

1 **Holocene stable isotope record of insolation and rapid climate**
2 **change in a stalagmite from the Zagros of Iran**

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15 Running header: Holocene stalagmite stable isotope climate record, Iran

16
17 **Abstract**

18 We explore Holocene climatic change as recorded by stable isotopes in a single, well-dated,
19 stalagmite from the northern Zagros Mountains of Iran, a region where stalagmite records
20 have so far only provided short glimpses of Holocene climatic changes. Stalagmite KT-3
21 from Katakhor Cave began growing ~9.5 ka under wet early Holocene conditions ($\delta^{18}\text{O}$
22 values around or below -9.0‰, maximum growth diameter and lowest $^{234}\text{U}/^{238}\text{U}_0$ activity
23 values). Progressive reduction in winter precipitation amount after 7.0 ka was driven by
24 decreasing summer insolation, indicated by increasing $\delta^{18}\text{O}$ and $^{234}\text{U}/^{238}\text{U}_0$ activity values and
25 reduction in growth diameter until ~2.0 ka. Centennial-scale variability is not a feature of the
26 $\delta^{18}\text{O}$ record suggesting a stable winter recharge regime without marked interannual rainfall
27 variability. KT-3 $\delta^{13}\text{C}$ compositions are enriched relative to lower altitude stalagmites in the
28 Levant, implying low soil CO_2 contribution (thin montane soils) with stronger ingress of
29 atmospheric CO_2 . However, the $\delta^{13}\text{C}$ values also show ~ 1.5‰ centennial-scale variability
30 with higher $\delta^{13}\text{C}$ values between 8.3-7.7 ka, 6.5-5.5 ka, 5.4-4.5 ka and ~4.3-2.0 ka: three of
31 these correspond with Rapid Climate Change (RCC) events based on non-seasalt potassium
32 (K^+) in Greenland ice cores. Higher $\delta^{13}\text{C}$ values indicate poor soil development caused by

33 aridity. The first centennial-scale $\delta^{13}\text{C}$ anomaly (8.3-7.7 ka) is in part overprinted by the ~160
34 year-long, 8.2 ka cold/dry event, but culmination ~7.7 ka corresponds with other records
35 suggesting an intensified Siberian High Pressure system affecting regional climate. The
36 centennial-scale $\delta^{13}\text{C}$ anomaly between 4.3 and 2.0 ka overlaps the 2.65 to 2.50 ka ‘Assyrian
37 megadrought’ evident in stalagmite stable isotope records in northern Iraq. The KT-3 record
38 is key in better understanding Holocene climate change in the central Zagros region,
39 representative of montane ‘fertile crescent’ environments. The KT-3 $\delta^{18}\text{O}$ record also
40 suggests that nearby lacustrine carbonate isotope records (Lakes Zeribar and Mirabad) can be
41 reinterpreted as insolation-driven records, starting wet, but with recharge decreasing until
42 ~7.0 ka, followed broadly by developing aridity.

43 Key words: Holocene; paleoclimatology; Eastern Europe; stable isotopes; stalagmite; Iran;
44 Zagros; rapid climate change.

45

46 **1. Introduction**

47 Holocene palaeoclimate records for the Middle East show clear heterogeneity linked to local
48 delivery of precipitation that results from complex meteorological interactions (Burstyn et al.
49 2019). The region as a whole encompasses transitions between temperate Mediterranean
50 (Mediterranean Levant) to more arid deserts in Levant rain shadow regions (Bar-Matthews et
51 al., 2019), to sub-tropical deserts of the Arabian Peninsula, to semi-arid montane
52 environments in the ‘Fertile Crescent’ between E. Turkey and NW Iran. Mediterranean
53 cyclones deliver much of the regional precipitation in the Mediterranean Levant (Bar-
54 Matthews et al., 2019). These are generated by interplay between local low pressure systems,
55 major N. Atlantic synoptic systems and local cyclogenesis that can be heavily influenced on
56 decadal to centennial timescales by outbreaks of cold northerly polar/continental (NPC) air
57 (Rohling et al., 2019). The Fertile Crescent (FC), like the Levant, currently receives most of
58 its precipitation during winter, from Mediterranean storm tracks (Ulbrich et al., 2012), but in
59 the eastern FC also from cyclogenesis in the Arabian Sea, Persian Gulf, Red Sea, and north
60 Indian ocean (Evans and Smith, 2006).

61 While our understanding of modern meteorological conditions in the FC is
62 developing, this region has few Holocene (and older) speleothem-based proxy records, such
63 that Burstyn et al. (2019) identify the region as a priority for future palaeoclimate research.
64 $\delta^{18}\text{O}$ in stalagmite calcite largely records the winter-dominated precipitation with high

65 resolution chronology potentially allowing identification of the relative regional influence of
66 the Indian Summer Monsoon and the Siberian High, the latter probably implicated in
67 Holocene Rapid Climate Change events (RCCs) that in montane settings may express as cold
68 and dry events (Rohling et al., 2019). Stalagmite proxies should also complement and
69 improve upon lake and pollen archives that largely record annual or summer-dominated
70 precipitation/temperature changes (Burstyn et al., 2019). In fact Holocene FC palaeoclimate
71 reconstruction has until recently been heavily influenced by geochemical, palynological and
72 plant macrofossil data from Iranian Lakes Zeribar and Mirabad (Fig. 1; Stevens et al., 2001;
73 2006). Current interpretations of these lake proxies register contradictions that require better
74 explanation.

75 Regional FC palaeoclimate archives wholly independent of pollen records are now
76 available in NW Iran (Sharifi et al., 2015; Fig. 1), but so far, stalagmites from northern Iran
77 and Iraq (Fig. 1) have provided only short glimpses of Holocene climate. These include
78 apparently wet conditions between 7.5 and 6.5 ka (Mehterian et al., 2017) and largely drier
79 climate between 5.2 and 3.7 ka (Carolin et al., 2019). After 3.0 ka there is evidence of
80 centennial-scale pluvial and drought conditions in the Tigris regions of northern Iraq (Sinha
81 et al., 2019) followed by largely dry conditions after 2.4 ka (Flohr et al., 2017). Stalagmites
82 from Qal'e Kord Cave in central NW Iran (Mehterian et al., 2017; Fig. 1) have continuous
83 $\delta^{18}\text{O}$ records between 127-73 ka, i.e., mainly during marine isotope stage (MIS) 5, that follow
84 the solar insolation curve at 30°N and capture Dansgaard/Oeschger stadial and interstadial
85 events. This indicates a strong atmospheric teleconnection in MIS 5 between north Atlantic
86 climate and central NW Iran, with maximum orbital configuration driving increased winter
87 precipitation (Kutzbach et al., 2014).

88 A strong influence from solar insolation on Holocene (MIS 1) palaeoclimate in the
89 region is inferred from sedimentary geochemical records at Neor peat mire (Sharifi et al.,
90 2015; Fig. 1). Here, the data record the transition from a dry Younger Dryas (YD) to a much
91 wetter early Holocene (9.0-6.0 ka) similar to the wet early Holocene conditions recorded in
92 Mediterranean lake records (Roberts et al., 2008) and a speleothem from NW Turkey (Rowe
93 et al., 2012; Fig. 1). At Neor mire, drier and dustier conditions established after 6.0 ka.

94 In this paper we discuss a new record from a stalagmite in Katalekhor Cave (Fig. 1)
95 which grew through most of the Holocene. This new record allows better understanding of
96 Holocene climate change in the central Zagros region (just east of the FC), its detailed

97 relationship to forcing by solar insolation ($\delta^{18}\text{O}$ record) and the expression of RCCs in the
98 $\delta^{13}\text{C}$ record. This enables more confident linkage between Holocene palaeoclimatic events in
99 the central Zagros region with those in the eastern Mediterranean, and the monsoonal Arabian
100 Sea region to the SE. Sited just 60 km W of Qal'e Kord Cave, the Katalekhor stalagmite also
101 allows more complete linkage of regional climate changes during the two most recent inter-
102 glaciations. At regional scale the Katalekhor stalagmite also presents an opportunity to
103 deconvolve contradictions in the Zeribar/Mirabad records (situated 180 km W and 300 km
104 SSW of Katalekhor Cave respectively) enhancing the utility of these long established
105 lacustrine palaeoclimate archives.



106
107 Fig. 1. Map of Middle East showing location of Katalekhor Cave, and other cave (triangles) or
108 lake (dots) sites discussed in the text that contain important Holocene palaeoclimate records.
109 The dashed lines marks the approximate boundary of the Fertile Crescent. Base image courtesy
110 of Google Maps.

111

112 2. Cave environmental setting

113 Katalekhor Cave (35° 50.7' 2.02" N, 048° 09' 38.61" E; Fig. 1) is located in Zanjan
114 Province ~300 km west of Tehran. The cave is located in the Sanandaj-Sirjan structural sub-
115 zone of the Zagros Fold and Thrust Belts (Karimi Vardanjani et al., 2017). The cave entrance is

116 at 1719 m elevation in a W-E oriented anticline formed of Oligocene-Miocene aged, partially
117 dolomitised limestone of the Qom Formation (Sardarabadi et al., 2016; Karimi Vardanjani et
118 al., 2017), an inlier within surrounding conglomerates, sandstones and limestones of Pliocene
119 age. To the SE the Qom Formation contains gypsum bearing-marls and red beds are present
120 both below (Lower Red Formation; Oligocene) and above (Upper Red Formation: Miocene)
121 the Qom Formation (Berberian 1974; Karevan et al., 2014), the latter including sandstones,
122 marls and conglomerates with minor gypsum.

123 There is no record of Quaternary glacial geomorphology in the vicinity of the cave
124 (see e.g. Ebrahimi and Seif 2016), although present day mean winter temperatures $\sim 0^{\circ}\text{C}$ are
125 low enough to infer that periglacial conditions would have affected the regolith during the
126 coldest phases of glacial periods. Further south at Zardkuh mean annual temperatures during
127 the last glacial maximum (LGM) were $\sim 9.7^{\circ}\text{C}$ lower than present day (Ebrahimi and Seif
128 2016), suggesting Katalekhor LGM mean annual temperatures $\sim 6^{\circ}\text{C}$ with much colder
129 winters.

130 Surface karst landforms are not developed in the region (Karimi Vardanjani et al.,
131 2017) but beyond 200 m within the cave the subsurface epikarst is >200 m thick (based on
132 the schematic section of Ahmadzade and Elmizadeh 2014). The site is at about upper treeline
133 altitude, which is probably controlled by winter temperature rather than moisture deficit
134 (Wright 1962), explaining the poor present day soil cover with patchy alpine grass
135 vegetation.

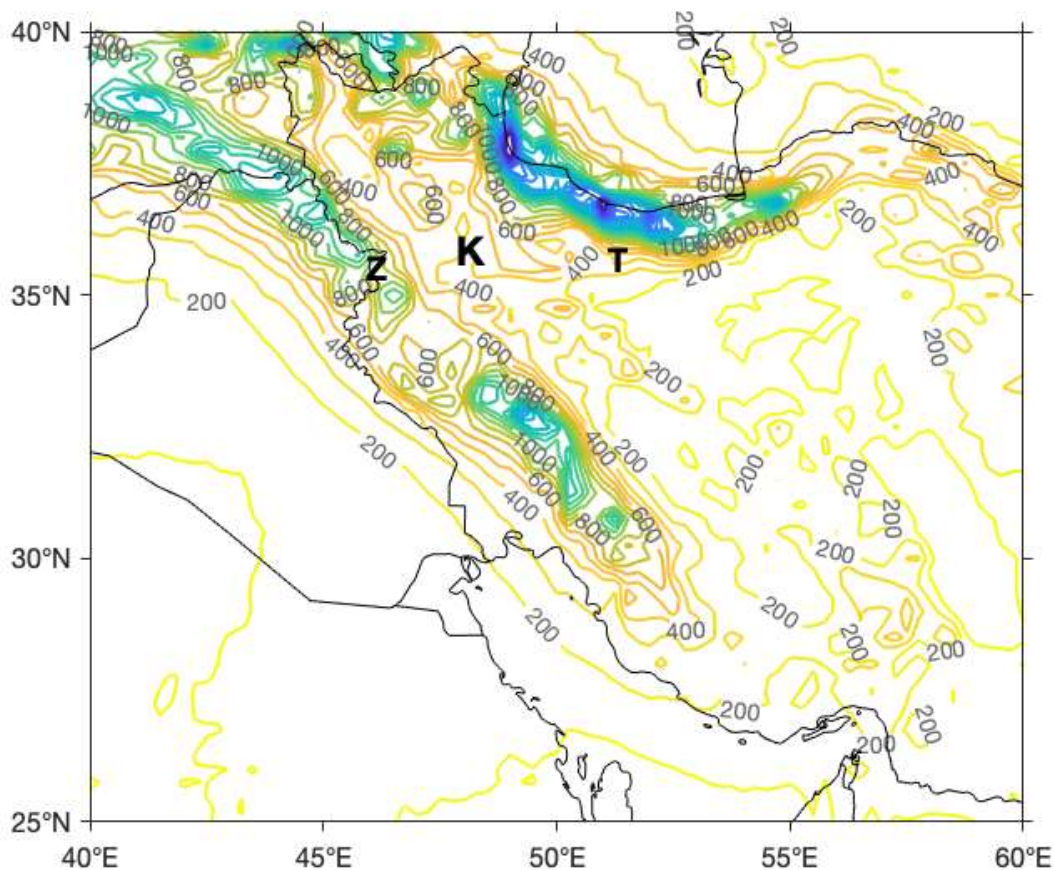
136 The natural cave entrance was a ~ 1 m diameter crawl space, widened in the 1990s
137 when the cave was developed for public access. The cave has been surveyed over 20,000 m
138 on three levels (Arshadi and Laumanns 2004; Karimi Vardanjani et al., 2017) and contains a
139 number of galleries with standing water pools during the winter months. Relative humidity in
140 the second gallery of the upper level (~ 750 m from the cave entrance) at the site of sample
141 collection in November 2006 was 100% with spot temperatures between 15.5°C - 16.6°C .

