

1 **Manipulation of plasma *myo*-inositol in broiler chickens: effect on growth performance,**
2 **dietary energy, nutrient availability and hepatic function**

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17 Abbreviated title: **Plasma *myo*-inositol in broiler chickens**

18 ABSTRACT

19 This study investigated the effects of graded levels of *myo*-inositol (INS) in diets containing
20 two levels of available P, on growth performance, nutrient retention, liver N, fat and vitamin
21 E contents, INS and alkaline phosphatase (ALP) concentrations in blood plasma. One
22 hundred and twenty male Ross 308 broilers were allocated to 60 small floor pens each
23 holding 2 birds. Two basal mash diets were formulated to be nutritionally adequate for chicks
24 at that age, with one diet designed to have the recommended available P content (RP) (4.8
25 g/kg non-phytate P), and the other diet containing low available P (LP) (2.5 g/kg non-phytate
26 P). The two basal diets were split in three batches each and two of the batches were
27 supplemented with INS at 3.0 and 30 g/kg diet, with the remaining batch of each basal diet
28 not supplemented, giving a total of six experimental diets. Diets were fed *ad libitum* to 10
29 pens from 7 to 21 d age following randomization. Feeding RP diets improved ($P < 0.001$) the
30 birds' growth performance, mineral availability, and blood plasma ALP. Feeding RP diets
31 reduced ($P < 0.001$) apparent metabolizable energy (AME), dry matter and fat availability,
32 blood plasma INS and hepatic vitamin E. Dietary INS did not ($P > 0.05$) influence bird
33 growth, dietary AME or nutrient retention coefficients. Feeding INS linearly increased ($P <$
34 0.05) liver weight and hepatic N content, but linearly reduced ($P < 0.05$) hepatic fat
35 concentration. It also linearly increased ($P < 0.001$) the INS concentration in blood plasma,
36 but did not influence ($P > 0.05$) the endogenous losses (measured as sialic acid concentration)
37 in excreta. Dietary INS did not influence ($P > 0.05$) the hepatic vitamin E concentration but
38 increased ($P < 0.001$) the ALP in the blood of birds fed 30 g/kg INS. In conclusion, high-
39 level dietary INS supplementation did not affect bird growth performance, mineral
40 availability, and endogenous losses and there were no interactions between INS and P.

41 **Key words:** *myo*-inositol, phytate, phytase, antioxidants, alkaline phosphatase

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61 INTRODUCTION

62 The beneficial effects of dietary phytases (PHY) when fed to poultry are well documented
63 (Selle and Ravindran, 2007). Phytate is considered an anti-nutritional factor binding minerals
64 and proteins into indigestible complexes (Cowieson et al., 2004; Pirgozliev et al., 2007).
65 Phytase not only releases more available energy and nutrients to the birds, but also
66 hydrolyses dietary phytate. Due to the conditions in bird's gastrointestinal tract (GIT), as well
67 as the catalytic properties of supplementary microbial PHY, it is unlikely that phytate is
68 completely dephosphorylated into free *myo*-inositol (INS) and inorganic phosphate (Wyss et
69 al., 1999). Recent studies in pigs (Kühn et al., 2016) and poultry (Cowieson et al., 2015;
70 Beeson et al., 2017; Sommerfeld et al., 2017) have demonstrated that feeding supra doses of
71 third generation *E. coli* PHY increases INS concentrations in the digesta and excreta of

72 animals. These results indicate potential further phytate hydrolysis to free INS, consequently
73 released in the digestive tract of broiler chickens. The biological importance of INS is well
74 documented, with the involvement in cell survivability and growth, lipid metabolism, and
75 insulin sensitivity the most relevant for poultry (Lee and Bedford, 2016; Huber, 2016).

76 Although a number of studies on the effects of supplementary INS in broilers are published,
77 the results for nutrient availability and performance are inconsistent. Some authors found an
78 increase in growth performance in response to dietary INS (Żyła et al., 2013; Pirgozliev et al.,
79 2017; Sommerfeld et al., 2017), while others (Pearce, 1975; Farhadi et al., 2017) did not. In
80 addition, Cowieson et al. (2013) reported an interaction between INS and exogenous PHY as
81 addition of INS to either the normal or low P diet improved feed efficiency only in the
82 presence of PHY. Farhadi et al. (2017) and Sommerfeld et al. (2017) reported no impact of
83 supplementary INS on dietary P digestibility and bone mineralisation in poultry. However,
84 Pirgozliev et al. (2017) observed an interaction as the increase of dietary INS content had no
85 effect on P digestibility in the absence of PHY but it depressed P digestibility in the diets
86 containing PHY.

