

Left ventricular thrombus formation in myocardial infarction is associated with altered left ventricular blood flow energetics

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Aims

The main aim of this study was to characterize changes in the left ventricular (LV) blood flow kinetic energy (KE) using four-dimensional (4D) flow cardiovascular magnetic resonance imaging (CMR) in patients with myocardial infarction (MI) with/without LV thrombus (LVT).

Methods and results

This is a prospective cohort study of 108 subjects [controls = 40, MI patients without LVT (LVT- = 36), and MI patients with LVT (LVT+ = 32)]. All underwent CMR including whole-heart 4D flow. LV blood flow KE wall calculated using the formula: $KE = \frac{1}{2} \rho_{\text{blood}} \cdot V_{\text{voxel}} \cdot v^2$, where ρ = density, V = volume, v = velocity, and was indexed to LV end-diastolic volume. Patient with MI had significantly lower LV KE components than controls ($P < 0.05$). LVT+ and LVT- patients had comparable infarct size and apical regional wall motion score ($P > 0.05$). The relative drop in A-wave KE from mid-ventricle to apex and the proportion of in-plane KE were higher in patients with LVT+ compared with LVT- ($87 \pm 9\%$ vs. $78 \pm 14\%$, $P = 0.02$; $40 \pm 5\%$ vs. $36 \pm 7\%$, $P = 0.04$, respectively). The time difference of peak E-wave KE demonstrated a significant rise between the two groups (LVT-: 38 ± 38 ms vs. LVT+: 62 ± 56 ms, $P = 0.04$). In logistic-regression, the relative drop in A-wave KE ($\beta = 11.5$, $P = 0.002$) demonstrated the strongest association with LVT.

Conclusion

Patients with MI have reduced global LV flow KE. Additionally, MI patients with LVT have significantly reduced and delayed wash-in of the LV. The relative drop of distal intra-ventricular A-wave KE, which represents the distal late-diastolic wash-in of the LV, is most strongly associated with the presence of LVT.

Keywords

thrombosis • myocardial infarction • magnetic resonance imaging • fluid dynamics • flow imaging

Introduction

Left ventricular (LV) thrombus (LVT) remains a life-threatening complication of myocardial infarction (MI), being associated with a five-fold increased risk of systemic embolism.¹ The risk for LVT is greater with anterior MI, low ejection fraction (EF), LV aneurysms, and apical

akinesis or dyskinesis,^{1,2} but LVT formation can also be found in patients with smaller infarcts, inferior infarcts, and only mild to moderate LV systolic dysfunction.³

The development of LVT is a complex process involving substrates of the Virchow's triad: disturbance of flow (stasis or turbulence), hypercoagulability, and endothelial injury/dysfunction. Early echocardi-

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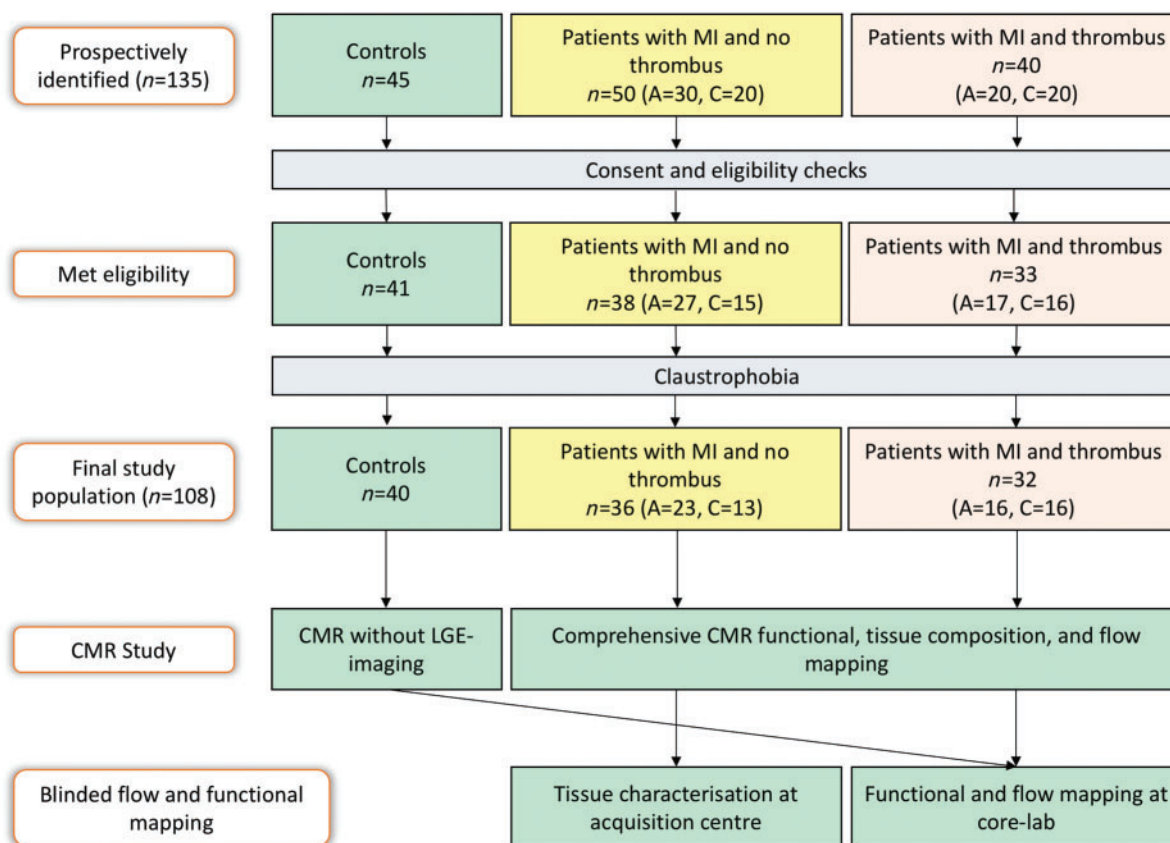