142

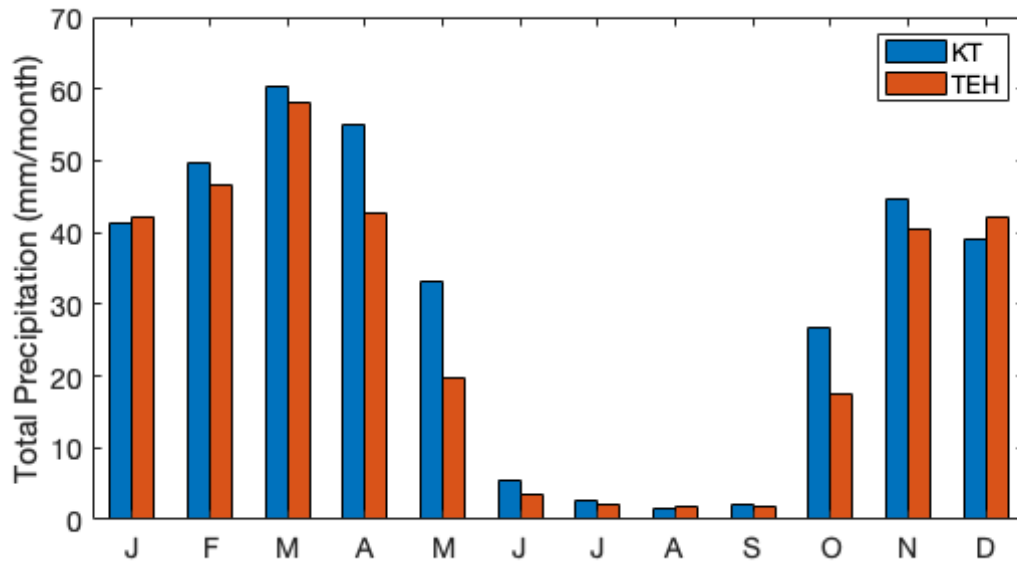
143 *2.1. Modern climate and groundwater*

144 The eastern forelands of the Zagros Mountains in the region of Katalekhor Cave have
145 a climatic regime of hot, dry summers and cool wet winters. The annual precipitation is 300 -
146 400 mm (Fig. 2; Dinpashoh et al., 2004; Modarres and Sarhadi 2011; Khalili and Rahimi,

147 2014) of which >90% falls during the wet season from October to May, with a maximum in
148 spring (March to May) (Fig. 3; Fallah et al., 2015; Raziei et al., 2014). During summer,
149 descending anticyclonic air over the Iranian Plateau, promotes very stable, dry conditions
150 although occasional summer rainfall (~10 mm) may be generated by convective and/or
151 topographic mechanisms (Raziei et al., 2012), as vapour transport is deflected along the
152 western foothills by warm winds from the Central Iranian Plateau (Evans et al., 2004; Stevens
153 et al., 2001). Groundwater recharge thus occurs predominantly between October and April
154 and while winter temperatures at the cave site are unlikely to significantly affect soil
155 infiltration by prolonged freezing, summer aridity (low rainfall/high evaporation) will
156 severely limit recharge such that summer drip water supply to speleothems will be highly
157 dependent on epikarst storage capacity.



158
159 Fig. 2. Regional map showing contours of average annual precipitation between 1979 and 2018
160 (C3S, 2017). Data generated using Copernicus Climate Change Service Information 2019. K
161 is location of Katalekhor Cave, T is location of Tehran and Z is the location of Lake Zeribar.



162

163 Fig. 3. Long-term monthly average precipitation for Tehran and Katalekhor Cave (C3S, 2017).
 164 Reanalysis precipitation data closest to each site is averaged over a 0.25° x 0.25° grid (~625
 165 km²). Data generated using Copernicus Climate Change Service Information 2019.

166

167 Winter-spring rainfall in northwest Iran is associated with incursions of
 168 Mediterranean and polar maritime air masses, the latter ultimately deriving from the North
 169 Atlantic, that cross the Zagros Mountains from the west and north-west. Within these air
 170 masses, mid-tropospheric troughs commonly form upstream of Iran, over the eastern
 171 Mediterranean or Syria and Jordan (Evans and Smith 2006; Raziei et al., 2012, 2013). The
 172 combination of low pressure to the west and a semi-permanent Arabian anticyclone over the
 173 Arabian Sea to the southeast, results in strong moisture transport north and north-east from
 174 the Eastern Mediterranean, Red Sea, Persian Gulf and Arabian Sea (Evans and Smith 2006;
 175 Raziei et al., 2012, 2013). Subsequent orographic uplift over the western Zagros leads to
 176 heavy precipitation, some of which crosses the mountains into northwest Iran. A back-
 177 trajectory study of 900 precipitation events in Iran from 2010 - 2016 (Heydarizad et al., 2019)
 178 shows Katalekhor situated in a zone where polar maritime, Mediterranean and the southern
 179 marine water bodies are the dominant moisture sources, the influence of the Caspian Sea
 180 being limited by the Alborz Mountains.

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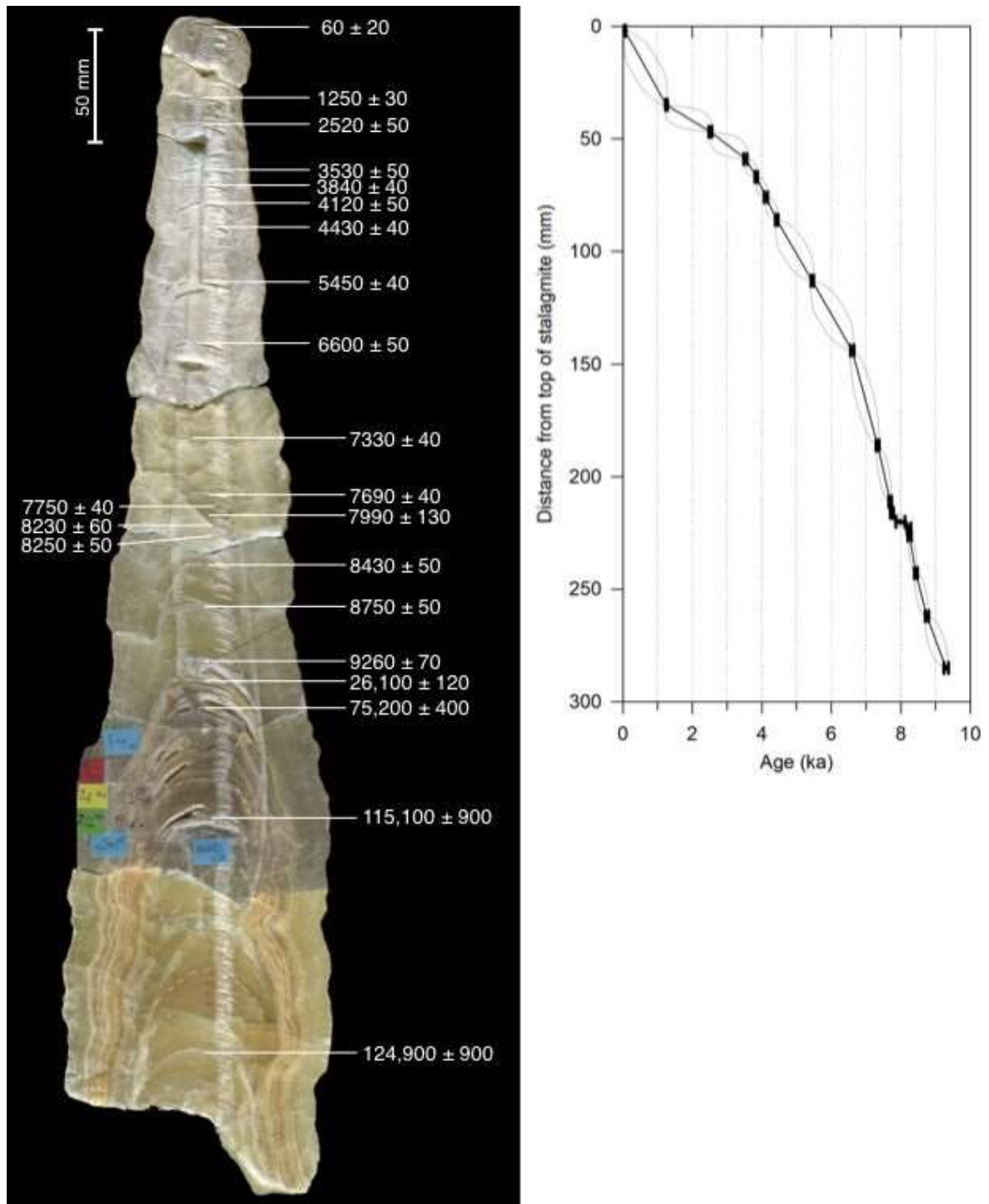
183 **3. Materials and methods**

184 Stalagmite KT-3 is 567 mm long (Fig. 4) and was under an active drip when collected
185 in November 2006. It comes from the second gallery of the upper level ~750 m from the cave
186 entrance. U/Th dates show that growth of KT-3 initiated during the last interglacial period
187 (Fig. 4) but this paper focusses on the upper 304 mm of Holocene growth.

188 U/Th samples were drilled from a slab of KT-3 along individual laminas at various
189 distances from the base of the stalagmite (Fig. 4). Samples were drilled a few mm off the
190 central growth axis using a 0.8 mm diameter tungsten carbide drill bit attached to a handheld
191 dental drill. Individual sample size ranged from 100-200 mg calcite, with uranium
192 concentrations ranging from 200-700 ppb. The stalagmite was generally clean of detrital
193 contaminants, with thorium concentration ranging from 0.08-0.4 ppb.

194 To measure their U and Th radiogenic isotope ratios, the U/Th age samples were
195 dissolved in nitric acid and spiked with a mixed ^{229}Th - ^{236}U solution (Robinson et al., 2004).
196 The U and Th fractions were then separated following procedures adapted from Edwards et
197 al. (1987). U and Th isotopes were measured using a Nu Plasma multi-collector inductively
198 coupled plasma mass spectrometer (MC-ICP-MS) in the Earth Sciences Department at
199 Oxford University, following the procedures described in Vaks et al. (2013). Individual ages
200 and 95% confidence intervals were calculated using an Oxford in-house Monte Carlo script
201 that incorporates chemical blank errors, analytical uncertainties, and an initial $^{230}\text{Th}/^{232}\text{Th}$
202 ratio uncertainty. An initial bulk earth ($^{230}\text{Th}/^{232}\text{Th}$) atomic ratio of 0.5-10.8 ppm (uniform
203 distribution) was applied to calculate corrected ages from samples with detrital thorium
204 contamination. The U and Th concentrations, radiogenic isotope ratios used in the age
205 calculation, and calculated uncorrected and corrected ages with errors are provided in Table
206 1.

