



Which conditions facilitate the effectiveness of large-group learning activities? A systematic review of research in higher education.

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Abstract:	<p>Large-group activities has increased in higher education since year 2000. Research focused on the possibility to have positive effects on students' learning, regardless the number of students by identifying facilitating factors. Hence, the achievement of learning results is used as a criterion of effectiveness. This review summarizes the findings of research studies on conditions that determine the effectiveness of large-group learning activities in higher education contexts published from 1996 to 2016. The PRISMA declaration for conducting literature reviews was followed. Articles were searched through the ERIC, Web of Science, SCOPUS, SCIELO, and EBSCO databases, including additional sources. A total of seventy-eight articles met the inclusion criteria and were selected for a thematic analysis. These studies came from a wide range of disciplines, type of institutions and locations. Five themes emerged as conditions that facilitate the effectiveness of large-group learning activities: (1) student-teacher and student-student interaction, (2) implementation of active learning strategies, (3) classroom management, (4) students' motivation and commitment, (5) and the use of online teaching resources. The discussion is centered on the conditions by which large-group activities can be effective learning strategies in terms of student's achievement of learning outcomes.</p>

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32 teaching resources. The discussion is centered on the conditions by
33 which large-group activities can be effective learning strategies in
34 terms of student's achievement of learning outcomes.
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51 **Keywords:** active learning; educational research; higher education;
52 instructional effectiveness; large group instruction; literature reviews.
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What factors influence the effectiveness of large-group learning activities? A systematic review of research in higher education.

Introduction

Numerous studies have focused on the effect of class size on the effectiveness of learning activities, reaching equivocal conclusions among themselves (Arias & Walker 2004; Hejmadi 2007; Bedard & Kuhn 2008; Kokkelenberg et al 2008, Johnson 2010; Cheng 2011; Ake-Little et al 2020). Some authors have questioned their effectiveness on students' learning outcomes and quality of education (Ehrenberg et al. 2001; Cuseo 2007; Diette & Raghav 2015). The main arguments focus around the idea that with a larger class the educator has little opportunity to address the needs of individual students, thus focusing on the 'middle' of the cohort (Allais 2014). This leaves behind those students that are struggling and disengages those who may be considered advanced (Aravanitakis 2014). Others challenge teachers and researchers to reconsider this ubiquitous learning strategy, especially in the context of mass online classes (Nagel & Kotzé 2010; Qiu et al 2012).

Also, there is no general consensus on what 'large-group' learning activities are. On the one hand, a number of authors have considered that between 300 and 1000 students (or more) are needed for a class to be considered 'large' (Foley & Masingila, 2014; Prosser & Trigwell, 2013). On the other hand, other authors postulate that it is not a specific number that defines if an activity is small or large, but whether the number itself presents real or perceived challenges (Maringe, & Sing; 2014) or when the teacher is unable to make sustained eye contact with the students, in one room, for a standard period of 50 minutes . For this study, the above definition of large class was considered, that is, not based on a specific number of students, but rather from the perspective of teachers or researchers.

In the last decades, there has been a market increment in higher education, reflected in an enlarged number of young people with a tertiary degree in all OECD countries between 2009 and 2019 (OECD; 2020). For instance,

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3 domestic and international students in Australia have duplicated over the last 20
4 years (Norton 2013). The increase in students pursuing higher education mainly
5 in Latin America, Australia, and Asia has not been proportional to the ratio of
6 teachers per students, creating a need for massification of education (Lian 2013,
7 Prosser and Trigwell 2013). Furthermore, higher enrolment rates have increased
8 tensions between the development of competencies in small groups and the long-
9 term financial sustainability of diverse institutions (Saiz 2014), primarily due to
10 the cost of employment of qualified teaching staff. This new context presents the
11 need to use economical and effective methods to convey information to large
12 groups. Hence, the sudden irruption of technologies in higher education
13 communities, such as MOOCs, online videos, mobile devices, and different
14 related software, expand the possibilities of large-group activities (Nagel & Kotzé
15 2010; Qiu et al 2012).

