Title: Seasonal and spatial within-marsh differences of biophysical plant properties –
 Implications for wave attenuation capacity of salt marshes

Authors: Dennis Schulze (E-mail: dennis.schulze@uni-hamburg.de; Tel.: +49 40 42816-272),
Franziska Rupprecht, Stefanie Nolte (https://orcid.org/0000-0002-8570-241X) and Kai Jensen
(https://orcid.org/0000-0002-0543-070X)

Applied Plant Ecology, Universität Hamburg, Ohnhorststr. 18, 22609 Hamburg, Germany
Key words: Flexural rigidity, Young's bending modulus, seasonal variability, spatial

9 variability, wave attenuation, Spartina

Acknowledgements: The authors would like to thank Annika Krull, Julian Gührs and Kay Sellenschloh, Technical University of Hamburg-Harburg, for providing a beam loading device and for giving helpful advice on measurements of plant stem flexibility. We thank Peter Mueller for valuable comments on our manuscript and Svenja Reents for fieldwork support. We further thank the Wadden Sea National Park Schleswig-Holstein for cooperation and two anonymous reviewers for their valuable comments to improve the overall quality of this paper.

#### 16 Abstract

Salt marshes attenuate waves and thus have an important function for coastal protection. 17 18 Biophysical properties of salt-marsh plants play a key role in the process of wave attenuation and can be differentiated by morphological properties such as stem density, vegetation height 19 20 and aboveground biomass as well as by biomechanical properties related to stem flexibility. 21 Numerical or physical scale models predicting wave attenuation over vegetated surfaces need 22 to include biophysical properties. However, only few studies have quantified morphological 23 and biomechanical properties of salt-marsh plants and fewer have considered seasonal and 24 within-marsh spatial variability of biomechanical properties. The aim of this study was to 25 quantify biophysical properties of the common salt-marsh grasses Spartina anglica and Elymus athericus, including stem flexibility and density as well as aboveground biomass, temporally 26

and spatially. Samples were collected in spring and in summer 2014 at a study site located in 27 28 the Northern German Wadden Sea. Aboveground biomass was harvested in plots of 50 x 50 cm, stem density was determined by counting and flexibility of plant stems was determined 29 with three-point bending tests. Biophysical properties of both species varied significantly 30 between seasons with plant stem stiffness being 5.0 (S. anglica) and 2.9 times (E. athericus) 31 higher and aboveground biomass being 2.1 (S. anglica) and 1.3 times (E. athericus) higher in 32 33 summer than in spring. Small-scale spatial differences for those biophysical plant properties were found for *S. anglica* with plant stem stiffness being 4.0 (spring) and 2.8 times (summer) 34 higher and aboveground biomass being 1.6 (spring) and 1.5 times (summer) higher in a 35 36 landward than in a seaward-located zone. Small-scale spatial differences of biophysical properties were not found in *E. athericus*. We conclude that variability in biophysical properties 37 should be considered in models and experiments especially for *S. anglica* when predicting and 38 39 quantifying marsh wave attenuation capacity.

40

51

#### 41 Introduction

Vegetation plays a vital role in the form, functioning and ecosystem service delivery of coastal 42 salt marshes. Many salt-marsh plants act as ecosystem engineers by modifying their physical 43 environment through the reduction of hydrodynamic energy and the enhancement of sediment 44 deposition (Bouma et al. 2005, 2010; Peralta et al. 2008). If sufficient sediment is deposited, 45 marshes can keep pace vertically with rising sea level (Nolte et al. 2013). This ability implies 46 that vegetated salt-marsh surfaces can be an important component of nature-based coastal 47 protection schemes especially in times of climate change, accelerated sea-level rise and 48 increased storm frequency (Koch et al. 2009; Narayan et al. 2016; Sutton-Grier et al. 2018). 49 Recent studies have shown that biophysical properties of plants, which can be categorized as 50

morphological (e.g. stem density, vegetation height and aboveground biomass) and

biomechanical (e.g. stem flexibility), play a key role in the capacity of marshes to dissipate 52 53 wave height and energy (Möller et al. 2014; Paul et al. 2016; Rupprecht et al. 2017). Wave dissipation is a combined effect of bottom friction and vegetation, which form an obstruction 54 to wave-induced oscillatory flow. Vegetation induced obstruction depends both on standing 55 biomass or stem density and stem flexibility. Vegetation, in turn, experiences drag and re-56 orientation by wave forces (Mullarney and Henderson 2010). Flexible plants move with the 57 surrounding water and show an avoidance strategy to minimize the risk of folding and breakage 58 under high drag forces. In contrast, stiff plants maximize the resistance to physical damage 59 (tolerance strategy), thus leading to higher drag forces, higher flow resistance and an increased 60 61 risk of breakage compared to flexible plants (Coops et al 1994; Puijalon et al. 2011). Apart from 62 stem flexibility, aboveground biomass and stem density also play a crucial role in wave dissipation by vegetation (Bouma et al. 2005, 2010; Widdows et al. 2008; Peralta et al. 2008; 63 Anderson and Smith 2014). For example, species with contrasting biomechanical plant 64 properties can lead to a similar wave dissipation when regarded on a biomass basis (Bouma et 65 al. 2010). 66

67

Salt-marsh plants show a wide variability in biophysical properties both within and among 68 69 species, making their canopies structurally complex (Tempest et al. 2015; Rupprecht et al. 2015a). This structural complexity in combination with the unpredictable nature and high 70 variability of hydrodynamic conditions make field measurements of the interaction between 71 72 vegetation and hydrodynamics extremely challenging. Hence, many studies rely on numerical or physical modelling approaches (Tempest et al. 2015). A high model quality, however, is 73 often hampered by limited data on biophysical properties of salt-marsh vegetation, especially 74 regarding stem flexibility (Tempest et al. 2015). The majority of numerical wave dissipation 75 models capture vegetation effects in a factor that consists of plant stem height, stem density, 76 77 stem diameter and an empirical bulk drag coefficient C<sub>D.</sub> (Mendez and Losada 2004; Paul and

Amos 2011). Physical models often use plant mimics to simulate the effect of vegetation on currents and waves (e.g. Stewart 2006; Anderson and Smith 2014). However, insufficient data on plant biophysical properties lead to problems in reproducing salt-marsh plants realistically by plant mimics (see Anderson and Smith 2014; Tempest et al. 2015). Consequently, it would be valuable to assess the spatial and temporal variation in biophysical properties of salt-marsh species (Rupprecht et al. 2015a).