207 The age model with 68% and 95% confidence ranges was produced using OxCal
208 Version 4.3 Poisson-process deposition model ($k_0 = 1 \text{ cm}^{-1}$, $\log_{10}(k/k_0) = U(-2,2)$), with
209 interpolation (Bronk Ramsey, 2008; Bronk Ramsey and Lee, 2013). The difference between
210 the mean calculated ages and mean OxCal modeled ages is small, less than 5 years for all
211 samples, as all calculated ages were in chronological order along the growth axis originally.
212 A depth v. age plot of individual U/Th age samples and the interpolated age model with
213 errors is provided in Figure 4.



214

215 Fig. 4. Left panel shows an axial slab of KT-3 with U/Th sample positions and measured ages
 216 with 2sigma error. Right panel shows the Holocene U-Th age-depth model derived by OxCal
 217 v.4.3 from the data in Table 1 (solid black line). Upper and lower grey lines represent 95%
 218 confidence ranges produced by OxCal. Measured U/Th age 2sigma capped error bars are
 219 plotted in black bold. The model-adjusted mean ages are within a few years of the original
 220 mean ages (Table 1).

221
222
223

sample ID	Distance from stalagmite top (mm)	²³⁸ U conc (ppb)	²³² Th (ppb)	(234/238) measured	(230/238) measured	(232/238) measured	Uncorr. Age (yr)	Corr Age (yr)	Age (yr b1950)	+2s Error (yr)	-2s Error (yr)	(234/238) initial	Oxcal Model Age (yr b1950)
ag07	2	373	0.3	2.278 ± 0.007	0.0028 ± 0.0004	2.91e-04 ± 2e-06	140	120	80	20	20	2.278 ± 0.007	80
al01	35	369	0.3	2.446 ± 0.008	0.0295 ± 0.0005	1.54e-04 ± 3e-06	1320	1310	1250	30	20	2.451 ± 0.008	1250
aq07	47	185	0.1	2.461 ± 0.010	0.0580 ± 0.0009	1.77e-04 ± 6e-06	2600	2590	2520	40	50	2.471 ± 0.009	2520
aq08	59	216	0.1	2.473 ± 0.010	0.0808 ± 0.0011	1.89e-04 ± 6e-06	3610	3600	3530	50	50	2.487 ± 0.009	3530
aq02	67	281	0.1	2.373 ± 0.009	0.0840 ± 0.0008	1.47e-04 ± 4e-06	3920	3910	3840	40	40	2.388 ± 0.009	3840
ag06	76	269	0.1	2.361 ± 0.007	0.0897 ± 0.0009	5.14e-04 ± 4e-06	4210	4190	4120	50	50	2.377 ± 0.007	4120
al02	86	248	0.1	2.342 ± 0.008	0.0952 ± 0.0008	3.37e-04 ± 4e-06	4510	4490	4430	40	40	2.359 ± 0.008	4430
al03	113	301	0.1	2.255 ± 0.007	0.1119 ± 0.0009	1.54e-04 ± 4e-06	5520	5510	5450	40	40	2.275 ± 0.007	5450
al04	144	348	0.1	2.256 ± 0.007	0.1346 ± 0.0009	1.12e-04 ± 3e-06	6670	6670	6600	50	50	2.280 ± 0.007	6600
ag05	186	450	0.1	2.191 ± 0.007	0.1446 ± 0.0008	7.6e-05 ± 2e-06	7400	7400	7330	40	40	2.216 ± 0.007	7330
al06	211	611	0.1	2.269 ± 0.007	0.1568 ± 0.0008	7.0e-05 ± 2e-06	7760	7760	7690	40	40	2.297 ± 0.007	7700
aw36	216	583	0.2	2.208 ± 0.007	0.1537 ± 0.0008	9.0e-05 ± 2e-06	7820	7820	7750	40	50	2.234 ± 0.007	7750
cd1-k3	220	258	2.0	2.124 ± 0.008	0.1547 ± 0.0008	2.5e-03 ± 1.2e-05	8190	8060	7990	130	130	2.150 ± 0.008	7990
aw22	223	334	0.0	2.071 ± 0.007	0.1528 ± 0.0011	4.7e-05 ± 3e-06	8300	8300	8230	60	60	2.098 ± 0.007	8220
aw32	226	490	0.5	2.062 ± 0.007	0.1526 ± 0.0008	3.02e-04 ± 2e-06	8330	8320	8250	50	50	2.087 ± 0.007	8240
al07	243	599	0.1	2.084 ± 0.007	0.1580 ± 0.0008	8.0e-05 ± 2e-06	8500	8500	8430	50	40	2.120 ± 0.007	8440
ag04	262	576	0.1	2.006 ± 0.007	0.1568 ± 0.0008	5.3e-05 ± 2e-06	8820	8810	8750	50	50	2.032 ± 0.007	8750
an15	285	717	0.1	2.002 ± 0.007	0.1659 ± 0.0008	3.8e-05 ± 3e-06	9370	9370	9300	70	60	2.029 ± 0.007	9300
al08	---	669	0.6	2.06 ± 0.007	0.448 ± 0.002	2.9e-05 ± 2e-06	26172	26200	26100	120	120	2.141 ± 0.007	---
al09	---	231	0.1	1.941 ± 0.007	1.015 ± 0.004	1.40e-04 ± 4e-06	75309	75300	75200	400	400	2.163 ± 0.008	---
ag02	---	271	0.3	1.828 ± 0.006	1.273 ± 0.004	3.24e-04 ± 3e-06	115250	115200	115100	700	900	2.147 ± 0.007	---
ag01	---	304	0.2	1.744 ± 0.005	1.271 ± 0.004	2.38e-04 ± 2e-06	125062	125000	124900	800	900	2.058 ± 0.007	---

Table 1. Table 1. Measured U/Th isotope activity ratios and calculated ages.

224 Table 1 footnote

225 Sample ID labels begin with a two-letter pair (aa, ab, etc.) that define the sample batch followed by a two-digit
226 number specifying the sample number in the particular batch. Measured isotope ratios are given in activity
227 format, where i.e. $(234/238) = (N_{234} \cdot \lambda_{234}) / (N_{238} \cdot \lambda_{238})$. Uncorrected ages were calculated ignoring any
228 initial ^{230}Th or ^{234}U from detrital contaminants. Ages were calculated using half-lives found in Cheng et al.
229 (2013). Corrected ages were calculated using an initial $^{230}\text{Th}/^{232}\text{Th}$ atomic ratio of 0.5-10.8 ppm (uniform
230 distribution). Age before 1950 C.E. is given. 95% confidence intervals for the ages are calculated using an
231 internally developed Monte Carlo simulation (available upon request) with $N=1e4$. Initial (234/238) was
232 calculated using the corrected age. The Oxcal modeled mean age before 1950 C.E. is provided in the last
233 column.

234

235

236 Petrography was done using 8 standard thin-sections, and samples for stable isotope
237 analysis were drilled at 1 mm spacing through the axial part of the stalagmite (287 samples).
238 Isotopic analyses (University of East Anglia Stable Isotope Laboratory) were made on 75 ± 5
239 μg samples, run alongside 75 ± 5 μg internal standards of UEACMST (University of East Anglia
240 Carrara Marble Standard; $\delta^{18}\text{O}$ -2.05 ‰_{VPDB}; $\delta^{13}\text{C}$ 1.99 ‰_{VPDB}), reacted with 105% ($\rho = 1.92$
241 gml^{-3}) phosphoric acid (H_3PO_4) at 90°C in an on-line common acid bath. The evolved CO_2
242 was purified and analysed for $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ using a Europa SIRA II dual inlet isotope ratio
243 mass spectrometer. The data are calibrated to international reference scales (VPDB and
244 VSMOW) using IAEA Certified Reference Material NBS-19 ($\delta^{18}\text{O}$ -2.20 ‰_{VPDB}; $\delta^{13}\text{C}$ 1.95
245 ‰_{VPDB}). Repeat analysis of both international and internal reference materials gave 1σ errors
246 of less than $\pm 0.1\text{‰}$ for both $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$. Isotope data discussed in the text are relative to
247 VPDB unless indicated otherwise. Single point data outliers were verified with duplicate
248 samples.

249 Samples for trace element analysis were drilled at 10 mm spacing through the axial
250 part of the stalagmite (30 samples) principally to ascertain their relationship (or otherwise)
251 with $\delta^{13}\text{C}$ (see McDermott 2004). 2.5 mg of calcite was dissolved in 5 ml of 10% acetic acid,
252 and then diluted to 50 ml with MilliQ water. Samples, along with international reference
253 standard 'CRM00028 calcite' were analysed on a Varian ICPOES. Raw data were normalised
254 to 100% calcite and are presented in both ppm and molar concentrations. Precision was \pm
255 $0.82 \mu\text{g l}^{-1}$ Mg, $\pm 0.10 \mu\text{g l}^{-1}$ Sr, $\pm 0.20 \mu\text{g l}^{-1}$ Ba and $\pm 17 \mu\text{g l}^{-1}$ P; limit of detection was 49
256 mg l^{-1} Mg, 6 mg l^{-1} Sr, 12 mg l^{-1} Ba and 1024 mg l^{-1} P.

257

258 4. Results

259 Stalagmite KT-3 is composed of dense, vug-free crystalline calcite. A hiatus at 304
260 mm dft (distance from top) marks the boundary between pre-Holocene brown, laminated,
261 crystalline calcite, and translucent yellow calcite of Holocene age, the latter devoid of
262 obvious macro-fabrics. Uranium concentration in the stalagmite is ~700 ppb at the beginning
263 of the Holocene and falls to ~200-300 ppb near its active top. KT-3 is extremely clean of
264 detrital contamination, with ^{232}Th concentrations around only 0.1-0.2 ppb. Thus, the U/Th
265 ages are very precise, Holocene 2-sigma age errors between 40-50 years. Vertical extension
266 rate in KT-3 is fastest in the early Holocene, ~40-60 $\mu\text{m}/\text{yr}$ until ~6.50 ka, slowing in the
267 mid-Holocene (~6.50-3.50 ka) to ~20-30 $\mu\text{m}/\text{yr}$, and to (10-15 $\mu\text{m}/\text{yr}$) from ~3.0-1.0 ka. Over
268 the past millennium, vertical growth returned to 30-40 $\mu\text{m}/\text{yr}$.

269 Stalagmite diameter increased significantly following Holocene re-initiation of
270 growth with a maximum width of 90 mm; after this, width decreases steadily upward
271 reaching a final width of 33 mm at the top.

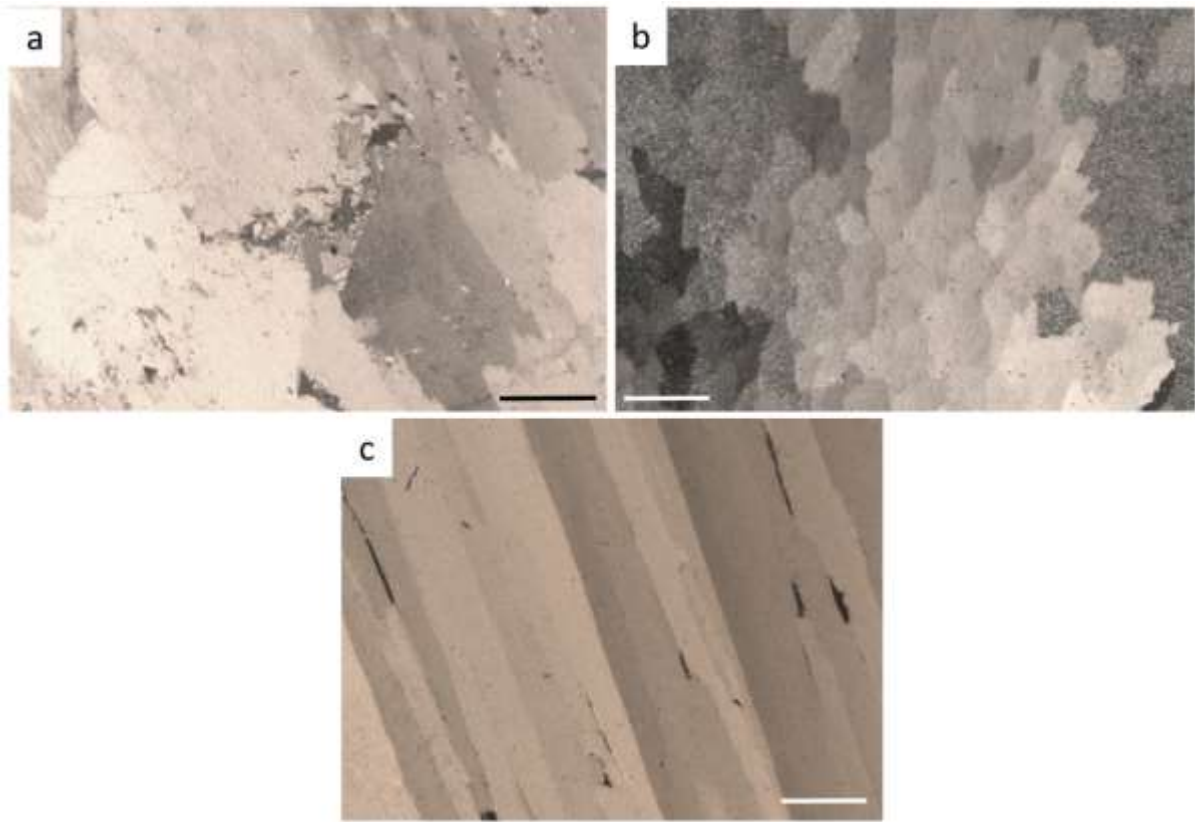
272

273 4.1. Petrography

274 The Holocene part of KT-3 is mostly columnar calcite devoid of internal micro-
275 structure and with few fluid inclusions. The hiatus at 304 mm dft is marked in thin section by
276 a 200 μm thick zone of near-equant calcite microspar crystals ~50 μm wide (Fig. 5a). In
277 places, these small crystals define the upper edges of the much larger underlying crystal
278 terminations; they appear to be included within the basal parts of larger crystals above the
279 hiatus. All these crystals have similar angles of extinction suggesting only a slight difference
280 in optical continuity (Fig. 5a; cf. Frisia 2015, fig. 1c)

