

# 1 **Characterization of xylitol or citric acid:choline chloride:water mixtures:**

## 2 **Structure, thermophysical properties, and quercetin solubility**

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### 8 **ABSTRACT**

9 The industrial implementation of new eco-friendly solvents has highlighted the  
10 need to analyse both the structures and thermophysical properties of these solvents. Here,  
11 two deep eutectic solvents (DESs) used in the agro-food field were studied:  
12 xylitol:choline chloride:water (1:2:3 molar ratio), XoCH, and citric acid:choline  
13 chloride:water (1:1:6 molar ratio), CiCH. The H-bond network between the components  
14 of each DES was evaluated and the diffusion coefficients at 298.15 K were calculated  
15 using NMR spectroscopy. In addition, seven thermophysical properties were determined  
16 from 278.15 to 338.15 K. Also, the solubility of quercetin in water and in the two eutectic  
17 mixtures was measured and the interactions between components were studied. NMR  
18 experiments revealed the presence of water within the supramolecular structure of XoCH,  
19 but CiCH is a “DES-in-water” solution. Based on the results, XoCH is the most compact  
20 mixture. Finally, quercetin was remarkably more soluble in the studied DESs than in pure  
21 water.

22 **Keywords:** DES, Quercetin, Choline chloride, NMR, Thermophysical properties,  
23 Solubility

## 25 **1. Introduction**

26 An adequate design for an industrial process requires knowledge of the  
27 physicochemical behaviours of the solvents involved in the process. Using green  
28 chemistry principles, new solvents with a low environmental impact must be developed.  
29 Among other solvents (supercritical fluids, liquid polymers, and biomass-derived  
30 liquids), deep eutectic solvents (DESs) are currently highlighted (Clarke, Tu, Levers,  
31 Bröhl, & Hallett, 2018; Pena-Pereira, Kloskowski, & Namieśnik, 2015). DESs are  
32 mixtures of compounds that are able to establish a hydrogen bond network with a fusion  
33 temperature less than the ideal mixture (Martins, Pinho, & Coutinho, 2018). The  
34 interactions between the donor and acceptor components are the origin of the  
35 supramolecular structure detected in NMR studies (Posada et al., 2017). Many  
36 compounds with diverse chemical properties can function as hydrogen acceptors and  
37 hydrogen donors, and thus the number of possible eutectics is very high. Notably, the  
38 composition of the studied DESs is frequently different from the eutectic point of the  
39 mixture reported in the literature. The utility of DESs has been confirmed in different  
40 applications: solvents, additives and monomers in polymerization; extraction, detection,  
41 and electrodeposition of metals; extraction of bioactive compounds; reaction medium in  
42 the synthesis of organic compounds and nanomaterials; and several biomedical uses  
43 (Clarke et al., 2018; Dai, Witkamp, Verpoorte, & Choi, 2015; Deng et al., 2019; Espino,  
44 de los Ángeles Fernández, Gomez, & Silva, 2016; García, Rodríguez-Juan, Rodríguez-  
45 Gutiérrez, Rios, & Fernández-Bolaños, 2016; Huang, Feng, Chen, Wu, & Wang, 2018;  
46 Zainal-Abidin, Hayyan, Hayyan, & Jayakumar, 2017).

47 The high viscosity of many DESs is an important limitation preventing their  
48 implementation in industry. However, the addition of small quantities of water causes a  
49 considerable increase in the fluidity. Therefore, an interesting issue is the effect of water

50 both on the structure and the properties of DESs (Dai et al., 2015; Delso, Lafuente,  
51 Muñoz-Embid, & Artal, 2019; Hammond, Bowron, & Edler, 2017; Lapeña, Lomba,  
52 Artal, Lafuente, & Giner, 2019; Zhekenov, Toksanbayev, Kazakbayeva, Shah, & Mjalli,  
53 2017). In the present study, we characterize two aqueous eutectic solvents whose  
54 composition is xylitol:choline chloride:water (1:2:3) and citric acid:choline  
55 chloride:water (1:1:6). The abbreviations used in this article will be XoCH and CiCH,  
56 respectively. The water content was chosen to obtain an adequate fluidity of both solvents.  
57 These DESs have been already used in the field of biotechnology both in the extraction  
58 of flavonoids, anthocyanins, and phenolic compounds, and in the solubilisation of  
59 proteins and substances with poor water solubility (Bajkacz & Adamek, 2018; Bosiljkov  
60 et al., 2017; Dai, van Spronsen, Witkamp, Verpoorte, & Choi, 2013; García et al., 2016;  
61 Lores, Romero, Costas, Bendicho, & Lavilla, 2017; Tang, Zhong, & Yan, 2016). Several  
62 papers describing some properties of these mixtures have been published (Abbott,  
63 Boothby, Capper, Davies, & Rasheed, 2004; Altamash et al., 2017; Aroso, Paiva, Reis,  
64 & Duarte, 2017; Craveiro et al., 2016; Crespo et al., 2018; Dai et al., 2013; Maugeri &  
65 Domínguez De María, 2012; Naser, Mjalli, & Gano, 2016). However, to our knowledge,  
66 a comprehensive characterization has not been performed.

67 Quercetin (2-(3,4-dihydroxyphenyl)-3,5,7-trihydroxy-4*H*-chromen-4-one), Q, is  
68 a flavonoid with important beneficial applications for health. For instance, it possesses  
69 antioxidant, anti-inflammatory and anti-bacterial activities. Studies of its anticancer  
70 capacity have also been reported (Wang et al., 2016). Consequently, Q is considered a  
71 dietary supplement (Babaei, Mirzababaei, & Nassiri-Asl, 2018) and it is used in industries  
72 related to feeding and pharmacology. Many common foods in the human diet (tomatoes  
73 and onions, among others) contain quercetin. However, quercetin has major drawbacks  
74 due to its extremely low water solubility and its thermal and light instability (Abraham &

75 Acree, 2014; Zhang et al., 2017). Several authors have determined the solubility of  
76 quercetin in organic solvents with the aim of identifying delivery systems to improve its  
77 bioavailability (Althans, Schrader, & Enders, 2014; Aytac, Ipek, Durgun, & Uyar, 2016;  
78 Buchweitz, Kroon, Rich, & Wilde, 2016; Chen & Yao, 2017; Dai et al., 2013; Kim, Park,  
79 Yeo, Choo, & Chong, 2009). Here, we explore the ability of the XoCH and CiCH  
80 mixtures to dissolve quercetin.

81 The present study had two aims: the physicochemical characterization of two  
82 aqueous deep eutectic solvents used in the biotechnology industry (xylitol:choline  
83 chloride:water (1:2:3) and citric acid:choline chloride:water (1:1:6)) and an assessment  
84 of the solubility of a flavonoid (quercetin) in both liquids. Firstly, several NMR  
85 spectroscopy experiments allowed us to evaluate the intermolecular interactions between  
86 the three components of each DES, establish the role of the water in the mixtures, and  
87 calculate the self-diffusion coefficients,  $D$ , at 298.15 K. Secondly, seven properties were  
88 measured at  $p=0.1$  MPa and at  $T=(278.15-338.15)$  K: density,  $\rho$ ; the speed of sound,  $u$ ;  
89 refraction index,  $n_D$ ; molar isobaric capacity,  $C_{p,m}$ ; surface tension,  $\gamma$ ; kinematic  
90 viscosity,  $\nu$ ; and electric conductivity,  $\sigma$ . From these values, we calculated several  
91 derived properties, including the isobaric expansion coefficient,  $\alpha_p$ ; isentropic  
92 compressibility,  $\kappa_S$ ; intermolecular free length,  $L_f$ ; free volume,  $f_m$ ; entropy of the  
93 surface,  $\Delta S_S$ ; enthalpy of the surface,  $\Delta H_S$ ; dynamic viscosity,  $\eta$ ; and energies of  
94 activation for the transport processes,  $E_{a,Y}$ . Finally, we evaluated the solubility of  
95 quercetin in water and in the two DESs.