Morphological properties of salt marsh plants have been examined (e.g. Morris and Haskin 84 1990; Möller and Spencer 2002; Neumeier 2005; Foster-Martinez 2018), however, those 85 concerned with biomechanical properties focused predominantly on freshwater plants 86 (Ostendorp 1995; Coops and van der Velde 1996; Miler et al. 2012; 2014), brackish plants 87 (Heuner et al. 2015; Carus et al. 2016; Silinski et al. 2015; 2018), macroalgae (Harder et al. 88 2006; Paul et al. 2014) or seagrass (Patterson et al. 2001; Fonseca et al. 2007; Luhar and Nepf 89 2011; Paul and Amos 2011). Studies of salt marshes are scarce (but see Rupprecht et al. 2015a). 90 91 Biomechanical properties of salt-marsh plants are likely to be affected by seasonal climatic variation in temperate zones as previously found for helophytes (Coops and van der Velde 92 93 1996) or lake and river plants (Miler et al. 2014).

94 Recently, the importance of considering seasonal variability in vegetative and biomechanical 95 properties of salt marshes for estimates of wave attenuation over salt marshes was addressed by 96 van Loon-Steensma et al. (2016). In order to generate reliable predictions of the marsh wave 97 attenuation capacity and successfully incorporate marshes in coastal protection schemes, both 98 seasonal and spatial variability in biomechanical and morphological vegetation properties need 99 to be integrated in numerical and physical scale models (van der Meer 2002; Smith, Bryant and 90 Wamsley 2016).

The aim of this study is to quantify stem flexibility, stem density and aboveground biomass of
 salt-marsh plants seasonally and spatially between seaward and landward-located zones. Data

were collected for two perennial grasses that are widely spread in salt marshes of NW Europe
(*Spartina anglica* and *Elymus athericus*) to answer the following questions: (I) how do
biophysical properties of the salt-marsh grasses *Spartina anglica* and *Elymus athericus* differ
between spring and summer?; and (II) how do biophysical properties of *Spartina anglica* and *Elymus athericus* differ between seaward and landward-located zones?

### 108 Methods

109 Species

#### 110 Spartina anglica

111 The perennial grass Spartina anglica (hereafter referred to as Spartina) typically occurs in the salt marsh pioneer zone (below mean high tide level) and the low marsh, where it can form 112 monospecific stands (Nehring and Adsersen 2006). In late fall, shoots die but largely remain as 113 dead vegetation canopies while rhizome development increases (Nehring and Adsersen 2006). 114 Throughout the last century, Spartina has spread from the south coast of the UK to salt marshes 115 all over Europe, both naturally and by deliberate transplantations (Gray and Benham 1990; 116 Nehring and Adsersen 2006; Nehring and Hesse 2008). A reason for deliberate transplantations 117 was its function to act as an ecosystem engineer by enhancing sedimentation through dense 118 aboveground canopies and a dense root system (Chung 1993; Bouma et al. 2005, 2010; Van 119 Hulzen et al. 2007). 120

#### 121 Elymus athericus

The perennial grass *Elymus athericus* (hereafter referred to as *Elymus*) occurs in European salt marshes from Northern Portugal to Southern Denmark and at the southeastern coast of the British Isles (Veeneklaas et al. 2013). *Elymus* is sensitive to grazing and relies on aerated soils (Bockelmann and Neuhaus, 1999). In salt marshes of the Wadden Sea, it forms monospecific dense stands mainly in the high marshes, and it is also increasingly establishing at lower elevations (Bockelmann and Neuhaus 1999; Valéry et al. 2004). In the recent decades, spreading of *Elymus* has been observed, which is caused by the abandonment of grazing, an increasing marsh age and the ability to reproduce by rhizomes, which survive the winter season
(Rupprecht et al. 2015b). The shoots die off over the winter season but largely remain withered
on the marsh platform.

132 Study site

Plant samples were obtained from a salt marsh on the mainland coast of Northern Frisia, 133 German Wadden Sea (54.62°N, 8.84°E; Fig. 1 A). The studied salt marsh developed after the 134 embankment of the adjacent Sönke-Nissen-Koog (SNK) polder and subsequent constructions 135 136 of sedimentation fields in front of the dike (Kunz and Panten 1997; Mueller et al. 2019). As a salt marsh of anthropogenic origin with a thick clayish sediment layer and a regular system of 137 creeks and drainage ditches, it can be considered representative for many salt marshes of North-138 139 West Europe. The tidal range is 3.4 m, the mean high tide is +1.59 m NHN (Normalhöhennull, 140 which is comparable to mean sea level). Elevations within the salt marsh range from 0.9 m to 2.6 m NHN with a mean elevation of 2 m NHN (Müller et al. 2013b). The marsh stretches from 141 the dike over 700 m to the tidal flats (Fig. 1B) and is predominantly covered by *Elymus* in the 142 high marsh (Mueller et al. 2017) and by Spartina in the low marsh (according to own 143 observations and the Trilateral Monitoring and Assessment Program, TMAP; Petersen et al. 144 2013). 145