281 From the hiatus to 163 mm dft the calcite is mostly columnar (C) fabric (Frisia 2015),
282 with crystals 100 to 600 μm long axis with upward elongation of axial crystal c-axes, often
283 with curved, slightly irregular boundaries and rounded terminations (Fig. 5b). From 163 mm
284 dft to the top of the stalagmite a columnar elongated (Ce) fabric (Frisia 2015) is typical (Fig.
285 5c). These Ce crystals are >1.3 cm long and between 200 μm to nearly 1 cm wide, with
286 planar intercrystalline boundaries and angular terminations. There is a slight increase in
287 irregularity of some boundaries and some shortening of columnar crystals near the top of the

288 stalagmite. Crystals at the stalagmite ‘tip’ are neither eroded nor corroded. Additional
289 petrographic details are given in the Supplementary Information and Figure S1.



290

291 Fig. 5. Thin section photomicrographs (crossed polars) of typical KT-3 fabrics with 500 μm
292 scale bars. a) Equant to angular microspar marking hiatus at 304 mm dft; note slight differences
293 in extinction angles between microspar and surrounding C calcites; b) short columnar crystals
294 just above hiatus at 304 mm dft; c) Elongate C calcite above 163 mm dft with intercrystalline
295 porosity (dark areas).

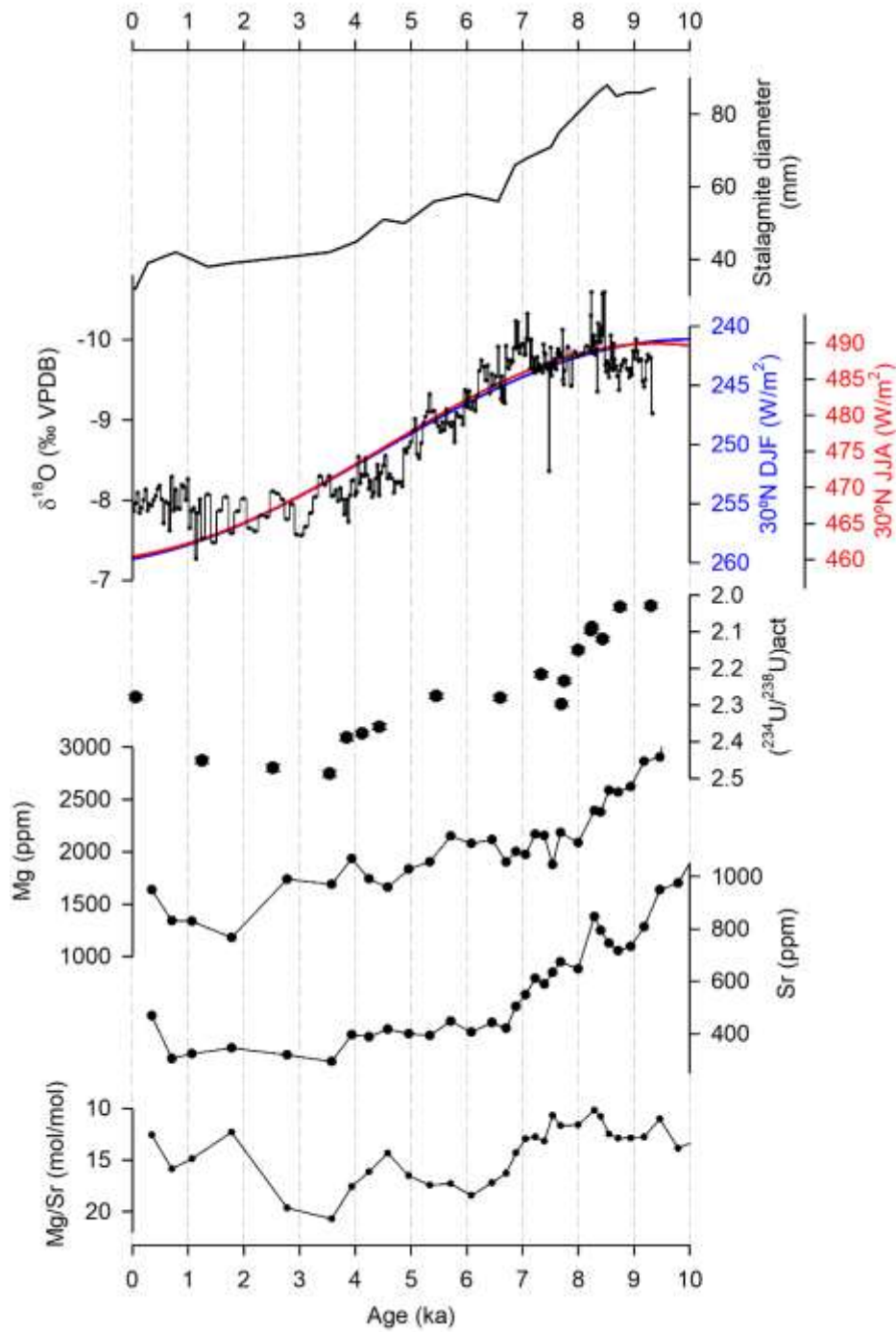
296

297 4.2. Geochemistry

298 Between 9.5 and 7.0 ka $\delta^{18}\text{O}$ values range between -10.0 and -9.5‰ (Fig. 6); after 7.0
299 ka values steadily increase until around 3.0 ka, when they stabilise at \sim -8.0‰ and remain so
300 until the present day. This overall trend is punctuated by two positive single point outliers of
301 \sim 1.0‰ at 9.4 and 7.5 ka, and two negative spikes \sim -0.5‰ at 8.5 and 8.1 ka.

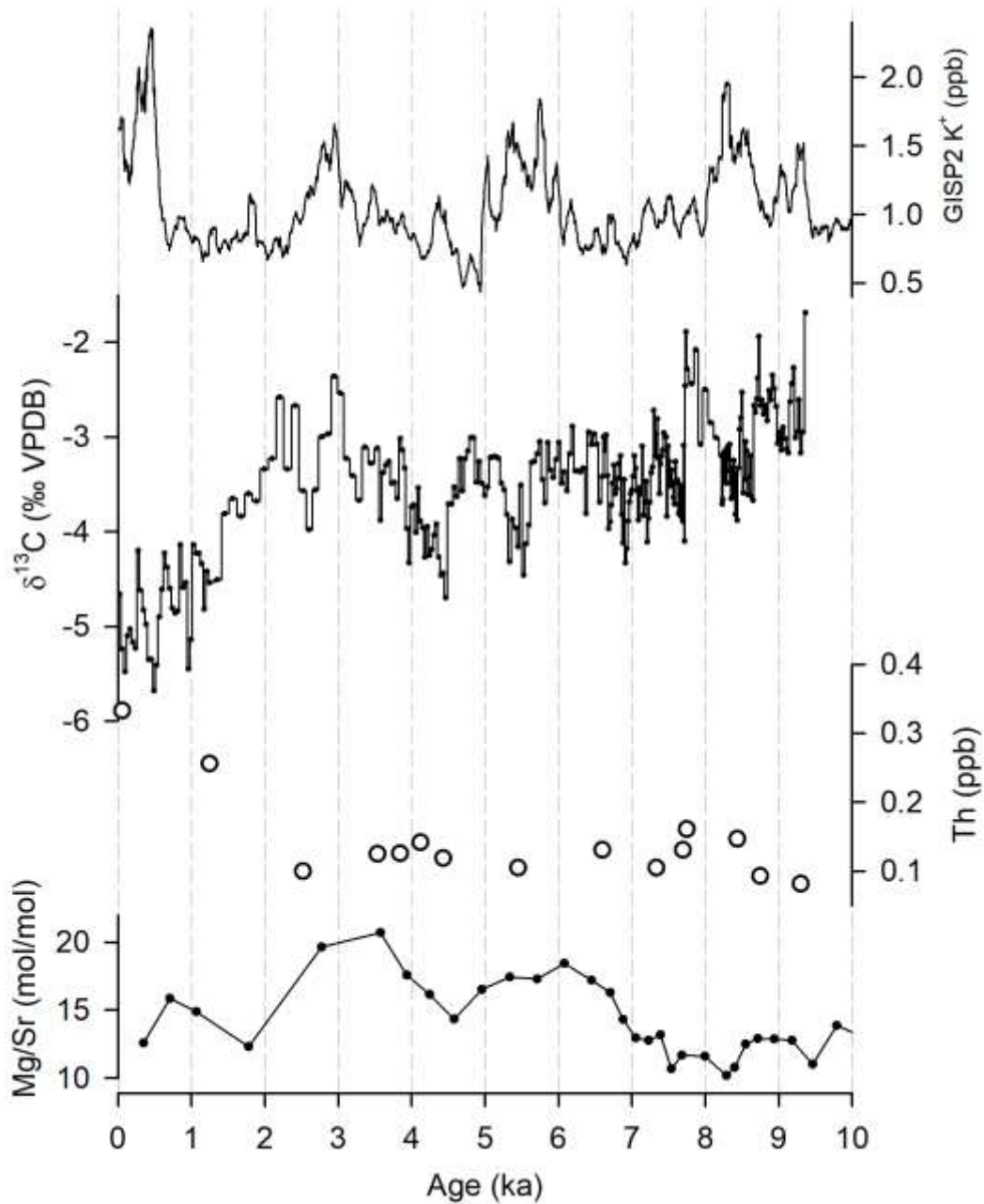
302 At 9.5 ka, initial $\delta^{13}\text{C}$ values are \sim -2.8‰, steadily declining to \sim -4.0‰ at 4.4 ka (Fig.
303 7), albeit with centennial-scale periods of lower and higher values (\sim 1.0‰ scale changes).
304 The largest positive excursion (\sim 1.8‰) in this period begins \sim 8250 years BP, peaking at

305 7740 years BP and finishing ~7700 years BP. Values increase markedly between 4.4 and 3.0
 306 ka (to ~-2.5‰), before recovering to ~-5.0‰ at the present day.



307

308 Fig. 6. KT-3 Holocene data series: stalagmite diameter, $\delta^{18}\text{O}$, $\text{U}^{234/238}$ and trace elements
 309 compared to 30°N summer (red) and winter (blue) insolation. Note Mg/Sr data are plotted on
 310 a reversed scale for easier comparison with $\delta^{18}\text{O}$ variation.



311

312 Fig. 7. KT-3 Holocene data series: $\delta^{13}\text{C}$, Th content and Mg/Sr compared to the GISP2 non-
 313 sea-salt K^+ record (Mayewski et al., 1997).

