

1 **Nano-sulforaphane attenuates PhIP-induced early abnormal**
2 **embryonic neuro-development**

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19 ***Running title:*** *Nano-SFN protects neurodevelopment*

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23 **Abstract**

24 Background

25 2-amino-1-methyl-6-phenylimidazo[4,5-b]pyrimidine (PhIP), one of the most
26 abundant heterocyclic aromatic amines (HAA) formed by cooking meat at high
27 temperatures, may modify humans and rodents through the metabolic process prior to
28 affecting nervous system development. In humans and rodents may be modified by
29 metabolic processes and then affecting nervous system development.

30 Methods

31 In this paper, PhIP was used to prepare a chicken embryo model with abnormal
32 embryonic nervous system defects. Sulforaphane (SFN) is a derivative of a
33 glucosinolate, which is abundant in cruciferous vegetables, and can pass through the
34 placental barrier. Moreover, SFN has antioxidant and anti-apoptotic functions and is
35 considered as a bioactive antioxidant with significant neuroprotective effects.
36 Nano-sulforaphane (Nano-SFN, Sulforaphane nanoparticles) was prepared by
37 self-assembly using biocompatible, biodegradable methoxy polyethylene glycol
38 5000-b-polyglutamic acid 10000 (mPEG5K-PGA10K) as the substrate, to explore the
39 new application of Nano-SFN and its modified compounds as leading compounds in
40 protecting against the abnormal development of the embryonic nervous system.

41 Results

42 The results show that Nano-SFN could protect against PhIP-induced central
43 nervous system (CNS, derived from neural tube) and peripheral nervous system (PNS,
44 derived from neural crest cells, NCCs) defects and neural tube defects (NTDs), and

45 increase the embryo survival rate.

46 Conclusions

47 This study indicates that Nano-SFN can effectively alleviate the developmental
48 defects of embryonic nervous system induced by PhIP in the microenvironment and
49 has a protective effect on embryonic development. It not only helps with expanding
50 the application of SFN and improving its medicinal value, but also provides a
51 possibility of SFN being developed as a novel drug for neuroprotection.

52

53 **Keywords:** 2-amino-1-methyl-6-phenylimidazo[4,5-b]pyridine; Sulforaphane
54 nanoparticles; Embryonic development; Neural tube; Neural crest cells

55

56

57 1. Introduction

58 Birth defects or congenital anomalies include all structural and functional
59 alterations in embryonic or fetal development resulting from genetic, environmental
60 or unknown causes. Risk factors include advanced maternal and paternal ages,
61 parental consanguinity and exposure to teratogenic agents (Oliveira et al., 2011).
62 Congenital disease of the nervous system is the main type of birth defect
63 (Mumpe-Mwanja et al., 2019). The nervous system includes the CNS and PNS, which
64 are derived from the neural tube and NCCs of the embryo (Lukacs et al., 2019;
65 Wilson et al., 2004). The neural system is one of the earliest systems to begin
66 developing, during the 1st–8th weeks of embryonic development (teratogenic

67 sensitive period). Embryonic cells move and combine to form the primordia of organs,
68 which are especially sensitive to teratogenic factors (Hill, 2007; Sadler, 2017).

69 Common teratogenic factors related to the development of the nervous system,
70 such as alcohol consumption and smoking, have attracted wide attention (de la Monte
71 et al., 2014; Meng et al., 2018), while teratogenic factors such as PhIP, identified as
72 the most abundant heterocyclic amine produced in common cooking procedures
73 (Keum et al., 2005), can affect early embryonic development, leading to abnormal
74 development of the nervous system (Cruz-Hernandez et al., 2018; Griggs et al., 2014).
75 Conventional toxicological studies of PhIP have focused on DNA damage (Bellamri
76 et al., 2018; Hoelzl et al., 2008), carcinogenesis and oxidative damage (Griggs et al.,
77 2014; Klewicka et al., 2012). However, exposure to PhIP during pregnancy and
78 nursing may result in transference to fetuses and infants, plus, may be a critical risk
79 factor for the generation of mammary carcinomas (Brittebo et al., 1994; Hasegawa et
80 al., 1995). Knowledge on the toxicity of PhIP to the early neural system and candidate
81 drugs to prevent it is still limited.

82 SFN is a dietary phytochemical that is abundant in cruciferous plants (Keum et al.,
83 2005). It is regarded as a food, dietary supplement or medicine with low toxicity and
84 is well tolerated by humans (Fahey et al., 2013; Fahey et al., 2012). SFN can protect
85 cells from DNA damage (Russo et al., 2018) and is a potent antioxidant
86 (Negrette-Guzman, 2019; Negrette-Guzman et al., 2013), which inhibits oxidative
87 damage caused by various factors in neurons, glial cells, microglia and astrocytes
88 (Danilov et al., 2009; Greco et al., 2010; Hong et al., 2005; Innamorato et al., 2008;

89 Kraft et al., 2004; Soriano et al., 2008). In our previous study, we found that 5–10 μ M
90 SFN significantly rescued ethanol-suppressed angiogenesis in chick embryos (G.
91 Wang et al., 2018). Nano-sized medicine, in comparison with conventional medicine,
92 leads to increased active concentrations and bioavailability (Balakumar et al., 2013).
93 Nano-SFN could be prepared by a self-assembly method using biocompatible,
94 biodegradable methoxy polyethylene glycol 5000-b-polyglutamic acid 10000
95 (mPEG5K-PGA10K) as the substrate (Jiang et al., 2018; Xiao et al., 2013; Yang et al.,
96 2019; Zhang et al., 2016). Thus, it was worth determining whether or not Nano-SFN
97 could be a candidate drug for protection against the PhIP-induced abnormal
98 development of the nervous system.