96

## 97 **2. Materials and methods**

### 98 *2.1. Samples*

99 Information about the chemicals used in this work is provided in Table S1  
100 (Supplementary material). All reagents were supplied by Sigma-Aldrich and used without  
101 purification, with the exception of choline chloride that was dried under vacuum before  
102 utilization. Milli-Q water with a resistivity of less than  $18.2 \mu\text{S}\cdot\text{cm}^{-1}$  was utilized as the  
103 third component. A BP210S Sartorius balance with an uncertainty of 0.1 mg was used to  
104 weigh the compounds in adequate proportions: xylitol:choline chloride:water (1:2:3),  
105 XoCH, and citric acid:choline chloride:water (1:1:6), CiCH. The water content in  
106 percentage by mass was 10.9 and 24.6%, respectively. The two mixtures were obtained  
107 by heating the solutions at 323.15 K with magnetic stirring until a colourless and  
108 homogeneous liquid formed. Table S2 summarizes the characteristics of the DESs.

### 109 *2.2. Characterization*

#### 110 *2.2.1. NMR spectra*

111 A Bruker AVANCE spectrophotometer operating at 400 MHz and thermostated  
112 at 298 K was used to perform the NMR experiments. The chemical shifts were referenced  
113 to tetramethylsilane, TMS, as the standard fluid. For each  $^1\text{H}$ -NMR spectrum, 8 scans  
114 were recorded with a standard one-pulse sequence (Bruker pulse program *zg*). For each  
115  $^{13}\text{C}$ -NMR spectrum, 256 scans were collected with an APT sequence (Bruker pulse  
116 program *jmod*). Signal assignment was performed with a routine gradient of selected  
117 DQF-COSY,  $^1\text{H}$ - $^{13}\text{C}$  HSQC and  $^1\text{H}$ - $^{13}\text{C}$  HMBC signals (Bruker pulse programs  
118 *cosygpmfqqf*, *hsqcedetgp* and *hmbclpndqf*, respectively). In addition, Nuclear Overhauser  
119 Effect SpectroscopY (NOESY), Rotating-frame Overhauser Effect SpectroscopY  
120 (ROESY), and Diffusion-Ordered SpectroscopY (DOSY) experiments were performed

121 using the pulse programs *noesygpph*, *roesyph*, and *stebpgp1s*, respectively. A more  
122 detailed description is provided in the Supplementary Material.

123 Using the DOSY technique, the self-diffusion coefficients,  $D$ , were calculated  
124 with the following equation:

$$I(g) = I_0 \exp[-D\gamma_H^2 g^2 \delta^2 (\Delta - \delta/3)] \quad (1)$$

125 where  $I(g)$  is the resonance intensity measured for a given gradient strength,  $g$ ;  $I_0$   
126 represents the NMR signal in the absence of the gradient pulse;  $\gamma_H$  is the gyromagnetic  
127 ratio of the hydrogen nucleus;  $\delta$  is the duration of the bipolar gradient pulse; and  $\Delta$  is the  
128 observation time.

### 129 2.2.2. Thermophysical Properties

130 Densities,  $\rho$ , and speed of sounds,  $u$ , were obtained with an Anton Paar DSA 5000  
131 vibrating tube densimeter and sound analyser (3 MHz) that was internally thermostatted  
132 to within  $\pm 0.005$  K. Dry air and ultrapure water (SH Calibration Service GmbH) were  
133 utilized for the calibration. Refractive indices at the sodium D wavelength (589.3 nm),  
134  $n_D$ , were measured with an Abbemat-HP refractometer that Dr. Kernchen calibrated with  
135 Milli-Q water. The temperature was controlled within  $\pm 0.01$  K. A DSC Q2000  
136 calorimeter from TA Instruments with a refrigerated cooling system (RCS) was used to  
137 determine the isobaric molar heat capacities,  $C_{p,m}$ . The zero-heat flow procedure with a  
138 sample of synthetic sapphire as a reference system was applied. The surface tension,  $\gamma$ ,  
139 was measured with a Lauda TVT-2 tensiometer including an external Lauda E-200  
140 thermostat:  $u(T) = \pm 0.01$  K. Kinematic viscosities,  $\nu$ , were measured using a Schoot-  
141 Geräte AVS-440 automatic measuring unit and several Ubbelohde capillary  
142 viscosimeters with different inner diameters. The temperature was controlled with a  
143 Schoot-Geräte CT 1150/2 thermostat. The standard uncertainties in the temperature and  
144 the time flow were  $u(T) = \pm 0.01$  K and  $u(t) = \pm 0.01$  s, respectively. We have calculated

145 the dynamic viscosity,  $\eta$ , from the density, and kinematic viscosity values,  $\eta = \rho \cdot \nu$ .  
146 Finally, a CRISON conductimeter (model GLP31) with a Lauda E-200 thermostat,  $u(T) =$   
147  $\pm 0.01$  K, was utilized to measure the electric conductivities,  $\sigma$ . The conductivity cell was  
148 calibrated with aqueous KCl solutions supplied by CRISON.

149 The following combined expanded uncertainties ( $k \approx 2$ ) were calculated for the  
150 measured properties:  $U_c(\rho) = 0.05 \text{ kg} \cdot \text{m}^{-3}$ ;  $U_c(u) = 0.5 \text{ m} \cdot \text{s}^{-1}$ ;  $U_c(n_D) = 10^{-5}$ ;  $U_c(C_{p,m}) =$   
151  $1 \%$ ;  $U_c(\gamma) = 1\%$ ;  $U_c(\nu) = 1\%$ ;  $U_c(\sigma) = 1\%$ . Several experimental devices were calibrated  
152 with cyclohexane ( $>99.5 \%$ ). The measures are reported in the supplementary material  
153 (Table S3) and the mean relative deviations between the literature and experimental data,  
154 which were calculated using eq. (2), were  $MRD(\rho) = 0.02\%$ ,  $MRD(u) = 0.9\%$ ,  $MRD(n_D)$   
155  $= 0.02\%$ ,  $MRD(\eta) = 0.99\%$ .

$$MRD(Y) = \frac{100}{n} \sum_{i=1}^n \left| \frac{Y_i - Y_{i,exp}}{Y_{i,exp}} \right| \quad (2)$$

156 where  $Y_i$  represents the published or correlated value for the property  $Y$ ,  $Y_{i,exp}$  represents  
157 the experimental data, and  $n$  represents the number of points.

