

Table 1. Example interview questions

Group interview	Example questions
Asthma	<ul style="list-style-type: none">• What do you think people without asthma get wrong or don't understand?• How does your asthma affect you when participating in exercise?
Without asthma	<ul style="list-style-type: none">• What is asthma?• How do you think exercise affects people with asthma?
Intervention – Both with and without asthma	<ul style="list-style-type: none">• What type of activities do you think would get your heart rate up high but be enjoyable?• Where do you like to participate in exercise and what time of the school day would you like to participate?