

1 **The Extreme Positive Indian Ocean Dipole of 2019 and Associated Indian**
2 **Summer Monsoon Rainfall Response**

3

4 **Satyaban B. Ratna¹, Annalisa Cherchi^{2,3}, Timothy J. Osborn¹, Manoj Joshi¹ and**
5 **Umakanth Uppara¹**

6

7 ¹Climatic Research Unit, School of Environmental Sciences, University of East Anglia,
8 Norwich, NR4 7TJ, United Kingdom

9 ²Institute of Atmospheric Sciences and Climate (ISAC-CNR), Bologna, Italy

10 ³Istituto Nazionale di Geofisica e Vulcanologia, Bologna, Italy

11

12

13

14 Corresponding author: Satyaban B. Ratna (S.Bishoyi-Ratna@uea.ac.uk)

15

16

17 **Key Points:**

- 18 • The positive Indian Ocean Dipole event that occurred in 2019 was among the
19 strongest in the modern instrumental record
- 20 • The 2019 Indian Summer monsoon exhibited an unusual seasonal evolution with dry
21 conditions in June but resulted in above normal rainfall
- 22 • The seasonal evolution of ISM was partly driven by a combination of equatorial
23 Pacific and Indian Ocean sea surface temperature anomalies

24

25

26 **Abstract**

27 The positive Indian Ocean Dipole (IOD) event in 2019 was among the strongest on record,
28 while the Indian Summer monsoon (ISM) was anomalously dry in June then very wet by
29 September. We investigated the relationships between the IOD, Pacific sea surface
30 temperature (SST) and ISM rainfall during 2019 with an atmospheric general circulation
31 model forced by observed SST anomalies. The results show that the extremely positive IOD
32 was conducive to a wetter-than-normal ISM, especially late in the season when the IOD
33 strengthened and was associated with anomalous low-level divergence over the eastern
34 equatorial Indian Ocean and convergence over India. However, a warm SST anomaly in the
35 central equatorial Pacific contributed to low level divergence and decreased rainfall over
36 India in June. These results help to better understand the influence of the tropical SST
37 anomalies on the seasonal evolution of ISM rainfall during extreme IOD events.

38

39 **Plain Language Summary**

40 A prominent pattern of variability in the Indian Ocean is a seesaw in sea surface temperature
41 (SST) between the eastern and western sides of the Ocean basin, called the Indian Ocean
42 Dipole (IOD). Its influence on the regional weather and climate is not yet fully established,
43 but the extremely strong IOD event in 2019 provided us the opportunity to consider its
44 impact on the Indian Summer Monsoon. By simulating the response to the anomalous SST
45 patterns that occurred in 2019, and by observation-based analyses, we find evidence that the
46 IOD did influence the monsoon rainfall in 2019, but that SST anomalies in the Pacific Ocean
47 were also important. Our simulations show that the positive IOD was conducive to wetter-
48 than-normal conditions throughout and especially at the end of the monsoon season, but that
49 anomalous warmth in the central equatorial Pacific may have contributed to reduced rainfall
50 in June over India. The results from this study help to understand the role of SST anomalies
51 within and outside the Indian Ocean in affecting ISM rainfall intensity and seasonal evolution
52 during extreme IOD events.

53

54

55 1 Introduction

56 The Indian Ocean Dipole (IOD) is one of the dominant modes of variability of the
57 tropical Indian Ocean which was discovered and named at the end of the 1990s (Saji et al
58 1999; Webster et al 1999). The IOD has been recognized as being forced by ENSO (Allan et
59 al., 2001; Baquero-Bernal et al., 2002; Huang and Kinter, 2002; Dommenges, 2011; Zhao et
60 al., 2019) as well as a self-sustained mode of oscillation (Ashok et al., 2003; Yamagata et al.,
61 2004; Behera et al., 2006), with modelling frameworks supporting both hypotheses (Fischer
62 et al., 2005; Behera et al., 2006; Wang et al., 2019; Cretat et al., 2018). The IOD has also
63 been suggested as a potential trigger for ENSO (Luo et al., 2010; Izumo et al., 2010; Zhou et
64 al., 2015; Jourdain et al., 2016; Wieners et al., 2017; Wang et al., 2019; Cai et al., 2019), with
65 IOD events co-occurring with ENSO that may fasten its phase transition (Kug and Kang,
66 2006; Kug and Ham, 2012). Past changes in the frequency and in the teleconnections of the
67 IOD have been documented on long time records (e.g. Abram et al., 2020).

68 The IOD teleconnections span from nearby countries like India (Ashok et al., 2001; Li
69 et al., 2003; Meehl et al., 2003; Wu and Kirtman, 2004; Cherchi et al., 2007; Krishnan et al.,
70 2011; Cherchi and Navarra, 2013; Krishnaswamy et al., 2015; Chowdary et al., 2016;
71 Srivastava et al., 2019, as some examples of the wide published literature available),
72 Indonesia (Pan et al., 2018), Africa (Black et al., 2003; Manatsa and Behera, 2013; Endris et
73 al., 2019) and Australia (i.e., Cai et al., 2009; Ummenhofer et al., 2013; Dey et al., 2019;
74 Hossain et al., 2020), to more remote places, like Brazil (Chan et al., 2008; Taschetto and
75 Ambrizzi, 2012; Bazo et al., 2013).

76 Here we are particularly interested on the relationship between the IOD and the Indian
77 summer monsoon (ISM). Summer monsoon rainfall over India represents the largest source
78 of annual water for the country (Mall et al., 2006; Archer et al., 2010) and is important for the
79 agrarian economy (Gadgil and Gadgil, 2006; Webster et al, 1998). Despite its annual
80 occurrence, the Indian summer monsoon is highly variable in time and space, with the largest
81 portion of its variability modulated by ENSO, as known since the beginning of the 19th
82 century (Walker, 1924; Sikka, 1980; Rasmusson and Carpenter, 1983; Kirtman and Shukla,
83 2000; Ratna et al 2011; Sikka and Ratna, 2011, as few examples). Toward the end of the 20th
84 century a weakening of the ISM-ENSO relationship has been identified (Kumar et al., 1999;
85 Kinter et al 2002) with the IOD recognized as a potential trigger of ISM rainfall. Several
86 papers reported the individual and combined influences of ENSO and IOD on ISM rainfall
87 and found that both phenomena, individually and combined, affect ISM rainfall performance

88 (Ashok et al., 2004; Sikka and Ratna, 2011; Krishnaswamy et al 2015; Li et al., 2017; Hrudya
89 et al 2020).

90 The active and break spells of monsoons are regulated by the boreal summer
91 intraseasonal oscillation (BSISO), which propagates north from the equator into the Indian
92 monsoon region and substantially affects the monsoon rainfall (Sikka and Gadgil 1980;
93 Sperber et al., 2000). Within the monsoon season, the mean structure of moisture
94 convergence and meridional specific humidity distribution undergoes significant changes in
95 contrasting IOD years, which in turn influences the meridional propagation of BSISO and
96 hence the related precipitation anomalies over India (Ajayamohan et al., 2008; Kikuchi et al.,
97 2012; Singh and Dasgupta, 2017; Konda and Vissa, 2019). At this timescale, the ocean-
98 atmosphere dynamical coupling has been found to be important to the extended Indian
99 summer monsoon break of July 2002 (e.g. Krishnan et al 2006).

100 Some recent studies have investigated the causes of the strong IOD event in 2019. In
101 particular, it has been found that the occurrence of 2019 extreme pIOD event features the
102 strongest easterly and southerly wind anomalies on record, leading to the strongest wind
103 speed that facilitated the latent cooling to overcome the increased radiative warming over the
104 eastern equatorial Indian Ocean, leading to the unique thermodynamical forcing (Wang et al.,
105 2020). The thermocline warming associated with anomalous ocean downwelling in the
106 southwest tropical Indian Ocean triggered atmospheric convection to induce easterly winds
107 anomaly along the equator and the positive feedbacks led to an IOD event (Du et al., 2020).
108 Also, the record-breaking interhemispheric pressure gradient over the Indo-Pacific region
109 induced northward cross-equatorial flow over the western Maritime Continent, able to trigger
110 strong wind-evaporation-SST and thermocline feedbacks that contributed to the strong IOD
111 (Lu and Ren, 2020). Wang and Cai (2020) described how the consecutive occurrence of
112 positive IDO in 2018 and 2019, along with the evolution of a Central Pacific El Niño,
113 influenced Australian climate. The 2019 IOD event led to unusually warm conditions in
114 many parts of East Asia during 2019–2020 winter (Doi et al 2020), though not necessarily
115 linked with the severe drought that occurred during that fall in East China (Ma et al 2020). In
116 terms of predictability, such an extreme event like the 2019 IOD could be predicted a few
117 seasons in advance (Doi et al., 2020).

118 In this study we intend to investigate the dynamical aspects of the relationship
119 between IOD and Indian summer monsoon rainfall with a specific focus on 2019. That year
120 was peculiar in terms of the seasonal evolution of precipitation over India with dry conditions
121 at the beginning of the monsoon season and very wet conditions toward the end (Sunitha

122 Devi et al., 2020). In particular, we designed a set of sensitivity experiments to verify the role
123 of anomalous SST in the Indian Ocean, i.e. the developing IOD that year, and the SST
124 anomalies elsewhere. The work is organized as follows: Section 2 describes the data used for
125 the analysis as well as the model and experiments performed. Section 3 is dedicated to the
126 observed characteristics of IOD and ISM during 2019 with specific attention to the evolution
127 within the summer season. Section 4 shows the results from the sensitivity experiments
128 performed, including a discussion of the main results obtained. Finally, section 5 summarizes
129 the main finding and provide future perspectives from this analysis.