### 158 2.3. Solubility measurements

159 The thermodynamic solubility was measured with the classic shake-flask method  
160 (Baka, 2010). For each study, thermostatted double-walled flasks protected from light  
161 with foil were used to perform the experiments. The solid solute was added to  
162 approximately 20 ml of solvent in each flask and the heterogeneous system was stirred  
163 for several hours at the chosen temperature. Afterwards, the supersaturated solution was  
164 sedimented and several aliquots were centrifuged and filtered (PES syringe filter, 0.22  
165  $\mu\text{m}$ ). At least six analyses were performed to obtain each result. The concentration of  
166 quercetin in the studied solvents was determined using UV-VIS spectroscopy by diluting  
167 the mixture in ethanol when necessary. The apparatus was a double-beam spectrum VWR

168 6300 PC with a wavelength accuracy of  $\pm 0.2$  nm. Quercetin produces a spectral peak with  
169 a maximum absorption,  $Abs_{\max}$ , of 372-374 nm (Fig. S1a, Supplementary material) that  
170 is not influenced by ethanol. A calibration curve (Fig. S1b) was constructed to quantify  
171 the mass fraction of dissolved quercetin,  $W_q$ . The following equation was used

$$Abs_{\max} = 52556.9 \cdot W_q ; R^2=0.9999 \quad (3)$$

## 172 **3. Results and Discussion**

### 173 *3.1. Structural analysis*

#### 174 *3.1.1. XoCH*

175 Fig. S2 shows the  $^1\text{H}$ -NMR and  $^{13}\text{C}$ -NMR spectra of XoCH at 298 K; a description  
176 of the chemical shifts is provided in the figure caption. The  $^1\text{H}$  signals are separated,  
177 except for those corresponding to the methylene group bound to the choline nitrogen,  
178  $\text{CH}_2\text{-N}^+$ , the two hydromethylene and central hydroxymethyl groups of xylitol, which  
179 overlap. The composition of XoCH obtained from the spectral analysis was a molar ratio  
180 of 1:2.02:2.96 of xylitol:choline chloride:water, with an uncertainty of  $u(x) = 0.05$ . The  
181  $^{13}\text{C}$  spectrum presented the expected peaks. By diluting the eutectic in deuterated water  
182 (10% DES + 90%  $\text{D}_2\text{O}$ ), all the hydrogen aliphatic signals were resolved and the signals  
183 for the mobile hydrogens collapsed into the signal for hydrogen-deuterium oxide (Fig.  
184 S3a). The shift in the aliphatic signals indicates that the chemical environment has  
185 changed substantially and the supramolecular structure has been dissolved. On the other  
186 hand, small changes in the  $^{13}\text{C}$  signals (Fig. S3b) were observed: +0.3  $C_b$ , +0.2  $C_c$ , +0.3  
187  $C_d$ , +0.5  $C_f$ , +0.7  $C_g$ , +0.4  $C_i$ . Three spectra were recorded at different temperatures (298,  
188 313, and 333 K) to evaluate the effects of changes in both the viscosity and the  
189 equilibrium kinetics. No substantial differences were observed, except for an expansion



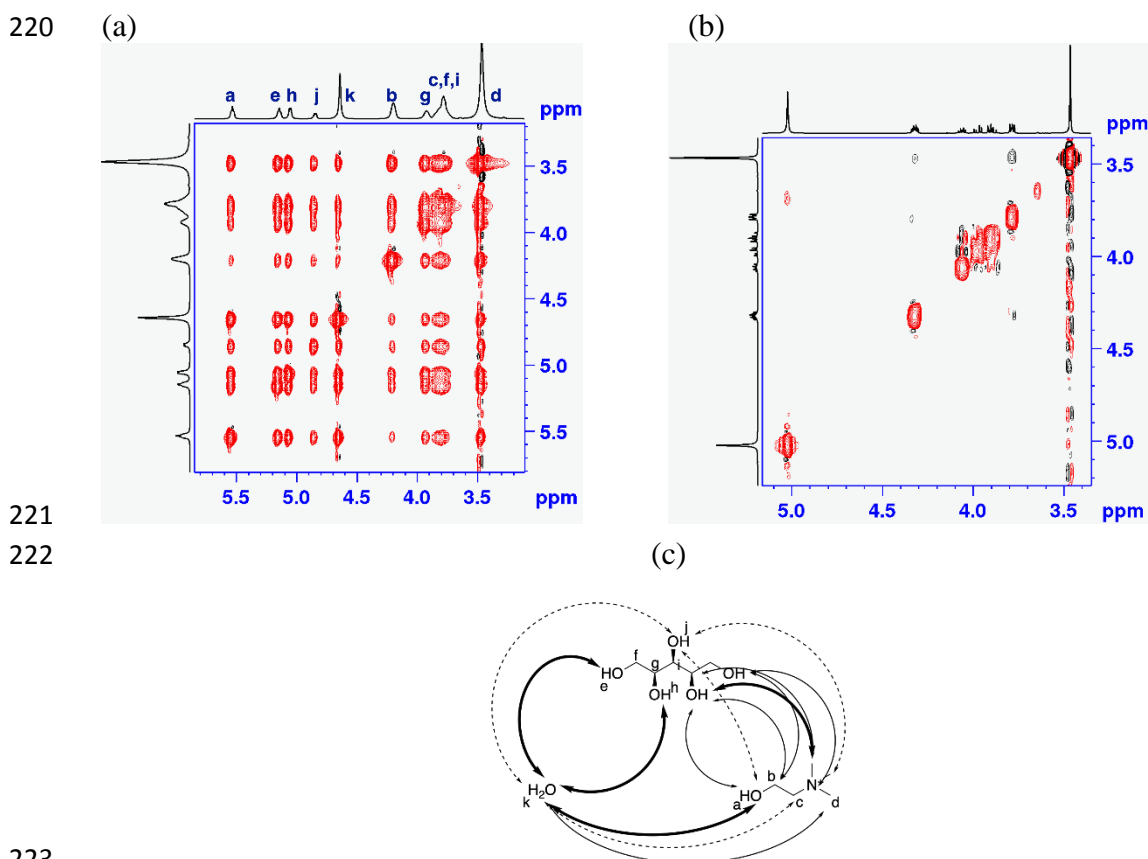
190 of the mobile hydrogen signals (Fig. S4). The stability of the eutectic was also checked  
191 by recording identical spectra 6 months later (Fig. S5).

192 NOESY experiments were performed to analyse the interactions between the three  
193 components of the mixture. Negative crosspeaks (Fig. 1a) were observed for all intra and  
194 intermolecular aliphatic and mobile hydrogens. For the latter hydrogens, we were unable  
195 to conclusively determine the nature of the signals, whether they were exclusively derived  
196 from chemical exchange or a nOe contribution. Moreover, negative nOes became positive  
197 in the ROESY experiment. This result excluded an effect of spin diffusion due to  
198 viscosity. In the diluted mixture, no negative nOe was detected (Fig. 1b). However, a  
199 positive nOe principally appeared between the choline hydrogens. A representation of the  
200 H-H interactions is shown in Fig. 1c.

201 The mobility of the species can be estimated from DOSY experiments, as  
202 described in section 2.2.1. For XoCH, the spectrum showed two traces (Fig. S6a), from  
203 which we were able to calculate the self-diffusion coefficients (at 298 K),  $D$ , of several  
204 species: aliphatic hydrogens of choline, mobile hydrogens of choline, aliphatic hydrogens  
205 of xylitol, mobile hydrogens of xylitol, and water. The values are listed in Table 1. For  
206 the neat sample, the similarity of  $D$  values for the mobile and aliphatic hydrogens of both  
207 choline and xylitol and between these two species was remarkable. In addition, water had  
208 the highest value, but this value was much lower than the value for free water:  
209  $D_{\text{H}_2\text{O}}(T=298.15 \text{ K})=230 \cdot 10^{-11} \text{ m}^2 \cdot \text{s}^{-1}$  (Andanson, Traïkia, & Husson, 2014). For the  
210 diluted mixture (90% D<sub>2</sub>O), the calculated coefficients increased considerably and  
211 differed between components. Therefore, the three components were moving separately  
212 (Fig. S6b), i.e., the mixtures became an aqueous solution of xylitol and choline chloride.