314

315 Mg and Sr contents are strongly correlated (r^2 0.86; Fig. S2) and broadly decrease
 316 with time (Fig. 6); both elements decrease by >50% of their initial values (4000 ppm Mg;
 317 1000 ppm Sr) in the early Holocene between 9.5 and 7.0 ka, before more gradual declines
 318 (2000 to 1200 ppm for Mg; 600-300 ppm for Sr) to the present day values. Ba contents
 319 between 140 and 55 ppm, while variable, have a profile similar to Sr (r^2 0.44; Fig. S3). Some

320 of the ‘peakiness’ in the Ba record corresponds with peaks in P, (Fig. S3) particularly
321 between 8.5 and 7.0 ka.

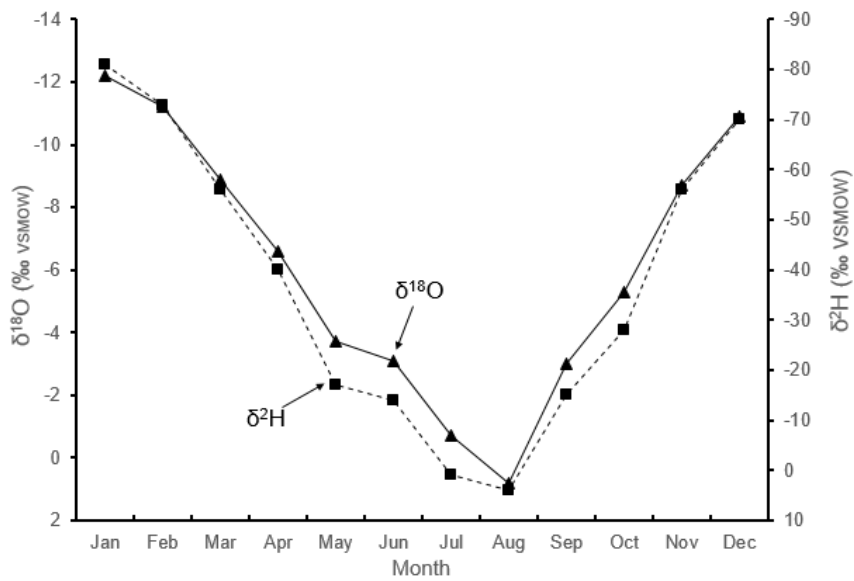
322 Decreasing Mg and Sr content correspond broadly with increasing $\delta^{18}\text{O}$ (Fig. 6; weak
323 negative correlation with R^2 of 0.26 and 0.40 respectively) but show no clear relationship
324 with $\delta^{13}\text{C}$. Ba shows a similar overall relationship with $\delta^{18}\text{O}$ as Mg and Sr but at much lower
325 concentrations. Molar Mg/Sr is not strongly related to $\delta^{18}\text{O}$ variation (Fig. 6), but neither is
326 the ratio constant, suggesting a mixed control on one or both elements (Tremaine and
327 Froelich 2013). Mg/Sr increases steadily from ~13 at 8.0 ka to ~18 at 6.0 ka; values then
328 decrease to ~15 until 4.5 ka, then increase again to ~20 between 3.6-2.8 ka when $\delta^{13}\text{C}$ is also
329 enriched (Fig. 7). Mg/Sr then decline again to ~14 after 2.5 ka (Fig. 6).

330

331 **5. Interpretation**

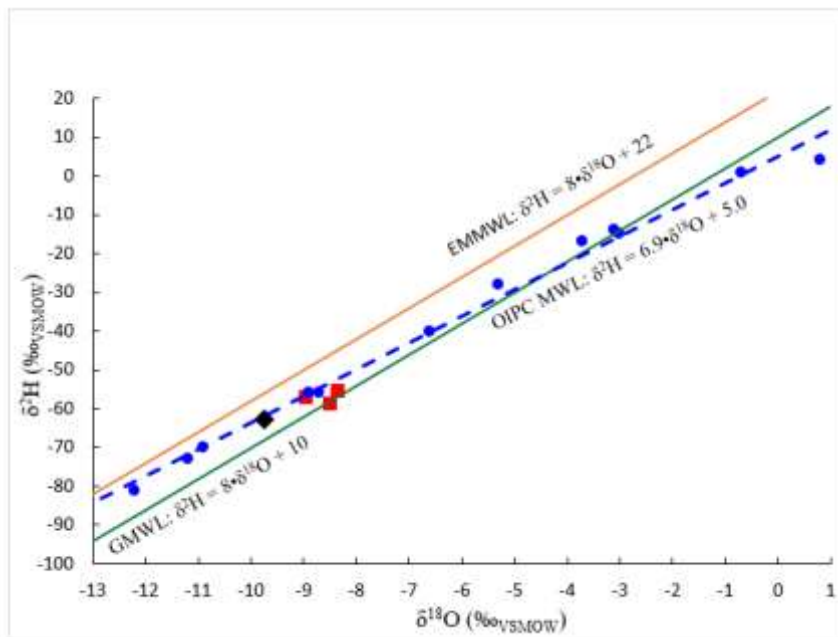
332 *5.1. Stable isotopes background*

333 Katalekhor Cave lies in an area for which very little precipitation or groundwater
334 isotopic data is available and Iran’s size, topography and diversity of moisture sources
335 preclude the development of a single meteoric water line (MWL) with wide application.
336 Three regional MWLs have been recently calculated for Northern Iran, Western Zagros and
337 Southern Zagros, zones defined by different combinations of dominant air masses
338 (Heydarizad et al., 2019): Katalekhor Cave is located between the core areas of the Northern
339 and Western zones. Interpolated monthly precipitation isotopic values (OIPC v3.1
340 www.waterisotopes.org; Bowen and Wilkinson 2002; Bowen and Revenaugh 2003; Table
341 S1) show strong seasonal differences (Fig. 8) which reflect rainfall amounts, atmospheric
342 temperature, moisture source and air mass trajectories. The OIPC MWL has a lower slope
343 than both the Global and Mediterranean MWLs (Fig. 9) and represents a best fit regression
344 line through interpolated isotopic data derived from precipitation events associated with air
345 masses of very diverse origins and flow paths (see above). It is therefore difficult to interpret
346 the line in terms of vapour source or atmospheric processes.



347

348 Fig. 8. Seasonal variation in oxygen (solid line) and hydrogen (dashed line) isotopes in
 349 Katalakhor precipitation based on interpolated OIPC data (Table S1).



350

351 Fig. 9. Local Meteoric Water Line for Katalakhor Cave site (blue dashed line) from interpolated
 352 OIPC monthly isotopic values for precipitation at the Katalakhor Cave site (blue dots). Black
 353 diamond shows mean OIPC November-April isotopic composition of precipitation. Red
 354 squares are Katalakhor Cave water samples collected November 2006 (Table S2). Also plotted
 355 for context are the Global Meteoric Water Line (green; Craig, 1961) and the Eastern
 356 Mediterranean Meteoric Water Line (orange; Gat and Carmi, 1970).

357 Three drip and pool waters sampled at the time of stalagmite collection (November
358 2006) have $\delta^{18}\text{O}$ between -8.4 and -9.0‰_{VSMOW} (Table S2) and plot on or just above the
359 GMWL but below the MMWL (Fig. 9). These compositions are within error of the OIPC
360 mean November interpolation (-8.7‰_{VSMOW}) and slightly less negative than the OIPC
361 inferred non-weighted mean winter/spring (NDJFMA) recharge value of -9.75‰_{VSMOW}
362 (Table S2). The two drip water samples are slightly enriched relative to the pool sample,
363 which may reflect mixing of autumn recharge with residual water in the epikarst.

364 November 2006 drip water supplying KT-3 had $\delta^2\text{H}$ -55.4‰_{VSMOW} and $\delta^{18}\text{O}$ -
365 8.4‰_{VSMOW} (Table S2 and Fig. 9). Calcite from the growth tip had a $\delta^{18}\text{O}$ of -7.9‰_{VPDB}.
366 These data allow calculation of the extent of oxygen isotopic equilibrium during active KT-3
367 calcite precipitation. To do this we used the best-fit “cave calcite” line through a plot of the
368 available global speleothem-water $\delta^{18}\text{O}$ data (Tremaine et al., 2011) described by the
369 equation:

$$370 \quad 1000\ln\alpha = 16.1 (10^3\text{T}^{-1}) - 24.6 \quad (1)$$

371 This relationship implies that water-calcite equilibrium fractionation factors are higher in
372 natural cave systems than in laboratory experiments (see also Daëron et al., 2019). The
373 calculated temperature using the Tremaine et al. (2011) equation is 16.7 °C, close to the
374 measured chamber air temperature of 15.5 °C - 16.6 °C during sampling (Section 2). The data
375 suggest that KT-3 calcite is forming in near-equilibrium with its modern drip waters and we
376 assume these conditions largely held during the Holocene. Drip waters with a stronger
377 component of winter precipitation lower calculated temperatures. For example, an
378 equilibrium temperature calculated from the averaged last 500 years of KT-3 calcite growth
379 ($\delta^{18}\text{O}$ -8.0 ‰_{VPDB}) and modern non-weighted mean winter/spring (NDJFMA) drip water
380 recharge ($\delta^{18}\text{O}$ -9.75 ‰_{VSMOW}) is 10.3 °C. This temperature is comparable to a modern mean
381 annual temperature (1986-2005) of 10.6 °C at nearby Zanjan, Iran (1663 m; Kisi and Shiri
382 2014).

383

384 5.2. *KT-3 petrography*

385 Early Holocene extension of KT-3 (9.5-6.5 ka) was faster (~40-60 $\mu\text{m}/\text{yr}$) than all
386 later extension (6.5 ka onward) except the last millennium. The KT-3 extension rate also
387 dropped significantly to ~14 $\mu\text{m}/\text{yr}$ for a short period between 8.24-7.81 ka. Marked thinning

388 of the stalagmite diameter began ~8.4 ka and progressive thinning from this time onward
389 indicates reducing drip rate with time. While lack of intra-Holocene growth hiatuses suggests
390 no cessation in drips, the change from C to Ce fabrics at 163 mm dft (~6.7 ka) is coincident
391 with the switch to slower extension rate.

392 The small crystals above the basal hiatus are interpreted as random growth fabrics
393 associated with nucleation (Frisia 2015), followed by overgrowth of C crystals. The irregular
394 crystal boundaries seen to 163 mm dft indicate interference of growth between neighbouring
395 crystallites (Kendall and Broughton 1978). Such changes in stacking are due to crystallite
396 defects caused by the presence of growth inhibitors such as organic materials or by rapid
397 extension rate (Frisia et al., 2000; Frisia and Borsato 2010). These fabrics may therefore
398 indicate a relatively fast drip rate during first ~4000 years of Holocene growth, which is
399 consistent with rapid stalagmite extension (indicated by the age model) and the wider
400 stalagmite diameter. It is also possible that the higher Ba contents registered until 7.2 ka
401 indicate a link to delivery of organic derived colloidal particles (Borsato et al., 2007),
402 potentially indicative of efficient epikarst flushing.

403 The columnar elongated (Ce) fabrics above 163 mm dft (after ~6.7 ka) have straight,
404 well-defined boundaries created by more regular stacking of crystallites (Frisia et al., 2000).
405 Larger crystals with stable boundaries grow under constant drips (Frisia 2015), but in KT-3
406 the association of Ce fabrics with a diminishing stalagmite diameter suggest a gradually
407 reducing drip water volume. Relationship between KT-3 Ce fabric and higher drip water
408 Mg/Ca ratios (Frisia et al., 2000; Frisia 2015) is not expected as the Ce calcite Mg content is
409 lower than that of the earlier formed C calcites (see below).