130

131 **2 Methods**

132 **2.1 Observed datasets and indices**

133 The SST anomaly difference between the west (50°E-70°E, 10°S-10°N) and east
134 (90°E-110°E, 10°S-0°) equatorial Indian Ocean, identified as the Dipole Mode Index (DMI;
135 Saji et al., 1999), is used as the metric for the IOD and we computed it using three different
136 datasets: Extended Reconstructed Sea Surface Temperature v5 (ERSST; Huang et al., 2017)
137 available at 2° latitude-longitude degree resolution, National Oceanic and Atmospheric
138 Administration optimum interpolation SST version 2 (NOAA OISSTv2; Reynolds et al.,
139 2002) available at 0.25° resolution, and Hadley Centre Sea Ice and Sea Surface Temperature
140 data set v1.1 (HadISST; Rayner et al., 2003) available at 1° resolution. Other indices used
141 are: Nino3.4 (area averaged SST anomaly over equatorial Pacific, 5°N-5°S 170°W-120°W)
142 from https://psl.noaa.gov/gcos_wgsp/Timeseries/Nino34/ and El Nino-Modoki (Ashok et al.,
143 2007; Weng et al, 2007) from <http://www.jamstec.go.jp/virtualearth/general/en/index.html> .

144 For rainfall we used the Global Precipitation Climatology Project (GPCP) data (Adler
145 et al., 2003) available at 2.5° resolution. We also have used the Homogeneous Indian
146 Monthly Rainfall Data Sets (Kothawale and Rajeevan, 2017) from
147 https://tropmet.res.in/static_pages.php?page_id=53. Other atmospheric variables and the
148 global SST field are taken from National Center for Environmental Prediction-Department of
149 Energy (NCEP-DOE) Reanalysis 2 (Kanamitsu et al., 2002) available at 2.5 degree
150 resolution. All anomalies are calculated with respect to the 1981-2010 climatology.

151

152 **2.2 The IGCM4 model and sensitivity experiments**

153 The Intermediate General Circulation Model version 4 (IGCM4; Joshi et al. 2015) is a
154 global spectral primitive equation atmospheric model with a spectral truncation at T42

155 (corresponding to 128x64 grid points in the horizontal) and 20 layers in the vertical, with the
156 top at 50 hPa. This configuration, i.e. T42L20, is the standard for studies of the troposphere
157 and climate (Joshi et al. 2015). IGCM4 has been extensively used in climate research, process
158 modelling and atmospheric dynamics (van der Wiel et al., 2016; O' Callaghan et al., 2014;
159 Ratna et al., 2020). The IGCM4 gives a good representation of the mean climate state (Joshi
160 et al, 2015), in particular the simulated climatology and annual cycle over Asia is in
161 reasonable agreement with the reanalysis for temperature and precipitation (Ratna et al.,
162 2020). The physical parameterization schemes used here are the same as in Joshi et al (2015)
163 and Ratna et al (2020).

164 The set of experiments performed with the IGCM4 consist of a control simulation
165 (CTRL) with prescribed SST obtained from a climatology (1981-2010) of the skin
166 temperature in the NCEP-DOE Reanalysis 2 (Kanamitsu et al, 2002) and two sensitivity
167 experiments where the 2019 SST anomaly is added to the CTRL climatology globally
168 (IODglob) and only over the Indian Ocean (IODreg). All other boundaries conditions are the
169 same as in CTRL. The surface albedo has been adjusted to indicate the presence or absence
170 of sea ice according to whether the new surface temperature was below freezing. We used the
171 greenhouse gas concentration in the model which is close to the 1995 value, the midpoint of
172 the 1981-2010 climatology. For each simulation, the model is integrated for 55 years and the
173 mean of the last 50 years is analysed, excluding the first five years as model spin up. These
174 simulations are long enough to allow a clear separation of the response to the SST anomalies
175 from the internally generated variability, especially for “noisy” variables such as
176 precipitation.

177

178 **3 2019 Indian Ocean Dipole and Indian Summer Monsoon**

179 The Indian Ocean Dipole (IOD) was unusually strong in 2019 (Fig. 1a). The positive
180 IOD event was the strongest of the last two decades, and possibly the strongest of the last 38
181 years. The Sep-Nov 2019 DMI was four standard deviations above the 1981-2010
182 climatology in the ERSST data. This exceeded the previous strong event of 1997 in the
183 ERSST and NOAA-OI-SST datasets, while 1997 remained the strongest in HadISST (Fig.
184 S1). The 2019 positive IOD phase arose from both negative SST anomalies over the eastern
185 equatorial Indian Ocean (EEIO) and warm SST anomalies over the western equatorial Indian
186 Ocean (WEIO) from June to October (Fig 1c-h). However, the evolution of the event was
187 strongly determined by the EEIO, which largely cooled from climatological conditions in

188 May to almost 1 K cooler than normal by October. On the other hand, the WEIO stayed more
189 constant (i.e. less than 1 K warmer than normal) throughout the period (Fig. 1b).

190 The total seasonal (June-September) rainfall over India was 110% with respect to its
191 long period average, with the June rainfall quite low (67%) while the September one quite
192 excessive (152%) (Yadav et al., 2020). These conditions have been part of large-scale rainfall
193 anomalies observed in the regions surrounding the Indian Ocean in 2019 (Fig. 2a, d and g). In
194 this study we are interested to understand what anomalous climate conditions within the 2019
195 summer season contributed to monsoon rainfall variation from a dry June to a wet September
196 over India.

197 The annual evolution of the IOD index is compared with ENSO associated indices for
198 the year 2019 (Fig 1b). The IOD is strong compared to the rest of indices during 2019 so it is
199 interesting to consider the role of IOD on the seasonal evolution of ISM rainfall. The IOD
200 index intensified from July and reached its peak during October-November (Fig 1b), due to
201 the strengthening of the SST anomaly in the EEIO, as noted above. Nino3.4 SST indicates
202 that ENSO condition was slightly positive in June, before decreasing in strength to reach zero
203 anomaly in September. El Nino Modoki index, which is indicator of a central Pacific SST
204 anomaly, remained slightly above normal throughout the year (Fig. 1c-h).

205 We have compared (Fig. S2) the seasonal evolution of the IOD, Pacific indices and
206 ISM rainfall (Table S1) with three other strong IOD events (1994, 1997, 2006) to consider if
207 they support our finding that a strengthening positive IOD may be associated with a wetter
208 ISM when not overwhelmed by ENSO influences. In 1994, a positive IOD strengthened
209 further from June to August. Although the central Pacific was warmer than normal, El Nino
210 conditions were not reached, perhaps allowing the IOD to dominate and contribute to above-
211 average ISM rainfall in most months and in the seasonal total (Ashok et al., 2004; Sikka and
212 Ratna, 2011). By contrast, 1997 was dominated by a very strong El Nino, though the
213 expected ENSO-induced anomalous subsidence may have been neutralized/reduced by
214 anomalous IOD-induced convergence over the Bay of Bengal (Behera et al., 1999; Ashok et
215 al, 2001) and contributed to a near-normal ISM season. During 2006, the onset of positive
216 IOD was late compared to the other years considered, perhaps contributing to above normal
217 rainfall in the final months of the ISM (the Modoki index was close to normal and Nino3.4
218 only warmed to an El Nino state later in the year). Overall, out of these four years, the two
219 with the strongest positive IOD and relatively weak Nino3.4 anomalies (1994 and 2019) had
220 excess ISM rainfall (+15% and +16% with respect to the 1981-2010 climatology, Table S1).

221 There was a smaller increase in ISM rainfall in 2006 (+9%) when the IOD event developed
222 later, while 1997 had a strong El Nino and a normal ISM season (+2%).

223 **4 Mechanisms contributing to the anomalous 2019 Indian summer monsoon rainfall**

224 To understand the contribution that SST forcing may make to the 2019 rainfall
225 variability over the Indian landmass, we compared the model simulated anomaly (IODglob
226 and IODreg as explained in Section 2) with the observed anomaly. Following the design of
227 the experiments, the comparison is focused in the identification of the rainfall pattern
228 anomalies in the different cases. Of course, we do not expect perfect agreement, even were
229 the model perfect, because of internal atmospheric variability unrelated to the 2019 SST
230 anomalies. Nevertheless, both sensitivity experiments reproduce a dipole precipitation
231 anomaly over the south equatorial Indian Ocean (dry in the east, wet in the west; Fig. 2a-c)
232 during the whole monsoon season (June-September) that closely resembles the observed
233 pattern. Observed Jun-Sep precipitation is above average over the Indian land mass and over
234 the Bay of Bengal, and both experiments simulate a qualitatively similar pattern. Instead, the
235 intensity of the anomaly is larger when the model is forced with only Indian Ocean SST
236 anomalies (IODreg; Fig. 2c) compared to the global SST (IODglob) anomaly (Fig. 2b). This
237 indicates the importance of the 2019 Indian Ocean SST anomaly in contributing to wet
238 conditions over India, though it is modulated by SST anomalies elsewhere.