213 All results obtained for the neat and diluted mixtures using NMR techniques  
214 allowed us to establish the role for the water in the XoCH solvent. Each polar hydrogen

215 produced an individual signal. NOESY spectra indicated that all molecules behaved as large  
 216 molecules (negative crosspeaks) due to supramolecular structure and not high viscosity (Delso et  
 217 al., 2019). Additionally, the different species presented similar diffusivity values. The water did  
 218 not behave like a solvent; it was located within the supramolecular structure. XoCH was  
 219 a “water-in-DES” solution (Hammond et al., 2017).



223  
 224 **Fig. 1.** NOESY spectra recorded at 298 K and  $t_{mix}=500$  ms for (a) neat XoCH and (b)  
 225 diluted XoCH (10% DES+90% D<sub>2</sub>O). (c) Representation of the H-H interactions (thicker  
 226 lines indicate a stronger interaction).

227 **Table 1.**

228 The diffusion coefficients,  $D$ , at 298 K of the following species in the DESs and diluted  
 229 mixtures (10% DES+90% D<sub>2</sub>O)) were obtained: aliphatic hydrogens of choline,  $Ch^+$ ,  
 230 mobile hydrogens of choline,  $OH - Ch^+$ , aliphatic hydrogens of xylitol or citric acid,  
 231  $HBD$ , mobile hydrogens of xylitol or citric acid,  $OH - HBD$ , and water,  $H_2O$ .

DES	$10^{11}D_{\text{Ch}^+}$ /m <sup>2</sup> ·s <sup>-1</sup>	$10^{11}D_{\text{OH-CH}^+}$ /m <sup>2</sup> ·s <sup>-1</sup>	$10^{11}D_{\text{HBD}}$ /m <sup>2</sup> ·s <sup>-1</sup>	$10^{11}D_{\text{OH-HBD}}$ /m <sup>2</sup> ·s <sup>-1</sup>	$10^{11}D_{\text{H}_2\text{O}}$ /m <sup>2</sup> ·s <sup>-1</sup>
XoCH	0.584	0.648	0.549	4.77 <sup>a</sup>	4.39
Diluted XoCH	70.5	---	52.4	---	174
CiCH	1.73	---	1.22	---	11.9
Diluted CiCH	69.9	---	46.7	---	173

232

### 233 3.1.2. CiCH

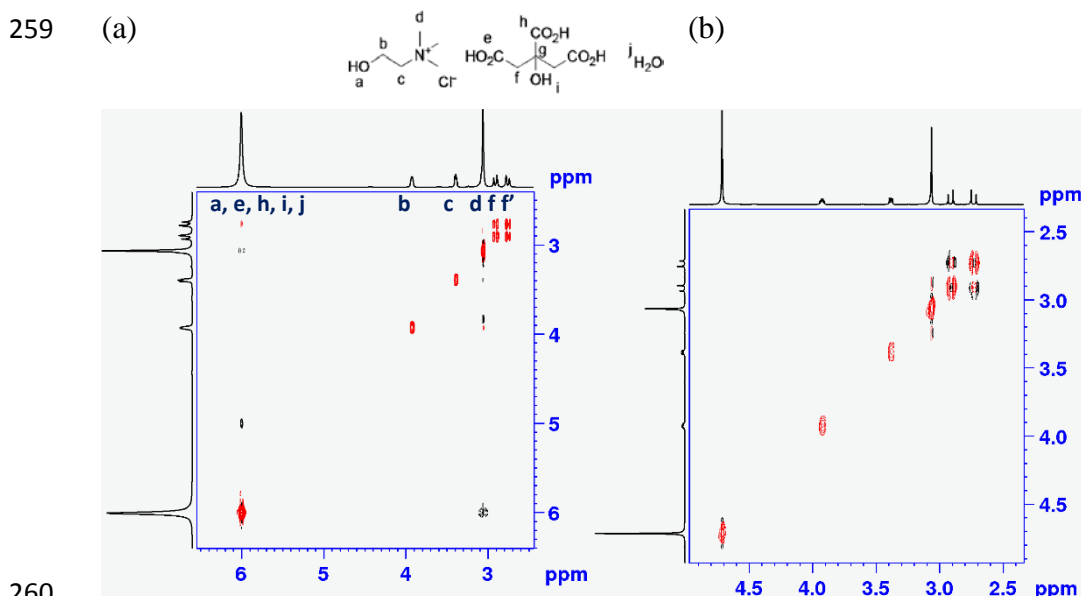
234 For CiCH, all signals corresponding to the aliphatic hydrogens were separate,  
 235 whereas the signals for mobile hydrogens appeared in a single peak (Fig. S7a). Following  
 236 integration, the composition of CiCH reported as a molar ratio was 1.01:1:6.05 citric  
 237 acid:choline chloride:water; ( $u(x) = 0.05$ ). The <sup>13</sup>C-NMR spectrum (Fig. S7b) displayed  
 238 the expected signals. The chemical shifts for both spectra are described in the figure  
 239 captions.

240 For diluted CiCH (90% D<sub>2</sub>O), the resolution of <sup>1</sup>H-NMR spectrum (Fig. S8a) increased  
 241 and the hydrogen-deuterium oxide signal was significantly displaced. However, very little  
 242 change in the aliphatic peaks was observed, indicating that the chemical environment had  
 243 not changed substantially following dilution. Additionally, substantial changes in the <sup>13</sup>C  
 244 signals were not observed (Fig. S8b): +0.3 C<sub>b</sub>, +0.3 C<sub>c</sub>, +0.1 C<sub>d</sub>, -0.6 C<sub>e</sub>, 0.0 C<sub>g</sub>, and -0.5  
 245 C<sub>h</sub>.

246 NOESY spectra of neat and diluted CiCH mixtures are presented in Fig. 2a and  
 247 2b, respectively. In the neat sample, only positive signals corresponding to the  
 248 intramolecular interactions and intermolecular crosspeaks between water and methyl  
 249 groups in choline were detected. On the other hand, no intermolecular signals were  
 250 observed for the diluted CiCH.

251 The diffusion coefficients for choline, citric acid, and water in neat and diluted  
 252 CiCH mixtures (Table 1) were calculated from DOSY experiments (Fig. S9) using eq. 1.  
 253 A single trace displayed all hydrogens (aliphatic and mobile) for each component. In  
 254 CiCH, choline and citric acid had similar diffusivity values, while water displayed faster  
 255 diffusion. Following dilution, the differences in mobility increased significantly and  $D_{\text{H}_2\text{O}}$   
 256 values for diluted XoCH and CiCH samples were similar.

257 Based on these findings, CiCH was a “DES-in-water” system, in contrast to the  
 258 mixture containing xylitol (Hammond et al., 2017).



261 **Fig. 2.** NOESY spectra ( $t_{\text{mix}}=500$  ms) recorded at 298 K for (a) neat CiCH and (b) diluted  
 262 CiCH (10% DES+90%  $\text{D}_2\text{O}$ ).

### 263 3.2. Thermophysical study

#### 264 3.2.1. Thermodynamic properties

265 Tables S4 and S5 report the values of the thermodynamic properties determined  
 266 in the present study. The properties include the density,  $\rho$ , speed of sound,  $u$ , refractive  
 267 index,  $n_D$ , and isobaric molar heat capacity,  $C_{p,m}$ . The measurements were performed at

268  $p = 0.1$  MPa and  $T = 283.15 - 338.15$  K with intervals of 2.5 K. For  $n_D$ , the temperature  
 269 ranged from 283.15 to 338.15 K.