Fig. 1 A) Location of the study site in the Wadden Sea National Park Schleswig-Holstein at the German
North Sea coast. The black rectangle shows the position of the area in Europe. B) Satellite image of the
study site with the sampling zones. Shown are the seaward and landward located Elymus (ESZ, ELZ;
vertically hatched) and Spartina (SSZ, SLZ; diagonally hatched) sampling zones with respective mean
elevations above NHN. The map was created using a base map in ArcGIS © Desktop: Release 10, ESRI
2014, Redlands, CA: Environmental Systems Research Institute

### 153 Sampling design

154 Two sampling zones were chosen in the low marsh (dominated by Spartina) and in the high marsh (dominated by *Elymus*). One of the two sampling zones per vegetation type was set closer 155 to the seaward marsh edge ('seawards'), and one closer to the landward marsh edge 156 ('landwards'; Figure 1B). The seaward-located Spartina zone (hereafter referred to as SSZ; 157 inundation frequency: 182 times per year; total inundation time: 557.76 hours/year; F. Müller 158 unpublished data) stretches 40 m perpendicular along the marsh towards the landward-located 159 zone (hereafter referred to as SLZ; inundation frequency: 156 times per year; total inundation 160 time: 452.88 hours/year). For Elymus, one zone was chosen towards the low marsh (ESZ; 161 inundation frequency: 23 times per year; total inundation time: 62.64 hours/year) and one zone 162

was chosen closer to the dike (ELZ; inundation frequency: 23 times per year; total inundation 163 time: 64.32 hours/y). An area-based stratified random design was applied with 40 random 164 sampling points (20 points for flexibility measurements; 20 points for aboveground biomass 165 and stem density measurements) generated within each sampling zone of the Spartina and 166 Elymus vegetation type using a random point tool of QGIS 2.0.1 Dufour (QGIS Development 167 Team 2014). The elevation of each point was assessed using a Trimble LL500 precision laser 168 169 and a Trimble HL 700 receiver as a levelling instrument (2.0 mm accuracy) and a known closely 170 located benchmark. Data were used to calculate mean elevation per zone (Figure 1B).

171

#### 172 Measurements of plant stem flexibility

Three-point bending tests were performed to quantify plant stem flexibility under bending 173 forces orthogonal to the plants stem. Plant samples were collected both in mid-March (before 174 the onset of plant growth) and in late August. In the field, samples were excavated as small 175 marsh blocks with a dimension of 10x10x10 cm and were packed in plastic bags to conduct 176 177 measurements on fresh material. From each marsh block, a single adult and undamaged plant stem was chosen randomly and the stem length up to the inflorescence was measured and 178 divided in four equal parts. A test section was defined as the beginning of the second quarter 179 180 starting from the bottom end of the stem and was cut out with a razor blade. Test sections were consistently cylindrical. To minimize the effect of shear stress in bending tests, a stem diameter 181 to stem length ratio (here stem length means the horizontal span of the tested stem section 182 between the two metal support bars, see Figure 2) of 1:15 was chosen (see also Miler et al. 183 2012, 2014; Rupprecht et al. 2015a). The bending tests were performed with a Zwick/Roell 184 testing machine (Type 1120.25, Nominal Force: max. 1 kN, using a 10 N load cell; initial load 185 0.01 N; Zwick GmbH & Co. KG, Ulm, Germany). 186



188 Fig. 2 Three-point bending test with a stem section of Elymus

For the measurements, a metal bar was lowered with a displacement rate of 10 mm min<sup>-1</sup>. Then, 189 the vertical deflection of the tested stem section and the applied force were recorded (see also 190 Miler et al. 2012, 2014; Rupprecht et al. 2015a; Silinski et al. 2015, 2018). The slope was 191 determined from the most linear part of the force-deflection curve. Furthermore, the diameter 192 and the span of the stem between the two metal support bars were used to determine the 193 following mechanical properties following Rupprecht et al. (2015a): (I) the second moment of 194 area (*I* given in m<sup>4</sup>) which describes the effect of stem morphology (considering stem diameter) 195 196 on flexibility; (II) the Young's modulus (E given in Pa) which here describes the flexibility of the plant stem tissue without considering stem morphology; (III) the flexural rigidity (EI given 197 in Nm<sup>2</sup>) which describes the overall stem flexibility considering stem tissue and morphological 198 199 parameters. In this study, results on the Young's modulus and flexural rigidity are presented.

#### 200 Biomass and stem density measurements

Aboveground biomass (hereafter referred to as biomass) was harvested twice in 2014; in early April and in mid-August in order to identify differences in morphological properties between spring and summer. All plants rooting inside a 50x50 cm frame were cut at the soil surface. Summer sampling was carried out within 1 m distance of the spring plots. Samples were dried for 48 hours at 65 °C to determine the dry biomass. Stem density was measured after the removal of litter by counting only the remaining stems that were still connected to a root. For *Elymus*, stem density was quantified on a 20x20 cm subplot due to large numbers of stems per area.

#### 209 Statistical analysis

To analyze differences in biophysical parameters between the seasons and zones within one 210 211 species, two-way analysis of variance (ANOVA) were performed. If necessary, data were log transformed prior to ANOVA to meet normality assumptions and to improve homogeneity of 212 variances. Levene's test was used to test for homogeneity of variances, while Kolmogorov-213 Smirnov test was used to test the normal distribution of the data. Equal sample sizes assured 214 robustness of parametric testing (McGuinness 2002). As a post-hoc test, Tukey's-HSD (honest 215 significant difference) test was applied to determine pairwise differences. To assess the 216 217 relationship between plant stem diameter and flexural rigidity, linear and non-linear regressions were used. Statistical analyses were conducted with STATISTICA 10 (StatSoft Inc.). 218

219 **Results** 

### 220 Flexural rigidity

Flexural rigidity of *Spartina* differed significantly between seasons and zones (Fig. 3A; Table 1). However, the interaction between season and zone was also significant. Flexural rigidity was 5.0 times higher in summer compared to spring. In spring, *Spartina* stems of the SLZ were 4.0 times more rigid compared to the stems of the SSZ. In summer, stems of the SLZ showed a 2.8 times higher value compared to stems of the SSZ.