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27 The importance of conducting varied and active learning activities (Brown,
28 Manogue, 2001; Swanwick 2014) in the context of large classes relates to the
29 conclusion that lectures are at least as effective as other teaching methods at
30 presenting information and providing explanations (Spence, 1928; McLeish,
31 1976; Dunkin, 1983, 1986; Brown, 1987; Brown & Atkins, 1988, 1997; Bligh,
32 2000). In relation to the above, some authors suggest that it is possible to
33 provoke thought, deepen understanding and enhance scientific and critical
34 thinking in large audiences without having to schedule multiple teaching sessions
35 (Brown & Manogue 2001) by engaging the “community of learners” to provide
36 different perspectives on a subject and enhancing the possibilities to share
37 knowledge amongst the participants involved (Long & Lock, 2013). Thus,
38 displaying an opportunity to settle the new information in relation to the student’s
39 previous knowledge. As it was described by Long and Lock (2013), “*The resultant*
40 *new knowledge will be unique to the learner as it is the result of selective attention*
41 *an engaged interest, and the product of the learner’s active efforts to relate new*
42 *knowledge to pre-existing concepts”* (p.140)

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56 Most studies investigating large-group activities have focused on
57 evidencing the achievement of students’ learning outcomes; however, much less
58 is known about what makes an effective large-group learning session. We
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3 assessed the literature to determine the key factors that facilitate the
4 effectiveness of large-group learning activities and that are being used to result
5 in improved outcomes for students.
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8 9 **Methods**

10 A systematic review, following PRISMA statement for reporting systematic
11 reviews and meta-analysis, was conducted. Systematic reviews have been
12 previously used in other investigations to report results regarding the effect of
13 class size on the effectiveness of learning (Rutter & Maughan 2002 & Carpenter
14 2006). However, it is important to note that such studies have not been carried
15 out since 2006.
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23 ***Data collection***

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26 The review was conducted between December 2015 and January 2016,
27 receiving approval from the University's ethics review committee, as being part
28 of a larger project. To capture as many relevant citations as possible, a wide
29 range of databases were searched to identify primary studies focusing on large-
30 group learning activities in higher education. More specifically, articles for this
31 review were sourced from the following databases: ERIC, Web of Science,
32 SCOPUS, SCIELO, and EBSCO. Furthermore, Google Scholar was included as
33 an additional source as it has been referred to as a good resource that provides
34 a broad range of literature across different fields of study, as well as for
35 accounting for publication bias (Saadatdoost *et al.* 2015). There were restrictions
36 placed on the language of publications, including studies either in English or
37 Spanish, and year of publication, including articles published from 1996 to 2016
38 to provide an updated review.
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49 Three essential concepts were identified for the search strategy: ("large
50 group" OR "large class size") AND ("learning outcomes" OR "impact on learning")
51 AND ("higher education" OR "University students"). Each essential concept was
52 expanded considering synonyms, alternative spelling, and related terms.
53 Nevertheless, each database has its own indexed subject headings; therefore,
54 we adapted our keyword combination according to each thesaurus.
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3 All retrieved articles were exported to a reference manager for selection
4 procedures. To be included in the review, all references were assessed based
5 on the inclusion/exclusion criteria described in Table 1. The article selection
6 process was based on the PRISMA statement for reporting systematic reviews
7 and meta-analysis, shown in Figure 1, divided in four phases. Selecting a protocol
8 for systematic reviews is important to increasing the transparency of the research
9 process and reliability of published papers (Moher et al 2015). PRISMA was
10 selected because some of the researchers had previous experience in other
11 systematic reviews implementing that protocol (Jerez, Orsini & Hasbun 2016).
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20 Phase one corresponded to the identification of references from the
21 aforementioned sources. Subsequently, in the screening phase, duplicates and
22 irrelevant titles were removed. The abstracts of the remaining articles were
23 reviewed using the inclusion/exclusion criteria. When there was doubt on the
24 exclusion of a particular article, it was advanced to the eligibility phase, so it could
25 be assessed based on the full text rather than on the abstract. In this phase, the
26 full text of each article was screened, enabling a final decision. Subsequently,
27 applying the same three phases, an ancestry search of the selected articles'
28 references was conducted through the Web of Science. Finally, stage four was
29 dedicated to assessing the selected articles' quality and alignment with the
30 inclusion criteria. Phase two, three, and four were conducted by two authors
31 independently (O.M.J & C.A.O) and moderated by a third author whenever in
32 disagreement.
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43 As a mixture of qualitative and quantitative papers were expected to
44 emerge, we opted for a semi-structured quality analysis instrument, the
45 'Questions to ask of research or evaluation evidence (Harden *et al.* 1999). This
46 appraisal instrument is applicable to several methods; it has 17 items responding
47 to a 'yes/no' question aimed at analysing the quality of different areas of a
48 research paper. Articles that were assessed with two 'No' were automatically
49 excluded, while articles with one 'No' were further analysed for inclusion.
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Data Analysis

