Citations of Work, Learning and Wellbeing Research

This document outlines citations in policy reports and in the media of selected outputs produced by the work, learning and wellbeing research team at the University of East Anglia.

The document is organised in two categories.

- 1. Citations of research carried out for the What Works Centre for Wellbeing from page 2.
- 2. Citations of research carried out in relation to the randomised control trial of mindfulness apps in the Police from page 23.

Citations of research carried out for the What Works Centre for Wellbeing

Key references:

- 1. Daniels, K., Gedikli, C., Watson, D., Semkina, A., Vaughn, O. (2017). 'Job design, employment practices and well-being: A systematic review of intervention studies'. Ergonomics. 60. 1177-1196. DOI: 10.1080/00140139.2017.1303085.
- 2. Etuknwa, A., Daniels, K., Eib, C. (2019). 'Sustainable return to work: A systematic review focusing on personal and social factors'. Journal of Occupational Rehabilitation. 29. 679-700. DOI: 10.1007/s10926-019-09832-7.
- 3. Watson, D., Tregaskis, O., Gedikli, C., Vaughn, O., Semkina, A. (2018). 'Well-being through learning: A systematic review of learning interventions in the workplace and their impact on well-being'. European Journal of Work and Organizational Psychology. 27(2). 247-268. DOI: 10.1080/1359432X.2018.1435529.
- 4. What Works Centre for Wellbeing (2019) 'Returning to work after illness: evidence on improving the experience'. What Works Centre for Wellbeing. Available at: https://whatworkswellbeing.org/blog/returning-to-work-after-illness-evidence-on-improving-the-experience/
- 5. What Works Centre for Wellbeing (2017) 'Job quality and wellbeing'. What Works Centre for Wellbeing. Available at: https://whatworkswellbeing.org/resources/job-quality-and-wellbeing/
- 6. What Works Centre for Wellbeing. (2017) 'Learning at work and wellbeing'. What Works Centre for Wellbeing. Available at: https://whatworkswellbeing.org/resources/learning-at-work-and-wellbeing/

Additional references:

- 7. BSI. (2018). 'BS 45002-1:2018. Occupational health and safety management systems. General guidelines for the application of ISO 45001. Guidance on managing occupational health'. British Standards Institution. Available at: https://shop.bsigroup.com/ProductDetail?pid=000000000030362021
- 8. BSI. (2018). 'PAS 3002:2018+C1:2018. Code of practice on improving health and wellbeing within an organization'. British Standards Institution. Available at: https://shop.bsigroup.com/ProductDetail/?pid=000000000030384539
- 9. Daniels, K., Delany, K., Napier, J., Hogg, M., Rushworth, M. (2019) The Value of Occupational Health to Workplace Wellbeing. London: Society of Occupational Medicine. Available at:
 - https://www.som.org.uk/sites/som.org.uk/files/The%20Value%20of%20Occupational%20Health%20to%20Workplace%20Wellbeing%20WEB_0.pdf
- 10. What Works Centre for Wellbeing (2017) 'Good work, wellbeing and changes in performance outcomes'. What Works Centre for Wellbeing. Available at: https://whatworkswellbeing.org/resources/good-work-wellbeing-and-changes-in-performance-outcomes/
- 11. What Works Centre for Wellbeing (2017) 'Unemployment, (re)employment and wellbeing'. What Works Centre for Wellbeing. Available at: https://whatworkswellbeing.org/resources/unemployment-reemployment-and-wellbeing/
- 12. What Works Centre for Wellbeing (2017) 'What do we know about "good work"?' What Works Centre for Wellbeing. Available at: https://whatworkswellbeing.org/blog/what-do-we-know-about-good-work/
- 13. What Works Centre for Wellbeing (2017) 'What is a good job?' What Works Centre for Wellbeing. Available at: https://whatworkswellbeing.org/resources/what-is-a-good-job/

- 14. What Works Centre for Wellbeing (2018) 'Workplace Wellbeing Questionnaire: Methodology'. What Works Centre for Wellbeing. Available at: https://whatworkswellbeing.org/resources/workplace-wellbeing-questionnaire-methodology/
- 15. What Works Centre for Wellbeing (2018) 'Barriers to learning'. What Works Centre for Wellbeing. Available at: https://whatworkswellbeing.org/resources/barriers-to-learning/
- 16. What Works Centre for Wellbeing (2018) 'What are the wellbeing barriers to learning? New evidence'. What Works Centre for Wellbeing. Available at: https://whatworkswellbeing.org/blog/what-are-the-wellbeing-barriers-to-learning-new-evidence/
- 17. What Works Centre for Wellbeing (2019). Evidence Knowledge Bank BETA. https://whatworkswellbeing.org/resources/evidence-knowledge-bank-draft/

