

1 **The impact of female mating strategies on the success of insect control technologies**

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11 **Highlights**

- 12 • *Insect control techniques are rapidly expanding, including novel genomic tools*
- 13 • *Many techniques target reproduction by releasing males with manipulated fertility*
- 14 • *Control is hampered if males have low mating and fertilisation success*
- 15 • *Females can respond behaviourally and evolutionarily to maintain reproductive fitness*
- 16 • *Considering mating ecology is important to improve a technique's effectiveness*

17

18 **Abstract**

19 Attempts to control insect pests and disease vectors have a long history. Recently, new technology
20 has opened a whole new range of possible methods to suppress or transform natural populations. But
21 it has also become clear that a better understanding of the ecology of targeted populations is needed.
22 One key parameter is mating behaviour. Often modified males are released which need to successfully
23 reproduce with females while competing with wild males. Insect control techniques can be affected
24 by target species' mating ecology, and conversely mating ecology is likely to evolve in response to
25 manipulation attempts. A better understanding of (female) mating behaviour will help anticipate and
26 overcome potential challenges, and thus make desirable outcomes more likely.

27

28 **Targeting reproduction to control pest and vector populations**

29 Insect pests and disease vectors cause huge economic costs [1], mortality in livestock and more human
30 deaths than any other animals [2]. Not surprisingly then, the wish to control or eradicate insect pest
31 populations has a long and diverse history. Many technologies for insect control involve direct
32 attempts to kill targets with insecticides and natural enemies (e.g. on dengue [3]). An alternative (and
33 often complimentary) strategy is to disrupt the reproduction of target populations. Early ideas
34 included pheromone traps, the release of irradiation-sterilised males, disrupting reproduction by
35 releasing closely related species leading to hybrid offspring mortality or sterility, and the introduction
36 of desirable alleles into populations through the repeated release of individuals carrying these variants
37 [4]. These techniques have largely involved releases of males, as adding males to a population rarely
38 increases population size and stability [5]. The recent revolution in genome modification techniques

39 has allowed the design of novel technologies to more effectively disrupt reproduction in a greater
40 range of targets (e.g. [6,7]). Many of these techniques also focus on negative effects of males on
41 female fitness, either disrupting male fertilisation of wild females to eliminate populations [8,9] or
42 directly transforming the target population by using reproductive incompatibility to drive a tailored
43 cargo of genes into wild populations [10,11] — for example making mosquitos unable to transmit
44 dengue virus [12].

45 Many different technical and ecological aspects determine the success of pest and disease vector
46 control attempts. In this review, we focus on one aspect, interactions between control strategies and
47 mating ecology, particularly in the context of male release and female behaviour. Previous reviews
48 have highlighted the value of considering mating ecology and incorporating research on reproductive
49 behaviour into pest control [4,13,14], but these reviews largely predated recent technological
50 advances. Here we focus on Dipterans, because the order has a long history of successful SIT (see [15]
51 for a recent review), and practical advances in novel control technologies have disproportionately
52 been developed in *Drosophila* for application in mosquitos. Applying novel technologies to non-
53 dipteran targets may be more challenging. For example, key lepidopteran targets such as army worms,
54 cactus moths, or winter moths may be hindered by less developed genomic tools and knowledge [16].
55 It will be exciting to see whether novel techniques can be developed for colonial organisms with long
56 generation times like fire ants or hornets, or facultatively parthenogenetic species such as aphids.

