein DppB (TC 3.A.1.5.2)
	QI0436_2834	Dipeptide ABC transporter, permease protein DppC (TC 3.A.1.5.2)
	QI0436_2835	Dipeptide ABC transporter, permease protein DppC (TC 3.A.1.5.2)
	QI0436_2837	Oligopeptide ABC transporter, ATP-binding protein OppF (TC 3.A.1.5.1)
	QI0436_359	Oligopeptide ABC transporter, permease protein OppC (TC 3.A.1.5.1)
	QI0436_361	Oligopeptide ABC transporter, ATP-binding protein OppF (TC 3.A.1.5.1)
	QI0436_362	Oligopeptide ABC transporter, ATP-binding protein OppD (TC 3.A.1.5.1)
	QI0436_908	Oligopeptide ABC transporter, permease protein OppC (TC 3.A.1.5.1)
	QI0436_909	Oligopeptide ABC transporter, ATP-binding protein OppD (TC 3.A.1.5.1)
	QI0436_910	Oligopeptide ABC transporter, ATP-binding protein OppF (TC 3.A.1.5.1)
	QI0436_911	Oligopeptide ABC transporter, ATP-binding protein OppF (TC 3.A.1.5.1)
Peptide metabolism	QI0436_1106	Aminopeptidase YpdF (MP-, MA-, MS-, AP-, NP- specific)
	QI0436_1155	Methionine aminopeptidase (EC 3.4.11.18)
	QI0436_943	Isoaspartyl aminopeptidase (EC 3.4.19.5) @ Asp-X dipeptidase
	QI0436_207	Glutamyl aminopeptidase (EC 3.4.11.7); Deblocking aminopeptidase
	QI0436_1035	Glycerophosphoryl diester phosphodiesterase (EC 3.1.4.46)

Lipid metabolism (esterases)	QI0436_2096	membrane-anchoring domain / Glycerophosphoryl diester phosphodiesterase (EC 3.1.4.46)
	QI0436_1795	Glycerophosphoryl diester phosphodiesterase (EC 3.1.4.46)
Biotin synthesis	QI0436_1233	Biotin carboxylase of acetyl-CoA carboxylase (EC 6.3.4.14)
	QI0436_328	Substrate-specific component BioY of biotin ECF transporter
	QI0436_486	Biotin operon repressor / Biotin--protein ligase (EC 6.3.4.9)(EC 6.3.4.10)(EC 6.3.4.11)(EC 6.3.4.15)
Folate synthesis	QI0436_1023	Dihydrofolate synthase (EC 6.3.2.12) @ Folylpolyglutamate synthase (EC 6.3.2.17)
	QI0436_1109	Methenyltetrahydrofolate cyclohydrolase (EC 3.5.4.9) / Methylenetetrahydrofolate dehydrogenase (NADP+) (EC 1.5.1.5)
	QI0436_1351	Thymidylate synthase (EC 2.1.1.45)
	QI0436_1352	Dihydrofolate reductase (EC 1.5.1.3)
	QI0436_1360	Substrate-specific component FoIT of folate ECF transporter
	QI0436_1366	Methylenetetrahydrofolate--tRNA-(uracil-5-)-methyltransferase TrmFO (EC 2.1.1.74)
	QI0436_1593	Formate-tetrahydrofolate ligase (EC 6.3.4.3)
	QI0436_2080	5-formyltetrahydrofolate cyclo-ligase (EC 6.3.3.2)
	QI0436_2085	Dihydrofolate reductase (EC 1.5.1.3)
	QI0436_2147	Dihydrofolate reductase (EC 1.5.1.3)
	QI0436_372	Transmembrane component of general energizing module of ECF transporters
	QI0436_373	ATPase component of general energizing module of ECF transporters

	QI0436_374	ATPase component of general energizing module of ECF transporters
	QI0436_605	Methionyl-tRNA formyltransferase (EC 2.1.2.9)
	QI0436_626	tRNA(Ile)-lysidine synthetase (EC 6.3.4.19)
	QI0436_627	Hypoxanthine-guanine phosphoribosyltransferase (EC 2.4.2.8)
	QI0436_628	Cell division-associated, ATP-dependent zinc metalloprotease FtsH
	QI0436_633	S-adenosylmethionine synthetase (EC 2.5.1.6)
	QI0436_875	Thymidine kinase (EC 2.7.1.21)
	QI0436_880	Serine hydroxymethyltransferase (EC 2.1.2.1)
	QI0436_925	Substrate-specific component FoIT of folate ECF transporter
Lysine synthesis	QI0436_2517	FIG138056: a glutathione-dependent thiol reductase
	QI0436_2599	Aromatic amino acid aminotransferase gamma (EC 2.6.1.57) @ N-acetyl-L,L-diaminopimelate aminotransferase (EC 2.6.1.-)
	QI0436_2600	N-acetyl-L,L-diaminopimelate deacetylase (EC 3.5.1.47)
	QI0436_2601	Aspartokinase (EC 2.7.2.4)
	QI0436_2602	Aspartate-semialdehyde dehydrogenase (EC 1.2.1.11)
	QI0436_2603	2,3,4,5-tetrahydropyridine-2,6-dicarboxylate N-acetyltransferase (EC 2.3.1.89)
	QI0436_2604	4-hydroxy-tetrahydrodipicolinate reductase (EC 1.17.1.8)
	QI0436_2605	4-hydroxy-tetrahydrodipicolinate synthase (EC 4.3.3.7)
	QI0436_2606	Diaminopimelate epimerase (EC 5.1.1.7)
	QI0436_2607	Diaminopimelate decarboxylase (EC 4.1.1.20)

3.5 Discussion

Sulfate- and sulfite-reducing bacteria (SRB) such as *B. wadsworthia* can produce significant amounts of H₂S [51], a toxic gas that has been implicated in gastrointestinal disease [98, 100, 113, 121, 262]. Understanding the factors affecting the H₂S production and abundance of *B. wadsworthia* in the human gut is therefore a critical avenue of research. Here, strains of *E. faecium* and *E. faecalis* isolated from the human gut or dairy sources were demonstrated to inhibit *B. wadsworthia*'s growth and H₂S production.

3.5.1 Metabolomic analysis of *E. faecium* and *B. thetaiotaomicron* (Ef-Bt) cultures that inhibit *B. wadsworthia*'s growth

We compared the metabolomic profile of cell-free supernatant from *B. wadsworthia* mono-cultures, enrichments of *E. faecium* and *B. thetaiotaomicron* (Ef-Bt) and *B. wadsworthia* with *E. faecium* and *B. thetaiotaomicron* (Bw + Ef-Bt) at 6 h post-inoculation, where *B. wadsworthia*'s growth and H₂S production had been significantly inhibited (Figure 14). Given that *B. thetaiotaomicron* is a known indole producer [306], the decreased abundance of tryptophan and tryptophan metabolites 3-indoleacrylic acid and 1-acetyl carboline [336] in Ef-Bt cultures (Figure 15A) could reflect competition for tryptophan in the co-culture. Additionally, raffinose abundance was increased in Ef-Bt cultures (Figure 15A), which may result from the activity of raffinose synthase in *B. thetaiotaomicron*; raffinose is a probiotic that promotes the growth of health-promoting lactic acid bacteria and increases the abundance of short-chain fatty-acids in the gut [368].

Using pair-wise comparisons of Bw + Ef-Bt and Ef-Bt cultures to assess the specific impact of *B. wadsworthia* presence upon the metabolome, we observed increased abundance of hypoxanthine and decreased abundance of adenine when *B. wadsworthia* was present (Figure 15D, Figure 15F). *B. wadsworthia* encodes adenine deaminase which converts adenine to hypoxanthine, the activity of which could explain the differential abundance of these compounds in the culture conditions. Increased abundance of hypoxanthine may be beneficial in the gut, as this has been shown to play an important role in maintaining intestinal barrier function [369].

3.5.2 Investigating the probiotic, anti-*B. wadsworthia* potential of *E. faecium* strains

Enterococci are a controversial group within the lactic acid bacteria, as some strains exhibit probiotic potential whereas others are clinically important pathogens [370]. It is therefore important to screen potential probiotic candidates within this group to establish the absence of virulence and antibiotic resistance genes, and to identify potentially beneficial probiotic properties such as capacity to produce bacteriocins, amino acids and vitamins [358]. The next section will discuss the potential of *E. faecium* strains QI0436, FI 09198 and FI 09347 for use as probiotics.

3.5.3 Gut-derived FI 09347 and QI0436 *E. faecium* strains contained putative bacteriocin biosynthetic genes

Whilst exploring the probiotic potential of the three *E. faecium* strains using BAGEL4 and antiSMASH, we investigated their well-documented ability to produce bacteriocins [371], which are antimicrobial compounds gaining prominence as promising alternatives to traditional antibiotics in the context of antimicrobial resistance [372]. Notably, *E. faecium* strain FI 09198 did not contain any identified biosynthetic gene clusters (Table 3). This absence could be linked to the environmental origin of the strain; bacteriocins typically confer adaptive advantages in densely populated environments with high microbial competition [373], and the dairy setting may not exert as strong a selective pressure as the human gut environment. Conversely, in the gut-derived FI 09347 *E. faecium* strain, a putative biosynthetic gene cluster was detected, encoding enterocin A along with two regulatory genes, one immunity gene, and four transporter genes (Table 3). Enterocin A, a class IIa bacteriocin, exhibits a relatively broad spectrum of activity against Gram-positive bacteria, including the foodborne pathogen *Listeria monocytogenes* [372]. Noteworthy for its commercial potential as a food additive to mitigate *Listeria* contamination [374], enterocin A stands out in food preservation, inhibiting pathogen growth without impeding the proliferation of beneficial lactic acid bacteria [372].

The gut-derived QI0436 strain genome contained four potential BGCs after manual curation; one encoded a class IIb bacteriocin in the lactobin A/cerein 7B family, and the other three encoded class IIa bacteriocins of the leucocin A/sakacin P family (Table 3). Class IIb bacteriocins are two-peptide bacteriocins which form membrane pores in target cells [375]. Generally, enterocins exhibit

activity against closely related Gram-positive bacteria including potential pathogens such as *Listeria* and *Bacillus* [376], but have also been demonstrated to have antimicrobial activity against Gram-negative species including *E. coli* [377] and *Salmonella* [378]. The activity of bacteriocins against gut-derived bacterial strains and the human gut microbiota is an active area of research, as studies have often focused on testing the susceptibility of only a few selected laboratory strains [379]. Therefore, establishing whether these bacteriocins could inhibit Gram-negative species including *B. wadsworthia* is yet to be investigated and is worthy of study. Overall, several putative BGCs were identified across the gut-derived *E. faecium* strains, but none in the dairy-derived strain. Establishing whether these clusters produce active bacteriocins, and whether these exert inhibitory impact on *B. wadsworthia* separately from *E. faecium* cells and associated pH reduction due to lactic acid, remains to be determined.

3.5.4 *E. faecium* strains FI 09198 and QI0436 contained virulence factors that enhance fitness, but FI 09347 carried potentially pathogenic virulence genes

All three *E. faecium* strains contained virulence genes *purB*, *clpP*, *bopD*, *map*, *perR*, *thyA* and *lepA* (Table 4), which are associated with bacterial fitness and survival as opposed to inflicting damage to the host [344]. The QI0436 and FI 09198 strains did not contain further virulence genes associated with pathogenicity, however the gut-derived FI 09347 harboured *acm*, *sgrA* and four *esp* genes (Table 4). These encode surface proteins associated with virulence; a study comparing virulence factor distribution between hospital-associated (clade A) and community-associated (clade B) *E. faecium* isolates found that *acm*, *sgrA* and *esp* genes were more frequently found in clinical ampicillin-resistant strains [345], and the authors suggested *sgrA* as a possible marker for assessing the safety of *E. faecium* strains [345]. This may therefore indicate that FI 09347 is not a suitable probiotic candidate based on the presence of these specific virulence markers in the genome.

3.5.5 *E. faecium* strains FI 09198 and QI0436 contained intrinsic antimicrobial resistance genes, but FI 09347 harboured vancomycin resistance

Antimicrobial resistance genes were detected in all three *E. faecium* strains conferring resistance to aminoglycosides via *aac(6)-II* [346], daptomycin via *clsA*, diamidinopyrimidine via *dfrE* and *dfrF* [350], and macrolides via *efmA* [355]. A

probiotic *E. lactis* strain also contained *aac(6')-li* and *efrA*, which are intrinsic resistance genes in enterococcal strains [380]. Furthermore, despite expressing *efmA*, the strain showed sensitivity to ciprofloxacin and levofloxacin *in vitro* [380]. Therefore, the presence of intrinsic resistance genes and the absence of high-level acquired resistance genes permit QI0436 and FI 09198 to remain as potential probiotic candidates; future work would require fully establishing the antibiotic resistance profile *in vitro*.

Notably, the gut-derived FI 09347 *E. faecium* strain contained a complete VanA gene cluster required for vancomycin resistance [381] (Table 5). Vancomycin Resistant Enterococci (VRE) were first identified in 1987 and have since contributed a growing and significant clinical burden, particularly in the US [247]. Interestingly, colonisation with VRE in healthy humans and farm animals was common in Europe, which is largely attributed to the historical use of avoparcin in animal husbandry up until 1996, which conferred cross-resistance to vancomycin [382]. Since the avoparcin ban, colonisation frequency of healthy humans by VRE has decreased. In 2000, 6% of intestinal carriage by VanA-containing enterococci was reported in faecal samples from healthy humans in Spain [383], later studies in 2005 detected it in 3% of samples [384], and in 2012, VRE was not detected in human faecal samples [385]. The *vanA* gene cluster is mainly found in *E. faecium* [381], and permits the replacement of the terminal D-Ala of peptidoglycan precursors with D-Lac which reduces the affinity of vancomycin 1,000-fold [386]. The cluster encodes 9 polypeptides where VanR and VanS form a two-component regulatory system, VanH and VanA synthesise the D-Ala-D-Lac precursors, VanX and VanY hydrolyse the D-Ala-D-Ala precursors [381]. VanZ has an unknown function [381]. The detection of vancomycin resistance genes here in the FI 09347 strain reiterates the importance of screening potential probiotic candidates at the strain level [380]; the presence of these genes firmly rules out the use of FI 09347 as a probiotic, as this poses a serious risk as a highly-resistant opportunistic pathogen [382], in addition to the possibility of horizontal transfer of these resistance genes to other members of the gut microbiota [387].

3.5.6 Genome mining of *E. faecium* strains FI 09347 and QI0436 revealed genes beneficial for survival in the gastrointestinal tract

Both FI 09198 and QI0436 contained genes encoding ATP synthases and phosphotransferases for acid tolerance, chaperone proteins for bile tolerance and

universal stress proteins for general stress resistance [358] (Table 6, Table 7). The two strains also contained genes related to the metabolism of peptides, and synthesis of biotin (vitamin B7) and folate (vitamin B9) which could confer nutritional benefit to the host and wider microbiota as functional probiotics [388, 389] (Table 6, Table 7). Overall, the two *E. faecium* strains with probiotic potential contained a range of genes allowing utilisation of a range of extracellular substrates which could facilitate adaptation to the nutritional environment within the gut [358], genes for tolerance to bile and acidic conditions, and contain the genomic potential to produce beneficial compounds including folate and biotin.

3.6 Conclusion

In this study, we explored the inhibitory effects of enterococcal strains, specifically *E. faecium* and *E. faecalis*, on the growth and H₂S production of *B. wadsworthia* *in vitro*. The findings indicated a robust ability of these enterococcal strains, particularly in the form of cell-free supernatant, to inhibit *B. wadsworthia* growth, primarily through pH reduction via lactic acid production. The Ef-Bt mixed bacterial enrichment, featuring *E. faecium* and *B. thetaiotaomicron* demonstrated potent inhibition of *B. wadsworthia*, accompanied by a notable decrease in pH and minimal H₂S production. Considering the potential therapeutic implications, the ability to control *B. wadsworthia* abundance and H₂S production in the human gut holds promise for mitigating inflammation and disease pathogenesis associated with their enrichment [67, 145, 146, 152-154]. Lactic acid emerged as a key factor in *B. wadsworthia* growth inhibition, while increased levels of raffinose and altered purine metabolites suggested intricate interactions within the microbial community. Furthermore, our exploration of using a commensal gut bacterial enrichment, particularly with *E. faecium* and *B. thetaiotaomicron*, highlighted the potential benefits of regulating *B. wadsworthia* growth while promoting the production of beneficial compounds such as hypoxanthine [369], lactic acid [390] and raffinose [368]. This approach could offer therapeutic advantages if implemented in the human gut environment, positioning *E. faecium* as a promising candidate for anti-*B. wadsworthia* probiotic applications.

Chapter 4

4. Why does *Bacteroides thetaiotaomicron* increase *Bilophila wadsworthia*'s H₂S production? An integrated 'Omics approach

4.1 Introduction

B. wadsworthia is a taurine-utilising member of the sulfate-reducing bacteria (SRB) found in the gut of 50-60% of healthy individuals [22-24, 68], but has been associated with gut inflammation in animal models [67, 206] and human disease [145, 149, 150]. *B. wadsworthia* colonisation results in production of H₂S, a toxic gas that can cause inflammation in high concentrations in the gut environment [66, 79, 99, 100, 144, 391]. *B. thetaiotaomicron* is a highly prevalent and abundant member of the human gut microbiota [214] occupying a key niche of polysaccharide fermentation, which produces short-chain fatty acids which exert important modulatory effects on both the gut microbiota and the human enterocytes to maintain gut barrier function [220]. In previous chapters, we showed that *B. thetaiotaomicron* and *B. wadsworthia* exhibit a mutually beneficial interaction in co-culture, where growth of both strains is supported and *B. wadsworthia*'s H₂S production is significantly increased. Further *in vitro* study of the interaction between *B. wadsworthia* (QI0013) and Bt strain 1 (QI0072) revealed that the sulfidogenic interaction was not observed using heat-killed Bt strain 1, cell-free supernatant from Bt strain 1 either grown in mono-culture or in *B. wadsworthia* supernatant, or when the species were separated by a permeable 0.22 µm membrane. This implied that increased H₂S production by *B. wadsworthia* occurred only in the presence of viable Bt strain 1 cells. To investigate the mechanism underpinning the sulfidogenic interaction between *B. wadsworthia* and *B. thetaiotaomicron*, we used an integrated 'omics approach combining transcriptomics and metabolomics to compare co-culture of *B. wadsworthia* and Bt strain 1 with respective mono-cultures. Given the apparent importance of the physical cell proximity of the two species and the inability of cell-free supernatant to exert a sulfidogenic effect on *B. wadsworthia*, we opted to study the endometabolome by extracting intracellular metabolites from mono-cultures and co-culture instead of using "traditional" metabolomics of the extracellular supernatant. Although study of the endometabolome is relatively new, it has been employed to successfully interrogate microbial co-cultures of bacteria and yeast [392], diatoms and marine bacteria [393] and bacteria-bacteria interactions [394, 395], as well as co-cultures of bacterial and human cells [396].

In this chapter, we explore the interaction between *B. wadsworthia* (QI0013) and *B. thetaiotaomicron* strain 1 (QI0072) in greater depth using transcriptomic analysis to study the differential gene expression of each bacterial strain in co-

culture and mono-culture alongside metabolomic analysis of the endometabolome between the different culture conditions.

4.2 Objectives

The purpose of the work in this chapter was to elucidate the molecular mechanism behind the excess H₂S production by *B. wadsworthia* in the presence of Bt strain 1. We aimed to identify potential candidate genes required for the sulfidogenic interaction between Bt strain 1 and *B. wadsworthia* using RNA-seq to identify differentially expressed genes between co-cultures and mono-cultures.

Additionally, the intracellular metabolome of Bt strain 1 and *B. wadsworthia* was compared between co-culture and mono-cultures to provide further evidence for potential metabolic pathways important for the sulfidogenic interaction inferred by the transcriptomic data. Overall, this work aimed towards an integrated 'omics approach using both transcriptomics and metabolomics to understand the underlying metabolic changes within *B. wadsworthia* and Bt strain 1 leading to increased H₂S production.

4.3 Methods

Bacteria were inoculated and cultured as described previously in section 2.3.3.2. After 8 h, material was obtained for transcriptomic and metabolomic analysis.

4.3.1 RNA extraction

5 mL of cultures were taken at 8 h post-inoculation and cells were immediately pelleted at 15,000 x g for 2 min. All supernatant was removed, and cell pellets were snap frozen on dry ice prior to storage at -80°C. RNA was extracted using RNeasy® Mini Kit (Qiagen) according to manufacturer's protocol [397] with on-column DNase digestion. RNA concentration was determined via Qubit RNA High Sensitivity kit (ThermoFisher Scientific, UK). Total RNA underwent rRNA depletion using the RiboMinus™ Bacteria 2.0 Transcriptome Isolation Kit (ThermoFisher Scientific, UK) and library preparation prior to sequencing via an Illumina NovaSeq 6000 instrument with 2x150 bp configuration using a sequencing depth of 20 M paired-end reads per sample (Azenta Genewiz, Germany).

4.3.2 Transcriptomic analysis

The *B. wadsworthia* (QI0013) genome (3 contigs, N50 3619022, 100% completeness, 0% contamination) and *B. thetaiotaomicron* (QI0072) genome (8

contigs, N50 6645989, 99.41% completeness, 0.73% contamination) were used as reference genomes. Six technical replicates for *B. wadsworthia* (QI0013) and *B. thetaiotaomicron* (QI0072) mono-cultures and co-culture were taken for transcriptomic analysis. For differential expression analysis, raw data were analysed as previously described [398]. In summary, reads were cleaned to remove sequencing adapters and residual ribosomal RNA sequences using the BBDuk function in the BBDuk package [41]. FastQC (v 0.11.9) [276] was used to assess the sequence quality, where reads with a Phred score ≥ 30 were deemed suitable for further analysis. Cleaned reads were mapped to the QI0013 and QI0072 reference genomes using the BBSplit function of the BBDuk package. The number of transcripts per gene was estimated using featureCounts (v.2.0) [399]. Reference genomes were annotated with the BV-BRC comprehensive genome analysis tool [293]. Differentially expressed genes were identified using edgeR with TMM normalisation [400] using the Trinity RNASeq package [401], with a P value cut-off of 0.01, False Discovery Rate (FDR) ≤ 0.05 and a logFC of 1 equating to a 2-fold change in gene expression. In the case of specific genes of interest where there was no functional annotation, InterProScan [292] was used to assign predicted protein function based on domains where possible using the predicted amino acid sequence. Additionally, Pathway Tools v23.0 [286] was used for preliminary pathway enrichment analysis and pathway predictions using the reference genomes.

4.3.3 Sample preparation for endometabolome analysis

5 mL of cultures were taken at 8 h post-inoculation and cells were immediately pelleted at 4,000 x g for 10 min. All supernatant was removed, and cell pellets were snap frozen on dry ice and transported to Creative Proteomics, USA. Prior to analysis, bacterial pellets were thawed and 240 μ L methanol added for metabolite extraction. Samples were vortexed for 60 s, sonicated for 30 min at 4°C and stored at -20°C for 1 h. Samples were pelleted at 12,000 x g for 15 min at 4°C. Finally, 200 μ L of supernatant and 5 μ L of DL-o-Chlorophenylalanine (0.2 mg/mL) was transferred to a vial for LC-MS analysis (Creative Proteomics, New York, USA).

4.3.4 LC-MS

All LC-MS analysis was performed by Creative Proteomics, New York, USA. QC samples were prepared by pooling all the samples in triplicate. All samples were injected in triplicate. Separation was performed by ACQUITY UPLC (Waters)

combined with Q Exactive MS (Thermo) and screened with ESI-MS. The LC system was comprised of ACQUITY UPLC HSS T3 (100×2.1 mm×1.8 μm) with ACQUITY UPLC (Waters). The mobile phase was composed of solvent A (0.05% formic acid water) and solvent B (acetonitrile) with a gradient elution (0-1 min, 5% B; 1-12.5 min, 5%-95% B; 12.5-13.5 min, 95% B; 13.5-13.6 min, 95%-5% B; 13.6-16 min, 5% B). The flow rate of the mobile phase was 0.3 mL/min. The column temperature was maintained at 40°C, and the sample manager temperature set at 4°C. Mass spectrometry parameters in ESI+ and ESI- mode were as follows: ESI+: Heater Temp 300°C; Sheath Gas Flow rate, 45 arb; Aux Gas Flow Rate, 15 arb; Sweep Gas Flow Rate, 1 arb; spray voltage, 3.0 KV; Capillary Temp, 350°C; S-Lens RF Level, 30%. ESI-: Heater Temp 300°C, Sheath Gas Flow rate, 45 arb; Aux Gas Flow Rate, 15 arb; Sweep Gas Flow Rate, 1 arb; spray voltage, 3.2 KV; Capillary Temp, 350°C; S-Lens RF Level, 60%.

Metabolites were identified using Compound Discoverer 3.0 (ThermoFisher Scientific, USA) and Progenesis Q1 v 2.1 (Waters) was used for manual screening of the identified compounds in order to minimise false positive identification results. Data was normalised using Total Ion Count (TIC) method where the peak area of each metabolite divided by the SUM of all metabolites area and then multiplied by one million. The resulting data was supplied directly from Creative Proteomics, and I performed the next steps of data analysis.

4.3.5 Data analysis of endometabolome

To remove compounds with high analytical variability, compounds with $RSD_{QC} > 20\%$ were discarded [283]. Endometabolomic data was standardised by calculating the concentration (μM) per 10^9 bacterial cells present as measured via qPCR, in order to account for cell density differences in mono-cultures and co-cultures [393, 394, 396]. Compounds at low concentrations across all samples (< 2 μM per 10^9 cells) were removed. In positive ion mode, 65% of the identified metabolites remained after quality control (320 left from 490), and in negative mode 70% remained (267 left from 377). Given the higher peak intensity and number of reported compounds, positive mode was used for further analysis. The metabolomic data was auto-scaled and analysed using Metaboanalyst 5.0 [284], to obtain the PLS-DA for the global profile changes and Variable Importance in Projection (VIP) compounds that contribute highly to inter-condition differences, and the heatmaps showing feature clustering and inter-condition differences in

relative abundance of compounds. For pairwise comparisons between conditions of interest, volcano plots were visualised where significantly differentially abundant metabolites were determined using unpaired t tests with p value cut-off at 0.1 and a 2-fold change in metabolite abundance.

4.3.6 *In silico* analysis of sulfur metabolism genes

For genes of interest, amino acid sequences were obtained from *B. wadsworthia* (QI0013) and Bt strain 1 (QI0072) genomes in addition to those from reference genomes *D. desulfuricans* subsp. *desulfuricans* DSM 642, *D. gigas* DSM 1382 and *D. alaskensis* G20 via BV-BRC [293]. InterProScan [292] was used to assign predicted protein function based on domains. Protein-protein comparison was performed using blastp on NCBI-BLAST using default settings [291].

4.4 Results and Discussion

4.4.1 Co-culture of *B. wadsworthia* and Bt strain 1

B. wadsworthia (QI0013) and *B. thetaiotaomicron* strain 1 (QI0072) were grown in mono-cultures and co-culture inoculated at 10^6 CFU/mL in a 1:1 ratio. Significantly increased H₂S concentration was observed in the co-culture of *B. wadsworthia* and Bt strain 1 compared to *B. wadsworthia* mono-culture at 8 h post-inoculation (Figure 16A). *B. wadsworthia* abundance was not substantially different between co-culture and mono-culture (Figure 16B), demonstrating that the increased H₂S was the result of significantly increased H₂S production per *B. wadsworthia* cell in co-culture with Bt strain 1 compared to *B. wadsworthia* mono-culture (Figure 16D). During the culture period, the abundance of Bt strain 1 was significantly higher in co-culture with *B. wadsworthia* compared to mono-culture (Figure 16C). At 8 h, the cultures were sampled for transcriptomic and metabolomic analysis.

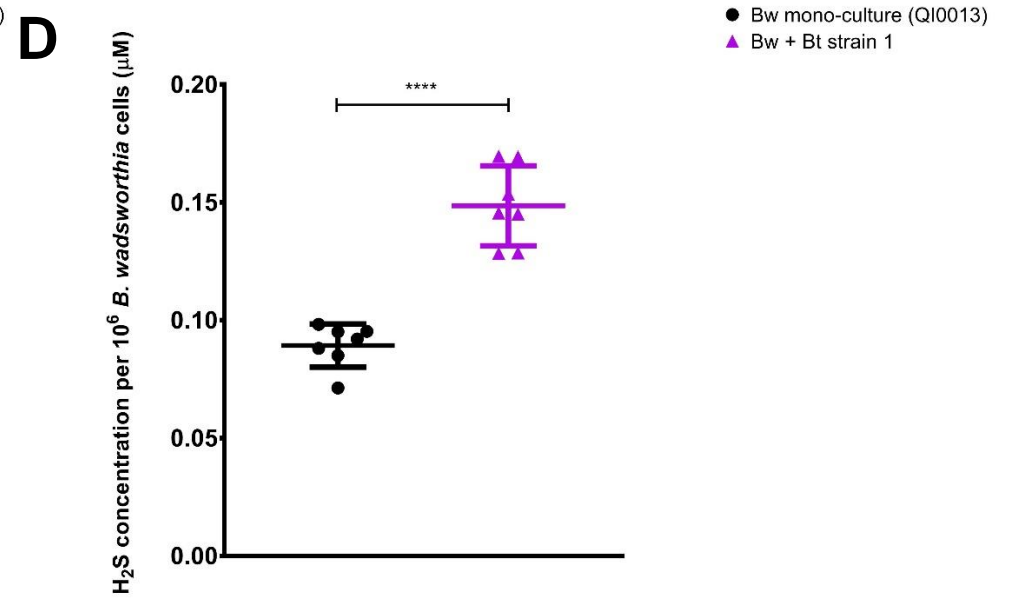
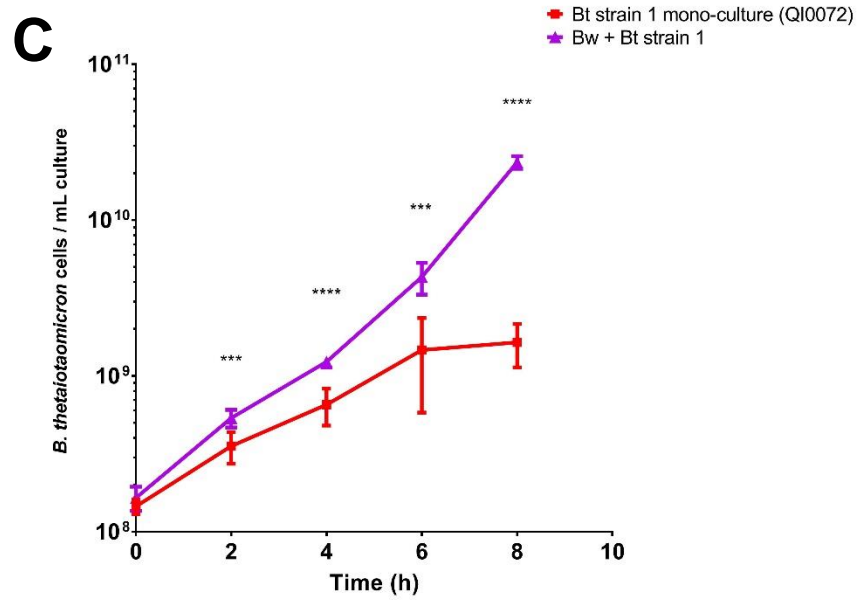
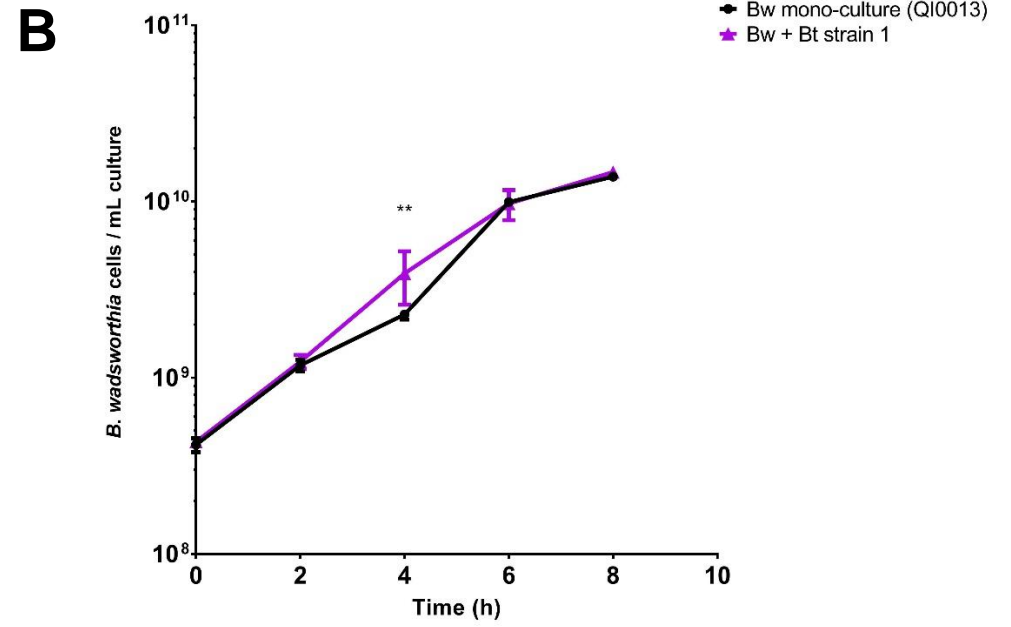
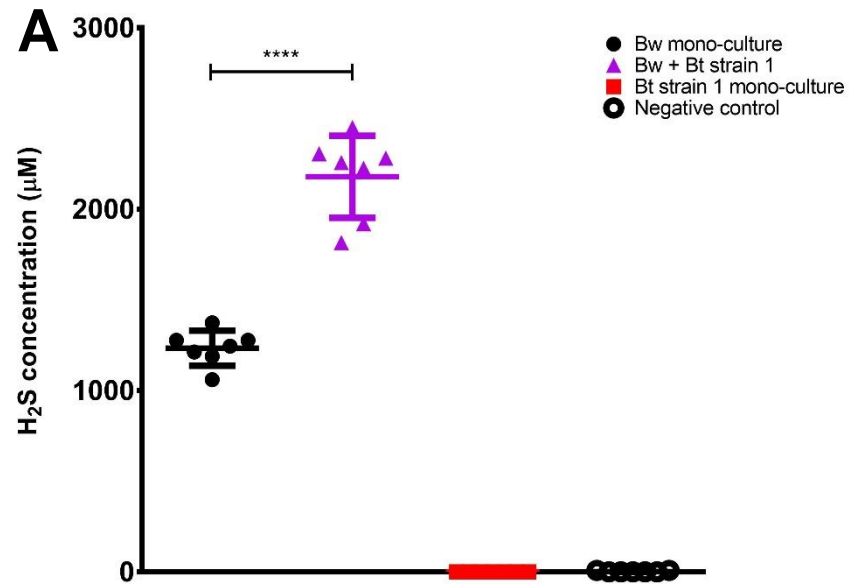


Figure 16: Co-culture of *B. wadsworthia* (Bw) QI0013 and Bt strain 1.

A) H₂S concentrations (μM) at 8 h. B) qPCR-determined *B. wadsworthia* cell counts during culture. C) qPCR-determined *B. thetaiotaomicron* cell counts during culture. D) H₂S concentration (μM) per 10⁶ *B. wadsworthia* cells at 8 h. Each point represents a technical culture replicate (n=7). Horizontal lines represent average, and error bars represent SD. Results of unpaired t tests are shown where ** = p ≤ 0.01, *** = p ≤ 0.001, **** = p ≤ 0.0001.

4.4.2 Transcriptome of *B. wadsworthia* – co-culture with Bt strain 1 vs. mono-culture

Transcriptomic data was quality controlled by trimming to remove residual sequencing adaptors and residual rRNA sequences. All samples with an RNA Quality Number (RQN) of ≥9.0 were taken for further analysis.

4.4.2.1 Respiration of sulfite using hydrogen or lactate was increased in co-culture

Four genes associated with sulfur metabolism were increased in expression in *B. wadsworthia* in co-culture compared to mono-culture (Figure 17); importantly, these genes are involved in H₂S generation by this bacterium. Genes encoding some proteins of the dissimilatory sulfite reductase protein complex DsrMKJOP were increased in expression, including *dsrM* (QI0013_1671), *dsrK* (QI0013_1670), *dsrO* (QI0013_1668), and *dsrP* (QI0013_1667). During dissimilatory sulfite reduction in *B. wadsworthia*, sulfite is generated from taurine [51]. DsrAB is the dissimilatory sulfite reductase enzyme that reduces sulfite (SO₃²⁻) to H₂S; this is not a membrane-associated protein, and the energy conservation mechanism for this process was unresolved until Santos *et al.* showed that DsrC is a substrate for DsrAB and forms a trisulfide as an intermediate step [17]. They showed that the six-electron reduction from sulfite to H₂S via the DsrABC complex first utilises 2 electrons from DsrAB and then 2 electrons from DsrC [17]. Critically, the DsrC trisulfide is then reduced by 2 electrons to yield H₂S and recycle DsrC [17]. The authors suggest that this final two electron reduction of DsrC is likely performed by the membrane-associated DsrMKJOP complex; the DsrK contains a [4Fe-4S] cluster known to perform disulfide reductions and can interact with DsrC [402]. Taken together, the DsrMKJOP complex allows the cytoplasmic DsrAB sulfite reduction process to be coupled with ΔpH generation across the membrane and energy conservation, and the electrons required likely originate from

menaquinone [17]. Expression of *dsrMKJOP* is increased in H₂-rich growth conditions [403]; this suggests that there is a higher bioavailability of H₂ to *B. wadsworthia* under co-culture conditions compared to mono-culture. It is known that *B. thetaiotaomicron* generates hydrogen during polysaccharide fermentation [234]; therefore, *B. wadsworthia* could directly utilise this as an electron donor during dissimilatory sulfite reduction [18, 54].

