

1 **Incidence and clinical implications of intraoperative BITA grafts conversion. Insights**  
2 **from the Arterial Revascularization Trial.**

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36

37 **ABBREVIATIONS**

- 38 ART: Arterial revascularization trial
- 39 BITA: Bilateral internal thoracic arteries
- 40 BMI: Body mass index
- 41 CABG: coronary artery bypass grafting
- 42 CVA: cerebrovascular accident
- 43 COPD: chronic obstructive pulmonary disease
- 44 ITA: internal thoracic artery
- 45 LVEF: left ventricular ejection fraction
- 46 MACCE: major cardiac and cerebrovascular events
- 47 MI: myocardial infarction
- 48 PCI: percutaneous coronary intervention
- 49 POAF: postoperative atrial fibrillation
- 50 PS: propensity score
- 51 SITA: Single internal thoracic artery
- 52 SVG: saphenous vein grafts
- 53 SMD: standardized mean difference

54 **Central Message:** The incidence of intraoperative bilateral internal thoracic artery (BITA)  
55 graft conversion in the ART was not irrelevant despite participating surgeons were requested  
56 to have expertise in BITA grafts.

57

58 **Prospective statement:** Reasons beyond bilateral internal thoracic artery (BITA) grafts  
59 underutilization remain unclear. In the ART participating surgeons were requested to have  
60 expertise in BITA grafts. We found that in the ART the incidence of intraoperative BITA graft  
61 conversion was not irrelevant thus supporting that BITA grafts may represent a challenge also  
62 for experienced surgeons.

63

64 **Abstract**

65 **Background:** The arterial revascularization trial (ART) has been designed to answer the  
66 question whether the use of bilateral internal thoracic arteries (BITA) can improve 10-year  
67 outcomes when compared to single internal thoracic artery (SITA). In the ART, a significant  
68 proportion of patients initially allocated to BITA received other conduit strategies. We sought  
69 to investigate the incidence and clinical implication of BITA grafts conversion in the ART.

70 **Methods:** Among patients enrolled in the ART (n=3102), we excluded those allocated to SITA  
71 (n=1554), those who did not undergo surgery (n=16) and those operated on but withdrew after  
72 randomization (n=7). Propensity score matching was used to compare converted vs non-  
73 converted BITA groups.

74 **Results:** A total of 1525 patients were operated with intention to receive BITA grafting. Of  
75 those, 233 (15.3%) were converted to other conduit selection strategies. Incidence of  
76 conversion largely varied across 28 centres involved (from 0% to 42.9%). The most common  
77 reason for BITA grafts conversion was the evidence of at least one internal thoracic artery not  
78 suitable which was reported in 77 cases. Patients with intraoperative BITA graft conversion  
79 received a lower number of grafts ( $2.95 \pm 0.84$  vs  $3.21 \pm 0.74$ ;  $P < 0.001$ ). However, hospital  
80 mortality rate was comparable to those who did not require BITA graft conversion (0 vs 1.6%;  
81  $P = 0.1$ ) as well as the incidence of major complications. At 5 years we found a non-significant  
82 excess of deaths (11.9% vs 8.4%;  $P = 0.1$ ) and major adverse events (17.1% vs 13.2%;  $P = 0.1$ )  
83 mainly driven by an excess of revascularization in patients requiring conversion.

84 **Conclusions:** The incidence of intraoperative BITA graft conversion is not irrelevant . BITA  
85 graft conversion is not associated with increased operative morbidity but its effect on late  
86 outcomes remain uncertain.

87 **Keywords:** bilateral internal thoracic artery; randomised controlled trial; outcomes

88 Despite evidence from large observational studies have consistently suggested that the use of  
89 bilateral internal thoracic artery (BITA) graft improves long term survival when compared to  
90 single internal thoracic artery (SITA) graft in coronary artery bypass graft (CABG) surgery  
91 [1,2], the use of BITA graft remains particularly low. As a matter of fact, BITA grafting  
92 represents only 4–12% of all CABG procedures over the more traditional use of the SITA with  
93 additional saphenous vein grafts (SVG) [3]. Reasons for BITA underutilization are  
94 multifactorial. Most of surgeons just do not perform BITA grafting based on the increased risk  
95 of sternal wound complications and technical complexity [4,5]. However, same patients  
96 initially intended to receive BITA grafts requires intraoperative conversion to other conduits  
97 strategies. Incidence and causes of intraoperative BITA grafts conversion and its clinical  
98 implication has never been investigated.

99 The arterial revascularization trial (ART) has been designed to answer the question whether  
100 the use of bilateral internal thoracic arteries (BITA) can improve 10-year outcomes when  
101 compared to single internal thoracic artery (SITA) in coronary artery bypass grafting (CABG)  
102 [6]. Interim 5-year results have shown similar clinical outcomes between the two groups [7].  
103 In ART only surgeons with experience of  $\geq 50$  BITA operations were able to undertake BITA  
104 procedures in the trial [6]. We sought to investigate reasons for intraoperative BITA grafts  
105 conversion and its clinical implication by performing a post-hoc analysis of the ART.