87 The amount of INS supplemented to diets in the aforementioned experiments was between
88 0.1 and 0.75%. This is similar or slightly higher than the theoretical range of INS released in
89 the gut of chickens after feeding a commercial level of PHY. However, different dietary
90 sources would have different phytate contents with varying bioavailability, and different PHY
91 may possess different abilities to hydrolyse dietary phytate, explaining the discrepancies in
92 the data published.

93 In view of the above, the objectives of the present study were to quantify the response of bird
94 growth performance, dietary metabolisable energy and nutrient digestibility as a result of
95 feeding a high level of supplementary INS in diets that contain low (LP) or recommended
96 (RP) levels of dietary P. Endogenous losses (measured as sialic acid; SA) in excreta, hepatic
97 vitamin E content, liver composition, alkaline phosphatase (ALP) and INS content in the
98 blood of broiler chickens were also determined.

99

100 **MATERIALS AND METHODS**

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102 *Birds and Housing*

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104 The experiment was conducted at the National Institute of Poultry Husbandry and approved
105 by the Harper Adams University Research Ethics Committee. A total of 130 male Ross 308
106 broilers were obtained from commercial hatchery (Cyril Bason Ltd, Craven Arms, UK),
107 allocated to a single floor pen and offered a standard wheat-based broiler starter feed
108 formulated to meet Ross 308 nutrient requirements (Aviagen Ltd., Edinburgh, UK). At 7d
109 age, 120 birds were allocated to 60 small floor pens each holding 2 birds. Each of the pens
110 had a solid floor and were equipped with an individual feeder and drinker. Feed and water
111 were offered *ad libitum* to birds throughout the experiment. Each diet was offered to birds in
112 10 pens in a randomized block design. The birds were fed the experimental diets from 7 to
113 21d age, when the experiment ended. Room temperature and lighting regime met commercial
114 recommendations (Aviagen Ltd, Edinburgh, UK). For the last 4 d of the study, the solid floor
115 of each pen was replaced with a wire mesh in order to enable excreta collection. The well-
116 being of the birds was checked regularly every day.

117

118 *Diets and Treatments*

119 Six corn-soy-based diets were offered to the birds during the experiment. Two basal diets
120 were formulated to be nutritionally adequate for chicks at that age (12.90 MJ/kg ME, 216
121 g/kg CP), with one diet designed to have the recommended available P content (4.8 g/kg non-
122 phytate P), and the other diet containing relatively low available P (2.5 g/kg non-phytate P)
123 (Table 1). The two basal diets were then split in three batches each, and two of the batches
124 were supplemented with *myo*-inositol (Sigma-Aldrich, Inc., St. Louis, MO 63103, USA)
125 (Table 2) at 3.0 and 30 g/kg diet, respectively, with the remaining batch of each basal diet not
126 supplemented, to give a total of six experimental diets. All diets were fed as a mash.

127 *Sampling and Measurements*

128 Birds were weighed on d1, in order to obtain information on the average birds weight at the
129 start of the study. Birds and feed were then weighed on d7, and d21 in order to determine
130 average daily feed intake (ADFI), average daily weight gain (ADG) and to calculate the
131 gain:feed ratio (G:F) on a pen basis. Excreta were quantitatively collected each day for the
132 last four days of the experiment (in order to avoid evaporation losses), immediately dried at
133 60°C and then milled through 0.75 mm screen. At the end of the study, one bird per pen,
134 selected at random, was electrically stunned and blood was obtained in heparin tubes from

135 the jugular vein. The livers from the same birds were collected immediately after, weighed,
136 and frozen prior to analysis.

137 *Chemical Analysis*

138 Dry matter (DM) in feed and excreta samples was determined by drying of samples in a
139 forced draft oven at 105°C to a constant weight (AOAC, 2000; method 934.01). Crude
140 protein ($6.25 \times N$) in samples was determined by the combustion method (AOAC, 2000;
141 method 990.03) using a LECO FP-528 N (Leco Corp., St. Joseph, MI). Oil (as ether extract)
142 was extracted with diethyl ether by the ether extraction method (AOAC, 2000; method
143 945.16) using a Soxtec system (Foss UK Ltd.). The gross energy (GE) value of feed and
144 excreta samples was determined in a bomb calorimeter (model 6200; Parr Instrument Co.,
145 Moline, IL) with benzoic acid used as the standard. Phosphorus and Ca in feed and excreta
146 samples were determined by inductively coupled plasma emission spectrometry, ICP (Optima
147 4300 DV Dual View ICP-OE spectrometer, Perkin Elmer, Beaconsfield, UK) (Tanner et al.,
148 2002).