239 The comparison of the sensitivity experiments also illuminates on the possible
240 mechanisms behind the two contrasting months of the season (i.e. dry June and wet
241 September). In June, the model response to Indian Ocean SST forcing produces a stronger
242 south-westerly monsoon flow and wet anomalies over western India (IODreg; Fig. 2f),
243 whereas including SST anomalies from other ocean basins (IODglob; Fig. 2e) suppresses the
244 wet anomaly and brings the simulated response closer to the observations (with the exception
245 of the western Indian Ocean). The negative rainfall anomaly over EEIO is also stronger in
246 IODglob compared to IODreg and more similar to the observations. On the other hand, both
247 IODglob and IODreg experiments have a wet anomaly over India in September, as is also
248 seen in the observations (though the observed anomaly is stronger and more extensive).
249 These results indicate that the 2019 Indian Ocean SST anomalies suppress rainfall in the
250 EEIO and favour a wetter than normal Indian monsoon, but that in June the latter is more
251 than offset by a response to the SST anomaly outside the Indian Ocean, resulting in the dry
252 anomaly, as it is observed.

253 Considering the whole 2019 season, stronger low-level southerly wind anomalies
254 dominated over the Bay of Bengal due to low level divergence over EEIO associated with the

255 very positive IOD (Fig. 2a,b,c). The low-level winds are similar to Behera and Ratnam
256 (2018) where they show low level westerlies and southerlies towards India originated from
257 the EEIO but they do not show any significant cross equatorial flow in their positive IOD
258 events composite. Over the Arabian Sea, the IODreg simulation has stronger south-westerly
259 anomaly compared to IODglob and hence simulates excess rainfall (Fig. 2a, b, c). In June, the
260 dry anomaly observed over India is related to low-level anomalous anticyclonic circulation
261 over central-east India and adjacent Bay of Bengal and to anomalous easterlies prevailing in
262 the peninsular India (Fig 2d). Both circulation features reduced the monsoon flow towards
263 India and hence contributed to the negative rainfall anomaly over India. IODglob realistically
264 simulated both these anomalous circulation features (Fig. 2e), whereas IODreg did not and it
265 shows strong south-westerly flow reaching the Indian landmass (Fig. 2f). In September 2019,
266 observations show that there was a strong anomalous south-westerly flow towards Indian
267 landmass and associated cyclonic circulation over central west India, contributing to the
268 excess rainfall (Fig. 2g). Both sensitivity experiments (Fig. 2h and 2i) simulated anomalously
269 strong south-westerly flow and anomalous cyclonic circulation over India, though they are
270 not as strong as observed.

271 Consistent with precipitation and low-level wind patterns, there is convergence in the
272 upper troposphere over the Maritime Continent and EEIO in September when the IOD is at
273 its peak (Fig. 3b), but such convergence does not appear in June (Fig. 3a) when the IOD is
274 developing and there are still warm SST anomalies over the equatorial Pacific (Fig. 1). In the
275 IODglob experiment (Fig. 3c) we see that the model responds strongly to these equatorial
276 Pacific SST anomalies in June, causing strong upper level divergence over east equatorial
277 Pacific and convergence over the Maritime Continent. The opposite circulation is seen at
278 lower levels (see Fig. S2 for the 850 hPa velocity potential and divergent winds) which
279 causes low level divergence extending from the Maritime Continent to the Bay of Bengal and
280 Indian landmass, contributing to negative rainfall anomaly in June. In IODreg, where the
281 model is forced with the 2019 SST anomaly only over the Indian Ocean, the model responds
282 with upper level (lower level) divergence (convergence) over the Indian Ocean and over
283 India (extending from Australia via WEIO to India; Fig. 3e and S2), which would have
284 contributed to a positive rainfall anomaly in June. The model simulated velocity potential
285 anomaly explains the model simulated rainfall and its link with Indian Ocean and Pacific
286 Ocean SST anomaly, and indicates that the response is more closely linked with the
287 equatorial Pacific SST rather with the SST anomalies in the extratropical North Pacific which
288 were also large in 2019. Both sensitivity experiments simulate upper level divergence over

289 EEIO region in September, although in IODglob it is stronger than in IODreg, and this
290 explains the link between the Indian Ocean SST anomaly and the circulation and rainfall
291 anomalies.

292

293 **5 Conclusions**

294 One of the strongest positive IOD events in the historical period occurred in 2019.
295 The evolution of the 2019 IOD was characterized by a cold anomaly over the EEIO which
296 started strengthening from June and reached its peak in October, remaining strong until
297 November. In the same year, the Indian summer monsoon season experienced peculiar
298 behaviour with weak rainfall during June (despite the IOD index being already in its positive
299 phase). Then the monsoon gained its strength from July, ending with an anomalous wet
300 September and contributing to above-normal seasonal rainfall.

301 With a suite of atmospheric GCM experiments we have been able to evidence the role
302 of the IOD and of the SST anomalies elsewhere in the seasonal evolution of rainfall and
303 circulation anomalies during the 2019 summer monsoon. The anomalous SST gradient
304 between the west and east equatorial Indian Ocean drives a dipole in equatorial precipitation
305 anomalies and anomalous low-level circulation that would, in isolation, lead to a wetter than
306 normal Indian summer monsoon across the monsoon season including June and September.
307 However, when forcing the IGCM4 model with the global pattern of SST anomalies observed
308 in 2019, the response changes, particularly in June. Although not considered to be an El
309 Nino, the first half of 2019 did exhibit anomalously warm conditions in the central Pacific
310 (visible in the Nino3.4 index) that dissipated by September. The model responds to this
311 equatorial Pacific warmth with upper-level divergence over the equatorial Pacific and
312 convergence over the Maritime Continent. This causes low-level divergence extending from
313 the Maritime Continent to the Bay of Bengal and the Indian landmass, contributing to a
314 negative rainfall anomaly there in June. By September, this response to remote forcing from
315 the Pacific weakens (likely linked in part to the weakening of the Nino3.4 SST anomaly
316 there), leaving the response to the Indian Ocean SST anomalies (linked to the very strong
317 IOD) to dominate. This response arises from strong IOD-related low-level divergence over
318 EEIO and convergence over the Indian landmass, contributing to excessive rainfall.

319 The similarity between the model simulations and observed/reanalysis data provides
320 evidence that these mechanisms occurred in the real world in 2019, i.e. that there was a
321 contrasting contribution from the Pacific and Indian Ocean SST anomalies to ISM rainfall.
322 The tropical Pacific SST contributed to a drying tendency over India while the IOD

323 contributed to anomalous wet conditions over India. The Pacific effect dominated in June,
324 contributing to the dry anomalies observed, but the weakening Pacific SST anomalies and
325 especially the dramatic strengthening of the IOD led to the latter dominating by September
326 and having a significant contribution to the very wet September observed.

327 The observed June and September rainfall anomalies were more extreme than those
328 simulated in these SST-forced experiments, reinforcing the role that internal atmospheric
329 variability plays in any particular month or season. Nevertheless, the results from this study
330 help to understand the role of SST anomalies within and outside the Indian Ocean in affecting
331 ISM rainfall intensity and seasonal evolution during extreme IOD events. This is important
332 for improving seasonal predictions of Indian summer monsoon, and our results also highlight
333 that, to predict the seasonal evolution of ISM rainfall, Pacific SST anomalies must be
334 considered even when there is an extremely strong IOD. For example, Li et al (2017) show
335 that the majority of CMIP5 models simulate an unrealistic present-day IOD-ISM correlation
336 due to an overly strong control by ENSO and hence a positive IOD is associated with a
337 reduction of ISM rainfall in the simulated present-day climate. Hence, coupled climate
338 models need to improve their simulation of these type of linkages.

339

340 **Acknowledgements**

341 This study is supported by the Belmont Forum and JPI-Climate project INTEGRATE
342 (An Integrated data-model study of interactions between tropical monsoons and extratropical
343 climate variability and extremes) with funding by UK NERC grant NE/P006809/1. The
344 model experiments were conducted on the High Performance Compute Cluster at the
345 University of East Anglia. We thank the two anonymous reviewers for their constructive
346 comments.

347

348 **Data Availability Statement**

349 The data used in this study can be downloaded from the following websites:
350 ERSST (<https://psl.noaa.gov/data/gridded/data.noaa.ersst.v5.html>);
351 OISST (<https://psl.noaa.gov/data/gridded/data.noaa.oisst.v2.html>);
352 HadISST (<https://www.metoffice.gov.uk/hadobs/hadisst/>);
353 GPCP (<https://psl.noaa.gov/data/gridded/data.gpcp.html>);
354 NCEP-DOE Reanalysis 2 (<https://psl.noaa.gov/data/gridded/data.ncep.reanalysis2.html>)
355 Nino3.4 (https://psl.noaa.gov/gcos_wgsp/Timeseries/Nino34/);
356 El Niño Modoki (<http://www.jamstec.go.jp/virtualearth/general/en/index.html>);

357 Indian Monthly Rainfall Data (https://tropmet.res.in/static_pages.php?page_id=53);
358 The model used in this study is described in (Joshi et al. 2015;
359 <https://gmd.copernicus.org/articles/8/1157/2015/>)