## 106 **Methods**

107 A post-hoc analysis of 5-year outcomes of the ART trial was conducted. This research adheres  
108 to the principles set forth in the Declaration of Helsinki  
109 (<http://www.wma.net/en/30publications/10policies/b3/index.html>). Among patients enrolled  
110 in the ART (n=3102) from 2004 to 2007, we excluded those allocated to SITA (n=1554) and  
111 those who did not undergo surgery (n=16) and those operated on but withdrew after  
112 randomization (n=7).

113 **Trial design**

114 The ART was approved by the institutional review board of all participating centers, and  
115 informed consent was obtained from each participant. The protocol for the ART has been  
116 published [6]. Briefly, the ART is a 2-arm, randomized multicenter trial conducted in 28  
117 hospitals in 7 countries, with patients being randomized equally to SITA or BITA grafts.  
118 Eligible patients were those with multivessel coronary artery disease undergoing CABG. BITA  
119 grafts configuration (y graft vs. in-situ graft vs. free graft) was left at discretion of the surgeon  
120 (video). Patients requiring single grafts or redo CABG were excluded. Patients with evolving  
121 MI (defined as the rise and fall of a biomarker together with one of a longer list of criteria  
122 comprising ischaemic symptoms, the development of pathologic Q waves, ischaemic ECG  
123 changes, and a coronary artery intervention) were also excluded. However, patients with  
124 unstable angina defined as pain on any activity or rest pain were included.

125 **Follow-up**

126 Questionnaires were sent to study participants by post every year after surgery. No clinic visits  
127 were planned apart from the routine clinical 6-week post-operative visit. Participants were sent  
128 stamped addressed envelopes to improve the return rates of postal questionnaires. Study co-  
129 ordinators contacted participants by telephone to alert them to the questionnaire's arrival and  
130 to ask them about medications, adverse events and health services resource use. Five-year  
131 follow-up was completed for all patients included in the present analysis.

132 **Study outcomes**

133 Hospital outcomes investigated were re-exploration for bleeding, intra-aortic balloon pump  
134 (IABP) insertion, myocardial infarction (MI), cerebrovascular accident (CVA), postoperative  
135 atrial fibrillation (POAF), sternal complications revascularization and hospital mortality. Late  
136 outcomes were 5-year all-cause mortality and cumulative incidence of major cardiac and

137 cerebrovascular events (MACCE) including cardiovascular (CV) death, CVA, MI and repeat  
138 revascularization.

### 139 **Outcomes definitions**

140 Death was classified into cardiovascular and non-cardiovascular, where possible, using autopsy  
141 reports and death certificates. Congestive heart failure, arrhythmia or myocardial infarction,  
142 pulmonary embolus and dissection were considered cardiovascular causes of death.

143 MI was diagnosed when two of the following three criteria were present: 1. Unequivocal ECG  
144 changes; 2. Elevation of cardiac enzyme(s) above twice the upper limit of normal or diagnostic  
145 troponin rises; 3. Chest pain typical for acute MI which lasted more than 20 minutes. CVA  
146 was defined as new neurological deficit evidenced by clinical signs of paresis, plegia or new  
147 cognitive dysfunction including any mental status alteration lasting more than 24 hours and/or  
148 evidence on CT or MRI scan of recent brain infarct (less than 6 months). Repeat  
149 revascularization was defined as coronary bypass surgery or percutaneous coronary  
150 intervention (PCI) performed after trial procedure. Sternal complications included sternal  
151 wound infection requiring antibiotics, VAC therapy, debridement or reconstruction.

### 152 **Statistical analysis**

153 Multiple imputation ( $m=3$ ) was used to address missing data. Rubin's method [8] was used to  
154 combine results from each of the imputed data sets (Amelia R package). Due to lack of  
155 randomization with regards to BITA conversion, a propensity score (PS) was generated for  
156 each patient from a multivariable logistic regression model (C-statistics 0.64) based on pre-  
157 specified set of covariates (as listed in Table 1) with requiring conversion vs non-converted as  
158 a binary dependent variable [9]. Pairs of patients were derived using greedy 1:3 matching with  
159 a calliper of width of 0.2 standard deviation of the logit of the PS (nonrandom R package). The  
160 quality of the match was assessed by comparing selected pre-treatment variables in propensity

161 score-matched patients using the standardized mean difference (SMD), with an absolute  
162 standardized difference of greater than 10% taken to represent meaningful covariate imbalance.  
163 [9]. McNemar's test and paired t-test was used to assess the statistical significance of the risk  
164 difference for hospital outcomes and stratified log-rank was used to assess the statistical  
165 significance of the risk difference for mortality and MACCE at 5 years. Risk competing  
166 framework was used to estimate the treatment effect on MACCE individual components  
167 (survival R package and riskRegression R package). All p-values <0.05 were considered to  
168 indicate statistical significance.

## 169 **Results**

### 170 **Study population**

171 A total of 1525 patients were operated with intention to receive BITA grafting. Of those, 233  
172 (15.3%) were converted to other conduit selection strategies. Incidence of conversion largely  
173 varied across 131 participating surgeons (Figure 1 and Supplementary Table 1). The most  
174 common reason for BITA grafts conversion was the evidence of at least one internal thoracic  
175 artery (ITA) not suitable which was reported in 77 (33.0%) cases. This was due to during  
176 harvesting (n=41), poor flow without apparent injury (n=23) and conduit too short for grafting  
177 (n=13). The second most common reasons for BITA conversion were poor target not suitable  
178 for BITA grafts in 44 cases (18.9%) and perceived increased risk for sternum complication (i.e.  
179 osteoporosis) in 38 cases (16.3%). Other causes were hemodynamic instability which occurred  
180 during BITA harvesting in 19 cases (8.1%), intraoperative evidence of other cardiac  
181 pathologies requiring intervention in 6 (2.6%) cases and time constrain in 6 (2.6%) cases. In  
182 43 cases (18.5%), surgeons decided to not perform BITA grafts without providing a  
183 justification (Central Picture).