99 Both PhIP and nanoparticles can cross the placental barrier and enter the fetus
100 from the external environment (Keum et al., 2005; Muoth et al., 2016). Therefore, we
101 employed the chick embryo to investigate the neurodevelopmental toxicity of PhIP
102 and the protective effects of Nano-SFN in this model induced by a PhIP
103 microenvironment. The purpose was to develop a new type of Nano-SFN for the
104 protection of embryonic development, which would not only expand the application
105 of SFN and improves its practical value but also assist with the development of novel
106 drugs, for example, for those with Nano-SFN as leading compounds. Through
107 structural modification or reconstruction, it is expected to be possible to further
108 increase its bioactivity or reduce its side effects.

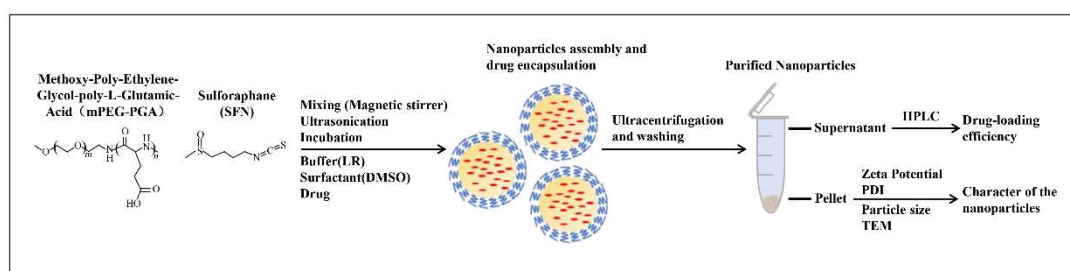
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111 2. Materials and methods

112 2.1. Preparation of Nano-SFN

113 Based on previous work in this field (Jiang et al., 2018; Xiao et al., 2013; Yang et
114 al., 2019; Zhang et al., 2016), here, we describe for the first time the process of the
115 encapsulation of 10 μ g/ μ l SFN into 0.05 μ g/ μ l mPEG5K-PGA10K by self-assembly.
116 The SFN and mPEG5K-PGA10K were dissolved in pure dimethyl sulfoxide (DMSO)
117 and sodium lactate Ringer's solution (LR), respectively. After 10 minutes,
118 mPEG5K-PGA10K was gently dropped into the SFN–DMSO solution on a magnetic
119 stirrer to ensure the supersaturation of the SFN solution. Then, the mixture was
120 ultrasonicated for 30 minutes to accelerate the intermolecular interactions, and the
121 solution was placed in a dark room at 4 °C overnight. Next, the solution was
122 super-centrifuged for 20 minutes at 21380g, the supernatant was removed, and the
123 precipitate was washed with LR; this step was repeated 5 times. Afterwards, the
124 mixture was treated with ultrasound for 30 minutes to immobilize the molecular
125 interactions (Figure 1). The content of free drugs in the supernatant was determined
126 by high performance liquid chromatography (HPLC), and the drug encapsulation
127 efficiency was 23.02% \pm 2.7%.



128

129 **Figure 1 Schematic representation of the procedure of Nano-SFN synthesis.**

130

131 2.2. Characterization of Nano-SFN

132 The SFN was purchased from Sigma (142825-10-3). mPEG5K-PGA10K was
133 purchased from Xi'an Ruixi Biotechnology Co., Ltd. (R-PL1236-15K). SFN was
134 packaged into mPEG5K-PGA10K by self-assembly to make Nano-SFN with a
135 concentration of 5 μ M. The effective Nano-SFN dimensions and their size
136 distributions were measured using a transmission electron microscope (TEM;
137 TECNA12, FEI, USA). Additionally, the zeta potential of the Nano-SFN in Milli-Q
138 water was determined by dynamic light scattering (DLS) using the Zetasizer Nano ZS
139 instrument (Malvern Instruments Ltd, UK).

140

141 2.3. The zeta potential analyzer

142 The zeta potential of the Nano-SFN was determined by dynamic light scattering
143 (DLS) using the Zetasizer Nano ZS instrument (Malvern Instruments Ltd, UK). The
144 zeta potential analyzer was used to determine the nanoscale characteristics of the
145 Nano-SFN, and the particle size distribution of the diluted nanoparticles was analyzed
146 with a laser particle size distribution analyzer.

147

148 2.4. Early chick (EC) culture

149 Fertilized leghorn eggs were acquired from the Avian Farm of South China
150 Agricultural University (Guangzhou, China). The fertilized eggs were incubated in a
151 humidified incubator (Yiheng Instruments, Shanghai, China) set at 38 °C and 70%
152 humidity until the chick embryos reached the desired developmental stage.

153 The early chick (EC) culture (Chapman SC., 2001) method was adopted to
154 cultivate early chicken embryos, and the chicken embryos were divided into a control
155 group (0.1% DMSO), 20 μ M PhIP group, 100 μ M PhIP group, 200 μ M PhIP group,
156 300 μ M PhIP group and 200 μ M PhIP + 5 μ M Nano-SFN group (n = 100 per group).
157 The embryos were cultured from HH0 stage and treated from the beginning of the
158 culture with the drugs mixed in the medium.

159

160 2.5. Immunofluorescent staining

161 The chicken embryos were harvested after incubation and fixed in 4% PFA
162 overnight at 4 °C. The embryos were blocked with 10% Normal Goat Serum (SB Cat.
163 No. 0060-01) and incubated with the following primary antibodies at 4 °C overnight
164 on a shaker: HNK-1 (1:500, Sigma, USA), PAX7 (1:100, DSHB, USA), AP2 α (1:100,
165 Cell Signaling Technology, USA), Phospho-Histone H3 (pHH3, 1:200, Cell Signaling
166 Technology, USA), neurofilament (NF, 1:200, Invitrogen Antibodies, USA) and
167 cleaved-Caspase3 (c-Caspase3, 1:200, Cell Signaling Technology, USA). After
168 extensive rinsing in PBST (0.1% Tween-20), the embryos were incubated with the
169 corresponding Alexa Fluor 555 or 488 secondary antibody (1:1000, Invitrogen, USA)
170 at 4 °C overnight on a shaker. The embryos were later counterstained with DAPI
171 (1:1000, Invitrogen, USA) at room temperature for 2 hours.