226

Fig. 3 Flexural rigidity (A), biomass (B) and stem density (C) of *Spartina* and *Elymus* in spring and
 summer, respectively. Light bars show the zone directed seawards while dark bars show the zone
 directed landwards. Each bar represents 20 samples. Presented are mean values ± standard deviations.
 Different lowercase letters indicate significant differences among the zones in both seasons.
 Interspecific differences have not been assessed

Table 1 ANOVA table of all biophysical parameters for *Spartina* and *Elymus* in spring and summer
 season in the landward and seaward-located zones. Given are F-values and p-values

		Season		Zone		Season * Z35	
		F	р	F	р	F	236
Flexural rigidity	Spartina	192.39	< 0.0001	103.65	< 0.001	36.50	< 0.0001
	Elymus	145.81	< 0.0001	5.01	< 0.05	0.81	23.78
Biomass	Spartina	163.46	< 0.0001	57.30	< 0.0001	4.33	< 0.05 238
	Elymus	19.26	< 0.0001	0.02	0.90	1.60	0.21
Stem density	Spartina	120.31	< 0.0001	17.59	< 0.0001	21.58	< 0. <u>0</u> 991
	Elymus	11.63	< 0.005	0.61	0.44	3.04	0.08
Stem length	Spartina	48.39	< 0.0001	54.77	< 0.0001	1.40	2 <del>0</del> 924
	Elymus	380.31	< 0.0001	2.06	0.16	0.08	0.78
Stem diameter	Spartina	136.60	< 0.0001	58.19	< 0.0001	0.81	241 0.37
	Elymus	65.42	< 0.0001	0.62	0.43	2.42	0.12
Young's modulus	Spartina	2.26	0.14	6.23	< 0.05	0.37	242 0.54
	Elymus	1.26	0.27	2.07	0.15	4.54	< 0.05
							243

For *Elymus*, flexural rigidity significantly differed between seasons (Fig. 3A; Table 1). Stems were 2.9 times more rigid in summer compared to spring. In both seasons, stems of the ESZ slightly, but not significantly, exceeded the rigidity of stems of the ELZ with a factor of 1.34 in spring and 1.14 in summer.

For *Spartina*, a second order polynomial regression was found to best represent the positive relationship between stem diameter and flexural rigidity. For *Elymus*, we found a linear regression to best represent the positive relationship between stem diameter and flexural rigidity (Fig. 4).



**Fig. 4** Best-fit polynomial regression and linear regression between stem diameter and flexural rigidity of *Spartina* and *Elymus* stems of both seasons and zones, respectively. Shown are equations and the coefficients of determination ( $\mathbb{R}^2$ )

256

#### 257 Aboveground biomass

Biomass of *Spartina* differed significantly between spring and summer and between SSZ and SLZ (Fig. 3B; Table 1). Additionally, a significant interaction between season and zone was found. Compared to spring, biomass was 2.1 times higher in summer. SLZ exhibited 1.6 times more biomass compared to SSZ in spring and 1.5 times more biomass in summer. For *Elymus*, significant differences in biomass were only found between the seasons but not between the zones (Fig. 3B; Table 1). *Elymus* biomass was 1.3 times higher in summer compared to spring.

264

#### 265 Stem density

Stem density of *Spartina* significantly differed both between seasons and zones (Fig. 3C; Table 1). Furthermore, a significant interaction between season and zone was found. Stem density was 1.7 times higher in summer than in spring. While in spring no difference was detected between the two zones, in summer stem density was 1.4 times higher in SSZ than in SLZ. Stem densities in *Elymus* differed between seasons, but not between zones (Fig. 3C; Table 1). Stem density in spring was 1.4 times greater than in summer.

### 272 Stem length, stem diameter, Young's Modulus

*Spartina* and *Elymus* stems were significantly longer in summer compared to spring in both zones (Fig. 5; Table 1). Furthermore, *Spartina* stems were significantly longer in the SLZ than in the SSZ in either season, whereas for *Elymus* no spatial differences were detected. Stem diameters show the same pattern with higher values in summer compared to spring for both species, and higher values in the landward zone only for *Spartina*. The least variability between the seasons and zones was detected for Young's modulus. Here, only *Spartina* stems showed slightly but not significantly higher values in summer compared to spring and in the SLZ



# 280 compared to the SSZ in either season. No differences for Young's modulus were detected in

282

Fig. 5 Young's modulus (A), stem diameter (B) and stem length (C) of *Spartina* and *Elymus* in spring
and summer, respectively. Light bars show the zone directed seawards while dark bars show the zone
directed landwards. Each bar represents 20 samples. Presented are mean values ± standard deviations.
Different lowercase letters indicate significant differences among the zones in both seasons.
Interspecific differences have not been assessed

288

### 289 Discussion

## 290 Stem flexibility

291 Seasonal variability in stem flexibility was detected for both species with significantly higher

values for flexural rigidity during summer. These results indicate the importance of considering

<sup>281</sup> *Elymus* stems.