As methodological heterogeneity was expected by the inclusion of qualitative and quantitative studies, the review was approached as a narrative synthesis through a thematic analysis using the ATLAS.ti® software version 1.0.50. For the first step, the software was set up and all the extracted papers were imported. The unit of analysis was focused on the identification of factors that have been found to facilitate large-group learning activities. The thematic analysis is an appropriate qualitative method when working in research teams and analyzing large qualitative data sets (Nowell et al 2017). In this study, it facilitated the translation of concepts between studies by identifying prominent themes and summarizing their findings under recurrent headings, therefore allowing the integration of qualitative and quantitative evidence (Thomas and Harden 2008).

The thematic analysis was organised in three phases. The first phase was an open coding stage based on constant comparison and mainly aimed at reducing the data, extracting the essential ideas and resulting in the grouping of segments into different categories, i.e., factors that facilitate the effectiveness of large-group learning activities. The second phase was a central coding stage, aimed at combining and relating different categories amongst each other and grouping them into themes. Finally, the third phase was an interpretative stage aimed at drawing conclusions and reflecting on the findings. Two authors independently analysed the data, to finally reach an agreement on the final report.

Results

Electronic and additional sources identified 1,735 references. When duplicates and irrelevant titles were removed, 476 papers were forwarded for abstract screening and full-text assessment. Of these, 78 met the eligibility criteria and were rated as good quality evidence in order to be included in this study. Fig. 2 presents a flowchart summarising the selection process.

From an historical point of view, the studies report an increase in educational research focusing on large-group activities from 2000 onwards. At

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3 the same time, contrary positions and criticism towards this teaching strategy
4 were found throughout the 20 years of reviewed research. Moreover, it is
5 important to emphasise that this method was found to be transversal to a wide
6 range of disciplines, types of institutions and locations.
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10 The review identified 14 studies that postulated serious criticism and
11 concerns on the effectiveness of large-group activities (Table 2), focusing mainly
12 on the negative effects over students' performance. For instance, two studies
13 analysed the outcomes of several large-group activities over a period of 8 or more
14 years, concluding that as the number of students increase, learning outcomes
15 decrease (Gibbs *et al.* 1996, Bedard & Kuhn 2008). This is supported by several
16 studies, which were conducted in shorter periods and included a smaller sample
17 (Arias & Walker 2004, Cuseo 2007, Kokkelenberg *et al.* 2008, Johnson 2010,
18 Persky & Pollack 2010, Cheng 2011a, Kooloos *et al.* 2011, Truelove *et al.* 2013).
19 In the same vein, Allais (2014) considers that large-group activities not only lead
20 to poor results, but they also thwart the direct contact that can be established
21 amongst students and teachers, which is a crucial element towards the
22 development of disciplinary knowledge. That said, it is important to stress that
23 most of the aforementioned studies reached their conclusions by establishing
24 correlations or cause-effect between the number of students and their academic
25 performance, as well as by the students' and teachers' perception, not
26 considering methodological factors.
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39 On the other hand, Persky & Pollack (2010), Kooloos *et al.* (2011) and
40 Truelove *et al.* (2013), took into account the teaching strategy, number of
41 students, and their academic performance, and concluded that there were no
42 significant differences between large or small groups if certain conditions were
43 met. An example of this is the implementation of interteaching strategies like pair
44 discussion after a lecture. This contributes to diminishing social dallying because
45 of the identifiable participation of each one of the students. Beyond the criticism
46 towards large-group activities, the majority of the reviewed studies postulate that
47 the overcrowding of classrooms represents an opportunity for educational
48 researchers to recommend creative solutions to encourage learning. An example
49 of these, would be the combination of face to face teaching with online activities
50 to offer a blended learning approach, using technology as a tool to cope with
51 large group activities drawbacks (Hornsby and Osman 2014).
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3 The remaining 64 studies reported and concluded that it is possible to
4 obtain positive effects on students and on their learning in large-group activities.
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8 The review identified 5 common factors that facilitate their effectiveness
9 and should be taken into consideration when implementing large-group activities
10 (Table 2).
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14 **Factor 1 - Interactions**