172

173 2.6. Fluorescence microscopy photographs

174 After immunofluorescent staining, the whole-mount embryos and the regions of

175 interest were photographed using a stereoscope fluorescence microscope (Olympus
176 MVX10) with imaging software (Image-Pro Plus 7.0). The embryos were then
177 sectioned into 10 μ m-thick slices using a cryostat microtome (Leica CM1900,
178 Germany) and photographed using an epi-fluorescent microscope (Olympus IX51,
179 Leica DM 4000B) at 200x or 400x magnification with the Olympus software package
180 Leica CW4000 FISH.

181

182 2.7. Data analysis

183 We used Image-Pro Plus 7.0 to quantify the HNK1⁺ area, measuring the HNK1⁺
184 staining and cell migration; NF⁺, c-Caspase3⁺ and pHH3⁺ cells were manually
185 counted in the DAPI and NF or c-Caspase3 or pHH3 merged images. All the
186 experimental data analyses and statistical charts were generated using the SPSS 13.0
187 statistical software. The results are presented as the mean values (Mean \pm SEM).
188 Statistical significance was assessed by one-way ANOVA and Tukey's multiple
189 comparisons test. $P < 0.05$ was considered to be statistically significant.

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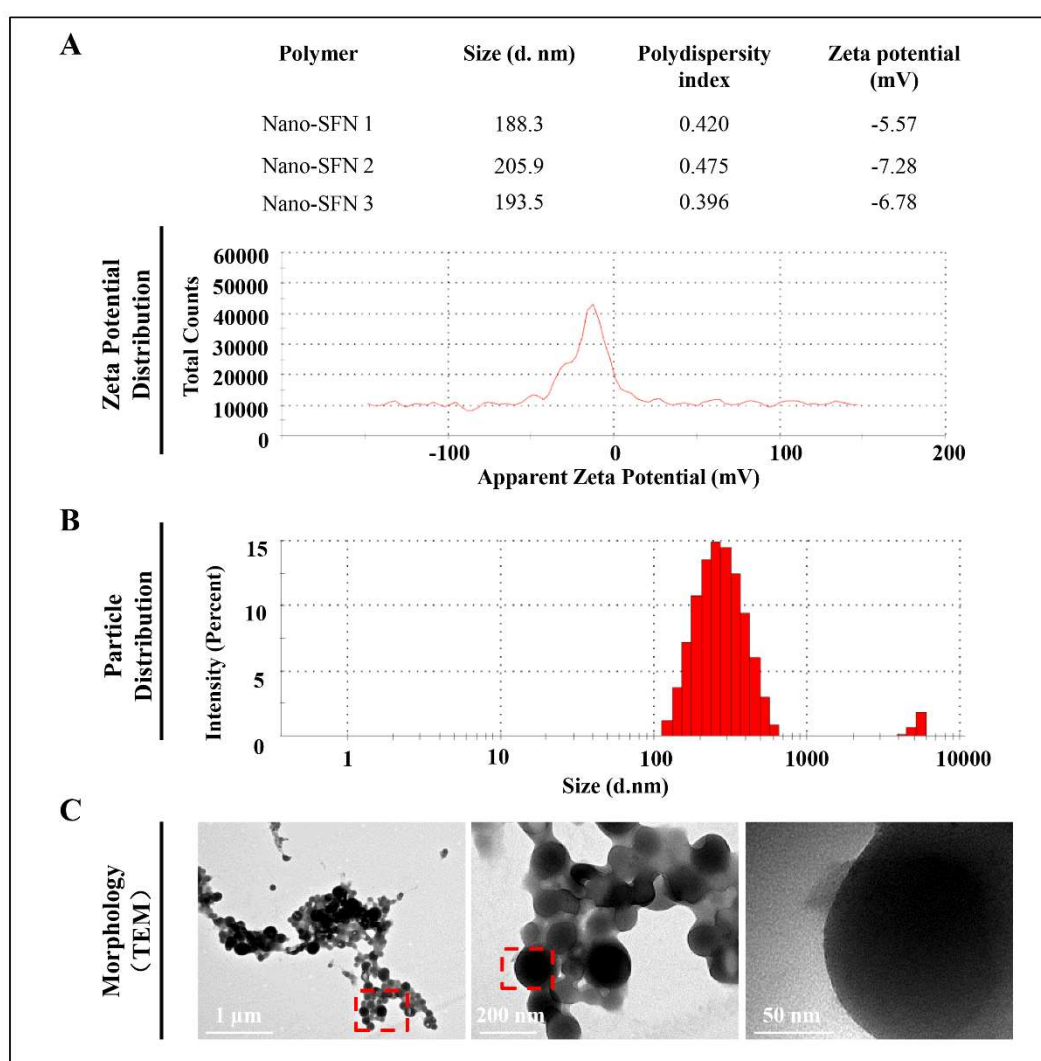
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192 **3. Result**

193 3.1. Characterization of Nano-SFN

194 The surface charges of nanomaterials play a very decisive role, especially in
195 electrocatalysis. A zeta potential analyzer was used to determine the characteristics of
196 the prepared Nano-SFN. At pH 7.4, Nano-SFN had a zeta potential (ZP) of -7.21 mV

197 ± 1.3 mV and a polydispersity index (PDI) of 0.430 ± 0.095 (Figure 2A-B). The
 198 alternative nanoparticles were used to analyze their distribution using a laser particle
 199 size distribution measuring instrument, and the particle size was observed to be $195 \pm$
 200 32 nm (Figure 2A-B). The morphological sizes of Nano-SFN were observed by TEM
 201 (Figure 2C), the figure showed a nearly spherical shape and uniformly distributed size
 202 for the SFN nanoparticles.