360
361

362 **References**

- 363 Abram, N. J., Wright, N. M., Ellis, B., Dixon, B. C., Wurtzel, J. B., England, M. H., et al.
364 (2020). Coupling of Indo-Pacific climate variability over the last millennium. *Nature*, 579,
365 385-392. <https://doi.org/10.1038/s41586-020-2084-4>
- 366 Adler, R. F., Huffman, G. J., Chang, A., Ferraro, R., Xie, P. P., Janowiak, J., et al. (2003).
367 The version-2 global precipitation climatology project (GPCP) monthly precipitation
368 analysis (1979-present). *Journal of Hydrometeorology*. [https://doi.org/10.1175/1525-](https://doi.org/10.1175/1525-7541(2003)004<1147:TVGPCP>2.0.CO;2)
369 [7541\(2003\)004<1147:TVGPCP>2.0.CO;2](https://doi.org/10.1175/1525-7541(2003)004<1147:TVGPCP>2.0.CO;2)
- 370 Ajayamohan, R. S., Rao, S. A. & Yamagata, T. (2008). Influence of Indian Ocean Dipole on
371 Poleward Propagation of Boreal Summer Intraseasonal Oscillations. *J. Climate*, 21, 5437–
372 5454, <https://doi.org/10.1175/2008JCLI1758.1>.
- 373 Allan, R. J., Chambers, D., Drosowsky, W., Hendon, H., Latif, M., Nicholls, N., et al.
374 (2001). Is there an Indian Ocean dipole and is it independent of the El Niño-Southern
375 Oscillation? *CLIVAR Exchanges*, 6, 18–22.
- 376 Archer, D. R., Forsythe, N., Fowler, H. J., & Shah, S. M. (2010). Sustainability of water
377 resources management in the Indus Basin under changing climatic and socio economic
378 conditions. *Hydrology and Earth System Sciences*, 14(8):1669–80.
379 <https://doi.org/10.5194/hess-14-1669-2010>
- 380 Ashok, K., Behera, S. K., Rao, S. A., Weng, H., & Yamagata, T. (2007). El Niño Modoki and
381 its possible teleconnection. *Journal of Geophysical Research: Oceans*, 112, C11007.
382 <https://doi.org/10.1029/2006JC003798>
- 383 Ashok, K., Guan, Z., & Yamagata, T. (2001). Impact of the Indian Ocean dipole on the
384 relationship between the Indian monsoon rainfall and ENSO. *Geophysical Research*
385 *Letters*, 28, 4499-4502. <https://doi.org/10.1029/2001GL013294>
- 386 Ashok, K., Guan, Z., & Yamagata, T. (2003). A look at the relationship between the ENSO
387 and the Indian Ocean Dipole. *Journal of the Meteorological Society of Japan*, 81, 41-56.
388 <https://doi.org/10.2151/jmsj.81.41>

- 389 Ashok, K., Guan, Z., Saji, N. H., & Yamagata, T. (2004). Individual and combined influences
390 of ENSO and the Indian Ocean Dipole on the Indian summer monsoon. *Journal of*
391 *Climate*. [https://doi.org/10.1175/1520-0442\(2004\)017<3141:IACIOE>2.0.CO;2](https://doi.org/10.1175/1520-0442(2004)017<3141:IACIOE>2.0.CO;2)
- 392 Baquero-Bernal, A., Latif, M., & Legutke, S. (2002). On dipolelike variability of sea surface
393 temperature in the tropical Indian Ocean. *Journal of Climate*, 15, 1358-1368.
394 [https://doi.org/10.1175/1520-0442\(2002\)015<1358:ODVOSS>2.0.CO;2](https://doi.org/10.1175/1520-0442(2002)015<1358:ODVOSS>2.0.CO;2)
- 395 Bazo, J., Lorenzo, M. D. L. N., & Porfirio Da Rocha, R. (2013). Relationship between
396 monthly rainfall in NW peru and tropical sea surface temperature. *Advances in*
397 *Meteorology*. <https://doi.org/10.1155/2013/152875>
- 398 Behera, S. K., & Ratnam, J. V. (2018). Quasi-asymmetric response of the Indian summer
399 monsoon rainfall to opposite phases of the IOD. *Scientific Reports*.
400 <https://doi.org/10.1038/s41598-017-18396-6>
- 401 Behera, S. K., Luo, J. J., Masson, S., Rao, S. A., Sakuma, H., & Yamagata, T. (2006). A
402 CGCM study on the interaction between IOD and ENSO. *Journal of Climate*, 19, 1608-
403 1705. <https://doi.org/10.1175/JCLI3797.1>
- 404 Black, E., Slingo, J., & Sperber, K. R. (2003). An observational study of the relationship
405 between excessively strong short rains in coastal East Africa and Indian ocean SST.
406 *Monthly Weather Review*, 31, 74-94. [https://doi.org/10.1175/1520-0493\(2003\)131<0074:AOSOTR>2.0.CO;2](https://doi.org/10.1175/1520-0493(2003)131<0074:AOSOTR>2.0.CO;2)
- 407 [https://doi.org/10.1175/1520-0493\(2003\)131<0074:AOSOTR>2.0.CO;2](https://doi.org/10.1175/1520-0493(2003)131<0074:AOSOTR>2.0.CO;2)
- 408 Cai, W., Cowan, T., & Raupach, M. (2009). Positive Indian Ocean Dipole events
409 precondition southeast Australia bushfires, *Geophys. Res. Lett.*, **36**, L19710,
410 doi: [10.1029/2009GL039902](https://doi.org/10.1029/2009GL039902) Cai, W., Wu, L., Lengaigne, M., Li, T., McGregor, S., Kug,
411 J. S., et al. (2019). Pantropical climate interactions. *Science*, 363, 6430.
412 <https://doi.org/10.1126/science.aav4236>
- 413 Chan, S. C., Behera, S. K., & Yamagata, T. (2008). Indian Ocean Dipole influence on South
414 American rainfall. *Geophysical Research Letters*, 35, L14S12.
415 <https://doi.org/10.1029/2008GL034204>
- 416 Cherchi, A., & Navarra, A. (2013). Influence of ENSO and of the Indian Ocean Dipole on the
417 Indian summer monsoon variability. *Climate Dynamics*, 41, 81-103.
418 <https://doi.org/10.1007/s00382-012-1602-y>
- 419 Cherchi, A., Gualdi, S., Behera, S., Luo, J. J., Masson, S., Yamagata, T., & Navarra, A.
420 (2007). The influence of tropical Indian Ocean SST on the Indian summer monsoon. In
421 *Journal of Climate*, 20, 3083-3105. <https://doi.org/10.1175/JCLI4161.1>

- 422 Chowdary, J. S., Parekh, A., Kakatkar, R., Gnanaseelan, C., Srinivas, G., Singh, P., & Roxy,
423 M. K. (2016). Tropical Indian Ocean response to the decay phase of El Niño in a coupled
424 model and associated changes in south and east-Asian summer monsoon circulation and
425 rainfall. *Climate Dynamics*, 47, 831-844. <https://doi.org/10.1007/s00382-015-2874-9>
- 426 Crétat, J., Terray, P., Masson, S., & Sooraj, K. P. (2018). Intrinsic precursors and timescale
427 of the tropical Indian Ocean Dipole: insights from partially decoupled numerical
428 experiment. *Climate Dynamics*, 51, 1311-1352. [https://doi.org/10.1007/s00382-017-3956-](https://doi.org/10.1007/s00382-017-3956-7)
429 7
- 430 Dey, R., Lewis, S. C., & Abram, N. J. (2019). Investigating observed northwest Australian
431 rainfall trends in Coupled Model Intercomparison Project phase 5 detection and attribution
432 experiments. *International Journal of Climatology*, 39, 112-127.
433 <https://doi.org/10.1002/joc.5788>
- 434 Doi, T., Behera, S. K., & Yamagata, T. (2020). Predictability of the Super IOD Event in 2019
435 and Its Link With El Niño Modoki. *Geophysical Research Letters*, 47.
436 <https://doi.org/10.1029/2019GL086713>
- 437 Doi, T., Behera, S. K., & Yamagata, T. (2020). Wintertime impacts of the 2019 super IOD on
438 East Asia. *Geophysical Research Letters*, 47, e2020GL089456.
439 <https://doi.org/10.1029/2020GL089456>
- 440 Dommenges, D. (2011). An objective analysis of the observed spatial structure of the tropical
441 Indian Ocean SST variability. *Climate Dynamics*, 36, 2129-2145.
442 <https://doi.org/10.1007/s00382-010-0787-1>
- 443 Du, Y., Zhang, Y., Zhang, L.-Y., Tozuka, T., Ng, B., & Cai, W. (2020). Thermocline
444 warming induced extreme Indian Ocean dipole in 2019. *Geophysical Research Letters*, 47,
445 e2020GL090079, <https://doi.org/10.1029/2020GL090079>
- 446 Endris, H. S., Lennard, C., Hewitson, B., Dosio, A., Nikulin, G., & Artan, G. A. (2019).
447 Future changes in rainfall associated with ENSO, IOD and changes in the mean state over
448 Eastern Africa. *Climate Dynamics*, 52, 2029-2053. [https://doi.org/10.1007/s00382-018-](https://doi.org/10.1007/s00382-018-4239-7)
449 4239-7
- 450 Fischer, A. S., Terray, P., Guilyardi, E., Gualdi, S., & Delecluse, P. (2005). Two independent
451 triggers for the Indian Ocean dipole/zonal mode in a coupled GCM. *Journal of Climate*,
452 18(17), 3428–3449. <https://doi.org/10.1175/JCLI3478.1>
- 453 Gadgil, S., & Gadgil, S. (2006). The Indian monsoon, GDP and agriculture. *Economic &*
454 *Political Weekly*, 41(47): 4887–4895.