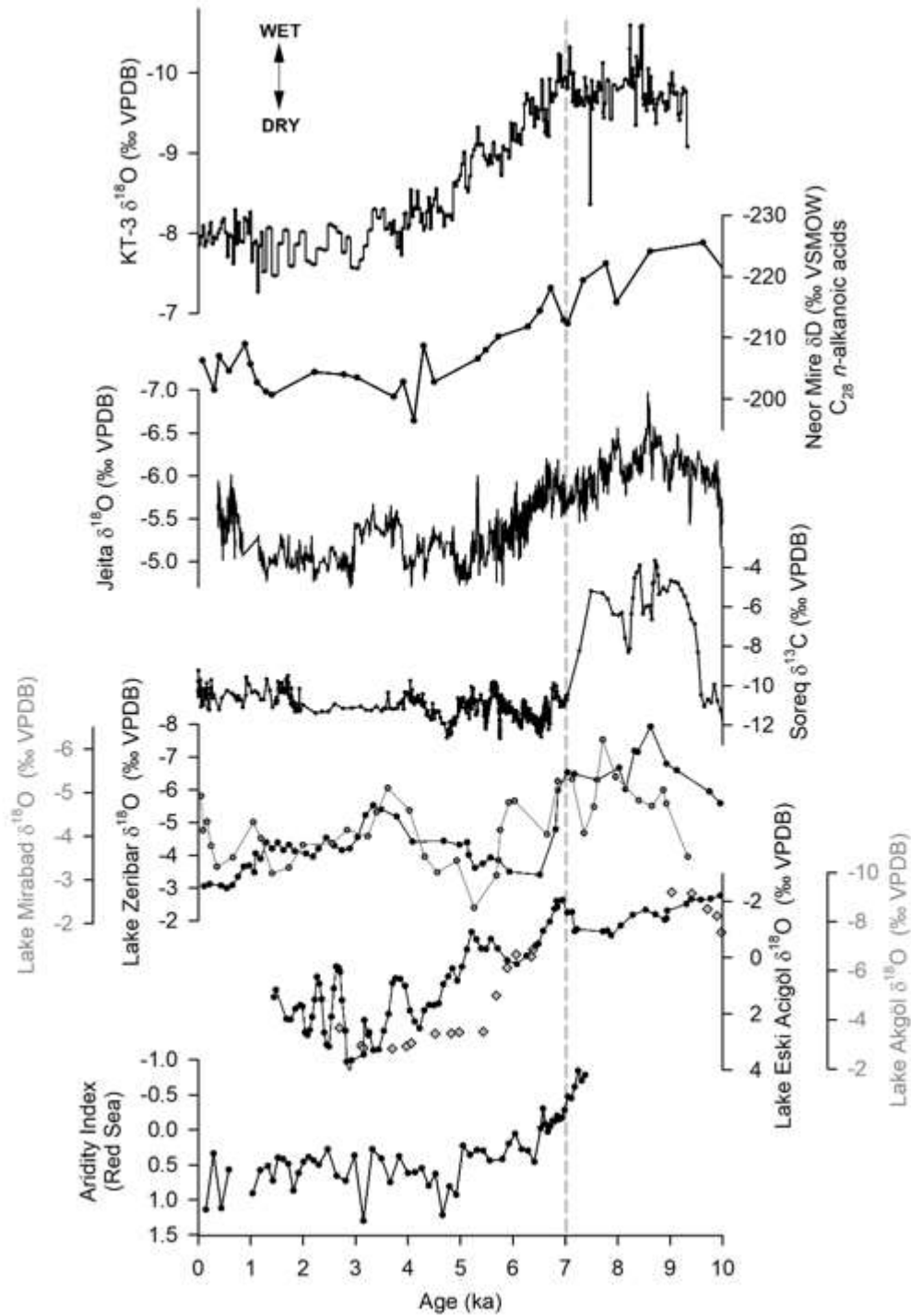
410 *5.3. Geochemistry*

411 In the Mediterranean, orbital precession has a strong influence on climate with high
412 summer and low winter insolation favouring hotter and drier summers and cooler wetter
413 winters (Fletcher and Sánchez Goñi 2008). In Iran, reduction in winter rain may also be
414 influenced by a strong winter Siberian high pressure system that develops when summer solar
415 insolation is at a minimum and winter insolation at maximum (Miller et al., 2005). The
416 progressive increase in Holocene $\delta^{18}\text{O}$ after 7.0 ka in KT-3 tracks the decrease in summer
417 insolation (Fig. 6). This increase in $\delta^{18}\text{O}$ is driven by hypothesized gradual reduction in
418 winter precipitation amount as seen clearly in a stalagmite from Uzbekistan (Tonnel'naya
419 Cave; Cheng et al., 2016), and suggested in a NW Iranian stalagmite from Qal'e Kord Cave

420 (Fig. S4: Mehterian et al., 2017) 125 km from Katalekhhor. There was no growth of KT-3 at
421 the summer insolation maximum around 11.5 ka. Even after Holocene growth initiation at 9.5
422 ka, KT-3 $\delta^{18}\text{O}$ does not immediately increase coincident with summer insolation reduction in
423 the way that Tonnel'naya Cave $\delta^{18}\text{O}$ does after 10 ka (Cheng et al., 2016). KT-3 $\delta^{18}\text{O}$ values
424 between 9.5 and 8.5 ka (Fig. 6) are thus less negative than expected for an insolation driver
425 (cf. Tonnel'naya Cave; Cheng et al., 2016) in the early Holocene, suggesting that winters
426 were not as wet as they might have been had insolation been the dominant forcing. The
427 indicated delayed regional response to insolation forcing, by around 1000 years, could have
428 resulted from the glacial boundary conditions, particularly enhanced Eurasian snow cover.
429 Snow cover suppresses insolation effects due to its higher albedo and in particular by
430 consuming energy during melting and associated hydrological effects (Barnett et al., 1988;
431 Ye and Bao, 2001). Alternatively, reduced early Holocene regional rainfall may have been
432 influenced by postglacial sea-level recovery in the Persian Gulf. Between 10.0 and 8.0 ka the
433 gulf sea surface area was much reduced relative to today (Lambeck 1996), which may have
434 affected cyclogenesis and thus regional rainfall amount.

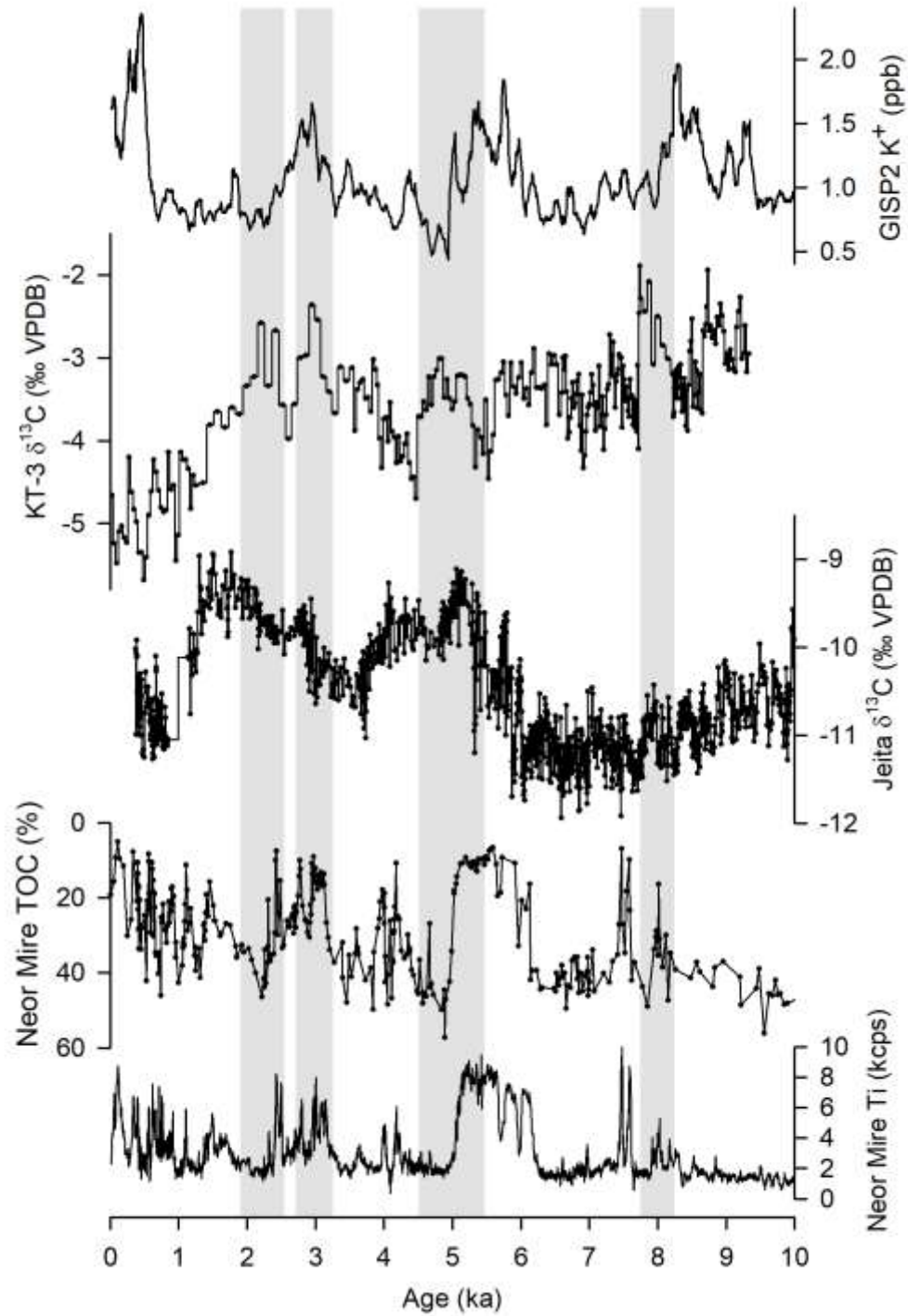
435 Increased time interval between drips leads to reduction in stalagmite diameter
436 (Kaufmann 2003) consistent with increasing $\delta^{18}\text{O}$ values indicating decreasing precipitation
437 amount (Fig. 6). Rate of diameter reduction from 7.0 ka onward mimics the increase in $\delta^{18}\text{O}$
438 caused by insolation forcing (Fig. 6). Increase in $^{234}\text{U}/^{238}\text{U}_0$ activity ratios from around 2.0 in
439 the early Holocene to ~ 2.4 in the late Holocene (Table 1; Fig. 6) also follows the $\delta^{18}\text{O}$ profile.
440 In arid regions, $^{234}\text{U}/^{238}\text{U}_0$ may reflect the relative contribution of U from soil versus that
441 from bedrock dissolution, controlled by epikarst residence time and discharge rate (Kaufman
442 et al., 1998; Rowe et al., 2020) which is thus climatically driven.

443 While KT-3 $\delta^{18}\text{O}$ is indicating progressive reduction in winter precipitation amount
444 after 7.0 ka, it is notable that centennial-scale variability is not a feature. For example the
445 distinct $\sim 1\text{‰}$ negative $\delta^{18}\text{O}$ spike ('Assyrian megapluvial') at 2800-2690 years BP in Kuna
446 Bar cave stalagmites of the Tigris floodplain area (Sinha et al., 2019) 260 km SW of
447 Katalekhhor, has negligible expression in KT-3. The Tigris area is on the SW margin of the
448 Zagros winter precipitation zone (Evans and Smith 2006) where interannual rainfall
449 variability is between 40-60% (Sinha et al., 2019), thus both flood and drought prone. In
450 contrast Katalekhhor is situated in the core area of stable winter recharge where interannual
451 rainfall variability is less marked or absent.



452

453 Fig. 10. KT-3 $\delta^{18}\text{O}$ record compared with other regional Holocene palaeoclimate records from
 454 Neor Mire (Iran; Sharifi et al., 2015), Jeita Cave (Lebanon; Cheng et al., 2015), Soreq Cave
 455 (Israel; Bar-Matthews et al., 2003; Grant et al., 2012), Iranian lakes Mirabad and Zeribar
 456 (Stevens et al., 2001; 2006), Turkish lakes Eski Acigöl (Roberts et al., 2001) and Akgöl (Leng
 457 et al., 1999) and Red Sea aridity index from Arz et al., (2003).



458

459 Fig. 11. KT-3 $\delta^{13}\text{C}$ record compared to aridity signals in the GISP2 non-sea-salt K^+ record
 460 (Mayewski et al., 1997), Jeita Cave $\delta^{13}\text{C}$ record (Lebanon) and Neor Mire (Iran) TOC and Ti
 461 data (Sharifi et al., 2015). Grey bars highlight periods of aridity in KT-3 $\delta^{13}\text{C}$.