203
 204 **Figure 2 Nanoscale characterization of Nano-SFN.** (A) The ZP and PDI of
 205 Nano-SFN were determined using a zeta potential analyzer. (B) Analysis of the
 206 particle size distribution of Nano-SFN using a laser particle size distribution

207 measuring instrument. d.nm: Diameter (nm) (C) TEM image of Nano-SFN; the scale
208 bars are shown in the figure. Red dotted squares showed the enlarged regions of the
209 left and middle TEM micrographs.

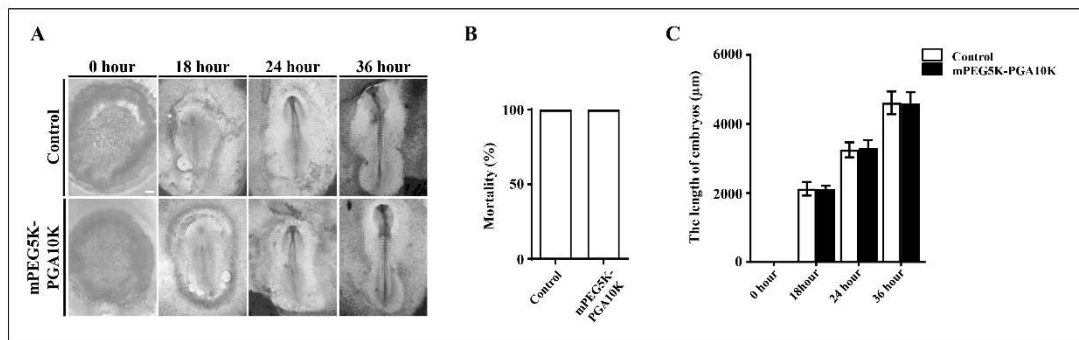
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211 3.2. Nano-SFN reduced PhIP-induced embryonic death and NTDs

212 To investigate the effects of different experimental concentrations of PhIP on
213 neurotoxicity and embryonic survival, chick embryos were first incubated with 0.1%
214 DMSO (Control); 20 μ M, 100 μ M, 200 μ M, or 300 μ M PhIP; or 200 μ M PhIP + 5 μ M
215 Nano-SFN for 36 h in early chick (EC) culture. The previously study showed that 0.1%
216 DMSO did not affect the embryo development (Gao, L.R et al., 2016), we also tested
217 the effects of the packaging materials (mPEG5K-PGA10K) on the development of
218 chicken embryos, the results proved that there was no significant negative effect on
219 the mortality and length of chick embryos (Supplementary Figure 1).

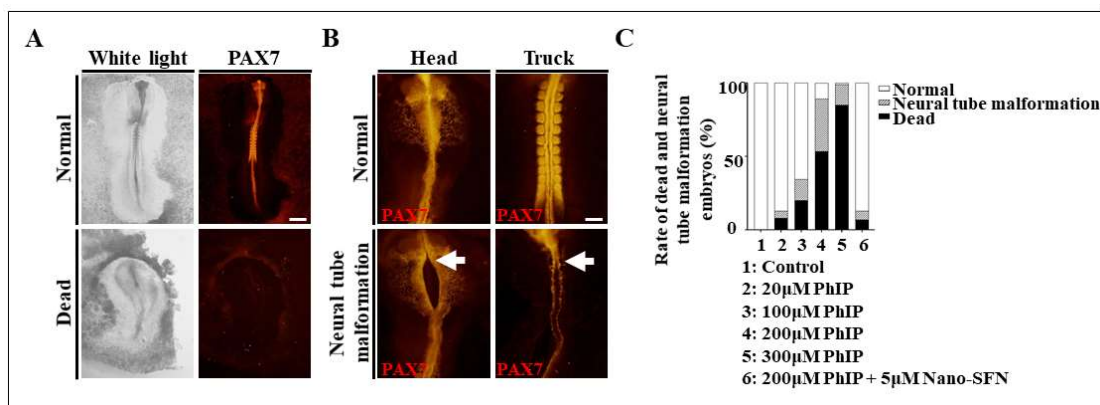
220 PAX7 expression is restricted to the dorsal half of the neural tube, as Figure 3A
221 shows. The embryo could not grow normally, and there is no obvious fluorescence,
222 indicating that they were dead embryos. While the normal embryos showed normal
223 closure of the neural tube in the head and trunk, neural tube malformation could be
224 observed in the PhIP-treated groups—the failure of neural tube closure—according to
225 PAX7 immunofluorescence (Figure 3B, indicated by white arrow), the failure of
226 neural tube closure is a severe birth defects of the CNS, namely NTDs. The mortality
227 rates and neural tube malformation rates were increased in the PhIP-treated embryos
228 in a dose-dependent manner and could be reversed by the Nano-SFN. The mortality

229 rates were 0% for the Control, 8% with 20 μ M PhIP, 20.17% with 100 μ M PhIP, 53.41%
 230 with 200 μ M PhIP, 85% with 300 μ M PhIP, and 7% with 200 μ M PhIP + 5 μ M
 231 Nano-SFN. The neural tube malformation rates were 0% for the Control, 5% with
 232 20 μ M PhIP, 14.29% with 100 μ M PhIP, 35.80% with 200 μ M PhIP, 14% with 300 μ M
 233 PhIP, and 6% with 200 μ M PhIP + 5 μ M Nano-SFN (Figure 3C).