15 The first identified factor is related to the **student-student and student-**
16 **teacher interactions** (Yang *et al.* 2007, Nelson *et al.* 2009), and to **students'**
17 **cognitive participation** (Jin and Shin 2012).
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22 The relevant role of teacher-student relationships has been mentioned
23 many times, but rarely reported (Pennung and Hollentesin 2020). Furthermore,
24 positive teacher-student relationships are associated with improvements of
25 learning outcomes in both a cognitive and motivational level (Cornelius-White,
26 2007; Den Brok, Brekelmans, and Wubbels, 2004; Roorda, Koomen, Spilled, and
27 Oort, 2011) and of the teachers themselves Spilt, Koomen, & Thijs,
28 2011). Considering the fact that face to face direct interaction is complicated in
29 massive classrooms, the use of Student Response Systems (SRS), known as
30 "clickers", has emerged as a learning activity that by means of improving the
31 overall interactions within the participants of the class, proved to encourage
32 participation and willingness to learn (Denker 2013). In addition, teacher
33 feedback was demonstrated to have a positive effect on student's cognitive
34 engagement (Arvanitakis 2014). Furthermore, pedagogical approaches
35 originated from social constructivism such as Problem-based learning, Project-
36 Oriented Guided Inquiry Learning, and hybrid methods that combine these
37 strategies with the traditional lectures proved to be useful in improving learning
38 outcomes through allowing opportunities for social engagement and interactions
39 in large group of students (Swap & Walter 2015). Consequently, these
40 interactions should be proposed as creative and sustainable instances (Clarence
41 *et al.* 2013), in order to promote students' motivation, engagement, learning
42 efficiency, and encourages students' involvement in their learning process
43 (Denker 2013, Arvanitakis 2014).
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Factor 2 – Active Teaching and learning methods

Active teaching and learning methods can be defined as strategies that promote the participation of students in a way that encourages them to perform tasks and activities towards their learning process, instead of the traditional passive experience. Active methods of teaching and assessment enhance cognitive participation and should be used in order to positively impact students' learning outcomes (Schmitt-Harsh and Harsh 2012, Wixon & Balsler 2012, Johanson *et al.* 2013, Lian 2013, Miller *et al.* 2013). This factor was the most recurrent amongst the revised studies, emphasising the fact that the most commonly used methods that make a positive impact on students' learning are peer assisted learning (Cooper and Robinson 2000a, Hejmadi 2007, Stanger-Hall *et al.* 2010) where students with a greater mastery of certain learning, facilitate group or individual activities in formal and informal group learning (Alcaide, 2015; Cooper & Robinson, 2000; Exeter *et al.*, 2010; Lin, Huang, & Cheng, 2010; Nicholl & Lou, 2012). Examples are study groups in social networks, where students manage to support themselves in real time when facing certain challenges, alongside the assessment, evaluation and feedback between blind peers (Nagel and Kotzé 2010, Johanson *et al.* 2013) since when students review their peers' work in a systematic way, it favors the learning process (Jerez *et al.*, 2017). It is also emphasised that the implementation of large-group activities should be planned encouraging students' involvement, empowering them and fostering their autonomy, regardless of the number of students in-class (Lewis and Lewis 2008, Prosser and Trigwell 2013, Calzada *et al.* 2014, Alcaide 2015).

Factor 3 - Classroom Management

Classroom management arose as the third identified factor, as it stands for a change in the current management and administration of the in-class learning process. Hence, there is a need to coordinate different actions, which involves the design and organisation of teaching and learning activities (Cooper & Robinson, 2000), and the way they are assembled and coordinated with the teaching team when large-group activities are implemented (Klegeris *et al.*, 2013; Lin *et al.*, 2010; Nelson *et al.*, 2009). Moreover, it implies the integration of permanent methodological facilitators (Ochsendorf *et al.* 2006, Nicholl and Lou

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3 2012), as well as coordination handouts, technological material, and the
4 assessment of coursework, amongst others (Renaud et al., 2007). In addition,
5 Renaud emphasises the importance of setting classroom rules and planning a
6 variety of activities in order to maintain discipline among the students (Renaud
7 2007).

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11 Several articles described the use of different strategies that generated an
12 organizational change in classrooms. The incorporation of virtual resources and
13 organizing students in smaller groups for discussion facilitated the administration
14 of the class and enhanced the interactions among the students. (Calzada et al.,
15 2014). Another example is Problem Based Learning (PBL) which proved to
16 improve learning outcomes not only by boosting social engagement, but also
17 throughout a shift in the traditional organization of a lecture course. Klegeris
18 (2013), described a successful Tutor-less PBL strategy using generic problem-
19 solving tests to assess improvement in problem solving abilities. The successful
20 results of these experiences emerge as proof that even when money and time
21 resources are limited, learning outcomes can be accomplished throughout the
22 application of classroom management strategies.