- 455 Hossain, I., Rasel, H. M., Imteaz, M. A., & Mekanik, F. (2020). Long-term seasonal rainfall
456 forecasting using linear and non-linear modelling approaches: a case study for Western
457 Australia. *Meteorology and Atmospheric Physics*, 132, 131-141.
458 <https://doi.org/10.1007/s00703-019-00679-4>
- 459 Hrudya, P. H., Varikoden, H., & Vishnu, R. (2020). A review on the Indian summer monsoon
460 rainfall, variability and its association with ENSO and IOD. *Meteorology and*
461 *Atmospheric Physics*. <https://doi.org/10.1007/s00703-020-00734-5>
462 http://imdpune.gov.in/Clim_Pred_LRF_New/Reports/Monsoon_Report_2019/Chapter_9.pdf
- 463 Huang, Bohua. (2002). Interannual variability in the tropical Indian Ocean. *Journal of*
464 *Geophysical Research*, 107 (C11). <https://doi.org/10.1029/2001jc001278>
- 465 Huang, Boyin, Thorne, P. W., Banzon, V. F., Boyer, T., Chepurin, G., Lawrimore, J. H., et al.
466 (2017). Extended reconstructed Sea surface temperature, Version 5 (ERSSTv5): Upgrades,
467 validations, and intercomparisons. *Journal of Climate*. [https://doi.org/10.1175/JCLI-D-16-](https://doi.org/10.1175/JCLI-D-16-0836.1)
468 [0836.1](https://doi.org/10.1175/JCLI-D-16-0836.1)
- 469 Izumo, T., Vialard, J., Lengaigne, M., De Boyer Montegut, C., Behera, S. K., Luo, J. J., et al.
470 (2010). Influence of the state of the Indian Ocean Dipole on the following years El Niño.
471 *Nature Geoscience*, 3, 168-172. <https://doi.org/10.1038/ngeo760>
- 472 Joshi, M., Stringer, M., Van Der Wiel, K., O'Callaghan, A., & Fueglistaler, S. (2015).
473 IGCM4: A fast, parallel and flexible intermediate climate model. *Geoscientific Model*
474 *Development*. <https://doi.org/10.5194/gmd-8-1157-2015>
- 475 Jourdain, N. C., Lengaigne, M., Vialard, J., Izumo, T., & Gupta, A. Sen. (2016). Further
476 insights on the influence of the Indian Ocean dipole on the following year's ENSO from
477 observations and CMIP5 models. *Journal of Climate*, 29, 637-658.
478 <https://doi.org/10.1175/JCLI-D-15-0481.1>
- 479 Kanamitsu, M., Ebisuzaki, W., Woollen, J., Yang, S. K., Hnilo, J. J., Fiorino, M., & Potter,
480 G. L. (2002). NCEP-DOE AMIP-II reanalysis (R-2). *Bulletin of the American*
481 *Meteorological Society*, 83, 1631–1643. <https://doi.org/10.1175/bams-83-11-1631>
- 482 Kikuchi, K., Wang, B. & Kajikawa, Y. (2012). Bimodal representation of the tropical
483 intraseasonal oscillation. *Clim Dyn* 38, 1989–2000. [https://doi.org/10.1007/s00382-011-](https://doi.org/10.1007/s00382-011-1159-1)
484 [1159-1](https://doi.org/10.1007/s00382-011-1159-1)
- 485 Kinter, I. L., Miyakoda, K., & Yang, S. (2002). Recent change in the connection from the
486 Asian monsoon to ENSO. *Journal of Climate*, 15, 1203-1215.
487 [https://doi.org/10.1175/1520-0442\(2002\)015<1203:RCITCF>2.0.CO;2](https://doi.org/10.1175/1520-0442(2002)015<1203:RCITCF>2.0.CO;2)

- 488 Kirtman, B. P., & Shukla, J. (2000). Influence of the Indian summer monsoon on ENSO.
489 Quarterly Journal of the Royal Meteorological Society, 126, 213-239.
490 <https://doi.org/10.1002/qj.49712656211>
- 491 Konda, G. & Vissa, N.K. (2019). Intraseasonal Convection and Air–Sea Fluxes Over the
492 Indian Monsoon Region Revealed from the Bimodal ISO Index. *Pure Appl.*
493 *Geophys.* **176**, 3665–3680. <https://doi.org/10.1007/s00024-019-02119-1>
- 494 Kothawale D.R. & Rajeevan M., (2017) Monthly, Seasonal and Annual Rainfall Time Series
495 for All India, Homogeneous Regions and Meteorological Subdivisions: 1871-2016, IITM
496 Research Report No. RR-138. Krishnan, R., Ayantika, D. C., Kumar, V., & Pokhrel, S.
497 (2011). The long-lived monsoon depressions of 2006 and their linkage with the Indian
498 Ocean Dipole. *International Journal of Climatology*, 31, 1334-1352.
499 <https://doi.org/10.1002/joc.2156>
- 500 Krishnan, R., K. Ramesh, V., Samala, B. K., Meyers, G., Slingo, J. M. & Fennessy, M. J.
501 (2006). Indian Ocean-monsoon coupled interactions and impending monsoon droughts,
502 *Geophys. Res. Lett.*, 33, L08711, doi:10.1029/2006GL025811.
- 503 Krishnaswamy, J., Vaidyanathan, S., Rajagopalan, B., Bonell, M., Sankaran, M., Bhalla, R.
504 S., & Badiger, S. (2015). Non-stationary and non-linear influence of ENSO and Indian
505 Ocean Dipole on the variability of Indian monsoon rainfall and extreme rain events.
506 *Climate Dynamics*, 45, 175-184. <https://doi.org/10.1007/s00382-014-2288-0>
- 507 Kug, J. S., & Ham, Y. G. (2012). Indian ocean feedback to the ENSO transition in a
508 multimodel ensemble. *Journal of Climate*, 25, 6942-6957. [https://doi.org/10.1175/JCLI-D-](https://doi.org/10.1175/JCLI-D-12-00078.1)
509 [12-00078.1](https://doi.org/10.1175/JCLI-D-12-00078.1)
- 510 Kug, J. S., Kirtman, B. P., & Kang, I. S. (2006). Interactive feedback between ENSO and the
511 Indian Ocean in an interactive ensemble coupled model. *Journal of Climate*, 19, 1784-
512 1801. <https://doi.org/10.1175/JCLI3980.1>
- 513 Kumar, K. K., Rajagopalan, B., & Cane, M. A. (1999). On the weakening relationship
514 between the Indian monsoon and ENSO. *Science*, 284, 2156-2159.
515 <https://doi.org/10.1126/science.284.5423.2156>
- 516 Li, T., Wang, B., Chang, C. P., & Zhang, Y. (2003). A theory for the Indian Ocean dipole-
517 zonal mode. *Journal of the Atmospheric Sciences*, 60, 2119-2135.
518 [https://doi.org/10.1175/1520-0469\(2003\)060<2119:ATFTIO>2.0.CO;2](https://doi.org/10.1175/1520-0469(2003)060<2119:ATFTIO>2.0.CO;2)
- 519 Li, Z., Lin, X. & Cai, W. (2017). Realism of modelled Indian summer monsoon correlation
520 with the tropical Indo-Pacific affects projected monsoon changes. *Scientific Reports*, 7,
521 4929. <https://doi.org/10.1038/s41598-017-05225-z>