234
 235 **Supplementary Figure 1 The effects of MPEG5K-PGA10K on the developmental**
 236 **chicken embryos.** (A) Representative images of chicken embryos which were treated
 237 in 0.1 % DMSO or MPEG5K-PGA10K for 0, 18, 24 and 36 hours (n = 10 per group).
 238 (B) Bar chart showing the mortality rates of chick embryos. (C) Bar chart showing the
 239 length of chick embryos for various time (hours). Scale bars = 400 μ m (A).

240



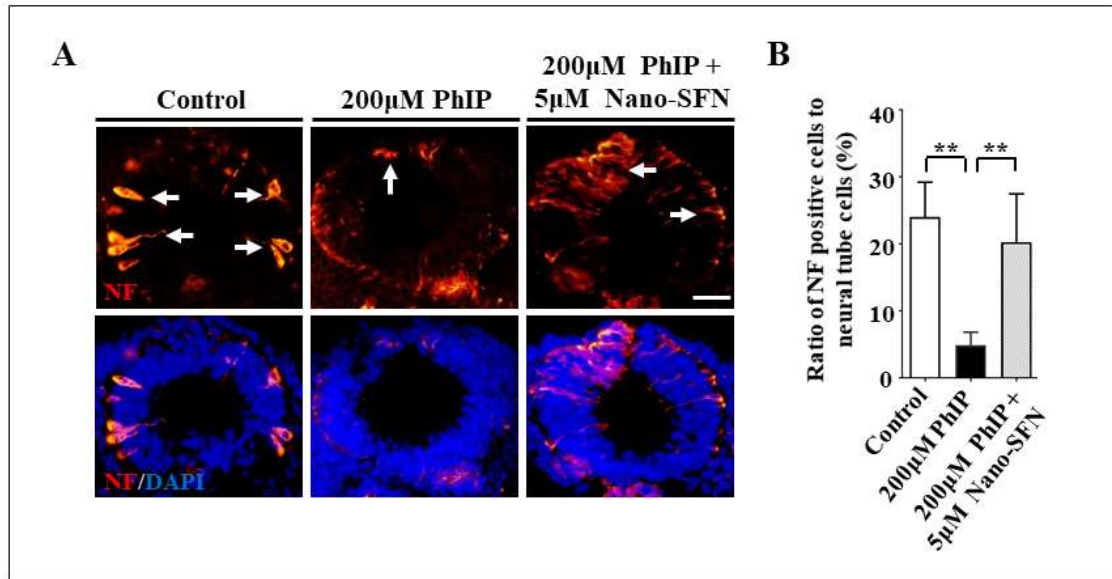
241
 242 **Figure 3 Nano-SFN reduced PhIP-induced embryonic death and NTDs.** (A)
 243 Immunofluorescence of PAX7 in chicken embryos at stage HH10 in the different
 244 treatment groups (n = 10 per group). (B) Immunofluorescence of PAX7 in the heads

245 and trunks of the chick embryos. The white arrows indicate neural tube malformations
246 and neural tube closure defects. (C) Bar chart showing the difference in the HH10
247 chicken embryo mortality and neural tube malformation rates among the different
248 treatment groups. Scale bars = 500 μ m (A) and 200 μ m (B).

249

250 3.3. Nano-SFN efficiently reversed PhIP-inhibited neural cell differentiation in the
251 neural tube

252 To investigate whether Nano-SFN played an active role in rescuing PhIP-induced
253 suppression in neurogenesis, we implemented immunofluorescence staining with an
254 NF antibody (Figure 4A). We observed that NF expression in the neural tubes
255 (indicated by arrows) of the HH10 chick embryos was suppressed by 200 μ M PhIP but
256 dramatically recovered after the administration of 5 μ M Nano-SFN (Control = $23.99 \pm$
257 5.21 ; 200 μ M PhIP = 4.85 ± 1.96 ; 200 μ M PhIP + 5 μ M Nano-SFN = 20.22 ± 7.22 ;
258 Figure 4B). The experiment confirmed that in the chicken embryo model, the
259 PhIP-induced inhibition of the neural cell differentiation of neural tube cells can be
260 ameliorated by adding 5 μ M Nano-SFN.