Figure 1 Study design. A, acute reperfused ST-elevation myocardial infarction; C, chronic myocardial infarction; CMR, cardiovascular magnetic resonance imaging; LGE, late gadolinium enhancement imaging; MI, myocardial infarction.

as a relative drop in percentage from each level (base to mid-ventricle; mid-ventricle to apex) for both E-wave flow KE and A-wave flow KE. Higher relative-drop of LV in-flow KE signifies reduced wash-in of the LV.

In-plane KE

The in-plane KE is the sum of all KE in the *x-y* direction, in the short-axis LV from base to apex. In this study, the in-plane KE is represented as a percentage of the total LV KE. This parameter was computed mainly to better understand the in-plane flow dynamics within the LV cavity.

Time difference

We also computed the time difference (TD) to peak early mitral inflow velocity (E-wave) from the base of the LV to mid-ventricle. This transit time or TD should be higher if the mitral valve propagation velocity (V_p), as measured by M-mode echocardiography is lower. Hence, the transit time of the peak KE from base to mid-ventricle, described as the TD in this study, may represent a novel marker of delayed filling.

A detailed description of the CMR protocol, pulse sequences, and the intra-/inter-observer reproducibility test are given in the [Supplementary data online, Document S1](#).

Statistical analysis

Statistical analysis was performed using IBM SPSS® Statistics 23.0. Quantitative parameters are presented as mean \pm standard deviation or median and interquartile ranges, where appropriate. Demographic comparisons were performed with *post hoc* analysis of variance (ANOVA) with Bonferroni corrections. Imaging data was handled as non-parametric. Step-wise multivariate logistic regression was used for clinical, functional, and KE parameters with statistical significance from one-way analysis ($P < 0.1$). Diagnostic performance tests were done using the receiver-operator characteristic. To avoid collinearity issues within volumetric parameters, only LV EF was included in the multivariate analysis. A P -value < 0.05 was considered statistically significant.

Sample size calculations are described in the [Supplementary data online, Document S1](#).

Results

Demographic characteristics

We identified 135 subjects for this study, 23 did not meet the eligibility criteria and 4 were claustrophobic. Hence, 108 subjects completed the study (Figure 1). These included 40 controls (Leiden = 13, Leeds = 27), 36 LVT- patients and 32 LVT+ patients. From the 32

Table 1 Study demographics (study population = 108)