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1.	BEIS (2019) 'Department for Business, Energy and Industrial Strategy: Health: Written question - 905'. Department for Business, Energy and Industrial Strategy. Available at: https://www.parliament.uk/business/publications/written-questions-answers-statements/written-question/Commons/2019-10-16/905/	Work on good work and wellbeing cited in Secretary of State for Business, Energy and Industrial Strategy response to question on wellbeing measurement and policies 'The What Works Centre for Wellbeing has found that being in a job is good for wellbeing, when measured by life satisfaction, but being in a good quality job is even better. We are creating fairer, inclusive and flexible workplaces so everyone has the chance to succeed'
2.	O'Shaughnessy, J. R. (2017) 'Mental health: Written question - HL2527'. Department of Health. Available at: https://www.parliament.uk/business/publications/written-questions-answers-statements/written-question/lords/2017-10-25/HL2527/	Work on wellbeing through learning cited in Department of Health response to a question on evidence for a link between mindfulness, wellbeing and productivity. 'The What Works Centre for Wellbeing has found that mindfulness training can have a positive impact on wellbeing'. Linked to the WWCW report. http://qna.files.parliament.uk/qna-attachments/777519/original/learning-at-work-whatworkscentrewellbeing-april2017.pdf
3.	Stevenson, D. and Farmer, P. (2017) Thriving at Work: The Stevenson/Farmer Review of Mental Health and Employers. Available at: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/658145/thriving-at-work-stevenson-farmer-review.pdf	Influenced Stevenson/Farmer recommendations for workplace mental health and subsequent adoption of those recommendations by the Civil Service (recommendation 42, pp 63-64 of https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/663399/improving-lives-the-future-of-work 9-health-and-disability.PDF) and NHS (https://www.nhsemployers.org/news/2019/04/thriving-at-work-nhs-standard-contract) 154 tweets, 505 engagements

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4.	DWP, DHSC (2018) 'Voluntary reporting on disability, mental health and wellbeing: A framework to support employers to voluntarily report on disability, mental health and wellbeing in the workplace'. Department for Work & Pensions, Department of Health & Social Care. Crown. Available at: https://www.gov.uk/government/publications/voluntary-reporting-on-disability-mental-health-and-wellbeing/voluntary-reporting-on-disability-mental-health-and-wellbeing-a-framework-to-support-employers-to-voluntarily-report-on-disability-mental-health-an	Influenced Department for Work & Pensions (DWP) and Department of Health & Social Care's (DHSC) reporting standards on disability, mental health and wellbeing. https://www.gov.uk/government/publications/voluntary-reporting-on-disability-mental-health-and-wellbeing and https://www.gov.uk/government/publications/disability-confident-guidance-for-levels-1-2-and-3/level-3-disability-confident-leader-Also used workplacewellbeing indicators">https://www.gov.uk/government/publications/disability-confident-guidance-for-levels-1-2-and-3/level-3-disability-confident-leader-Also used workplacewellbeing indicators 32 tweets, 33 engagements
5.	NHS Employers (2019) 'Developing your health and wellbeing strategy: Evidence base'. NHS Employers. Available at: https://www.nhsemployers.org/retention-and-staff-experience/health-and-wellbeing/developing-your-health-and-wellbeing-strategy/evidence-base	Recommends job quality interventions and links to briefing report from systematic review of job quality: 'The What Works Centre for Wellbeing have summarised the range and quality of evidence demonstrating a link between high quality roles and better workforce wellbeing. Read the full report to find out more about the evidence relating to each of these elements of job design'
6.	Ofsted (2019) 'Teacher well-being at work in schools and further education providers'. Ofsted. Crown. Available at: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment _data/file/936253/Teacher_well-being_report_110719F.pdf	Workplace wellbeing drivers used by Ofsted in their staff wellbeing report to develop a coding framework 36 tweets, 449 engagements' P 11 of report states: 'We adopted the conceptual wellbeing framework from the What Works Centre for Wellbeing for this study. It informed our development of data collection instruments (see Appendix 4)'