57 Among the newer genetic technologies, initial attention focussed predominantly on mechanistic
58 feasibility [17], and on whether genetic resistance at target loci would halt the spread and thwart
59 effectiveness [18,19]. Recently, ideas and concepts from evolutionary ecology have increasingly been
60 incorporated to improve insect release technologies (e.g. [5,20–24]) and combat pesticide resistance
61 [25], which is key to developing a more long-term sustainable management strategy. Importantly, the
62 mating ecology of a population can have dramatic impacts, not only on the initial responsiveness to
63 release strategies [26], but also on long-term evolutionary responses. Manipulating the reproduction
64 of a target population in many cases means getting individuals (i.e. females) to behave against their
65 fitness interests, which will promote the evolution of resistance through changes in behaviour,
66 physiology or anatomy. The greater the impact on reproduction, the stronger the selective pressure
67 to evolve mitigation strategies. Thus, whether target populations can be eliminated or transformed is
68 ultimately a question of whether and how quickly they evolve resistance in response to manipulation
69 attempts. We therefore need a holistic approach that includes evolutionary strategies and is able to
70 predict and mitigate likely resistance scenarios, to ensure effective, sustainable and safe deployment
71 [5].

72

73 **Male-release strategies that disrupt reproduction**

74 Here, we briefly summarise the techniques used for population transformation and/or suppression in
75 three broad categories: SIT and RIDL, IIT, and insects carrying novel genetic constructs, explained
76 below (Fig 1).

77

(i) Sterile insect technique (SIT) and release of insects carrying dominant lethals (RIDL)

79 The traditional SIT typically works through the mass-release of radiation-sterilised insects, with males
80 seeking out and mating with wild females, thus reducing their offspring production (Fig 1A). The SIT
81 has been successfully deployed in numerous countries around the globe to suppress populations of
82 screwworm flies, tephritid fruit flies, tsetse flies, onion flies, beetles, moths and mosquitos [4,15]. This
83 technique has been shown to work best against low density target populations with large release
84 numbers and a correspondingly high sterile male to wild male ratio. Given the labour intensity and the
85 large infrastructural investments needed to create and irradiate millions or billions of insects (and sex-
86 sort mosquitos for male-only releases), the traditional SIT is not accessible for economically less
87 important pests. The sterility of males means that releases have to be repeated to suppress wild
88 populations. RIDL updates SIT by releasing fertile males bearing dominant lethal alleles that in nature
89 kill offspring during development [27]. If lethality occurs only in female offspring (fsRIDL), the
90 dominant lethals can continue to spread through sons, reducing the need for repeated releases
91 [20,28].

92

(ii) Incompatible insect technology (IIT)

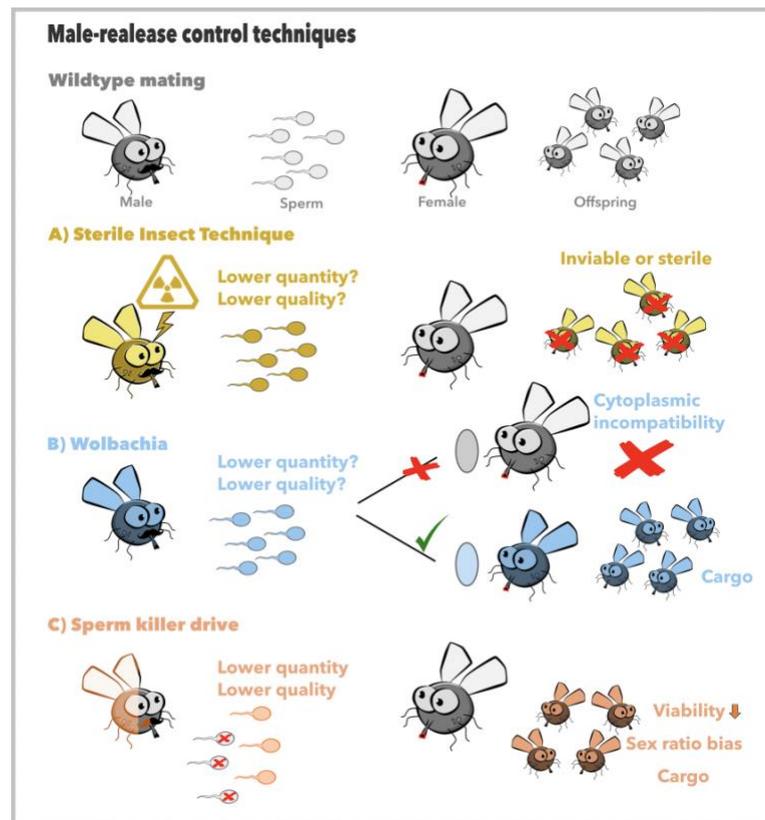
94 Endosymbionts are microorganisms living within the cells of their host. They are present in most
95 insects and are predominantly vertically inherited from mother to offspring. Some endosymbionts
96 manipulate host reproduction in a variety of ways to enhance their spread. Frequently, this involves
97 inducing cytoplasmic incompatibility (CI) in which sperm from infected males kills zygotes when
98 mating with uninfected females, thereby reducing the fitness of uninfected females (Fig 1B). The best-
99 characterised endosymbiont is the bacterium *Wolbachia*, which has been enlisted as an agent to
100 suppress vector and pest insect populations since the 1950s, predominantly in mosquito vectors
101 [10,23]. Release of *Wolbachia*-infected males can suppress populations through severe reproductive
102 incompatibilities. Bi-sex releases can spread *Wolbachia* through CI and effectively reduce virus
103 transmission (e.g. dengue, zika) in mosquitoes [23]. However, *Wolbachia* can also have major impacts
104 on insect mating biology (Fig 1; [29]).