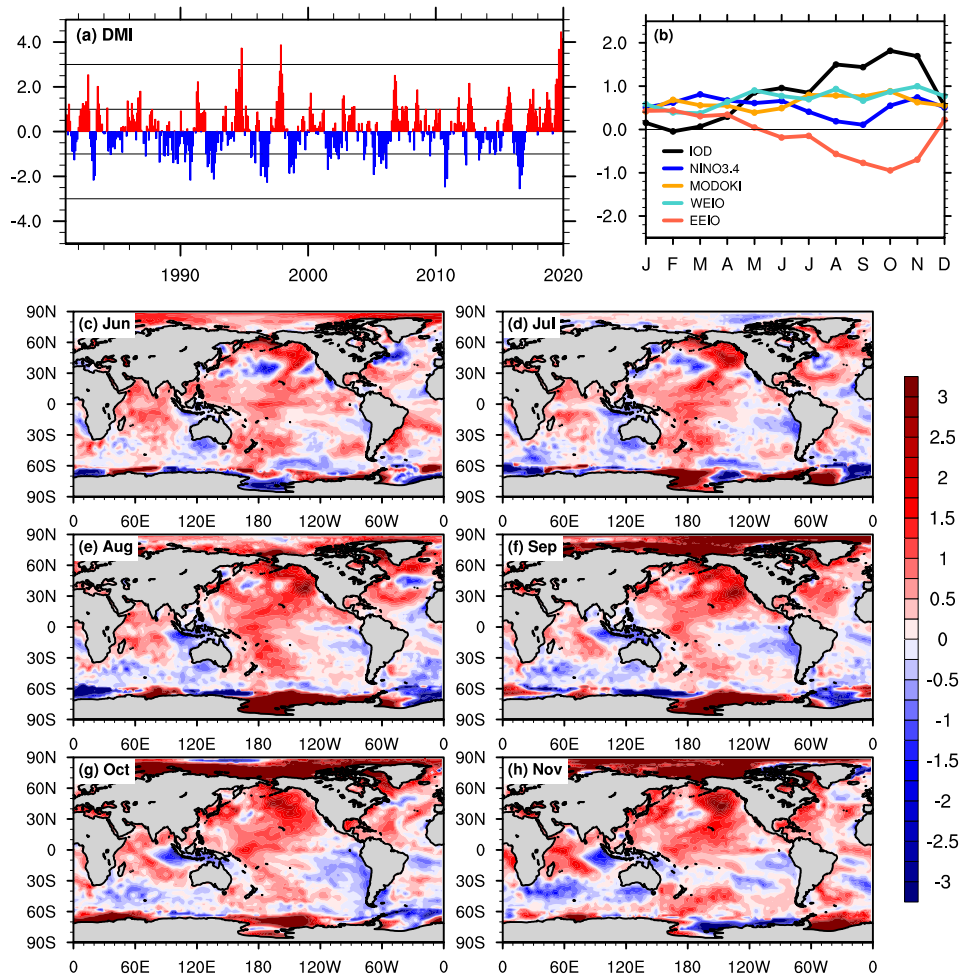
- 522 Lu, B., & Ren, H. L. (2020). What Caused the Extreme Indian Ocean Dipole Event in 2019?
523 *Geophysical Research Letters*, 47, e2020GL087768. <https://doi.org/10.1029/2020GL087768>
- 524 Luo, J. J., Zhang, R., Behera, S. K., Masumoto, Y., Jin, F. F., Lukas, R., & Yamagata, T.
525 (2010). Interaction between El Niño and extreme Indian Ocean dipole. *Journal of Climate*,
526 23, 726-742. <https://doi.org/10.1175/2009JCLI3104.1>
- 527 Ma, S. M., C. W. Zhu, & J. Liu. (2020). Combined impacts of warm central equatorial
528 Pacific sea surface temperatures and anthropogenic warming on the 2019 severe drought
529 in East China. *Adv. Atmos. Sci.*, 37(11), 1149–1163, [https://doi.org/10.1007/s00376-020-](https://doi.org/10.1007/s00376-020-0077-8)
530 [0077-8](https://doi.org/10.1007/s00376-020-0077-8).
- 531 Mall, R. K., Gupta, A., Singh, R., Singh, R. S., & Rathore, L. S. (2006). Water resources and
532 climate change: An Indian perspective. *Current Science*, 90(12):1610–26.
- 533 Manatsa, D., & Behera, S. K. (2013). On the epochal strengthening in the relationship
534 between rainfall of East Africa and IOD. *Journal of Climate*, 26, 5655-5673.
535 <https://doi.org/10.1175/JCLI-D-12-00568.1>
- 536 Meehl, G. A., Arblaster, J. M., & Loschnigg, J. (2003). Coupled ocean-atmosphere
537 dynamical processes in the tropical Indian and Pacific Oceans and the TBO. *Journal of*
538 *Climate*, 16, 2138-2158. <https://doi.org/10.1175/2767.1>
- 539 O’Callaghan, A., Joshi, M., Stevens, D., & Mitchell, D. (2014). The effects of different
540 sudden stratospheric warming types on the ocean. *Geophysical Research Letters*.
541 <https://doi.org/10.1002/2014GL062179>
- 542 Pan, X., Chin, M., Ichoku, C. M., & Field, R. D. (2018). Connecting Indonesian Fires and
543 Drought With the Type of El Niño and Phase of the Indian Ocean Dipole During 1979–
544 2016. *Journal of Geophysical Research: Atmospheres*, 123, 7974–7988.
545 <https://doi.org/10.1029/2018JD028402>
- 546 Rasmusson, E. M., & Carpenter, T. H. (1983). The relationship between eastern equatorial
547 Pacific sea surface temperatures and rainfall over India and Sri Lanka. *Monthly Weather*
548 *Review*, 111, 517-528. [https://doi.org/10.1175/1520-](https://doi.org/10.1175/1520-0493(1983)111<0517:TRBEEP>2.0.CO;2)
549 [0493\(1983\)111<0517:TRBEEP>2.0.CO;2](https://doi.org/10.1175/1520-0493(1983)111<0517:TRBEEP>2.0.CO;2)
- 550 Ratna, Satyaban B., Osborn, T. J., Joshi, M., & Luterbacher, J. (2020). The influence of
551 atlantic variability on asian summer climate is sensitive to the pattern of the sea surface
552 temperature anomaly. *Journal of Climate*, 33, 7567–7590. [https://doi.org/10.1175/JCLI-D-](https://doi.org/10.1175/JCLI-D-20-0039.1)
553 [20-0039.1](https://doi.org/10.1175/JCLI-D-20-0039.1)
- 554 Ratna, Satyaban Bishoyi, Sikka, D. R., Dalvi, M., & Venkata Ratnam, J. (2011). Dynamical
555 simulation of Indian summer monsoon circulation, rainfall and its interannual variability

- 556 using a high resolution atmospheric general circulation model. *International Journal of*
557 *Climatology*, 31, 1927-1942. <https://doi.org/10.1002/joc.2202>
- 558 Rayner, N. A., Parker, D. E., Horton, E. B., Folland, C. K., Alexander, L. V., Rowell, D. P.,
559 et al. (2003). Global analyses of sea surface temperature, sea ice, and night marine air
560 temperature since the late nineteenth century. *Journal of Geophysical Research:*
561 *Atmospheres*. <https://doi.org/10.1029/2002jd002670>
- 562 Reynolds, R. W., Smith, T. M., Liu, C., Chelton, D. B., Casey, K. S., & Schlax, M. G.
563 (2007). Daily high-resolution-blended analyses for sea surface temperature. *Journal of*
564 *Climate*. <https://doi.org/10.1175/2007JCLI1824.1>
- 565 Saji, N. H., Goswami, B. N., Vinayachandran, P. N., & Yamagata, T. (1999). A dipole mode
566 in the tropical Indian ocean. *Nature*, 401, 360-363. <https://doi.org/10.1038/43854>
- 567 Sikka, D. R. (1980). Some aspects of the large scale fluctuations of summer monsoon rainfall
568 over India in relation to fluctuations in the planetary and regional scale circulation
569 parameters. *Proceedings of the Indian Academy of Sciences - Earth and Planetary*
570 *Sciences*, 89, 179-195. <https://doi.org/10.1007/BF02913749>
- 571 Sikka, D. R., & Gadgil, S (1980), On the maximum cloud zone and the ITCZ over Indian
572 longitudes during the southwest monsoon, *Mon. Weather Rev.*, 108, 1840– 1853.
- 573 Sikka, D. R., & Ratna, S. B. (2011). On improving the ability of a high-resolution
574 atmospheric general circulation model for dynamical seasonal prediction of the extreme
575 seasons of the Indian summer monsoon. *Mausam*, 62 (3), 339-360.
- 576 Singh C & Dasgupta P (2017). Unraveling the spatio-temporal structure of the atmospheric
577 and oceanic intra-seasonal oscillations during the contrasting monsoon seasons. *Atm Res*
578 192 48-57 <https://doi.org/10.1016/j.atmosres.2017.03.020>
- 579 Sperber, K. R., Slingo, J. M., & Annamalai, H. (2000)., Predictability and relationship
580 between subseasonal and interannual variability during the Asian summer monsoon, *Q. J.*
581 *R. Meteorol. Soc.*, 126, 2545– 2574.
- 582 Srivastava, A., Pradhan, M., Goswami, B. N., & Rao, S. A. (2019). Regime shift of Indian
583 summer monsoon rainfall to a persistent arid state: external forcing versus internal
584 variability. *Meteorology and Atmospheric Physics*, 131, 211-224.
585 <https://doi.org/10.1007/s00703-017-0565-2>
- 586 Taschetto, A. S., & Ambrizzi, T. (2012). Can Indian Ocean SST anomalies influence South
587 American rainfall? *Climate Dynamics*, 38, 1615-1628. [https://doi.org/10.1007/s00382-](https://doi.org/10.1007/s00382-011-1165-3)
588 [011-1165-3](https://doi.org/10.1007/s00382-011-1165-3)

- 589 Ummenhofer, C. C., Schwarzkopf, F. U., Meyers, G., Behrens, E., Biastoch, A., & Böning,
590 C. W. (2013). Pacific ocean contribution to the asymmetry in eastern indian ocean
591 variability. *Journal of Climate*, 26, 1152-1171. <https://doi.org/10.1175/JCLI-D-11-00673.1>
- 592 van der Wiel, K., Matthews, A. J., Joshi, M. M., & Stevens, D. P. (2016). The influence of
593 diabatic heating in the South Pacific Convergence Zone on Rossby wave propagation and
594 the mean flow. *Quarterly Journal of the Royal Meteorological Society*.
595 <https://doi.org/10.1002/qj.2692>
- 596 Walker, G. T. (1924). Correlation in seasonal variations of weather - A further study of world
597 weather. *Mon. Wea. Rev.*, 53, 252–254, [https://doi.org/10.1175/1520-0493\(1925\)53<252:CISVOW>2.0.CO;2](https://doi.org/10.1175/1520-0493(1925)53<252:CISVOW>2.0.CO;2).
- 599 Wang, G., Cai, W. (2020) Two-year consecutive concurrences of positive Indian Ocean
600 Dipole and Central Pacific El Nino preconditioned the 2019/2020 Australian "black
601 summer" bushfires. *Geosci. Lett.* 7, 19. <https://doi.org/10.1186/s40562-020-00168-2>
- 602 Wang, G., Cai, W., Yang, K., Santoso, A., & Yamagata, T. (2020). A Unique Feature of the
603 2019 Extreme Positive Indian Ocean Dipole Event. *Geophysical Research Letters*, 47,
604 e2020GL088615. <https://doi.org/10.1029/2020GL088615>
- 605 Wang, H., Kumar, A., Murtugudde, R., Narapusetty, B., & Seip, K. L. (2019). Covariations
606 between the Indian Ocean dipole and ENSO: a modeling study. *Climate Dynamics*, 53,
607 5743-5761. <https://doi.org/10.1007/s00382-019-04895-x>
- 608 Webster, P. J., Magaña, V. O., Palmer, T. N., Shukla, J., Tomas, R. A., Yanai, M., &
609 Yasunari, T. (1998). Monsoons: processes, predictability, and the prospects for prediction.
610 *Journal of Geophysical Research: Oceans*, 103(C7):. <https://doi.org/10.1029/97jc02719>
- 611 Webster, Peter J., Moore, A. M., Loschnigg, J. P., & Leben, R. R. (1999). Coupled ocean-
612 atmosphere dynamics in the Indian Ocean during 1997-98. *Nature*, 401, 356-360.
613 <https://doi.org/10.1038/43848>
- 614 Weng, H., Ashok, K., Behera, S. K., Rao, S. A., & Yamagata, T. (2007). Impacts of recent El
615 Niño Modoki on dry/wet conditions in the Pacific rim during boreal summer. *Climate*
616 *Dynamics*, 29(2–3), 113–129. <https://doi.org/10.1007/s00382-007-0234-0>
- 617 Wieners, C. E., Dijkstra, H. A., & de Ruijter, W. P. M. (2017). The influence of the Indian
618 Ocean on ENSO stability and flavor. *Journal of Climate*, 30, 2601-2620.
619 <https://doi.org/10.1175/JCLI-D-16-0516.1>
- 620 Wu, R., & Kirtman, B. P. (2004). Impacts of the Indian Ocean on the Indian Summer
621 Monsoon-ENSO relationship. *Journal of Climate*, 17, 3037-3054.
622 [https://doi.org/10.1175/1520-0442\(2004\)017<3037:IOTIOO>2.0.CO;2](https://doi.org/10.1175/1520-0442(2004)017<3037:IOTIOO>2.0.CO;2)