| | Younger controls (n = 24) | Age-matched controls (n = 16) | LVT- (n = 36) | LVT+ (n = 32) | P-value ^a | P-value ^b | P-value ^c |
|--|------------------------------|----------------------------------|------------------|------------------|----------------------|----------------------|----------------------|
| Baseline characteristics | | | | | | | |
| Age (years) | 30 ± 10 | 57 ± 7 | 60 ± 9 | 61 ± 13 | <0.01 | 0.7 | 1 |
| Sex (female) | 7 | 8 | 8 | 3 | 0.2 | 0.3 | 0.4 |
| Body surface area (m ²) | 1.9 ± 0.2 | 1.8 ± 0.2 | 1.9 ± 0.2 | 2 ± 0.2 | 0.2 | 0.03 | 0.67 |
| Smoker | 0 | 0 | 23 | 13 | | <0.01 | 0.07 |
| Hypertension | 0 | 0 | 8 | 9 | | 0.02 | 1 |
| Hypercholesterolaemia | 0 | 0 | 16 | 8 | | <0.01 | 0.14 |
| Diabetes | 0 | 0 | 2 | 8 | | 0.48 | 0.01 |
| Baseline clinical parameters | | | | | | | |
| Systolic BP (mmHg) | | | 131 ± 34 | 137 ± 16 | | | 0.5 |
| Heart rate (b.p.m.) | 64 ± 7 | 65 ± 15 | 65.5 ± 9 | 66 ± 12 | 1 | 0.10 | 0.3 |
| KC 1 | | | 33 | 25 | | | 0.12 |
| KC 2 | | | 3 | 7 | | | 0.12 |
| Medical therapy at the time of recruitment | | | | | | | |
| ACE-inhibitor | | | 35 | 23 | | | 0.11 |
| HMG-CoA reductase inhibitors | | | 35 | 20 | | | 0.07 |
| β-blockers | | | 35 | 23 | | | 0.11 |
| Aspirin | | | 35 | 20 | | | 0.07 |
| Anti-coagulation | | | 1 | 4 | | | 0.04 |
| Blood results | | | | | | | |
| Haemoglobin (g/dL) | | | 144 ± 14 | 141 ± 12 | | | 0.99 |
| eGFR | | | 83.7 ± 9 | 77 ± 17 | | | 0.08 |
| C-reactive protein (mg/L) | | | 36 ± 38 | 24 ± 22 | | | 0.55 |
| HBA1c (mmol/mol) | | | 41.5 ± 11 | 47 ± 18 | | | 0.28 |

Data are presented as mean ± standard deviation or count (n).

BP, blood pressure; CAD, coronary artery disease; KC, heart failure Killip class.

^aYounger controls vs. older age-matched to patient controls.

^bAge-matched controls vs. LVT-.

^cLVT- vs. LVT+.

ms vs. LVT- = 38 ± 38 ms ($P = 0.07$); LVT- = 38 ± 38 ms vs. LVT+ = 62 ± 56 ms ($P = 0.04$) with an overall ANOVA between groups of <0.001) (Figure 5).

Logistic regression

In univariate analysis, the following parameters were associated with the presence of LVT: history of diabetes, anterior MI, EF, drop of A-wave KE from mid-ventricle to apex, proportion of LV in-plane KE, and TD of peak early-filling (E-wave) KE from base to mid-ventricle (Table 4). In multivariate analysis, only distal drop of A-wave KE (beta = 11.5, $P = 0.002$) and EF (beta = -0.08, $P = 0.01$) demonstrated independent association with LVT. A combined CMR model of EF and relative drop in A-wave KE demonstrated significantly larger area under the curve than LV EF [difference in AUC = 0.11, 95% confidence interval (CI) 0.1–0.23; $P = 0.02$] and infarct size (difference in AUC = 0.26, 95% CI 0.1–0.4; $P = 0.02$) (Figure 6).

Intra-/inter-observer reliability

Global LV KE parameters demonstrated very low bias (intra: average 2%; inter: average 4%) and good precision (intra: -16% to -20%; inter: -21% to -13%). Inter-rater reliability of main KE parameters

thresholds were good (in-plane KE >37%; weighted-kappa = 1, distal A-wave KE drop >85%; weighted-kappa = 0.63, and TD from base to mid >31 ms; weighted-kappa = 0.67). Comprehensive results for individual parameters can be found in the [Supplementary data](#) online, Document S1.

Discussion

This study provides mechanistic insights into intra-cavity LV flow disturbances in MI patients with and without LVT. Firstly, we demonstrate that global LV KE_{EDV} is reduced in MI patients compared with healthy, age-matched controls. Secondly, MI patients with LVT demonstrated reduced wash-in of blood to the distal LV during late diastole, detected by the prominent drop of A-wave KE from the mid-ventricle to the apex. This parameter of LV blood flow disturbance was most strongly associated with the presence of LVT.

Precursor to LV flow stasis

Blood stasis in the LV is the hallmark of LVT formation. In the detailed mapping of LV flow KE, we noted that the global LV KE parameters

Table 4 Logistic regression analysis of variables which influence presence of LVT

| | Univariate | | | Multivariate | | |
|-----------------------|------------|-------|---------|--------------|-------------|--------------|
| | Beta | SD | P-value | Beta | SD | P-value |
| DM | -1.8 | 0.8 | 0.03 | | | 0.14 |
| Anterior MI | -1.5 | 0.6 | 0.02 | | | 0.13 |
| Ejection fraction | -0.81 | 0.03 | <0.01 | -0.08 | 0.03 | 0.01 |
| Distal A-wave KE drop | 8.4 | 2.9 | <0.01 | 11.5 | 3.7 | 0.002 |
| In-plane KE | 0.13 | 0.06 | 0.02 | | | 0.19 |
| Time difference | 0.011 | 0.006 | 0.04 | | | 0.74 |

Bold results are highlight independent predictors in the regression model.
 DM, diabetes mellitus; KE, kinetic energy; MI, myocardial infarction.