plant morphology (here diameter) when describing plant stem flexibility. According to the 293 regression analyses, more than 70% and 80% ( $R^2$  values) of the variability in stem flexibility 294 was explained by the variability in stem diameter of *Elymus* and *Spartina* stems, respectively. 295 296 The increase of stem diameter by approximately 30% from spring to summer for both species explains the increase of the flexural rigidity, whereas plant tissue properties (characterized by 297 the Young's modulus) did not vary significantly between spring and summer. As flexible stems 298 299 avoid high drag forces by reconfiguration and movement with the wave-induced oscillatory flow (Bouma et al. 2005; Paul et al. 2014), the lower resistance of plant stems to wave forces 300 in spring should result in a lower wave dissipation capacity of vegetation compared to summer. 301

302 The small-scale spatial differences with smaller diameters and hence higher flexibility of 303 Spartina stems in the SSZ, which stretches 40 m from the seaward marsh edge towards the SLZ, can be interpreted as a response to physical stress by higher hydrodynamic forcing close 304 to the seaward marsh edge. Möller and Spencer (2002) found that most wave energy is 305 attenuated in the first 38 m on a vegetated marsh while Silinski et al. (2018) found high wave 306 attenuation rates on a 12 m transect and Ysebeart et al. (2011) for a distance up to 50 m. Similar 307 308 to our results, Heuner et al. (2015) found a pattern with more flexible plants and lower biomass 309 amounts at the marsh in the Elbe estuary for Schoenoplectus tabernaemontani. In accordance, Silinski et al. (2018) found an increase of stiffness in Bolboschoenus maritimus stems from the 310 311 marsh edge towards the higher zones of an elevational gradient.

In contrast, Carus et al. (2016) found the opposite pattern for stems of *Bolboschoenus maritimus*, a typical species in the pioneer zone of European freshwater and brackish marshes along shorelines of estuaries where ship and wave induced wave forcing occurs. These findings suggest that species growing under harsh hydrodynamic conditions may develop different biomechanical properties to either minimize physical stress (avoidance strategy; i.e. flexible stems, low flexural rigidity) from waves and currents or to withstand these mechanical forces (tolerance strategy; i.e. stiff stems, high flexural rigidity). Our results show an avoidance strategy of *Spartina* to increasing hydrodynamic forces and drag forces lower in the elevational gradient in salt marshes, as individuals in the SSZ were significantly smaller, thinner and more flexible than in the SLZ in both seasons. These characteristics should minimize the impact of hydrodynamic forces and the risk of plant breakage. However, it may also be possible that stem development in the SSZ is inhibited by constant wave action leading to thinner, smaller and more flexible stems.

Small-scale spatial variability of stem flexibility in *Elymus* was minor compared to *Spartina*.
One reason for that may be that *Elymus* is growing in the high marsh and is exposed to more
stable environmental conditions facing wave forcing only during extreme storm surge events.
Furthermore, inundation frequency and time in the ESZ were similar to those in the ELZ as the
difference in elevation between the two zones was only one centimeter. Therefore, the spatial
signal was comparatively low.

331 Biomass

For both Spartina and Elymus, seasonal differences with higher biomass in summer than in 332 spring were found which can be explained with the breakdown of canopies during the winter 333 334 season in temperate zones (Bellis and Gaither 1985; Morris and Haskin 1990; Koch et al. 2009). In Spartina, we found up to two times higher biomass in summer compared to spring. Seasonal 335 biomass changes in temperate zones have been found to affect wave dissipation in seagrass 336 beds (Chen et al. 2007; Paul and Amos 2011), brackish marshes (Silinski et al. 2018; Schoutens 337 et al. 2019) and salt marshes (Möller and Spencer 2002; Möller 2006). Accordingly, seasonal 338 339 variability in *Spartina* biomass, as in our study, can be expected to affect wave dissipation capacity of the marsh with a higher contribution of vegetation to wave dissipation in summer 340 than in winter and spring (see Foster-Martinez et al. 2018). Elymus, by contrast, shows minor 341 although significant seasonal differences in biomass, which suggests a more continuous 342

343 contribution of *Elymus* biomass to wave dissipation throughout the year. Overall, wave
344 attenuation and resulting coastal protection should be highest when the biomass of biotic
345 structures is at its maximum (Coops et al. 1996; Chen et al. 2007; Koch et al. 2009).

346

Spatial variability in *Spartina* biomass between the SSZ and the SLZ shows the same pattern 347 as for stem flexibility with lower values for the SSZ than the SLZ in both seasons. Coops et al. 348 (1994) found similar results with lower biomass in an exposed site compared to a sheltered site 349 for two helophytes. Furthermore, a biomass decrease downwards an elevational gradient was 350 observed. We assume that higher wave action and higher physiological stress due to salinity 351 352 and longer inundation time in the SSZ compared to the SLZ explain the significantly lower 353 biomass in Spartina (see also Huckle, Potter and Marrs 2000). The lower biomass amounts in the SSZ zone seem to correlate with a decrease in stem diameter and length accompanied by a 354 355 higher flexibility in this zone compared to the SLZ. Stem length of different Spartina populations were studied previously by Gray and Benham (1990), where plants sampled from 356 the pioneer populations had significantly smaller inflorescence sizes and vegetative statures in 357 comparison with plants from higher marsh elevations which is consistent with our results. In 358 359 contrast to *Spartina*, we found no spatial variability in *Elymus* biomass. This implies a spatially 360 stable contribution of the *Elymus* canopy to wave dissipation.