149 Hepatic vitamin E was analysed at the IDEXX BioResearch Vet Med Labor GmbH
150 (Ludwigsburg, Germany). Vitamin E in liver was determined by means of high performance
151 liquid chromatography (Hess et al., 1991). The ALP in blood plasma was analysed at the
152 APHA Laboratory (Shrewsbury, UK) following standard procedure using a Randox Immolite
153 Analyser and the associated Randox kit (Recommendations of the German Society for
154 Clinical Chemistry).

155 The concentration of excreta SA was determined by the periodate-resorcinol method as
156 described by Jourdian et al. (1971). The procedure detects total, free and glycosidically bound
157 N-acety neuraminic (sialic) acid.

158 For analysis of INS, samples of milled feed (0.1g) were extracted in 5 mL of 20 mM EDTA,
159 100 mM NaF, pH 10, on a rotary shaker for 15 min followed by sonication in a bath sonicator
160 for 15 min. The samples were held at 4°C for 2 h before centrifugation at 14,000 $\times g$ for 15
161 min. The supernatant was filtered through a 13 mm \times 45 μ m pore PTFE filter (Kinesis Ltd,
162 UK) and diluted 50-fold in 18.2 MOhm.cm water. Inositol was determined by HPLC pulsed
163 amperometry (HPLC-PAD) on a gold electrode at 30°C after separation by 2-dimensional
164 HPLC (Dionex DX-600 HPLC System). Samples (20 μ L) were injected onto a 4 mm \times 50
165 mm CarboPac PA1 column (Dionex, UK) arranged in series with a 4 mm \times 250 mm

166 CarboPac MA1 column with 4 mm x 50 mm guard column of the same material. The flow
167 rate of the 150 mM NaOH eluent was 0.4 mL min⁻¹. After 1.5 min, the flow through the
168 CarboPac PA1 column was switched to 750 mM NaOH, at 0.4 mL min⁻¹ to elute more
169 strongly retained sugars to waste. Eluent from the CarboPac MA1 column (150 mM NaOH)
170 was directed to an ED50 electrochemical detector (Dionex) configured with a gold electrode
171 and operating a standard Dionex carbohydrate waveform. After 11.5 min, the CarboPac PA1
172 column was switched back into the 150 mM NaOH flow (in series with the CarboPac MA1
173 column) to condition the column for a further 8.5 min, before initiation of the next injection
174 sequence.

175 Inositol eluted at approximately 10.5 min. Injection of INS standards (0.01-0.2 nmole in 20
176 µL) and integration of the peak yielded a linear calibration curve typically with $r^2 > 0.995$
177 and slope of approximately 100 nC.min nmol⁻¹.

178 For INS measurement in plasma, plasma samples were mixed with 2 volumes of ice-cold 5%
179 w/v perchloric acid and held on ice for 20 min to precipitate protein. The samples were
180 centrifuged at 16,000 x g for 15 min at 4°C and the supernatant diluted 50-fold in 18.2
181 MOhm.cm water before analysis (20 µL injection) by HPLC-PAD.

182 *Calculations and Statistical Analysis*

183 **Average daily feed intake, ADG** and G:F ratio were calculated for the experimental period
184 from d7 to d21 on a pen basis. The AME of the diets was calculated following total collection
185 technique. The total tract digestibility coefficient of each of the studied nutrients was
186 calculated as the difference between the intake and the excretion of the nutrient, divided by
187 their respective intake based on data obtained for the last 4 days during collection period as
188 previously described (Whiting et al., 2018). The quantity of P and Ca retained in the body
189 (g/d) was obtained by multiplying of P and Ca intake and their total tract digestibility
190 coefficients.

191 Statistical analysis was performed using GenStat 19th edition statistical software (IACR
192 Rothamstead, Hertfordshire, England). A randomised block two-way analysis of variance
193 was performed using a 2 × 3 factorial structure to investigate the main treatment factors (P ×
194 INS inclusion levels) and their interaction. When there were statistically significant
195 differences in INS, the treatment sum of squares were partitioned to test the linear effects.
196 Differences were reported as significant at $P < 0.05$ and trends were noted at $P \leq 0.1$.