105

(iii) Sperm killing and sex ratio distorting gene drives

107 Segregation distorting gene drives are selfish genetic elements that manipulate gametogenesis, often
108 killing a male's non-carrying sperm, to enhance their own transmission (i.e. they "drive"; Fig 1C). While
109 *Wolbachia* can generate drive by cytoplasmically-induced male sterility, most natural gene drives are
110 segregation distorters that operate during gametogenesis. Sperm-killer drives frequently impair the
111 fertility of carrier males [30], and some gene drives cause sex ratio distortion by targeting Y- or X-
112 bearing sperm [31]. There is growing excitement about the recent development of a variety of
113 different types of synthetic gene drivers (e.g. CRISPR-Cas9, homing endonucleases) to manage pest
114 and vector populations, in particular malaria-transmitting mosquitoes (e.g. [32]). Some of these novel

115 technologies specifically seek to disrupt female reproduction by inducing male sterility [8,9]. However,
 116 there are several obstacles to their successful implementation. Target organisms rapidly evolve
 117 resistance [18], and synthetic gene drives may invade non-target populations [33]. In addition, gene
 118 drives that compromise male fertility will impose strong selection on females to evolve mating
 119 strategies, such as increased mating frequency, that can undermine the success of drive-carrying
 120 males (e.g. [34]). One potential solution could be to modify existing natural gene drives, as these have
 121 proven themselves able to remain successful in natural populations over evolutionary timescales [35].
 122



123 **Figure 1:** Three ways of manipulating reproduction of target insect populations through male release. **A)** Mass
 124 release of sterilised males or males with dominant lethal alleles that disrupt reproduction in females by
 125 rendering offspring inviable or sterile. Sterilisation of released males is typically achieved by irradiation-induced
 126 mutations and is often accompanied by a reduction in sperm quantity and/or quality [36]. Though not an intrinsic
 127 feature of the technique, insertion of genetically engineered dominant lethal mutations might also negatively
 128 affect sperm phenotypes [20]. **B)** Mass release of *Wolbachia*-carrying males which cause reproductive failure
 129 through cytoplasmic incompatibility (CI) with wildtype females, or bi-sex releases of insects carrying *Wolbachia*
 130 as a cargo (e.g. blocking virus transmission) that spreads due to CI. *Wolbachia*-encoded genes of viral origin
 131 modify sperm of infected males inducing CI and ensure rescue of infected females' eggs, resulting in production
 132 of *Wolbachia*-infected offspring [37]. Sperm modification by *Wolbachia* can decrease male fertility [38,39] and
 133 reduce sperm competitive ability [40], the severity of which depends on male mating history and age [41]. **C)**
 134 Release of males with a sperm killer gene drive that spreads reduced viability, a biased sex ratio, or a genetic
 135 cargo through a population by distorting inheritance in heterozygous males. Sperm killing by default renders a

136 large portion of a male's spermatids or ejaculated sperm unfit for fertilisation, thus reducing ejaculate quantity
137 and sometimes also quality [30].