The in-plane KE of blood flow was significantly higher in MI patients with LVT than those without LVT. Our data support the notion that an increase in the in-plane flow will reduce the proportion of through-plane flow in the LV cavity, and thus less blood will pass through the ventricle per-unit-time resulting in reduced global wash-in and wash-out of the LV. In addition to lower wash-in and wash-out, such non-physiological in-plane flow may exert strain on the LV wall, resulting in more dilatation and increase in endothelial dysfunction in the endocardium, similar to the vascular system.¹⁶ An increased in-plane rotational component of the intra-cavity LV flow may also increase the shear stress on the platelets and activate them, which would promote thrombosis.¹⁷

Traditional risk factors

Akin to published studies in patients with LVT, our study also demonstrated the association of infarct location and depressed EF to LVT.^{2,18,19} However, this study failed to associate infarct size with presence of LVT ($P=0.82$). This is possibly because we included patients with chronic infarction in both the MI groups. In chronic infarcts, the infarct size substantially decreases from the acute stage, which may lessen the overall impact of infarct size. In addition, even though there was a trend of apical regional wall motion score to be higher in LVT- patients, this study did not demonstrate any significant changes in LVT+ patients. This may be explained by the fact that in a previous study by Keren *et al.*,²⁰ none of the inferior MI patients had thrombus, whereas this study recruited 12.5% inferior/posterior MI who had LVT. In this study, MI patients with diabetes were more likely to have LVT ($P<0.01$). This finding is likely due to under representation of patients with diabetes in the LVT- MI cohort as observational studies have demonstrated prevalence of diabetes is around 24–36% in MI.²¹

LVT characteristics and associated flow changes

LVT volume was the only parameter which had some association to flow characterisation (minimal KE, in-plane KE, and TD flow parameters). Mobility, produrance, and murality of the thrombus did not demonstrate any significant flow association. We speculate this may be because thrombus characteristics change rapidly after MI and probably depend on the timing of the imaging.

Limitations

This study was a prospective cohort study, hence our results cannot be used to determine the prevalence of thrombus in MI. Additionally, we studied differences in flow patterns in the presence of LVT and not prior to its genesis, and a prospective evaluation of the parameters tested in this study is required. Arrhythmias can introduce errors in 4D flow analysis. To reduce these errors, we performed robust quality checks on all the data. Additionally, we used retrospectively gated acquisition sequence for 4D flow to reduce time blurring.¹⁴ The LV geometry was defined by LV cine stack which was done using breath-hold technique while the 4D flow was done using free breathing. Hence, although spatial miss-registration was corrected for, other issues still remain including difference in heart rate and physiological conditions. This may have impact on the time-varying flow characteristics which could not be corrected for. The temporal resolution of the 4D flow was 40 ms, which may affect the overall quality of TD assessment and make them less reliable.

Conclusions

This study provides mechanistic insights into disturbed flow patterns in MI patients with and without thrombus. Patients with MI have reduced global LV KE and MI patients with LVT have evidence of reduced wash-in of the LV. Among all imaging biomarkers, the relative drop of distal intra-ventricular A-wave KE, which represents the distal late-diastolic wash-in of the LV, was most strongly associated with the presence of LVT. Future studies need to evaluate the prognostic significance of blood flow KE changes in the LV in patients with LVT.

Supplementary data

Supplementary data are available at *European Heart Journal - Cardiovascular Imaging* online.

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Conflict of interest: None declared.

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Corrigendum

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Corrigendum to: Left ventricular thrombus formation in myocardial infarction is associated with altered left ventricular blood flow energetics [*Eur Heart J Cardiovasc Imaging* 2019;**20**:108–17]

There were three errors in the originally published version:

- Affiliation 3 was incorrect in the original version and should have read 'Radboudumc, Department of Cardiology, Geert Grooteplein Zuid 10, 6525 GA Nijmegen, The Netherlands.'
- Under the heading 'CMR examination', the abbreviation 'MR' has been spelt out as 'mitral regurgitation' but should have read 'magnetic resonance'.
- Under the heading 'Haemodynamic analysis', the abbreviation 'MR' stands for 'mitral regurgitation'.

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