198 *Broiler Growth Performance, Dietary Metabolizable Energy and Nutrient Digestibility*

199 Birds fed adequate available P diets, had greater ($P < 0.001$) BW (by 22.4 %), ADFI (by 16.2
200 %) and a better G:F (by 11.1 %) (Table 3). Variation in growth performance, nutrient and
201 mineral availability, and AME were in the expected range for a study involving broiler
202 chickens at this age and fed a similar diet formulation (Abdullah et al., 2016; Whiting et al.,
203 2017). Coefficients of variation (CV %) of ADFI, ADG, and G:F were 6.9 %, 9.2 %, and 7.3
204 %, respectively. The variation in dietary AME was relatively low (CV = 2.5 %), ranging from
205 14.32 to 14.68 MJ/kg DM and was not affected by dietary INS content ($P > 0.05$) (Table 4).
206 Feeding diets low in available P improved ($P < 0.001$) dietary AME by 0.36 MJ/kg DM (by
207 2.5 %). Daily intake of dietary AME was improved ($P < 0.001$) by feeding RP diets, but was
208 not influenced ($P > 0.05$) by INS supplementation.

209 Nutrient retention and digestibility coefficients were not affected ($P > 0.05$) by dietary INS
210 content (Table 4). The CV in DMR, NR and FD coefficients were 3.0 %, 7.8 % and 4.0 %,
211 respectively. Feeding LP diets improved ($P < 0.001$) DMR and FD, but did not influence ($P >$
212 0.05) the NR coefficient (Table 4).

213 Digestibility coefficients and daily retention of P and Ca in broilers were not affected ($P >$
214 0.05) by INS supplementation (Table 5). The CV % of digestibility and retention data varied
215 from 10.0 to 15.0 %. Feeding LP diets improved the Ca digestibility coefficient ($P < 0.001$)
216 but did not affect P digestibility ($P > 0.05$). Feeding RP diets improved ($P < 0.001$) daily
217 retention of P and Ca.

218 *Hepatic vitamin E, fat and N contents, SA secretion, inositol and alkaline phosphatase in*
219 *blood plasma*

220 The CV in the variables presented in Table 6 were between 2.2 % for hepatic N concentration
221 and 22.9 % for INS in blood plasma. Feeding RP diets reduced ($P < 0.001$) the relative
222 weight of the liver of the birds, and relative hepatic fat concentration and content ($P < 0.05$).
223 However, it increased ($P < 0.001$) the relative hepatic N concentration but did not influence
224 ($P > 0.05$) hepatic N retention. The concentration of secreted SA was not affected ($P > 0.05$)
225 by any of the dietary treatments (Table 7). Feeding LP diets increased ($P < 0.001$) the hepatic
226 vitamin E and INS concentration in blood plasma. However, birds fed RP diets had an
227 increased ($P < 0.001$) ALP concentration in blood.

228 Feeding INS-supplemented diets linearly increased ($P < 0.05$) liver weight and hepatic N
229 content, but linearly reduced ($P < 0.05$) hepatic fat concentration (Table 6). It also linearly
230 increased ($P < 0.001$) the INS concentration in blood plasma, but did not influence ($P > 0.05$)
231 the SA concentration in excreta (Table 7). Dietary INS did not influence ($P > 0.05$) the
232 hepatic vitamin E concentration but increased ($P < 0.001$) the ALP in the blood of birds fed
233 30 g/kg INS (Table 7).

234

DISCUSSION

235 The aim of this study was to investigate the effects of three different levels of INS in LP and
236 RP diets, on growth performance, nutrient retention, liver N, fat and vitamin E contents, INS
237 and ALP concentrations in blood plasma. The low INS supplemented diet contained 3 g/kg
238 INS, which is the expected dose released in response to a commercial dosage of PHY in the
239 GIT of broilers. The high INS supplemented diet contained 30 g/kg INS and was designed to
240 emphasise the impact of INS on the studied variables. Previous studies on INS
241 supplementation of broiler diets have used doses from 0.1 to 0.75 % (1 to 7 g/kg) (Żyła et al.,
242 2004; Cowieson et al., 2013; Pirgozliev et al., 2007), but high dietary levels of INS has not
243 yet been studied.