184 Baseline characteristics in the two groups are reported in Table 1. Overall subjects with  
185 intraoperative BITA graft conversion presented a higher risk profile. In particular they were



186 more likely to be older and female and were more likely to have diabetes, chronic obstructive  
187 pulmonary disease (COPD) and left ventricular ejection fraction (LVEF) $<0.5$ . Intraoperative  
188 data breakdown according to causes of BITA conversion showed that increased body mass  
189 index (BMI) and diabetes was more common among those converted as perceived at higher  
190 risk for risk infection, female gender was more common among those with poor targets and  
191 reduced LVEF was more common among those with those with hemodynamic instability  
192 during ITA harvesting (Supplementary Table 3). After matching the two groups were  
193 comparable for all baseline risk factors (all SMD $<0.10$ ; Figure 2).

#### 194 **Intra-operative data**

195 Intraoperative data are summarized in Table 2. Patients who had BITA graft conversion were  
196 more likely to be undergo on-pump surgery (23.2% vs. 42.1%) and to receive a lower number  
197 of grafts ( $2.95\pm 0.84$  vs  $3.21\pm 0.74$ ), with LAD (95.3% vs 99.1%) and circumflex (82% vs  
198 95.9%) territories being more likely to remain ungrafted. In the BITA conversion group, 19  
199 (8.2%) patients received SVG only. Intraoperative data breakdown according to causes of  
200 BITA conversion showed that the number of grafts was lower among those found to have poor  
201 targets ( $2.52\pm 0.90$ ), and the rate of patients receiving SVG only was higher among those with  
202 unsuitable ITA (18.2%) or hemodynamic instability during harvesting (15.8%)  
203 (Supplementary Table 4).

#### 204 **Outcomes**

205 Hospital outcomes are summarised in Table 3. Overall patients requiring BITA graft  
206 conversion was not associated with a higher incidence of hospital morbidity or mortality. In  
207 particular, no patient requiring BITA graft conversion experienced hospital death and the need  
208 for intra-aortic balloon pump and need for repeat revascularization was comparable between  
209 the two groups. Hospital breakdown according to causes of BITA conversion showed that those  
210 requiring conversion for hemodynamic instability during ITA harvesting presented the highest

211 rate of IABP insertion, renal replacement therapy and postoperative MI (Supplementary Table  
212 5).

213 Five-year outcomes are summarised in Table 4 and Figure 3. In patients requiring conversion  
214 we found a non-significant excess of deaths (11.9% vs 8.4%; P=0.1) and MACCE (17.1%  
215 13.2%; P=0.1) mainly driven by an excess of revascularization (Figure 4). Those who required  
216 conversion for hemodynamic instability during ITA harvesting and found to have poor target  
217 or unsuitable ITA tended to have a higher rate of mortality and MACCE. (Supplementary Table  
218 5).

### 219 **Conduit selection in patients initially allocated to SITA**

220 For descriptive purpose, we also reported conduits selection in those initially allocated to SITA  
221 graft. Among 1554 patients initially allocated to SITA, eight were not operated on (1 death, 4  
222 withdrew, 3 cases with no reason reported) and the remaining 1546 underwent surgery. Of  
223 those, 1494 received SITA graft (96.7%) and 38 received BITA grafts (2.5%) for the following  
224 reasons: no other suitable conduit available (n=21, 1.4%), withdrew (n=2, 0.1%) and reason  
225 not report (n=15, 1.0%). Only 14 patients received neither SITA nor BITA (0.9%) for the  
226 following reasons: ITA unsuitable (n=10, 0.6%), unsuitable target (n=2, 0.1%), hemodynamic  
227 instability (n=1, 0.5%), need for unplanned surgery (n=1, 0.5%).

### 228 **Discussion**

229 Reasons beyond underutilization of the BITA graft remains uncertain [4,5]. Many surgeons  
230 just do not perform BITA grafts in view of the increased risk of sternal wound [10] and  
231 technical complexity [4]. However, the incidence of intraoperative BITA grafts conversion to  
232 other graft strategies in patients initially intended to receive BITA grafts remains unknown [7].  
233 The perceived increased risk of operative morbidity related to intraoperative conversion can  
234 partially contribute to the reluctance of many surgeons to perform BITA grafts also in view of  
235 the current intense professional and public scrutiny of cardiac surgeons’.