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24 For example PBL related to contingency favors learning, especially when
25 the dynamic is centered in the search for solutions that are relevant to the
26 students' own lives, such as natural or socioeconomic disasters that their
27 communities might be facing.

28 29 30 31 32 33 34 35 36 37 38 39 40 41 ***Factor 4- Students motivation and engagement***

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44 The fourth factor was related to students' **motivation and engagement**.
45 The type of motivation that a student has in class is related to effective and
46 cognitive educational outcomes, directly influencing engagement and
47 mobilization of learning. Cahill (2014) showed that by means of an interactive
48 engagement curriculum, attitudinal benefits are produced relative to what
49 students personally experience among traditional lecture courses, implying that
50 with the appropriate teaching strategies, large classes can "feel smaller" and
51 motivate students towards better learning outcomes (Goodman 2005). Renaud,
52 states that the level and type of motivation in a heterogeneous class is essential
53 for maintaining a proper learning environment, as boredom and lack of interest
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3 directly affect classroom management and the effective application of active
4 learning strategies (Renaud 2007). In consequence, there is a need to align the
5 course expectations with the students' motives. The latter becomes a relevant
6 element to consider when managing large-group activities (Renaud et al., 2007).
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8 As such, a large-group compared to a small one, should not necessarily show
9 differences in students' learning outcomes, as long as all students are motivated
10 and engaged in the learning process (Goodman *et al.* 2005). The latter is possible
11 if relevant cognitive interactions within the activities are promoted by the teaching
12 staff (Cahill et al., 2014; Tomkinson & Hutt, 2012), which have the potential to
13 support and enhance motivation (Denker, 2013; Exeter et al., 2010; Hejmadi,
14 2007).

22 **Factor 5- Use of online teaching resources**

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24 The use of **online teaching resources** was considered as important aids
25 that help solving the challenges of large-group activities, through the involvement
26 of other learners and the readily available electronic resources inside and outside
27 the classroom (Doucet *et al.* 2009, Halic *et al.* 2010, Elavsky *et al.* 2011,
28 Saunders and Gale 2012, Brady *et al.* 2013, Foley and Masingila 2014). Online
29 teaching resources allow teachers to:
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- 32 ● Improve lectures (Dollman 2005),
- 33 ● Create and use in class electronic tools that facilitate real-time interactions
34 such us : Kahoot, Mentimeter, and Socrative.
- 35 ● Engage with teachers, professionals or students from other countries
36 through videoconferences.
- 37 ● Generate out-of-class learning spaces (Bryant 2005, Azzawi and Dawson
38 2007, Qiu *et al.* 2012, Kim 2013, Bati *et al.* 2014, Shaw *et al.* 2015),
- 39 ● Design blended learning courses (Bati *et al.* 2014, Snowball 2014).

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42 The benefits of these possibilities have been classified by Salmon (2002) in 4
43 categories: 1) provide active educational experiences for all students enhancing
44 the participation of the class, 2) an opportunity towards self-paced learning, 3)
45 access to resources without any time or geographical limitations, 4) increase
46 interaction among students through sub-grouping and collaborative learning.
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Discussion

This review established 5 common factors that ease the effectiveness of large group activities. These factors can all be framed from a constructivist pedagogical perspective, since they tend to focus on students, the learning process, and the constructions of knowledge for themselves. However, these could apparently be in opposition to higher education practices, considering the different disciplinary spaces and curricular knowledge as the only valid references (O'Connor, K., 2020). However, in a constructivist approach, the identified factors establish a bridge between the hard sciences, the human sciences and the historical disciplines; that is to say, a systemic vision on learning (Peterson, 2012).

The first proposed factor relates to **interactions** within the group of students and their teachers. It has been described that face-to-face contact interaction seems to be essential to the development of knowledge (Allais, S., 2014.), as real time meetings are the situations from which intellectual activities historically arise (Collins, 1998). The reason could be explained from a sociological standpoint, as it has been widely described that individuals act different in groups than how they act by themselves. An example of this are interaction rituals described in societies, in which an individual's sense of identity, solidarity and energy promote actions that an individual would not do on their own (Collins, 2004). However, the intrinsic nature of human relations has turned towards instant connection improving time and place management. Multitasking has played an essential role in the development of new generations, creating a need for educators to understand these changes in order to improve affinity with their students. On the other hand, taken into account students' diversity, cultural and socioeconomic differences, and singular learning skills would be likely to strengthen students' disposition towards the learning process.