270 A linear relationship between these properties and the temperature,  $T$ , was observed:

$$Y = A_Y + B_Y \cdot T \quad (4)$$

271 where  $Y$  is the property and  $T$  is the temperature in kelvin. The  $A_Y$  and  $B_Y$  coefficients are  
 272 the fit parameters whose values are listed in Table 2.

273 **Table 2.**

274 Fitting parameters for the thermophysical properties of the studied DESs. Regression  
 275 coefficients for the linear fitting (eq. 4),  $R^2$ , and mean relative deviations,  $MRD$  (eq. 2),  
 276 for the exponential fits (eqs. 11 and 12) are included.

DES	Property	$A_Y$	$B_Y$	$C_Y$	$R^2 / MRD$
XoCH	$\rho / \text{kg} \cdot \text{m}^{-3}$	1342.63	-0.527		1.0000
	$u / \text{m} \cdot \text{s}^{-1}$	2777.04	-2.217		0.9998
	$n_D$	1.55472	$-2.25 \cdot 10^{-4}$		1.0000
	$C_{p,m} / \text{J} \cdot \text{mol} \cdot \text{K}^{-1}$	109.70	0.274		0.9995
	$\gamma / \text{mN} \cdot \text{m}^{-1}$	126.57	-0.165		0.9979
	$\eta^a / \text{mPa} \cdot \text{s}$	0.0462	1167.19	160.74	0.64%
	$\sigma^b / \text{mS} \cdot \text{cm}^{-1}$	2905.29	849.23	174.59	0.40%
CiCH	$\rho / \text{kg} \cdot \text{m}^{-3}$	1434.26	-0.631		1.0000
	$u / \text{m} \cdot \text{s}^{-1}$	2410.16	-1.758		0.9998
	$n_D$	1.52599	$-2.39 \cdot 10^{-4}$		1.0000
	$C_{p,m} / \text{J} \cdot \text{mol} \cdot \text{K}^{-1}$	68.62	0.215		0.9998
	$\gamma / \text{mN} \cdot \text{m}^{-1}$	98.21	-0.099		0.9979
	$\eta^a / \text{mPa} \cdot \text{s}$	0.0670	938.86	164.57	0.40%
	$\sigma^b / \text{mS} \cdot \text{cm}^{-1}$	1060.30	636.36	177.15	0.90%

$$277 \quad {}^a A_\eta / \text{mPa}\cdot\text{s} = \eta_\infty; \quad {}^b A_\sigma / \text{mS}\cdot\text{cm}^{-1} = \sigma_\infty$$

278           The measured densities were higher than most other eco-friendly solvents, such  
279 as sc-CO<sub>2</sub> or bio-based liquids, and similar to other choline chloride-based DESs (Pena-  
280 Pereira et al., 2015). At 298.15 K, the values for XoCH and CiCH were 1185.37 and  
281 1245.98 kg·m<sup>-3</sup>, respectively. In the range of studied temperatures, CiCH was  
282 approximately 5% denser than XoCH. For the DES with xylitol, we have only identified  
283 the density data at 313.15 K published by Dai et al. (Dai et al., 2013). The data were  
284 consistent, and the calculated deviation (eq. 2) was *MRD*=0.07%. For the DES with citric  
285 acid, we obtained some values for mixtures with different water contents, *W*. Craveiro et  
286 al. (Craveiro et al., 2016) published the density at 296 K and *W*=0.2% wt of  $\rho=1.30\cdot 10^3$   
287 kg·m<sup>-3</sup>. At 318.15 K and *W*=1.431% wt, the value reported by Altamash et al. (Altamash  
288 et al., 2017) was  $\rho=1308.9$  kg·m<sup>-3</sup>. Finally, Tang et al. (Tang et al., 2016) have published  
289 densities at temperatures ranging from 293.15 to 323.15 K for a mixture containing  
290 37.37% wt of water. The temperatures at which the data published by Crespo et al. were  
291 recorded (Crespo et al., 2018) are higher than the temperatures used in our experiments.  
292 A comparison with our results is displayed in Fig. S10a, in which a decrease in density  
293 as the water content increased was observed. On the other hand, the density of the {citric  
294 acid+water} binary mixture with a similar acid content to CiCH recorded at 298.15 K was  
295 approximately 4.5% lower (Żarska, Dzida, & Apelblat, 2017). Therefore, the addition of  
296 choline chloride increased the  $\rho$  value. An increase in the thermal agitation weakens the  
297 interactions. Consequently, the density of the liquid is lower at higher temperatures. This  
298 variation is shown in Fig. 3a, and the effect was quantified with the isobaric expansion  
299 coefficient,  $\alpha_p$ , calculated using the following equation:

$$\alpha_p = -\frac{1}{\rho} \left( \frac{\partial \rho}{\partial T} \right)_p \quad (5)$$

300 The  $\alpha_p$  values ranged from 0.441 to 0.453 ( $\pm 0.04$ )  $\text{kK}^{-1}$  for XoCH and from 0.502 to  
301 0.518 ( $\pm 0.05$ )  $\text{kK}^{-1}$  for CiCH. The larger calculated value for  $\alpha_p$ , i.e., greater expansion  
302 capacity, indicated that the DES with citric acid had lower intermolecular forces.

303 High values for the speed of sound,  $u$ , were determined for both systems (Tables  
304 S4 and S5). In fact, the values for XoCH were at the upper limit of the measuring range  
305 of the apparatus. At 298.15 K,  $u=2115.05$  and  $1885.93 \text{ m}\cdot\text{s}^{-1}$  for XoCH and CiCH,  
306 respectively. Because sound is propagated through an elastic medium, sound waves travel  
307 faster in a more compact material. Therefore, these solvents are fluids with compact  
308 packaging. Based on the  $\rho$  and  $u$  values, we calculated the isentropic compressibility,  $\kappa_S$ ,  
309 and the intermolecular free length from the Jacobson relation (Jacobson, 1952),  $L_f$ :

$$\kappa_S = \frac{1}{\rho u^2} \quad (6)$$

$$L_f = K\sqrt{\kappa_S} \quad (7)$$

310 where  $K=(91.368+0.3565T)10^{-8}$  is the temperature-dependent Jacobson's constant. For  
311 the XoCH mixture, the calculated values of  $\kappa_S$  were ranged from 178.73 – 208.84 ( $\pm 0.05$ )  
312  $\text{TPa}^{-1}$ , whereas the values for CiCH ranged from 215.29 to 249.35 ( $\pm 0.05$ )  $\text{TPa}^{-1}$ . Thus,  
313 the solvent containing xylitol was the most compact;  $L_f$  for CiCH was approximately  
314 10% higher (Table S6). Logically, the packing decreases and hence  $u$  decreases as the  
315 temperature increases (Fig. 3b).

