

Pema Clark is a PhD Candidate in the drama department of the University of East Anglia, UK. Originally training as an actor at Guildford School of Acting (class of 1992), she went on to work as an actor, director and stage manager before taking up academia. Her practice-based PhD is *Self and No Self: Buddhism as Pedagogy in Contemporary Performance Art*. Solo work includes *At Sea: 1980 – 2010* (Centre for Creative Collaboration, London and Norwich Arts Centre); *No(h) Father* (UEA and Warwick Arts Centre); *Whispers* (Goldsmiths Graduate Festival); *Still Life* (Sainsbury Centre for Visual Art, Norwich); and *Boudhanath* (Boscombe Fringe Festival). She is a Buddhist in the Tibetan Nyingma tradition and took monastic vows for two years under HH Penor Rinpoche between 2006 - 2008. As a lay practitioner and researcher, she is interested in the meeting point between Buddhist practice, philosophy and performance.