The increased expression of *dsrMKJOP* raises the question of whether this membrane-associated complex could contribute to the increased H₂S production observed, possibly by increased electron flow to DsrAB, allowing a greater capacity of sulfite to H₂S conversion. Membrane-associated redox complexes such as DsrMKJOP utilise the quinone pool for electron shuttling [46]. Quinones are lipophilic molecules that can accept up to two electrons upon reduction; Bt strain 1 can generate ubiquinone via ubiquinone oxidase, though the type of quinone used by DsrMKJOP is unclear [46]. The quinol pool is re-oxidised by cytochrome bd quinol oxidases; in *B. wadsworthia*, cytochrome d ubiquinol oxidase subunit I (QI0013_4172) and subunit II (QI0013_4173) were both decreased in expression in co-culture compared to mono-culture. A potential hypothesis is that Bt strain 1 provides *B. wadsworthia* with reduced ubiquinone to support electron flow across the DsrMKJOP complex, leading to increased capacity of the conversion of sulfite to H₂S.

Interestingly, two genes encoding lactate permeases were also increased in expression in co-culture (QI0013_2306, QI0013_357); this is a marker of bacterial lactate uptake and utilisation, although this enzyme can also import glycolate in *E. coli* [404]. Lactate is a major electron donor for the *dsr* [30, 51]; combined with the observation of increased expression of DsrMKJOP complex genes, this could permit greater enzymatic activity of the DsrABC complex in *B. wadsworthia* under co-culture conditions, leading to higher H₂S production. Taken together, the transcriptomic data revealed an increased capacity for uptake and utilisation of hydrogen and lactate in *B. wadsworthia* in co-culture with Bt strain 1; both compounds are key electron donors for dissimilatory sulfite reduction. This corresponds to the phenotypic observations of increased H₂S concentration and increased H₂S per *B. wadsworthia* cell in co-culture with Bt strain 1 compared to mono-culture (Figure 16).

The first gene cluster involved in taurine metabolism in *B. wadsworthia* encodes the enzymes taurine pyruvate dehydrogenase (*tpa*), alanine dehydrogenase (*ald*) and an alcohol dehydrogenase (*sarD*) [51] (Figure 18A). All of these genes had decreased expression in co-culture compared to mono-culture, despite the observations of increased H₂S in the co-culture condition (alanine dehydrogenase, QI0013_950; taurine-pyruvate aminotransferase, QI0013_949; alcohol dehydrogenase, QI0013_947). *Tpa* catalyses the conversion of taurine to sulfoacetaldehyde, and the associated *Ald* regenerates the amino group acceptor for *Tpa* [51] (Figure 1). It has been shown that expression of these enzymes is high in *B. wadsworthia* cells grown in taurine, but not in isethionate-grown cells [51]. One possibility could be that *B. wadsworthia* receives isethionate in co-culture; although isethionate sulfite-lyase *isIA* and isethionate sulfite-lyase activating protein *isIB* were not among the differentially expressed genes, acetaldehyde dehydrogenase (*adhE*), which encodes an enzyme able to convert acetaldehyde (a product of isethionate degradation) to acetyl coA was decreased in expression in co-culture (QI0013_1941). Downregulation of *tpa* and *sarD* could imply that production of isethionate via taurine in *B. wadsworthia* is decreased in co-culture, but increased expression of the DsrMKJOP complex could support increased capacity of the DsrABC to convert sulfite to H₂S. As a whole, this implies that *B. wadsworthia* may be utilising sulfite without the requirement for taurine degradation in co-culture with Bt strain 1 (Figure 18A).

Further evidence for an alternative supply of sulfite comes from the observation that sulfolactate sulfo-lyase genes encoding the alpha subunit (QI0013_772) and beta subunit (QI0013_771) of the enzyme are decreased in expression in co-culture; this enzyme converts sulfolactate to sulfite and pyruvate. An additional gene involved in sulfite production, Rhodanese-domain-containing inner membrane protein *ygaP* which generates sulfite from thiosulfate was decreased in expression in co-culture compared to mono-culture (QI0013_2882), further suggesting an alternative sulfite source for *B. wadsworthia* in co-culture with Bt strain 1 (Figure 18A).

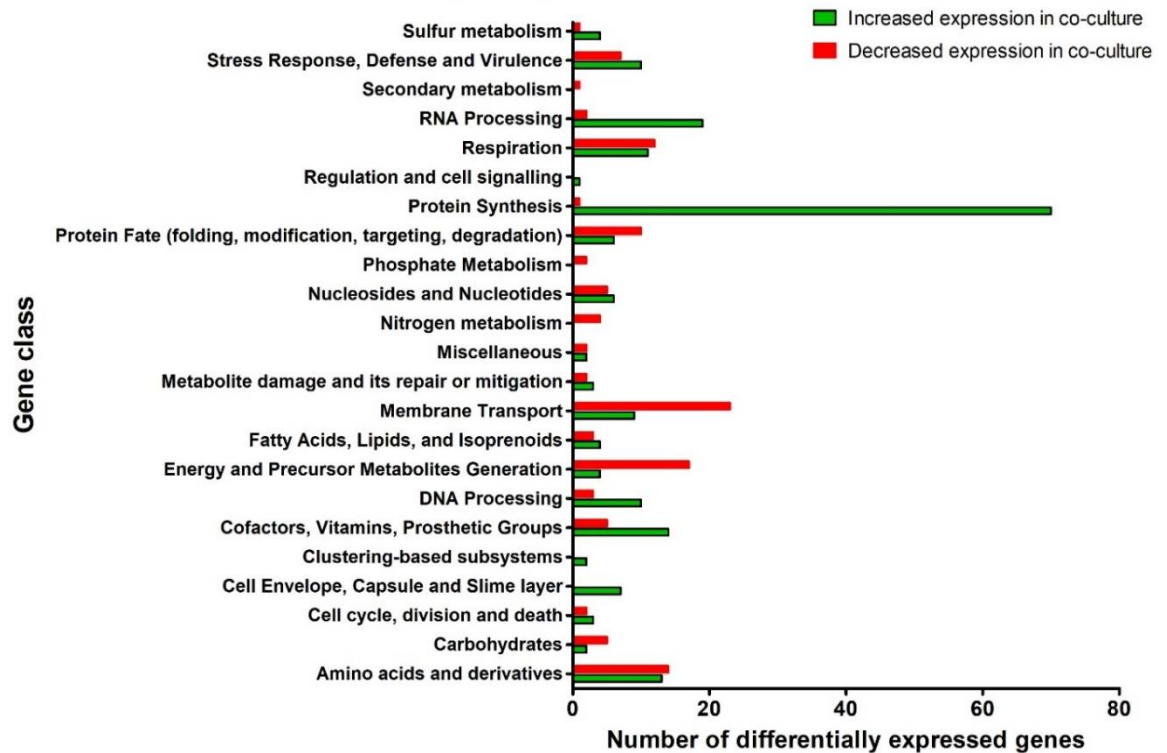


Figure 17: Differentially expressed genes (DEGs) of *B. wadsworthia* (Bw) QI0013 in co-culture with Bt strain 1 vs. mono-culture. Numbers of DEGs in *B. wadsworthia* increased and decreased in expression in each functional gene class as annotated in BV-BRC. Green indicates genes that are increased in expression in co-culture, and red indicates decreased expression in co-culture relative to the *B. wadsworthia* mono-culture.

4.4.2.2 Sulfur metabolism in *B. wadsworthia* and Bt strain 1 – why is more H₂S generated in the co-culture?

In co-culture with Bt strain 1, *B. wadsworthia*'s sulfur metabolism appeared to be altered where genes required for taurine degradation to sulfite showed decreased expression. Given that genes associated with the dissimilatory sulfite reductase enzyme were increased in expression and H₂S concentration was higher in the co-culture, this raised a question: what is the source of sulfite for *B. wadsworthia* in the co-culture?

In the majority of sulfate-reducing bacteria (but not *B. wadsworthia*), sulfate is reduced by sulfate adenylyltransferase (Sat) which converts sulfate to adenosine 5'-phosphosulfate (APS), followed by the conversion of APS to sulfite by adenylylsulfate reductase (AprAB) which consists of an alpha and beta subunit [405, 406], and the sulfite produced then enters the dissimilatory sulfite reduction

pathway (Figure 1). It has been previously shown that *B. wadsworthia* is unable to utilise sulfate as an electron acceptor [31, 407] instead using taurine or sulfoquinovose to produce sulfite [51, 63]. Although *B. wadsworthia* cannot directly utilise sulfate, it was interesting to observe that sulfate permease (QI0013_1830) and sulfatase (QI0013_1848) genes were increased in expression in *B. wadsworthia* in co-culture with Bt strain 1, indicative of increased sulfate bioavailability (Figure 18A).

Given that *B. wadsworthia* cannot utilise sulfate in the “traditional” sulfate reduction pathway, it was assumed that the genes for these enzymes are absent from the genome [52]. Investigating the protein domains of query genes using Pathway Tools [286] and BV-BRC [293], it was therefore surprising to find that *B. wadsworthia* QI0013 contains genes predicted to encode adenylylsulfate reductase alpha and beta subunits at two separate gene loci (QI0013_309, QI0013_310, QI0013_741, QI0013_742) (Table S2, Table S3). Using NCBI BLAST protein-protein comparison, the protein sequence of the alpha subunit shows low similarity (~30% similarity) to adenylylsulfate reductase (AprAB) genes from *Desulfovibrio gigas*, *Desulfovibrio desulfuricans* DSM 642 and *Desulfovibrio alaskensis* G20 (Table S4). However, protein domain function prediction using InterProScan [292] showed similarities across the sequence, including FAD-dependent oxidoreductase 2, FAD binding domain (IPR003953), FAD/NAP(P)binding domain (IPR036188), Succinate dehydrogenase/fumarate reductase flavoprotein, catalytic domain superfamily (IPR027477) and Fumarate reductase/succinate dehydrogenase flavoprotein-like, C-terminal domain superfamily (IPR037099) domains (Table S5). Indeed, the genes in *B. wadsworthia* were associated with AprAB activity based on protein function predictions. Given that the putative *B. wadsworthia* adenylylsulfate reductase genes share similar predicted protein domains to characterised genes in these *Desulfovibrio* strains, the gene may also encode a functional enzyme.

The *B. wadsworthia* (QI0013) genome did not contain genes encoding the Sat enzyme necessary for sulfate reduction; this agrees with previous experimental observations that *B. wadsworthia* cannot directly utilise sulfate [31, 407]. The presence of adenylylsulfate reductase genes in *B. wadsworthia* has not been previously described, and, if proved active, would allow *B. wadsworthia* to convert

adenosine 5'-phosphosulfate (APS) to sulfite which then enters the dissimilatory sulfite reduction pathway. Interestingly, *aprAB* genes were predicted to be present in additional *B. wadsworthia* strains QI0012, QI0014, QI0015, and QI0016 using BV-BRC annotation. This suggests that other *B. wadsworthia* strains may also be capable of using APS as a substrate for sulfite acquisition, which has been previously overlooked.

4.4.2.3 Bt strain 1: providing adenosine 5'-phosphosulfate (APS), a sulfite precursor, to *B. wadsworthia*?

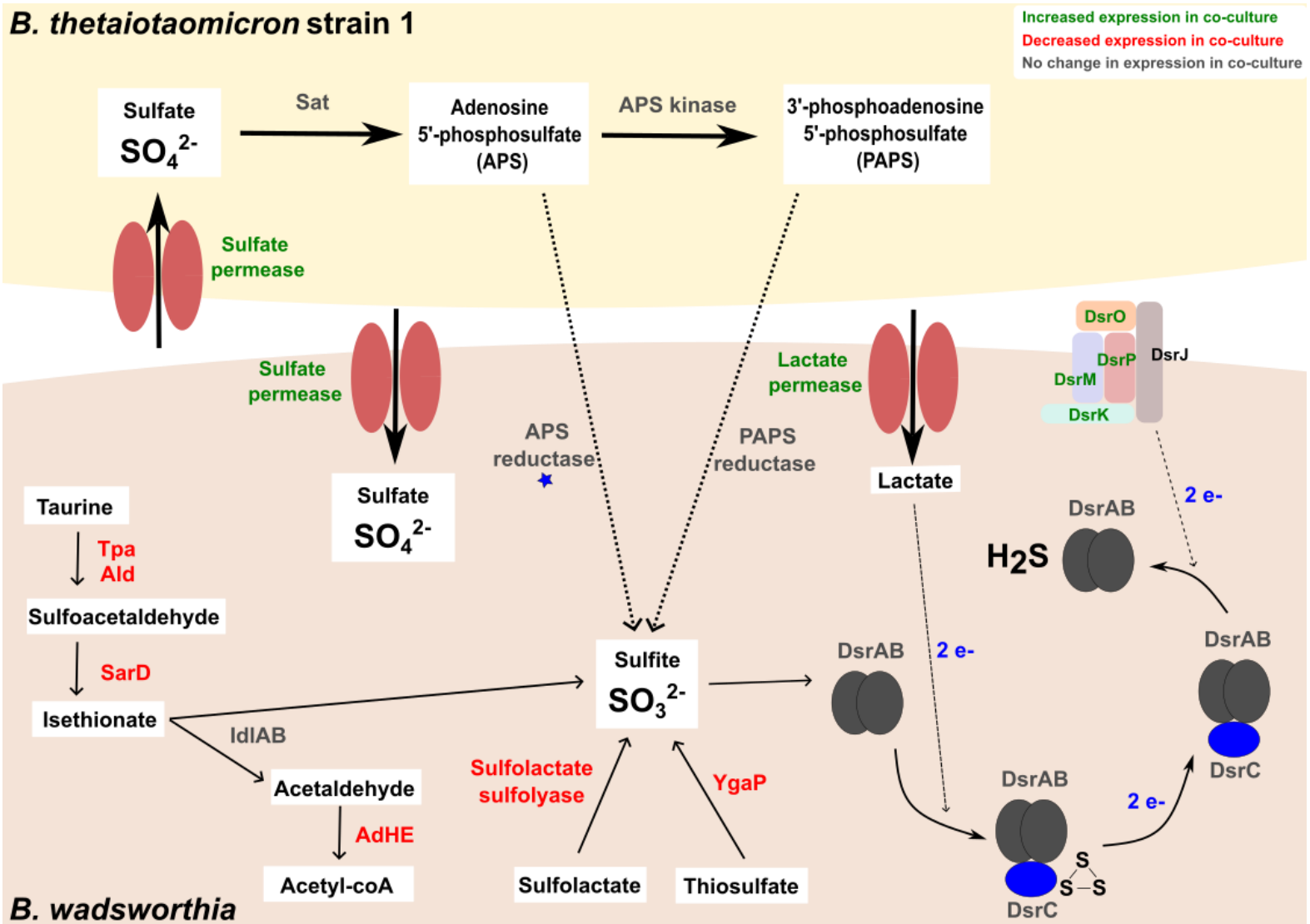
When in co-culture with *B. wadsworthia*, Bt strain 1 showed decreased expression of eight genes encoding arylsulfatases; these enzymes hydrolyse arylsulfate esters to yield phenol and sulfate [408]. It has been previously shown that Bt strain 1 is capable of releasing sulfate via mucin degradation [233], and expression of arylsulfatases is strongly repressed by the presence of inorganic sulfate [408, 409], which suggests a higher sulfate bioavailability in co-culture compared to mono-culture.

We next investigated whether Bt strain 1 contains any genes related to the assimilatory sulfite reduction pathway. This involves the reduction of sulfate to APS via sulfate adenylyltransferase (Sat) (EC 2.7.7.4), which is then converted to phosphoadenosine phosphosulfate (PAPS) via adenylylsulfate kinase / APS kinase (EC 2.7.1.25). PAPS is then reduced to sulfite by phosphoadenosine phosphosulfate (PAPS) reductase (EC 1.8.4.8), and the sulfite is converted to H₂S by assimilatory sulfite reductase (EC 1.8.1.2) [47] (Figure 1). Interestingly, the Bt strain 1 genome encodes some enzymes involved in assimilatory sulfite reduction, including sulfate adenylyltransferase (Sat) (QI0072_1554, QI0072_1555) and adenylylsulfate kinase / APS kinase (QI0072_1556) (Table S1), which would facilitate conversion of sulfate to both APS and PAPS. However, Bt strain 1 does not possess the enzymes PAPS reductase or assimilatory sulfite reductase. *B. wadsworthia* encodes both phosphoadenosine phosphosulfate (PAPS) reductase (QI0013_194), which reduces PAPS to sulfite, in addition to the putative AprAB which reduces APS to sulfite (Table S2).

We hypothesise that Bt strain 1 produces sulfate from sulfated saccharides via sulfatases [410] an activity which has been previously described to support the growth of *Desulfovibrio piger* via cross-feeding [233], and then reduces the sulfate

to APS and/or PAPS. Then, Bt-derived APS and PAPS could be utilised directly by *B. wadsworthia*, where either AprAB or PAPS reductase yield sulfite, which then enters the dissimilatory reduction pathway (Figure 18A, 18B). In this way, Bt strain 1 may provide *B. wadsworthia* with an alternative source of sulfite, which may be energetically favourable over taurine degradation, or utilised when taurine or other organosulfur compounds are depleted. This hypothesis is supported by the decreased expression of genes associated with sulfite generation via taurine, thiosulfate and sulfolactate under co-culture conditions, and the phenotypic observation of increased H₂S concentration in the co-culture (Figure 18).

As the genes involved in this potential interaction were not differentially expressed in co-culture compared to mono-culture to a logFC ≥ 1 , the TMM-normalised read counts were interrogated for each of these genes. The genes encoding putative adenylylsulfate reductase alpha and beta subunits and PAPS reductase were expressed in *B. wadsworthia* both in co-culture with Bt strain 1 and mono-culture, although only at low levels (Table S2). In Bt strain 1, expression of genes encoding sulfate adenylyltransferase subunits 1 and 2 and adenylylsulfate kinase was found both in co-culture with *B. wadsworthia* and mono-culture, with no differences in expression levels between conditions (Table S1). This suggests that APS and PAPS were likely present within Bt strain 1 under these conditions. It is important to note that this hypothesis is yet to be experimentally proven; it is unknown whether APS or PAPS could be utilised by *B. wadsworthia* for growth in the absence of taurine, whether these intermediate molecules are imported/exported, and which transporters are used (Figure 18).

A***B. thetaiotaomicron* strain 1**

B

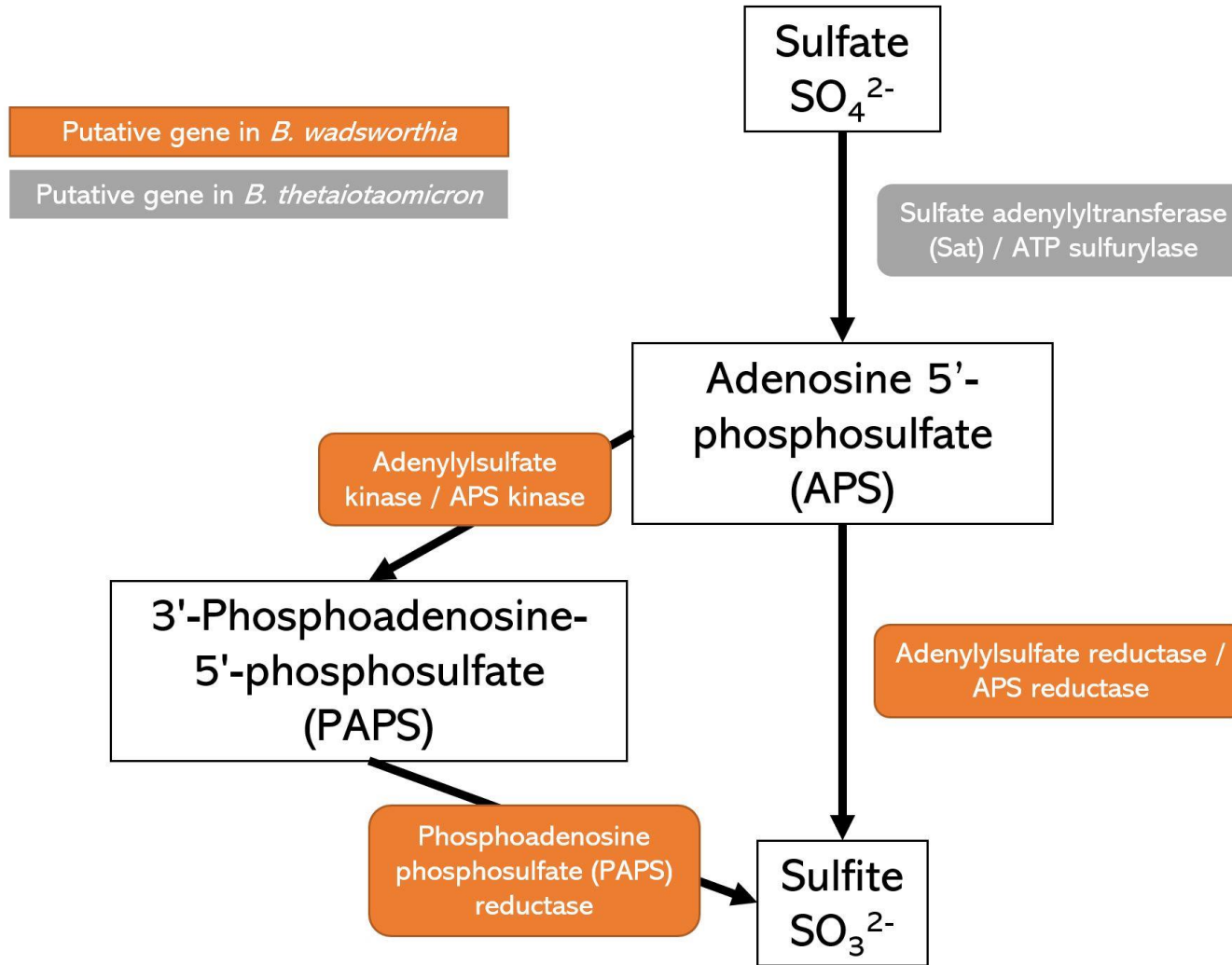


Figure 18: Summary schematic diagram of the putative cross-feeding interaction between *B. wadsworthia* and Bt strain 1. A) Enzymes for each reaction step are shown in colours corresponding to transcriptomic data where green showed increased expression of the encoding gene in co-culture compared to mono-culture; red showed decreased expression in co-culture vs. mono-culture; grey showed no change in expression between co-culture and mono-culture. The blue star represents a putative enzyme where functionality is unproven. The dotted line represents a putative cross-feeding mechanism. Dashed lines represent electron transfer. B) Summary schematic of the putative co-operative metabolism of sulfate to sulfite in *B. wadsworthia* and *B. thetaiotaomicron* co-culture based on genes with putative function.

4.4.2.4 *B. wadsworthia* virulence is tamed in co-culture with Bt strain 1

Genes associated with the type VI secretion system (T6SS) were decreased in expression in *B. wadsworthia* in co-culture with Bt strain 1 compared to mono-culture, including sheath and tube components *tssB/C* and *tssD/Hcp*, baseplate components *tssE*, *tssF*, *tssG*, membrane complex components *tssL* and *tssM*, as well as spike components *vgrG* and a gene encoding PAAR-repeat protein (Table 8). The T6SS forms a bacteriophage-like needle structure along with a membrane complex to deliver effector molecules directly into target cells. Found in Gram-negative bacteria [411], the T6SS appears to serve a primary role of inter-bacterial competition, where toxic effectors are injected into rival bacterial cells [412]. T6SS effectors typically have broad spectrum antibacterial activity, from which genetically identical cells are shielded via immunity proteins [412]. The T6SS can also contribute to bacterial virulence; T6SS effectors in *Pseudomonas aeruginosa* have been shown to have activity against both bacterial and eukaryotic cells [413]. Given that the T6SS assembly and employment is likely to be energetically expensive, expression is probably highly regulated; indeed, quorum sensing may play a regulatory role via the global regulator TsrA in *Vibrio cholerae* [414]. The T6SS may also play a contact-independent role in abiotic cell stress conditions; T6SS can facilitate extracellular Zn²⁺ scavenging [415], and manganese, copper, molybdenum and iron uptake under abiotic cell stress conditions [416]. Much of the literature has focused on increased expression of T6SS in inter-bacterial competition, however the phenomenon described here has not been extensively discussed. It seems probable that the decreased T6SS expression in *B. wadsworthia* when in co-culture with Bt strain 1 reflects a decreased cell stress environment and may demonstrate reduced inter-bacterial competition, showing the mutualistic symbiotic interaction between these strains under these conditions.

Four genes associated with the type III secretion system (T3SS) were decreased in expression in *B. wadsworthia* in co-culture compared to mono-culture. Like the T6SS, the T3SS is found in Gram-negative bacteria and forms an injectosome complex which allows the delivery of toxic effectors to target eukaryotic cells [417]. The genes decreased in expression in *B. wadsworthia* encoded a YscD-like base apparatus structure protein [418], an SseC-like effector protein involved in pore formation in target membrane (YopB) [419], SycD, a protein chaperone for pore-forming YopD [420] and a YopN protein involved in facilitating effector translocation into target cells [421] (Table 8). These genes are mainly related to

the translocon proteins of the T3SS which aid in pore formation and transport of effectors directly into the target eukaryotic cell [417]. Given that the T3SS is a well-established virulence mechanism used by many bacterial pathogens [422, 423], decreased expression by *B. wadsworthia* in co-culture could reflect decreased virulence in the presence of Bt strain 1. The environmental inducers of T3SS expression are still under study, but include direct host cell contact, low Ca²⁺ concentration and serum albumin in the case of *Pseudomonas aeruginosa* [424]. It could be speculated that altered Ca²⁺ concentration in the co-culture contributes to the observed decreased expression of T3SS genes in *B. wadsworthia* in co-culture, however this has not been confirmed. Expression of the T3SS and T6SS is associated with bacterial antagonism [425-427], so a decreased expression supports the premise that *B. wadsworthia*'s interaction with Bt strain 1 is more symbiotic than competitive/antagonistic. Furthermore, these secretion systems are often related to bacterial virulence; decreased expression of these systems in *B. wadsworthia* could reflect a loss of virulence when co-cultured with Bt strain 1.

Table 8: Differentially expressed genes (DEGs) related to secretion systems in *B. wadsworthia* (QI0013) in co-culture with Bt strain 1 (QI0072) compared to mono-culture. Differentially expressed genes were identified with a P value cut-off of 0.01, FDR ≤ 0.05 and a logFC of 1 equating to a 2-fold change in gene expression.

	Gene locus ID	Gene annotation	LogFC in co-culture vs. mono-culture
Type VI Secretion System (T6SS)	QI0013_477	T6SS component TssG (ImpH/VasB)	-1.81
	QI0013_476	T6SS component TssF (ImpG/VasA)	-1.83
	QI0013_467	T6SS component TssM (lcmF/VasK)	-1.33
	QI0013_469	T6SS component TssK (ImpJ/VasE)	-1.21
	QI0013_468	T6SS outer membrane component TssL (ImpK/VasF)	-1.55
	QI0013_475	T6SS lysozyme-like component TssE	-2.05
	QI0013_480	T6SS PAAR-repeat protein	-1.91
	QI0013_474	T6SS component Hcp	-1.95
	QI0013_473	T6SS component TssB (ImpB/VipA) / T6SS component TssC (ImpC/VipB)	-2.17

	QI0013_479	VgrG protein	-1.71
Type III Secretion System (T3SS)	QI0013_4411	Type III secretion chaperone protein for YopD (SycD)	-1.20
	QI0013_4414	Type III secretion outer membrane contact sensing protein (yopN, Yop4b, CLcrE)	-1.53
	QI0013_4403	Type III secretion inner membrane protein (YscD, Chomologous to flagellar export components)	-2.27
	QI0013_4410	SseC-like effector protein (YopB)	-1.32

Additionally, *B. wadsworthia* showed decreased expression of the virulence-associated urease in co-culture with Bt strain 1; genes encoding the urease enzyme were among the top 50 decreased DEGs including the alpha (QI0013_3507), beta (QI0013_3508) and gamma subunits (QI0013_3509). In the wider dataset, other genes in this cluster including those encoding urease accessory proteins *ureE* (QI0013_3505), *ureF* (QI0013_3504) and *ureG* (QI0013_3503) were also decreased in expression. Urease is expressed in a broad range of bacteria; the importance of urease as a virulence factor has been particularly well established in *H. pylori*, the causative organism of peptic ulcer disease. In *H. pylori*, urease is essential for pathogenesis, as the pH increase caused by ammonia production is postulated to firstly allow *H. pylori* to persist at the epithelial lining of the stomach, and secondly to cause tissue damage via production of ammonium hydroxide [428]. Urease is pro-inflammatory, cytotoxic to human cells, and may damage epithelial tight junctions in the case of *H. pylori*-induced gastritis [429]. Taken together, decreased expression of T6SS, T3SS and urease in *B. wadsworthia* in co-culture with Bt strain 1 suggests that *B. wadsworthia* adopts a lower virulence phenotype under these conditions.

4.4.2.5 *B. wadsworthia* showed altered expression of genes associated with cell stress in co-culture

In *B. wadsworthia*, ten genes associated with the stress response, defence and virulence gene class were increased in expression in co-culture with Bt strain 1 compared to mono-culture, and seven genes showed decreased expression (Figure 17). Several upregulated genes were antibiotic targets for protein synthesis, including transcription termination factor Rho (QI0013_2576),

translation elongation factors G (QI0013_1296) and Tu (QI0013_1311) and isoleucyl-tRNA synthetase (QI0013_2252); this logically follows the trend towards increased expression of genes associated with protein synthesis observed in *B. wadsworthia* in co-culture with Bt strain 1 (Figure 17). Five genes encoding universal stress proteins (USPs) showed decreased expression in *B. wadsworthia* in co-culture compared to mono-culture; USP expression is increased in response to environmental stressors such as nutrient scarcity [430], so decreased expression alludes towards lower stress conditions for *B. wadsworthia* when in co-culture with Bt strain 1.

4.4.2.6 *B. wadsworthia* increases expression of genes for nucleotide synthesis and cell division in co-culture

Several genes associated with nucleotide biosynthesis were increased in expression in *B. wadsworthia* in co-culture with Bt strain 1 (Figure 17). The pentose phosphate pathway uses glucose-6-phosphate to produce NADPH, pentose sugars and ribose 5-phosphate, which is a precursor for nucleotide synthesis. In co-culture with Bt strain 1, *B. wadsworthia* showed increased expression of four genes encoding enzymes associated with the pentose phosphate pathway including ribose-phosphate pyrophosphokinase (QI0013_2010) which converts ribose 5-phosphate to phosphoribosyl pyrophosphate (PRPP) in the first committed step of purine biosynthesis, as well as amidophosphoribosyltransferase (*purF*) (QI0013_4357) phosphoribosylformylglycinamide synthase (*purS*) (QI0013_4263) and adenylosuccinate lyase (*purB*) (QI0013_2185) which catalyse various steps to generate intermediates in the biosynthetic pathway for purines; a useful schematic summary of this pathway was presented by Goncheva *et al.* [431]. Not only is this biosynthetic pathway important for dinucleotide production for DNA replication, but it also produces ATP and GTP to serve as key cellular energy sources [431]. Additionally, four genes encoding subunits of xanthine dehydrogenases (QI0013_3046, QI0013_3305, QI0013_799, QI0013_913) were decreased in expression in *B. wadsworthia* in co-culture compared to mono-culture; this enzyme converts hypoxanthine to xanthine, and xanthine to uric acid in purine catabolism [432]. Furthermore, one gene encoding a carbamoyl-phosphate synthase large chain (QI0013_4359) was increased in expression in *B. wadsworthia* in co-culture with Bt strain 1 compared to mono-culture; this uses either ammonia or glutamine to produce carbamoyl phosphate in the first committed step of pyrimidine

biosynthesis [431, 433]. Overall, this suggests that purine and pyrimidine levels are increased in *B. wadsworthia* in co-culture with Bt strain 1.

Cell division associated genes were also differentially expressed in *B. wadsworthia* in co-culture with Bt strain 1; genes encoding rod shape-determining proteins MreC and MreD were significantly increased in expression (QI0013_887, QI0013_886). These genes are necessary for shape maintenance in rod-shaped bacteria, and $\Delta mreC$ mutants are non-viable [434]. Other rod-associated genes were also increased in expression including *rodA* (QI0013_884) and *mreB* (QI0013_888). Sometimes called “prokaryotic cytoskeletons”, *mreB* genes are found in almost all non-cocoid bacteria where they encode proteins within the actin superfamily involved in organisation of cell wall synthesis [435]. Rod-shape determining proteins MreBCD and RodA form part of the elongasome, a protein complex that directs peptidoglycan insertion into the lateral cell wall, therefore promoting cylindrical growth. Interestingly, penicillin binding proteins (PBPs) which are important elongasome components were not differentially expressed. It has been shown that cell wall stress upregulates elongasome activity through σ^M -mediated increase in expression of *mreBCD* and *rodA* [436]. Overall, this suggests that the elongasome of *B. wadsworthia* could be more biosynthetically active under co-culture conditions, possibly in response to cell wall stress. Additionally, *ftsK* (QI0013_4472) was increased in expression in *B. wadsworthia* in co-culture; this encodes DNA translocase which coordinates DNA segregation into daughter cells as part of the divisome complex during cell division and is an essential gene in *E. coli* [437]. Overall, the transcriptomic data indicates increased purine and pyrimidine biosynthesis and increased expression of cell division associated genes in *B. wadsworthia* under co-culture conditions; this alludes to increased metabolic activity in *B. wadsworthia* in co-culture with Bt strain 1.

4.4.2.7 *B. wadsworthia* increases production of vitamin B6 and glutamate in co-culture

B. wadsworthia showed increased expression of genes for vitamin B6 biosynthesis in co-culture with Bt strain 1; genes encoding the glutaminase and synthase subunits of pyridoxal 5'-phosphate synthase were increased in expression (QI0013_4335, QI0013_4334) in addition to pyridoxal kinase (QI0013_638). These enzymes produce pyridoxal 5'-phosphate, the bioactive form of vitamin B6. This enzyme utilises a pentose sugar (aldehyde-D-ribose 5-phosphate), a triose sugar

(D-glyceraldehyde 3-phosphate) and glutamine to produce glutamate and pyridoxal 5'-phosphate (PLP) [438]. Vitamin B6 (PLP) is the cofactor of enzymes catalysing a large variety of chemical reactions mainly involved in amino acid metabolism [439], and is an essential nutrient in the human diet [440]. During vitamin B6 biosynthesis, the glutaminase subunit of the enzyme first hydrolyses L-glutamine to yield PLP, L-glutamate and ammonia. The ammonia is then channelled to the synthase subunit where it is reacted with D-ribose 5-phosphate and D-glyceraldehyde 3-phosphate in a complex series of reactions to yield PLP. Expression of glutamate synthase large chain (QI0013_4438) and small chain (QI0013_916) is decreased in *B. wadsworthia* in co-culture, likely reflecting the increased glutamate abundance due to increased vitamin B6 biosynthesis. Similarly, expression of proline dehydrogenase (QI0013_750) which catalyses the oxidation of proline to glutamate is also reduced in co-culture.

The transcriptomic data indicates a higher production of glutamate in *B. wadsworthia* in the co-culture; this can be utilised in the citric acid cycle via conversion to 2-oxo-glutarate by glutamate dehydrogenase. Expression of the gene encoding glutamate dehydrogenase was higher in co-culture in *B. wadsworthia* (QI0013_2400), suggesting that the glutamate produced as a result of increased PLP synthesis is utilised for the citric acid cycle. Glutamate dehydrogenase generates ammonia; this is likely to be utilised by carbamoyl phosphate synthase in pyrimidine biosynthesis. Overall, *B. wadsworthia* appears to increase vitamin B6 biosynthesis in co-culture with Bt strain 1, leading to increased glutamate production as an additional product of this reaction which is in turn utilised during pyrimidine synthesis.

4.4.2.8 Reduced expression of branched chain amino acid transport proteins in *B. wadsworthia* co-cultured with Bt strain 1

Genes associated with membrane transport and nutrient uptake were differentially expressed in *B. wadsworthia* in co-culture with Bt strain 1 compared to monoculture. Of the 50 genes most decreased in expression in *B. wadsworthia* in co-culture, several were associated with ABC transporters for branched chain amino acids (BCAAs), including *livF*, *livG*, *livH*, *livM* and three *livJ* genes. Some *Liv* genes were also observed as being increased in expression in co-culture, including two *livG*, two *livH*, two *livM* and two *livF*. Together, the *livJHMGF* complex encode a high-affinity LIV-I ATP-binding cassette (ABC) transporter in

Gram-negative bacteria [441]. BCAA transport via this complex is mediated by 2 substrate binding proteins; LivJ, which binds all 3 BCAAs and LivK which is leucine-specific [441]. Expression of *liv* genes was shown to be non-essential for *Campylobacter* colonisation in chicken gut with the exception of *livJ* and *livK* which were essential; this suggests that these genes may have additional function besides branched chain amino acid transport [442]. Furthermore, a Δ *livJHMGF* mutant *Streptococcus pneumoniae* strain showed no growth defects *in vitro*, but reduced virulence in pneumonia and septicaemia models [443]. Changes in expression of branched chain amino acid transport proteins could reflect alterations in availability of leucine, isoleucine and valine to *B. wadsworthia* in the co-culture compared to mono-culture but may also have effects on the virulence of this *B. wadsworthia* strain.