- 623 Yadav, B.P., Srivastava, A. K., Guhathakurtha, P., Das, A. K., & Manik, S.K. (2020).
624 Regional characteristics of the 2019 southwest monsoon, Monsoon 2019 – A Report. IMD
625 Met Monograph: ESSO/IMD/Synoptic Met/02(2019)/24.
- 626 Yamagata, T., Behera, S. K., Luo, J. J., Masson, S., Jury, M. R., & Rao, S. A. (2004).
627 Coupled ocean-atmosphere variability in the tropical Indian ocean. *Geophysical*
628 *Monograph Series*, 147, 189–211. <https://doi.org/10.1029/147GM12>
- 629 Zhao, S., Jin, F. F., & Stuecker, M. F. (2019). Improved Predictability of the Indian Ocean
630 Dipole Using Seasonally Modulated ENSO Forcing Forecasts. *Geophysical Research*
631 *Letters*, 46, 9980-9990. <https://doi.org/10.1029/2019GL084196>
- 632 Zhou, Q., Duan, W., Mu, M., & Feng, R. (2015). Influence of positive and negative Indian
633 Ocean Dipoles on ENSO via the Indonesian Throughflow: Results from sensitivity
634 experiments. *Advances in Atmospheric Sciences*, 32, 783-793.
635 <https://doi.org/10.1007/s00376-014-4141-0>
636

637 **Figures:**

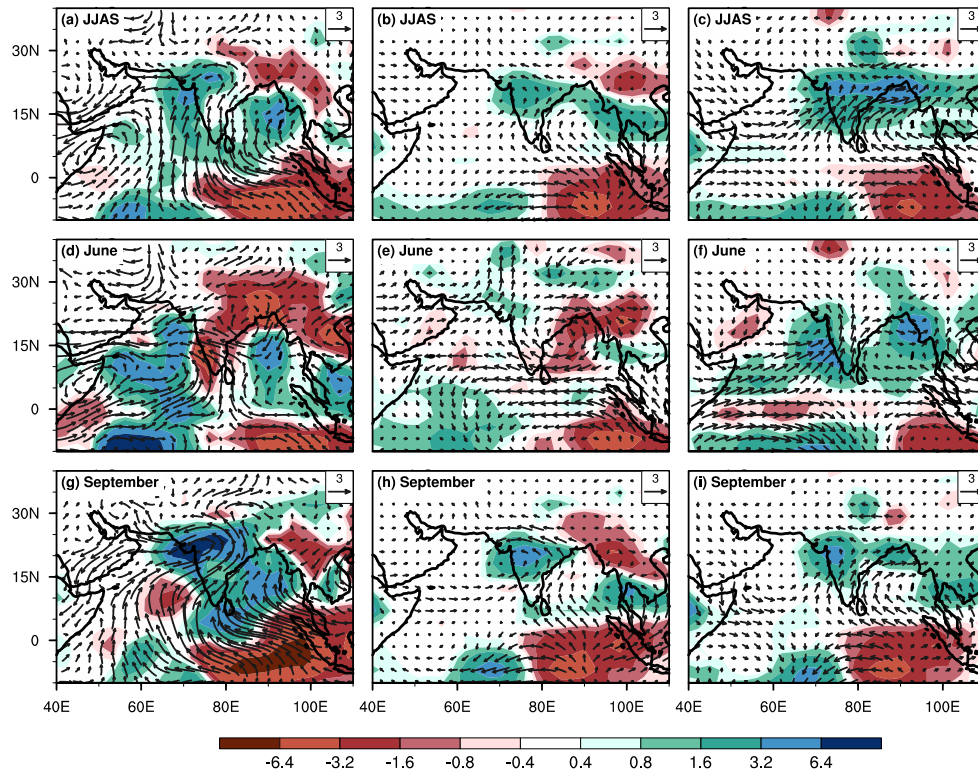


638

639

640 Fig. 1: (a) Standardized monthly Dipole Mode Index (DMI) from 1980 to 2019 calculated
 641 using ERSST data. (b) Annual cycle of Indian and Pacific Oceans climate indices (K) for
 642 2019 (as discussed in Section 2). (c-h) Observed 2019 SST anomalies from June to
 643 November using NCEP2 data.

644

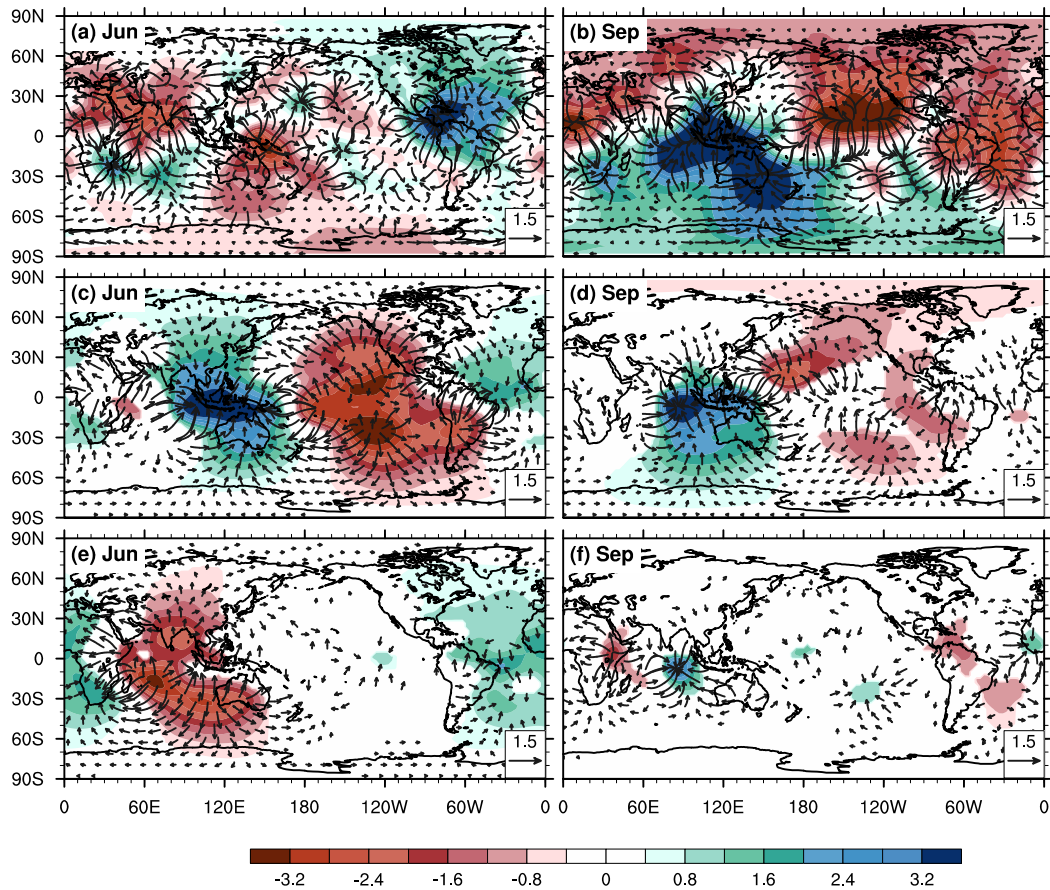


645

646

647 Fig. 2: (a, d, g) Observed GPCP rainfall anomaly (mm/day, shaded) and NCEP2 850 hPa
 648 wind anomaly (m/s, vectors) for June-September mean, June and September, respectively.
 649 (b,e,h) and (c,f,l) are the same as (a,d,g) but for IODglob and IODreg experiments,
 650 respectively. Shaded precipitation anomalies are significant at 90% level using a Student's t-
 651 test.

652



653

654 Fig. 3: (a,b) 200 hPa velocity potential ($10^6 \text{ m}^2 \text{ s}^{-1}$, shaded) and divergent wind (m s^{-1} ,
 655 vectors) anomalies in 2019 June and September, respectively, based on the reanalysis. (c, d)
 656 and (e,f) are the same as (a,b) but for IODglob and IODreg experiments, respectively. Shaded
 657 velocity potential anomalies are significant at 90% level using a Student's t-test.