361

#### 362 *Stem density*

Significant seasonal differences in stem density were found for *Spartina* and *Elymus. Spartina* stem densities were higher in summer than in spring, whereas *Elymus* showed higher stem densities in spring compared to summer. The high stem densities in *Spartina* during summer correlate with high biomass amounts in summer. This pattern in *Spartina* biomass and stem density confirms results of Hill (1984) and Neumeier (2005). Carus et al. (2016) found lower stem densities at the marsh edge for *B. maritimus*, which underpins the previously discussed

strategies of plants in coastal habitats to cope with mechanical stress induced by hydrodynamic 369 370 forces. In contrast, high stem densities in *Elymus* in spring seem to be negatively correlated with biomass. Similar patterns have been reported by Morris and Haskin (1990) for Spartina 371 alterniflora. Numerous studies report that variation in plant stem density affects flow velocity 372 373 and wave dissipation (Bouma et al. 2005; Widdows et al. 2008; Peralta et al. 2008; Anderson and Smith 2014). Paul and Amos (2011) found highest wave dissipation in seagrass beds in 374 375 summer, when stem density was high. Increasing stem densities in Spartina tussocks with decreasing elevations, as found in our study, were previously observed for *Spartina densiflora* 376 and Spartina anglica (Nieva et al. 2005; Van Hulzen et al. 2007). Variability in stem density 377 378 affects hydrodynamic energy within the Spartina canopy (Neumeier and Ciavola 2004; Bouma 379 et al. 2005). Van Hulzen et al. (2007) suggest that high stem densities at lower elevations may thus enhance sediment accretion within the canopy. In turn, high accretion rates can enhance 380 381 growth of Spartina (Hemminga et al. 1998), but it is still not resolved which factor induces the increased stem densities at lower elevations (Van Hulzen et al. 2007). 382

### 383 Implications of seasonal and spatial variability in biophysical properties

The data presented here show that biophysical properties of salt-marsh plants may differ 384 385 between seasons and change over small spatial scales, which is probably related to the strength of hydrodynamic forcing, inundation frequency, sedimentation rates and soil properties. Our 386 results support the assumption of seasonal and spatial non-linearity in the delivery of ecosystem 387 388 services such as coastal protection by vegetation (Koch et al. 2009). This finding has to be taken into account when regarding the coastal protection potential of salt-marsh vegetation. 389 390 Furthermore, the data provided can be used to incorporate salt-marsh plants, entire canopies and plant surrogates more realistically in numerical and physical models describing the 391 interaction between vegetation and hydrodynamics. Models and flume experiments should 392 incorporate seasonal variability in plant biophysical properties, especially when simulating 393 storm surge conditions that occur in the winter season when vegetation is degenerated. Future 394

research should provide measurements of biophysical plant properties over the course of theyear to get a better overall picture of the change of these properties.

Furthermore, spatial variability in biophysical properties within the pioneer and low marsh zone 397 (e.g. lower biomass, lower flexural rigidity but higher stem density in Spartina growing at the 398 marsh edge compared to Spartina growing more landwards) should be considered and 399 incorporated in models predicting wave attenuation. High marshes by contrast, show spatially 400 401 more homogenous biophysical properties and can therefore be represented as one coherent zone. When data on stem flexibility are needed, stem diameter can be used as a proxy for 402 flexibility as bending measurements are often time consuming. Whether this is appropriate for 403 404 other species than Spartina and Elymus needs to be tested in further studies.

405

#### 406 Literature

- 407 Anderson ME, Smith JM (2014) Wave attenuation by flexible, idealized salt marsh vegetation.
  408 Coast Eng 83:82–92. doi: 10.1016/j.coastaleng.2013.10.004
- Bellis VJ, Gaither CA (1985) Seasonality of aboveground and belowground biomass for six
  salt marsh plant species. J Elisha Mitchell Sci Soc 101:95–109
- Bockelmann AC, Neuhaus R (1999) Competitive exclusion of Elymus athericus from a highstress habitat in a European salt marsh. J Ecol 87:503–5013. doi: 10.1046/j.13652745.1999.00368.x
- Bouma TJ, De Vries MB, Herman PMJ (2010) Comparing ecosystem engineering efficiency
  of two plant species with contrasting growth strategies. Ecology 91:2696–2704. doi:
  10.1890/09-0690.1
- Bouma TJ, De Vries MB, Low E, et al (2005) Trade-offs related to ecosystem engineering: A
  case study on stiffness of emerging macrophytes. Ecology 86:2187–2199. doi:
  10.1890/04-1588

- Carus J, Paul M, Schröder B (2016) Vegetation as self-adaptive coastal protection: Reduction
  of current velocity and morphologic plasticity of a brackish marsh pioneer. Ecol Evol
  6:1579–1589. doi: 10.1002/ece3.1904
- 423 Chen S-N, Sanford LP, Koch EW, et al (2007) A Nearshore Model to Investigate the Effects of
- 424 Seagrass Bed Geometry on Wave Attenuation and Suspended Sediment Transport.
  425 Estuaries and Coasts 30:296–310
- 426 Chung C-H (1993) Thirty years of ecological engineering with Spartina plantations in China.
  427 Ecol Eng 2:261–289. doi: 10.1016/0925-8574(93)90019-C
- 428 Coops HN, Geilen N, van der Velde G (1994) Distribution and growth of the helophyte species
- Phragmites australis and Scirpus lacustris in water depth gradients in relation to wave
  exposure. Aquat Bot 48:273–284. doi: 10.1016/0304-3770(94)90020-5
- 431 Coops H, Geilen N, Verheij HJ, et al (1996) Interactions between waves, bank erosion and
  432 emergent vegetation: an experimental study in a wave tank. Aquat Bot 53:187–198. doi:
  433 10.1016/0304-3770(96)01027-3
- 434 Coops HG, van der Velde G (1996) Effects of waves on helophyte stands: Mechanical
  435 characteristics of stems of Phragmites australis and Scirpus lacustris. Aquat Bot 53:175-
  - 436 185. doi:10.1016/0304-3770(96)01026-1
- Feagin RA, Irish JL, Möller I, et al (2011) Short communication: Engineering properties of
  wetland plants with application to wave attenuation. Coast Eng 58:251–255. doi:
  10.1016/j.coastaleng.2010.10.003
- Fonseca MS, Koehl MAR, Kopp BS (2007) Biomechanical factors contributing to selforganization in seagrass landscapes. J Exp Mar Bio Ecol 340:227–246. doi:
  10.1016/j.jembe.2006.09.015
- 443 Foster-Martinez MR, Lacy JR, Ferner MC, Variano EA (2018) Wave attenuation across a tidal