236 The ART trial represents a unique opportunity to investigate the incidence and causes of  
237 intraoperative BITA graft conversion [7]. Interestingly, despite participating surgeons were  
238 anticipated to be expert in BITA grafts, the rate of intraoperative conversion was not irrelevant.  
239 In fact 15.3% of patients initially intended to received BITA grafts required intraoperative  
240 conversion to other conduit strategies. However, we noticed that there was a very large  
241 variation in BITA grafting conversion across centres and surgeons which supports the central  
242 role for individual surgeon experience. Interestingly, unsuitable ITA was reported as the main  
243 reason (33%) for intraoperative BITA grafts conversion to other conduit strategies and it was  
244 mainly related to injury during harvesting. Of notice, the rate of unsuitable ITA in those  
245 allocated to SITA graft was only 0.6% suggesting that harvesting two ITAs is more demanding  
246 and can influence surgeon's precisions. In addition, in 44 patients, BITA was not performed  
247 because of poor target. Among those patients, only 7 patients required 1 grafts only. In all other  
248 cases, SVG and/or RA were used in addition to SITA grafts, suggesting that technical difficulty  
249 of performing BITA grafts rather than the absence of graftable targets. We also found that 19  
250 patients become unstable during BITA harvesting and we can hypothesis that prolonged heart  
251 compression secondary to the use of chest retractor during ITA harvesting may not be always  
252 tolerated especially in presence of reduced LVEF. On the other hand, a main reason for  
253 conversion not related to complication or technical complexity was the perception of increased  
254 risk of sternal wound complication after chest opening (i.e. osteoporotic sternum). In case of  
255 intraoperative conversion, SITA plus SVG was the most commonly opted strategy followed by  
256 SITA plus RA. Of note, 19 patients (8.2%) received SVG only.

257 In contrast to other clinical scenarios when intraoperative conversion significantly increases  
258 operative morbidity and mortality such as off-pump to on-pump conversion [11], BITA grafts  
259 conversion was not associated with significantly higher rate of operative complications  
260 although those requiring conversion for hemodynamic instability during ITA harvesting

261 presented a numerically higher rate of IABP insertion, renal replacement therapy and  
262 postoperative MI. At 5 years, we found a non-significant trend towards an excess of death and  
263 MACCE in patients requiring intraoperative conversion in particular among those with  
264 perioperative hemodynamic instability, poor target and unsuitable ITA. We can speculate that  
265 perioperative myocardial injury, lower number of grafts and excess of SVG only strategy in  
266 these three groups respectively might have partially contributed to this trend.

267 The unique technical challenges of BITA grafts fuels the perception that adoption of this  
268 myocardial revascularization strategy may increase operative morbidity in particular when  
269 intraoperative conversion to other conduit strategies is required. The present results support the  
270 hypothesis that BITA conversion does not significantly increase operative morbidity. However,  
271 the large variation in BITA conversion and its potential implication on late outcomes highlight  
272 the importance of negotiating the learning curve with appropriate patient selection,  
273 individualized grafting strategy, peer-to-peer training of the entire team, and graded clinical  
274 experience.

275 There are two main limitations in the present analysis. This is a retrospective analysis of the  
276 ART and we cannot exclude residual confounding factors between the two groups despite  
277 propensity score adjustment. The number of patients requiring conversion was relatively small  
278 and there was a relatively low incidence of adverse events. Therefore, the analysis was likely  
279 to be underpowered to detect significant difference between groups for comparisons. Finally,  
280 we had no information whether BITA injury during harvesting occurred with skeletonised or  
281 pedicled technique.

282 In conclusion, the incidence of intraoperative BITA graft conversion is not irrelevant also  
283 among experienced surgeons participating in ART. While intraoperative BITA grafts  
284 conversion does not increase the risk of operative mortality and major complications, BITA

285 conversion might be associated with poorer outcomes at long term follow-up. However, the  
286 latter conclusions require further investigations.

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358



359 Table 1. Baseline characteristics

	Requiring Conversion	Not Converted Before PSM	SMD before PSM	Not converted matched	SMD after PSM
N	233	1292		699	
Age (mean (sd))	65 (9)	63 (9)	0.229	65 (8)	0.019
Female = 1 (\%)	47 (20.2)	176 (13.6)	0.175	135 (19.3)	0.022
BMI (mean (sd))	29 (4)	28 (4)	0.117	29 (4)	0.005
SBP (mean (sd))	132 (18)	132 (18)	0.003	132 (18)	0.015
DBP (mean (sd))	75 (11)	75 (11)	0.011	75 (11)	0.016
Creatinine (mmol/L)	95 (21)	97 (21.5)	0.061	96 (21)	0.015
NYHA III/IV n(%)	42 (18.0)	290 (22.4)	0.110	131 (18.7)	0.018
Unstable angina n(%)	14 (6.0)	102 (7.9)	0.074	43 (6.2)	0.006
Treated Hypertension	177 (76.0)	1002 (77.6)	0.038	543 (77.7)	0.041
Treated Hyperlipaemia	222 (95.3)	1216 (94.1)	0.052	663 (94.8)	0.020
Diabetes n(%)			0.140		0.046
No	165 (70.8)	994 (76.9)		508 (72.7)	
On insulin	17 ( 7.3)	76 ( 5.9)		51 ( 7.3)	
Oral	51 (21.9)	222 (17.2)		140 (20.0)	
Smoking n(%)			0.046		0.032
Current	32 (13.7)	198 (15.3)		92 (13.2)	
Ex	129 (55.4)	696 (53.9)		381 (54.5)	
Never	72 (30.9)	398 (30.8)		226 (32.3)	
COPD n(%)	13 (5.6)	29 (2.2)	0.173	26 (3.7)	0.088
Asthma n(%)	11 (4.7)	67 (5.2)	0.021	32 (4.6)	0.007
PVD n(%)	17 (7.3)	85 (6.6)	0.028	49 (7.0)	0.011
TIA n(%)	8 (3.4)	42 (3.3)	0.010	19 (2.7)	0.041
CVA n(%)	5 (2.1)	37 (2.9)	0.046	12 (1.7)	0.031
MI n(%)	104 (44.6)	506 (39.2)	0.111	322 (46.1)	0.029
PCI n(%)	40 (17.2)	198 (15.3)	0.050	117 (16.7)	0.011
Preop AF pre n(%)	4 (1.7)	15 (1.2)	0.047	11 (1.6)	0.011
LVEF_pre (\%)			0.187		0.033
≥ 50% (good)	161 (69.1)	994 (76.9)		473 (67.7)	
31-49% (moderate)	67 (28.8)	268 (20.7)		209 (29.9)	
≤ 30% (poor)	5 (2.1)	30 (2.3)		17 (2.4)	
LMD n(%)	40 (17.2)	282 (21.8)	0.118	127 (18.2)	0.026