658

Figure 1.

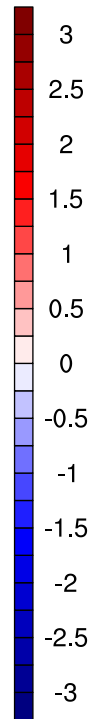
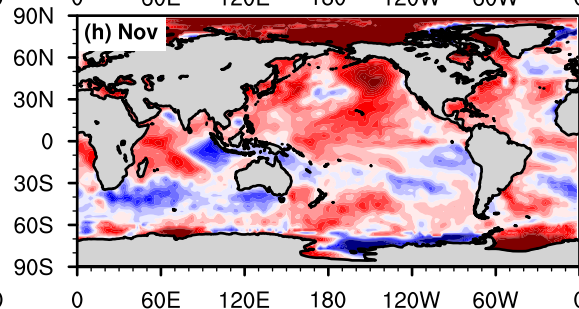
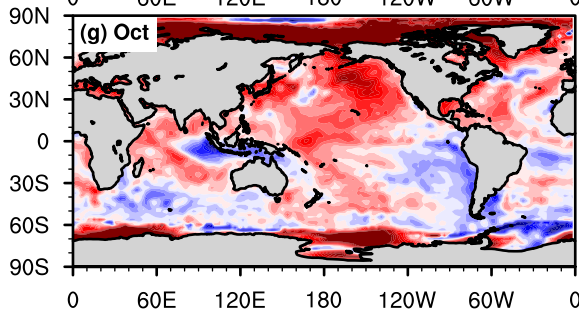
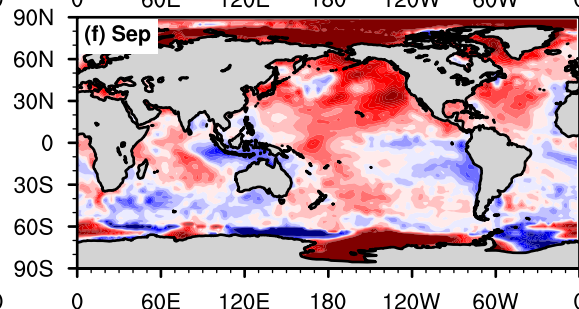
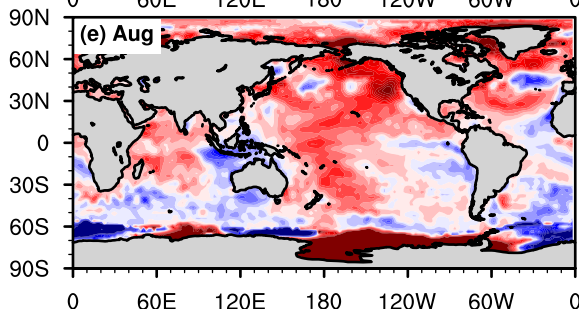
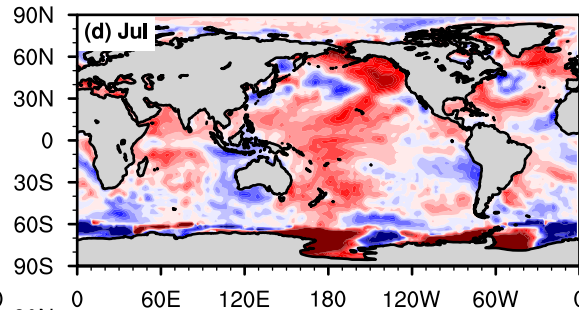
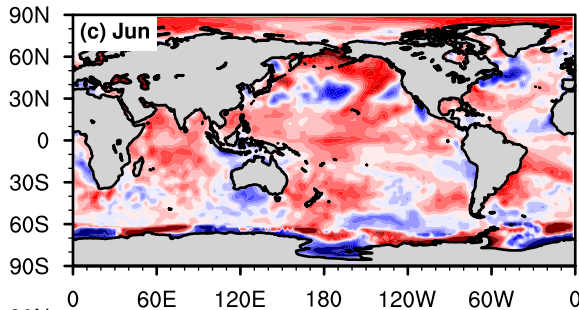
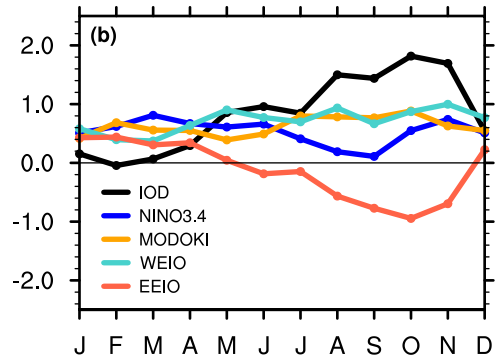
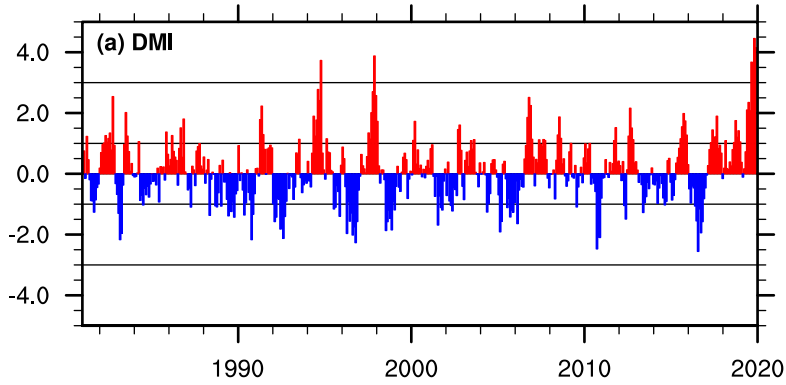


Figure 2.

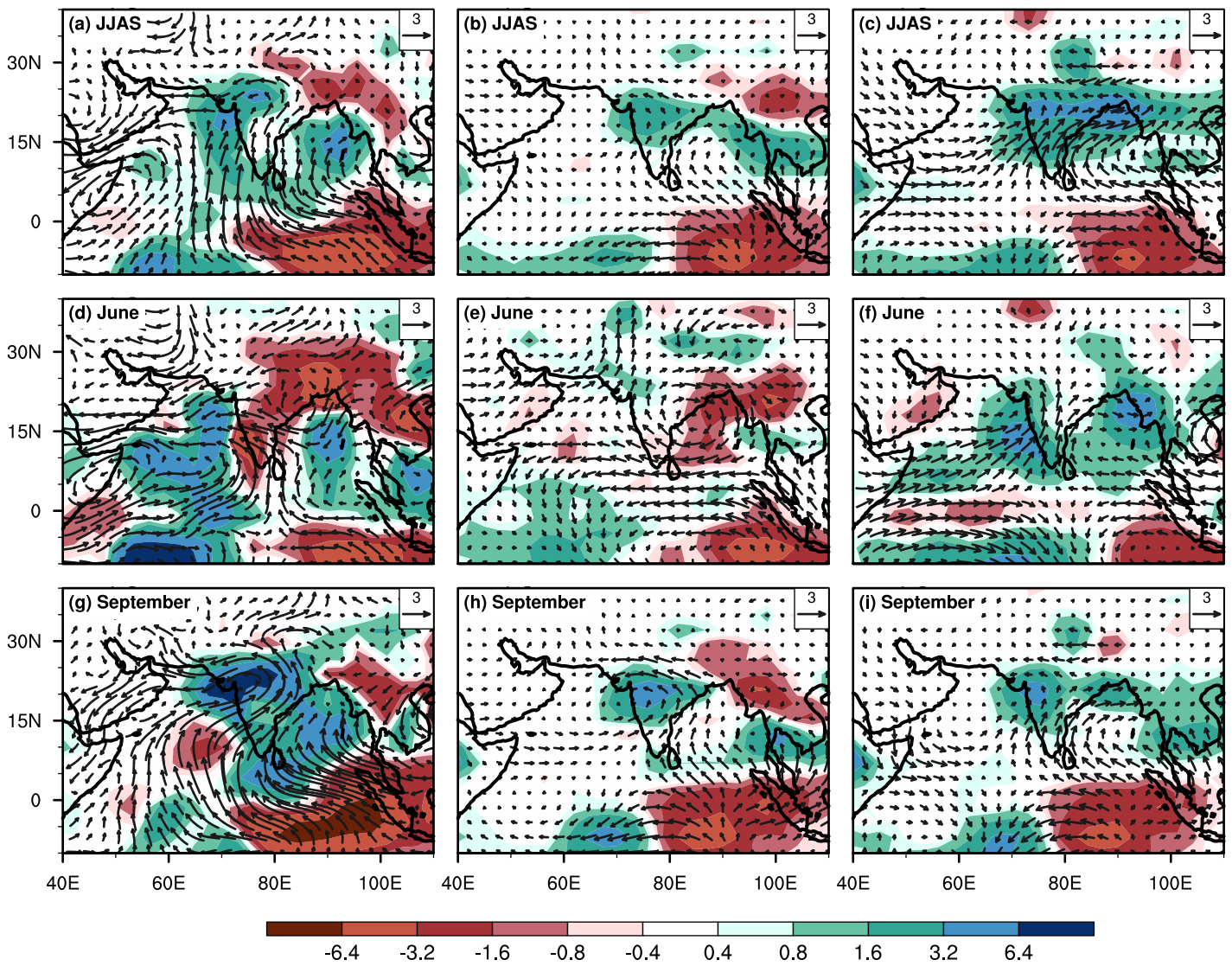


Figure 3.