445	Gray AJ, Benham PEM (1990) Spartina anglica - a research review
446	Harder DL, Hurd CL, Speck T (2006) Comparison of mechanical properties of four large, wave-
447	exposed seaweeds. Am J Bot 93:1426–1432. doi: 10.3732/ajb.93.10.1426
448	Hemminga MA, van Soelen J, Maas YEM (1998) Biomass Production in Pioneer Spartina
449	anglica Patches: Evidence for the Importance of Seston Particle Deposition. Estuar Coast
450	Shelf Sci 47:797–805. doi: 10.1006/ecss.1998.0388
451	Heuner M, Silinski A, Schoelynck J, et al (2015) Ecosystem Engineering by Plants on Wave-
452	Exposed Intertidal Flats Is Governed by Relationships between Effect and Response
453	Traits. PLoS One 10:e0138086. doi: 10.1371/journal.pone.0138086
454	Hill MI (1984) Population studies on the Dee estuary. In: Doody, P. (Ed.), Spartina anglica in
455	Great Britain, report No. 5. Nature Conservancy Council, Peterborough, pp. 53–58.
456	Huckle JM, Potter JA, Marrs RH (2000) Influence of environmental factors on the growth and
457	interactions between salt marsh plants: effects of salinity, sediment and waterlogging. J
458	Ecol 88:492–505. doi: 10.1046/j.1365-2745.2000.00464.x
459	Koch EW, Barbier EB, Silliman BR, et al (2009) Non-linearity in ecosystem services: temporal
460	and spatial variability in coastal protection. Front Ecol Environ 7:29-37. doi:
461	10.1890/080126
462	Kunz H, Panten A, (1997) Die Köge Nordfrieslands. Nordfriisk Instituut, p. 104.
463	Luhar M, Nepf HM (2011) Flow-induced reconfiguration of buoyant and flexible aquatic
464	vegetation. Limnol Oceanogr 56:2003–2017. doi: 10.4319/lo.2011.56.6.2003
465	McGuinness, KA (2002) Of rowing boats, ocean liners and tests of the ANOVA homogeneity
466	of variance assumption. Austral Ecology 27:681-688. https://doi.org/10.1046/j.1442-

marsh in San Francisco Bay. Coast Eng 136:26-40. doi:10.1016/j.coastaleng.2018.02.001

444

467 9993.2002.01233.x

- Mendez FJ, Losada IJ (2004) An empirical model to estimate the propagation of random
  breaking and nonbreaking waves over vegetation fields. Coast Eng 51:103–118. doi:
  10.1016/j.coastaleng.2003.11.003
- Miler O, Albayrak I, Nikora V, O'Hare M (2012) Biomechanical properties of aquatic plants
  and their effects on plant–flow interactions in streams and rivers. Aquat Sci 74:31–44. doi:
  10.1007/s00027-011-0188-5
- 474 Miler O, Albayrak I, Nikora V, O'Hare M (2014) Biomechanical properties and morphological
  475 characteristics of lake and river plants: implications for adaptations to flow conditions.

476 Aquat Sci 76:465-481. 1–17. doi: 10.1007/s00027-014-0347-6

- 477 Möller I (2006) Quantifying saltmarsh vegetation and its effect on wave height dissipation:
  478 Results from a UK East coast saltmarsh. Estuar Coast Shelf Sci 69:337–351. doi:
  479 10.1016/j.ecss.2006.05.003
- 480 Möller I, Kudella M, Rupprecht F, et al (2014) Wave attenuation over coastal salt marshes
  481 under storm surge conditions. Nat Geosci 7:727–731. doi: 10.1038/ngeo2251
- 482 Möller I, Spencer T (2002) Wave dissipation over macro-tidal saltmarshes: Effects of marsh
  483 edge typology and vegetation change. J Coast Res 36:506–521
- 484 Morris JT, Haskin B (1990) A 5-yr Record of Aerial Primary Production and Stand
  485 Characteristics of Spartina alterniflora. Ecology 71:2209–2217
- 486 Mueller P, Granse D, Nolte S, et al (2017) Top-down control of carbon sequestration: Grazing
- 487 affects microbial structure and function in salt marsh soils: Grazing. Ecol Appl 27:1435–
  488 1450. doi: 10.1002/eap.1534
- 489 Mueller P, Ladiges N, Jack A, et al (2019) Assessing the long-term carbon-sequestration
- 490 potential of the semi-natural salt marshes in the European Wadden Sea. Ecosphere 10(1),