4.4.2.9 *B. wadsworthia* utilises hydrogen as an energy source in co-culture

Given that the ability of *B. thetaiotaomicron* to produce hydrogen during fermentation is well-established [234] and hydrogen is an excellent energy source for *B. wadsworthia* [54], we expected that *B. wadsworthia* would readily utilise Bt-derived hydrogen when co-cultured with Bt strain 1. Indeed, *B. wadsworthia*'s hydrogen utilisation was increased in co-culture; energy-conserving hydrogenase subunits BCDEF were increased in expression (QI0013_1929, QI0013_1928, QI0013_1927, QI0013_1926, QI0013_1925). Hydrogenases convert molecular hydrogen to protons and are coupled to the electrochemical ion gradients generated across membranes in bacteria and archaea to allow utilisation of hydrogen as a cellular energy source [444]. Hydrogenase expression has been suggested to enhance *B. wadsworthia* virulence, as is the case in other hydrogenase-expressing pathogenic bacteria [54]. It appears that in co-culture with Bt strain 1, *B. wadsworthia* may have greater capacity for hydrogen utilisation to access additional energy for growth and metabolic activity.

4.4.3 Transcriptome of Bt strain 1 – co-culture with *B. wadsworthia* vs. mono-culture

4.4.3.1 H₂S-utilising amino acid biosynthetic pathways were reduced in expression in Bt strain 1

Given the sulfidogenic interaction between *B. wadsworthia* and Bt strain 1, we first used Pathway Tools to establish the capacity of Bt strain 1 to produce or utilise H₂S. The genome of Bt strain 1 does not encode known genes for H₂S production, but it does have the capacity to utilise H₂S during the biosynthesis of amino acids including cysteine and homocysteine. In Bt strain 1, twelve genes associated with amino acid metabolism were increased in expression, and nine genes were decreased in co-culture with *B. wadsworthia* compared to mono-culture (Figure 19). Interestingly, cysteine synthase (o-acetylserine sulfhydrylase) EC 2.5.1.47 (QI0072_3844) was highly decreased in expression in Bt strain 1 in co-culture compared to mono-culture; this catalyses the conversion of O³-acetyl-L-serine and H₂S to L-cysteine and acetate, utilising pyridoxal-5'-phosphate (vitamin B6) as a co-factor [445] (Figure 1). This is relevant as this shows that although Bt strain 1 has the capacity to utilise *B. wadsworthia*-derived H₂S, the gene encoding this enzyme is heavily decreased in expression in co-culture with *B. wadsworthia*. This therefore indirectly contributes to the high H₂S concentration observed in the co-culture. Similarly, two genes involved in H₂S-utilising homocysteine biosynthesis were also differentially expressed; one gene encoding O-acetylhomoserine sulfhydrylase (EC 2.5.1.49) O-succinylhomoserine sulfhydrylase (EC 2.5.1.48) was heavily decreased in expression in co-culture (QI0072_3143), whereas another gene encoding this enzyme was increased in expression in co-culture (QI0072_2658), although not to the same fold change as the decreased gene. This enzyme catalyses the conversion of O-acylhomoserine and H₂S to homocysteine [446, 447]. Overall, decreased homocysteine and cysteine biosynthesis by Bt strain 1 in co-culture with *B. wadsworthia* results in lower H₂S utilisation by Bt strain 1, which indirectly contributes towards the overall phenotype of high H₂S concentration in the co-culture.

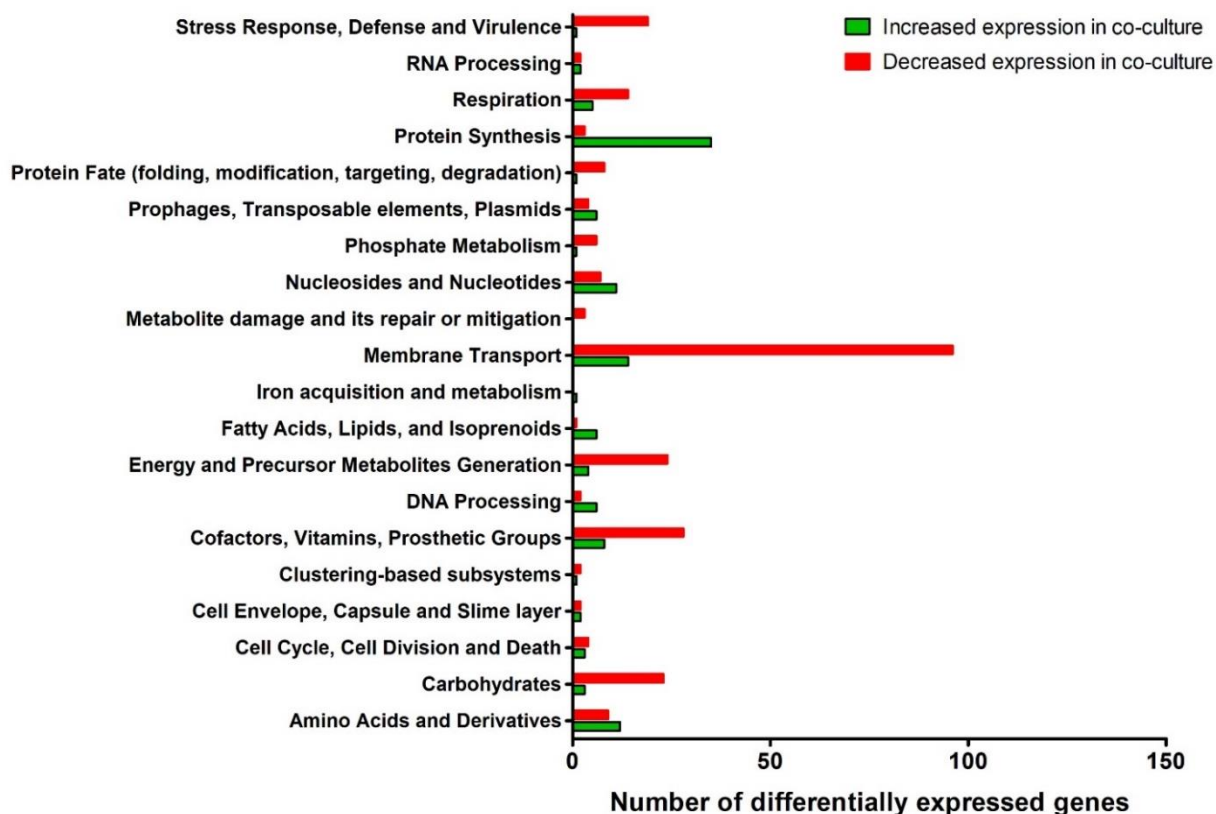


Figure 19: Differentially expressed genes (DEGs) of Bt strain 1 (QI0072) in co-culture with *B. wadsworthia* vs. mono-culture.

Numbers of DEGs in Bt strain 1 increased and decreased in expression in each functional gene class as annotated in BV-BRC. Green indicates genes that are increased in expression in co-culture, and red indicates decreased expression in co-culture relative to the Bt strain 1 mono-culture.

4.4.3.2 Bt strain 1 showed reduced expression of polysaccharide binding and utilisation genes in co-culture

Genes associated with carbohydrates were notably affected in Bt strain 1 in co-culture with *B. wadsworthia* compared to mono-culture; three genes were increased in expression, whereas twenty-three were decreased in expression (Figure 19). Many of the genes decreased in expression were associated with sugar utilisation including three α -galactosidases (QI0072_3829, QI0072_3896, QI0072_4365) and a UDP-glucose 4-epimerase (QI0072_600) associated with degrading glycosphingolipids or glycoproteins to galactose, and ten β -galactosidases (QI0072_1151, QI0072_1160, QI0072_1161, QI0072_1166, QI0072_1492, QI0072_2325, QI0072_281, QI0072_3398, QI0072_3661, QI0072_899) for lactose utilisation [448]. Additionally, six genes encoding α -mannosidases (QI0072_2924, QI0072_3023, QI0072_3693, QI0072_4673, QI0072_4830, QI0072_4832) were decreased in expression; this enzyme is

involved in mannose degradation [449]. This suggests that polysaccharide utilisation and degradation is reduced in Bt strain 1 when in co-culture with *B. wadsworthia* compared to mono-culture. Additionally, genes associated with membrane transport were distinctly affected in Bt strain 1 when in co-culture with *B. wadsworthia* compared to mono-culture, with fourteen genes showing increased expression and ninety-six decreased in expression (Figure 19). Perhaps unsurprisingly given the decreased expression of genes for carbohydrate utilisation, genes associated with polysaccharide binding and import were also decreased in expression. The starch utilisation system (Sus) protein family showed a striking pattern of decreased expression, including one *susA* gene encoding α -amylase, forty-one *susC* genes which encode outer membrane Ton-B dependent transporters, forty-four *susD* genes for cell surface glycan-binding lipoproteins, as well as *susE* and *susF* which encode outer membrane proteins. The Sus proteins are involved in cell surface polysaccharide binding in *Bacteroides spp.* as part of the Polysaccharide Utilisation Loci (PULs), where SusC and SusD primarily function to bind starch to the outer membrane, with SusE stabilising binding [450]. The utilisation and breakdown of polysaccharides by *B. thetaiotaomicron* is largely responsible for the prevalence of this species in the gut human gut microbiota, as this serves important ecological function in the human gut [451]. It is possible that due to the higher growth rate of Bt strain 1 in co-culture, the polysaccharides were utilised more rapidly and at 8 h decreased gene expression is due to scarcity in the co-culture by this time-point. If occurring in the human gut environment, this may also be interesting as decreased fermentation by this strain in the presence of *B. wadsworthia* could have a wider impact on the gut microbiota and the host.

4.4.3.3 Decreased vitamin B6 biosynthesis and increased folate biosynthesis by Bt strain 1 in co-culture

Twenty-eight genes associated with cofactors and vitamin synthesis were decreased in expression in Bt strain 1 when in co-culture with *B. wadsworthia* compared to mono-culture, compared to only eight genes increased in expression (Figure 19). Of those decreased in expression, three were associated with vitamin B6 biosynthesis, including pyridoxal kinase (QI0072_5367) and pyridoxamine 5'-phosphate oxidase (QI0072_2263) which generate pyridoxal 5'-phosphate (PLP), the bioactive form of vitamin B6 from precursor molecules, and 1-deoxy-D-xylulose 5-phosphate synthase (QI0072_2069) which generates pyridoxine 5'-phosphate, a

precursor for PLP. Given that Bt strain 1 showed increased growth in co-culture and that vitamin B6 is an important co-factor for many cellular processes [440], it seems likely that Bt strain 1 is able to source the required PLP in the co-culture. As *B. wadsworthia* showed increased vitamin B6 biosynthesis, Bt strain 1 may directly utilise this.

Folate biosynthesis appears to be increased in Bt strain 1 in co-culture with *B. wadsworthia*, as genes encoding enzymes in the tetrahydrofolate (THF) pathway showed increased expression including dihydrofolate synthase (QI0072_1984), formate--tetrahydrofolate ligase (QI0072_878), and methenyltetrahydrofolate cyclohydrolase (QI0072_2306). Tetrahydrofolate (vitamin B9) is an important co-factor in the synthesis of purines, pyrimidines and methionine [452]; increased synthesis likely represents the increased metabolic activity of Bt strain 1 when in co-culture with *B. wadsworthia*, where there is more rapid growth (Figure 16C).

4.4.3.4 Shifts in the central metabolism – decreased expression of genes associated with pentose phosphate pathway, TCA cycle and respiration in Bt strain 1

Several genes encoding enzymes involved in the pentose phosphate pathway were decreased in expression in Bt strain 1 in co-culture with *B. wadsworthia*; this pathway utilises glucose to generate NADPH, pentose sugars and ribose 5'-phosphate for anabolic reactions such as lipid and nucleotide biosynthesis [453]. Genes decreased in expression included glucose-6-phosphate dehydrogenase (QI0072_1443), 6-phosphogluconolactonase (QI0072_1442), 6-phosphogluconate dehydrogenase (QI0072_1445) and ribose-5-phosphate isomerase A (QI0072_2729). Additionally, genes for enzymes that catalyse the conversion of ribose-5-phosphate to glyceraldehyde-3-phosphate for glycolysis were also decreased in expression in co-culture, including transketotases (QI0072_1990, QI0072_1989) and transaldolase (QI0072_2361). However, the gene for ribose-phosphate pyrophosphokinase, which converts the pentose phosphate pathway product ribose-5-phosphate to PRPP was increased in expression (QI0072_890); this catalyses the first committed step of nucleotide biosynthesis, and likely reflects the increased growth and division of Bt strain 1 in co-culture with *B. wadsworthia*.

Several genes encoding TCA cycle enzymes were decreased in expression in Bt strain 1 in co-culture, including those of the anaerobic module where acetyl coA is

converted to 2-oxo-glutarate by citrate synthase (QI0072_2888), aconitate hydratase (QI0072_2890) and isocitrate dehydrogenase (QI0072_2889). Genes encoding enzymes which convert 2-oxo-glutarate to succinate were also decreased in expression, including dihydrolipoamide dehydrogenases (QI0072_2225, QI0072_3477) 2-oxoglutarate ferredoxin oxidoreductase beta and gamma subunits (QI0072_3562, QI0072_3563) and succinyl coA ligase alpha and beta chains (QI0072_984, QI0072_985). Overall, this pattern is similar to that observed in *B. wadsworthia*. Although both species show increased metabolic activity and/or growth in co-culture, there is a seemingly paradoxical observation of decreased expression of enzymes involved in central metabolism in both strains. Nonetheless, this suggests that *B. wadsworthia* and Bt strain 1 have a co-operative, mutualistic interaction in co-culture.

Several respiration-associated genes were decreased in expression in Bt strain 1 in co-culture with *B. wadsworthia*, including nine genes co-localised in an operon encoding F₀-F₁ ATP synthase components (Table 9). Membrane-bound F₀-F₁ ATP synthases are able to synthesise ATP as well as utilise ATP to generate a transmembrane ion gradient [454, 455], and generate the majority of cellular ATP [456]. The decreased expression of ATP synthase in Bt strain 1 under co-culture conditions together with the observation of increased growth rate implies that Bt strain 1 can access an alternative ATP source in co-culture with *B. wadsworthia*.

Table 9: Differentially expressed genes related to ATP synthase in Bt strain 1 (QI0072) in co-culture with *B. wadsworthia* (QI0013) compared to mono-culture. Differentially expressed genes were identified with a P value cut-off of 0.01, FDR ≤ 0.05 and a logFC of 1 equating to a 2-fold change in gene expression.

Gene locus ID	Gene annotation	LogFC
QI0072_843	ATP synthase beta chain (EC 3.6.3.14)	-2.08
QI0072_844	ATP synthase epsilon chain (EC 3.6.3.14)	-2.14
QI0072_845	ATP synthase protein I	-2.57
QI0072_846	ATP synthase F ₀ sector subunit a (EC 3.6.3.14)	-2.46
QI0072_847	ATP synthase F ₀ sector subunit c (EC 3.6.3.14)	-2.05
QI0072_848	ATP synthase F ₀ sector subunit b (EC 3.6.3.14)	-2.30
QI0072_849	ATP synthase delta chain (EC 3.6.3.14)	-2.27
QI0072_850	ATP synthase alpha chain (EC 3.6.3.14)	-2.33

QI0072_851	ATP synthase gamma chain (EC 3.6.3.14)	-2.41
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4.4.3.5 Bt strain 1 showed increased protein synthesis in co-culture

Genes involved in protein synthesis were differentially expressed in Bt strain 1 when in co-culture with *B. wadsworthia* compared to mono-culture, where thirty-two genes were increased in expression compared to only five decreased in expression (Figure 19). Of those increased in expression, many were associated with the ribosome including 20 LSU ribosomal proteins and 5 SSU ribosomal proteins. Additionally, genes associated with translation showed increased expression such as translation initiation factor SUI1-related protein (QI0072_4693), elongation factor Ts (QI0072_4692) and ribosome recycling factor (QI0072_3072). Furthermore, genes associated with amino acid recruitment to the ribosome were also increased in expression, including asparagine synthetase (QI0072_1641), histidyl-tRNA synthetase (QI0072_2558), phenylalanyl-tRNA synthetase (QI0072_618) and valyl-tRNA synthetase (QI0072_5242). As ribosomal protein expression has been shown to be increased during rapid bacterial growth [457], this increased expression of ribosomal proteins in Bt strain 1 agrees with the phenotypic observation of increased growth and indicates favourable, nutrient-dense conditions for Bt strain 1 in co-culture with *B. wadsworthia*.

4.4.3.6 Cell stress genes are decreased in expression in Bt strain 1 in co-culture

Nineteen genes associated with cell stress showed decreased expression in Bt strain 1 in co-culture with *B. wadsworthia* compared to mono-culture (Figure 19), including *opuAA*, *opuAB* and *opuAC* genes associated with glycine betaine ABC transport system. Expression of this transporter is induced by stress conditions [458], where increased glycine betaine uptake has osmoprotective effects in high osmolarity environments [459]. This supports the premise that Bt strain 1 is under more favourable growth conditions when in co-culture with *B. wadsworthia* compared to mono-culture.

4.4.3.7 Altered expression of genes associated with bacterial conjugation and bacteriophage in Bt strain 1

Increased expression of genes encoding conjugative transposon proteins of the Tra system was observed in Bt strain 1 in co-culture with *B. wadsworthia*. These included *traA* (QI0072_5616), *traE* (QI0072_1699) two *traF* genes (QI0072_1700, QI0072_5649), *traG* (QI0072_1701) and *traM* (QI0072_1710). These genes allow

bacterial conjugation, a major mechanism of horizontal gene transfer where DNA is directly transferred from one bacterium to another using a pilus assembly [460]. TraA, TraE, TraF and TraG are involved in pilus assembly; TraA forms the repeating protein to form the F pilus [461], TraE and TraG are involved in tip assembly, and TraF plays a role in pilus extension [462]. TraM is thought to be associated with DNA transfer and relaxosome formation by being to the origin of transfer (*oriT*) [463]. Expression of the conjugative transfer proteins is usually low, as constitutive expression would entail a fitness cost [460], therefore bacteria employ various sensing strategies to induce or inhibit expression such as quorum sensing, secretion of donor-specific peptides or activation by specific nutrients [464]. This allows bacterial conjugation to occur at appropriate cell densities; the increased expression of Tra genes is perhaps expected given that Bt strain 1 achieves significantly higher abundance in co-culture with *B. wadsworthia* compared to mono-culture (Figure 16C). Horizontal gene transfer is a hallmark of bacterial evolution and contributes to the clinically important transfer of multi-drug resistance genes and pathogenicity islands both within and between species [465, 466]. If occurring in the human gut, an increased frequency of gene transfer events due to increased expression of bacterial conjugation genes by Bt strain 1 could contribute to clinically important bacterial evolution such as the transfer of multi-drug resistance.

Several phage-associated genes were differentially expressed in Bt strain 1 in co-culture with *B. wadsworthia* compared to mono-culture, including a phage protein and a putative phage-related transcriptional regulator that were increased in expression in Bt strain 1 in co-culture (QI0072_1419, QI0072_5619), and eight phage-associated genes that were decreased in expression (Table 10). This suggests that lysogenic phage induction in Bt strain 1 may be reduced when in co-culture with *B. wadsworthia*, providing more evidence in support of a symbiotic interaction between these strains where both bacteria are under reduced stress when in co-culture.

Table 10: Differentially expressed genes related to bacteriophage in Bt strain 1 (QI0072) in co-culture with *B. wadsworthia* (QI0013) compared to mono-culture. Differentially expressed genes were identified with a P value cut-off of 0.01, FDR \leq 0.05 and a logFC of 1 equating to a 2-fold change in gene expression.

Gene locus ID	Gene annotation	LogFC
QI0072_3496	Bacteriophage lysis protein, putative	-1.23
QI0072_1440	Phage protein	-3.49
QI0072_4797	Phage protein	-3.77
QI0072_700	Phage endolysin	-1.70
QI0072_702	Prophage Clp protease-like protein	-1.57
QI0072_704	Phage protein	-1.41
QI0072_705	Bacteriophage Mu, Gene product J (IPR009752)	-1.38
QI0072_706	Phage protein Mup29 H	-1.63

4.4.3.8 Bt strain 1 increases expression of vitamin B12 transporters in co-culture

Genes involved in vitamin B12 transport were increased in expression in Bt strain 1 in co-culture with *B. wadsworthia* including *btuB* (QI0072_2693), *btuC* (QI0072_2691), *btuD* (QI0072_2690) and two *btuF* genes (QI0072_2692, QI0072_2917). The BtuBCDF system allows bacterial vitamin B12 uptake; BtuB encodes a TonB-dependent outer membrane transporter found in Gram-negative bacteria, BtuF encodes a periplasmic B12 binding protein and BtuCD form the ABC transporter [467]. Interestingly, a previous study revealed that the *B. thetaiotaomicron* genome encodes 3 B12 transporters where each transporter exhibits a preference for a different corrinoid group; this provides *B. thetaiotaomicron* with a competitive advantage in terms of adaptability to grow with specific corrinoids [468]. The expression of Btu systems in *B. thetaiotaomicron* was also shown to be important for bacterial fitness both *in vitro* and during gut colonisation of gnotobiotic mice [468]; this therefore suggests that the higher expression of vitamin B12 transporters by Bt strain 1 in co-culture with *B. wadsworthia* enhances bacterial fitness and could permit this strain to colonise the human gut more successfully compared to mono-culture grown strains. It may also imply that *B. wadsworthia* is able to produce vitamin B12, although this is yet to be demonstrated. This further highlights the mutualistic interaction between Bt strain 1 and *B. wadsworthia* in co-culture.

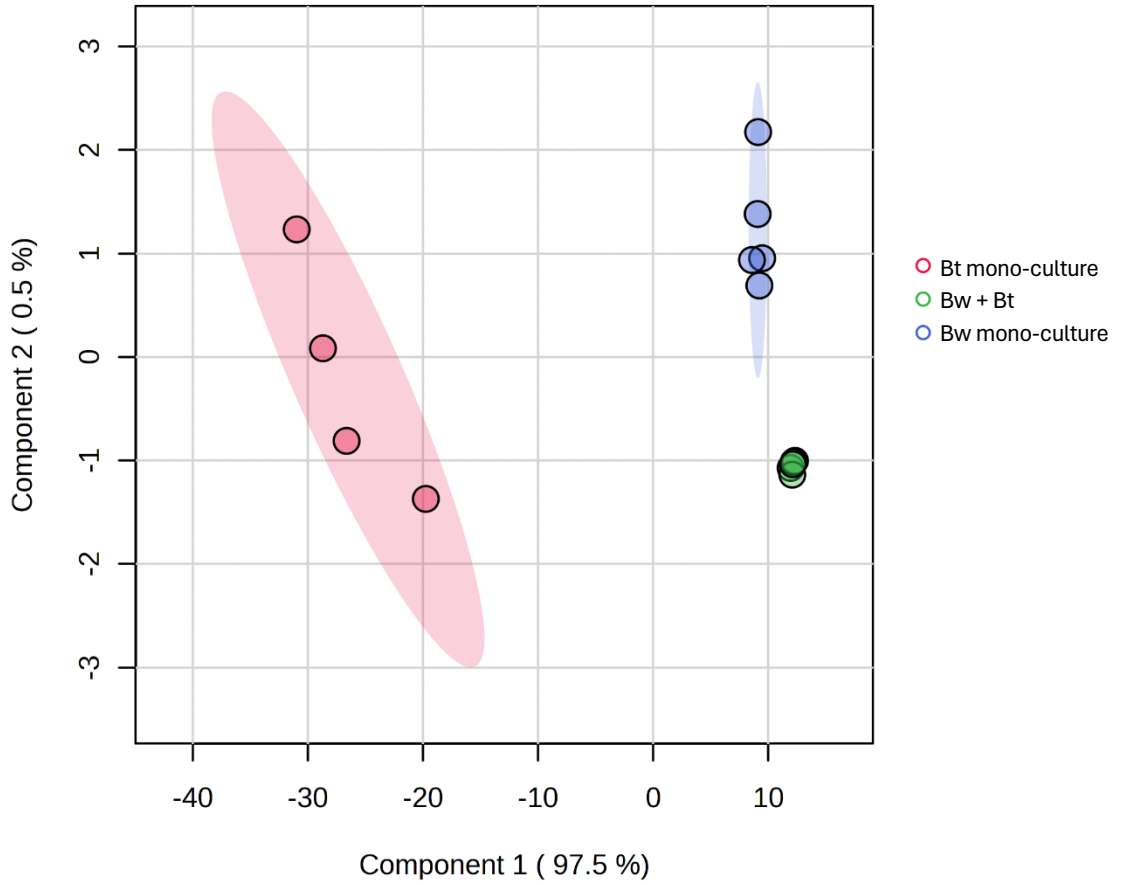
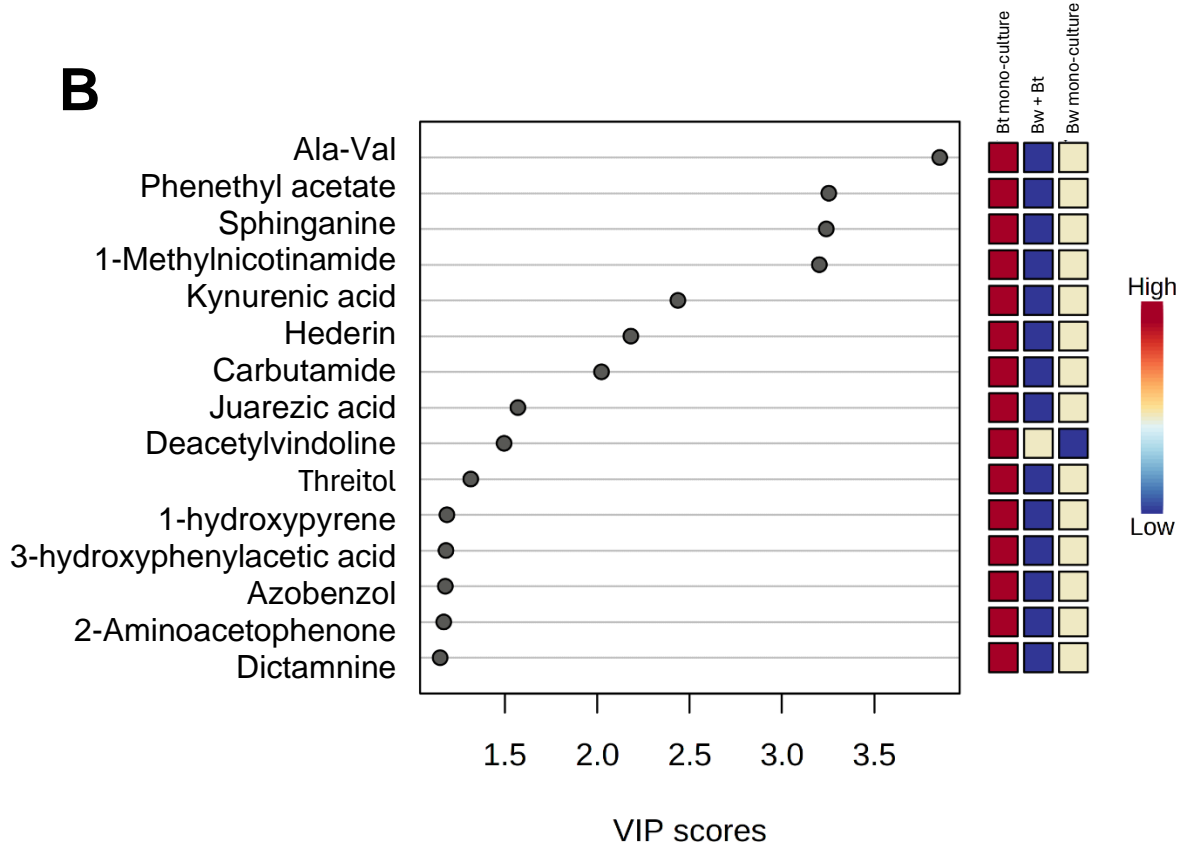
4.4.4 Analysis of the endometabolome of *B. wadsworthia* and Bt strain 1

The endometabolome of the *B. wadsworthia* and Bt strain 1 co-culture was analysed at 8 h post-inoculation, alongside mono-cultures. In the PLS-DA plot the Bt strain 1 mono-culture condition clustered distinctly from the *B. wadsworthia* mono-culture and co-culture conditions, with the first and second principal components explaining 97.5% and 0.5% of the data variance respectively (Figure 20A).

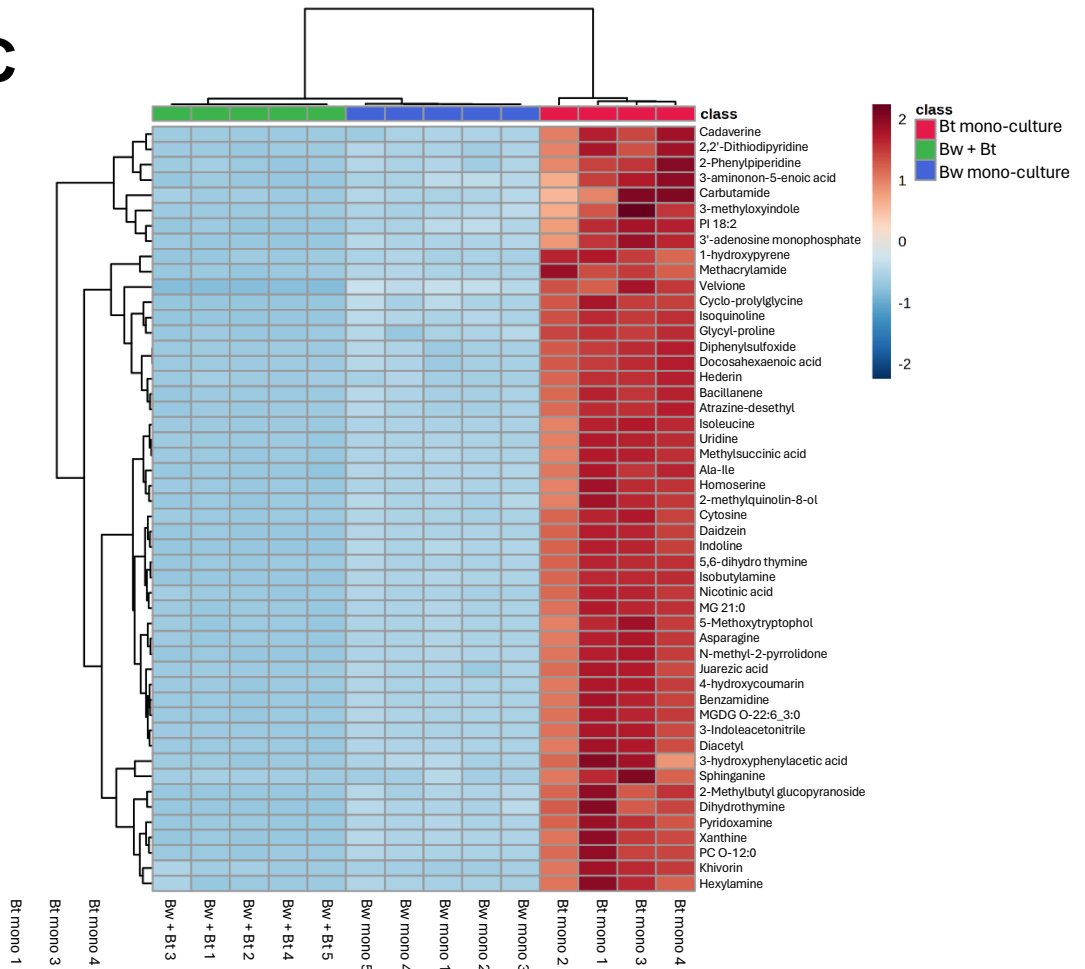
The Variable Importance in Projection (VIP) scores showed that the top 15 compounds contributing to differences between conditions were relatively high abundance in the Bt strain 1 mono-culture and relatively low abundance in the co-culture (Figure 20B); this suggests that these compounds are produced by Bt strain 1 and either 1) not produced by Bt strain 1 in co-culture with *B. wadsworthia* or 2) consumed by *B. wadsworthia*. The highest scoring compound was Ala-Val, a dipeptide demonstrated to be produced in *E. coli* specifically engineered for dipeptide synthesis [469] (Figure 20B). Phenethyl acetate was also in relatively high abundance in the Bt strain 1 endometabolome compared to the other conditions (Figure 20B); this ester has been described as a fermentation product during yeast maturation of cheese [470]. Sphinganine was also one of the highest scoring compounds in relatively high abundance in Bt strain 1 (Figure 20B); production of this compound by *Bacteroides* strains in the gut was reported previously [471]. A nicotinic compound 1-Methylnicotinamide was also in relatively high abundance in Bt strain 1 (Figure 20B); this metabolite was found to be positively correlated with *Limosilactobacillus mucosae* abundance in the piglet gut, a bacterial strain associated with gastrointestinal health [472]. Kynurenic acid was a highly scoring compound, indicating that this compound significantly contributes to the differences between conditions (Figure 20B). Kynurenic acid is a product of tryptophan degradation in mammals [473], however *E. coli* has been demonstrated to produce kynurenic acid from L-kynurenine in the rat small intestine [474] and in humans, kynurenic acid concentration is high in the distal colon relative to other body sites, suggesting that the gut microbiota may also produce this compound [475]. Kynurenic acid was in relatively low abundance within the cells in the co-culture compared to Bt strain 1 mono-culture (Figure 20B), suggesting that tryptophan metabolism via this pathway is lessened in co-culture. The heatmap displaying the top 50 differentially abundant metabolites showed clear differences

between the conditions, most notably when Bt strain 1 mono-culture is compared to the other culture conditions (Figure 20C).

Specific metabolites of interest based on the gene expression data obtained for the cultures were manually curated based upon the transcriptomic data and displayed as a heatmap (Figure 20D). Branched chain amino acids (BCAAs) were implicated as metabolites of interest by the transcriptomic data, which revealed differential expression of Liv system genes encoding ABC transporters for BCAAs in *B. wadsworthia* (Figure 17); these gene expression changes could reflect altered bioavailability of leucine, isoleucine and valine to *B. wadsworthia* in the co-culture compared to mono-culture. Indeed, valine and isoleucine were detected in the endometabolome in all culture conditions, in addition to dipeptides of leucine including threonylleucine, prolylleucine, N-leucyl-leucine and leucyl-leucine. In all cases, relative abundance was high in Bt strain 1 mono-culture, lower in *B. wadsworthia* mono-culture and the lowest abundance in the co-culture condition (Figure 20D). Taken together, this suggests lower bioavailability of branched chain amino acids in the endometabolome of *B. wadsworthia* and Bt strain 1 in co-culture at 8 h compared to mono-cultures.

A**B**

C



D

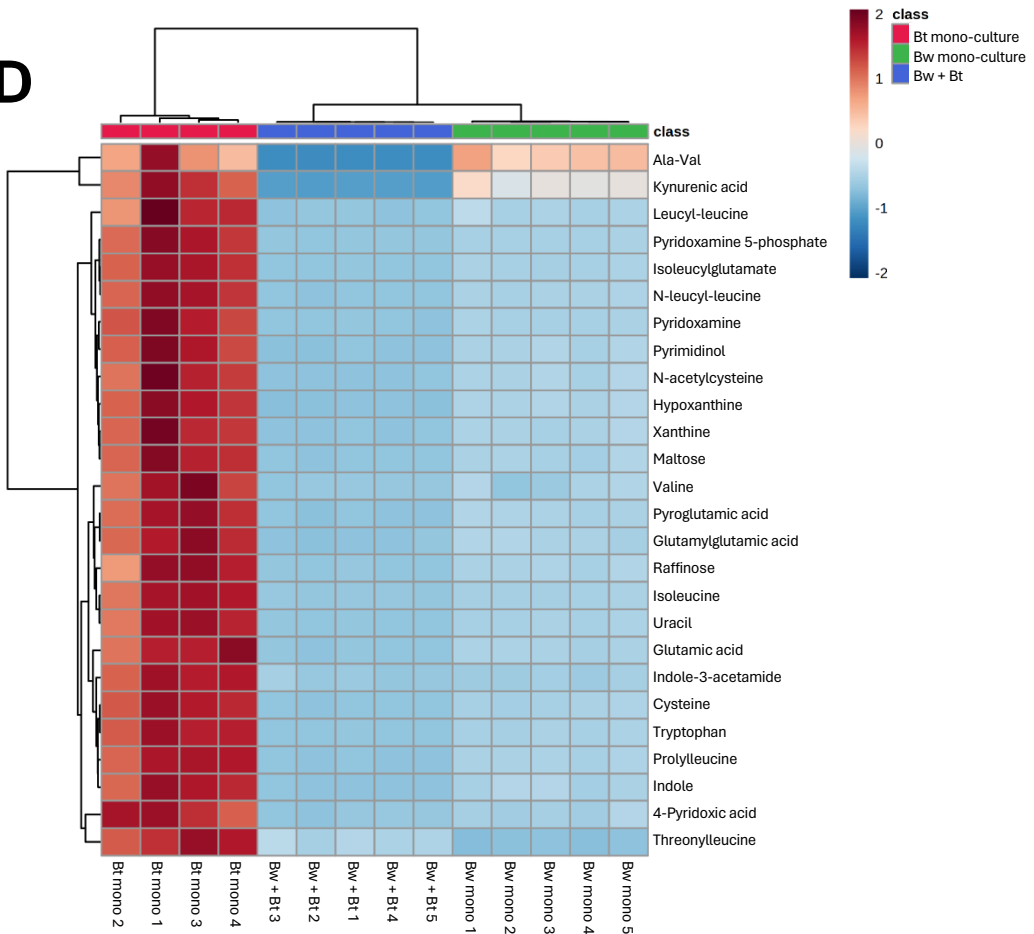


Figure 20: Comparisons of the endometabolome of *B. wadsworthia* and Bt strain 1 in co-culture (Bw + Bt) with mono-cultures (Bw_mono, Bt_mono).