244 There are relatively few reported measurements of INS in chicken plasma. Schmeisser et al.
245 (2013) recorded values of 0.199, 0.246 and 0.345 mM for birds fed positive control, negative
246 control and phytase supplemented at 1000 FTU/kg diets, while Sommerfield et al. (2017)
247 obtained values of 0.23 and 0.54 mM for birds fed control and INS-supplemented diets (3.8
248 g/kg, starter; 3.5 g/kg grower). The values obtained here for LP, and LP + 3 g/kg and 30
249 g/kg-supplemented diets were 0.583, 0.664 and 0.982 mM (Table 7). While these, perhaps,
250 seem high the factors that control plasma INS are poorly defined. The renal clearance of INS
251 in chickens is unknown, but in humans it has been shown that following intra-venous supply
252 of INS the renal clearance of INS is exceeded at 3-4 mM plasma INS, considerably higher
253 than the values measured here (Doughaday and Lerner, 1953). The elevations of INS reported
254 in our study coincided with a reduced concentration of hepatic fat content in birds fed INS.
255 Early reports support this observation and found that dietary INS supplementation is effective
256 at depressing liver fat synthesis (Bull, 1968; Cough, 1968). A beneficial effect of
257 supplementing diets with INS to treat fatty liver syndrome in layers was also reported by
258 Parker and Deacon (1968). Holub (1986) describes the metabolism and the function of INS
259 and INS phospholipids in animals. A close negative correlation has been found between the

260 activity of the enzymes fatty acid synthetase and acetyl-CoA carboxylase and levels of
261 dietary INS, thus further supporting the observed results in this study. The total hepatic N
262 content increased primarily due to increased liver weight.

263 Cowieson et al. (2015) and Sommerfeld et al. (2017) reported greater INS in blood plasma of
264 PHY fed chickens compared to birds fed control diets. In agreement with Shastak et al.
265 (2014) and Zeller et al. (2015), in the present study, broilers fed LP diets had higher blood
266 plasma INS concentration, compared to birds fed RP diets. In agreement with our findings,
267 higher INS concentrations in blood plasma (Cowieson et al., 2015) and excreta (Beeson et al.,
268 2017) has been reported in chicks fed LP diets compared to birds fed RP diets. It has been
269 demonstrated that a reduced intake of dietary minerals, especially of P and Zn, could increase
270 the activity of intestinal alkaline phosphatase and PHY (Davies et al., 1970; Bitar &
271 Reynolds, 1972). This enhanced the digestibility of P in a subsequently fed diet (Moore &
272 Veum, 1982, 1983). In addition, Maenz & Classen (1998) demonstrated *in vitro*, that high
273 mineral concentration markedly decreased the activity of brush border phytase in chicks.
274 McComb et al. (1979) reported that many microbes adapt to low P concentrations by
275 increasing the synthesis of alkaline phosphatase. This finding suggests that the intestinal
276 microflora might be involved in the enhanced dietary P availability due to feeding LP diets.
277 Although not determined in this study, it seems likely that the activity of the intestinal
278 alkaline phosphatase and PHY in the gut of broilers fed LP diets is elevated and thus these
279 birds exhibited an improved phytate degradation compared to the birds fed RP diets. The
280 improved AME, DMR and FD of LP diets observed in the present study further support this
281 hypothesis.

282 The apparent total tract Ca and P digestibility coefficients were in the expected range
283 (Olukosi and Fru-Nji, 2014; Sommerfeld et al., 2017). The lack of difference between P
284 digestibility in the LP and RP diets was expected and can be explained by the same
285 bioavailability of the added dietary dicalcium phosphate. Similar to Olukosi and Fru-Nji
286 (2014), the LP diet exhibited lower Ca digestibility compared to RP diets. When LP diets are
287 fed the Ca:P ratio in the gut is relatively wide compared to the same ratio in RP diets.
288 However, the widening of Ca:P ratio is known to reduce Ca utilisation in broilers (Olukosi
289 and Fru-Nji, 2014; Farhadi et al., 2017). It seems that the decreased Ca utilization in diets
290 with wide Ca:P can thus be explained by the presence of a greater amount of Ca in the
291 intestine than can be used by the birds, leading to excessive Ca excretion or reduced
292 efficiency of Ca absorption.

293 The hepatic vitamin E concentration was in line with previous observations (Karadas et al.,
294 2010, 2014; Pirgozliev et al., 2015). Although the reduction in vitamin E concentration in RP
295 fed birds was not expected, the values were in the expected range for chickens at this age.
296 The increased vitamin E concentration in the liver of LP fed birds coincided with reduced
297 growth performance variables, thus suggesting that the relatively low feed intake of these
298 birds reduced the oxidative stress, thereby preventing vitamin E reserves from depletion.