360 SMD: standardized mean difference; PSM: propensity score matching; BMI: body mass index;  
361 SBP: systolic blood pressure; DBP: diastolic blood pressure; COPD: chronic obstructive  
362 pulmonary disease; PVD: peripheral vascular disease; TIA: transient ischemic attack; CVA:  
363 cerebrovascular accident; MI: myocardial infarction; PCI: percutaneous coronary intervention;  
364 AF: atrial fibrillation; LVEF: left ventricular ejection fraction; LMD: left main disease.

365

	Requiring Conversion	Not Converted Before PSM	P-value Before PSM	Not converted matched	P-value After PSM
n	233	1292		699	
Off-pump n(%)	54 (23.2)	584 (45.2)	<0.001	294 (42.1)	<0.001
LAD n(%)	222 (95.3)	1278 (98.9)	<0.001	693 (99.1)	<0.001
Circumflex n(%)	191 (82.0)	1231 (95.3)	<0.001	670 (95.9)	<0.001
RCA n(%)	157 (67.4)	890 (68.9)	0.705	488 (69.8)	0.539
Diagonal branches n(%)	64 (27.5)	395 (30.6)	0.382	206 (29.5)	0.617
N grafts (mean (sd))	2.95 (0.84)	3.21 (0.77)	<0.001	3.21 (0.74)	<0.001
Conduits (%)			<0.001		<0.001
Unknown	0 ( 0.0)	2 ( 0.2)		0 ( 0.0)	
BITA		270 (20.9)		139 (19.9)	
BITA+RA		215 (16.6)		115 (16.5)	
BITA+RA+SV		44 ( 3.4)		23 ( 3.3)	
BITA+SV		761 (58.9)		422 (60.4)	
LITA	7 ( 3.0)				
LITA+RA	22 ( 9.4)				
LITA+RA+SV	12 ( 5.2)				
LITA+SV	156 (67.0)				
RA	1 ( 0.4)				
RA+SV	2 ( 0.9)				
RITA	3 ( 1.3)				
RITA+RA	2 ( 0.9)				
RITA+RA+SV	1 ( 0.4)				
RITA+SV	8 ( 3.4)				
SVG	19 ( 8.2)				

367 PSM: propensity score matching; LAD: left anterior descending artery; RCA: right coronary  
 368 artery; BITA; bilateral internal thoracic arteries; RA: radial artery; SVG: saphenous vein graft

369 Table 3. Hospital outcomes

	Requiring Conversion	Not Converted Before PSM	P-value Before PSM	Not converted matched	P-value After PSM
N	233	1292		699	
Re-exploration for bleeding n(%)	10 (4.3)	47 (3.6)	0.8	20 (2.9)	0.4
IABP insertion n(%)	12 (5.2)	55 (4.3)	0.7	36 (5.2)	1
Renal replacement therapy n(%)	6 (2.6)	85 (6.6)	0.03	52 (7.4)	0.01
Sternal complications n(%)	13 (5.6)	64 (5.0)	0.8	36 (5.2)	0.9
Death n(%)	0 (0.0)	17 (1.3)	0.2	11 (1.6)	0.1
MI n(%)	7 (3.0)	18 (1.4)	0.1	12 (1.7)	0.4
CVA n(%)	5 (2.1)	13 (1.0)	0.2	9 (1.3)	0.5
Revascularization n(%)	1 (0.4)	9 (0.7)	1	5 (0.7)	1
POAF n(%)	69 (29.6)	329 (25.5)	0.2	208 (29.8)	1

370 PSM: propensity score matching; IABP: intra-aortic balloon pump; Myocardial infarction;  
 371 CVA: cerebrovascular accident; POAF: postoperative atrial fibrillation

372 Table 4. Five-year outcomes

	Converted	Not Converted Before PSM	P-value Before PSM	Not converted matched	P-value
N	233	1292		699	
Mortality at 5 years	27(11.9)	104(8.2)	0.08	58(8.4)	0.1
MACCE at 5 years	39(17.1)	155(12.4)	0.03	90(13.2)	0.1
cardiovascular death	8(3.5)	44(3.5)	1	29(4.2)	0.7
MI	9(3.9)	42(3.3)	0.6	24(3.5)	0.7
CVA	7(3.0)	31(2.4)	0.6	19(2.7)	0.8
Revascularization	12(8.2)	81(6.4)	0.2	43(6.2)	0.2

373 PSM: propensity score matching; MACCE: major adverse cardiac and cerebrovascular events;

374 MI: myocardial infarction; CVA: cerebrovascular accident

375

376 Figure Legend

377 Central Picture: BITA grafts allocation and conversion in the ART (BITA: bilateral interval  
378 thoracic artery; SITA: single internal thoracic artery; ITA: internal thoracic artery)

379 Figure 1. Scatter plot showing total number of cases initially allocated to BITA grafts  
380 performed by individual surgeons and relative rate of BITA conversion.