A) PLS-DA plot of metabolites acquired from samples via untargeted LCMS in positive ion mode. B) The top compounds ranked based on the Variable Importance in Projection (VIP) scores. The coloured boxes on the right indicate the relative concentrations of the corresponding metabolite in each group. C) Heatmap displaying relative abundance of top 50 differentially abundant metabolites in the culture conditions. D) Specific metabolites of interest manually curated from the compound list detected via untargeted LCMS.

4.4.5 Utilisation of glutamate and glutamine was increased in the co-culture

The transcriptomic data suggested that glutamine utilisation by *B. wadsworthia* is increased in co-culture, as this is used as substrate for pyridoxal 5'-phosphate synthase during vitamin B6 biosynthesis, carbamoyl phosphate during pyrimidine biosynthesis and amidophosphoribosyltransferase (*purF*) during purine biosynthesis, all of which show increased gene expression in co-culture. A logical next step is to query where glutamine is sourced to facilitate these processes; indeed, expression of glutamine ABC transporter permease protein *glnP* (QI0013_1829) was increased in expression in *B. wadsworthia* in co-culture, along with 3 other ABC transporter permease proteins (QI0013_2582, QI0013_1696, QI0013_1694) and 3 ATP-binding proteins (QI0013_1826, QI0013_2581, QI0013_1695) of cluster 3, which facilitate uptake of polar amino acids including glutamine and glutamate [476]. Interestingly, glutamine transporters are required for virulence of group B streptococci and *S. enterica* serovar Typhimurium [477]. This suggests that there is increased extracellular availability of glutamine leading to increased expression of transporters allowing uptake under co-culture conditions, however this is speculative.

Interestingly, glutamine utilisation also appeared to be increased in Bt strain 1 in co-culture compared to mono-culture. Expression of genes encoding GMP synthase (QI0072_3179), imidazole glycerol phosphate synthase (QI0072_2039, QI0072_2041) and asparagine synthetase (QI0072_1641) were increased in Bt strain 1 in co-culture, all of which are capable of converting glutamine to glutamate via different pathways [478-480]. Additionally, glutamate synthase large chain (QI0072_1639) and small chain (QI0072_1640) were increased in expression, which uses glutamine to synthesise glutamate. On the contrary, a gene encoding a glutamine synthetase type III was decreased in expression in Bt strain 1 in co-culture with *B. wadsworthia* compared to mono-culture (QI0072_1649); therefore the source of glutamine for increased utilisation by both *B. wadsworthia* and Bt strain 1 under co-culture conditions is unclear. Glutamate utilisation also appeared to be increased in Bt strain 1 in co-culture; dihydrofolate synthase was increased in expression which utilises glutamate in folate biosynthesis [481]. Overall, there appears to be a higher metabolic demand for glutamine from both species in co-culture compared to the respective mono-cultures, although the source of glutamine as a substrate to support this demand is unclear.

Expression of both glutamate decarboxylase and glutaminase were significantly decreased in Bt strain 1 in co-culture with *B. wadsworthia* compared to mono-culture (QI0072_3377, QI0072_3378); these enzymes catalyse the conversion of glutamine to glutamate to gamma-amino butyric acid (GABA) [482]. Alterations in faecal GABA concentrations have been implicated in modulating mental health disorders in humans [482]. Interestingly, 96% of *Bacteroides spp.* in the gut are able to produce GABA from glutamine, which could contribute to the regulation of the GABAergic system in the gut [482]. In this case, it appears that glutamate conversion to GABA by Bt strain 1 is decreased when in co-culture with *B. wadsworthia*, implying that GABA production is lower in the co-culture. This could have implications for the human gut, as lower abundance of GABA-producing species and lower faecal GABA has been associated with depressive disorders [483].

In summary, the transcriptomic data suggested that glutamine utilisation was higher in both bacteria under co-culture conditions compared to respective mono-cultures, and glutamate utilisation by Bt strain 1 appears to be greater in the co-culture condition compared to mono-culture. Although glutamine was detected in the endometabolome, the RSD_{QC} was >20% and therefore excluded from further analysis. However, glutamic acid (of which the ionic form is glutamate) and pyroglutamic acid (a cyclic lactam of glutamic acid) showed high abundance in Bt strain 1 mono-culture relative to *B. wadsworthia* mono-culture, and the lowest abundance in the co-culture condition (Figure 20D). Similar patterns in relative abundance were observed for glutamylglutamic acid (glu-glu dipeptide) and isoleucylglutamate (ile-gly dipeptide) (Figure 20D). This aligns with the transcriptomic dataset to demonstrate higher glutamate utilisation in the co-culture, as the relative abundance of this metabolite per 10⁹ cells is lower under co-culture conditions compared to respective mono-cultures.

4.4.6 Reduced intracellular abundance of sulfated amino acids in co-culture

Sulfated amino acids cysteine and N-acetylcysteine were less abundant per cell in the co-culture compared to either of the mono-cultures (Figure 20D). Bt strain 1 showed reduced expression of cysteine synthase (QI0072_3844) which catalyses the conversion of O³-acetyl-L-serine and H₂S to L-cysteine and acetate, utilising pyridoxal-5'-phosphate (vitamin B6) as a co-factor [445]; the metabolomic data supports this observation.

4.4.7 Vitamin B6 in the endometabolome of the co-culture

Transcriptomic analysis alluded to alterations in vitamin B6 metabolism in the co-culture, where *B. wadsworthia* showed increased expression of genes associated with vitamin B6 biosynthesis and Bt strain 1 showed decreased expression compared to respective mono-cultures. Several vitamers were detected via endometabolome analysis, including pyridoxamine 5'-phosphate (PNP) and pyridoxamine which are produced during vitamin B6 salvage [484] and 4-pyridoxic acid, the breakdown product of pyridoxal 5'-phosphate (PLP), the bioactive form of vitamin B6 [485]. These three metabolites showed decreased abundance per 10⁹ cells in the co-culture compared to the mono-cultures, and the bioactive form of vitamin B6 was not detected (Figure 20D); this suggests that the vitamin B6 produced by *B. wadsworthia* was utilised in the co-culture.

4.4.8 Decreased availability of xanthine and hypoxanthine in the co-culture

The transcriptomic data revealed alterations to xanthine and uracil uptake in the two species in co-culture; *B. wadsworthia* showed decreased xanthine-uracil permease expression in co-culture (QI0013_799), whereas Bt strain 1 showed increased expression of the genes encoding xanthine and uracil permeases (QI0072_5381, QI0072_818). Additionally, Bt strain 1 showed increased expression of uracil phosphoribosyltransferase (QI0072_3515), which catalyses the conversion of uracil and phosphoribosylpyrophosphate (PRPP) to UMP [486], as well as uridine kinase (QI0072_406), which catalyses the conversion of uridine to UMP [487]. Together, this suggests enhanced uptake and utilisation of uracil and xanthine as part of the pyrimidine salvage pathway in Bt strain 1 in co-culture. Furthermore, expression of hypoxanthine-guanine phosphoribosyltransferase was increased (QI0072_5276); this enzyme converts PRPP and either hypoxanthine or guanine to either IMP or GMP respectively as part of purine salvage [488]. Therefore, Bt strain 1 appears to increase purine and pyrimidine salvage to support nucleotide synthesis in co-culture with *B. wadsworthia* compared to mono-culture. This suggests altered bioavailability of these nitrogenous compounds in the co-culture; indeed, xanthine, hypoxanthine and pyrimidinol were relatively high abundance within the cells of Bt strain 1 in mono-culture, lower abundance in *B. wadsworthia* mono-culture and the lowest abundance in the co-culture endometabolome (Figure 20D). The transcriptomic and metabolomic data corroborate a decreased intracellular bioavailability of xanthine and hypoxanthine

in the co-culture, which likely leads to the decreased expression of xanthine dehydrogenases in *B. wadsworthia* within the co-culture.

4.4.9 Decreased abundance of raffinose and maltose in co-culture

The transcriptomic analysis of Bt strain 1 showed that starch utilisation system (*sus*) genes were decreased in expression under co-culture conditions.

Interestingly, the presence of maltose is required for *Sus* gene expression [489]; the metabolomic data reveals that the intracellular abundance of maltose is relatively low in the co-culture compared to Bt strain 1 mono-culture (Figure 20D), possibly explaining why these genes are downregulated under co-culture conditions. Additionally, *B. thetaiotaomicron* possesses α -galactosidases for raffinose degradation [490]; in Bt strain 1, three α -galactosidases were decreased in expression in co-culture with *B. wadsworthia* compared to mono-culture.

Raffinose relative abundance was much lower in the co-culture endometabolome compared to Bt strain 1 mono-culture (Figure 20D). This therefore aligns with the gene expression data, suggesting that raffinose utilisation by Bt strain 1 occurred earlier in the co-culture compared to mono-culture, highlighting that the cells are more metabolically active.

4.4.10 Alterations to Bt strain 1's tryptophan and indole metabolism in co-culture

Differences in tryptophan, indole and indole-3-acetamide relative concentrations were also observed in the endometabolome of Bt strain 1 and *B. wadsworthia* mono-cultures compared with co-culture (Figure 20D). Indole-producing members of the human gut microbiota include *E. coli*, *Proteus vulgaris*, *Paracolobactrum coliforme*, *Achromobacter liquefaciens* and *Bacteroides spp.* [491]. These strains are able to degrade tryptophan to indole, pyruvate and ammonia via the enzyme tryptophanase (TnaA), the activity of which is induced by tryptophan and inhibited by glucose [491]. Interestingly, indole production is commonly observed in *B. thetaiotaomicron* [306], and Bt-derived indole has been shown to inhibit virulence in EPEC and *Vibrio cholerae* by inhibiting T3SS expression [306]. Given that *B. wadsworthia* does not produce indole [492], it is assumed that indole and indole derivatives present in these culture conditions are derived from *B.*

thetaitaomicron. The relative abundance of these metabolites is lower in the co-culture per 10^9 cells compared to the Bt strain 1 mono-culture (Figure 20D), although this may simply reflect the higher number of cells present in the co-culture as opposed to changes in Bt strain 1's tryptophan consumption and indole

production. Therefore, the indole and tryptophan relative abundances were determined in the Bt strain 1 mono-culture and co-culture per 10^9 Bt strain 1 cells only; this showed a decreased relative abundance of indole in the endometabolome of the co-culture compared to Bt strain 1 mono-culture (Figure 21). This suggests that *B. wadsworthia* either utilises the Bt-derived indole or utilises the tryptophan directly meaning less is available for Bt strain 1 (Figure 21). The transcriptomic data revealed that expression of a tryptophan-specific transport protein in *B. wadsworthia* is increased in co-culture compared to mono-culture (QI0013_2980), indicating that *B. wadsworthia*'s uptake of tryptophan is increased, and a tryptophanyl-tRNA synthetase (EC 6.1.1.2) gene was also increased in expression (QI0013_2967) which adds tryptophan to its cognate tRNA molecule during translation [493]. Together, the metabolomic data showing decreased concentrations of both tryptophan, indole and indole derivatives in the co-culture compared to Bt strain 1 mono-culture (Figure 20D, Figure 21) and the transcriptomic data suggests that under co-culture conditions *B. wadsworthia*'s tryptophan uptake and incorporation into new proteins is increased compared to respective mono-culture, meaning less tryptophan is available for indole production by Bt strain 1. Indeed, although tryptophanase (*tnaA*) was not differentially expressed in Bt strain 1, a trend towards decreased expression was observed in the co-culture compared to mono-culture (Figure 22).

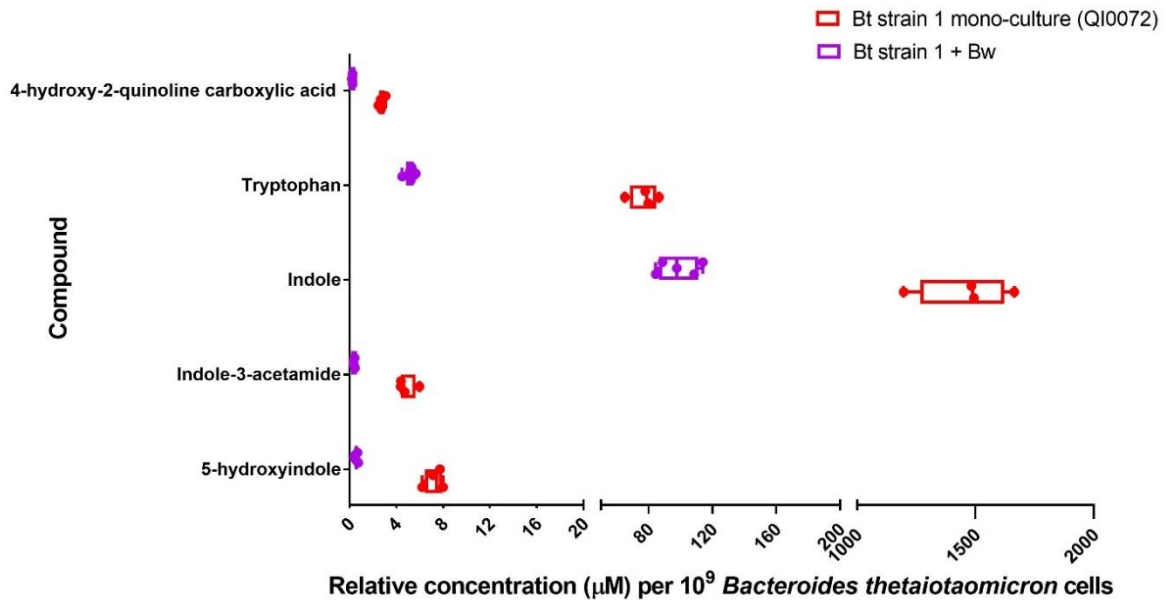


Figure 22: Relative intracellular concentrations of compounds related to tryptophan metabolism.

Compound concentration is standardised to Bt strain 1 cell counts. Each point represents a technical culture replicate. Box and whisker plots show line at mean, box at 25th – 75th percentile, whiskers to minimum and maximum.

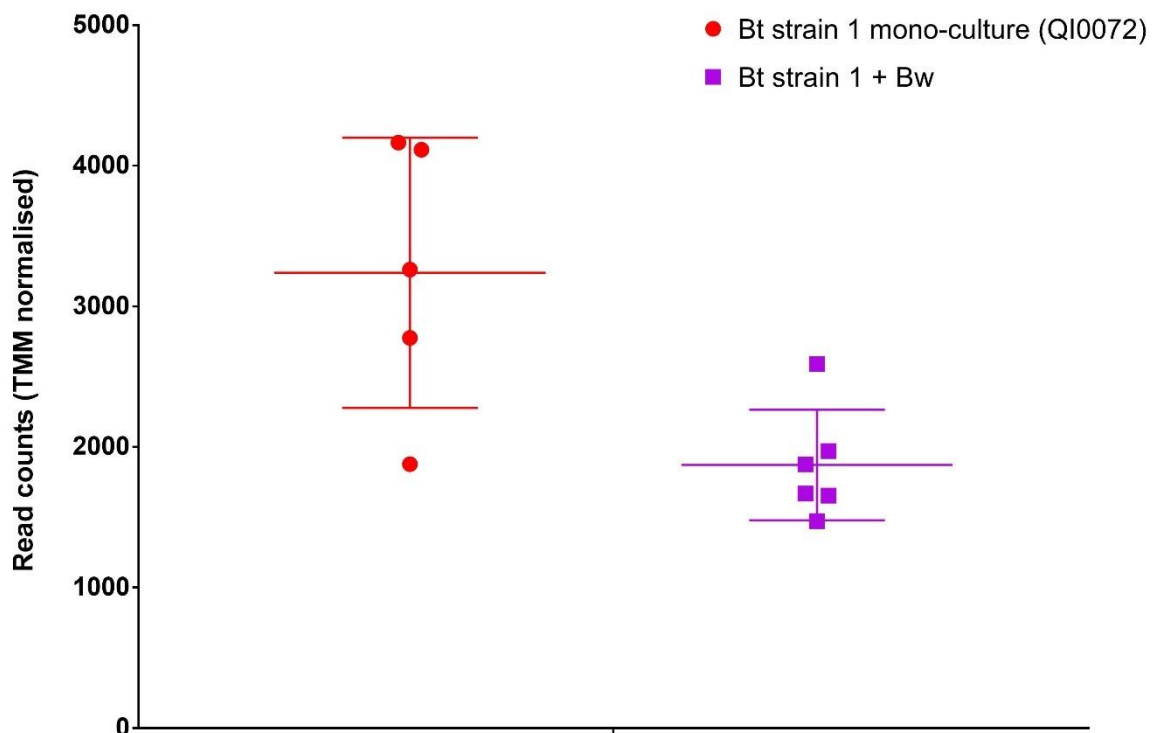


Figure 21: Relative expression of the tryptophanase gene (*tnaA*) in Bt strain 1 in mono-culture and co-culture with *B. wadsworthia*.

TMM-normalised gene expression data obtained via RNA-seq of mono-cultures and co-cultures. Each point represents a technical culture replicate. Error bars show standard deviation.

4.5 Summary

In *B. wadsworthia*, the transcriptomic data revealed decreased expression of genes required for sulfite production from taurine, thiosulfate and sulfolactate (Figure 18A), suggesting an alternative source of sulfite was present in the co-culture. Integrating transcriptomic and genomic data from both species, we hypothesise that Bt strain 1 provides *B. wadsworthia* with APS or PAPS, which *B. wadsworthia* converts to sulfite. Additionally, uptake of lactate was increased in *B. wadsworthia*, which is likely used as an electron donor during dissimilatory sulfite reduction. Taken together, we propose a putative APS-mediated cross-feeding to explain the sulfidogenic interaction between *B. wadsworthia* and Bt strain 1 (Figure 18A, 18B), where *B. wadsworthia* preferentially utilises Bt strain 1-derived APS as a sulfite source for dissimilatory sulfite reduction to yield H₂S as opposed to degrading taurine to isethionate. As Bt strain 1 encodes the necessary enzymes for sulfate conversion to APS, and *B. wadsworthia* encodes a putative enzyme capable of converting APS to sulfite, the full enzymatic pathway allowing conversion of sulfate to H₂S is only complete in the co-culture condition. This hypothesis is yet to be tested, but if proved true this would have important implications for our understanding of *B. wadsworthia*, the interactions of H₂S-producing bacteria with other gut microbiota members, as well as for the wider sulfate metabolism in the human gut. In conclusion, the increased H₂S production by *B. wadsworthia* in addition to the reduced H₂S utilisation by Bt strain 1 due to decreased cysteine synthase expression underpins the phenotypic observation of increased H₂S in the co-culture.

In addition to changes to sulfur metabolism, factors influencing *B. wadsworthia*'s virulence appears to be affected during co-culture with Bt strain 1 compared to mono-culture as the expression of the virulence factors urease, T6SS and T3SS was decreased [412, 422, 429]. The observation of reduced T3SS expression in *B. wadsworthia* in co-culture with Bt strain 1 could be explained by the presence of indole; indole production is commonly observed in *B. thetaiotaomicron* [306], and Bt-derived indole has been shown to inhibit virulence in EPEC and *Vibrio cholerae* by inhibiting T3SS expression [306]. Urease activity varies between *B. wadsworthia* strains [31], with approximately 75% of strains being urease positive [24]. Although both urease-positive and urease-negative strains have been associated with clinical disease [145], genomic differences between strains have not been investigated beyond confirmation that the 16S rRNA gene sequences

remain highly similar [494]. Furthermore, the impact of urease activity in *B. wadsworthia* pathogenesis has not been described. The expression of urease in *B. wadsworthia* and the resulting impact of this upon virulence could be included in future work to better understand the factors involved in *B. wadsworthia* virulence and pathogenesis. Here, it could be hypothesised that decreased expression of urease under co-culture conditions compared to mono-culture reduces *B. wadsworthia*'s pro-inflammatory and endotoxic properties. In co-culture with Bt strain 1, the *B. wadsworthia* transcriptome revealed increased vitamin B6 biosynthesis, protein and nucleotide synthesis, and decreased universal stress proteins which overall alludes to more favourable conditions for *B. wadsworthia* in co-culture.

We observed decreased indole production by Bt strain 1 under co-culture conditions; this is potentially due to decreased tryptophan availability to Bt strain 1, as *B. wadsworthia* showed increased expression of genes for tryptophan import and utilisation. This could have important implications if occurring in the human gut; microbial indole production in the human gut ameliorates intestinal inflammation [495, 496], and modulates intestinal IL-22 production which encourages antimicrobial peptide production, preventing colonisation by pathogens [497]. The overall shift in the co-culture towards decreased indole production and increased H₂S production could have notable pro-inflammatory effects if occurring in the human gut environment.

Chapter 5

5. *B. wadsworthia* in the human gut environment

5.1 Introduction

In previous chapters, we showed that *B. wadsworthia*'s H₂S production is significantly increased in co-culture with *B. thetaiotaomicron*, whereas co-culture with either *E. faecium* or an enrichment of *E. faecium* and *B. thetaiotaomicron* (Ef-Bt) showed a significant inhibitory effect on *B. wadsworthia*'s growth. This work was performed using simplified mono-culture and co-cultures in optimal growth media. Establishing whether these microbial interactions could also occur in the human gut is a logical next step, given that these gut-derived strains are common members of the gut microbiota in the majority of healthy individuals [23, 213, 240]. To investigate this, we aimed to represent the complex gut microbiota using simplified *in vitro* models.

Firstly, we developed methods for tracking the metabolism of *B. wadsworthia* in the context of the human faecal matrix diluted in rich bacterial growth media. We focused on two metrics of *B. wadsworthia*'s metabolism which can be readily measured: taurine utilisation and H₂S production. In subsection 1, the method development of a Hydrophilic interaction chromatography-mass spectrometry (HILIC-MS) method for quantifying the sulfated amino acids taurine, cysteine, and homocysteine is described. Taurine is utilised directly by *B. wadsworthia* during dissimilatory sulfite reduction to produce H₂S [51]. An ability to quantify other sulfated amino acids was also of interest as cysteine is an important proteinogenic amino acid that is formed from H₂S during assimilatory sulfate reduction in the gut microbiota [44], and can be degraded to H₂S via desulfhydration [498].

Additionally, both homocysteine and cysteine can form disulfide bridges *in vivo* resulting in H₂S production [499]. Furthermore, a study of the rumen digesta showed extensive microbial degradation of cysteine and methionine to H₂S [500]. The accurate quantification of these sulfated amino acids can therefore provide wider insight into sulfur metabolism and sources of H₂S in the human gut environment. We also investigated the use of a colourimetric methylene blue assay [272] for quantifying H₂S in experimental samples containing the human faecal matrix diluted with either PBS or complex growth media used in *in vitro* colon models [501].

Secondly, we investigated the impact of *B. wadsworthia* in the gut environment as described in subsection 2 by utilising two *in vitro* models, one involving human cell

culture and one based on *ex vivo* faecal culture. The first model used differentiated Caco-2 cell mono-layers grown in transwells to represent the human gut colonic epithelium. Such models have been extensively used for studying host-microbiota interactions [6, 502] and host responses to microbial metabolites [495, 503, 504]. We applied cell-free supernatant of *B. wadsworthia* mono-culture and co-culture with *B. thetaiotaomicron* strain QI0072 (Bt strain 1), and *B. wadsworthia* cells alone and in combination with probiotic *Lactiplantibacillus plantarum* strains EKN4 and O0Y9 to the Caco-2 mono-layers. The probiotic health benefits of *L. plantarum* strains have been well-described [505], and supplementation of a related *Lacticaseibacillus rhamnosus* strain was shown to reduce *B. wadsworthia*'s growth, and in turn reduce inflammation in the mouse gut [206]. The impact on barrier integrity was measured using Transepithelial Electrical Resistance (TEER). We hypothesised that the high levels of H₂S found in the cell-free supernatant of *B. wadsworthia* and Bt strain 1 co-culture would decrease barrier integrity due to oxidative damage to the cells [101, 102].

The second model comprised a simplified microbiological representation of the gut microbiota utilising human faeces obtained via the QIB Colon Model study in an *ex vivo* faecal culture. Traditional *in vitro* microbiological models for studying the interactions of the gut microbiota comprise a complex rich media designed to replicate the gut contents and are seeded with human faeces to recapitulate the gut microbiota [501, 506, 507]. We used Complex Intestinal Media, which has previously been demonstrated to support the growth of several keystone taxa in the human gut [508], and contains fermentative compounds including starch, arabinogalactan, xylo-oligosaccharide and inulin [508]. The media was inoculated with human faeces to recapitulate a complex gut microbiota *in vitro*, where experiments were performed in triplicate using faeces from three different donors. We also aimed to supplement a representative dose of taurine; based upon an oral dose of 4000 mg taurine as found in 2 standard “energy drinks” [183, 509], taurine colonic bioavailability of approximately 7% [510] and human colonic liquid volume of 400 mL [511], 5.6 mM taurine was determined as a physiologically relevant concentration to supplement to the *in vitro* cultures. We hypothesised that the microbe-microbe interactions previously observed in simplified co-cultures would be recapitulated in the more complex model used here, where *B.*

wadsworthia's H₂S production would be increased in the presence of Bt strain 1, and growth inhibited in the presence of the Ef-Bt culture.

5.2 Objectives

In this chapter, we aimed to investigate the growth and H₂S production of *B. wadsworthia* in gut-representative *in vitro* experimental models. Firstly, as described in subsection 1, we aimed to develop methods for quantifying sulfated amino acids and H₂S concentration in samples obtained from *in vitro* microbiological models, and within the human faecal matrix, in order to achieve robust quantification of these compounds of interest within complex sample matrices. Secondly, as described in subsection 2, we investigated the impact of *B. wadsworthia* in the gut environment using two *in vitro* models. The first model used Caco-2 mono-layers to investigate the impact of *B. wadsworthia* cells and cell-free supernatant on epithelial barrier integrity using TEER measurement. We hypothesised that the high levels of H₂S produced in *B. wadsworthia* and Bt strain 1 co-culture would decrease epithelial barrier integrity. The second model comprised *ex vivo* faecal cultures from three human donors, where *B. wadsworthia* was supplemented alone or in a 1:1 ratio with either the H₂S-promoting Bt strain 1, or the inhibitory Ef-Bt enrichment. The H₂S concentration, total bacterial cell counts and metagenomic composition were determined at 0- and 8 h post-inoculation. We hypothesised that the microbe-microbe interactions observed in simplified co-cultures would also be observed in the more complex microbiological model.

5.3 Materials and Methods

5.3.1 Subsection 1 methods

5.3.1.1 Preparation of faecal matrices

Ten grams of fresh faecal sample obtained from a healthy volunteer (donor ID CM001) was diluted 1:10 in anaerobic phosphate buffered saline (PBS) and homogenised using a Stomacher 400 (Seward) at 230 rpm for 45 s within 4 h of stool collection to prepare faecal water. Faecal water was also diluted 1:10 with colon model media to simulate samples obtained from *in vitro* microbiological fermentation models seeded with human faeces [501]. Colon model media was prepared as follows: peptone water 2 g/L, yeast extract 2 g/L, NaCl 0.1 g/L, K₂HPO₄ 0.04 g/L, KH₂PO₄ 0.04 g/L, MgSO₄·7H₂O 0.01 g/L, CaCl₂·2H₂O 0.01 g/L, NaHCO₃ 2 g/L, L-cysteine hydrochloride 0.5 g/L, bile salts 0.5 g/L, tween-80 2 mL/L, hemin 0.02 g/L, vitamin K 10 µL/L, glucose 10 g/L pH 7.0 [501]. Aliquots of the two matrices were then prepared for analysis.

5.3.1.2 Quantification of sulfated amino acids in faecal matrices

5.3.1.2.1 Preparation of stock solutions

For external standards, analytical grade taurine, L-cysteine, homocysteine and methionine were sourced from Sigma. A stock solution containing 4 mM analytical grade taurine, L-cysteine, homocysteine and methionine was prepared in 0.1 M HCl. For internal standards, ¹³C-labelled taurine and L-cysteine sourced from CK Isotopes were prepared as a 1 mM stock in 0.1 M HCl. Stock solutions were filtered through a 0.22 µm membrane, and 500 µL aliquots were stored at -20°C.

5.3.1.2.2 Preparation of samples for HILIC-MS analysis

Standard curves were prepared using 0.1 M HCl as reference, fresh faecal water to investigate the faecal matrix effect, or fresh faecal water diluted 1:10 with colon model media to simulate samples taken from colon model. To prepare the standard curve, 100 µL aliquots were prepared of each matrix and spiked with external and internal standard solutions and diluted to 200 µL using 0.1 M HCl. Solvent extraction was performed by diluting samples 1:1 with Solvent A (20 mM ammonium formate, 0.5% formic acid in H₂O). Litmus paper was used to check the pH was ≤4 in all samples. Samples were centrifuged at 14,000 x g for 10 min and supernatant was filtered through 0.22 µm membrane prior to transfer into LCMS

vials for analysis. The final standard curve samples contained 0 – 200 μM external standard, 50 μM internal standard.

5.3.1.2.3 LC-MS

A HILIC-MS method was used modified from Prinsen *et al.* [512] (Table 15). All samples were injected 3 times using injection volume of 1 μL . Chromatographic separation was achieved using a Acquity UPLC-system (Waters, Manchester, UK) with a BEH Amide 150 x 2.1, 1.7 column set to 35°C [512]. A flow-rate of 0.5 mL/min was used with a gradient of solvent A and solvent B (Table 16).

Table 11: Settings used during HILIC-MS analysis of four sulfated amino acids [512].

Amino acid	Retention time (min)	MRM-transition (m/z)	Cone voltage (V)	Collision energy (V)	Internal standard
Taurine	4.6	128.0 \rightarrow 110.0	26	11	1,2- ¹³ C-taurine
L-Cysteine	4.9	122.0 \rightarrow 76.0	12	10	1- ¹³ C-L-cysteine
Methionine	3.5	150.0 \rightarrow 104.0	16	10	1- ¹³ C-L-cysteine
Homocysteine	3.9	136 \rightarrow 90	15	12	1,2- ¹³ C-taurine

Table 12: Chromatographic separation conditions used, modified from Prinsen *et al.* [512].

Time (min)	0	6	6.1	11	14	14.1	18
Solvent A (%) 10 mM Ammonium formate, 0.15 % formic acid in 85% acetonitrile	100	100	94	83	60	100	100
Solvent B (%) 10 mM Ammonium formate, 0.15% formic acid in milliQ- H ₂ O	0	0	6	17	40	0	0

The column was linked to a Xevo-TQ MS triple quadrupole mass spectrometer with an electrospray ionization (ESI) source. The mass spectrometer was operated in Multiple Reaction Monitoring (MRM) mode with settings were as previously described [512]: ESI-positive mode, capillary voltage 1.00 kV, desolvation

temperature 550 °C, source temperature 150 °C, cone gas flow 50 L/h, desolvation gas flow 1000 L/h. Quantification and spectra were obtained and analysed using MassLynx 4.2 software (Waters, UK). Graphs and linear regression analysis for R² values were prepared using GraphPad Prism.

5.3.1.2.4 Data analysis

Internal calibrations using ¹³C-labelled cysteine and taurine

In each of the matrices, internal standard calibration curves were constructed for each amino acid by dividing the area under peak obtained for the external standard by the area under peak obtained for the respective internal standard obtained on the same injection to determine the external/internal area ratio. The determined concentration in the faecal matrices were calculated using the graph equation obtained from the reference standard curve in 0.1 M HCl, according to $y = mx$, where m is the slope of the calibration curve. The determined concentration for the external and internal amino acids were calculated and expressed as the external/internal concentration ratio.

Faecal matrices standard curves

A blank sample of each faecal matrix was prepared with only internal standard added. The blank samples were used to adjust the spiked samples to remove background amino acids for the purpose of assessing method precision, accuracy and matrix effect.

Method precision, accuracy, and matrix effect

The precision, accuracy and matrix effect were determined in the faecal matrices to assess the quality of the quantification method. Precision (intra-sample variability) was determined in blank-adjusted faecal matrix samples spiked with known amino acid concentrations by determining the mean and relative standard deviation (RSD). Percentage accuracy was determined by dividing the determined concentration in the blank-adjusted faecal matrix samples by the spiked concentration and multiplying by 100. The matrix effect in each faecal matrix was determined using the blank-adjusted area ratio divided by the area ratio obtained in the reference standard curve (0.1 M HCl) multiplied by 100 to express as a percentage. The Lower Limit of Quantification (LLOQ) was defined as the minimum concentration at which each amino acid could be reliably quantified with a precision $\leq 20\%$ and an 80–120% accuracy [513].

5.3.1.3 Quantification of H₂S in faecal matrices using methylene blue colourimetric assay

5.3.1.3.1 Preparation of zinc sulfide-spiked samples for analysis

A stock solution of zinc sulfide was prepared, and true concentration was determined as previously described (section 2.3.5). Standard curves of known sulfide concentrations were prepared by adding 0 – 400 µM zinc sulfide to aliquots of three matrices: 1) faecal water diluted 1:10 with PBS, 2) faecal water diluted 1:10 with colon model media, and 3) upH₂O as reference. All samples were fixed by adding 5% zinc acetate solution to a 1:1 ratio. Samples were then diluted 1:1 with upH₂O for analysis. All samples were prepared in triplicate.

5.3.1.3.2 Methylene blue assay

The colourimetric assay based was performed as described previously (section 2.3.5). Diamine reagents of differing concentrations were used to test a quantification range of 0 – 100 µM H₂S. Quantification in the range of 2 – 40 µM was performed using a lower concentration diamine reagent (250 mL 6M HCl, 1 g N,N-dimethyl-1,4-phenyldiaminsulfate, 1.5 g iron(III)chloride, FeCl₃·6H₂O), whereas 40 – 100 µM was quantified using a higher concentration reagent (250 mL 6M HCl, 4 g N,N-dimethyl-1,4-phenyldiaminsulfate, 6 g iron(III)chloride, FeCl₃·6H₂O) [272].

5.3.1.3.3 Sample blanks for methylene blue assay

To correct for turbidity and absorbance introduced by the faecal matrix, sample blanks were prepared in triplicate as described by Strocchi *et al.* [514]. Briefly, aliquots of faecal water diluted 1:10 with PBS and faecal water diluted 1:10 with colon model media were prepared in the same way as the un-spiked blank sample, but upH₂O was added instead of 5% zinc acetate prior to storage at -20°C. To deplete residual H₂S, 80 µL of 6 M HCl was added to the sample blanks and stirred under the fume hood for 1 h. The samples were centrifuged at 13,000 x g for 5 min to pellet biomass, and 300 µL of supernatant was taken for spectrophotometric absorbance measurement at 670 nm.

5.3.1.3.4 Data analysis

For H₂S quantification, the raw absorbance values were corrected for the matrix effect using the absorbance values obtained from the sample blanks in each matrix. H₂S concentration was determined using the blank-adjusted absorbance

values multiplied by the diamine reagent coefficient as previously described (section 2.3.5). To determine the accuracy of the method, samples spiked with known concentrations of ZnS were blanked by subtracting the H₂S detected in the un-spiked faecal matrix. Linear regression analysis was performed in GraphPad Prism 7 (GraphPad Software, Boston, USA). Percentage accuracy of the method was determined by (determined concentration / spiked concentration) * 100. Method precision was determined using the relative standard deviation between the three technical replicates for each spiked concentration.

5.3.2 Subsection 2 methods

5.3.2.1 Caco-2 cell culture

Caco-2 cells originally isolated from a human adenocarcinoma were purchased from Public Health England (ECACC catalogue no. 09042001). All manipulations of Caco-2 cells were performed under strict sterile conditions using a BioMAT 2 Class II biological safety cabinet (CAS, UK). Caco-2 cells were propagated in Eagle's Minimum Essential Medium (EMEM) with 10% foetal bovine serum and the following additions: 0.1 mM non-essential amino acids (NEAA), 2 mM L-glutamine, 1% penicillin-streptomycin at 37°C in a humidified atmosphere containing 5% CO₂. Cells were counted using a Countess II FL chamber (ThermoFisher Scientific) and inoculated into culture flasks at a seeding density of 10⁵ cells/cm². Growth was checked daily, and cells were passaged at 70-80% confluence. Passaging was performed by incubating the adherent cells with Trypsin-EDTA solution (T4049, Merck) for 10 min, followed by the inactivation of trypsinisation by adding complete media. Cell viability and counts were obtained, and the cells were passaged.

5.3.2.1.1 Establishment of Caco-2 mono-layer

Caco-2 cells (passage number 6) were inoculated into PET transwells with 0.4 µm pore diameter (662640, Greiner Bio-One) in tissue culture plates. Each transwell was seeded with 1 x 10⁵ cells in 250 µL media. Caco-2 cells were allowed to polarise and differentiate in the transwells for 21 days. Apical compartment media was changed every 2 days, basal compartment media was changed every 4 days and TEER measurements were obtained every 2 days using an EVOM2 Epithelial voltohmmeter machine (World Precision Instruments). TEER results were multiplied by the filter size to obtain the results in Ohm per cm² (Ω cm²).