299 The ALP concentration in blood was in agreement with the expected reference limits
300 (Meluzzi et al., 1992). The levels of ALP for birds fed RP diets were higher than those fed LP
301 diets, possibly due to increased growth rates and osteoblastic activity of chickens (Bell and
302 Freeman, 1971). ALP belongs to a group of enzymes with a low substrate specificity and
303 catalyses the hydrolysis of phosphate esters in a basic environment. This suggests that dietary
304 INS may reform INS phosphate isomers, provoking ALP synthesis, thus explaining the
305 results for the high inclusion INS diet. There was a correlation between ALP activity and the
306 rates of bone formation in mice (Dimai et al., 1998), suggesting that decreased bone
307 reabsorption and an improved bone density might be a reason for elevated ALP in the blood
308 of birds fed the high INS diets. A study by Cowieson et al. (2015) showed positive
309 correlations between bone ash and plasma INS after adding phytase to LP diets. Conversely,
310 there was no link between plasma INS levels and bone ash contents in birds fed diets
311 supplemented with either INS or PHY (Sommerfeld et al., 2017).

312 Here, no effects of INS supplementation on growth performance, energy, nutrient and
313 mineral utilisation were observed. The literature investigating the effects of supplemental INS
314 on broiler performance is ambiguous. Żyła et al. (2013) demonstrated that supplementation
315 with as little as 1 g/kg INS in wheat- and corn-based diets containing 1.5 g/kg of available P
316 improved growth of broilers of a similar age. Pirgozliev et al. (2017) reported an optimised
317 dietary AME and broiler growth at approximately 2.5 g/kg INS when feeding corn-based
318 diets containing 2.5 g/kg available P. Sommerfeld et al. (2017) found that supplementing 3.5
319 g/kg INS to P sufficient wheat-based diets improved feed efficiency in broilers during the
320 starter phase. However, Cowieson et al. (2013) found that the addition of INS to a diet low in
321 Ca and digestible P resulted in a negative effect on feed efficiency during the starter phase,
322 although during the finisher phase the effect became positive. Moreover, feeding INS reduced
323 feed intake (Cowieson et al., 2013) which is in contrast to the current work. Furthermore,
324 Cowieson et al. (2013) reported an interaction between INS and exogenous PHY, whereby
325 the addition of INS to either a RP or LP diet improved feed efficiency in older birds only in

326 the presence of PHY. Finally, Pearce (1975), Żyła et al. (2004), and Farhadi et al. (2017), did
327 not find any advantage in broiler growth rates when fed INS supplemented RP or LP diets.

328 The principal finding that large dietary INS significantly elevates plasma INS with neither
329 beneficial nor deleterious effect focuses attention on aspects of avian physiology concerned
330 with renal clearance of INS. The half-life of INS in plasma is rarely reported, but values of
331 approximately 2 h are evident for human adults in the data of Doughaday and Lerner (1953)
332 and 5 h in neonatal infants (Phelps et al. 2013). With regards to INS measurement, the
333 methods elaborated here have been tested by the authors and found to be appropriate for
334 chicken muscle, liver and kidney. They should enable metabolomic and transcriptomic study
335 of tissue response to phytate-derived INS, providing means can be found to distinguish
336 between organ-specific de-novo synthesis of INS (from glucose 6-phosphate) and INS
337 derived from dietary phytate. In this regard, the known refractory nature of proximal, but not
338 distal, PI-3kinase signalling to insulin in chicken muscle (but not liver) remains a puzzle that
339 would benefit from measurement of plasma, liver and muscle INS and its metabolites.

340 Regardless of dietary P content, in the present experiment INS did not influence studied
341 mineral availability in agreement with previous reports (Farhadi et al., 2017; Sommerfeld et
342 al., 2017). However, comparing diets with and without PHY supplementation, Pirgozliev et
343 al. (2017) observed an interaction as the increase in dietary INS content had no effect on P
344 digestibility in the absence of PHY but it depressed P digestibility in the diets containing
345 PHY. In addition, increasing dietary INS content did not change SA concentration, which is
346 contradictory to previous findings (Pirgozliev et al., 2017). Since INS is involved in the
347 control of cell volume and osmolarity (Kane et al., 1992), it was expected that high dietary
348 levels might modulate mucin secretion. However, the dose range in this experiment was
349 greater compared to Pirgozliev et al. (2017), thus a physiological maximum response may be
350 met between 7.5 and 30 g/kg of dietary INS supplementation.

351 Dietary PHY supplementation in RP diets has been shown to improve INS concentration in
352 blood but not overall growth performance (Cowieson et al., 2015). Conversely, in the same
353 study the dietary PHY supplementation in LP diets did not affect plasma INS concentration
354 but did improve overall growth performance variables. Similarly, Beeson et al. (2017)
355 reported overall improvement in growth performances of PHY fed birds, although there was
356 PHY by available P interaction for INS in excreta. Thus, there was no apparent correlation
357 between feed efficiency and INS and INS phosphate esters concentration in excreta. In

358 addition, feeding LP diet resulted in a lower feed efficiency but higher INS concentration in
359 ileal digesta. Sommerfeld et al. (2017) reported highest INS concentration in blood plasma of
360 birds fed INS supplemented diets, approximately 35 % higher than the INS in blood plasma
361 of PHY only fed birds, but there was no difference between the overall feed efficiency
362 between these diets.