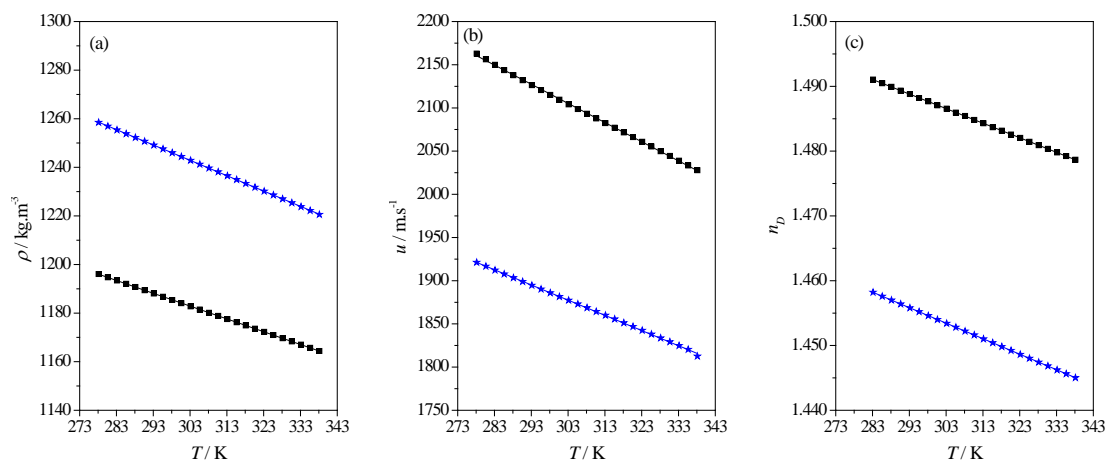
316 The refractive index,  $n_D$ , is related to the electronic molecular polarizability,  $\alpha_e$ ,  
317 that in turn is proportional to the forces of intermolecular dispersion. Therefore, light  
318 waves travel more slowly in a more compact material. According to the results presented  
319 above, smaller  $n_D$  values were obtained for CiCH that decreased as  $T$  increased (Fig. 3c).  
320 We calculated the molar refraction,  $R_m$ , from the  $\rho$  and  $n_D$  values using the Lorentz-  
321 Lorenz relation:

$$R_m = \frac{N_A \alpha_e}{3 \epsilon_0} = \frac{M \cdot (n_D^2 - 1)}{\rho \cdot (n_D^2 + 2)} \quad (8)$$

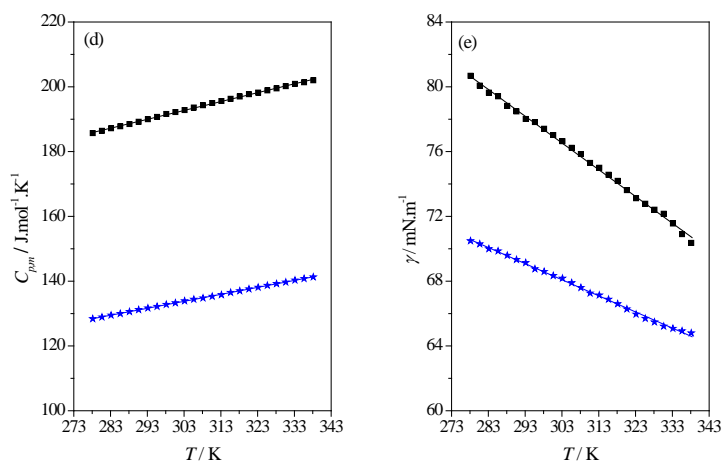
322 where  $M$  is the molar mass calculated from the molar ratio of each component,  $i$ :  $M =$   
 323  $\sum_i M_i x_i$ . A solvent with a greater electronic polarizability exhibits a greater ability to  
 324 dissolve highly polarizable compounds. The pronounced difference in  $R_m$  between both  
 325 DESs (Table S6) shows that XoCH has stronger dispersion forces than CiCH. Thus, a  
 326 greater solubility in the first DES would be predicted. The free volume,  $f_m$ , was calculated  
 327 by subtracting the molar volume from the molar refraction. Higher values (Table S6) were  
 328 obtained for the DES with xylitol, but the  $f_m/V_m$  ratio was smaller. At 298.15 K, the  
 329 estimated percentages of free volume were 71.2 and 72.9% for XoCH and CiCH,  
 330 respectively.

331 The isobaric molar heat capacity,  $C_{p,m}$ , of the fluids must be calculated for  
 332 processes involving energy transfer. This property depends of the number of motion  
 333 degrees of freedom in the system that vary with the number of inter- and intramolecular  
 334 bonds. The calculated values for XoCH were higher (approximately 30% at 298.15 K),  
 335 consistent with the results presented above indicating stronger interactions within the  
 336 liquid. For both DESs,  $C_{p,m}$  increased with temperature (Fig. 3d), showing similar  
 337 behaviours to other solvents, such as ILs (Bandrés, Giner, Artigas, Royo, & Lafuente,  
 338 2008). No phase changes were detected in the calorimetric scan. The glass transition  
 339 temperature measured by Dai et al. (Dai et al., 2013) for XoCH was  $T_g=179.82$  K. The  
 340 melting point for CiCH has not been reported in the literature. Naser et al. (Naser et al.,  
 341 2016) measured the  $C_{p,m}$  of DESs formed from a quaternary ammonium salt such as HBA  
 342 and several donors, including citric acid. However, the molar ratio was not the same as in  
 343 our DESs.

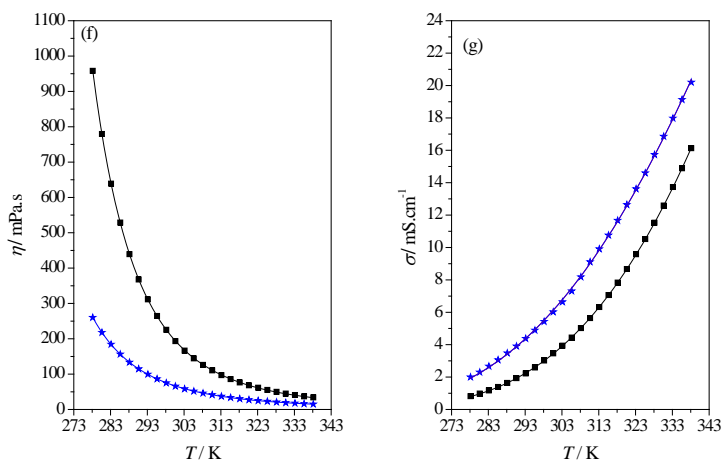




344



345



346

347 **Fig. 3.** Thermophysical properties of the studied DESs: (■) XoCH and (★) CiCH. (a)  
348 Density,  $\rho$ ; (b) speed of sound,  $u$ ; (c), refractive index,  $n_D$ ; (d), isobaric molar heat  
349 capacity,  $C_{p,m}$ ; (e) surface tension,  $\gamma$ ; (f) dynamic viscosity,  $\eta$ ; and (g) electric  
350 conductivity,  $\sigma$ . Points represent experimental values and lines represent correlated data  
351 (eqs. 4, 11, and 12).