381 Figure 2. Changes in standardized mean after matching (SMD: standardized mean difference;  
382 PSM: propensity score matching; BMI: body mass index; SBP: systolic blood pressure; DBP:  
383 diastolic blood pressure; COPD: chronic obstructive pulmonary disease; PVD: peripheral  
384 vascular disease; TIA: transient ischemic attack; CVA: cerebrovascular accident; MI:  
385 myocardial infarction; PCI: percutaneous coronary intervention; AF: atrial fibrillation;  
386 LVEF: left ventricular ejection fraction; LMD: left main disease).

387 Figure 3. Cumulative incidence of mortality and major adverse cardiac and cerebrovascular  
388 events (MACCE) in the matched sample

389 Figure 4. Cumulative incidence of cardiovascular (CV) death, myocardial infarction (MI),  
390 cerebrovascular accident (CVA) and revascularization in the matched sample

391 Video. Skeletonised left internal thoracic artery during off-pump surgery

392 Supplementary Table 1. Number of cases performed initially allocated to bilateral interval  
 393 thoracic artery (BITA) grafts and BITA conversion rate.

#Surgeon	Total number of cases performed initially allocated to BITA grafts	%BITA grafts conversion
Unknow	67	23.9%
1	1	0.0%
2	1	100.0%
3	1	0.0%
4	1	0.0%
5	1	100.0%
6	15	0.0%
7	9	22.2%
8	6	0.0%
9	1	100.0%
10	9	33.3%
11	1	0.0%
12	1	100.0%
13	2	100.0%
14	1	0.0%
15	1	0.0%
16	15	6.7%
17	5	0.0%
18	8	0.0%
19	18	5.6%
20	17	5.9%
21	15	13.3%
22	6	33.3%
23	20	20.0%
24	9	11.1%
25	15	0.0%
26	7	28.6%
27	30	30.0%
28	5	0.0%
29	6	0.0%
30	8	50.0%
31	4	0.0%
32	9	0.0%
33	15	13.3%

34	7	0.0%
35	40	10.0%
36	1	0.0%
37	4	25.0%
38	10	50.0%
39	13	23.1%
40	7	28.6%
41	1	0.0%
42	2	0.0%
43	12	16.7%
44	1	0.0%
45	12	41.7%
46	2	0.0%
47	2	0.0%
48	1	0.0%
49	34	20.6%
50	9	55.6%
51	24	8.3%
52	15	26.7%
53	17	70.6%
54	1	0.0%
55	5	0.0%
56	1	0.0%
57	29	20.7%
58	8	25.0%
59	1	0.0%
60	4	25.0%
61	7	42.9%
62	3	0.0%
63	1	0.0%
64	5	0.0%
65	8	37.5%
66	12	16.7%
67	2	50.0%
68	17	23.5%
69	28	3.6%
70	14	21.4%
71	1	100.0%
72	4	0.0%
73	2	0.0%
74	29	10.3%

75	41	0.0%
76	18	38.9%
77	22	31.8%
78	4	25.0%
79	3	100.0%
80	1	0.0%
81	33	6.1%
82	4	0.0%
83	1	0.0%
84	9	0.0%
85	1	0.0%
86	16	0.0%
87	1	0.0%
88	1	0.0%
89	2	50.0%
90	16	6.3%
91	11	54.5%
92	19	21.1%
93	3	33.3%
94	19	42.1%
95	1	100.0%
96	4	0.0%
97	1	100.0%
98	1	0.0%
99	18	5.6%
100	22	13.6%
101	2	0.0%
102	2	0.0%
103	8	0.0%
104	33	0.0%
105	1	0.0%
106	12	16.7%
107	12	8.3%
108	3	0.0%
109	4	100.0%
110	1	0.0%
111	2	100.0%
112	22	18.2%
113	4	0.0%
114	10	10.0%
115	2	0.0%



116	2	0.0%
117	1	0.0%
118	211	1.9%
119	1	0.0%
120	16	25.0%
121	1	0.0%
122	15	33.3%
123	8	0.0%
124	3	0.0%
125	1	100.0%
126	11	9.1%
127	3	0.0%
128	1	0.0%
129	33	15.2%
130	99	13.1%
131	3	33.3%

Supplementary Table 2. Baseline characteristics according to cause of bilateral interval thoracic artery (BITA) grafts conversion