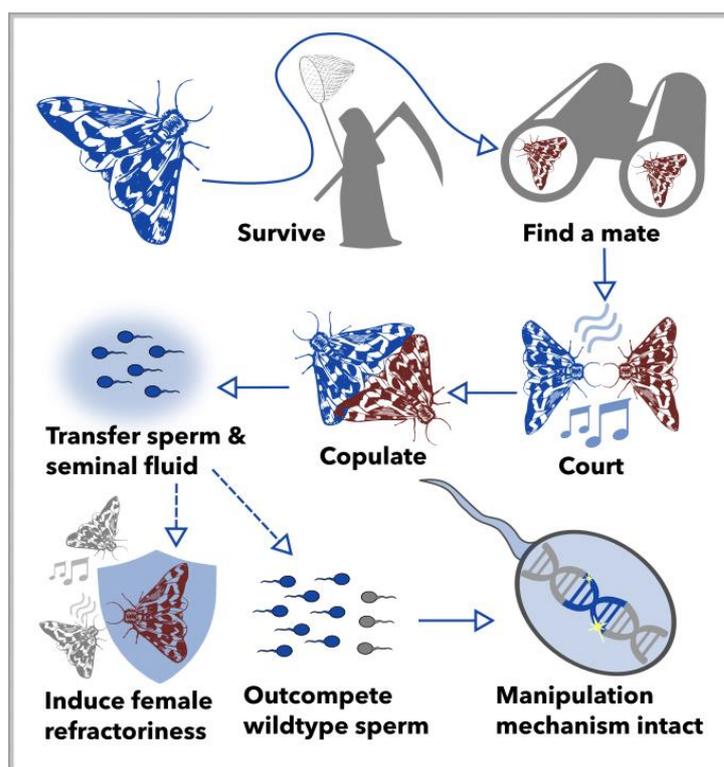
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139 **Consequences for insect reproduction**

140 **(i) Impact on male reproductive success**

141 No matter the intervention mechanism, what this diverse range of insect control attempts have in
142 common is that, for a desirable outcome, the (male) carriers need to survive and mate in the target
143 population, and the manipulation mechanism needs to work under field conditions (Fig 2). One
144 commonality across the different intervention techniques discussed here is that they have the
145 potential to reduce male fertility (Fig 1), which can have a large impact on female mating behaviour
146 and the success of the technique. Mating with a sterilised male may not render females unresponsive
147 to further mating attempts. The success of the SIT thus depends on the effects of sterilisation on sperm
148 and seminal fluids, and on which of these ejaculate components female sexual receptivity responds
149 to [36]. If females mate with multiple males, sperm competitiveness of sterilised males depends on
150 whether sterilisation is achieved through elimination of sperm or through dominant lethal mutations
151 in sperm. In polyandrous species, females that mate with a sterile male may remate rapidly [42].
152 Depending on the relative number of fertile males available, female remating can potentially maintain
153 female fertility, and thus reduce or undermine the effectiveness of the SIT. Similarly, there is strong
154 evidence that *Wolbachia* can reduce male fertility (e.g. flies [40], moths [39]) which may reduce the
155 efficacy of *Wolbachia* for population control. Sperm killing and sex ratio distortion by gene drives can
156 also have dramatic impacts on male fertility and female mating decisions, which has been shown in
157 several taxa [29,30]. At times, severe sperm killing can reduce female fertility after mating with drive-
158 carrying males, promoting increased mating frequency, which can be exacerbated under a female-
159 biased sex ratio [43].