5.3.2.1.2 Addition of bacterial cells or supernatant to Caco-2 mono-layer

After 21 days, individual transwells where strong mono-layer was formed (TEER value $\geq 800 \Omega \text{ cm}^2$ for ≥ 4 days) were selected for experimental use. Overnight second passage bacterial cultures of *B. wadsworthia* (QI0013) and Bt strain 1 (QI0072) were prepared in enrichment media and inoculated at 10^6 CFU/mL in mono-culture or co-culture in 1:1 ratio in anaerobic BPM media supplemented with 10 mM taurine as previously described (section 2.3.3.2). After 8 h of growth, cultures were pelleted by centrifuging at $4,000 \times g$ for 5 min. Supernatant was filtered through $0.22 \mu\text{m}$ membrane to prepare cell-free culture supernatant. The bacterial pellets were resuspended in anaerobic PBS. Additionally, cell-free supernatant were prepared from overnight cultures of *Lactiplantibacillus plantarum* OOO9 and EKN4 grown in enrichment media (Table 17).

Table 13: *Lactiplantibacillus plantarum* strains used in Caco-2 cell experiments.

Strain	Relevant characteristics	Growth conditions	Reference/source
<i>L. plantarum</i> OOY9 (ULAG11)	Isolated from African fermented cereals ogi	MRS; aerobic; static; 37°C	[515]
<i>L. plantarum</i> EKN4 (ULAG24)	Isolated from African fermented cereals kunu-zaki	MRS; aerobic; static; 37°C	[515]

Experimental conditions were prepared by removing media from the apical compartment and replacing with fresh antibiotic-free media as blank, or media with 30% resuspended bacterial cell pellets or cell-free supernatant (Table 18). A negative control was prepared using 14% ethanol to disrupt the barrier [504, 516-518], and 10 mM propionic acid was used as a positive control [518] (Table 18). All conditions were prepared in triplicate. Material for H_2S quantification was taken at 0, 2, 18 and 24 h. After 24 h, TEER values were obtained.

Table 14: Experimental conditions used and their preparation for Caco-2 cell experiment.

Condition	Preparation
Blank	Complete media without penicillin streptomycin
Negative control	14% ethanol
Positive control	10 mM propionic acid
<i>B. wadsworthia</i> S/N	30% 8 h <i>B. wadsworthia</i> cell-free supernatant
<i>B. wadsworthia</i> + Bt S/N	30% 8 h <i>B. wadsworthia</i> + Bt strain 1 co-culture cell-free supernatant
EKN4	30% <i>L. plantarum</i> EKN4 washed cells
OOY9	30% <i>L. plantarum</i> OOY9 washed cells
EKN4 + OOY9	15% <i>L. plantarum</i> EKN4 washed cells 15% <i>L. plantarum</i> OOY9 washed cells
<i>B. wadsworthia</i> cells	30% <i>B. wadsworthia</i> washed cells
EKN4 + OOY9 + <i>B. wadsworthia</i> cells	10% <i>B. wadsworthia</i> washed cells 10% <i>L. plantarum</i> EKN4 washed cells 10% <i>L. plantarum</i> OOY9 washed cells

5.3.2.1.3 Sampling for H₂S concentration determination in from Caco-2 mono-layer culture

Briefly, 20 µL media was removed from the apical compartment of the Caco-2 cell mono-layer and immediately fixed 1:1 with 5% zinc acetate. H₂S concentration was determined as described previously (section 2.3.5).

5.3.2.2 *B. wadsworthia*, *B. thetaiotaomicron* and *E. faecium* interactions in *ex vivo* faecal cultures

5.3.2.2.1 Preparation of faecal matrices

Fresh faecal samples were obtained from three donors recruited via the QIB Colon Model Study (Table 19). Samples were processed within 4 h of collection. Ten grams of each faecal sample were diluted 1:10 in anaerobic phosphate buffered saline (PBS) and homogenised using a Stomacher 400 (Seward) at 230 rpm for 45 s to prepare faecal water. The faecal water was flash frozen on dry ice [507], and sealed inside an air-tight bag with an Oxoid™ AnaeroGen™ anaerobic sachet (ThermoFisher Scientific, UK) to maintain anaerobic conditions. Faecal water was stored at -80°C prior to use and used within one week [507].

Table 15: Metadata of the faecal sample donors recruited via the QIB colon model study

Donor	Donor ID	Age	Gender	BMI	Dietary pattern
1	CM046	39	M	29.8	Omnivore
2	CM072	54	F	21.4	Omnivore
3	CM053	35	F	25.1	Omnivore

5.3.2.2.2 Preparation of experimental cultures

On the day of experiment, the faecal water was thawed on wet ice. Cultures of *B. wadsworthia* (QI0013), *B. thetaiotaomicron* strain 1 (QI0072), and *E. faecium*-*B. thetaiotaomicron* enrichment (Ef-Bt) were prepared as previously described (section 2.3.3.2). Experimental cultures were prepared by inoculating 10% faecal water (1% final concentration of faeces) and 10⁸ CFU/mL of *B. wadsworthia* (QI0013) alone, or in a 1:1 ratio with either *B. thetaiotaomicron* (QI0072) or and *E. faecium*-*B. thetaiotaomicron* enrichment (Ef-Bt) into universal bottles containing Complex Intestinal Media (CIM) [508] as described in Table 20. All experimental conditions were prepared in triplicate. After preparation, filter-sterilised taurine solution was added to a final concentration of 5.6 mM. Cultures were incubated under anaerobic conditions at 37°C using an anaerobic cabinet (Don Whitley, UK) and samples taken at 0- and 8 h post-inoculation.

Complex Intestinal Media (CIM) was prepared as follows: arabinogalactan from larch wood 2 g/L, bile salts 0.5 g/L, CaCl₂·2H₂O 0.01 g/L, pancreatic casein peptone 4.3 g/L, K₂HPO₄ 0.04 g/L, KH₂PO₄ 0.04 g/L, hemin 0.005 g/L, inulin 1 g/L, L-cysteine hydrochloride 0.5 g/L, MgSO₄·7H₂O 0.02 g/L, menadione (vitamin K3) 0.001 g/L, porcine gastric mucin type II 4 g/L, pectin from citrus peel 2 g/L, NaCl 0.72 g/L, NaHCO₃ 2 g/L, starch from wheat 5 g/L, xylo-oligosaccharide from corn 2 g/L, yeast extract 2 g/L, pH 7.2 [508].

Table 16: Preparation of experimental cultures for modelling complex gut microbiota *in vitro*.

Experimental conditions	CIM media volume (mL)	Faecal water volume (mL)	<i>B. wadsworthia</i> volume (mL)	QI0072 volume (mL)	Ef-Bt volume (mL)	Anaerobic PBS volume (mL)
Bw <i>B. wadsworthia</i> (QI0013)	7	1	1	0	0	1
Bw + Bt <i>B. wadsworthia</i> (QI0013) + <i>B. thetaiotaomicron</i> (QI0072)	7	1	1	1	0	0
Bw + Ef-Bt <i>B. wadsworthia</i> (QI0013) + <i>E. faecium</i> - <i>B. thetaiotaomicron</i> enrichment (Ef-Bt)	7	1	1	0	1	0
Control (faecal inoculum only)	7	1	0	0	0	2

5.3.2.2.3 Determination of total cell counts and culture pH

The total number of bacterial cells present at 0 and 8 h were determined using flow cytometry. Briefly, culture aliquots were analysed using a Guava® easyCyte™ HT System (Luminex Corporation) to determine the cell number. Cultures were prepared by diluting 1:1000 in filter-sterile PBS, and filtering through a 0.45 µm membrane to remove cell aggregates. Additional dilutions were prepared at 1:10,000 and 1:100,000. Cells were stained using SYBR® Green I nucleic acid gel stain (Sigma) diluted to a working solution of 100x and analysed in a V-bottom 96 well plate format on the flow cytometer according to the Standard Operating Procedure (Quadram Institute Bioscience). The culture pH was determined using a LE422 pH electrode (Mettler Toledo) calibrated using pH calibration solutions at pH 4, 7 and 10 (Merck-Millipore).

5.3.2.2.4 Metagenomic sequencing

DNA extraction and sequencing

DNA extractions were performed using Maxwell® RSC Fecal Microbiome DNA Kit (Promega, UK) according to manufacturer's protocol, with an additional cell lysis step by bead-beating in Lysing Matrix E tubes (MP Biomedicals, USA) at 6.5 m/s for 60 s twice using a FastPrep-24™ machine (MP Biomedicals, USA). Extracted DNA was quantified using Qubit High Sensitivity DNA Quantification Kit (Thermo Scientific) and Qubit 3.0 fluorometer (Life Technologies). DNA was normalised to 5 ng/μL and a pooled DNA library was prepared by the QIB sequencing facility using the Illumina DNA Prep kit and the IDT 8bp UDIs indexing kit. Library clean-up was performed using AMPure XP beads (Beckman Coulter Life Sciences, USA). This produced a final library with unique dual indexing where each of the 72 samples in the library were assigned a unique i7 and i5 index sequence. The library was quantified as 12.5 ng/μL and sequenced with Illumina® NovaSeq, generating paired-end reads with 2x150bp length (Azenta-Genewiz, Germany).

Microbiome data analysis

Reads were cleaned using bbdduk (BBMap 38.79) [275] to trim the reads and remove sequencing adaptors. FastQC (v 0.11.9) [276] was used to assess the sequence quality, where reads with a Phred score ≥ 30 were deemed suitable for further analysis. Human contamination was removed by mapping the reads to the human genome (GRCh38) using bbsplit (BBMap 38.79) [275] and discarding mapped reads [519, 520]. Metagenomic composition as relative abundance of taxa was determined using metaphlan 4.0 [521]. The data was normalised using the total cell counts determined via flow cytometry to determine the absolute abundance of each taxon expressed as cells/mL of culture.

Statistical analysis and data visualisation was performed using R (v4.1.2) and the ggplot2 package [522]. For beta diversity, Bray-Curtis distances were determined and visualised via NMDS plot using the vegan package (v2.6.4) [523] using the average of culture triplicates per condition. PERMANOVA (adonis) tests were performed using Bray-Curtis distances to identify differential composition between groups based on the variable of interest (time, experimental condition, or donor) [523].

To test for statistically significant differences in taxa abundance, the absolute abundance data was first log(10) transformed. Then, non-parametric tests were

performed using the coin package (v1.4.3) [524]; Wilcoxon test was used to compare differential abundance due to time-point (two groups), whereas Kruskal-Wallis test was used to compare differential abundance due to condition and donor (four and three groups respectively). P values were corrected for multiple testing (Benjamini-Hochberg) to reduce the false discovery rate [525]. For all statistical analyses, p-values ≤ 0.05 were considered significant. Statistical testing for differential taxa was performed using all replicates for each condition. Differentially abundant taxa due to time-point and donor were ranked by absolute abundance, and the top 10 taxa were displayed graphically. For differential taxa due to condition, conditions were compared pair-wise using Mann Whitney U tests with Benjamini-Hochberg correction using the stats package in R (v4.1.2).

5.4 Results

5.4.1 Subsection 1 – Method development for tracking *B. wadsworthia* metabolism and sulfur metabolism in *in vitro* gut models

5.4.1.1 Development of HILIC-MS method for quantifying sulfated amino acids in faecal matrices

We aimed to develop a HILIC-MS method for quantification of the sulfated amino acids methionine, cysteine, taurine and homocysteine within complex matrices containing human faeces obtained from *in vitro* colon models. Reference standard curves were prepared with known concentrations of amino acids in 0.1 M HCl. Linear regression analyses of the reference standard curves for methionine, cysteine, taurine and homocysteine performed well, showing a strong relationship between concentration and area under peak within the concentration range tested ($R^2 \geq 0.97$) (Figure 23).

To assess the ability of the HILIC-MS method to accurately quantify the amino acids of interest within the faecal matrix, standard curves were also prepared in faecal water and faecal water diluted 1:10 with colon model media (Figure 24). Background amino acids were removed by adjusting spiked samples by the blank where only internal standards were added. Using the area under peak obtained for the external and internal standards in the faecal matrices, the external/internal area ratio obtained was used to calculate the determined concentration of amino acids in the spiked samples. Linear regression analyses for each amino acid in each faecal matrix showed good linearity in the concentration range tested, with the lowest R^2 value being 0.95 for quantification of methionine in faecal water (Figure 24).

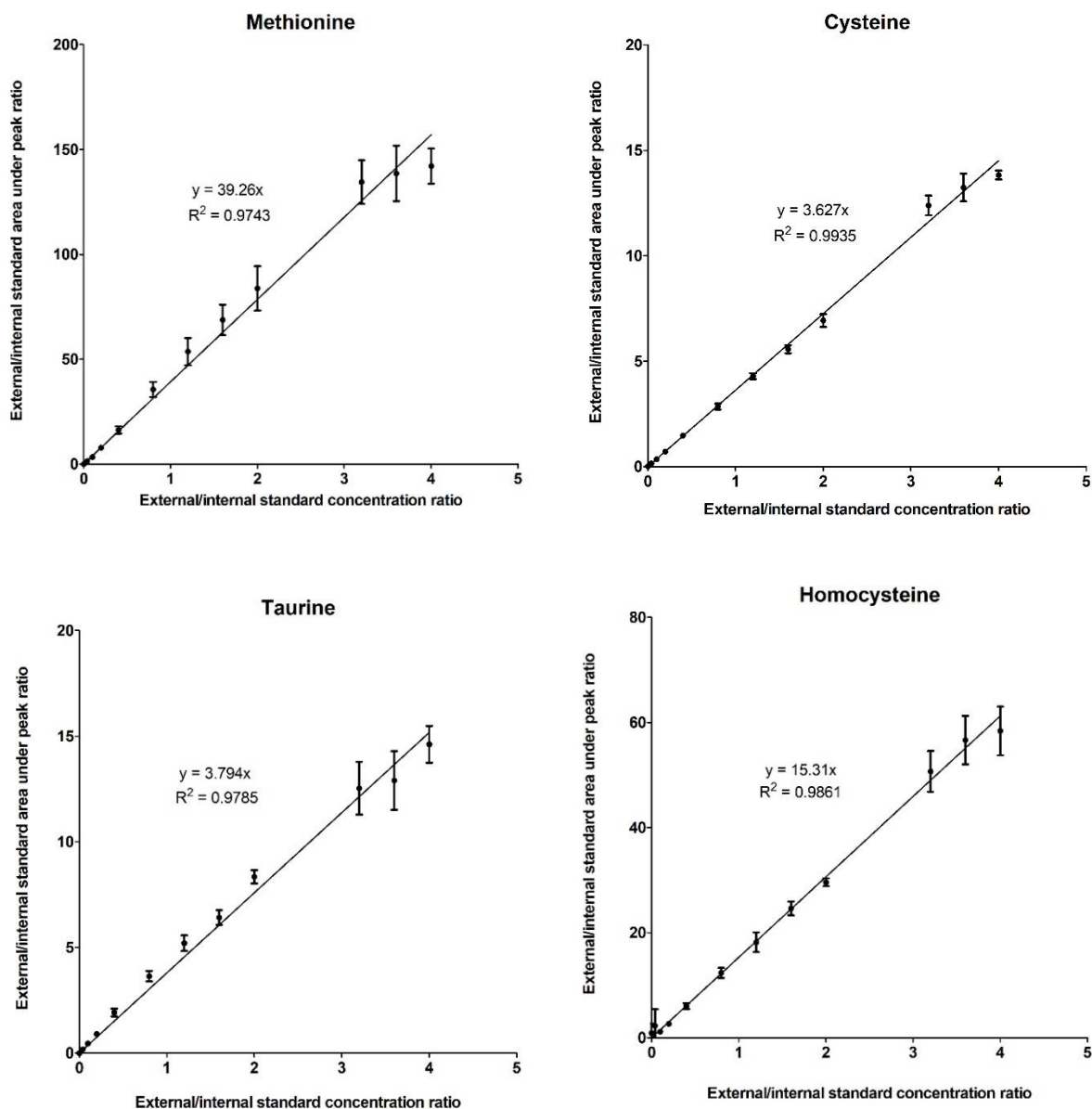


Figure 23: Reference standard curves of methionine, cysteine, taurine, and homocysteine prepared in 0.1 M HCl.

Analytical grade amino acids were diluted 0-200 μM in 0.1 M HCl and spiked with 50 μM internal standards. Area under peak and concentration ratios were determined for external and respective internal standard in each injection replicate ($n=3$). Error bars represent SD. A linear regression through the origin was performed, and the R^2 and graph equation are displayed.

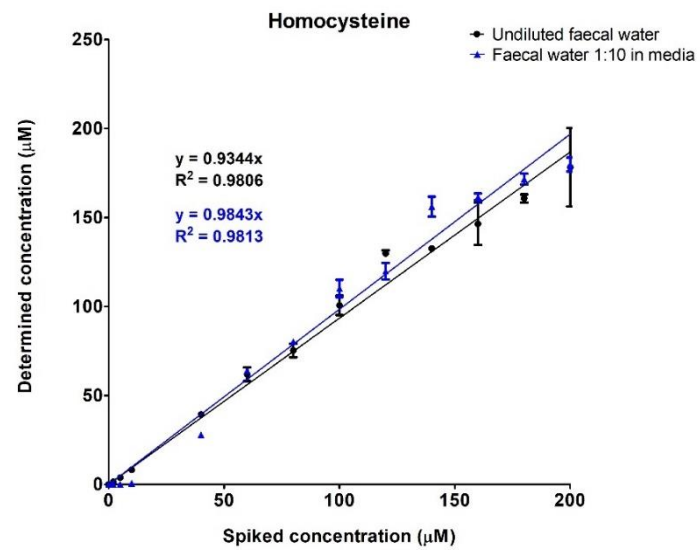
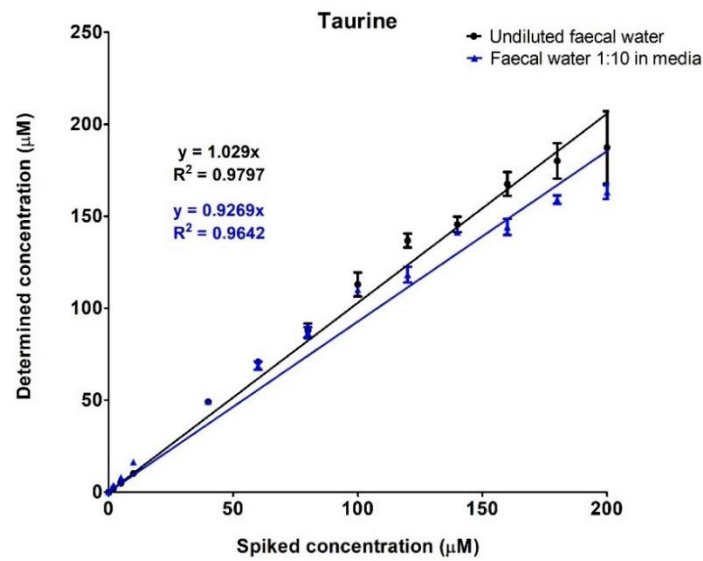
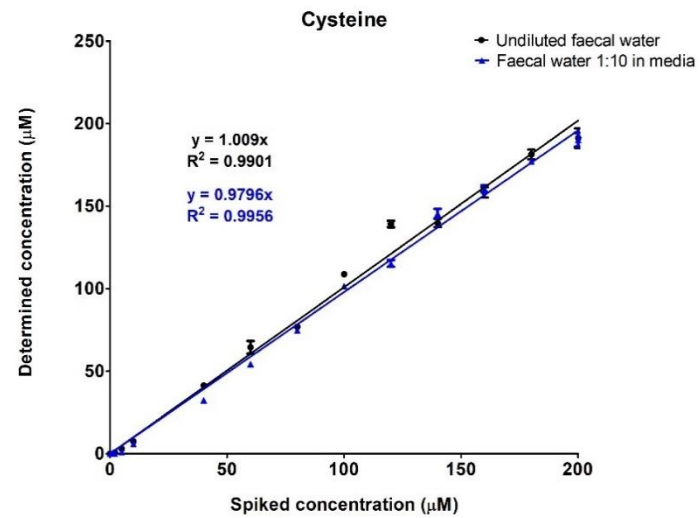
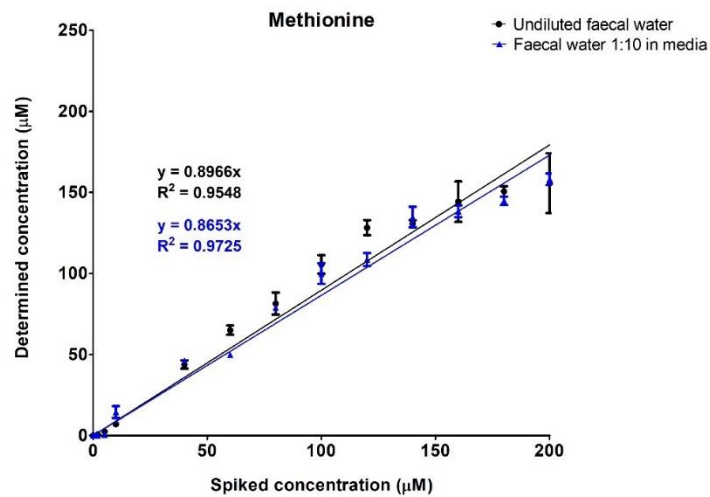


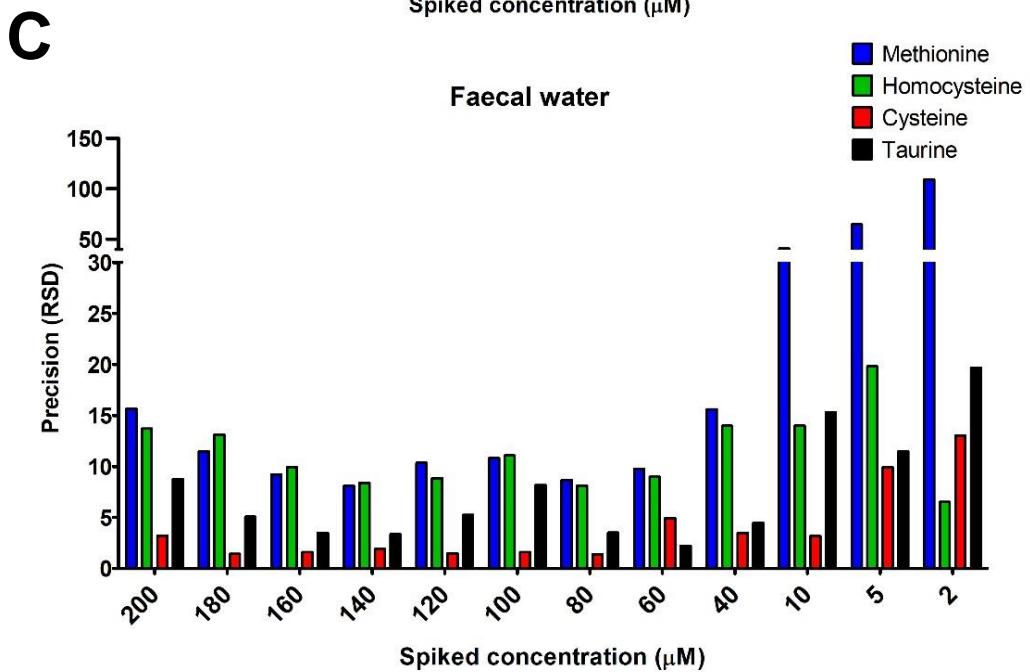
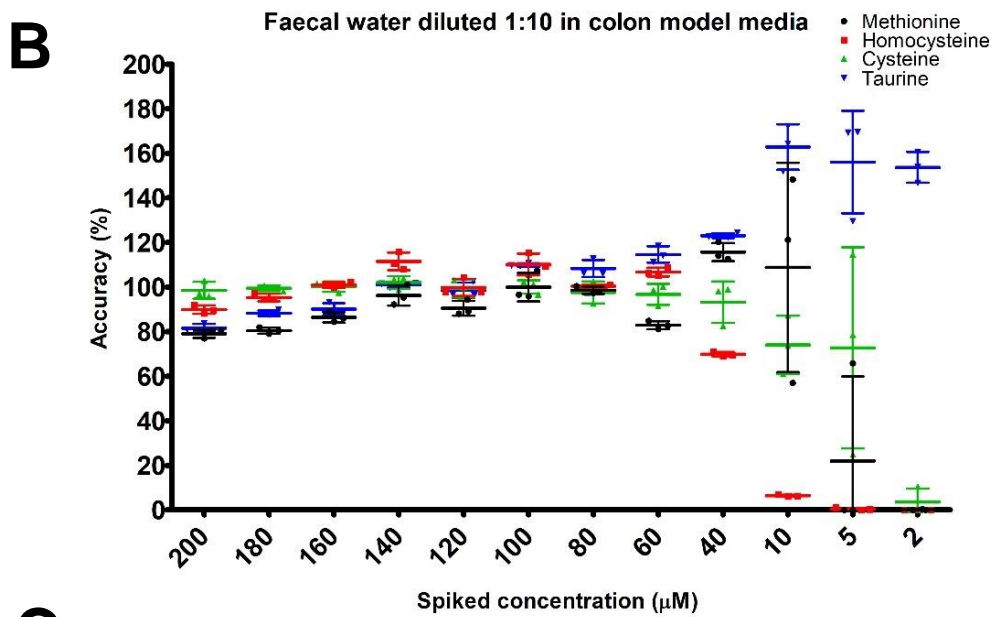
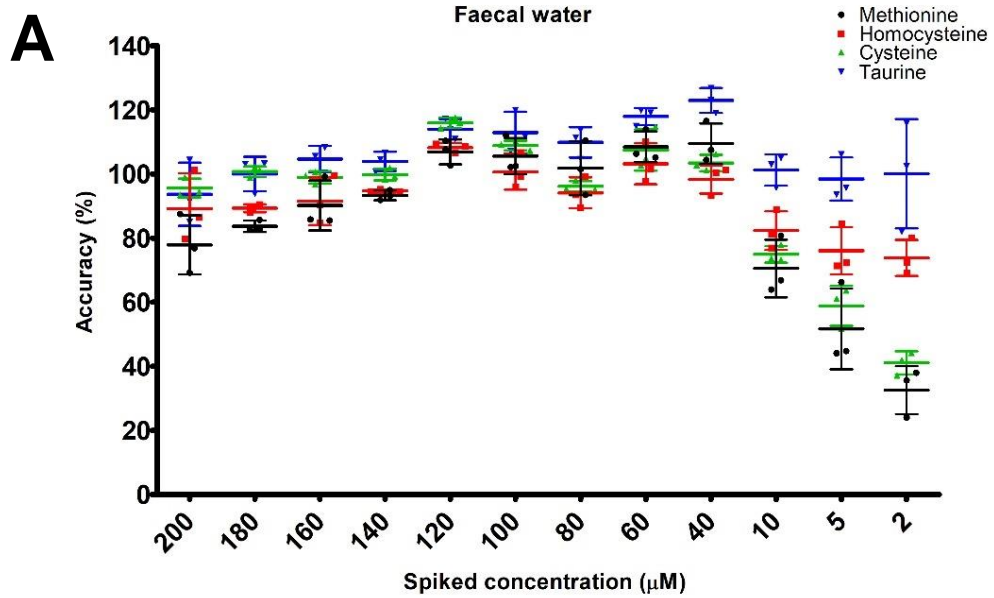
Figure 24: Determined concentration (μM) of amino acids in faecal water and faecal water diluted 1:10 with colon model media spiked with known concentrations.

Analytical grade amino acids were diluted 0-200 μM in each faecal matrix and spiked with 50 μM internal standards. Determined concentration was determined in each injection replicate ($n=3$) using the reference standard curve prepared in 0.1 M HCl. Error bars represent SD. A linear regression through the origin was performed, and the R^2 and graph equation are displayed.

To assess the performance of the quantification method, we determined the percentage accuracy, precision and matrix effect in the faecal matrices (Figure 25). Accuracy of quantification was acceptable for all four amino acids in the faecal water matrix from 200 – 40 μM , below which the accuracy for quantification of methionine, homocysteine and cysteine decreased (Figure 25A). Taurine could be accurately quantified at the lowest concentration tested (2 μM) in the faecal water matrix (Figure 25A). Faecal water diluted 1:10 with colon model media similarly showed good quantification accuracy in the 200 – 40 μM range for all amino acids, with decreased accuracy at 10 μM and below (Figure 25B). An accuracy of 80 - 120% is an ideal range [513, 526, 527]; using this method, the four amino acids can be accurately quantified in both matrices at 40 μM and above, and taurine quantification is accurate to 2 μM in faecal water (Figure 25A, 25B). The precision of the method was determined using relative standard deviation, where $\text{RSD} \leq 15\%$ is considered an acceptable cut-off for inter-injection variability [528, 529]. The four amino acids could be quantified with good precision between 40 – 200 μM in both matrices (Figure 25C, 25D). In faecal water, precision of methionine quantification was decreased at 10 μM and below, whereas cysteine, homocysteine and taurine retained good precision at these lower concentrations (Figure 25C). In faecal water diluted 1:10 with media, precision was poor for quantification of all amino acids at 5 and 2 μM (Figure 25D). The matrix effect was also determined to assess the ion suppression or enhancement induced by the matrices [530] by comparing the area ratios obtained at each spiked concentration in blank-adjusted faecal matrix samples to those obtained in the reference standard curve in 0.1 M HCl. Matrix effect of 70-120% constitutes an acceptable range [531]. In both faecal water and faecal water diluted 1:10 with media, homocysteine showed a significant matrix effect across the concentration range tested (Figure 25E, 25F). For

methionine, taurine and cysteine, the matrix effect was within acceptable range from 10 – 200 μM in faecal water (Figure 25E) and 40 – 200 μM in faecal water diluted 1:10 with media (Figure 25F), with increasing ionisation suppression being observed at lower concentrations (Figure 25E, 25F).

The Lower Limit of Quantification (LLOQ) was determined for each amino acid in each matrix; LLOQ was 40 μM for all amino acids in each matrix except for taurine, which could be accurately quantified to 2 μM in faecal water (Table 11). Concentrations of the sulfated amino acids was determined in the “blank” samples where only internal amino acid standard were added for quantification. Methionine and homocysteine were detectable in both faecal water and faecal water diluted 1:10 with colon model media, although this was below the LLOQ meaning accurate quantification was not possible (Table 12). Homocysteine was not detected in faecal water and was quantified below LLOQ in faecal water diluted with media (Table 12). Taurine was detected below the LLOQ in faecal water diluted with media but was detected within the accurate quantification range in faecal water at 5.13 μM equating to 207.33 μM per gram of wet weight faeces (Table 12).



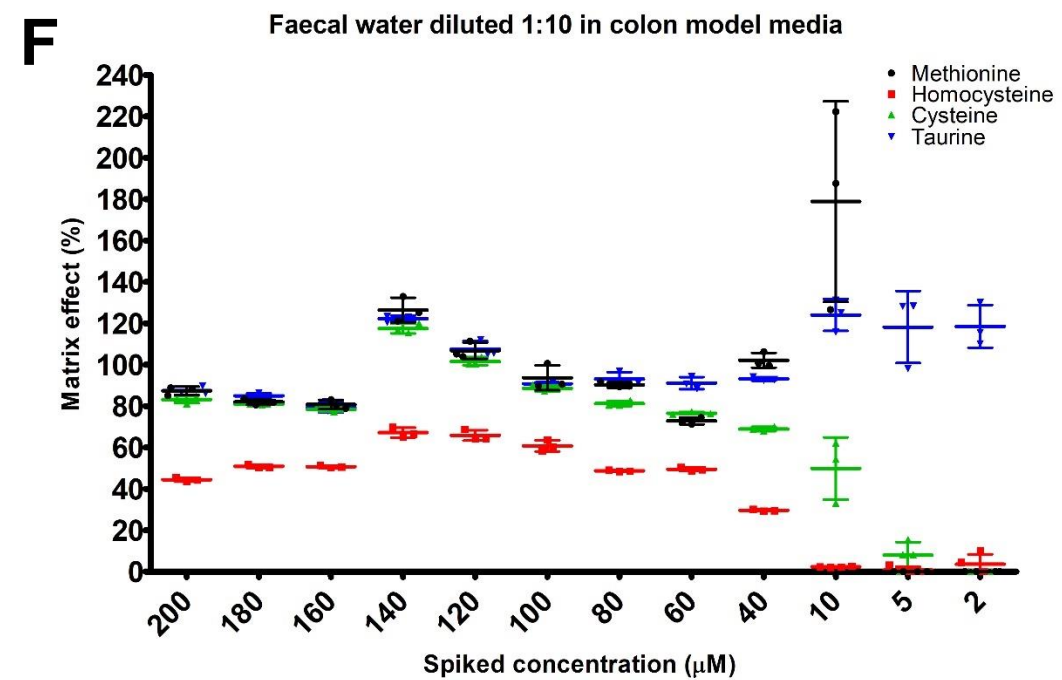
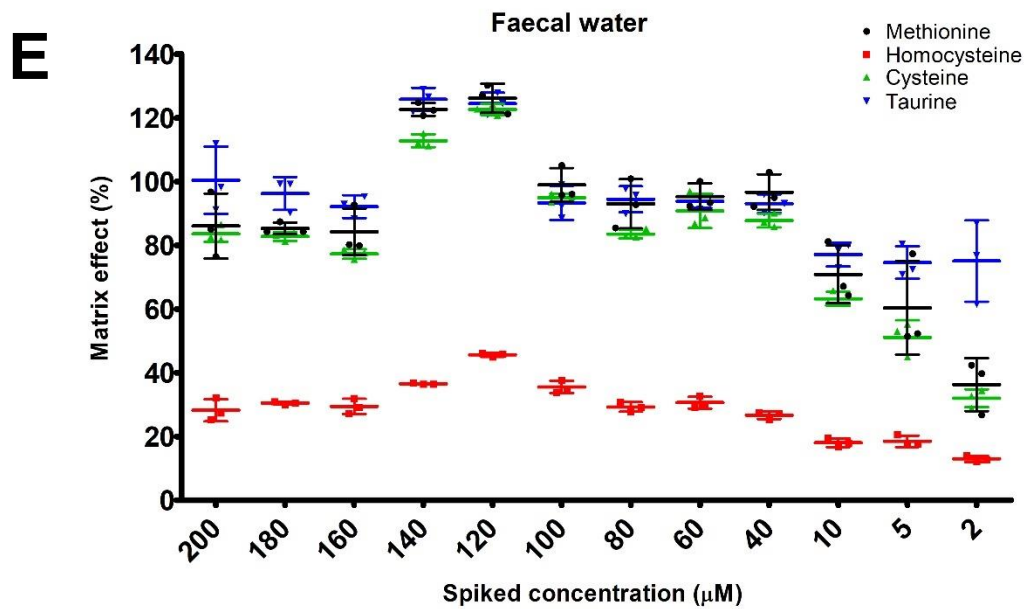
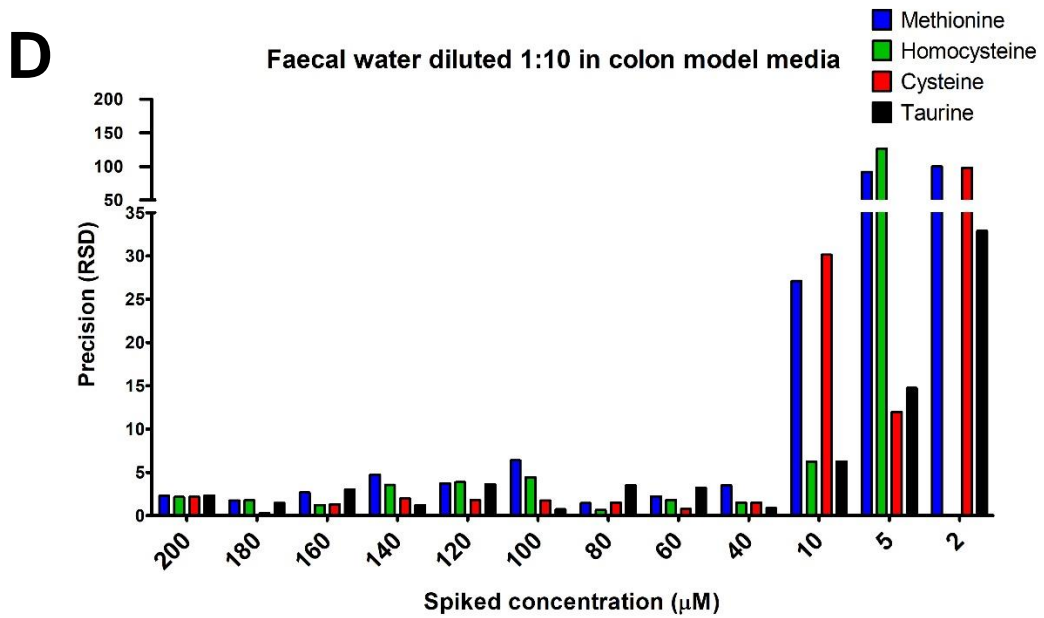


Figure 25: Performance metrics of the HILIC-MS method in the two faecal matrices.

A) Percentage accuracy of quantification in faecal water matrix determined as (determined concentration/spiked concentration) multiplied by 100. Each datapoint represents an injection replicate. Error bars represent SD.