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7. DWP (2019) 'Health is everyone's business: proposals to reduce ill health-related job loss'. Department for Work & Pensions. Crown. Available at: https://www.gov.uk/government/consultations/health-is-everyones-business-proposals-to-reduce-ill-health-related-job-loss/health-is-everyones-business-proposals-to-reduce-ill-health-related-job-loss	Etuknwa et al (2019) cited in the DWP consultation on reducing ill health-related job loss 55 tweets, 135 engagements
8. Comcare (2019) Emerging Evidence Alert: March 2019. Canberra: Comcare. Available at: https://www.comcare.gov.au/data/assets/pdf_file/0013/252040/emerging-evidence-alert-march-2019.pdf	Etuknwa et al (2019) featured in Australian government bulletin on workplace health and wellbeing and return to work
9. Croner-i (2019) 'Employers need support to keep staff well and in work, says DWP advisor'. Croner-i. 30th Apr. Available at: https://app.croneri.co.uk/feature-articles/employers-need-support-keep-staff-well-and-work-says-dwp-advisor	Etuknwa et al (2019) cited and Abasiama Etuknwa quoted in Croner-i article on supporting staff and return to work
10. Franklin, N. (2019) 'Personal and social factors impact return to work after ill-health'. Workplace Insight. 17th Feb. Available at: https://workplaceinsight.net/personal-and-social-factors-impact-return-to-work-after-ill-health/	Repost of UEA press release on Etuknwa et al (2019), featuring quotes from Abasiama Etuknwa and Kevin Daniels Also reposted on Science Codex, EurekAlert!, Scienmag and Phys.org Featured in REBA rewards and benefits bulletin 13 tweets, 5 engagements
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12. M2 Bespoke (2019) 'Supporting return to work after ill-health'. Fidelius. 18th Feb. Available at: http://www.fidelius.co.uk/news/supporting-return-work-after-ill-health	Article on Etuknwa et al (2019)

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13. Pedersen, T. (2019) 'Manager support, positive attitude aid in return to work after sick leave'. Psych Central. 18th Feb. Available at: https://psychcentral.com/news/2019/02/18/manager-support-positive-attitude-aid-in-return-to-work-after-sick-leave/142964.html	Article on Etuknwa et al (2019), featuring quotes from Abasiama Etuknwa and Kevin Daniels 16 tweets, 18 engagements
14. Safety and Health Magazine (2019) 'Colleague support, good attitude necessary for successful return to work, researchers say'. Safety and Health Magazine. 6th Mar. Available at: https://www.safetyandhealthmagazine.com/articles/print/18134-colleague-support-good-attitude-necessary-for-successful-return-to-work-researchers-say	Article on Etuknwa et al (2019), featuring quote from Abasiama Etuknwa 7 tweets, 2 enagements
15. TUC (2019) Risks 886 - 22 February 2019. London: Trades Union Congress. Available at: https://www.tuc.org.uk/news/tuc-risks-886-22-february-2019	Etuknwa et al (2019) featured in TUC's safety rep bulletin
16. Practice Business (2019) 'Getting back to work after a prolonged illness'. Practice Business. London: Intelligent Media. Available at: https://practicebusiness.co.uk/getting-back-to-work-after-a-prolonged-illness/	Centre's blog post on returning to work after illness edited and reposted on Practice Business Also reposted on Education Executive 4 tweets, 4 engagements
17. Black, C. (2018) 'A place you can trust'. British Safety Council. 27th Nov. Available at: https://www.britsafe.org/publications/safety-management-magazine/safety-management-magazine/2018/a-place-you-trust/	Workplace wellbeing indicator tool cited in British Safety Council article on facilitating wellbeing at work Reposted on Croner-I 1 tweet, 31 engagements
18. bristol.gov.uk (no date) Guide to Workplace Health and Wellbeing for Employers. Bristol: City Council. Available at: https://www.bristol.gov.uk/business-support-advice/guide-to-workplace-health-and-wellbeing-for-employers	Workplace wellbeing indicator tool recommended by Bristol City Council in their guide to workplace health and wellbeing for employers
19. DWP (2019) 'Level 3: Disability Confident leader'. Department for Work & Pensions. Crown. Available at: https://www.gov.uk/government/publications/disability-confident-guidance-for-levels-1-2-and-3/level-3-disability-confident-leader	Workplace wellbeing indicators used in the DWP's Disability Confident Level 3 guidance 18 tweets, 255 engagements