	High risk for sternal complication	At least 1 ITA not suitable	Target not suitable	Other cardiac pathologies	Justification not provided	Time constrain	Unstable during ITA harvesting
N	38	77	44	6	43	6	19
Age (mean (sd))	65.01 (8.87)	65.59 (8.19)	65.64 (9.39)	68.88 (8.63)	64.43 (8.63)	64.44 (8.29)	65.76 (8.68)
Female n(%)	7 (18.4)	16 (20.8)	12 (27.3)	0 (0.0)	10 (23.3)	0 (0.0)	2 (10.5)
BMI (mean (sd))	30.21 (4.28)	27.51 (3.25)	28.82 (3.11)	27.91 (2.60)	29.53 (4.01)	29.10 (2.85)	28.54 (4.61)
SBP (mean (sd))	132 (15)	131 (20)	134 (19)	129 (15)	130 (16)	140 (12)	131 (17)
DBP (mean (sd))	78 (10)	74 (10)	75 (10)	81 (11)	74 (13)	80 (15)	74 (10)
Creatinine (mmol/L)	97.49 (23.50)	94.27 (18.31)	99.48 (25.05)	100.08 (25.67)	92.51 (18.37)	89.00 (11.47)	93.85 (20.55)
NYHA III/IV n(%)	4 (10.5)	17 (22.1)	6 (13.6)	2 (33.3)	8 (18.6)	2 (33.3)	3 (15.8)
Unstable angina n(%)	1 (2.6)	6 (7.8)	3 (6.8)	1 (16.7)	1 (2.3)	0 (0.0)	2 (10.5)
Treated Hypertension	29 (76.3)	53 (68.8)	33 (75.0)	6 (100.0)	32 (74.4)	6 (100.0)	18 (94.7)
Treated Hyperlipaemia	38 (100.0)	73 (94.8)	42 (95.5)	6 (100.0)	39 (90.7)	6 (100.0)	18 (94.7)
Diabetes n(%)							
No	24 (63.2)	56 (72.7)	30 (68.2)	4 (66.7)	29 (67.4)	4 (66.7)	18 (94.7)
On insulin	3 (7.9)	9 (11.7)	2 (4.5)	0 (0.0)	3 (7.0)	0 (0.0)	0 (0.0)
Oral	11 (28.9)	12 (15.6)	12 (27.3)	2 (33.3)	11 (25.6)	2 (33.3)	1 (5.3)
Smoking n(%)							
Current	6 (15.8)	7 (9.1)	7 (15.9)	1 (16.7)	7 (16.3)	1 (16.7)	3 (15.8)
Ex	18 (47.4)	46 (59.7)	24 (54.5)	2 (33.3)	22 (51.2)	4 (66.7)	13 (68.4)
Never	14 (36.8)	24 (31.2)	13 (29.5)	3 (50.0)	14 (32.6)	1 (16.7)	3 (15.8)
COPD n(%)	3 (7.9)	4 (5.2)	1 (2.3)	0 (0.0)	4 (9.3)	0 (0.0)	1 (5.3)
Asthma n(%)	3 (7.9)	1 (1.3)	0 (0.0)	1 (16.7)	6 (14.0)	0 (0.0)	0 (0.0)
PVD n(%)	4 (10.5)	5 (6.5)	1 (2.3)	1 (16.7)	4 (9.3)	0 (0.0)	2 (10.5)

TIA n(%)	2 (5.3)	3 (3.9)	3 (6.8)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
CVA n(%)	1 (2.6)	1 (1.3)	1 (2.3)	1 (16.7)	0 (0.0)	0 (0.0)	1 (5.3)
MI n(%)	13 (34.2)	38 (49.4)	21 (47.7)	2 (33.3)	21 (48.8)	2 (33.3)	7 (36.8)
PCI n(%)	14 (36.8)	10 (13.0)	9 (20.5)	1 (16.7)	2 (4.7)	0 (0.0)	4 (21.1)
Preop AF pre n(%)	2 (5.3)	1 (1.3)	0 (0.0)	0 (0.0)	1 (2.3)	0 (0.0)	0 (0.0)
LVEF_pre (\%)							
≥ 50% (good)	31 (81.6)	52 (67.5)	30 (68.2)	3 (50.0)	31 (72.1)	4 (66.7)	10 (52.6)
31-49% (moderate)	6 (15.8)	24 (31.2)	12 (27.3)	3 (50.0)	12 (27.9)	2 (33.3)	8 (42.1)
≤ 30% (poor)	1 (2.6)	1 (1.3)	2 (4.5)	0 (0.0)	0 (0.0)	0 (0.0)	1 (5.3)
LMD n(%)	7 (18.4)	14 (18.2)	7 (15.9)	1 (16.7)	5 (11.6)	3 (50.0)	3 (15.8)

ITA: internal thoracic artery; BMI: body mass index; SBP: systolic blood pressure; DBP: diastolic blood pressure; COPD: chronic obstructive pulmonary disease; PVD: peripheral vascular disease; TIA: transient ischemic attack; CVA: cerebrovascular accident; MI: myocardial infarction; PCI: percutaneous coronary intervention; AF: atrial fibrillation; LVEF: left ventricular ejection fraction; LMD: left main disease.

Supplementary Table 3. Operative data according to cause of bilateral interval thoracic artery (BITA) grafts conversion.