B) Percentage accuracy of quantification in faecal water diluted with colon model media matrix determined as (determined concentration/spiked concentration) multiplied by 100. Each datapoint represents an injection replicate. Error bars represent SD.

C) Precision in faecal water matrix expressed as relative standard deviation (RSD) calculated from injection replicates (n=3).

D) Precision in faecal water matrix diluted with colon model media expressed as relative standard deviation (RSD) calculated from injection replicates (n=3).

E) Matrix effect in faecal water matrix calculated by comparing raw data obtained in faecal matrix to 0.1 M HCl for each spiked concentration. Each datapoint represents an injection replicate. Error bars represent SD.

F) Matrix effect in faecal water matrix diluted with colon model media calculated by comparing raw data obtained in faecal matrix to 0.1 M HCl for each spiked concentration. Each datapoint represents an injection replicate. Error bars represent SD.

Table 17: Lower Limit of Quantification (LLOQ) of amino acids using HILIC-MS method in faecal matrices

Amino acid	Faecal water	Faecal water diluted 1:10 in colon model media
Methionine	40 µM	40 µM
Homocysteine	40 µM	40 µM
Cysteine	40 µM	40 µM
Taurine	2 µM	40 µM

Table 18: Determined concentrations of sulfated amino acids in blank samples with no additional external standard spike-in. Value shown is the average obtained from 3 injection replicates.

Amino acid	Determined concentration in sample (μM)		Determined concentration in faeces (μM per g wet weight faeces)	
	Faecal water	Faecal water diluted 1:10 in colon model media	Faecal water	Faecal water diluted 1:10 in colon model media
Methionine	7.48 μM (Below LLOQ)	31.65 μM (Below LLOQ)	N/A	N/A
Homocysteine	Not detected	0.32 μM (Below LLOQ)	Not detected	N/A
Cysteine	0.45 μM (Below LLOQ)	13.55 μM (Below LLOQ)	N/A	N/A
Taurine	5.18 μM	0.85 μM (Below LLOQ)	207.33 μM	N/A

5.4.1.2 Use of a colourimetric methylene blue method for quantification of H₂S in faecal matrices

To enable the determination of H₂S concentration in experimental samples containing human faeces, we investigated the use of the methylene blue colourimetric assay with two diamine reagents able to quantify H₂S between the concentration ranges of 2 – 40 µM and 40 – 100 µM respectively. A reference standard curve was prepared in upH₂O spiked with known concentrations of zinc sulfide to determine the diamine reagent coefficient required for calculating H₂S concentration in unknown samples for each diamine reagent. Diamine reagent coefficients were calculated as 1/slope of calibration curve [272]; the lower concentration (2 – 40 µM) diamine reagent had a coefficient of 37.79, whereas the higher concentration (40 – 100 µM) reagent had a coefficient of 47.98 (Figure 26A, 26B). Both standard curves showed a high linearity ($R^2 \geq 0.96$) within the absorbance range tested, indicating a strong correlation between H₂S concentration and absorbance confirming that the diamine reagents could accurately quantify H₂S within the respective concentration ranges (Figure 26A, 26B).

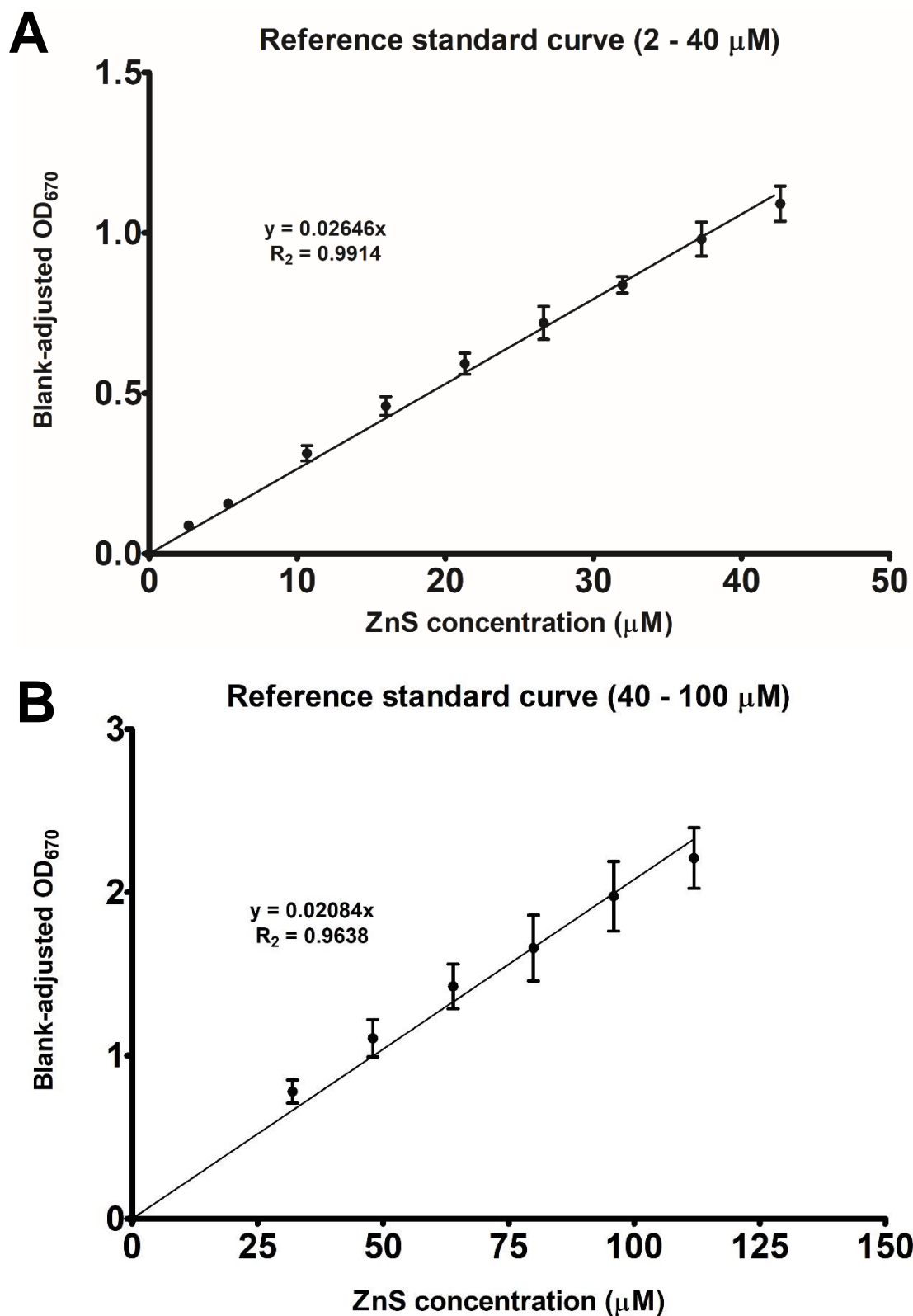


Figure 26: Reference standard curves of known zinc sulfide (ZnS) concentrations in upH₂O for spectrophotometric determination of H₂S concentration.

A) Standard curve with lower concentration diamine reagent for quantifying 2 – 40 μM H₂S. B) Standard curve with higher concentration diamine reagent for quantifying 40 – 100 μM H₂S. Error bars represent SD. Data-point shows mean of two technical replicates.

Faecal water diluted 1:10 with PBS or colon model media (CMM) were spiked with ZnS in the concentration ranges of the two diamine reagents and the absorbance measured alongside the reference standard curves. To account for absorbance-influencing factors attributable to the faecal matrix, sample blanks of each matrix were prepared where H₂S was depleted from the samples, the absorbance of which was subtracted from the un-spiked and spiked faecal matrix samples. For assessment of the method's performance, the absorbance of the un-spiked faecal matrix samples was subtracted from the spiked samples so that the only H₂S present is the known concentration added to the sample. Both diamine reagents performed well across the linear range in both faecal matrices; 2 – 40 µM diamine reagent had an R² value of 0.9889 in PBS and 0.9846 in CMM (Figure 27A), whereas the 40 – 100 µM diamine reagent had R² values of 0.9571 in PBS and 0.9950 in CMM respectively (Figure 27B).

To determine the performance of the two diamine reagents in the different faecal matrices, the percentage accuracy and precision of the quantification at each spiked concentration was determined. Regarding method accuracy, the determined H₂S concentration was higher than expected in all cases; the 2 – 40 µM reagent had average accuracy of 133% and 123% in faecal water diluted 1:10 with PBS and CMM respectively, and the 40 – 100 µM reagent had an average accuracy of 130% and 124% in in faecal water diluted 1:10 with PBS and CMM respectively (Figure 27C). No differences in accuracy were observed between the two diamine reagents (Figure 27C). The precision of the method was determined using the relative standard deviation (RSD) between three technical replicates at each concentration; a high level of precision (RSD ≤ 15%) [528, 531] was observed across the concentration range in all matrices with both diamine reagents (Figure 27D). The highest RSD observed was 18% in faecal water diluted 1:10 with PBS spiked with 41 µM H₂S quantified using the 40 – 100 µM diamine reagent (Figure 27D), however this was still within an acceptable range [528, 531].

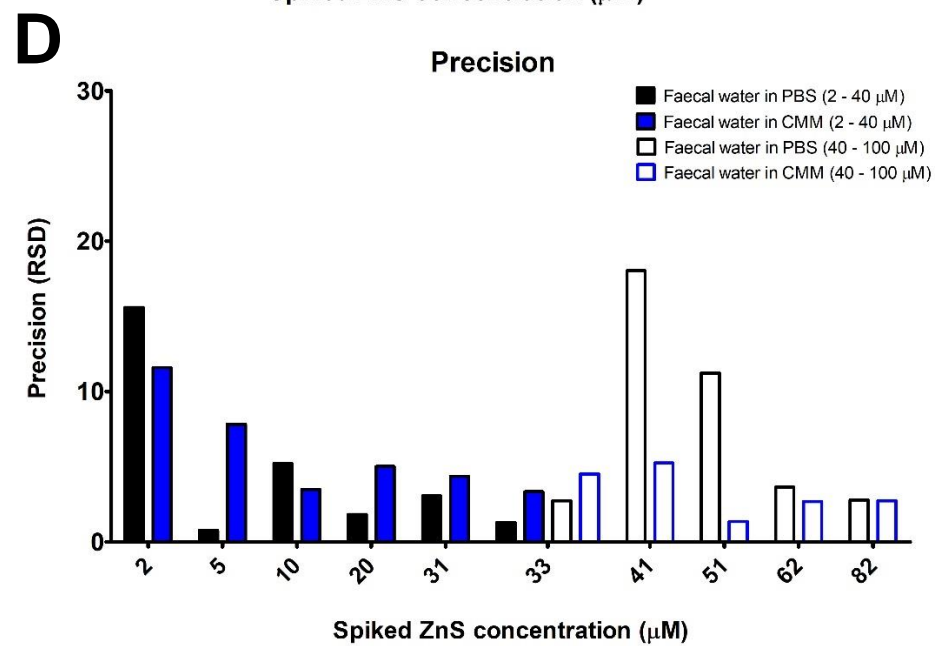
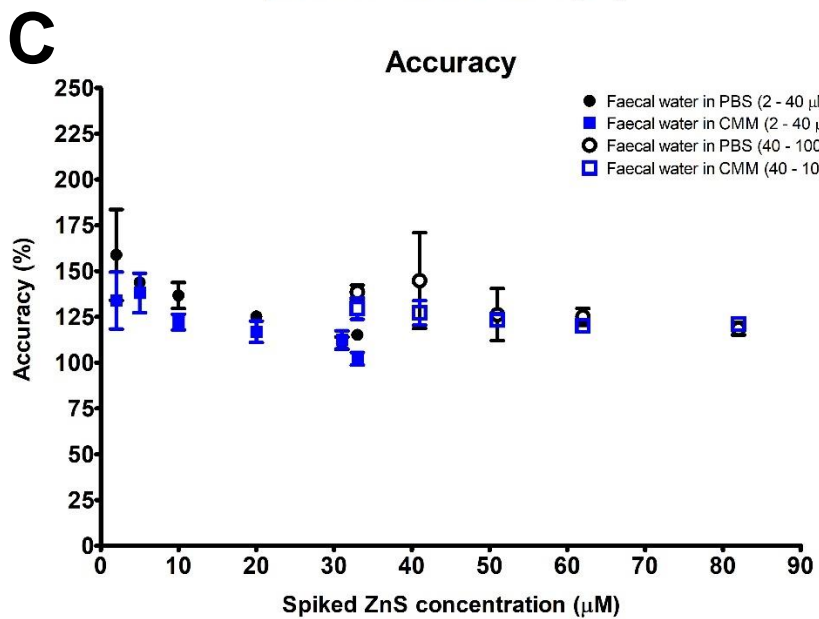
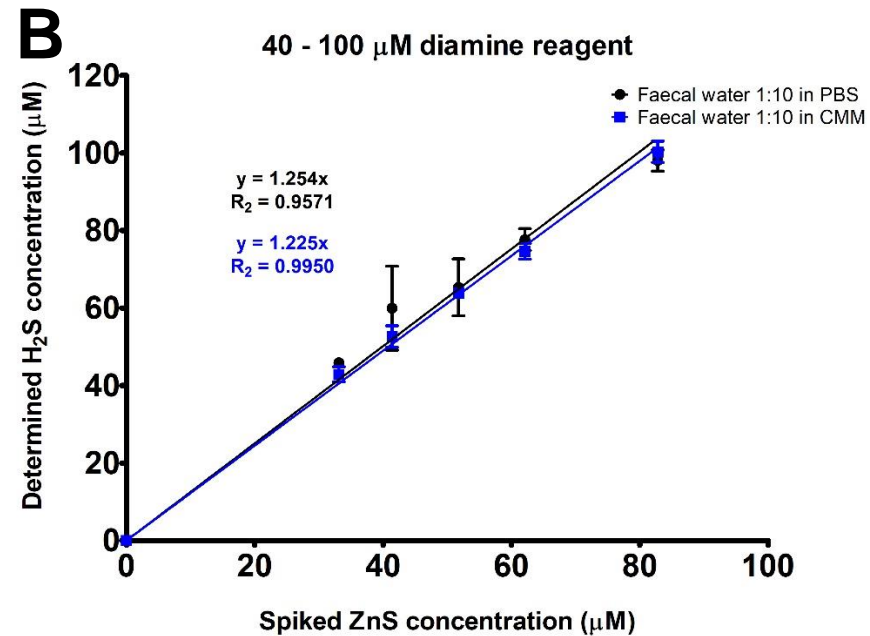
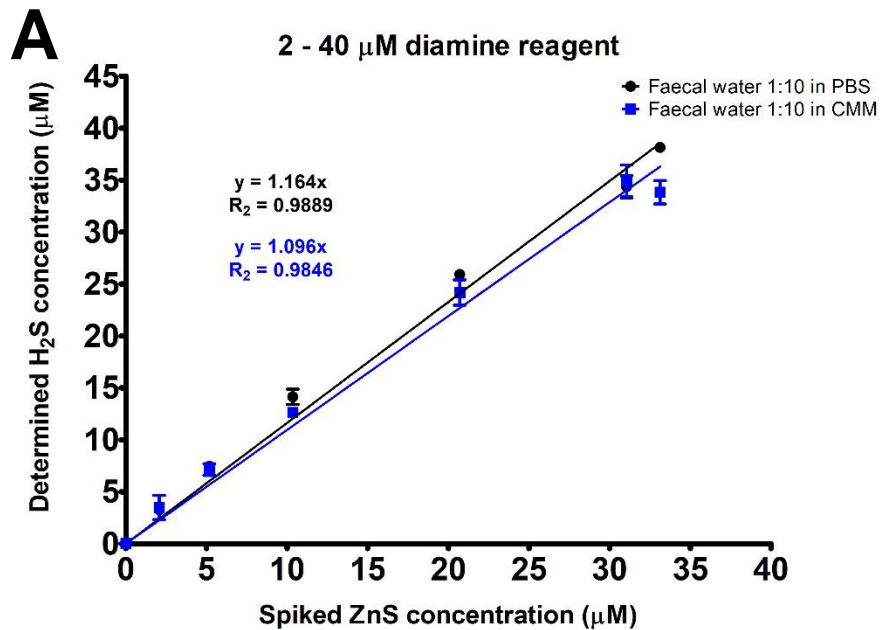


Figure 27: Performance of colourimetric assay for determining H₂S concentration in two matrices - faecal water diluted 1:10 with PBS or faecal water diluted 1:10 with colon model media (CMM). A) Determined H₂S concentration with diamine reagent for 2 – 40 µM H₂S. B) Determined H₂S concentration with diamine reagent for 40 – 100 µM H₂S. C) Percentage accuracy of quantification in faecal matrices. D) Method precision expressed as relative standard deviation (RSD) of three technical replicates. Data-point shows mean of three technical replicates. Error bars represent SD.

H₂S concentration in the original faecal sample was determined using the lower concentration diamine reagent as the estimated quantification in the assayed sample was 0.1 µM, which is well below the range of the higher concentration diamine reagent (40 – 100 µM) (Table 13). Back-calculating from a 1:400 dilution from original faeces, the determined H₂S concentration was 40 µM per g wet weight faeces (Table 13).

Table 19: H₂S concentration determined in faecal water diluted in PBS quantified using the 2 – 40 µM diamine reagent. The H₂S concentration per gram (g) wet weight faeces was determined via back-calculation.

	H ₂ S concentration determined in assay (µM)	H ₂ S concentration per g wet weight faeces (µM)
Replicate 1	0.101	40.312
Replicate 2	0.025	10.078
Replicate 3	0.176	70.547
Average	0.101	40.312

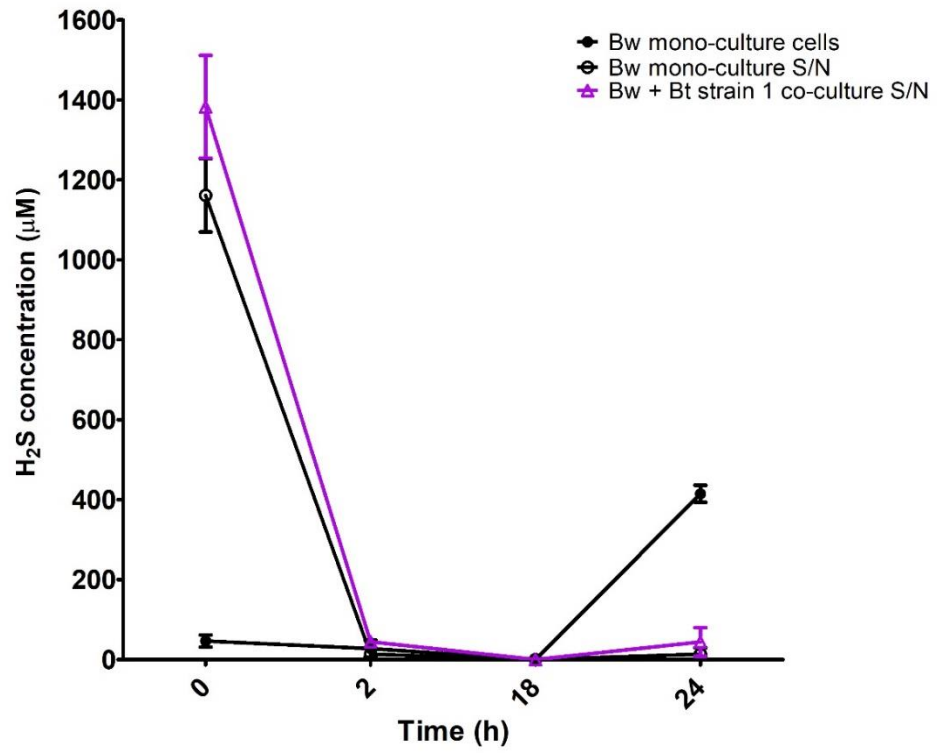
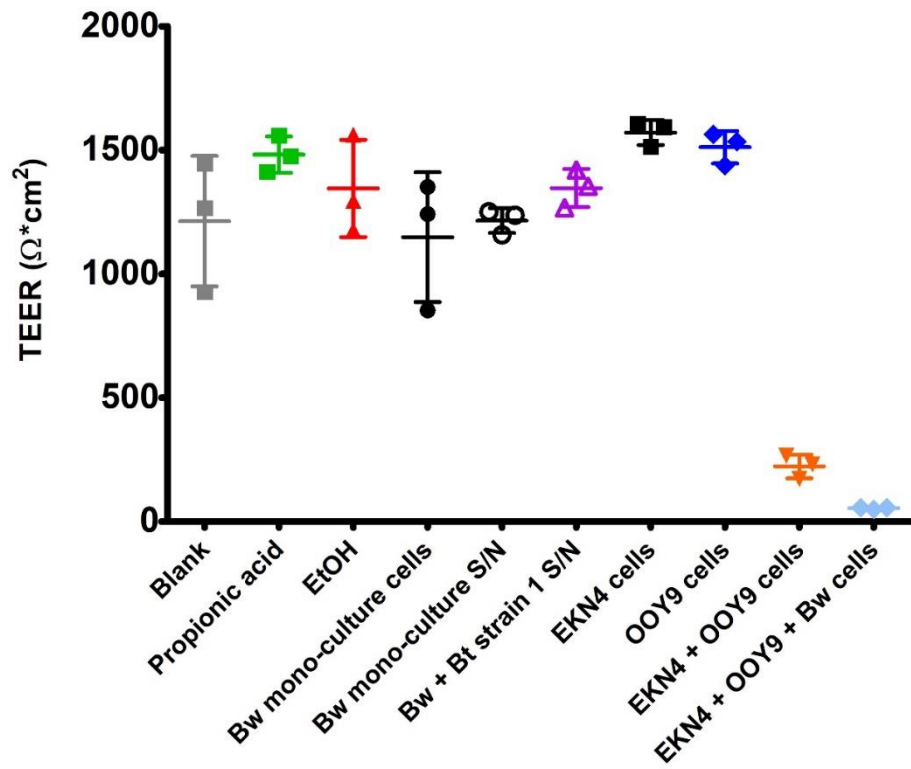
5.4.2 Subsection 2 – Investigating the impact of *B. wadsworthia* in gut representative conditions *in vitro*

5.4.2.1 Impact of *B. wadsworthia* on Caco-2 cell mono-layer

Caco-2 cell mono-layers established in transwells for 21 days were inoculated with *B. wadsworthia* (QI0013) cells and cell-free supernatant, or cell-free supernatant from a co-culture of *B. wadsworthia* and Bt strain 1. Additionally, washed cells of probiotic *Lactiplantibacillus plantarum* strains EKN4 and OOOY9 were added to the Caco-2 cells alone, together or in combination with *B. wadsworthia*. The resulting impact on the Caco-2 barrier integrity was measured using TEER after 24 h.

Given that H₂S readily oxidises upon exposure to air at physiological pH [532], the H₂S concentration was determined immediately following addition of the *B. wadsworthia*-containing conditions to the Caco-2 cells. Here, mM levels of H₂S were present in cell-free supernatants of *B. wadsworthia* mono-culture and *B. wadsworthia* and Bt strain 1 co-culture, and this was readily oxidised by 2 h (Figure 28A). Interestingly, conditions containing *B. wadsworthia* cells showed slight increase in H₂S concentration between 18 and 24 h (Figure 28A).

The positive control of 10 mM propionic acid showed only a modest increase in barrier integrity relative to the blank media control, whereas the negative control (14% ethanol) did not decrease TEER relative to the blank (Figure 28B). Furthermore, no significant changes were observed with respect to barrier integrity by the addition of *B. wadsworthia* cells or cell-free supernatant after 24 h (Figure 28B). Similarly, cell-free supernatant from *B. wadsworthia* (Bw) and Bt strain 1 co-culture did not affect barrier integrity (Figure 28B). Addition of washed *L. plantarum* EKN4 and OOOY9 cells did not affect the barrier alone, however when combined they induced a 75% decrease in TEER relative to blank (Figure 28C). The addition of *B. wadsworthia* washed cells further exacerbated this loss of integrity (Figure 28C).

A**B**

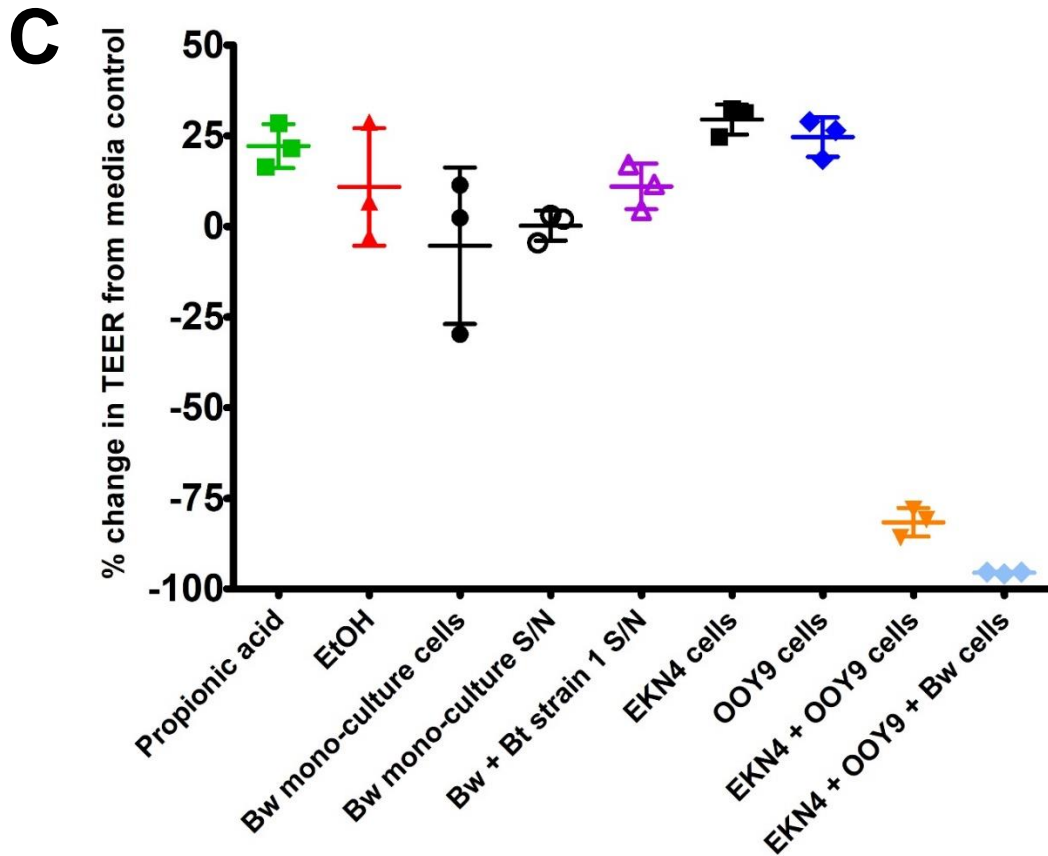


Figure 28: Impact of bacterial cells and supernatant on Caco-2 cell mono-layer.

A) H₂S concentration in Caco-2 cell mono-layer apical media at 0-, 2-, 18- and 24-h post-inoculation. B) Transepithelial electrical resistance (TEER) values in Caco-2 cell mono-layers exposed to different conditions after 24 h. C) Percentage change in TEER values relative to blank in Caco-2 cell mono-layers exposed to different conditions after 24 h. Blank is media only control, 10 mM propionic acid is positive control and EtOH is 14% ethanol negative control. S/N = supernatant. Datapoints represent technical culture replicates (n=3).

5.4.2.2 Modelling the impact of *B. wadsworthia* supplementation to a complex faeces-derived microbiota *in vitro*

We investigated the H₂S production by *B. wadsworthia* in the context of a complex gut microbiota and gut-representative nutritional conditions by seeding human faeces into Complex Intestinal Media supplemented with 5.6 mM taurine and adding 10⁸ CFU/mL *B. wadsworthia* (QI0013). To investigate whether the sulfidogenic effects of Bt strain 1 and inhibitory effects of *E. faecium*-*B. thetaiotaomicron* enrichment (Ef-Bt) could be recapitulated in the gut-representative conditions, we supplemented *B. wadsworthia* (Bw) to the model with either Bt strain 1 or Ef-Bt in a 1:1 ratio. The experiment was performed in triplicate, using faecal inoculum from QIB Colon Model study donors 1, 2 and 3 (Table 19). Samples were taken at 0- and 8 h post-inoculation to determine the H₂S concentration, total bacterial cell counts and for metagenomic analysis of the microbiota composition.

No H₂S was detected in the control samples at 0 or 8 h post-inoculation, where 1% faeces were inoculated with no additional bacterial strain supplementation (Figure 29A). This indicates that H₂S-producing bacteria were either non-viable, or the growth media and conditions used did not permit substantial growth of H₂S-producers. However, Bw-containing conditions showed significant H₂S production of approximately 1.5 mM by 8 h post-inoculation in all three experiments seeded by different faecal donors (Figure 29A). *B. wadsworthia*-derived H₂S concentrations were not differentially affected by the presence of either the H₂S-promoting Bt strain 1 or the inhibitory Ef-Bt enrichment (Figure 29A). Total bacterial cell counts were determined using flow cytometry; cell numbers remained largely stable between 0 and 8 h with no changes in order of magnitude between these time-points (Figure 29B). In donors 1 (CM046) and 2 (CM072), supplementation with Bw alone resulted in increased cell number at 8 h compared to 0 h (Figure 29B), indicating increased growth; this is likely to be attributable to *B. wadsworthia* directly as H₂S concentration increased to 8 h in these cultures (Figure 29A). Culture pH decreased substantially in all conditions from pH 7.2 to pH 5 – 6 after 8 h (Figure 29C), likely reflecting the metabolic activity of lactic acid bacteria present in the faecal samples.

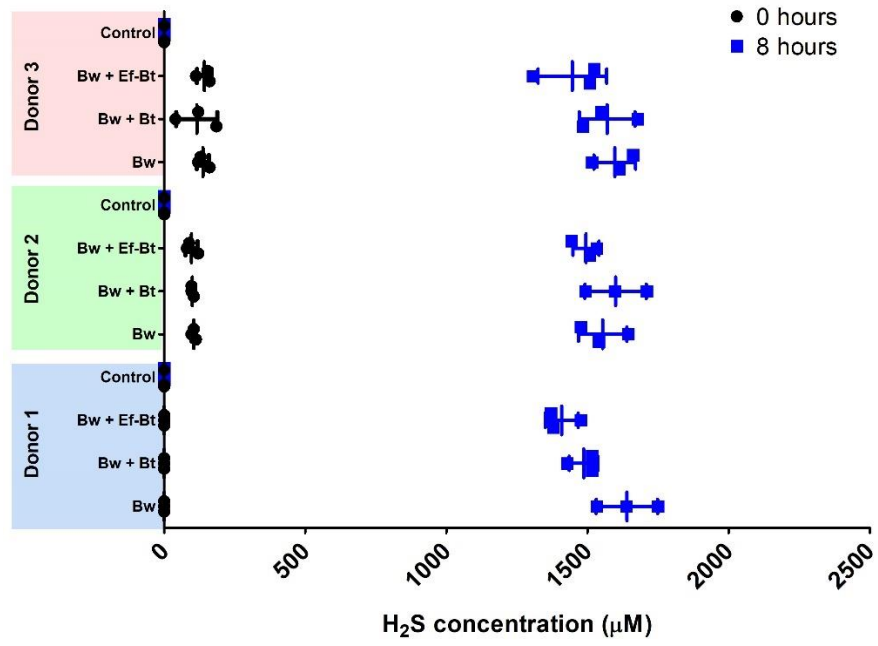
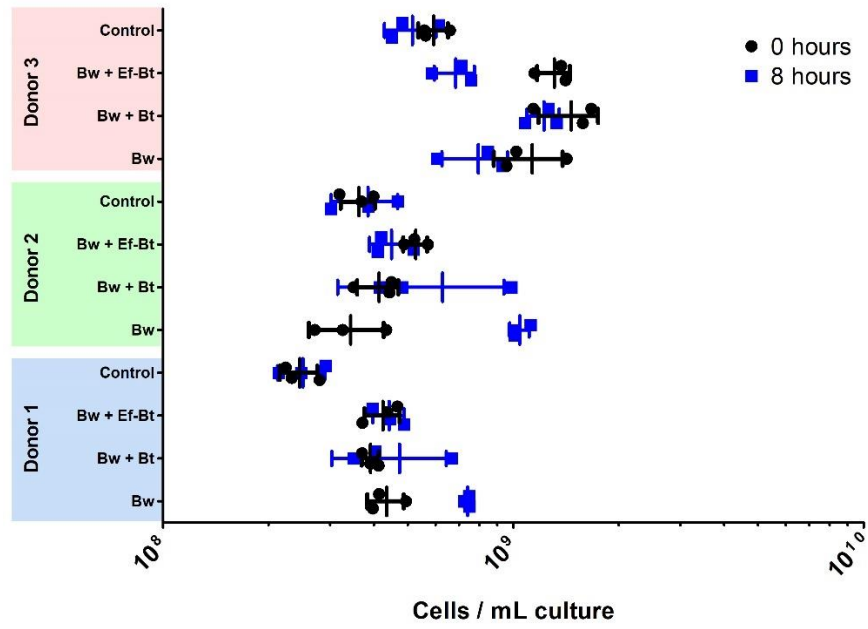
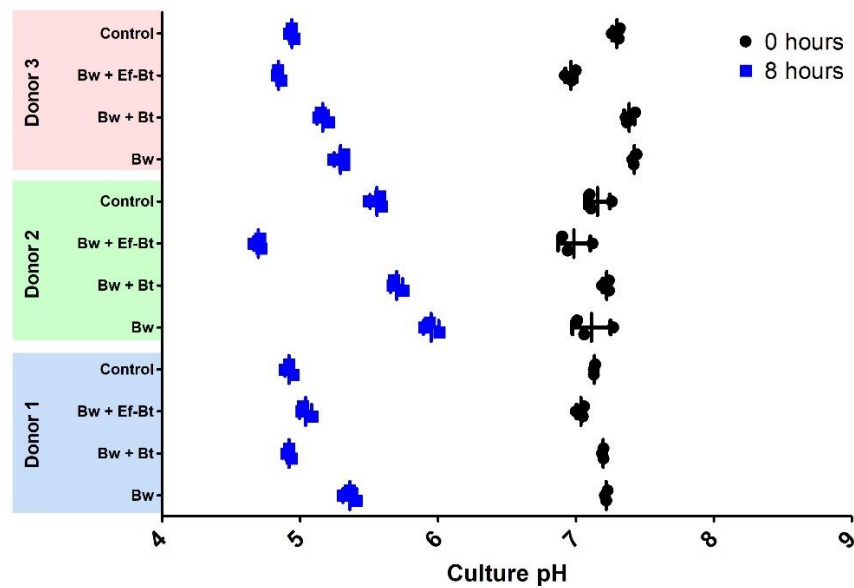
A**B****C**

Figure 29: Impact of supplementation of *B. wadsworthia* alone (Bw), *B. wadsworthia* with Bt strain 1 (Bw + Bt) and *B. wadsworthia* with Ef-Bt enrichment (Bw + Ef-Bt) on an *in vitro* complex gut microbiota seeded with faeces from 3 different donors.

Faecal inoculum with no additional bacterial strain supplementation was performed as control. A) H₂S concentration at 0- and 8 h post-inoculation. B) Total bacterial cell numbers per mL culture determined via flow cytometry at 0- and 8 h post-inoculation. C) Culture pH at 0- and 8 h post-inoculation. Data-points show each technical culture replicate (n=3). Line shows mean, and error bars show SD.

Next, we investigated the impact of supplementing *B. wadsworthia* alone (Bw), in combination with *B. thetaiotaomicron* (Bw + Bt) or in combination with a mixed enrichment of *E. faecium* and *B. thetaiotaomicron* (Bw + Ef-Bt) on the composition of the complex gut microbiota *in vitro*. We used shotgun metagenomic sequencing to analyse the microbial composition of samples taken at 0- and 8 h post-inoculation, using metaphlan 4.0 combined with flow cytometry data to determine the absolute abundance to species level. The absolute abundance of Proteobacteria increased from 0- to 8 h in all conditions where *B. wadsworthia* was supplemented (Figure 30A), likely reflecting increased abundance of *B. wadsworthia*. This pattern was observed with all three donors, except for donor 3 supplemented with *B. wadsworthia* and the *E. faecium* and *B. thetaiotaomicron* enrichment (Bw + Ef-Bt), where the Proteobacteria abundance decreased from 0- to 8 h (Figure 30A). In the control cultures where no additional strains were supplemented, it is interesting to note that donor 3 was the only sample where Proteobacteria were present at both 0- and 8 h (Figure 30A); this was due to the presence of *B. wadsworthia* and *D. piger* in the faeces of this donor (supplementary data, section 7.1.3). The differences in microbiota composition between samples were investigated using beta diversity, looking for changes in composition due to time-point, experimental condition, and donor (Figure 30B). The NMDS analysis stress score was 0.18; this was below the generally-accepted cut-off of ≤ 0.2 [533, 534] indicating that the reduced-dimension model provided a reliable representation of the data. There was clear clustering of samples based

on donor with no overlap, indicating that microbial composition was distinct between donors (Figure 30B). Compositional shifts due to sampling time-point were also apparent in donors 1 and 3, whereas samples from donor 2 appeared more similar at both 0- and 8 h (Figure 30B). Compositional differences due to experimental condition were relatively less pronounced, but still apparent (Figure 30B). We then used PERMANOVA to test if differences in microbial composition were statistically significant, where the null hypothesis was that there were no differences in microbial composition due to time-point, experimental condition, or donor; differences in microbial composition were statistically significant ($p \leq 0.05$) due to these factors (Table 14). However, R^2 values were relatively low for both time-point and condition, explaining approximately 16% and 26% of the variance respectively (Table 14) [535]. The faecal donor appeared to be the main determinant of microbial composition, accounting for ~ 44% of data variance (Table 14). Taken together, this shows that most of the variance in microbial composition was due to the faecal donor.