Proceeding to the most frequent factor described in the reviewed studies, which was the implementation of teaching strategies that promote **active participation of students**, this investigation group postulates that the belief that the ideal group of students should be small in order to allow active participation of all students involved constitutes a denial of the local reality and an idealization of the educational process. In this sense, online teaching resources, which is the

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3 fifth identified factor, should be used and included in an educational strategy
4 because it embraces each student in their individuality, enabling active
5 participation of the entire class. In the same vein, the massification of new
6 technologies should be understood as a tool to promote personalization of the
7 learning process, favouring the involvement of each and every student in their
8 particularities. On the other hand, classroom management which arose as the
9 third essential element to consider in a successful large group activity is also
10 intrinsically connected to the use of online teaching resources as they allow
11 monitorization of the students during the development of the lesson providing
12 essential feedback that improves learning outcomes. An example of these new
13 technologies is software like Kahoot® and Socrative®. Moreover, it opens
14 possibilities towards the creation of learning spaces not only before the class, but
15 also during and after the class. In consequence a positive or negative outcome
16 cannot be entirely attributed to the number of students, but to the strategies that
17 teachers use to cope with this difficulty.
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31 Finally, students' motivation and engagement were the fourth component
32 to consider. Autonomous motivation is defined as commitment out of pleasure
33 and satisfaction and/or by valuing the relevance of certain activity. In this sense
34 it has been related with positive educational outcomes. Teachers should take this
35 into consideration when designing learning strategies because of the effect
36 interpersonal experiences have in a student's level and type of motivation.
37 (Orsini, Binnie, Wilson, 2016).
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44 **Conclusions**

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46 Given the fact that an increasing number of students are pursuing higher
47 education, large-group classes are a reality for many Higher Education
48 Institutions and have placed teachers at crossroads: which factors should be
49 considered when implementing large-group activities? How large-group activities
50 can be effectively used to support learning in large class settings?
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54 Although many authors have focused on criticising large classes instead
55 of finding creative and innovative solutions for it (Gibbs *et al.* 1996, Arias and
56 Walker 2004, Cuseo 2007, Kokkelenberg *et al.* 2008, Bedard and Kuhn 2008,
57 Cardozo *et al.* 2008, Persky and Pollack 2010, Johnson 2010, Kooloos *et al.*
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3 2011, Cheng 2011a, 2011b, Truelove *et al.* 2013, Westphalen 2013, Allais 2014,
4 Saiz 2014, Hornsby and Osman 2014), this review has identified 5 factors that
5 when taken into consideration are likely to improve the learning outcomes of large
6 group activities.
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11 The outburst of new technologies opens possibilities towards innovation
12 in educational contexts. Smartphones amongst other mobile devices have made
13 it possible to access resources in a variety of contexts and situations, students
14 can learn at any time and place, “ubiquitous learning” (Wang, Zhang, Yang, 2017)
15 which is the opportunity to use resources not only intentionally, but also
16 circumstantially is becoming a reality. Therefore, the role of books in the past is
17 being replaced by mobile devices, allowing not only a variety of teaching methods
18 that are more likely to fit each student's personal learning abilities, but also
19 improving time administration, enduring personalization of the learning process.
20 As an example of time management improvement, it would be interesting to
21 evaluate the effect of mobile software designed to allow higher education
22 students review their lectures during commuting time on public transportation,
23 which would allow them to take profit of these otherwise “dead times”. In this
24 sense, future research should focus on how mobile devices, such as
25 smartphones and tablets, can become (or not) powerful allies, and on which type
26 of apps are required for the development of specific and generic competences.
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41 Exploring the real impact of large-group activities has been a difficult task
42 as a larger group of students implicates more variables influencing the
43 effectiveness of teaching methods (Franklin & Theall 1995, Goodman *et al.* 2005,
44 Cuseo 2007). A deep understanding of the teaching and learning process and
45 the elements that affect it constitutes an opportunity and a challenge towards
46 creativity to improve the effectiveness of the educational process, assuring its
47 quality (Arvanitakis 2014),
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55 One of the limitations of the present study is related to the
56 operationalization of the term “large group learning”. In this sense, when
57 incorporating “large class size” as one of the searched concepts in the systematic
58 review, it implies that each investigation operationalizes size in a different way.
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3 Other investigations could delve into the classification of studies based on their
4 conception of large groups. Likewise, it could be interesting to carry out an
5 analysis of the methodology used on the field, that could identify gaps for
6 future research regarding class size and its effect on the effectiveness of learning
7 activities.
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Figure 1. Flow chart summarising the review process with number of articles reviewed and retained at each stage. Adapted from PRISMA statement (Moher et al. 2009)