160



161 **Figure 2:** Released males need to survive in nature, find or attract a mate, successfully court, copulate and
 162 transfer an ejaculate. Mating success of released males can be reduced by the impact of mass-rearing [20], by
 163 using a genetic background that is not locally adapted [44], or by inadvertently linking the construct to an existing
 164 mate choice target that is unfavourable. For example, mass-rearing may relax selection on effective mate-
 165 searching, long-distance attraction and male attractiveness, or lead to excessive male aggression. It is also likely
 166 to alter the microbiota of the males [45], which can affect survival and attractiveness [46]. On the other hand,
 167 lab-rearing conditions could be optimised to create very attractive and successful males, such as by feeding
 168 supplements or managed breeding [15,20,47]. After mating, males need to elicit the appropriate refractory
 169 period in females [42], and sperm of manipulated males need to be competitive against wildtype sperm in
 170 species where females remate, typically requiring high sperm numbers and appropriate seminal fluid proteins.
 171 The (genetic) manipulation mechanism needs to ensure that ejaculate production is robust under field
 172 conditions, which are likely to be more challenging than lab conditions. Finally, the sterility-, lethality-,
 173 incompatibility- or drive-inducing mechanism needs to work properly in field conditions. Similarly, if
 174 transformation is the aim of the intervention, the cargo must remain intact (e.g. endosymbiont susceptibility to
 175 heat [48]).

176

177 (ii) Counteradaptations by females: Behavioural plasticity and evolutionary responses

178 Competitiveness and fertility of released males are often compromised, particularly under challenging
 179 natural conditions (but see e.g. [49,50]). Evolution has shaped female reproductive strategies to
 180 respond to variation in male fertility and genetic quality, and to mitigate fitness costs imposed by
 181 males [51]. Thus, females are likely to respond to interventions that suppress male fertility through

182 facultative behaviours and/or evolved changes. Natural rates of mating failure can be substantial, and
183 females may increase remating after ineffective matings (e.g. [42,52]), even in monandrous species
184 [53]. Similarly, females of many species by default mate with multiple — sometimes very many —
185 males, which will dampen the success of released males if their sperm have reduced competitiveness.
186 For example, experimentally allowing multiple mating in a polyandrous species conferred protection
187 from a driving sex ratio distorter that caused extinction in populations with enforced monandry [34].
188 Finally, females may have pre-existing reproductive strategies that allow them to circumvent the need
189 to mate altogether, such as facultative asexual reproduction through parthenogenesis, though this is
190 probably not very widespread among insect species.

191 Mitigating fitness costs associated with modified males may also promote evolved responses. If
192 the modification is detectable (directly or through linkage with an expressed trait), then females could
193 evolve to discriminate against modified males before mating [54–56]. Indeed, in some instances,
194 females have been found to evolve behavioural discrimination against sterile males after releases into
195 natural populations [54,57]. However, this appears to be quite rare. Similarly, if *Wolbachia* affects
196 female mate discrimination, with infected females preferentially mating with infected males, then this
197 may undermine the efficacy of the IIT as it will reduce the incidence of CI [58]. Evidence for this comes
198 from the *Drosophila paulistorum* species complex where flies preferentially mate with flies carrying
199 the same *Wolbachia* strain [59]. However, several other studies have found no evidence for female
200 mate choice by uninfected females against *Wolbachia*-infected males [29]. Perhaps more simply,
201 increased inbreeding behaviour or assortative mating could be another evolutionary response in
202 females that can hamper the success of population control technologies [60].