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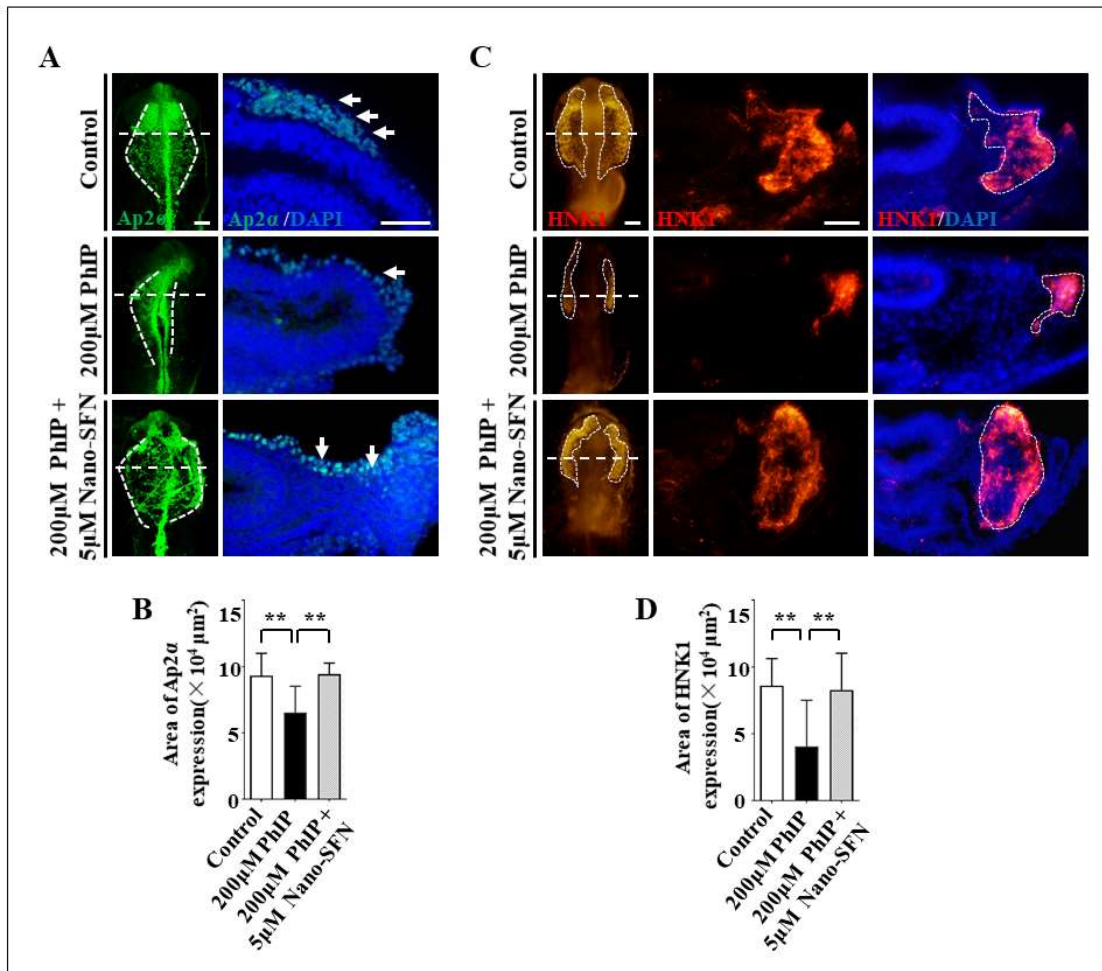
262 **Figure 4 PhIP-induced inhibition of the neural cell differentiation of neural**
 263 **tube cells can be improved by adding Nano-SFN.** (A) Immunofluorescence of NF
 264 in the neural cells of the chick embryos. White arrows indicate NF-positive cells (n =
 265 12 per group). (B) Bar chart comparing the ratios of the positive neural cells among
 266 the different treatment groups. **p<0.01. Scale bars = 50µm (A).

267

268 3.4. Nano-SFN improved PhIP-suppressed NCCs generation and migration

269 Ap2α immunofluorescence was used to characterize cranial neural crest cells
 270 (CNCCs) (Figure 5A; the expression is represented by the white area, and the white
 271 arrows indicate the sections), and the effects in the control, 200µM PhIP and 200µM
 272 PhIP + 5µM Nano-SFN groups on the CNCCs in the chicken embryos were detected.
 273 The results showed that CNCCs were significantly decreased after the treatment with
 274 200µM PhIP, and the production of CNCCs returned to normal after 5µM Nano-SFN
 275 treatment (Control = 9.31 ± 1.69 ; 200µM PhIP = 6.54 ± 1.97 ; 200µM PhIP + 5µM
 276 Nano-SFN = 9.42 ± 0.84 ; Figure 5B). In addition, according to the specific staining of

277 migrating NCCs with HNK1 (shown in the white area of Figure 5C), the HNK1
 278 expression area was decreased significantly by treatment with 200 μ M PhIP, and the
 279 HNK1-positive area increased significantly after the 200 μ M PhIP + 5 μ M Nano-SFN
 280 treatment (Control = 8.59 ± 2.02 ; 200 μ M PhIP = 4.04 ± 3.45 ; 200 μ M PhIP + 5 μ M
 281 Nano-SFN = 8.27 ± 2.75 ; Figure 5D). The experiment confirmed that in the chicken
 282 embryo model, the inhibition of NCCs production and migration by PhIP can be
 283 improved by adding Nano-SFN.