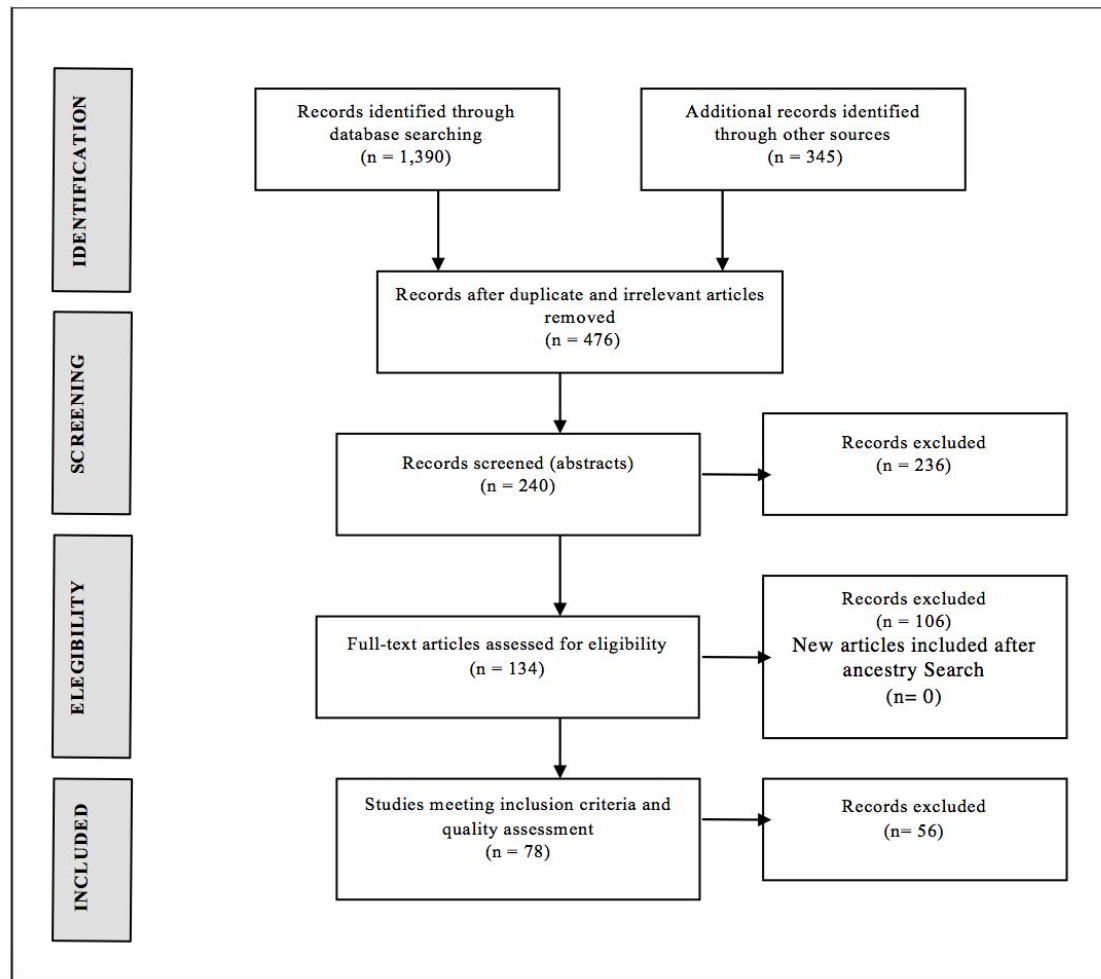


Table 1. Setting the scope of the search: inclusion and exclusion criteria.

Inclusion Criteria	Exclusion Criteria
Empirical studies focusing on factors that determine the effectiveness of large-group learning activities.	Studies not empirical in nature like viewpoints, editorials, opinions or books.
Empirical studies that report research on students or teachers in higher education, at the undergraduate or postgraduate level.	Studies on populations other than students or teachers in higher education.
Valid and reliable quantitative research.	Studies not focusing on large-group learning activities.
Credible and dependable qualitative research.	Studies referring to large-group activities without a focus on higher education.
Articles published in English or Spanish	Studies published in languages other than English or Spanish.
Studies published from 1996 to 2016.	Studies published before the year 1996.