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20. Harvey, N. S. (2019) The Value of Inland Waterways: A Literature Review & Scoping Report. Chesham: Inland Waterways Association. Available at: https://www.waterways.org.uk/iwa_publications/pdfs/valueinlandwaterways	Workplace wellbeing indicator tool cited by Inland Waterways Association in their report on the value of inland waterways 1 tweet, 15 engagements
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22. Jones, M. (2017) 'The future of public parks: government response to the Select Committee report'. Ministry of Housing, Communities & Local Government. Crown. Available at: https://www.gov.uk/government/publications/government-response-to-the-select-committee-report-the-future-of-public-parks	Workplace wellbeing indicators cited in the Ministry of Housing, Communities & Local Government (MHCLG) response to the consultation on the provision of parks and green spaces. 4 tweets, 15 engagements
23. PS Picks (2018) 'Developing an evidence-informed workplace wellbeing questionnaire'. The People Space. Available at: https://www.thepeoplespace.com/practice/articles/developing-evidence-informed-workplace-wellbeing-questionnaire	Repost of a Centre blog post on workplace wellbeing indicators
24. Public Health England (2017) Prevention Concordat for Better Mental Health: Prevention Planning Resource for Local Areas. Crown. Available at: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment _data/file/740587/Prevention_Concordat_for_Better_Mental_Health_Prevention_plannin g.pdf	Workplace wellbeing indicator tool recommended by Public Health England in their mental health problems prevention planning resource 220 tweets, 3311 engagements
25. Rudge, D. (2018) 'How mental wellbeing is a priority at DWP'. Reward & Employee Benefits Association. 17th May. Available at: https://reba.global/content/how-mental-wellbeing-is-a-priority-at-dwp	Workplace wellbeing indicators cited in DWP press release on workplace wellbeing

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26. Short, M. (2019) 'Preparing for a wellbeing programme - a case study from defence'. Society of Occupational Medicine. 26th Apr. Available at: https://www.som.org.uk/preparing-wellbeing-programme-case-study-defence	Worplace wellbeing indicators used in ongoing MoD wellbeing programme. Reposted on Council for Work and Health 4 tweets, 9 retweets
27. Adams, R. (2019) 'Ofsted under fire in its own survey of teachers' wellbeing'. The Guardian. 22nd Jul. Available at: https://www.theguardian.com/education/2019/jul/22/ofsted-teacher-wellbeing-survey-stress	News article on Ofsted staff wellbeing report 349 shares 108 tweets, 236 engagements
28. Anxious Teacher (2019) '"Teacher well-being at work in schools and further education providers" – Ofsted, July 2019 – Part 1/4'. Anxious Teacher. 10th Aug. Available at: https://teachingwithanxiety.school.blog/2019/08/10/https-assets-publishing-service-gov-uk-government-uploads-system-uploads-attachment-data-file-819314-teacher-well-being-report-110719f-pdf-2/	Blog post series on Ofsted staff wellbeing report
29. Busby, E. (2019) 'Parents opt for 'aggressive' behaviour towards teachers in bid to raise complaints, watchdog finds'. The Independent. 22nd Jul. Available at: https://www.independent.co.uk/news/education/education-news/ofsted-parents-behaviour-teachers-wellbeing-schools-discipline-a9014486.html	News article on Ofsted staff wellbeing report 19 tweets, 17 engagements
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31. School Improvement Liverpool (2019) 'Teacher wellbeing at work'. In: School Improvement Liverpool (ed). Governance News: A Termly Newsletter for Liverpool Governors and Trustees. 26-31. Available at: https://www.schoolimprovementliverpool.co.uk/userfiles/files/Governors/Governance%2 0News%20Autumn%202019.pdf	Workplace wellbeing drivers cited in article on Ofsted staff wellbeing report