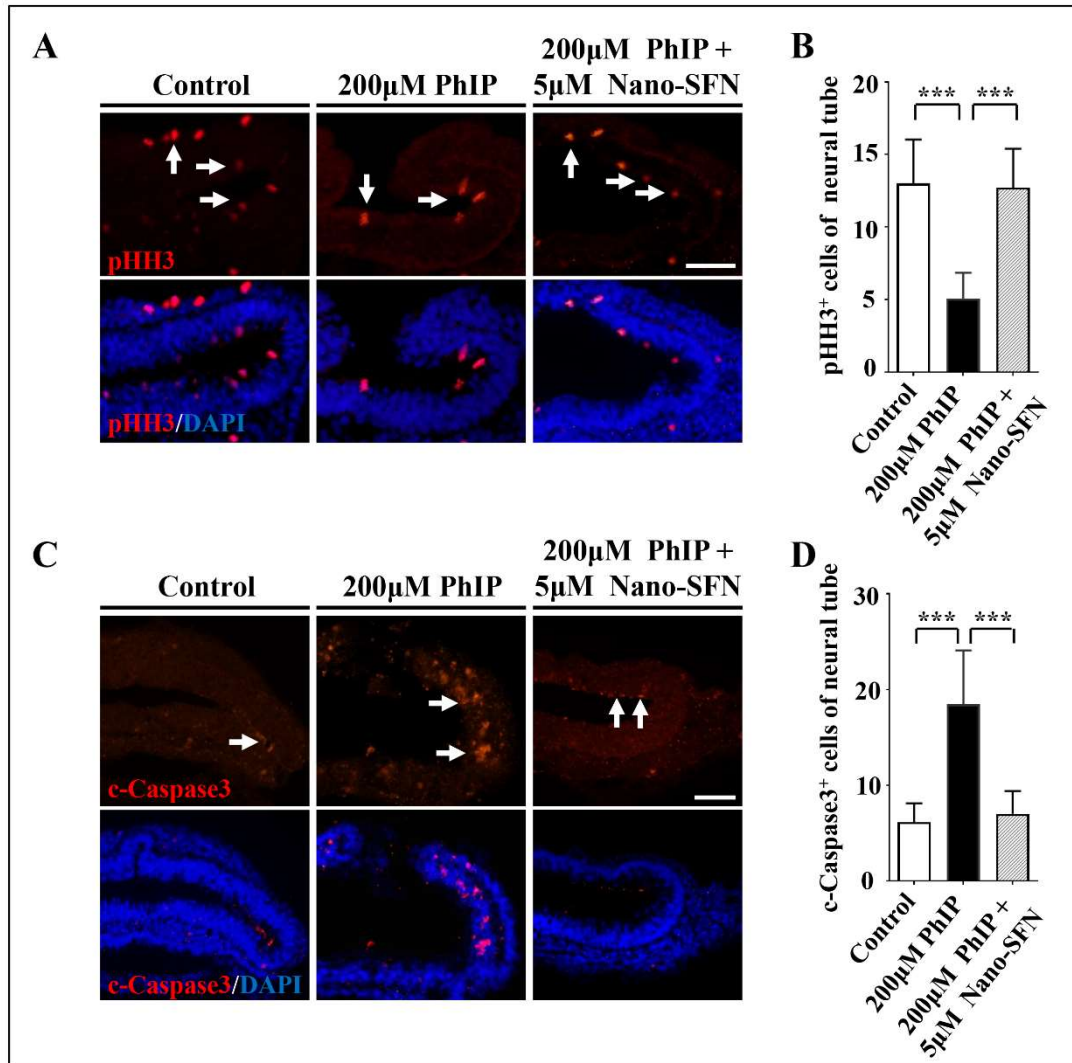
284
 285 **Figure 5 Nano-SFN can ameliorate the inhibition by PhIP of NCCs production**
 286 **and migration.** (A) Whole-mount immunofluorescence and transverse sections of the
 287 Ap2 α in CNCCs. (B) Bar chart comparing the CNCC areas among the different

288 treatment groups. (C) Representative images of migratory NCCs stained with HNK1
289 as indicated by the dotted squares. (D) Bar chart comparing migrating NCC areas
290 among the different treatment groups. ** $p < 0.01$. Scale bars = 100 μm (whole-mount);
291 50 μm (section). $n = 18$ (B), 41 (D).

292

293 3.5. Nano-SFN ameliorated PhIP-induced neural tube cell apoptosis and inhibition of
294 neural tube cell proliferation

295 We cultured chicken embryos to HH10 and labeled the proliferating cells on the
296 neural tube with pHH3 (Figure 6A). The results showed that the number of
297 pHH3-positive cells decreased significantly under 200 μM PhIP treatment, while
298 following 200 μM PhIP + 5 μM Nano-SFN treatment, the number of pHH3-positive
299 cells returned to normal levels (Control = 13 ± 3.03 ; 200 μM PhIP = 5.07 ± 1.77 ;
300 200 μM PhIP + 5 μM Nano-SFN = 12.71 ± 2.69 ; Figure 6B). At the same time,
301 apoptotic cells in the neural tube were labelled with c-Caspase3 (Figure 6C), which
302 showed that the number of c-Caspase3-positive cells increased significantly under
303 200 μM PhIP treatment. By contrast, the number of c-Caspase3-positive cells
304 decreased significantly under 200 μM PhIP + 5 μM Nano-SFN treatment (Control =
305 6.14 ± 1.95 ; 200 μM PhIP = 18.46 ± 5.62 ; 200 μM PhIP + 5 μM Nano-SFN = $7.00 \pm$
306 2.38 ; Figure 6D). The experiments confirmed that Nano-SFN could significantly
307 ameliorate PhIP-induced neural tube cell apoptosis and inhibition of neural tube cell
308 proliferation in the chicken embryo model.



309

310 **Figure 6 Nano-SFN ameliorated PhIP-induced apoptosis and inhibition of the**

311 **proliferation of embryonic neural tube cells. (A) The merged images from the**

312 **pHH₃⁺ and DAPI staining of the chick embryo neural tubes, with pHH₃⁺ cells**

313 **indicated by the white arrows. (B) Bar chart comparing the proliferating cell areas**

314 **from the chick embryo neural tube among the different treatment groups. (C)**

315 **Representative images of chick embryo neural tube apoptotic cells stained with**

316 **c-Caspase3 as indicated by the white arrows. (D) Bar chart comparing the apoptotic**

317 **cell areas among the different treatment groups. ***p<0.001. n = 27 per group (B)**

318 **and (D). Scale bar = 50µm (A) and (C).**

319 **4. Discussion**

320 A number of recent studies have demonstrated great potential of nanotechnology
321 in the diagnosis and treatment of various human diseases in biomedicine (Kinnear et
322 al., 2017). Meanwhile, there're many articles indicating that biological
323 nanotechnology is one of the most intriguing fields in nanoscience applications. In
324 recent decades, the applications of nanotechnology in a number of biology-related
325 fields—such as diagnostics, drug delivery and molecular imaging—have been
326 thoroughly researched, with excellent results. However, the most significant advances
327 in nanotechnology belong to the field of biomedicine, in which they possess a huge
328 potential to provide innovative solutions. With the advancement of modern science, it
329 is becoming more and more feasible to design targeted or multifunctional
330 nanotechnology products for therapeutic applications. There are many parameters that
331 are important for the successful development and manufacture of targeted drug
332 delivery vehicles. The efficacy of nanoparticles as a vehicle is highly dependent on
333 both size and shape (Navya, P.N., 2019). The size of the nanoparticles affects their
334 movement into and out of the blood vessels, and the particle at the edge of the blood
335 vessel wall is affected by its shape (Farokhzad et al., 2009). As shown in the figure,
336 the Nano-SFN we made are nearly spherical, with a uniform particle size; the particle
337 size is 195 ± 32 nm, and the particle distribution is relatively uniform (Figure 2).
338 Therefore, Nano-SFN prepared by our method could easily enter and exit blood
339 vessels, as well as pass through the placental barrier and be suitable for absorption in
340 the human body.