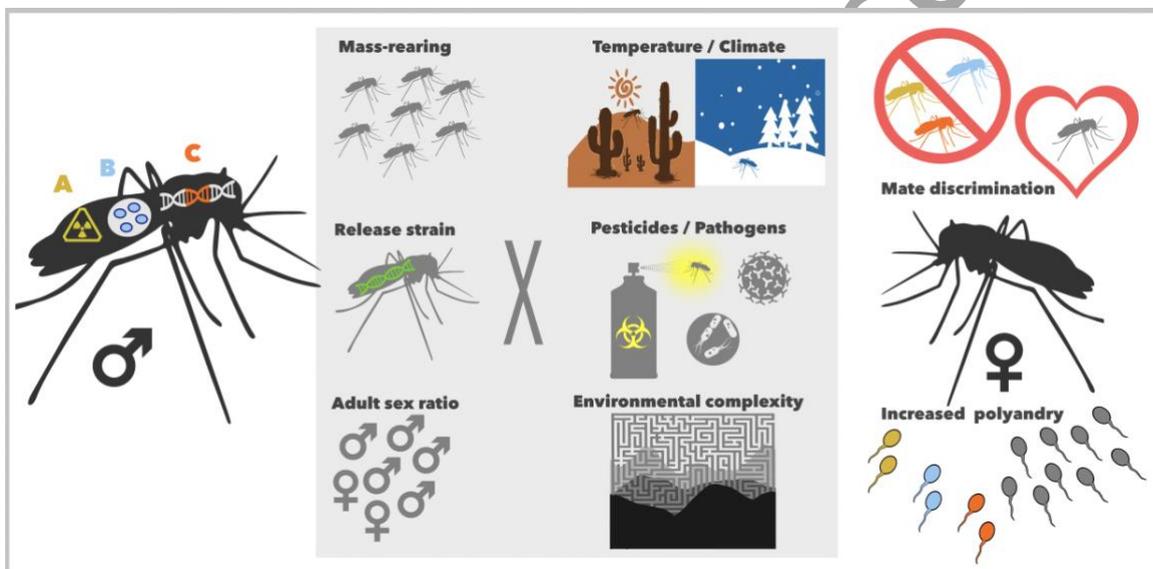
203 If males bearing the manipulation technology are poor sperm competitors, females may increase
204 their fitness by mating with multiple males. This could cause females to rapidly evolve higher remating
205 rates. Polyandry is heritable in many insects (e.g. [61]), populations can carry high loads of standing
206 variation for polyandry [62], and mating systems can evolve rapidly (e.g. within ten generations [43]).
207 However, empirical evidence for effects of polyandry on the success of insect control techniques is
208 scarce. A rare test of the hypothesis that sterilised males select for increased polyandry did not find
209 elevated polyandry (or discrimination against sterile males) after experimental evolution, but the
210 starting populations may not have included genetic variation in polyandry [63]. On the other hand, a
211 naturally occurring sex ratio distorter caused rapid evolution of increased polyandry in fruit flies [43].
212 Whether females will counter population control attempts through evolved responses will depend on
213 the competitiveness of released males, on the amount of standing genetic variation for female mating
214 behaviour, and on the speed of population elimination/transformation.

215

216 (iii) Consequences for the success of control technologies

217 It is clear that any intervention technology aimed at targeting male fertility will impose strong
218 selection on females to mitigate the fitness costs associated with mating with manipulated males,
219 often involving increased female mating frequency. Therefore, it is important to take the

220 consequences of increased polyandry into consideration when designing insect control measures.
 221 Mating ecology has started to receive more attention recently, as have ecological factors that can
 222 influence the success of released males [5,21] (Fig 3). Ecological factors themselves can also affect
 223 female mating activity. For example, several gene drives skew the population sex ratio, which can
 224 promote increased female mating to ensure high fertility when males are rare [64], hence
 225 undermining the effectiveness of the technique. Nonetheless, a biased sex-ratio combined with
 226 additional intervention techniques could potentially suppress a population before resistance can
 227 evolve [32,65]. Moreover, combining *Wolbachia* IIT with SIT has recently been shown to result in an
 228 almost complete elimination of *Aedes albopictus* mosquito populations in the field [66]. *Wolbachia*
 229 has also been shown to confer protection to the insect host against RNA viruses and bacteria [12],
 230 that may aid the transmission success of *Wolbachia* through target populations [23,58], thus
 231 accelerating its spread and effectiveness of the intervention technology [10].
 232