363 In conclusion, this experiment has confirmed the expected biological effects of diets that
364 differ in available P contents. However, dietary INS did not affect bird growth performance,
365 mineral availability, and endogenous losses. There was no observed interaction between
366 available P and INS in any of the variables studied. Further investigation of plasma, liver and
367 muscle INS and its metabolites is warranted to distinguish dietary from tissue specific de-
368 novo synthesised INS.

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375 Table 1. Ingredient composition (g/kg 'as fed') of the basal experimental diets¹

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Ingredients	g/kg	g/kg
Corn	604	600
Soybean meal 48 % CP	300	300
Corn gluten meal	40	40
Vegetable oil	20	20
Salt	3.6	3.6
DL Methionine	4.2	4.2
Lysine HCl	3.0	3.0
Limestone	15.2	6.7
Dicalcium Phosphate	6.0	18.5
Vitamin Mineral premix ²	4.0	4.0
	1000	1000
Calculated values (as fed)		
Crude protein (N x 6.25), g/kg	216	216
Crude fat, g/kg	47	47
ME, MJ/kg	12.87	12.82
Calcium, g/kg	9.4	9.2
Av Phosphorus, g/kg	2.5	4.8
Lysine	13.6	13.6
M+C	11.4	11.4
Determined values		
DM, g/kg	0.903	0.903
GE, MJ/kg	16.87	16.80
Crude protein (N x 6.25), g/kg	213	200
Crude fat, g/kg	41	42
Ca, g/kg	9.5	10.2
P, g/kg	4.5	7.4
Na, g/kg	1.2	1.4

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¹The INS was added on the top of this formulation.

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²The Vitamin and mineral premix contained vitamins and trace elements to meet the requirements specified by NRC (1994). All the experimental diets were designed to be low in P. The premix provided (units/kg diet): retinol 3600 µg, cholecalciferol 125 µg, α-tocopherol 34 mg, menadione 3 mg, thiamine 2 mg, riboflavin 7 mg, pyridoxine 5 mg, cobalamin 15 µg, nicotinic acid 50 mg, pantothenic acid 15 mg, folic acid 1 mg, biotin 200 µg, iron 80 mg, copper 10 mg, manganese 100 mg, cobalt 0.5 mg, zinc 80 mg, iodine 1 mg, selenium 0.2 mg and molybdenum 0.5 mg.

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391 Table 2. Determined *myo*-inositol (INS) and total P content in the experimental diets
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Diets	INS g/kg	P g/kg
LP	0.248	4.5
LP + 3 g/kg INS	2.482	4.5
LP + 30 g/kg INS	27.055	4.5
RP	0.280	7.4
RP + 3 g/kg INS	2.426	7.4
RP + 30 g/kg INS	28.163	7.4

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394 Analysis were performed in duplicates.

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398 Table 3. Body weight (BW), average daily feed intake (ADFI), average daily gain (ADG) and
 399 gain to feed ratio (G:F) of broiler chickens fed the experimental diets.
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Treatment factor	BW kg/bird (21d age)	ADFI kg/bird (7-21d)	ADG kg/bird (7-21d)	G:F kg/kg (7-21d)
av P (g/kg)				
2.5	0.594	0.766	0.461	0.601
4.8	0.727	0.890	0.594	0.668
SEM	0.0092	0.0105	0.0089	0.0085
INS (g/kg)				
0	0.656	0.817	0.522	0.636
3	0.662	0.838	0.530	0.628
30	0.664	0.829	0.530	0.639
SEM	0.0112	0.0128	0.0109	0.0104
p-Value				
av P	<0.001	<0.001	<0.001	<0.001
INS	NS	NS	NS	NS
av P x INS	NS	NS	NS	NS
CV %	7.6	6.9	9.2	7.3

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 402 av P, calculated dietary available P; INS, added dietary *myo*-inositol; CV %, coefficient of
 403 variation.