341 Neural development involves a series of coordinated morphological events that
342 cause the flat nerve plate to turn into a neural tube, the primordium base of the entire
343 CNS (Copp et al., 2003). NTDs can lead to severe abnormalities of the CNS, which
344 are one of the most common congenital malformations in humans (Sanna et al., 2019).
345 PhIP has been shown to have a negative effect on early embryonic development. In
346 this study, the effect of PhIP's experimental concentration on neurotoxicity and the
347 embryo survival rate was studied. Embryo mortality in the experimental groups of our
348 study was the highest in the 200 μ M PhIP group in terms of the median lethal dose
349 (LD50) and neural tube malformation rates. Therefore, 200 μ M PhIP was selected for
350 the treatment group, and a 5 μ M Nano-SFN intervention was chosen based on existing
351 literature (G. Wang et al., 2018). The results showed that Nano-SFN reduced
352 PhIP-induced embryonic death and NTDs.

353 Neural tube closure has been studied for many decades. We can easily observe
354 the NTDs using the Pax7 immunofluorescence (Figure 3). However, Pax7 does have
355 systemic expression on embryos including neural tube and somites. The malformation
356 of somites also can be found, which suggested that PhIP on embryonic development
357 in general. In this study, our research only focused on neurogenesis because
358 neurogenesis is one of the earliest processes that occur in embryonic development.
359 NTDs is complex and involves cellular events. Proper differentiation, cell survival
360 and neural crest migration are closely related to neural tube development
361 (Nikolopoulou et al., 2017). Neurons can be determined by the NF protein (Regan,
362 1988). We found that the PhIP-induced inhibition of the neural cell differentiation of

363 neural tube cells could be reversed by adding 5 μ M Nano-SFN (Figure 4). The
364 development of the nervous system is a complex process involving the induction,
365 determination and movement of cells. NCCs are a pluripotent cell group with high
366 migrative ability. The signaling of PNS elements is mediated by specific cell groups
367 that originate from the top of the neural tube—that is, NCCs (Catala et al.,
368 2013)—and in the process of development, NCCs migrate normally to form the
369 neurons and glial cells of the PNS, which are of great significance to the
370 establishment of the embryonic nervous system (Giovannone et al., 2015). In our
371 study, the application of AP2 α (specifically expressed on CNCCs) and HNK-1
372 (expressed on migrating NCCs) (Minarcik et al., 2003) allowed us to reveal that
373 pre-migratory and migrating CNCCs were significantly affected by PhIP, and the
374 addition of Nano-SFN could ameliorate the inhibition of NCCs production and
375 migration by PhIP (Figure 5).

376 Neurogenesis plays a key role in the neuroplasticity of the CNS, brain
377 homeostasis and maintenance (Poulose et al., 2017); this process is a highly complex,
378 multi-step process that begins with the proliferation of progenitor cells (Balu et al.,
379 2009). Orderly cell apoptosis also regulates normal processes in embryogenesis such
380 as the fusion of the oral palate and neural tube and craniofacial development (Graham
381 et al., 1993; Graham et al., 1996; Lawson et al., 1998; Weil et al., 1997). However,
382 teratogenic factor-induced excess apoptosis is always involved in NTDs and NCCs
383 developmental anomalies (Chappell et al., 2009; Torchinsky et al., 2005). In this paper,
384 pHH₃ and c-Caspase3 were used to label proliferating cells and apoptotic cells in the

385 neural tube (Figure 6). Apoptosis is one of several integrated responses to DNA
386 damage (J. Y. Wang, 2001). Nano-SFN might target PhIP-induced excessive DNA
387 damage, which may, in turn, contributing to the protective effects on embryonic
388 neurogenesis.

389 This article mainly discusses the new application of Nano-SFN in the protection
390 against embryonic nervous system dysplasia. The results show that Nano-SFN plays
391 an important role in the formation of the CNS and PNS in the embryonic nervous
392 system, indicating that Nano-SFN can effectively alleviate the PhIP
393 microenvironment-induced abnormal development of the embryonic nervous system
394 and has a protective effect on embryonic development. Based on our findings, the
395 women at the early stage of pregnancy should avoid taking barbecue, instead, increase
396 intake amount of cruciferous vegetables, which benefits the fetal neural development.
397 The range of applications for SFN has been expanded, and the practical value of SFN
398 has been improved, which provides the possibility of further developing new drugs.

399

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407

408 **Author contributions**

409 All authors contributed to the study conception and design. Xuesong Yang:
410 Conceptualization, Investigation, Methodology, Project administration; Guang Wang:
411 Software, Formal analysis, Supervision, Writing - review & editing; Ping Zhang:
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414 Validation; Mustafa Sindi: Material preparation, Resources; Xin Cheng: Supervision,
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416 Investigation, Tissue collection; Yu Yan: Investigation, Validation; Yongping Bao:
417 Writing - review & editing; Weidong Yang: Methodology; Beate Brand Saberi:
418 Writing - review & editing.

419

420 **Ethical statement**

421 All animal protocols were approved by the Jinan University Laboratory Animal
422 Committee on Animal Welfare (IACUC-20181126-02).

423

424 **Competing interests**

425 The authors declare that there are no competing financial interests.

426

427 **References**

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