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32. Southworth, P. (2019) 'Teachers spend more time marking and planning than in the classroom, Ofsted survey reveals'. The Telegraph. 22nd Jul. Available at: https://www.telegraph.co.uk/news/2019/07/21/teachers-spend-time-marking-planning-classroom-ofsted-survey/	News article on Ofsted staff wellbeing report 10 comments 21 tweets, 195 engagements
33. DfE (2019) 'Experts to drive "real change" in support of teachers' wellbeing'. Department for Education. Crown. Available at: https://www.gov.uk/government/news/experts-to-drive-real-change-in-support-of-teachers-wellbeing	Press release on advisory group on teacher wellbeing 40 tweets, 114 engagements
34. Foster, D. (2019) Teacher Recruitment and Retention in England. 7222, 16th Dec. House of Commons Library. Available at: https://commonslibrary.parliament.uk/research-briefings/cbp-7222/ - see also https://www.gov.uk/government/news/experts-to-drive-real-change-in-support-of-teachers-wellbeing	Advisory group on teacher wellbeing (ft. Nancy Hey) reported on in House of Commons teacher recruitment and retention briefing paper 1 tweet
35. Allen-Kinross, P. (2019) 'Revealed: The expert panel members tasked with improving teacher wellbeing'. Schools Week. 5th Jul. Available at: https://schoolsweek.co.uk/revealed-the-expert-panel-members-tasked-with-improving-teacher-wellbeing/	Article on advisory group on teacher wellbeing 2 comments 31 tweets, 551 engagements
36. Busby, E. (2019) 'Helpline for teachers struggling with mental health problems receives record number of calls'. The Independent. 16th May. Available at: https://www.independent.co.uk/news/education/education-news/mental-health-teachers-wellbeing-helpline-education-support-partnership-a8915601.html	Advisory group on teacher wellbeing mentioned in news article on teacher mental health helpline Quoted on ICT for Education 32 tweets, 96 engagements
37. Education Support Partnership (2019) 'Teacher Wellbeing Index highlights stress epidemic and rising #MentalHealth issues'. FE News. 15th May. Available at: https://www.fenews.co.uk/press-releases/21179-teacher-wellbeing-index-2018-highlights-stress-epidemic-and-rising-mental-health-issues-across-the-sector	Advisory group on teacher wellbeing mentioned in article on Teacher Wellbeing Index 22 Facebook shares 5 tweets, 9 engagements
38. Long, S. (2019) 'A school governor's view on mental health in schools'. Healthy London Partnership. 23rd May. Available at: https://www.healthylondon.org/a-school-governors-view-on-mental-health-in-schools/	Advisory group on teacher wellbeing mentioned in article on mental health in schools

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40. Teacher Tapp (2019) 'What teachers can do to protect their mental health'. Teacher Tapp. Available at: https://teachertapp.co.uk/teachers-protect-mental-health/	Advisory group on teacher wellbeing mentioned in article on teacher wellbeing 5 tweets, 19 engagements
41. IPS Grow (2018) Commissioning Guidance: Mental Health and Employment Services. Available at: http://ipsgrow.org.uk/uploads/pdf/1.2-Comm_Guid_Supported_Empl.pdf	Systematic reviews on good work and wellbeing and on unemployment and wellbeing cited in IPS Grow's case for supporting people with mental health problems into paid work
42. ONS (2018) 'Measuring National Well-being: Quality of Life in the UK, 2018'. Office for National Statistics. 25th Apr. Available at: https://www.ons.gov.uk/peoplepopulationandcommunity/wellbeing/articles/measuringna tionalwellbeing/qualityoflifeintheuk2018	Systematic reviews on good work and wellbeing and on unemployment and wellbeing cited in ONS's article on measuring national wellbeing 29 tweets, 219 engagements
43. Public Health England (2018) Health Matters: Health Economics - Making the Most of Your Budget. Crown. Available at: https://www.gov.uk/government/publications/health-matters-health-economics-making-the-most-of-your-budget/health-matters-health-economics-making-the-most-of-your-budget	Systematic review on unemployment and wellbeing cited in Public Health England's guidance on health economics 194 tweets, 3963 engagements
44. Business Matters (2017) 'Can we design our jobs better than our boss?' Business Matters. 18th Apr. Available at: https://www.bmmagazine.co.uk/news/can-design-jobs-better-boss/	Article on systematic review on job design, Kevin Daniels quoted Reposted on CambridgeshireLive, Hrreview, Canada Business Chief and Fresh Business Thinking 14 tweets, 8 engagements
45. Comcare (2019) Emerging Evidence Alert: September 2017. Canberra: Comcare. Available at: https://www.comcare.gov.au/data/assets/pdf_file/0004/249952/emerging-evidence-alert-september-2017.pdf	Daniels et al (2017) featured in Australian government bulletin on workplace health and wellbeing and return to work