352 The chemical environment of a molecule inside a liquid differs from its  
353 environment when it is located on the surface of an interface. In the bulk solution, the  
354 molecule is subjected to the cohesion forces, whereas on the surface, it is influenced by  
355 the adhesion forces. The difference between both types of forces is the origin of the  
356 surface tension,  $\gamma$ . Based on the results presented above, the  $\gamma$  values of both DESs are  
357 expected to be large and XoCH will present the highest values; these data are reported in  
358 Tables S4 and S5. The positive effect exerted by fluids with high  $\gamma$  values on the  
359 stabilization of proteins has been reported in the literature (Kaushik & Bhat, 1998). The  
360 values for our mixtures were particularly high. The value for XoCH was even greater than  
361 water (Romero & Albis, 2010). At 298.15 K,  $\gamma(\text{XoCH})= 77.41 \text{ mN}\cdot\text{m}^{-1}$  and  $\gamma(\text{CiCH})=$   
362  $68.59 \text{ mN}\cdot\text{m}^{-1}$ . Moreover,  $\gamma(\text{CiCH})$  values were higher than the values for an aqueous  
363 acid solution with a similar mass fraction (Żarska et al., 2017). Thus, the replacement of  
364 water with choline chloride increases intermolecular interactions. For XoCH, this  
365 comparison is not possible. We have not found  $\gamma$  values for aqueous mixtures with xylitol  
366 and an analogous composition to the mixture studied here in the literature. A linear  
367 decrease in this value with the temperature was also observed (Fig. 3e), and the fit  
368 coefficients (eq. 4) are reported in Table 2. Two thermodynamic functions, the entropy  
369 and the enthalpy of the surface per unit surface area ( $\Delta S_S$  and  $\Delta H_S$ ), were calculated from  
370  $\gamma$  values to determine the effect of the temperature:

$$\Delta S_S = -(\partial\gamma/\partial T)_p \quad (9)$$

$$\Delta H_S = \gamma - T(\partial\gamma/\partial T)_p \quad (10)$$

371  $\Delta S_S$  indicates a change in the order of the molecules when the interface is formed.  
372 Because  $\gamma$  was a linear function of the temperature,  $\Delta S_S$  was constant for each mixture:  
373 0.1651 ( $\pm 0.002$ ) and 0.0994 ( $\pm 0.001$ )  $\text{mN}\cdot\text{m}^{-1}\cdot\text{K}^{-1}$  for XoCH and CiCH, respectively. At  
374 298.15 K, the enthalpies of the surface calculated for XoCH and CiCH were  $\Delta H_S = 126.5$   
375 and 98.2  $\text{mN}\cdot\text{m}^{-1}$ , respectively. The high values for the thermodynamic properties of the  
376 surface calculated for these aqueous DESs confirmed that they are very structured liquids.  
377 As deduced from the spectroscopic and thermodynamic data, XoCH possessed the  
378 strongest cohesive forces.

### 379 3.2.2. Transport properties

380 In this section, both the fluidity and the electric mobility were evaluated from two  
381 interrelated transport properties: dynamic viscosity,  $\eta$ , and the electric conductivity,  $\sigma$ .  
382 The measurements were performed at  $p = 0.1$  MPa, and at  $T = 278.15 - 338.15$  K with  
383 intervals of 2.5 K, and the values are listed in Tables S4 and S5.

384 In general, DESs are characterized by a much higher viscosity than other solvents  
385 (Pena-Pereira et al., 2015). These values are impractical in the most of the industrial  
386 operations and are related to both the size of the species and the H-bond network  
387 established within the liquid. The inclusion of water in the composition of the eutectic  
388 allows the fluidity of the liquid to be modulated. At 293 K, the viscosity of the non-  
389 aqueous choline chloride: citric acid (1:1) eutectic is 10224 Pa·s (Aroso et al., 2017); the  
390 addition of 24.6% wt of water (this study) results in  $\eta = 99.51$  mPa·s, and the addition of  
391 37.4% wt of water results in  $\eta = 15.842$  mPa·s (Tang et al., 2016). Fig. S10b shows the  
392 changes in viscosity at several temperatures and water contents. The non-aqueous DES  
393 containing xylitol was not a liquid at room temperature, and viscosity data have not been

394 reported. On the other hand, Dai et al. (Dai et al., 2013) measured the viscosity of XoCH  
 395 at 313 K, and the published value is slightly lower than the value reported in the present  
 396 study. As calculated with eq. 2, the small deviation between the two values,  $MRD(\eta)=$   
 397 4.7%, may be due to the marginally higher water content in their mixture (11.17% wt).  
 398 The greater difference in viscosity observed for the two studied mixtures was basically  
 399 attributed to the difference in water content; CiCH had a two-fold higher water content  
 400 than XoCH.

401 Regarding the electric conductivity,  $\sigma$ , the measured values, up to 20.20 mS·cm, were  
 402 higher for the CiCH mixture due to its higher mobility (Tables S4 and S5). The  
 403 conductivity of this system at different temperatures and water contents is displayed in  
 404 Fig. S10c. An increase in the water content increased the conductivity as consequence of  
 405 the effect on the viscosity.

406 Due to the effect of the temperature on the intermolecular interactions, the  
 407 movement of species within the fluid is favoured at higher  $T$ . The effect of temperature  
 408 is more pronounced at lower  $T$ . Therefore,  $\eta$  decreases and  $\sigma$  increases exponentially with  
 409 increasing  $T$  (Fig. 3f and 3g). Specifically, we used the Vogel-Fulcher-Tammann (VFT)  
 410 equation to calculate the values of these parameters:

$$\eta = A_{\eta} \cdot \exp\left(\frac{B_{\eta}}{T - C_{\eta}}\right) \quad (11)$$

$$\sigma = A_{\sigma} \cdot \exp\left(-\frac{B_{\sigma}}{T - C_{\sigma}}\right) \quad (12)$$

411 where  $T$  is the temperature in kelvin and  $A_Y$ ,  $B_Y$ , and  $C_Y$  are the fit parameters (Table 2).  
 412  $A_Y$  is the value of the property  $Y$  at infinite temperature when the intermolecular  
 413 interactions are negligible, i.e., the only factors that contribute to the transport property  
 414 are the size and shape of the molecules. On the other hand,  $B_Y$  and  $C_Y$  are related to the

415 energy barrier that must be overcome for transport,  $E_{a,Y}$ , and are calculated using the  
416 following equation:

$$E_{a,Y} = R \cdot \frac{\partial(\ln Y)}{\partial\left(\frac{1}{T}\right)} = R \cdot \left( \frac{B_Y}{\left(\frac{C_Y^2}{T^2} - \frac{2C_Y}{T} + 1\right)} \right) \quad (13)$$

417 For XoCH, the calculated values of  $E_{a,\eta}$  and  $E_{a,\sigma}$  were 45.69 and 41.14 kJ·mol<sup>-1</sup>,  
418 respectively. For CiCH,  $E_{a,\eta}$  = 38.89 kJ·mol<sup>-1</sup> and  $E_{a,\sigma}$  = 32.12 kJ·mol<sup>-1</sup>. Thus, the  $A_\eta$   
419 parameter for XoCH was lower than CiCH, whereas  $E_{a,Y}$  was higher. Based on this  
420 results, the steric hindrance was greater in the mixture with citric acid, but the interactions  
421 were stronger in the mixture containing xylitol, consistent with the discussion above. Fig.  
422 S11 displays the relationship between  $E_{a,\sigma}$  and  $E_{a,\eta}$  for CiCH mixtures with different  
423 water contents. Our results are consistent with data reported in the literature (Aroso et al.,  
424 2017). A good linear proportionality ( $R^2 = 0.98$ ) between the energies involved in both  
425 transport phenomena was obtained.