	High risk for sternal complication	At least 1 ITA not suitable	Target not suitable	Other cardiac pathologies	Justification not provided	Time constrain	Unstable during ITA harvesting
n	38	77	44	6	43	6	19
Off-pump n(%)	4 (10.5)	23 (29.9)	15 (34.1)	1 (16.7)	9 (20.9)	0 (0.0)	2 (10.5)
LAD n(%)	37 (97.4)	76 (98.7)	37 (84.1)	5 (83.3)	43 (100.0)	6 (100.0)	18 (94.7)
Circumflex n(%)	37 (97.4)	70 (90.9)	25 (56.8)	5 (83.3)	33 (76.7)	6 (100.0)	15 (78.9)
RCA n(%)	24 (63.2)	52 (67.5)	31 (70.5)	3 (50.0)	26 (60.5)	6 (100.0)	15 (78.9)
Diagonal branches n(%)	12 (31.6)	22 (28.6)	7 (15.9)	1 (16.7)	14 (32.6)	2 (33.3)	6 (31.6)
N grafts (mean (sd))	3.03 (0.79)	3.04 (0.77)	2.52 (0.90)	2.83 (1.47)	3.00 (0.82)	3.50 (0.55)	3.16 (0.76)
Conduits (%)							
LITA	0 ( 0.0)	0 ( 0.0)	4 ( 9.1)	1 (16.7)	2 ( 4.7)	0 ( 0.0)	0 ( 0.0)
LITA+RA	2 ( 5.3)	3 ( 3.9)	4 ( 9.1)	0 ( 0.0)	13 ( 30.2)	0 ( 0.0)	0 ( 0.0)
LITA+RA+SV	5 (13.2)	1 ( 1.3)	1 ( 2.3)	0 ( 0.0)	4 ( 9.3)	0 ( 0.0)	1 ( 5.3)
LITA+SV	30 (78.9)	48 (62.3)	32 (72.7)	5 (83.3)	21 ( 48.8)	5 ( 83.3)	15 (78.9)
RA	0 ( 0.0)	0 ( 0.0)	1 ( 2.3)	0 ( 0.0)	0 ( 0.0)	0 ( 0.0)	0 ( 0.0)
RA+SV	0 ( 0.0)	2 ( 2.6)	0 ( 0.0)	0 ( 0.0)	0 ( 0.0)	0 ( 0.0)	0 ( 0.0)
RITA	0 ( 0.0)	1 ( 1.3)	2 ( 4.5)	0 ( 0.0)	0 ( 0.0)	0 ( 0.0)	0 ( 0.0)
RITA+RA	0 ( 0.0)	1 ( 1.3)	0 ( 0.0)	0 ( 0.0)	1 ( 2.3)	0 ( 0.0)	0 ( 0.0)
RITA+RA+SV	0 ( 0.0)	1 ( 1.3)	0 ( 0.0)	0 ( 0.0)	0 ( 0.0)	0 ( 0.0)	0 ( 0.0)
RITA+SV	0 ( 0.0)	6 ( 7.8)	0 ( 0.0)	0 ( 0.0)	1 ( 2.3)	1 ( 16.7)	0 ( 0.0)
SVG	1 ( 2.6)	14 (18.2)	0 ( 0.0)	0 ( 0.0)	1 ( 2.3)	0 ( 0.0)	3 (15.8)

ITA: internal thoracic artery; LAD: left anterior descending artery; RCA: right coronary artery; BITA; bilateral internal thoracic arteries; RA: radial artery; SVG: saphenous vein graft

Supplementary Table 4. Hospital outcomes and 5-year mortality and major adverse cardiac and cerebrovascular events (MACCE) according to cause of bilateral interval thoracic artery (BITA) grafts conversion

	High risk for sternal complication	ITA not suitable	Target not suitable	Other cardiac pathologies	Justification not provided	Time constrain	Unstable during harvesting
N	38	77	44	6	43	6	19
Re-exploration for bleeding n(%)	0 (0.0)	2 (2.6)	2 (4.5)	0 (0.0)	6 (14.0)	0 (0.0)	0 ( 0.0)
IABP insertion n(%)	3 (7.9)	3 (3.9)	1 (2.3)	0 (0.0)	0 (0.0)	0 (0.0)	5 (26.3)
Renal replacement therapy n(%)	1 (2.6)	1 (1.3)	1 (2.3)	0 (0.0)	1 (2.3)	1 (16.7)	1 ( 5.3)
Sternal complications n(%)	3 (7.9)	2 (2.6)	2 (4.5)	1 (16.7)	4 (9.3)	0 (0.0)	1 ( 5.3)
Death n(%)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 ( 0.0)
MI n(%)	0 (0.0)	4 (5.2)	1 (2.3)	0 (0.0)	0 (0.0)	0 (0.0)	2 (10.5)
CVA n(%)	1 (2.6)	3 (3.9)	0 (0.0)	1 (16.7)	0 (0.0)	0 (0.0)	0 ( 0.0)
Revascularization n(%)	0 (0.0)	1 (1.3)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 ( 0.0)
POAF n(%)	12 (31.6)	21 (27.3)	13 (29.5)	4 (66.7)	10 (23.3)	2 (33.3)	7 (36.8)
Mortality at 5 years	4 (10.5)	9(11.9)	6(13.8)	0(0)	6(14.1)	0(0)	2(10.8)
MACCE at 5 years	3(8)	18(24)	8(18.3)	1(16.7)	4(9.7)	1(16.7)	4(21.1)

ITA: internal thoracic artery; IABP: intra-aortic balloon pump; Myocardial infarction; CVA: cerebrovascular accident; POAF: postoperative atrial fibrillation; MACCE: major adverse cardiac and cerebrovascular events