462

463

464 The $\delta^{13}\text{C}$ values broadly decrease between 9.5 and 4.4 ka (Fig. 7), but unlike $\delta^{18}\text{O}$
465 there is centennial scale variability with higher $\delta^{13}\text{C}$ (<1.5‰) values between 8.3-7.7 ka, 6.5-
466 5.5 ka, 5.4-4.5 ka and ~4.3-2.0 ka (including distinct peaks ~3.0 and 2.2 ka). After 2.0 ka
467 $\delta^{13}\text{C}$ show a marked 1.5‰ decrease to modern values, at about the time that local summer
468 insolation stabilizes near a relative minimum (Fig. 7). Overall KT-3 $\delta^{13}\text{C}$ compositions are
469 enriched relative to lower altitude stalagmite records at Soreq (Israel; Fig. 10), Jeita
470 (Lebanon; Fig. 11) and Kuna Ba (Iraq) where more negative $\delta^{13}\text{C}$ indicate stronger influence
471 of soil CO_2 (Verheyden et al., 2008; Bar-Matthews and Ayalon 2011; Sinha et al., 2019). We
472 interpret the KT-3 values to reflect a low soil CO_2 contribution (modern soil development at
473 the cave is sparse) where short soil–water residence time prevents complete isotopic
474 equilibration between soil CO_2 and infiltrating water. This allows a stronger ingress of
475 atmospheric CO_2 (cf. Genty et al., 2003) with heavier isotopic composition (Holocene
476 atmospheric CO_2 $\delta^{13}\text{C}$ ~ -6.5‰; Elsig et al., 2009), possibly also modulated by variable
477 limestone bedrock weathering contributions (McDermott 2004). The ~ 1.5‰ centennial scale
478 variability in the KT-3 $\delta^{13}\text{C}$ record is probably thus controlled mainly by either small changes
479 in soil development (more negative values reflecting some soil development), or periodic
480 dryness or ground freezing/snow covered conditions that impart an ‘aridity’ signal. Viewed
481 on a millennial scale, net soil development between 9.5 and 4.0 ka (Fig. 7) was marginal, but
482 deteriorating during the centennial-scale dry periods. The first of these was between 8.3-7.7
483 ka (Figs 11 & 12): a 550 year period that overlaps both the ~160 year-long, 8.2 ka cold/dry
484 event (Alley et al., 1997; Clarke et al. 2004; Alley and Ágústsdóttir 2005) and the latter part
485 of a Rapid Climate Change (RCC) event based on non-seasalt potassium (K^+) in Greenland
486 ice cores (Mayewski et al., 2004). The RCC between 9.0-8.0 ka gave rise to an intensified
487 Siberian High Pressure that affected Mediterranean regional climate (Rohling et al., 2019),
488 including reduced SST until ~7.8 ka in some eastern Mediterranean records (Rohling et al.
489 2002; Marino et al, 2009). The broad reversal in KT-3 $\delta^{13}\text{C}$ trend, beginning around 4.3 ka
490 and ending soon after 2.0 ka (Fig. 11) similarly marks sustained aridity. This period includes
491 peaks in $\delta^{13}\text{C}$ ~3.4 and 2.2 ka that also correspond with a RCC event between 3.5-2.5 ka
492 (Mayewski et al., 2004). It also encompasses the 2.65 to 2.50 ka ‘Assyrian megadrought’
493 event evident in both $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$ records from Kuna Bar cave (Sinha et al., 2019).
494 Cessation of cold and dry conditions in KT-3 after 2.2 ka were followed by amelioration
495 toward present day conditions.

496 The similarity of the $^{234}\text{U}/^{238}\text{U}_0$ activity profile with those of Mg, Sr (Fig. 6) and Ba
497 suggest that the source of these trace elements in drip water is controlled principally by
498 limestone bedrock dissolution (Fairchild et al., 2010). The initially high Sr and Mg may
499 indicate flushing of epikarst water with a legacy of bedrock regolith (and possibly soil)
500 dissolution that had built up in the arid conditions preceding the Holocene. The $\delta^{13}\text{C}$ values at
501 this time are, however, at their least negative, suggesting low soil CO_2 contribution.

502 Initial flushing reduced drip water Sr and Mg within a few centuries and thereafter
503 broad anti-correlation between $\delta^{18}\text{O}$ and both Mg and Sr (Fig. 6) is not explained by either an
504 epikarst residence time or prior calcite precipitation (PCP) control, where an opposite
505 ‘aridity’ relationship with Mg and Sr would be expected (Fairchild et al., 2000). Lack of any
506 clear relationship between Mg and $\delta^{13}\text{C}$ thus casts doubt on strong residence time or PCP
507 influence on drip water compositions. The strong covariation between Sr and Ba (but not
508 Mg), in a high-resolution record between 5.0-3.8 ka (Fig. S2), further supports their supply
509 from limestone bedrock (Fairchild et al., 2010), while Mg probably has more complex
510 sources (Rutledge et al. 2014). Variability in molar Mg/Sr and comparison of the Mg and Sr
511 profiles (Fig. 7.15) demonstrates that a component of Mg supply is from a non-bedrock
512 source (Tremaine and Froelich 2013; Rutledge et al., 2014). Increased molar Mg/Sr between
513 6.6-5.0 ka and again between 4.0-2.5 ka suggests an increase in non-limestone-derived Mg.
514 These timings concur with RCC’s seen in the non-seasalt potassium (K^+) in Greenland ice
515 cores (Fig. 7) suggesting that aeolian dust may be the source (cf. Carolin et al. 2019).
516 Elevated molar Mg/Sr between 4.0-2.5 ka also corresponds with higher with higher KT-3
517 $\delta^{13}\text{C}$ (Fig. 7), both indicating aridity.

518 P in speleothems is typically related to organic matter content (Borsato et al., 2007);
519 peaks in KT-3 P are thus probably controlled by episodic leaching of organic matter from
520 soils. Covariation of peaks in P and Ba, particularly between 8.5 and 7.0 ka (Fig. S3), shows
521 that background Ba is augmented episodically by a soil organo-colloidal source (Borsato et
522 al., 2007; McDonald et al., 2007; Rutledge et al., 2014).

523 The change to more negative $\delta^{13}\text{C}$ after 2.0 ka, coincident with lowest summer and
524 least cold winter temperatures based on the insolation records, could indicate decreasing
525 effective evaporation (without change in precipitation amount) that reduced epikarst
526 residence time (lower bedrock carbon contribution). Improved soil-moisture availability
527 would also have allowed better vegetation development. The highest ^{232}Th contents of the

528 record at this time suggest a strong wind-borne dust supply, as do the Mg/Sr ratios (Fig. 7),
529 but local aridity is not indicated in the $\delta^{13}\text{C}$ values.

530

531 **6. KT-3 Holocene palaeoclimate: regional comparisons**

532 In KT-3 the $\delta^{18}\text{O}$ values indicate a wet early Holocene (9.5 to 7.0 ka), hypothesized as
533 wet winters. This is consistent with the regional-scale scenario (Burstyn et al., 2019),
534 including the notion of a northward displacement of the westerly jet axis at times of high
535 solar insolation over West Asia (Cheng et al., 2016; Mehterian et al. 2017), corresponding
536 with a strong Asian summer monsoon. The KT-3 $\delta^{18}\text{O}$ record also suggests that snow cover
537 damped the regional early Holocene response to insolation forcing (Section 5.3), consistent
538 with a similar delayed early Holocene response of the Indian Summer Monsoon to insolation
539 recorded in stalagmites from Oman (Fleitmann et al., 2007).

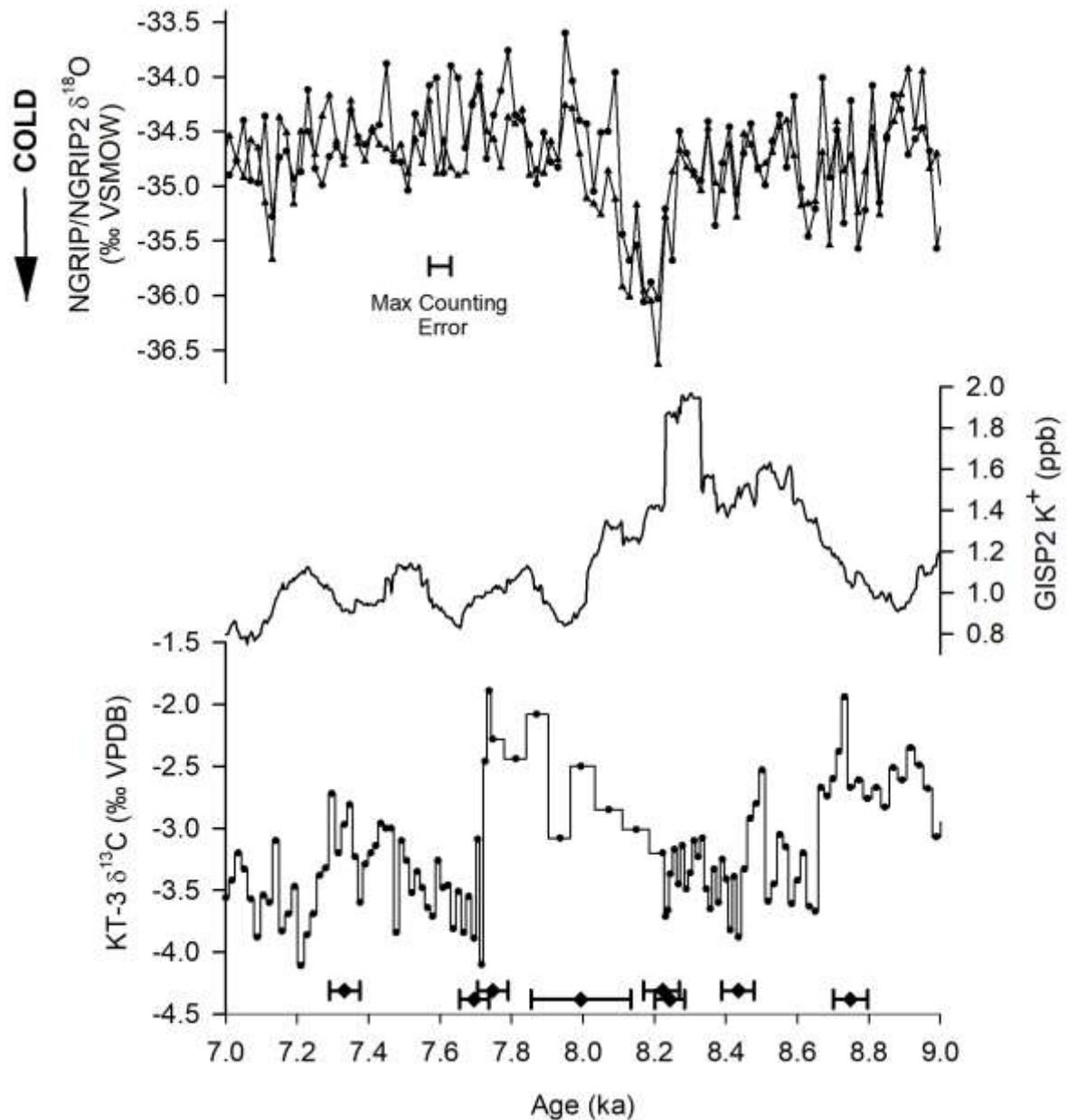
540 Initiation of KT-3 growth was coincident with onset of sapropel 1 (S1) ~9.5 ka in the
541 Levantine Basin (Almogi-Labin et al., 2009). Lake and speleothem records in Iran (Mirabad
542 and Neor mire; Stevens et al., 2006; Sharifi et al., 2015), Turkey (Van and Karaca; Wick et
543 al., 2003; Rowe et al., 2012), Egypt (Sun et al., 2019) and the Levantine Basin itself (Emeis
544 et al., 2000), all indicate wet conditions at this time (Fig. 10). After 7.0 ka, a strong
545 insolation control is evident in reduction in stalagmite diameter, increase in $\delta^{18}\text{O}$ values, and
546 reduction in $^{234}\text{U}/^{238}\text{U}$ values all indicating progressive precipitation amount reduction
547 leading to a much drier mid-late Holocene conditions. This trend is clear in other Iranian
548 (Walker & Fattahi 2011; Jones et al., 2008; Sharifi et al., 2015) and wider Eastern
549 Mediterranean/Middle Eastern palaeoclimate records (e.g. Bar-Matthews et al., 1997;
550 Frumkin et al., 1999; Arz et al., 2003; Eastwood et al., 2007; Cheng et al., 2015; Sun et al.,
551 2019).

552 The KT-3 $\delta^{13}\text{C}$ values mostly become more negative between 9.5 and 7.0 ka (Fig. 7)
553 which suggests modest increase in soil CO_2 contribution, in agreement with the most negative
554 Holocene $\delta^{13}\text{C}$ values between 10.0 and 7.4 ka in the Soreq Cave record (Bar-Matthews et al.,
555 2003). The transition to drier conditions in KT-3 beginning around ~7.0 ka, (less negative
556 $\delta^{18}\text{O}$, reduced stalagmite diameter), followed by reduction in extension rate and the
557 petrographic fabric change ~6.7 ka, correspond with the cessation of Holocene climate
558 optimum indications in Levantine records (Robinson et al., 2006). Specifically (see Fig. 10),
559 a 7.4 ka return to aridity ($\delta^{13}\text{C}$, Soreq Cave; Bar-Matthews et al., 2003), increasing $\delta^{18}\text{O}$

560 (aridity) after 6.0 ka in Jeita Cave (Cheng et al., 2015) and cessation of reduced salinity in the
561 Northern Red Sea at 7.2 ka (Arz et al., 2003).