233 **Figure 3:** Manipulation technologies can negatively affect mating and fertilisation success of released (A) sterile,
 234 (B) *Wolbachia*- or (C) gene drive-carrying males, and field conditions may exacerbate these effects. Mass-rearing
 235 of lab populations and the choice of genetic background is likely to have an impact on male success [20,67].
 236 Harsh climatic conditions, pesticides and pathogens as well as environmental complexity might also impact
 237 released adults disproportionately [44]. For example, releases of a susceptible strain of *Aedes aegypti*
 238 mosquitoes in Brazil failed whereas a pesticide-resistant strain successfully transformed the native mosquito
 239 population [68]. Similarly, field conditions could hamper the effectiveness of the (genetic) manipulation
 240 mechanism. For example, low temperatures can alter sperm competition dynamics between drive-carrying and
 241 wildtype males [69], and elevated temperatures in the field can substantially reduce *Wolbachia*-induced CI in
 242 *Ae. aegypti* [48]. Mass-release of males also alters the operational sex ratio in a population, which likely
 243 increases selection on (sperm) competitiveness of wild males, and may increase female mate acceptance
 244 thresholds beyond pre-release levels [70]. Conversely, Y-shredder gene drives that reduce male availability are
 245 likely to increase female multiple mating in response to sperm limitation [64]. Given the fitness costs of disrupted

246 reproduction, females may also directly decrease the mating and/or fertilisation success of manipulated males,
 247 both through behavioural plasticity and evolved responses [43,52,71,72].

248

249 **Key lessons**

250 Understanding mating ecology of the target organism is important when choosing the technique most
 251 robust to resistance evolution. Even closely related species can differ vastly in mating ecology and in
 252 how females respond after mating with infertile males [73], making generalisations difficult. However,
 253 we think that two key aspects need to be considered.

254 (i) *Accurately assessing male mating and fertilisation competitiveness.* Lowered male
 255 competitiveness increases deployment costs, and delays eradication/suppression of the target
 256 population, leaving more time for resistance evolution. Using released insects genetically close to
 257 target population might help, as should regularly “refreshing” lab populations with wild individuals
 258 carrying alleles that have proven competitive under field conditions, though this may trade-off with
 259 lab rearing efficiency. Drive technologies might outperform SIT in this respect, as they can potentially
 260 quickly introgress into wild populations rather than relying on repeated releases of individuals mass-
 261 bred in the lab.

262 (ii) *Evaluating likely evolved female responses.* Understanding the mating ecology of the target
 263 populations and how it potentially interacts with the manipulation technique is pivotal. For example,
 264 releasing a technology that severely impairs sperm quality into a population with substantial genetic
 265 variation for polyandry could fail due to immediate and/or evolved responses in female mating
 266 behaviour. Explicitly testing the fertility of manipulated males in sperm competition with wild males
 267 is a crucial step towards predicting their efficacy as population control agents, particularly in species
 268 where females are known to remate. When experimentally testing female responses, it is important
 269 to not only measure the average response, but also the (genetic) variation in the response, which
 270 ultimately determines the evolutionary potential for behavioural resistance evolution.

271 We have illustrated here that female mating behaviour and mating strategies are likely to be key
 272 components determining how target populations will respond to many of the novel control
 273 technologies. Decades of research has given us a strong understanding of female mating strategies,
 274 how plastic female behaviour can alter male success, and how it evolves in response to selective
 275 forces. Incorporating this wealth of knowledge into the development and deployment of novel control
 276 technologies promises to increase their long-term effectiveness.

277

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