404 There were 10 observations per treatment, based on two birds per observation.

405 Means within a column with no common superscript differ significantly.

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412 Table 4. Apparent metabolisable energy (AME), dry matter retention (DMR), nitrogen
 413 retention (NR), and fat digestibility (FD) of the experimental diets.
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Treatment factor	AME (MJ/kg DM)	AME:GE	AME intake (MJ)	DMR	NR	FD
av P (g/kg)						
2.5	14.68	0.870	10.17	0.761	0.647	0.774
4.8	14.32	0.852	11.51	0.743	0.627	0.751
SEM	0.067	0.0040	0.161	0.0042	0.0090	0.0056
INS (g/kg)						
0	14.52	0.863	10.71	0.753	0.634	0.760
3	14.57	0.865	11.02	0.756	0.641	0.766
30	14.41	0.856	10.78	0.746	0.636	0.763
SEM	0.082	0.0049	0.198	0.0051	0.0111	0.0069
p-Value						
av P	<0.001	<0.05	<0.001	<0.05	NS	0.006
INS	NS	NS	NS	NS	NS	NS
av P x INS	NS	NS	NS	NS	NS	NS
CV %	2.5	2.5	8.2	3.0	7.8	4.0

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417 av P, calculated dietary available P; INS, added dietary *myo*-inositol; CV %, coefficient of
 418 variation.

419 There were 10 observations per treatment, based on two birds per observation.

420 Means within a column with no common superscript differ significantly.

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Table 5. Digestibility coefficients and retention of dietary Ca and P.

Treatment factor	Digestibility		Retention (g/d)	
	Ca	P	Ca	P
av P (g/kg)				
2.5	0.396	0.503	2.89	1.72
4.8	0.549	0.524	4.99	3.47
SEM	0.0111	0.0094	0.109	0.059
INS (g/kg)				
0	0.473	0.507	3.89	2.53
3	0.470	0.510	3.98	2.61
30	0.475	0.524	3.94	2.64
SEM	0.0135	0.0116	0.133	0.072
p-Value				
av P	<0.001	NS	<0.001	<0.001
INS	NS	NS	NS	NS
av P x INS	NS	NS	NS	NS
CV %	12.8	10.1	15.1	12.4

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av P, calculated dietary available P; INS, added dietary *myo*-inositol; CV %, coefficient of variation.

There were 10 observations per treatment, based on two birds per observation.

Means within a column with no common superscript differ significantly.

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Table 6. Liver weight, concentration and retention of hepatic fat and N of the experimental birds.

Treatment factor	Weight		Concentration (g/kg)		Retention (g)	
	Liver (g)	Liver (% body weight)	Fat	N	Fat	N
av P (g/kg)						
2.5	19.3	3.1	11.8	12.2	0.22	0.24
4.8	19.4	2.6	10.1	12.4	0.20	0.24
SEM	0.40	0.08	0.34	0.05	0.007	0.005
INS (g/kg)						
0	18.4 ^a	2.7	11.6	12.2	0.21	0.22 ^a
3	19.7 ^{ab}	2.8	10.9	12.3	0.21	0.24 ^b
30	20.1 ^b	2.9	10.2	12.4	0.20	0.25 ^b
SEM	0.49	0.10	0.42	0.06	0.009	0.006
p-Value						
av P	NS	<0.001	<0.001	<0.001	0.008	NS
INS	0.048	NS	0.090	0.084	NS	0.028
av P x INS	NS	NS	NS	NS	NS	NS
CV %	11.4	15.6	17.3	2.2	18.2	12.2

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av P, calculated dietary available P; INS, added dietary *myo*-inositol; CV %, coefficient of variation.

There were 10 observations per treatment, based on two birds per observation.

Means within a column with no common superscript differ significantly.

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Table 7. Sialic acid (SA) concentration in excreta, *myo*-inositol (INS) and alkaline phosphatase (ALP) in blood, and hepatic vitamin E of chickens fed the experimental diets.

Treatment factor	SA (mg/g)	INS (nmol / mL)	ALP (U/ml)	Vitamin E (µg/g)
av P (g/kg)				
2.5	0.756	834	5817	29
4.8	0.768	653	13446	22
SEM	0.0201	31.1	661.6	1.04
INS (g/kg)				
0	0.765	584 ^a	8519 ^a	25
3	0.743	663 ^a	8620 ^a	25
30	0.781	982 ^b	11756 ^b	26
SEM	0.0246	38.1	810.3	1.3
p-Value				
av P	NS	<0.001	<0.001	<0.001
INS	NS	<0.001	0.010	NS
av P x INS	NS	NS	NS	NS
CV %	14.4	22.9	37.6	22.6

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av P, calculated dietary available P; INS, added dietary *myo*-inositol; CV %, coefficient of variation.
There were 10 observations per treatment, based on two birds per observation.
Means within a column with no common superscript differ significantly.

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