562 The 550 year enrichment in KT-3 $\delta^{13}\text{C}$ between 8.3-7.7 ka (Fig. 12) is a combined
563 record of aridity resulting from the 8.2 ka event, superimposed on an RCC event. The start of
564 this anomaly is coincident with North Atlantic sea-surface temperature reduction at ~8.3 ka
565 (Ellison et al., 2006) caused by meltwater release of glacial lakes Agassiz and Ojibway
566 (Barber et al. 1999; Clarke et al. 2004; Alley and Ágústsdóttir 2005). The KT-3 anomaly is,
567 however, too long to be simply a response to the 8.2 ka event, and is superimposed on a
568 broader RCC climatic anomaly. This event is now well documented in SST records from the
569 eastern Mediterranean and Aegean (Rohling et al. 2002; Rohling and Pälike 2005; Marino et
570 al., 2009) and from isotopic signals in Greek and Alpine stalagmites (Affolter et al., 2019;
571 Peckover et al., 2019). The RCC cooling is attributed to weakening of the Atlantic meridional
572 ocean circulation and reduction in northward heat transport caused by increased flux of
573 meltwater from the Laurentide Ice Sheet into the North Atlantic (Rohling and Pälike 2005).
574 The influence of the melting Laurentide Ice Sheet ended ~7.8 ka, after which more stable
575 continental Europe temperatures re-established (Affolter et al., 2019).

576 In KT-3 the combined event between 8.3-7.7 ka is only seen in $\delta^{13}\text{C}$, combined with a
577 slow-down in stalagmite extension rate, both of which imply aridity. Enhanced input of
578 aeolian dust ~8.0 ka in Iranian Neor peat mire (Sharifi et al., 2015; Fig. 11) supports this
579 interpretation. Despite the near-global climatic effects of the 8.2 ka event (Cheng et al.,
580 2009), its presence in Mediterranean-Fertile Crescent stalagmite isotope records is not
581 consistent (e.g. Frumkin et al., 1994; Bar Matthews et al. 1999; Zanchetta et al., 2007;
582 Verheyden et al. 2008; Cheng et al., 2015; Peckover et al., 2019), rather its record is
583 regionally heterogeneous (Burstyn et al., 2019). Middle Eastern pollen records have not
584 typically captured climate change indications at this time, neither have signs of human
585 disturbance been recognised in archaeological records (van der Horn et al., 2015).



586

587 Fig. 12. Detail of KT-3 $\delta^{13}\text{C}$ record between 9.0 and 7.0 ka compared to Greenland ice-core
 588 $\delta^{18}\text{O}$ 8.2 ka anomaly (0-7.9ka age model from Vinther et al., 2006; 7.9-14.7ka age model:
 589 Rasmussen et al., 2006; GRIP data: Johnsen et al., 1997; NGRIP data: Dahl-Jensen et al., 2002)
 590 and the GISP2 non-sea-salt K^+ record (Mayewski et al., 1997). Position of KT-3 U/Th dates
 591 with error bars (Table 1) indicated above the age axis.

592

593

594

595 Regional palaeoclimate records after 6.0 ka largely corroborate the reduction in
596 rainfall and developing aridity seen in KT-3 $\delta^{18}\text{O}$. However, centennial-scale changes in the
597 KT-3 $\delta^{13}\text{C}$ indicate switches from relatively cold and dry to slightly warmer and wetter
598 conditions (Fig. 11). Increase in KT-3 $\delta^{13}\text{C}$ between 5.4 and 4.5 ka matches that seen in the
599 Levant, where millennial-scale dryness is evident between 5.3-4.2 ka (centred ~ 5.1 ka; Fig.
600 11) in Jeita Cave (Cheng et al. 2015). The broad increase in KT-3 $\delta^{13}\text{C}$ beginning around 4.3
601 ka and ending around 2.0 ka, suggests decreasing rainfall amount (decrease in soil CO_2
602 contribution), supported by continued reduction in growth diameter to 2.2 ka. These generally
603 cold/dry conditions overlap the timing of ‘Assyrian megadrought’ in both $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$
604 records in Kuna Bar cave (Sinha et al., 2019). Distinct peaks in KT-3 $\delta^{13}\text{C}$ ~ 3.0 and 2.2 ka
605 correlate with lithogenic dust proxies in the Iranian Neor peat mire (Sharifi et al., 2015) that
606 correspond with an RCC event of intensified Siberian High Pressure between 3.5-2.5 ka
607 (Mayewski et al., 2004; Fig. 11). This event also has expression in the detrended Jeita Cave
608 $\delta^{18}\text{O}$ (Rohling, et al., 2019), and in Syrian alluvial pollen records (Kaniewski et al., 2019).
609 Millennial-scale precipitation decrease ~ 2.0 ka in Turkey (Dermody et al., 2012) is within
610 dating error of the 2.2 ka KT-3 $\delta^{13}\text{C}$ peak and close to the least negative $\delta^{13}\text{C}$ at 2.4 ka in
611 Kuna Bar cave (Sinha et al., 2019).

612 There is no KT-3 trace element record of increased dust flux beginning abruptly at
613 4.51 and 4.26 ka seen in another Iranian speleothem (Carolin et al., 2019). The very low
614 ^{232}Th (Table 1) in KT-3 indicates largely detritus free-calcite before 2.5 ka. The over-riding
615 impression is that only $\delta^{13}\text{C}$ registers centennial or longer period changes such as the 3.5-2.5
616 ka RCC event and not the abrupt aridity indicators seen in some records (Bar-Matthews and
617 Ayalon, 2011; Carolin et al., 2019; Schmidt et al., 2011), that have been linked directly with
618 North Mesopotamian settlement abandonment or human settlement hiatus in the Iranian
619 Plateau. This said, the increase in KT-3 $\delta^{13}\text{C}$ beginning around 4.4 ka and ending around 2.0
620 ka has a timing that overlaps the ‘Crisis Years Cooling Event’ that impacted eastern
621 Mediterranean populations through stressors on food and agricultural productivity
622 (Kaniewski et al., 2019; Sinha et al., 2019). Indeed, as noted in the Neor peat mire dust
623 record (Sharifi et al., 2015) aridity at this time overlaps empire collapse (UrIII, Elam and
624 Medes empires) and demise of the Archaemenids.

625

626

627 6.1. Comparisons with lake records from Zeribar and Mirabad

628 Understanding of regional Holocene palaeoclimate in Iran has until recently been
629 heavily influenced by geochemical, palynological and plant macrofossil data from Iranian
630 Lakes Zeribar and Mirabad (Stevens et al., 2001; 2006) situated 180 km W and 300 km SSW
631 of Katakhor Cave (Fig. 1). These lake proxies were thought to record changes in seasonality
632 of rainfall (Stevens et al., 2001, 2006); however, this scenario relies heavily on a correct
633 interpretation of the terrestrial pollen data. Other regional palaeoclimate indicators do not
634 concur with this scenario (Roberts et al., 2008; Rowe et al., 2012; Sharifi et al., 2015), in
635 particular the notion of a relatively dry early Holocene (Stevens et al., 2001) and wettest
636 conditions in the Mid Holocene (Stevens et al., 2001, 2006; Griffiths et al., 2001). Neither of
637 these climatic signatures register in KT-3 where a relatively wet early Holocene is followed
638 by increasing aridity in the Mid Holocene.

639 The Zeribar carbonate isotope records, decoupled from the pollen data, could result
640 from simple covariation in a closed lake basin (Stevens et al., 2001). If so the $\delta^{18}\text{O}$ record
641 (and the Mirabad $\delta^{18}\text{O}$ record; Stevens et al., 2001) can be interpreted broadly as an
642 insolation-driven record in the early Holocene, starting wet, but with recharge decreasing
643 until ~7.0 ka, followed by developing aridity that increases both $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ (Fig. 10).
644 Plant macrofossils from Zeribar are consistent with low salinity freshwater conditions
645 between 10.0-6.9 ka (Wasylikowa, et al., 2006). The early Holocene Sr/Ca in ostracode shells
646 from Mirabad, interpreted as concentration (evaporation) of lake water dissolved ions
647 (Stevens et al. 2006) are more likely inherited from weathering of the underlying gypsum-
648 bearing sandstones, as an evaporation signal does not register in the lake carbonate $\delta^{18}\text{O}$.
649 These revised climatic interpretations are consistent with the KT-3 record (Fig. 10), and with
650 developing research concerning responsiveness of biomes to postglacial climate change
651 (Djamali et al., 2010) and human impacts on Neolithic vegetation management (Roberts
652 2002) and developing agriculture, all of which can influence pollen-based palaeo-vegetation
653 records (cf. Djamali et al., 2009; Sharifi et al., 2015).

654

655 7. Conclusions

656 Stalagmite KT-3 from Katakhor Cave in the Zagros Mountains grew through most of the
657 Holocene and its isotopic records are key in better understanding Holocene climate change in
658 the central Zagros region, representative of montane 'fertile crescent' environments, and

659 allowing confident linkage with palaeoclimate records in the Levant, and the monsoonal
660 Arabian Sea region to the SE. Specifically:

- 661 1. Stalagmite KT-3 began growing ~9.5 ka under wet early Holocene conditions ($\delta^{18}\text{O}$
662 values around or below -9.0‰ , maximum growth diameter and lowest $^{234}\text{U}/^{238}\text{U}_0$ activity
663 values). Progressive reduction in winter precipitation amount after 7.0 ka is driven by
664 decreasing summer insolation and is expressed by increasing $\delta^{18}\text{O}$ and $^{234}\text{U}/^{238}\text{U}_0$ activity
665 values and reduction in growth diameter until ~2.0 ka. Centennial-scale variability is not
666 a feature of the $\delta^{18}\text{O}$ record, Katalekhor being located in an area of stable winter recharge
667 where interannual rainfall variability was probably not marked.
668
- 669 2. KT-3 $\delta^{13}\text{C}$ values broadly decrease from ~ -2.8‰ to ~ -4.0‰ between 9.5 and 4.4 ka, but
670 do show ~ 1.5‰ centennial scale variability with higher $\delta^{13}\text{C}$ ($<1.5\text{‰}$) values between
671 8.3-7.7 ka, 6.5-5.5 ka, 5.4-4.5 ka and ~4.3-2.0 ka. KT-3 $\delta^{13}\text{C}$ compositions are enriched
672 relative to lower altitude stalagmites in the Levant, which results from low soil CO_2
673 contribution and stronger ingress of atmospheric CO_2 . Centennial-scale variability is
674 probably thus controlled by small changes in soil development in this case linked to
675 periodic dryness.
676
- 677 3. Three of the centennial-scale dry periods seen in KT-3 $\delta^{13}\text{C}$ correspond with Rapid
678 Climate Change (RCC) events based on non-seasalt potassium (K^+) in Greenland ice
679 cores (Mayewski et al., 2004). The first of these, between 8.3-7.7 ka in KT-3, is
680 complicated by overlap with the ~160 year-long, 8.2 ka cold/dry event; however, its
681 culmination corresponds with other regional records that suggest an intensified Siberian
682 High Pressure system affecting Mediterranean regional climate. A broad reversal in KT-3
683 $\delta^{13}\text{C}$ beginning around 4.3 ka and ending soon after 2.0 ka implies sustained aridity that
684 corresponds with a RCC event between 3.5-2.5 ka and the 2.65 to 2.50 ka 'Assyrian
685 megadrought' evident in stable isotope records from Kuna Bar cave in Iraq (Sinha et al.,
686 2019).
687
- 688 4. The KT-3 $\delta^{18}\text{O}$ record suggests that nearby lacustrine carbonate isotope records (Lakes
689 Zeribar and Mirabad) can be reinterpreted broadly as insolation-driven records, starting
690 wet, but with recharge decreasing until ~7.0 ka, followed by developing aridity that
691 increased both $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$.

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702 data/datasets/speleothem](https://www.ncdc.noaa.gov/data-access/paleoclimatology-data/datasets/speleothem)).

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