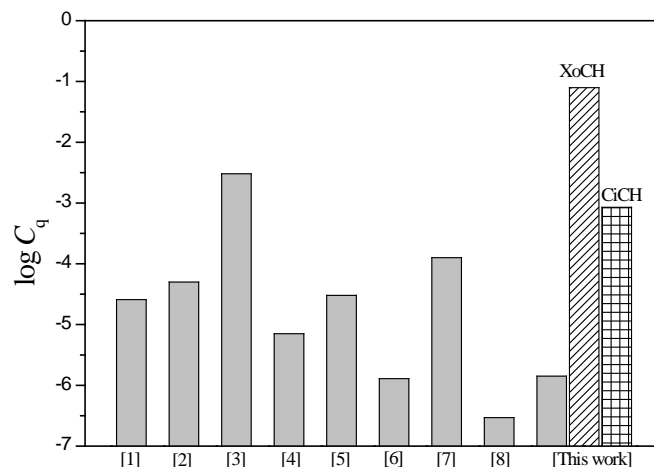
### 426 3.3. Quercetin solubility

427 Differences in the experimental procedure (protecting or exposing the vessels to  
428 light or the type of filter) result in a disparity between the values measured because of the  
429 low solubility of quercetin in water. Fig. 4 shows the wide distribution of data reported  
430 in the literature; the solubility is presented as  $\log C_q$  for a better comparison. Using the  
431 procedure described in section 2.3, we determined the solubility at 298.15 K. The average  
432 value (in mass fraction) obtained,  $W_q(\text{H}_2\text{O}) = 4.3 \cdot 10^{-7}$ , was very similar to the value  
433 published by Althans et al. (Althans et al., 2014). As mentioned in the introduction, both  
434 the solubility and the permeability through membranes of drugs/nutraceuticals with poor  
435 water solubility increase when mixed with DESs as a vehicle. Thus, the substitution of

436 aqueous media with DES in the biotechnological industry potentially represent a viable  
437 strategy to increase the bioavailability of these compounds.

438 Fig. 4 shows the solubility of quercetin at 298.15 K in the studied mixtures, and  
439 the values were  $W_q(\text{XoCH})= 2.22 \cdot 10^{-2}$  and  $W_q(\text{CiCH})= 3.22 \cdot 10^{-4}$ , respectively. Only one  
440 study (Dai et al., 2013) reported the value for quercetin solubility in XoCH at 313.15 K  
441 ( $W_q= 0.608$ ), which, as expected, is greater than the value reported in the present study  
442 due to the higher  $T$ . The remarkable increase in solubility compared to water (5 and 3  
443 orders of magnitude) may be related to the presence of the H-bond network that favours  
444 the dissolution process and stabilizes the system. A stronger H-bond network results in a  
445 higher solubility. We have determined the solubility of quercetin in the xylitol:choline  
446 chloride (1:2) mixture with a similar water content to CiCH (24.6%) to confirm the effect  
447 of water. The value measured,  $9.93 \cdot 10^{-4}$ , was much lower than XoCH. This result is  
448 consistent with the observation that the presence of water weakens the H-bond network  
449 in the DESs (Delso et al., 2019; Hammond et al., 2017). We also concluded that the  
450 interactions between choline chloride and xylitol were stronger than the interactions with  
451 citric acid because the solubility value was 3-fold higher than for CiCH. Therefore, both  
452 studied DESs are potentially useful as effective flavonoid solvents, but XoCH to a greater  
453 extent. Only one published study has reported (Dai et al., 2013) the value for quercetin  
454 solubility in XoCH at 313.15 K ( $W_q= 0.608$ ), which, as expected, is greater than the value  
455 reported in the present study due to the higher  $T$ . Tang et al. (Tang et al., 2016) measured  
456 the solubility of three flavonoids (phloretin, phlorizin, and naringin) in the following  
457 DESs: citric acid:glucose:water (1:1:12), choline chloride:glucose:water (1:1:11), choline  
458 chloride:sucrose:water (1:1:10), and citric acid:choline chloride:water (1:1:11). A  
459 considerable increase in solubility was observed in the two latter mixtures. Additionally,

460 Zhao et al. (Zhao et al., 2015) studied the potential use of DESs as green solvents for the  
461 extraction of rutin.



462  
463 **Fig. 4.** Solubility of quercetin in water (■) and in the studied DESs at  $T=298.15$  K. [1]  
464 (Lauro, M.R.; Torre, M.L., Maggi, L., De Simone, F., Conte, U., Aquino, 2002); [2] (Kim  
465 et al., 2009); [3] (Razmara, Daneshfar, & Sahraei, 2010); [4] (Srinivas, King, Howard, &  
466 Monrad, 2010); [5] (Chebil et al., 2010); [6] (Althans et al., 2014); [7] (Abraham & Acree,  
467 2014); [8] (Zhang et al., 2017)

468 The intermolecular interactions among the flavonoid and the DES components in  
469 both solutions were elucidated using NMR. However, only the sample in XoCH had a  
470 quercetin concentration that was sufficiently high to be detected in the presence of the  
471 non-deuterated DES (Figs. S12 and S13). By integrating the signals in the  $^1\text{H-NMR}$   
472 spectrum, we were able to calculate the quercetin concentration in the choline  
473 chloride:quercetin molar ratio of 1:0.0175 with an uncertainty  $u(x) = 0.0006$  using the  
474 data presented above. NOESY experiments revealed many intermolecular interactions  
475 between quercetin and the three components of XoCH. After short mixing times (50 ms),  
476 highest crosspeaks corresponded to mobile protons that were presumably derived from  
477 chemical exchange and intramolecular crosspeaks in quercetin (Fig. S14a). When the

478 mixing time increased to 500 ms, no intramolecular crosspeaks were observed for  
479 quercetin, but crosspeaks for intramolecular interactions of aliphatic hydrogens between  
480 quercetin and DES components were detected (Fig. S14b). After a more careful analysis  
481 of the crosspeak intensities (excluding exchanging OH signals), we were able to identify  
482 signals arising from water-quercetin aliphatic protons as the most intense crosspeaks,  
483 followed by choline methyl groups. These signals suggest a strong interaction between  
484 the solute and the solvent, and unexpectedly, water appears to play an important role in  
485 this interaction, possibly by favouring an environment rich in hydrogen bonds.

#### 486 **4. Conclusions**

487 Two deep eutectic solvents (DESs) containing water were characterized in the  
488 present study. The structure was evaluated using several NMR spectroscopy techniques:  
489  $^1\text{H}$  and  $^{13}\text{C}$ , COSY, HSQC, NOESY, ROESY, and DOSY. Moreover, the following  
490 thermodynamic, surface and transport properties were measured and discussed: density,  
491  $\rho$ ; speed of sound,  $u$ ; refraction index,  $n_D$ ; molar isobaric capacity,  $C_{p,m}$ ; surface tension,  
492  $\gamma$ ; kinematic viscosity,  $\nu$ ; and electric conductivity,  $\sigma$ . Other derived properties were  
493 calculated from the experimental data. Finally, the thermodynamic solubility of quercetin  
494 in water, XoCH, and CiCH was determined. The results obtained from both the  
495 spectroscopic experiments and the thermophysical properties revealed that XoCH  
496 displays the most compact structure.

497 NMR results for the neat XoCH and a more diluted mixture revealed the formation  
498 of a supramolecular structure between xylitol, choline chloride and water molecules. On  
499 the other hand, a similar study confirmed that CiCH was an aqueous solution of DES. Of  
500 the thermophysical properties, the high values measured for the speed of sound, surface  
501 tension, and viscosity are worth noting. We observed a greater steric hindrance in CiCH



502 and stronger intermolecular interactions in XoCH. Regarding the solubility of quercetin,  
503 we concluded that the solubility of this flavonoid was remarkably increased in the  
504 characterized DESs. The  $W_q(\text{DES})/W_q(\text{H}_2\text{O})$  ratio was  $5 \cdot 10^4$  for XoCH and  $7 \cdot 10^2$  for  
505 CiCH.

## 506 **Supplementary data**

507         Supplementary data accompanying this article can be found in the online  
508 version.

## 509 **Declaration of interests**

510         Non-declared.

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