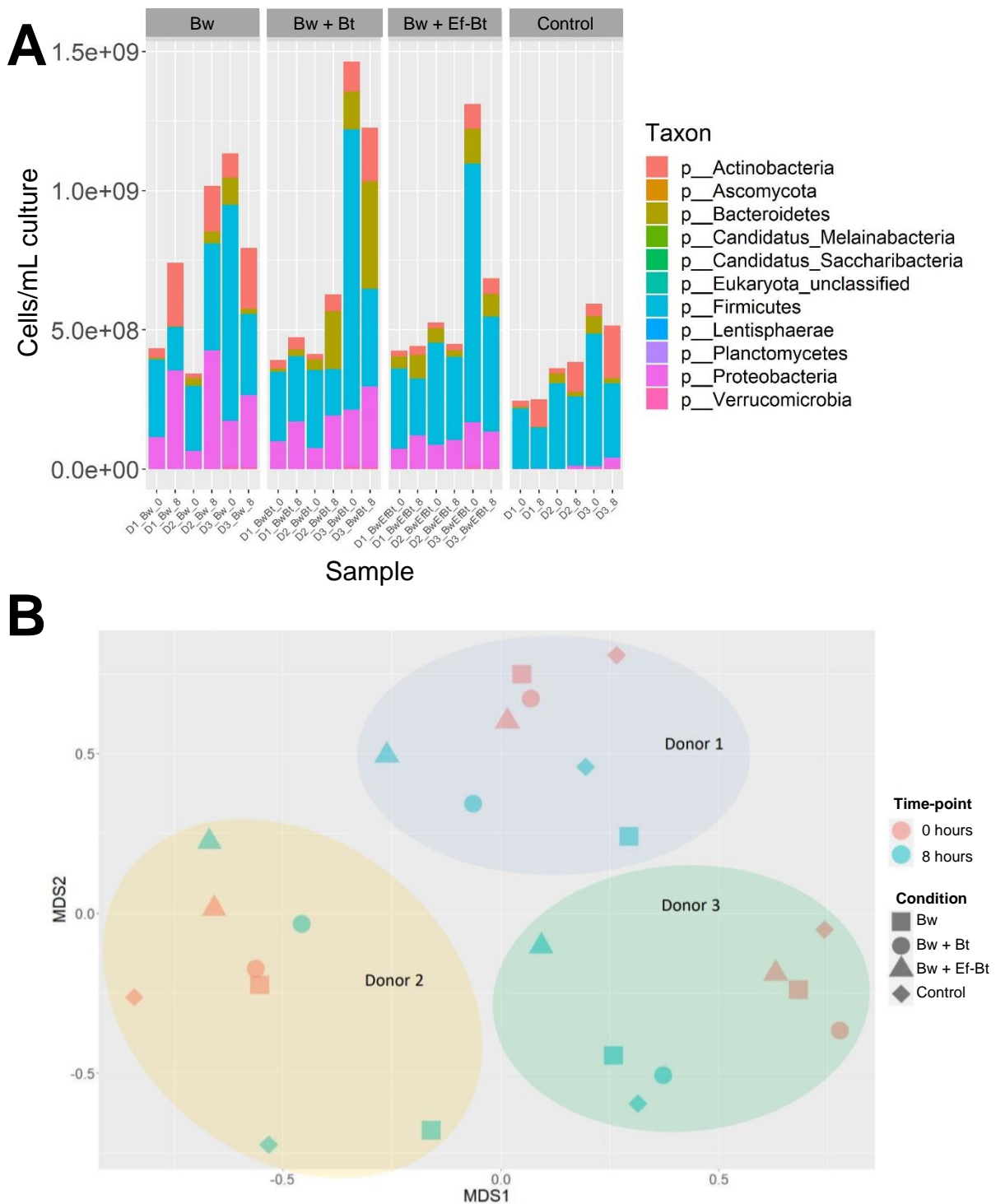


Figure 30: Microbial composition of *in vitro* models of the complex gut microbiota supplemented with *B. wadsworthia* Q10013 (Bw), *B. wadsworthia* with *B. thetaiotaomicron* (Bw + Bt), or *B. wadsworthia* with an *E. faecium*-*B. thetaiotaomicron* enrichment (Bw + Ef-Bt).

Faecal inoculum with no additional bacterial strain supplementation was performed as control. A) Phyla-level microbial composition of samples inoculated with faeces from donor 1, 2 or 3 (D1, D2, D3) at 0- and 8 h post-inoculation clustered by condition. Average values of culture triplicates for each condition are shown, expressed as absolute abundance (cells/mL culture). B) NMDS plot representing beta diversity using Bray-Curtis distances to compare sample composition by donor, condition, and sampling time-point.

Table 20: Permutational analysis of variance (PERMANOVA) scores using the adonis package.

Variable	R ² value	P value
Time-point	0.16459	0.001 ***
Condition	0.26442	0.003 **
Donor	0.43628	0.001 ***

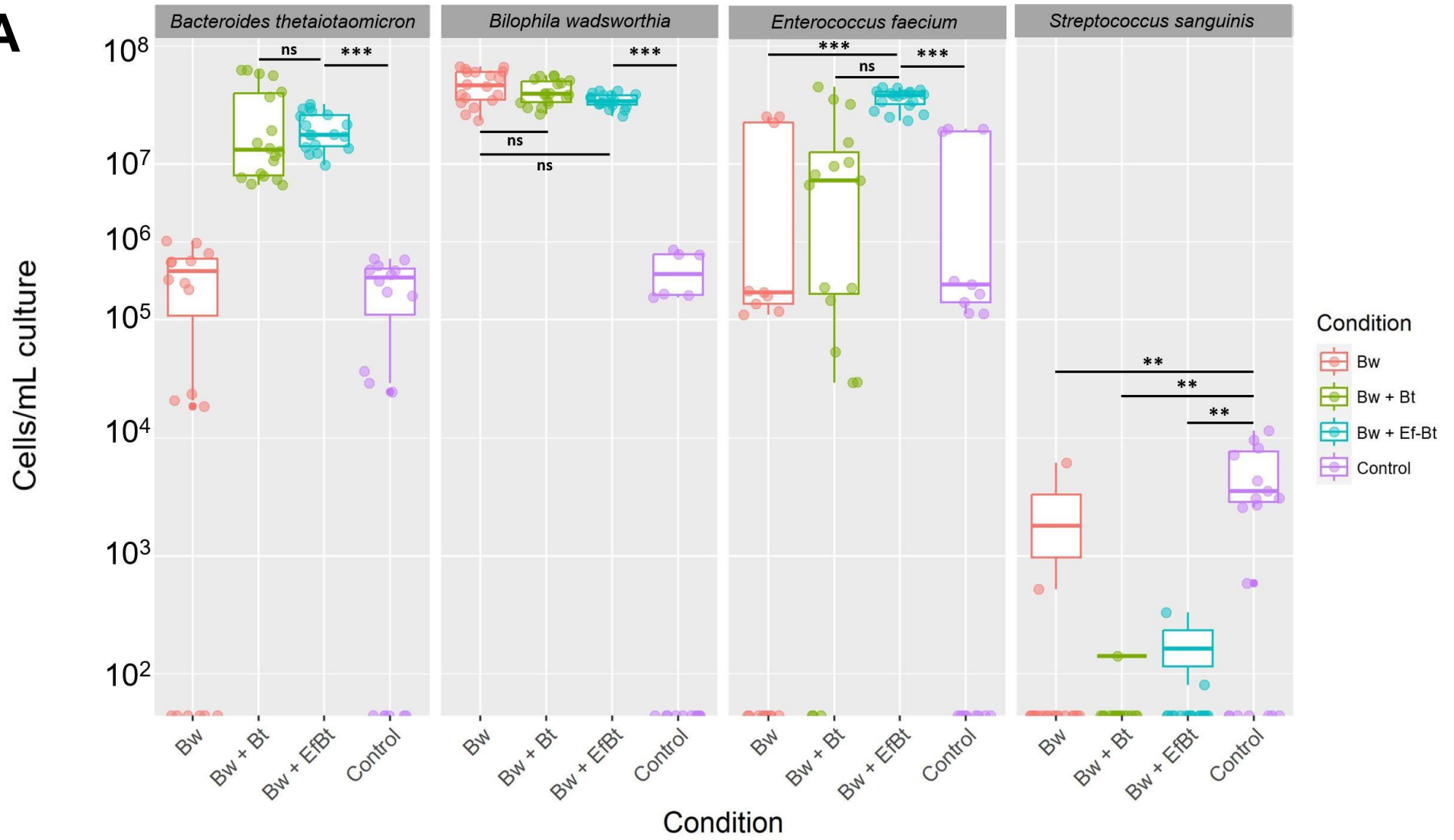
Following investigation of the overall data structure, we then explored the differentially abundant species due to condition, donor, and time-point (Figure 32). Non-parametric testing was used with Benjamini-Hochberg correction for multiple hypothesis testing [525], where remaining species were identified as being significantly differentially abundant between groups. Four species were identified as differentially abundant due to condition, 122 species due to time-point and 381 species due to donor. For visualisation, differentially abundant species identified by time-point and donor were ranked by absolute abundance and the top ten were displayed, as these were the most likely to have biological importance.

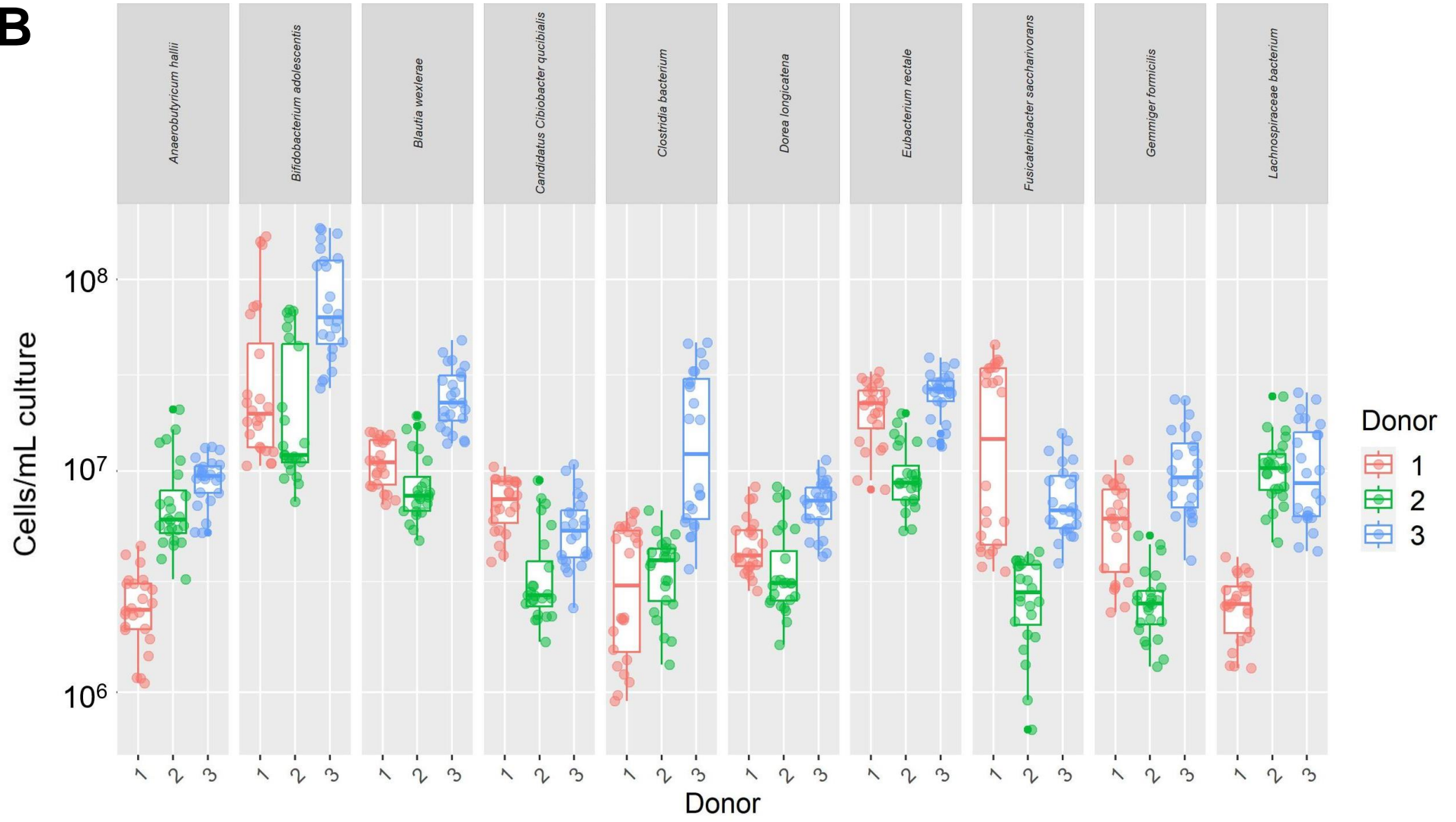
The four species identified as differentially abundant due to condition included *B. wadsworthia*, *E. faecium* and *B. thetaiotaomicron*; this is expected given that these strains were supplemented to their respective experimental conditions (Figure 31A). *B. wadsworthia* abundance was not significantly different when supplemented alone (Bw) compared to together with the H₂S-promoting Bt strain 1 (Bw + Bt) or when supplemented with the Ef-Bt enrichment (Bw + Ef-Bt) (Figure 31A). However, there was a trend towards decreased *B. wadsworthia* abundance when together with Ef-Bt enrichment; the average abundance of *B. wadsworthia* was 2 x 10⁸ cells/mL when supplemented alone (Bw), compared to 1 x 10⁸ cells/mL in Bw + Ef-Bt (Figure 31A). *B. thetaiotaomicron* abundance was not significantly affected by the presence of *E. faecium* (Bw + Ef-Bt) compared to the absence of this supplemented strain (Bw + Bt) (Figure 31A). The ability of this *E. faecium* strain to slightly reduce *B. wadsworthia* abundance without affecting *B. thetaiotaomicron* could potentially confer benefits in the gut environment. *Streptococcus sanguinis* was also identified as significantly differentially abundant between conditions (Figure 31A); this strain was present in low abundance (10³ – 10⁴ cells/mL culture) in control cultures from donors 1 and 2 and significantly

decreased in abundance in supplemented cultures (Figure 31A). The strain was not present in donor 3 cultures (supplementary data, section 7.1.3). *S. sanguinis* is associated with the oral microbiota [536] and was found to be enriched in the faecal microbiota of chronic fatigue patients compared to controls where it is associated with significant lactic acid production [537]. It seems that supplementation with *B. wadsworthia* alone or in combination with Bt or Ef-Bt here significantly reduced the abundance of this strain (Figure 31A).

Of the 381 significantly differentially abundant species due to faecal donor, the ten most abundant were displayed graphically (Figure 31B). Several species were more abundant in donor 3 compared to donors 1 and 2, including *Bifidobacterium adolescentis*, *Blautia wexlerae*, *Clostridia* bacterium, *Dorea longicatena*, *Eubacterium rectale* and *Gemmiger formicilis* (Figure 31B). This data highlights the heterogeneity of the gut microbiota composition between individuals and emphasises the importance of considering such variation when designing experiments investigating the effect of specific interventions on the gut microbiota composition.

A total of 122 species were identified as significantly differentially abundant due to sampling time-point; the ten most abundant were displayed here (Figure 31C). Several species decreased in abundance between 0 and 8 h, including *Faecalibacterium prausnitzii*, *Fusicatenibacter saccharivorans*, *Gemmiger formicilis*, *Clostridia* bacterium, Clostridiales bacterium KLE1615 and a Lachnospiraceae spp. (Figure 31C). This could reflect the inability of these strains to maintain their population in the *in vitro* environment, possibly due to out-competition or an absence of specific growth requirements. Under the conditions used, *Bifidobacterium adolescentis*, *Bifidobacterium longum* and *Collinsella aerofaciens* increased in abundance during the experimental period (Figure 31C), suggesting that the conditions were conducive to growth of these strains. *B. wadsworthia* was also identified as significantly increasing in abundance between 0 and 8 h (Figure 31C); this corresponds to the observations of significantly increased H₂S concentration in *B. wadsworthia*-supplemented cultures at 8 h (Figure 29A) and shows that *B. wadsworthia* can successfully establish in the context of a complex gut microbiota *in vitro*.

A

B

C

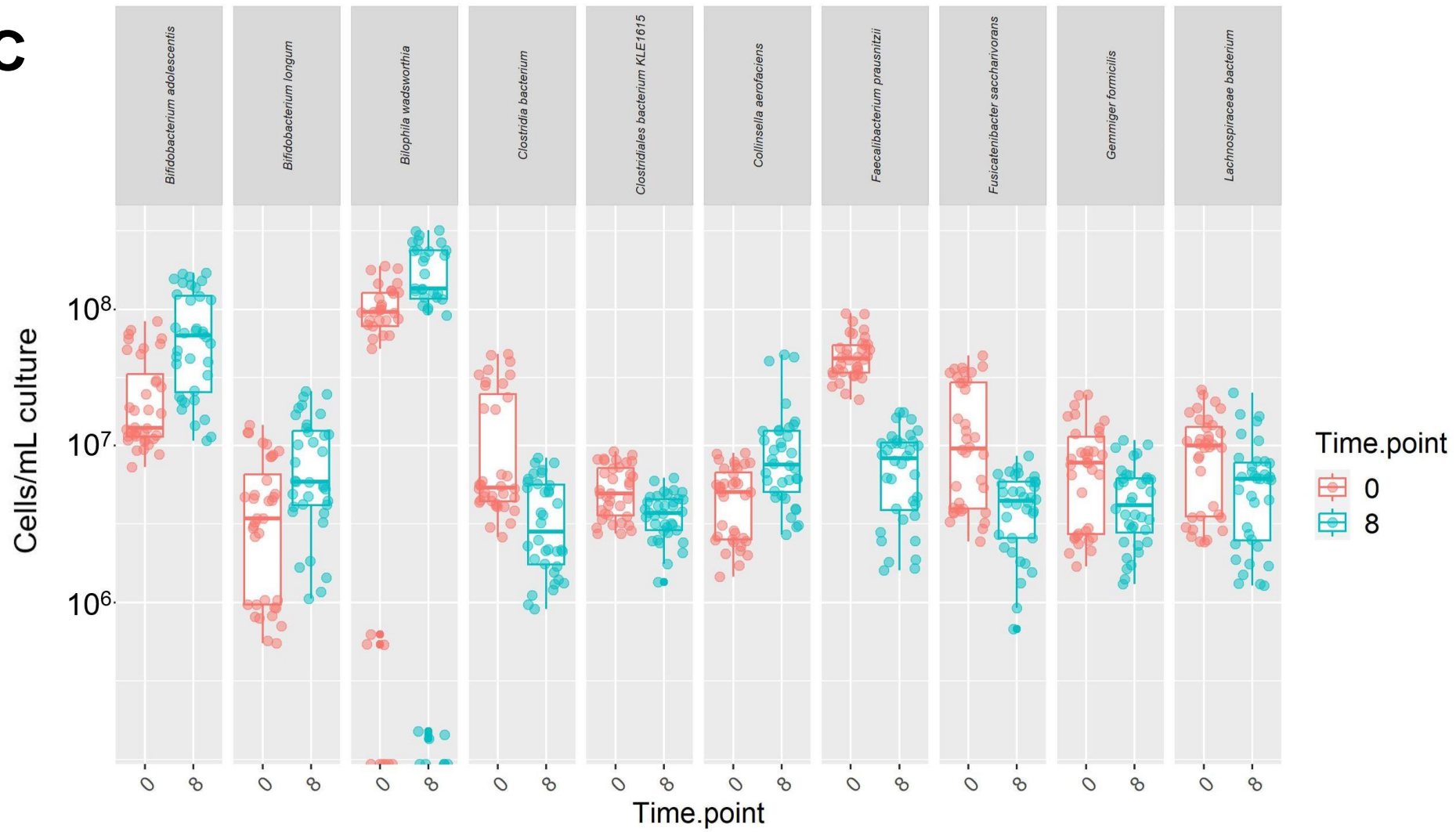


Figure 31: Differentially abundant taxa in *in vitro* models of the complex gut microbiota supplemented with *B. wadsworthia* QI0013 (Bw), *B. wadsworthia* with *B. thetaiotaomicron* (Bw + Bt), or *B. wadsworthia* with an *E. faecium*-*B. thetaiotaomicron* enrichment (Bw + Ef-Bt). Faecal inoculum with no additional bacterial strain supplementation was performed as control. Boxplots display the interquartile range (Q1 – Q3), whiskers display minimum and maximum values (1.5x IQR), line at median. A) Differentially abundant taxa due to experimental condition. All culture replicates are shown for 0- and 8- h post-inoculation. Results of pair-wise Mann Whitney U tests are shown where ns = not significant, ** = $p \leq 0.01$, *** = $p \leq 0.001$, **** = $p \leq 0.0001$. B) Differentially abundant taxa due to donor. The top 10 taxa by absolute abundance are displayed. All culture replicates are shown for 0- and 8-h post-inoculation. C) Differentially abundant taxa due to time-point. The top 10 taxa by absolute abundance are displayed. All culture replicates are shown.

5.5 Discussion

5.5.1 Sulfated amino acid quantification – method development

We investigated the use of a HILIC-MS (LC-MS/MS) method to quantify sulfated amino acids in human faecal matrices. This method can be used to determine sulfated amino acid concentrations when using a standard curve prepared in the same matrix. The LLOQ was relatively high; for utilisation with unknown samples, it may be beneficial to spike externally added amino acids to bring samples into the accurate quantification range. Future method development could investigate alternative sample preparation methods such as liquid or solid phase extraction to improve removal of extraneous matrix components prior to analysis to reduce LLOQ [538]. This would be particularly beneficial for homocysteine which was subject to a significant matrix effect (Figure 25C). Although matrix effect can be mitigated against by preparing a standard curve in the matrix of interest from which unknown samples can be directly compared, this can be problematic if compounds are low-abundance. Here, the only amino acid to be quantified above the LLOQ was taurine in faecal water. This was determined as 5.18 μM as an average of three injection replicates, equating to 207.33 μM per gram wet weight of faeces (Table 12). The expected concentrations of sulfated amino acids in human faeces are difficult to predict due to a lack of published literature

investigating the amino acid composition in the human colon. Amino acid analysis of mucosa from the descending colon showed 2.63 mM taurine and 0.05 mM methionine per kg biopsy weight, but the researchers could not analyse cysteine or homocysteine [187], and another study found methionine at 0.06 mM per kg biopsy weight in human ileal mucosal specimens [539]. One study quantified cysteine at 1.8 nM and homocysteine at 1.2 nM per mg of protein in the distal colonic mucosa of healthy patients [540]. However, the researchers performed amino acid analysis after protein precipitation of the mucosal samples, making comparisons between studies difficult [540]. Overall, the preliminary method development has shown that this HILIC-MS approach can be used to accurately quantify four sulfated amino acids in faecal matrices within a known concentration range; this could be used to track amino acid utilisation and production during fermentation in *in vitro* colon models, and to gather data on sulfated amino acid concentration in human faeces.

5.5.2 Evaluating the colourimetric methylene blue method for H₂S quantification in faecal matrices

We investigated the accuracy and precision of the colourimetric methylene blue assay for determining H₂S concentration in matrices containing human faeces. Both diamine reagents performed linearly across the concentration ranges tested (Figure 26, Figure 27A, Figure 27B), quantified H₂S with an accuracy of 120-130% in both faecal matrices (Figure 27C) and showed a high level of precision between technical replicates (Figure 27D). A generally accepted percentage accuracy range for LCMS-based metabolite quantification is 85-115% [526, 541, 542]; there was consistent over-quantification in both matrices across the concentration range of both diamine reagents (Figure 27C). Although this method perhaps cannot be directly compared to the stringent accuracy guidelines of LCMS-based quantification methods, the higher-than-expected H₂S concentration identifies a clear target for method development. Future work could seek to reduce this by initially ensuring that residual H₂S in the sample blanks used to standardise the samples is fully depleted using additional stirring, although Strocchi *et al.* showed that 20 minutes of stirring with atmospheric exposure and acidification was sufficient to remove 98% faecal sulfide from the sample blanks [514].

Both diamine reagents performed similarly with regards to quantification accuracy and precision, however it is recommended that the diamine reagent absorbance

values do not exceed 1.0, as aqueous solutions of methylene blue may not strictly conform to Beer's law at higher concentrations [272]. The lower concentration diamine reagent suitable for quantifying 2 – 40 μM H_2S showed lower absorbance values (Figure 26A) compared to the higher concentration reagent (Figure 26B); the lower concentration reagent is more suitable for H_2S quantification here. It is therefore recommended that samples of interest are first tested at varying dilutions to ensure that the samples are within the absorbance range of the diamine reagent; use of the lower concentration reagent has the additional benefits of further dilution which reduces potential absorbance interference introduced by the sample matrix. Quantification of the H_2S present in the original faecal sample was performed using the 2 – 40 μM diamine reagent, where the average determined concentration in the assayed samples was 0.1 μM (Table 1), which is well below the recommended concentration range of the higher concentration diamine reagent. The faeces were diluted 1:400, meaning the estimated H_2S concentration was 40 μM per g wet weight faeces (Table 13). This is considerably higher than previous studies which reported H_2S concentrations in human faeces as 1 μM per g [74], 0.35 μM per g [76], and 3.38 μM per g with high sulfate diet [77]. For accurate quantification of H_2S in faeces, a lower final dilution should be considered; here a 1:400 dilution reduced the assayed H_2S concentration to 0.1 μM , which is too low for accurate quantification. However, this method is suitable for accurate quantification in the 2 – 100 μM H_2S range in experimental samples obtained in faecal water matrices containing either PBS or colon model media. This colourimetric method for determining H_2S concentration is a precise and accurate method for use with experimental samples at the tested dilution ranges of matrices containing human faeces diluted with either PBS or colon model media.

5.5.3 Impact of bacterial strains on gut barrier integrity

We investigated the impact of cells and cell-free supernatant from bacterial strains on the barrier integrity of Caco-2 cell mono-layers; treatments included cell-free supernatant of *B. wadsworthia* mono-culture and co-culture with Bt strain 1, and *B. wadsworthia* cells alone and in combination with probiotic *L. plantarum* EKN4 and OOO9 strains. Although the impact of H_2S on the intestinal barrier has not been extensively studied *in vitro*, one study using sodium hydrosulfide, a fast-release H_2S donor showed an ability to partially ameliorate TNF- α and IFN- γ induced intestinal epithelial barrier dysfunction [503], and the slow-release H_2S donor GYY4137 improved barrier integrity in Caco-2 cell mono-layers [543, 544]. In all

cases, the authors did not appear to consider H₂S oxidation under aerobic conditions as an important factor. Here, we showed the rapid oxidation of H₂S by 2 h under physiological conditions used widely for Caco-2 cell culture (Figure 28A); this is an important consideration when utilising fast-release H₂S donors to study the effect on the intestinal barrier. The use of slow-release H₂S donors may offer a more physiologically accurate dose and exposure to Caco-2 cells, in addition to circumventing the issue of oxidation under aerobic conditions. However, the problem persists for study of anaerobic and H₂S-producing bacteria here, as the bacterial viability and H₂S concentration are significantly affected by the oxic culture conditions used for Caco-2 cell propagation. *In vitro* models allowing simultaneous co-culture of strict anaerobes and intestinal epithelial cells is an actively developing research field [545-547], and are likely to constitute more meaningful models for studying anaerobe-host interactions.

Here, significant barrier integrity loss was only observed in Caco-2 cells cultured with washed cells of *L. plantarum* EKN4 and OOO9 (Figure 28C). Given the ability of *L. plantarum* to produce lactic acid under aerobic conditions [548], it is probable that the loss of barrier integrity is due to pH reduction, although this is speculative. Interestingly, the most significant loss of barrier integrity was observed with a combination of EKN4, OOO9 and *B. wadsworthia* cells (Figure 28C). At 24 h, elevated H₂S concentration was found in cultures containing *B. wadsworthia* washed cells (Figure 28A); the extensive loss of barrier integrity observed in the combined cell treatment could reflect the additive impact of lactic acid and H₂S production upon the Caco-2 cells. This preliminary data suggests that supernatant from *B. wadsworthia* and Bt strain 1 supernatant does not negatively impact the barrier, but *B. wadsworthia* cells in combination with washed cells of probiotic strains could exert deleterious impacts on the gut barrier integrity. Critically, no significant decrease in TEER was observed here with the negative control treatment with 14% ethanol which has been previously reported to impair barrier integrity [504, 516-518]. In this case, the Caco-2 cells were matured for a longer period of time prior to experiment start and were selected based on high barrier integrity ($\geq 800 \Omega \text{ cm}^2$); future work should seek to validate these results using a higher concentration of ethanol or an alternative compound such as TNF- α [503, 549] as a negative control for barrier integrity.

5.5.4 Investigating the impact of *B. wadsworthia* supplementation to a complex gut microbiota *in vitro*

In previous chapters, *B. wadsworthia*'s H₂S production and growth was shown to be differentially affected by co-culture with *B. thetaiotaomicron* and *E. faecium*, where *B. thetaiotaomicron* showed an H₂S-promoting effect (Figure 16) and *E. faecium* was inhibitory (Figure 13). Given that these bacteria are gut-derived strains found in the majority of healthy individuals [23, 213, 240], we investigated whether these interactions are also observed in conditions more closely representing those found in the human gut, and in the context of a complex human gut microbiota. Our hypothesis was disproven; no differences in H₂S concentration were observed due to *B. thetaiotaomicron* or Ef-Bt supplementation (Figure 29A). However, we showed that *B. wadsworthia* could contribute significant levels of H₂S in the context of a faecal matrix and complex gut microbiota with a physiologically relevant taurine dose; this was observed in all conditions in all three faecal samples (Figure 29A). If occurring in the human gut environment, the contribution of *B. wadsworthia*-derived H₂S in the mM range could be pro-inflammatory [98]. Metagenomic analysis of the impact of *B. wadsworthia* supplementation on microbial composition revealed that the majority of variance in composition was attributed to the faecal donor, with smaller contributions from sampling time-point and experimental condition (Table 14, Figure 30B). This concurs with previously published literature demonstrating the considerable inter-individual variation in the gut microbiota composition [165, 550, 551]. *B. wadsworthia* abundance was slightly reduced by the addition of the Ef-Bt enrichment, although this was not statistically significant. Nonetheless, the ability of *E. faecium* to modestly reduce *B. wadsworthia* abundance without affecting *B. thetaiotaomicron* abundance (Figure 31A) is worthy of further investigation.

Substantial decreases in culture pH were observed in all conditions, where cultures reached 5 – 6 by 8 h (Figure 29C). This likely reflects lactic acid production by bacteria present in the faecal samples. Changes in pH are likely to influence bacterial growth and viability; it is therefore important to acknowledge that this study is preliminary and future work could seek to investigate this hypothesis using a growth medium with increased buffering capacity, or by using an *in vitro* model system with integrated pH control such as the colon model [501]. However, the pH range observed here is not necessarily below physiological range. Typically the human colonic mucosa surface pH is around 6 – 7 [552], and

luminal pH is around 6.4 due to production of short chain fatty acids and hydrogen ions by colonic bacteria [553]. However, pathology may induce acidification in the gut; small-scale studies found an association between colonic luminal pH and severity of ulcerative colitis, where pH can range from 4.7 in those with active disease to 2.3 – 3.4 in severe cases requiring surgery [553]. Therefore, the use of gut model systems where pH is not strictly controlled may have merit in allowing exploration of potential mechanisms leading to colonic acidification. A further consideration for future work is the use of freshly prepared human faeces for seeding experimental models. Here, faecal samples were processed anaerobically, flash frozen and stored at -80°C; it was shown that freezing at -80°C without added cryoprotectant preserved the microbial ecosystem more efficiently compared to freezing with 10% glycerol or lyophilisation, using fresh stool as a benchmark [507]. Fresh faecal samples are the benchmark for seeding *in vitro* gut model systems but are highly time- and oxygen-sensitive with respect to viability of anaerobes after collection. To minimise these variables impacting stool viability, the faecal samples were processed identically by immediately flash freezing and storing on the same day, whilst achieving a compromise on microbial ecosystem preservation [507]. It would undeniably be valuable to investigate the interaction between *B. wadsworthia* and other bacterial strains using *in vitro* models seeded with fresh faecal samples. In summary, the current study showed the capacity of *B. wadsworthia* to produce significant levels of H₂S from a physiological taurine dose within a complex faeces-derived microbiota in the presence of the faecal matrix and gut-representative growth media [508]. Future work should seek to utilise increased pH buffering capacity and fresh human faeces to seed the gut microbiota model to overcome acidification and potential bacterial viability loss observed with this preliminary study.

Chapter 6

6. Discussion

6.1 Summary

B. wadsworthia is a unique member of the SRB, able to utilise taurine for H₂S production [51]. Since its discovery in 1989, research into *B. wadsworthia* has implicated this bacterium in disease pathogenesis and inflammation [67, 145, 146, 149-157], but it is commonly found within the commensal gut microbiota of 50-60% of healthy individuals [22-24, 68]. This thesis aimed to investigate the enigmatic nature of *B. wadsworthia* with respect to its interactions with other common human gut microbiota members, to better establish the factors influencing *B. wadsworthia*'s growth and H₂S production potential within the human gut. Here, the main hypotheses, experiments and findings of the thesis are summarised.

6.2 *B. thetaiotaomicron* can promote *B. wadsworthia*'s growth and H₂S production

In co-culture with *B. thetaiotaomicron*, *B. wadsworthia* displays significantly increased H₂S production. This interaction appears to depend upon the physical proximity of the strains (Figure 5) and viability of *B. thetaiotaomicron* (Figure 6). In co-culture, indole production by *B. thetaiotaomicron* appeared to be decreased (Figure 20). The sulfidogenic interaction is potentially mediated via cross-feeding of APS, a metabolite that could potentially be used by *B. wadsworthia* for H₂S production (Figure 18). To our knowledge, the beneficial mutualistic interaction between *B. wadsworthia* and *B. thetaiotaomicron* has not been previously identified. This work therefore describes a novel species-level interaction which, if occurring in the human gut environment, could contribute towards high levels of H₂S which are associated with inflammation and disease [44, 98, 102, 262, 282].

6.2.1 Future work

A key aspect to consider for future research is identifying whether *B. wadsworthia* contains a functional putative adenylylsulfate reductase; this is a pivotal test for the hypothesis described here, where *B. wadsworthia* and *B. thetaiotaomicron* can cooperatively convert sulfate to H₂S via an APS intermediate. If *B. wadsworthia* produces H₂S in response to APS supplementation, this would suggest the presence of an active adenylylsulfate reductase. A further possible avenue of research could involve isolation of the putative adenylylsulfate reductase for study of the structure and function via proteomic methods such as gel electrophoresis and mass spectrometry [554]. Furthermore, establishing whether *B. thetaiotaomicron* can produce APS from sulfate is an important aspect for future research. This could be investigated by supplementing sulfate to *B.*

thetaitaomicron, and measuring the resulting APS production possibly via LC-MS based quantification; an established method for measuring PAPS via LC-MS has been reported [555], providing a starting point for method development for quantification of APS in bacterial cultures.

The apparent shift towards decreased indole production by *B. thetaitaomicron* in co-culture with *B. wadsworthia* also provides an opportunity for follow-up in future research. Here, we explored only the endometabolome, limiting our metabolomic study to the differential metabolites within the bacterial cells. Future work could substantiate these observations by investigating the cell-free supernatant metabolome of co-cultures and mono-cultures to explore the relative abundance of tryptophan, indole and indole derivatives. This would establish whether *B. thetaitaomicron*'s capacity for indole production is indeed decreased in co-culture with *B. wadsworthia*. Given that microbe-derived indole confers beneficial effects in the human gut by ameliorating intestinal inflammation [495, 496], and modulating intestinal IL-22 production to prevent pathogen colonisation [497], establishing whether indole production by *B. thetaitaomicron*, a key indole producer [306, 491] is decreased by *B. wadsworthia* in the human gut environment is of importance for human health. Future work could investigate this by modelling the *B. wadsworthia* and *B. thetaitaomicron* interaction in a gut-representative system using *in vitro* microbiological fermentation models seeded with human faeces, and quantifying tryptophan and indole metabolites. This would enhance our understanding of this mutualistic interaction between *B. wadsworthia* and *B. thetaitaomicron* resulting in increased H₂S and decreased indole production.

Expression of the virulence factor urease was significantly decreased in *B. wadsworthia* in co-culture with *B. thetaitaomicron*. Urease activity varies between *B. wadsworthia* strains [31], with approximately 75% of strains being urease positive [24]. Although both urease-positive and urease-negative strains have been associated with disease [145], genomic differences between strains have not been investigated beyond confirmation that the 16S rRNA gene sequences remain highly similar [494]. Furthermore, the impact of urease activity in *B. wadsworthia* pathogenesis has not been described. The expression of urease in *B. wadsworthia* and the resulting impact on virulence could be included in future work to better understand the factors involved in *B. wadsworthia* virulence and pathogenesis.