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47. Eltringham, M. (2017) 'Jobs should be redesigned to improve wellbeing'. Workplace Insight. 19th Apr. Available at: https://workplaceinsight.net/jobs-redesigned-improve-wellbeing/	Article on Daniels et al (2017), Kevin Daniels quoted 21 tweets, 17 engagements
48. HR News (2017) 'Should workers design their role, rather than their boss?'. HR News. 20th Apr. Available at: http://hrnews.co.uk/workers-design-role-rather-boss/	Article on Daniels et al (2017), Kevin Daniels quoted 5 tweets, 6 engagements
49. Nair, P. (2017) 'Wellbeing and productivity: Can employees design their jobs better than the boss?' Growth Business. London: Bonhill Group. 18th Apr. Available at: https://www.growthbusiness.co.uk/wellbeing-productivity-can-employees-design-their-jobs-better-than-the-boss-2550470/	Daniels et al (2017) cited and Kevin Daniels quoted in article on job design, wellbeing and productivity 3 tweets
50. Singh, S. and Kennedy, B. (2017) Handover Issue 39 Nursing digest. Auckland: Te Pou o te Whakaaro Nui. Available at: https://www.tepou.co.nz/news/nursing-digest/1019	Daniels et al (2017) featured in nursing bulletin by national centre of evidence based workforce development for the mental health, addiction and disability sectors in New Zealand
51. Liversedge, B. (2020) 'How wellbeing became big business'. British Safety Council. 28th Jan. Available at: https://www.britsafe.org/publications/safety-management-magazine/safety-management-magazine/2020/happy-returns-how-wellbeing-became-big-business/	SOM report cited and Kevin Daniels quoted 4 tweets, 6 engagements
52. Liversedge, B. (2020) 'Five secrets to a successful wellbeing strategy'. British Safety Council. 29th Jan. Available at: https://www.britsafe.org/publications/safety-management-magazine/safety-management-magazine/2020/five-secrets-to-a-successful-wellbeing-strategy/	SOM report cited and Kevin Daniels interviewed 5 tweets, 30 engagements

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54. Pahl, N. (2020) 'Nick Pahl: What should employee wellbeing look like in 2020?' DVV Media HR Group Ltd. 4th Feb. Available at: https://employeebenefits.co.uk/nick-pahl-wellbeing-2020	Article on SOM report 2 tweets, 9 engagements
55. Pattani, S., Gilbey, A. and Coleman, W. (2020) 'January 2020 NHS Network e-bulletin'. NHS Health at Work Network. Available at: https://www.nhshealthatwork.co.uk/news-bulletin.asp?info=Bulletin+January+2020	SOM report shared in NHS Health at Work Network bulletin
56. REBA (2019) 'Report: the value of occupational health to workplace wellbeing'. Reward & Employee Benefits Association. 11th Dec. Available at: https://reba.global/reports/report-the-value-of-occupational-health-to-workplace-wellbeing	SOM report shared on REBA 3 tweets, 50 engagements
57. Webber, A. (2019) 'OH needs to work more with other professions on wellbeing strategies, says SOM'. Personnel Today. 11th Dec. Available at: https://www.personneltoday.com/hr/oh-needs-to-work-with-other-professions-on-wellbeing-strategies	Article on SOM report 25 shares 15 tweets, 23 engagements
58. Elliott, I., Breedvelt, J., Kandola, A., Samele, C., Urquia, N., Morton, A. and Coulson, A. (2018) Enhancing the Management of Psychological Distress Amongst Staff and Promoting Systemic Resilience in the NHS. National Workforce Skills Development Unit. Available at: https://tavistockandportman.nhs.uk/documents/936/NWSDU-enhancing-management-psychological-distress-staff-promoting-systemic-res_gNe32YI.pdf	Report on good people management in NHS trusts cited in report for National Workforce Skills Development Unit on managing mental distress amongst NHS staff
59. Harrington, S. (no date) 'Good people management does improve business performance: fact'. The People Space. Available at: https://www.thepeoplespace.com/practice/articles/good-people-management-does-improve-business-performance-fact	Article on report on good people management in NHS trusts 4 tweets, 9 engagements
60. NHE (2017) 'Effective staff management could save NHS £200m a year'. National Health Executive. 18th Dec. Available at: http://www.nationalhealthexecutive.com/Health-Care-News/effective-staff-management-could-save-nhs-200m-a-year	Article on report on good people management in NHS trusts 12 tweets, 10 engagements

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61. NHS (2018) Workforce Health and Wellbeing Framework: Get Started. National Health Service. Available at: https://www.nhsemployers.org/-/media/Employers/Publications/Health-and-wellbeing/NHS-Workforce-HWB-Framework_updated-July-18.pdf	Report on good people management in NHS trusts cited NHS's workforce health and wellbeing framework 102 tweets, 1930 engagements
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Citations of research carried out for the randomised control trial of mindfulness apps in the police

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