Table 2. Factors identified that facilitate the effectiveness of large-group learning activities and their source

Factors	Key Findings	Sources
1. Interaction	Student-student and student-teacher interactions and to students' cognitive participation engage students in their learning process affecting learning outcomes positively.	Smith 2000, Milesi and Gamoran 2006, Ochsendorf <i>et al.</i> 2006, Yang <i>et al.</i> 2007, Nelson <i>et al.</i> 2009, Stanger-Hall <i>et al.</i> 2010, Lin <i>et al.</i> 2010, Schmitt-Harsh and Harsh 2012, Jin and Shin 2012, Prosser and Trigwell 2013, Wu 2013, Clarence <i>et al.</i> 2013, Denker 2013, Lian 2013, Arvanitakis 2014, Alcaide 2015, Swap and Walter 2015
2.Active teaching and learning methods	Active methods of teaching and assessment enhance cognitive participation of students and positively impact students' learning outcomes, regardless class size.	Cooper and Robinson 2000b, MacGregor 2000, Goodman <i>et al.</i> 2005, O'Reilly <i>et al.</i> 2007, Hejmadi 2007, Grauer <i>et al.</i> 2008, Lin <i>et al.</i> 2010, Mulryan-Kyne 2010, Nagel and Kotzé 2010, Exeter <i>et al.</i> 2010b, Stanger-Hall <i>et al.</i> 2010, Kelly <i>et al.</i> 2010, Klegeris and Hurren 2011, Nicholl and Lou 2012, Schmitt-Harsh and Harsh 2012, Wixon and Balsler 2012, Lian 2013, Miller <i>et al.</i> 2013, Prosser and Trigwell 2013, Wu 2013, Johanson <i>et</i>

		<i>al.</i> 2013, Klegeris <i>et al.</i> 2013, Calzada <i>et al.</i> 2014, Naude and Derera 2014, Woollacott <i>et al.</i> 2014, Swap and Walter 2015
3. Classroom management	The design and organisation of teaching and learning activities and the way they are assembled play a key role when implementing large-group activities.	Cooper and Robinson 2000a, Renaud <i>et al.</i> 2007, Nelson <i>et al.</i> 2009, Lin <i>et al.</i> 2010, Stanger-Hall <i>et al.</i> 2010, Johanson <i>et al.</i> 2013, Klegeris <i>et al.</i> 2013, Calzada <i>et al.</i> 2014
4. Students' motivation and engagement	A large-group compared to a small one, should not necessarily show differences in students' learning outcomes, as long as all students are motivated and engaged in the learning process.	Goodman <i>et al.</i> 2005, Hejmadi 2007, Renaud <i>et al.</i> 2007, Exeter <i>et al.</i> 2010b, Tomkinson and Hutt 2012, Denker 2013, Cahill <i>et al.</i> 2014
5. Use of information and communications technologies (ICTs)	The use of online teaching resources was considered as important aids that help solving the challenges of large-group activities in terms of student's participation and interaction.	Roberts <i>et al.</i> 2005, Bryant 2005, Dollman 2005, Goodman <i>et al.</i> 2005, Azzawi and Dawson 2007, O'Reilly <i>et al.</i> 2007, Yang 2008, Doucet <i>et al.</i> 2009, Kelly <i>et al.</i> 2010, Halic <i>et al.</i> 2010, Elavsky <i>et al.</i> 2011, Nicholl and Lou 2012, Qiu <i>et al.</i> 2012, Saunders and Gale 2012, Kim 2013, Bati <i>et al.</i> 2014, Snowball 2014, Calzada <i>et al.</i> 2014, Foley and

		Masingila 2014, Qiu and McDougall 2015, Rohr and Costello 2015, Shaw <i>et al.</i> 2015
Contrary positions	Pose the loss of interaction between teacher and students decreasing the achievement of learning results.	Gibbs <i>et al.</i> 1996, Arias and Walker 2004, Cuseo 2007, Kokkelenberg <i>et al.</i> 2008, Bedard and Kuhn 2008, Cardozo <i>et al.</i> 2008, Persky and Pollack 2010, Johnson 2010, Kooloos <i>et al.</i> 2011, Cheng 2011a, 2011b, Truelove <i>et al.</i> 2013, Westphalen 2013, Allais 2014, Saiz 2014, Hornsby and Osman 2014