Here, it could be hypothesised that decreased expression of urease in co-culture reduces *B. wadsworthia*'s pro-inflammatory and endotoxic properties. Future work could seek to test this hypothesis using *in vitro* models combining both the human epithelial mono-layer such as Caco-2 cells to represent the gut barrier, in addition to recapitulating the anaerobic environment of the gut lumen conducive to growth of strict anaerobes including *B. wadsworthia* and *B. thetaiotaomicron*, such as gut-on-a-chip [556] or vertical diffusion chamber models [557]. Using such systems, the impact of high-urease-expressing and low-urease-expressing *B. wadsworthia* could be compared with respect to impact on inflammatory cytokine expression and gut barrier integrity. This would allow us to examine whether urease expression by *B. wadsworthia* affects the virulence of this bacterium.

6.3 Enterococcal strains inhibit *B. wadsworthia*'s growth and prevent H₂S production

Enterococcal strains caused potent inhibition of *B. wadsworthia*'s H₂S production (Figure 11) and growth (Figure 12). Growth inhibition was also observed using cell-free supernatant from *E. faecium*, suggesting the inhibition is at least in part due to pH reduction via lactic acid production (Figure 14, Figure 15). Use of a *B. thetaiotaomicron* and *E. faecium* enrichment to control growth and H₂S production by *B. wadsworthia* whilst facilitating production of beneficial compounds such as hypoxanthine [369], lactic acid [390] and raffinose [368] (Figure 15) could confer benefit if occurring in the human gut environment. As such, *E. faecium* could be an attractive preliminary candidate for use as an anti-*B. wadsworthia* probiotic.

6.3.1 Future work

The inhibitory effect of *E. faecium* upon *B. wadsworthia* appears to be at least partially mediated by pH reduction, but the relative contributions cannot be established in these experiments as the pH was not controlled. To unpick the contribution of lactic acid to the inhibitory effect, future work could co-culture *B. wadsworthia* with washed cells, or pH-neutralised cell-free supernatant of *E. faecium*. Alternatively, the co-culture could be performed in a pH-controlled setting, such as the microMatrix fermentation system [558] or the *in vitro* colon model system [501] to allow identification of a pH-independent inhibitory effect of *E. faecium* on *B. wadsworthia*.

Analysis of the cell-free supernatant metabolome of *B. wadsworthia* in co-culture with the mixed enrichment of *E. faecium* and *B. thetaiotaomicron* (Ef-Bt) revealed differentially abundant metabolites of interest, including increased abundance of chrysin and genistein. Microbial production of these compounds has not been reported in the literature; future work could substantiate these observations by measuring production of these compounds in bacterial mono-cultures and co-cultures, either using untargeted LC-MS or NMR-based metabolomic approaches. Alternatively, targeted quantification methods could be developed to quantify the absolute abundance of compounds of interest via comparison of unknown samples to a standard curve. For example, the metabolomic analysis revealed increased abundance of raffinose in Ef-Bt cultures, which we postulated as being due to raffinose synthase activity by *B. thetaiotaomicron*. Future work could test this hypothesis by measuring raffinose in the cell-free supernatant of *B. thetaiotaomicron* mono-cultures over time, or by investigating expression and activity of the raffinose synthase gene. Furthermore, styrene was identified as the top VIP compound (VIP score 1.762) contributing to differences between experimental conditions; styrene was in higher abundance in Ef-Bt cultures compared to *B. wadsworthia* mono-culture and negative control. To the best of our knowledge, styrene metabolism in *E. faecium* and *B. thetaiotaomicron* has not been previously explored; quantification of styrene in cell-free supernatants of *E. faecium* and *B. thetaiotaomicron* cultures would help substantiate whether these strains are indeed capable of styrene production.

An ability to control *B. wadsworthia* abundance and H₂S production in the human gut could have therapeutic benefit, as *B. wadsworthia* enrichment and high H₂S concentrations have been associated with inflammation [67, 145, 146] and disease pathogenesis [152-154]. Further screening of the two potential probiotic *E. faecium* strains (FI 09198 and QI0436) would be a crucial next step. The candidate strains should be screened for their bacteriocin production capacity *in vitro*, using growth assays with indicator strains such as *Listeria* or *E. coli* [559]. Furthermore, exploration of the impact of *E. faecium*-derived bacteriocins directly upon *B. wadsworthia* whilst excluding the effects of other inhibitory compounds such as lactic acid would be a pertinent next step. This could be achieved by co-culturing the strains on agar plates buffered with sodium bicarbonate to identify inhibition independent of lactic acid production [560]. The activity of bacteriocins against gut-

derived bacterial strains and the human gut microbiota is an active area of research, as traditionally bacteriocin assays focus on susceptibility testing using a few selected laboratory indicator strains [379]. Therefore, establishing whether these bacteriocins could inhibit Gram-negative species including *B. wadsworthia* is yet to be determined and is worthy of study. Additionally, the two candidate strains did not harbour clinically important antibiotic resistance genes based on genome screening, but confirmation using conventional *in vitro* minimum inhibitory concentration (MIC) assays and screening for specific AMR genes via PCR [561] would provide additional supportive evidence and scientific rationale for pursuing these strains as potential probiotic candidates. A further aspect of studying these candidate strains could investigate the presence of endotoxic or pro-inflammatory traits, using models combining anaerobic bacterial culture with human colonic epithelium such as gut-on-a-chip [556] or vertical diffusion chamber models [557].

6.4 *B. wadsworthia* in the human gut environment

The impact of *B. wadsworthia* cells and cell-free supernatant on the barrier integrity of Caco-2 cell mono-layers was investigated. Significant barrier integrity loss was only observed in Caco-2 cells cultured with washed cells of *L. plantarum* EKN4 and OOOY9 (Figure 28); this loss of barrier integrity was likely mediated by reduced culture pH due to lactic acid production. Interestingly, the most significant loss of barrier integrity was observed with a combination of EKN4, OOOY9 and *B. wadsworthia* cells. This suggested that supernatant from *B. wadsworthia* and Bt strain 1 supernatant does not negatively impact the barrier, but *B. wadsworthia* cells in combination with washed cells of probiotic strains could exert deleterious impacts on the gut barrier integrity.

Using *ex vivo* faecal cultures to investigate *B. wadsworthia*'s impact on the wider gut microbiota when supplemented together with *B. thetaiotaomicron* or Ef-Bt, we found no differences in H₂S concentration at 8 h post-inoculation due to the addition of specific bacterial strains (Figure 29). However, we showed that *B. wadsworthia* could contribute significant levels of H₂S in the context of a faecal matrix and complex gut microbiota with a physiologically relevant taurine dose; this was observed in all *B. wadsworthia*-containing conditions in all three faecal samples (Figure 29). If occurring in the human gut environment, the contribution of *B. wadsworthia*-derived H₂S in the mM range could be pro-inflammatory [98]. Furthermore, metagenomic analysis of the impact of *B. wadsworthia*

supplementation on microbial composition revealed that the majority of variance in microbial composition was attributed to the faecal donor (Table 4, Figure 30B). Despite this, small differences in *B. wadsworthia* abundance were observed between experimental conditions; the presence of *E. faecium* modestly reduced *B. wadsworthia* abundance without affecting *B. thetaiotaomicron* abundance (Figure 31A) but did not inhibit H₂S production (Figure 29A). An ability to control *B. wadsworthia* abundance in the gut environment is a desirable goal for reducing gut inflammation and pathogenesis associated with high H₂S levels [161]; in this experimental system, we did not observe a significant inhibition of *B. wadsworthia* by *E. faecium* as we saw in simplified co-cultures. The use of alternative gut model systems could be considered for further investigation into the efficacy of *E. faecium* as a potential anti-*B. wadsworthia* probiotic

6.4.1 Future work

The HILIC-MS method for quantifying sulfated amino acids in the human faecal matrix would benefit from further method development, particularly with respect to reducing the Lower Limit of Quantification (LLOQ). A simple solution to overcome the relatively high LLOQ of 40 µM would be to perform spike-in of known concentrations of external standard amino acids to bring the unknown samples into the accurate quantification range. However, future method development could investigate alternative sample preparation methods such as liquid or solid phase extraction to improve removal of extraneous matrix components prior to analysis to reduce LLOQ [538]. This would be particularly beneficial for homocysteine which was subject to a significant matrix effect. Additionally, the use of ¹³C-labelled internal standards for both homocysteine and methionine may improve quantification accuracy of these compounds. A further key aspect of future work is direct application of this method to human faeces. Literature delineating the concentrations of sulfated amino acids in the human colon is relatively sparse, although some studies have reported amino acid concentrations per kg weight based upon biopsies of the descending colon mucosa [539, 540]. To our knowledge, no studies thus far have investigated sulfated amino acid concentrations in human faeces, leaving a notable research gap. Given that these sulfated amino acids contribute to H₂S concentrations *in vivo* [44, 51, 498-500], and increased H₂S burden is associated with inflammation and pathogenesis in the gut [44, 98, 102, 262, 282], gathering data on sulfated amino acid

concentrations in human stool would contribute towards a better understanding of colonic sulfur metabolism in human health and disease.

The determination of H₂S concentration in the human faecal matrices was accurate and precise within the 2 – 100 µM range, however the method could not be used for accurate quantification of the original H₂S concentration in the faeces as the 1:400 dilution used was too high. In order to accurately quantify H₂S in human faeces using this method, future work could aim to investigate the impact of lower dilution upon the quantification accuracy and precision, using a 1:200 dilution as a starting point [514]. A valuable future aspiration for this method development would be to quantify H₂S in a range of human faecal samples where metadata is available regarding dietary habits. To our knowledge, studies into the H₂S concentration in the colon and the relationship with diet are restricted to small-scale studies involving a limited number of participants [74, 76, 77]. This is likely in part due to the volatile nature of H₂S introducing difficulties with quantification, as it is readily oxidised if the samples are exposed to oxygen without zinc acetate fixation [272, 514]. Future work could exploit the accessibility of fresh human faeces from the QIB colon model study (ClinicalTrials.gov Identifier: NCT02653001) and the MOTION study (ClinicalTrials.gov Identifier: NCT04199195) to be able to glean a large dataset of faecal H₂S concentrations in human adults.

Regarding the Caco-2 cell culture experiment, a key weakness of the study was the absence of an effective negative control for decreased epithelial barrier integrity; no significant decrease in TEER was observed with 14% ethanol treatment which has been previously reported to impair barrier integrity [504, 516-518]. A potential explanation was that the Caco-2 cell mono-layer used here underwent a longer period of differentiation prior to experiment start and had higher starting barrier integrity ($\geq 800 \Omega \text{ cm}^2$); future work should seek to validate these results using a higher concentration of ethanol or an alternative compound such as TNF- α [503, 549] as an effective negative control for barrier integrity. Future work could also utilise alternative systems for investigating the impact of strict anaerobes such as *B. wadsworthia* and *B. thetaiotaomicron* on the human gut epithelial layer. A general disadvantage of conventional Caco-2 cell culture is that the conditions are not conducive to the growth of anaerobic bacteria, and as

such do not accurately model the anaerobic mucosa and lumen of the human gastrointestinal tract. Novel technologies permitting viable co-culture of anaerobic bacteria and human cells are currently being developed and optimised, such as gut-on-a-chip technology [556], vertical diffusion chamber models [557] and 3D tissue culture models [562] among others; future work could employ such systems to more accurately model the impact of the sulfidogenic *B. wadsworthia* and *B. thetaiotaomicron* interaction upon the epithelial layer of the human gut.

In *ex vivo* faecal culture experiments, an important consideration of this model is the lack of pH control; substantial decreases in culture pH were observed in all conditions, where cultures reached 5 – 6 by 8 h likely due to the lactic acid bacteria present within the faeces. Changes in pH are likely to affect bacterial growth and viability; it is therefore important to acknowledge that this study is preliminary and future work could seek to investigate these bacterial interactions using a model with increased media buffering capacity, or by using an *in vitro* model system with integrated pH control such as the colon model [501] or microMatrix [563]. A further consideration for future work is the use of freshly prepared human faeces for seeding experimental models. Here, faecal samples were processed anaerobically, flash frozen and stored at -80°C; it was shown that freezing at -80°C without added cryoprotectant preserved the microbial ecosystem more efficiently compared to freezing with 10% glycerol or lyophilisation, using fresh stool as a benchmark [507]. However, it would undeniably be valuable to investigate the interaction between *B. wadsworthia* and other bacterial strains using *in vitro* models seeded with fresh faecal samples, as this is the gold standard for *in vitro* recapitulation of the human gut microbiota [507]. Furthermore, future work could seek to investigate the impact of different dietary taurine doses upon *B. wadsworthia* in the context of the human gut microbiota; dietary taurine intake varies widely between omnivores and vegans. Additionally, *B. wadsworthia* was recently shown to utilise the plant-derived sulfoquinovose for H₂S production [63]; a comparison of *B. wadsworthia* response to vegan diet and omnivorous diet would be beneficial in order to better understand possible dietary strategies for controlling the abundance and H₂S production by this potentially pathogenic gut bacterium.

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Supplementary data

7. Appendix

7.1 Supplementary data

Supplementary data can be accessed at <https://github.com/jade-j-davies/thesis-2023-supplementary-data.git>:

7.1.1 Chapter 3

- Table of 358 metabolites identified via untargeted LC-MS in positive ion mode in the culture supernatant of *B. wadsworthia* mono-culture, Ef-Bt culture and Bw + Ef-Bt culture at 6 h post-inoculation.
- Graph showing the culture pH of *B. wadsworthia* mono-cultures and co-cultures with *B. thetaiotaomicron* strains, or cell-free supernatant of *B. thetaiotaomicron* strains.
- Graph showing the culture pH of *B. wadsworthia* mono-culture and co-culture with Ef-Bt enrichment.
- Genomes of *E. faecium* strains (FI 09347, FI 09198, QI0436), including genomic sequences (FASTA format) and annotated genomes (GenBank format).

7.1.2 Chapter 4

- Table of 319 metabolites identified via untargeted LC-MS in positive ion mode in the endometabolome of *B. wadsworthia* mono-culture, *B. thetaiotaomicron* mono-culture and co-culture at 8 h post-inoculation.
- Table of differentially expressed genes identified in *B. wadsworthia* (QI0013) in co-culture with *B. thetaiotaomicron* (QI0072) compared to mono-culture at 8 h post-inoculation.
- Table of differentially expressed genes identified in *B. thetaiotaomicron* (QI0072) in co-culture with *B. wadsworthia* (QI0013) compared to mono-culture at 8 h post-inoculation.

7.1.3 Chapter 5

- Table showing the microbiota composition in all samples obtained from *in vitro* complex gut microbiota model experiments where *B. wadsworthia* was supplemented alone (Bw), together with Bt strain 1 (Bw + Bt) or with the *E. faecium* and *B. thetaiotaomicron* enrichment (Bw + Ef-Bt).

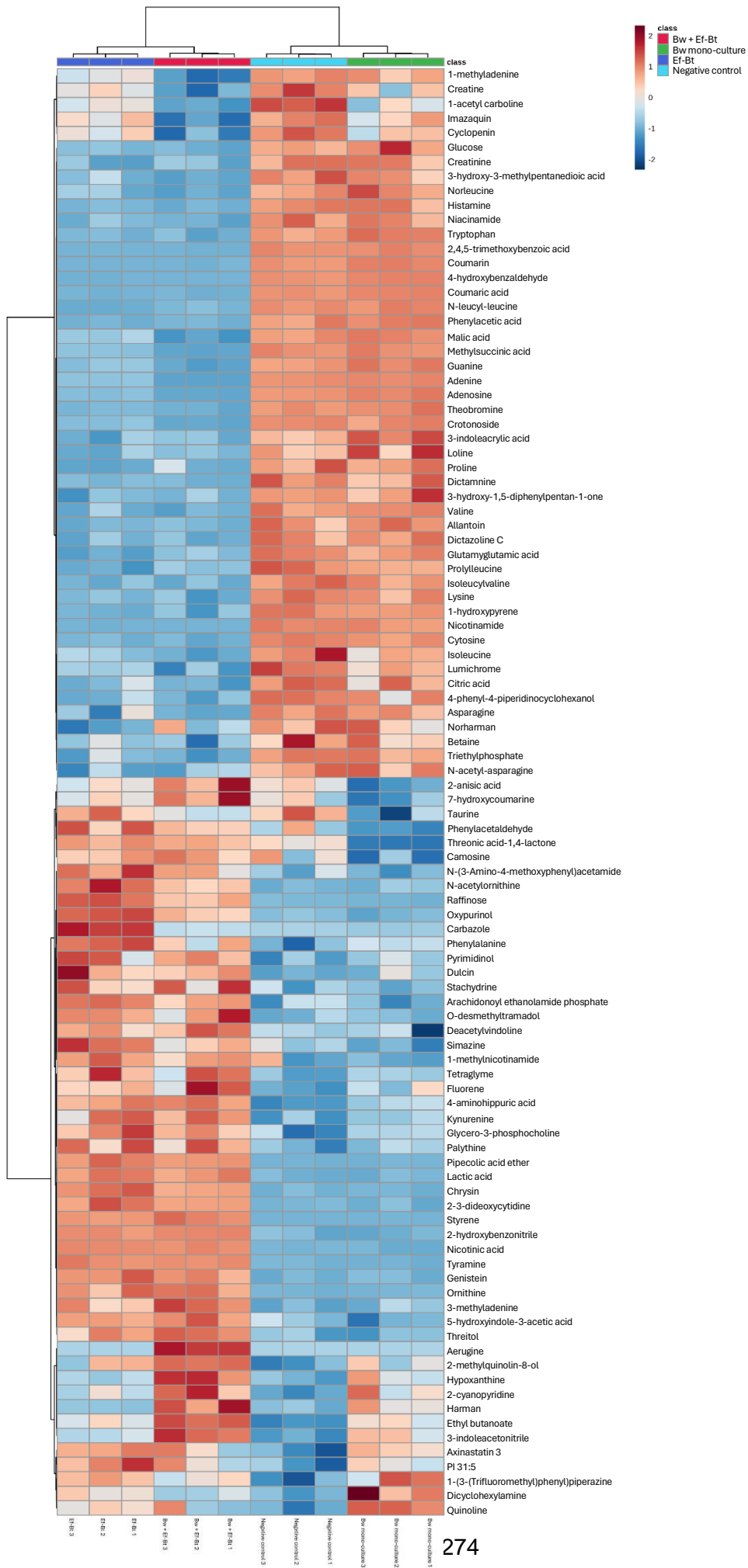


Figure S1: Comparison of the cell-free supernatant metabolome of *B. wadsworthia* mono-culture, Ef-Bt enrichment culture, and Ef-Bt enrichment with *B. wadsworthia* co-culture at 6 h post-inoculation.

Heatmap displaying relative abundance of the top 100 differentially abundant metabolites in the culture conditions.

Table S1: Bt strain 1 (QI0072) expression data for sulfur-associated genes that were not differentially expressed between conditions. The table shows TMM-normalised gene expression data obtained via RNA-seq of mono-cultures and co-cultures.

Gene ID	Gene product	Pathway catalysed	Bt strain 1 mono-culture					Bt strain 1 + <i>B. wadsworthia</i>					
			Rep1	Rep2	Rep3	Rep4	Rep5	Rep1	Rep2	Rep3	Rep4	Rep5	Rep6
QI0072_1554	Sulfate adenylyltransferase (Sat) subunit 1	Sulfate to APS	7483.7	7580.9	12009.5	9950.2	15905.7	5844.0	7813.6	7476.7	6595.8	6644.5	4961.1
QI0072_1555	Sulfate adenylyltransferase (Sat) subunit 2	Sulfate to APS	4080.3	3775.9	6070.5	5608.8	8112.1	3249.9	4057.5	3917.8	3761.4	3442.8	2941.8
QI0072_1556	Adenylylsulfate kinase / APS kinase	APS to PAPS	2180.8	1771.7	2815.9	2513.1	3720.2	1507.4	1973.8	1889.3	1700.3	1670.5	1354.5

Table S2: *B. wadsworthia* (QI0013) expression data for sulfur-associated genes that were not differentially expressed between conditions. The table shows TMM-normalised gene expression data obtained via RNA-seq of mono-cultures and co-cultures.

Gene ID	Gene product	Pathway catalysed	<i>B. wadsworthia</i> mono-culture						<i>B. wadsworthia</i> + Bt strain 1					
			Rep1	Rep2	Rep3	Rep 4	Rep 5	Rep 6	Rep 1	Rep 2	Rep 3	Rep 4	Rep 5	Rep 6
QI0013_309	Adenylylsulfate reductase alpha subunit	Adenosine 5'-phosphate (APS) to sulfite	69.6	69.0	133.3	121.0	105.3	101.7	53.4	67.1	75.0	45.6	63.4	30.8
QI0013_310	Adenylylsulfate reductase beta subunit		8.8	4.6	18.9	12.2	19.5	8.9	4.2	2.8	4.9	1.0	1.0	4.8
QI0013_741	Adenylylsulfate reductase alpha subunit		154.3	206.1	377.6	400.7	452.3	408.1	90.7	158.9	137.3	105.6	127.8	129.1
QI0013_742	Adenylylsulfate reductase beta subunit		2338.5	2603.1	3019.5	2890.6	2822.6	2484.0	2897.7	2326.0	2572.6	2231.9	3041.8	2239.0
QI0013_194	Phosphoadenosine phosphosulfate (PAPS) reductase	PAPS to sulfite	4.4	12.9	43.3	36.6	44.7	31.8	9.3	26.5	9.7	15.2	20.2	11.6

Table S3: Amino acid sequences of AprA and AprB genes from different organisms and *B. wadsworthia* (QI0013).

Organism	Gene product	Amino acid sequence
<i>Desulfovibrio gigas</i> DSM 1382	Adenylylsulfate reductase subunit alpha (AprA)	MPKIPSKETPRGVAIAEPIIHEHSDLLMVGGGMGNCGAFAEVRWADKYAPEAKILLVDKASLE RSGAVAAQGLSAINTYLGDNNADDYVRMVRTDLMGLVREDLIYDLGRHVDDSVHLFEWGLPVW IKDEHGHNLGGAQAKAAGKSLRNGDKPVRSGRWQIMINGESYKIVIAEAAKNALGQDRIERIFIV KLLLDKNTPNRIAGAVGNLRADEVHIFKANAMVACGGAVNVYRPRSTGEGMGRAWYVWVNA AGSTYTMCAQVGAEMTMMENRFVPARFKDGYGVPVGAWFLFKAKATNCKGDEYCATNRAMLK PYEERGYAKGHVIPTCLRNHMMMLREMREGRGPIYMDTKTALQTSFATMSPAQQKHLEAEAWED FLDMCVGQANLWAATNCAPEERGESEIMPTPEYLLGSHSGCCGIWASGPDEAWVPEDYKVRRA NGKVVNRMTTVEGLWTCADGVGASGHKFSGSHAEGRIVGKQMVWRYLDHKDFKPEFVETAE ELKTLIYRPPYNYEKKGKASTCPVNVPEYISPKNFMRLIKCTDEYGGGVGTYYNTSKALLDTGF WLMEMLEEDSLKLAARDLHELLRCWENYHRLWTVRLHMQHIAFREESRYPGFYRADFLGLDD SKWKCFVNSKYDPAKKETKIFKKPYQIIPDA
	Adenylylsulfate reductase subunit beta (AprB)	MPTFVDPKCDGCKGGEKTACMYICPNLMLDPEEMKAFNQEPEACWECYSCIKICPQGAITA RKYADFAFMGGTCIPLRGSEDMWTKFRNGSVKRFKPIRTTPEGSIKPFEGKPEAGDLENELLF TETALTVPQVALGQKAQIADAETSQCWFDPDLPCEGGR
<i>Desulfovibrio alaskensis</i> G20	Adenylylsulfate reductase subunit alpha (AprA)	MPMIPVKEQVKGVAIAEPTIKEHDVILLVGGGMGACGTAFEAVRWADKYAPELAKILLIDKAALER SGAVAAQGLSAINTYLGDNSADDYVRMVRTDLMGLVREDLIFDLGRHVDDSVHLFEWGLPCWIK DENGHNLDGAAAKAAGKSLRNGDAPVRSGRWQIMINGESYKIVIAEAAKNALGEDRIMERIFIV KLLLDANEENRIAGAVGSLRENVAHFRTNAMLVACGGAVNVYRPRSTGEGMGRAWYVWVNA GSTYTMCAQVGAEMTMMENRFVPARFKDGYGVPVGAWFLFKAKATNFRGDEYCVTNRAMLKP YEDRGYAKGHVIPTCLRNHMMMLREMREGRGPIYMDTKTALQTTFTMTPAQQKHLESEAWEDF LDMCVGQANLWACMNIQPEEVGSEIMPTPEYLLGSHSGCCGIWTSGPDEEWVPEYKVRRAK GKVVNRMTTVEGLWTCADGVGASGHKFSGSHAEGRICGKQMVWVWIDHKDYKPAIAEKGED LAKLIYRPPYNYLAGKDASTDPVNVPEYITPKNFMMLVKCTDEYGGGVGTYYNTSKALLDTGF HLLDMLEEDSLKLAARDLHELLRCWENYHRLWTVRLHMQHIAFREESRYPGFYRADFLGLDD SKWKCFVNSRYDVKAGTTKVFKKPYQIVPA
	Adenylylsulfate reductase subunit beta (AprB)	MYICPNLMLDPEEMKAYNQEPEACWECYSCIKICPQGAITARPYADFAFMGGTSIPMRSADSI MWTVKFRNGNVKRFKPIRTTPEGSIKPFEGKPEPGDLENELLFTETELGAPETALGQKFDVVAE DKAVEFKASAV
<i>Desulfovibrio desulfuricans</i> subsp. <i>desulfuricans</i> DSM 642	Adenylylsulfate reductase subunit alpha (AprA)	MPMIPVKEATKGVIAEPEVKEHAVDILLVGGGMGSCGTAFEAVRWGDKHGLKIMLVDKATLER SGAVAAQGLSAINTYLGENDADDYVRMVRTDLMGLVREDLIFDGRHVDDSVHLFEWGLPCWIK KGEDGHNLGAAAKAAGKSLRKGDPVRSGRWQIMINGESYKIVIAEAAKNALGEDRIMERIFIV KLLLDKNTPNRIAGAVGNLRADEVHIFKANTIMVAAGGAVNVYRPRSTGEGMGRAWYVWVNA GSTYTMCAQVGAEMTMMENRFVPARFKDGYGVPVGAWFLFKAKATNSKGEDYCATNRAMLKP YEDRGYAKGHVIPTCLRNHMMMLREMREGRGPIYMDTKSALQNTFATLNEEQKDLSEAWEDF LDMCVGQANLWACTNTAPEERGESEIMPTPEYLLGSHSGCCGIWVSGPDEAWVPEDYKVRRA GKVVNRMTTVEGLFTCADGVGASGHKFSGSHAEGRMAGKQMVWVWCLDHDKDFKPEFAETAE ELKKAIVRPFYNFEEGKAASDPVNVNPNYITPKNFMMLVKCTDEYGGGVSTYNTSKALLDTGF FNLLAMMEEDSFLAARDLHELLRCWENYHRLWTVRLHMQHISFREESRYPGFYRADFLGLD DDAWKCFVNSKYNPATGETKIFKKPYQIIPD
	Adenylylsulfate reductase subunit beta (AprB)	MPTFVDPKCDGCKGGEKTACMYICPNLMLDSEEMKAYNQEPEACWECYSCIKICPQGAIT ARPYADFAFMGGTCIPMRSADSIMWTVKFRNGNVKRFKPIRTTPEGSIKPFEGHPEGANIEDEL LFTETALVAPKTALGKFDVKDANKTFTCEMHGR
<i>Bilophila wadsworthia</i> (QI0013)	Adenylylsulfate reductase subunit alpha (AprA) QI0013_741	MANIAARRMHPFHQKLSDIEMQVVTCDLLIIGGNAGCFVATEAAKLDPSLKVIMEKAEIMRS GACSGMDAINTYIPKGTPEDLVRSRAQVGGGPLREDLALSNAKELNESVEDLERWGLPILR DGDGNVRYRGKWDISIHGEQLKPIAEMKALESGADVYNRVAGTGLLHMHGRCVGMAGLGVDR GKFFVFRKATVMATGGAGTLYKSYTADSTDSGAIWMCPCYVGSYAMGFRQGAELTSEQ RWVATRTKDFCGPVDTSVGYGAPIVNAKGERVMSRYAALGGDAAPRYIRANAPMEEVLAGRG PCYCDTTLTPEFSKAMMEDYLNERSFVFLASRGQDVTKEPIEYIGSDPYLGGHTGGGFVW DMRRMTTVPGLFAAGETAGGNPNKFGVGGCAEGKLAARGAVAYMEGLDPLPDEAQVKGEME RVYAPLLSRDEEGIRPVEMKERLQRLMDEYAGGISQFYRTNEERLDYALRHIAVLQSQFRYLRAT DSHELMQAMETIDRVDAEAVVHHLKARKE TRWAGWQTRSDYPERDDAHDFCIESRRDPAT GEVSTFTRPYEQIIPGDRHTA
	Adenylylsulfate reductase subunit beta (AprB) QI0013_742	MPPKVDTRKCTGCAGSAESCCERACPGDLMAVSPENKAYCRATNECWDCMSCVKACPYGA LETRIPYQLGYKATLRPIMGDSITWKRCDIHGRESVYKVVNRLR

Table S4: Summary of protein-protein comparison results using NCBI BLAST (blastp) to align *B. wadsworthia* (QI0013) AprA and AprB protein sequences to AprAB protein sequences from *D. desulfuricans* subsp. *desulfuricans* DSM 642, *D. gigas* DSM 1382 and *D. alaskensis* G20.

Query sequence	Subject sequence	% identity	alignment length	mismatches	gap opens	q. start	q. end	s. start	s. end	evalue	bit score	% positives
Bilophila_AprA	desulfuricans_AprA	31.193	654	357	19	17	584	15	661	6.49e-84	265	47.09
Bilophila_AprA	gigas_AprA	30.139	647	361	16	26	586	24	665	2.82e-81	258	45.75
Bilophila_AprA	alaskensis_AprA	30.435	644	355	19	28	584	26	663	1.20e-78	251	45.81
Bilophila_AprB	desulfuricans_AprB	38.095	104	65	0	1	105	1	105	1.14e-23	77.4	49.52
Bilophila_AprB	gigas_AprB	35.577	105	67	0	2	105	1	104	4.99e-23	75.9	49.04
Bilophila_AprB	alaskensis_AprB	38.272	81	50	0	25	105	4	84	3.75e-18	62.4	49.38

Table S5: Assignment of predicted functional protein domains using InterProScan of AprAB genes in *Desulfovibrio desulfuricans* subsp. *desulfuricans* DSM 642 and the putative AprAB genes in *B. wadsworthia* QI0013.

Table S5: Assignment of predicted functional protein domains using InterProScan of AprAB genes in *Desulfovibrio desulfuricans* subsp. *desulfuricans* DSM 642 and the putative AprAB genes in *B. wadsworthia* QI0013.

	Region (bp)	Database	Accession	Domain Name	Start	End	IPR ID	Description
<i>Desulfovibrio desulfuricans</i> subsp. <i>desulfuricans</i> DSM 642	AprA, 662 bp	NCBIfam	TIGR02061	JCVI: adenylyl-sulfate reductase subunit alpha	26	660	IPR011803	Adenylylsulphate reductase, alpha subunit
		Pfam	PF00890	FAD binding domain	26	279	IPR003953	FAD-dependent oxidoreductase 2, FAD binding domain
		SUPERFAMILY	SSF51905	FAD/NAD(P)-binding domain	15	512	IPR036188	FAD/NAD(P)-binding domain superfamily
		Gene3D	G3DSA:3.90.700.10	Succinate dehydrogenase/fumarate reductase flavoprotein, catalytic domain	296	426	IPR027477	Succinate dehydrogenase/fumarate reductase flavoprotein, catalytic domain superfamily
		Gene3D	G3DSA:3.50.50.60	-	22	660	IPR036188	FAD/NAD(P)-binding domain superfamily
		SUPERFAMILY	SSF56425	Succinate dehydrogenase/fumarate reductase flavoprotein, catalytic domain	272	419	IPR027477	Succinate dehydrogenase/fumarate reductase flavoprotein, catalytic domain superfamily
		PANTHER	PTHR11632	SUCCINATE DEHYDROGENASE 2 FLAVOPROTEIN SUBUNIT	14	655	IPR030664	FAD-dependent oxidoreductase SdhA/FrdA/AprA
		SUPERFAMILY	SSF46977	Succinate dehydrogenase/fumarate reductase flavoprotein C-terminal domain	525	660	IPR037099	Fumarate reductase/succinate dehydrogenase flavoprotein-like, C-terminal domain superfamily

		PIRSF	PIRSF000171	SDHA_APR_A_LASPO	15	662	-	-
<i>Desulfovibrio desulfuricans</i> subsp. <i>desulfuricans</i> DSM 642	AprB, 162 bp	PANTHER	PTHR43687	ADENYLYLSULFATE REDUCTASE, BETA SUBUNIT	4	110	-	-
		ProSiteProfiles	PS51379	4Fe-4S ferredoxin-type iron-sulfur binding domain profile.	38	67	IPR017896	4Fe-4S ferredoxin-type, iron-sulphur binding domain
		Pfam	PF12139	Adenosine-5'-phosphosulfate reductase beta subunit	65	135	IPR022738	Adenylylsulphate reductase, beta subunit, C-terminal
		Pfam	PF13187	4Fe-4S dicluster domain	9	62	IPR017896	4Fe-4S ferredoxin-type, iron-sulphur binding domain
		ProSiteProfiles	PS51379	4Fe-4S ferredoxin-type iron-sulfur binding domain profile.	1	35	IPR017896	4Fe-4S ferredoxin-type, iron-sulphur binding domain
		NCBIfam	TIGR02060	JCVI: adenylyl-sulfate reductase subunit beta	1	132	IPR011802	Adenylylsulphate reductase, beta subunit
		Gene3D	G3DSA:3.30.70.20	-	1	67	-	-
		SUPERFAMILY	SSF54862	4Fe-4S ferredoxins	3	125	-	-
		Gene3D	G3DSA:6.20.260.10	-	68	161	IPR038465	APS reductase, beta subunit, C-terminal domain superfamily
		FunFam	G3DSA:3.30.70.20:FF:000038	Adenylylsulfate reductase subunit beta	1	67	-	-
		ProSitePatterns	PS00198	4Fe-4S ferredoxin-type iron-sulfur binding region signature.	47	58	IPR017900	4Fe-4S ferredoxin, iron-sulphur binding, conserved site
<i>B. wadsworthia</i> Q10013	AprA, 590 bp	PANTHER	PTHR11632	SUCCINATE DEHYDROGENASE 2 FLAVOPROTEIN SUBUNIT	21	580	IPR030664	FAD-dependent oxidoreductase SdhA/FrdA/AprA
		PRINTS	PR00368	FAD-dependent pyridine nucleotide reductase signature	29	48	-	-

		PRINTS	PR00368	FAD-dependent pyridine nucleotide reductase signature	376	398	-	-
		Pfam	PF00890	FAD binding domain	28	400	IPR003953	FAD-dependent oxidoreductase 2, FAD binding domain
		Gene3D	G3DSA:1.2 0.58.100	-	453	567	-	-
		Pfam	PF02910	Fumarate reductase flavoprotein C-term	463	572	IPR015939	Fumarate reductase/succinate dehydrogenase flavoprotein-like, C-terminal
		SUPERFAMILY	SSF56425	Succinate dehydrogenase/fumarate reductase flavoprotein, catalytic domain	252	375	IPR027477	Succinate dehydrogenase/fumarate reductase flavoprotein, catalytic domain superfamily
		SUPERFAMILY	SSF51905	FAD/NAD(P)-binding domain	21	431	IPR036188	FAD/NAD(P)-binding domain superfamily
		PIRSF	PIRSF0001 71	SDHA_APRA_LASPO	17	588	-	-
		SUPERFAMILY	SSF46977	Succinate dehydrogenase/fumarate reductase flavoprotein C-terminal domain	452	583	IPR037099	Fumarate reductase/succinate dehydrogenase flavoprotein-like, C-terminal domain superfamily
		Gene3D	G3DSA:3.9 0.700.10	Succinate dehydrogenase/fumarate reductase flavoprotein, catalytic domain	262	374	IPR027477	Succinate dehydrogenase/fumarate reductase flavoprotein, catalytic domain superfamily
		Gene3D	G3DSA:3.5 0.50.60	-	26	571	IPR036188	FAD/NAD(P)-binding domain superfamily
<i>B. wadsworthia</i> QI0013	AprB, 107 bp	Pfam	PF00037	4Fe-4S binding domain	45	63	IPR017896	4Fe-4S ferredoxin-type, iron-sulphur binding domain
		SUPERFAMILY	SSF54862	4Fe-4S ferredoxins	3	67	-	-
		Gene3D	G3DSA:3.3 0.70.20	-	1	67	-	-

		ProSitePatterns	PS00198	4Fe-4S ferredoxin-type iron-sulfur binding region signature.	47	58	IPR017900	4Fe-4S ferredoxin, iron-sulphur binding, conserved site
		ProSiteProfiles	PS51379	4Fe-4S ferredoxin-type iron-sulfur binding domain profile.	1	35	IPR017896	4Fe-4S ferredoxin-type, iron-sulphur binding domain
		ProSiteProfiles	PS51379	4Fe-4S ferredoxin-type iron-sulfur binding domain profile.	37	67	IPR017896	4Fe-4S ferredoxin-type, iron-sulphur binding domain