- 491 e02556. doi: 10.1002/ecs2.2556.
- 492 Mullarney JC, Henderson SM (2010) Wave-forced motion of submerged single-stem
  493 vegetation. J Geophys Res Ocean 115:C12061. doi: 10.1029/2010JC006448
- Müller F, Struyf E, Hartmann J, et al (2013a) Impact of grazing management on silica export
  dynamics of Wadden Sea saltmarshes. Estuar Coast Shelf Sci 127:1–11. doi:
  10.1016/j.ecss.2013.03.010
- Müller F, Struyf E, Hartmann J, et al (2013b) A Comprehensive Study of Silica Pools and
  Fluxes in Wadden Sea Salt Marshes. Estuaries and Coasts 36:1150–1164. doi:
  10.1007/s12237-013-9621-4
- Narayan S, Beck MW, Reguero BG, et al (2016) The Effectiveness, Costs and Coastal
  Protection Benefits of Natural and Nature-Based Defences. PLoS One, 11(5), e0154735.
  doi: 10.1371/journal.pone.0154735
- Nehring S, Adsersen H (2006) NOBANIS Invasive Alien Species Fact Sheet -Spartina
   anglica-. From Online Database Eur Netw Invasive Alien Species NOBANIS
   www.nobanis.org, Date access 10/01/2015
- Nehring S, Hesse K-J (2008) Invasive alien plants in marine protected areas: the Spartina
  anglica affair in the European Wadden Sea. Biol Invasions 10:937–950. doi:
  10.1007/s10530-008-9244-z
- Neumeier U (2005) Quantification of vertical density variations of salt-marsh vegetation.
  Estuar Coast Shelf Sci 63:489–496. doi: 10.1016/j.ecss.2004.12.009
- 511 Neumeier U, Ciavola P (2004) Flow resistance and associated sedimentary processes in a
- 512 Spartina maritima salt-marsh. J Coast Conserv 20:435–447. doi: 10.2112/1551-
- 513 5036(2004)020[0435:FRAASP]2.0.CO;2
- 514 Nieva FJJ, Castellanos EM, Castillo JM, Enrique Figueroa M (2005) Clonal growth and tiller

- demography of the invader cordgrass Spartina densiflora Brongn. at two contrasting 515 516 habitats in SW European salt marshes. Wetlands 25:122-129. doi: 10.1672/0277-5212(2005)025[0122:CGATDO]2.0.CO;2 517
- Nolte S, Koppenaal EC, Esselink P. et al. (2013a) Measuring sedimentation in tidal marshes: a 518 review on methods and their applicability in biogeomorphological studies. J Coast 519 Conserv 17: 301. doi:10.1007/s11852-013-0238-3 520
- Ostendorp W (1995) Estimation of mechanical resistance of lakeside Phragmites stands. Aquat 521 Bot 51:87-101. doi: 10.1016/0304-3770(95)00470-K 522
- 523 Patterson MR, Harwell MC, Orth LM, Orth RJ (2001) Biomechanical properties of the reproductive shoots of eelgrass. Aquat Bot 69:27-40 524
- Paul M, Amos CL (2011) Spatial and seasonal variation in wave attenuation over Zostera noltii. 525 J Geophys Res 116:C08019. doi: 10.1029/2010JC006797 526
- Paul M, Henry P-YT, Thomas RE (2014) Geometrical and mechanical properties of four 527 species of northern European brown macroalgae. Coast Eng 84:73-80. doi: 528 10.1016/j.coastaleng.2013.11.007 529
- Paul M, Rupprecht F, Möller I, et al (2016) Plant stiffness and biomass as drivers for drag forces 530
- under extreme wave loading: A flume study on mimics. Coast Eng 117:70-78. doi: 531 10.1016/j.coastaleng.2016.07.004 532
- 533 Peralta G, van Duren LA, Morris EP, Bouma TJ (2008) Consequences of shoot density and stiffness for ecosystem engineering by benthic macrophytes in flow dominated areas: a
- hydrodynamic flume study. Mar Ecol Prog Ser 368:103-115. doi: 10.3354/meps07574 535

Petersen J, Kers B, Stock M (2013) TMAP – typology of Coastal Vegetation in the Wadden 536 Sea Area. CommonWadden Sea Secretariat, Wilhelmshaven, DE. 537

538	Puijalon S, Bouma TJ, Douady CJ, et al (2011) Plant resistance to mechanical stress: Evidence
539	of an avoidance-tolerance trade-off. New Phytol 191:1141-1149. doi: 10.1111/j.1469-
540	8137.2011.03763.x
541	Rupprecht F, Möller I, Evans B, et al (2015a) Biophysical properties of salt marsh canopies —
542	Quantifying plant stem flexibility and above ground biomass. Coast Eng 100:48-57. doi:
543	10.1016/j.coastaleng.2015.03.009
544	Rupprecht F, Möller I, Paul M, et al (2017) Vegetation-wave interactions in salt marshes under
545	storm surge conditions. Ecol Eng 100:301-315. doi: 10.1016/j.ecoleng.2016.12.030
546	Rupprecht F, Wanner A, Stock M, Jensen K (2015b) Succession in salt marshes - large-scale
547	and long-term patterns after abandonment of grazing and drainage. Appl Veg Sci 18:86-
548	98. doi: 10.1111/avsc.12126
549	Schoutens K, Heuner M, Minden V, et al (2019) How effective are tidal marshes as nature-
550	based shoreline protection throughout seasons? Limnol Oceanogr 1-13. doi:
551	10.1002/lno.11149
552	Silinski A, Heuner M, Schoelynck J, et al (2015) Effects of Wind Waves versus Ship Waves
553	on Tidal Marsh Plants: A Flume Study on Different Life Stages of Scirpus maritimus.
554	PLoS One 10:e0118687. doi: 10.1371/journal.pone.0118687
555	Silinski A, Schoutens K, Puijalon S, et al (2018) Coping with waves: Plasticity in tidal marsh
556	plants as self-adapting coastal ecosystem engineers. Limnol Oceanogr 63:799-815. doi:
557	10.1002/lno.10671
558	Smith JM, Bryant MA, Wamsley T V (2016) Wetland buffers : numerical modeling of wave
559	dissipation by vegetation. 854:847-854. doi: 10.1002/esp.3904
560	Stewart HL (2006) Hydrodynamic consequences of flexural stiffness and buoyancy for
561	seaweeds: a study using physical models. J Exp Biol 209:2170–2181. doi:

562 10.1242/jeb.02254

- Sutton-Grier AE, Gittman RK, Arkema KK, et al (2018) Investing in Natural and Nature-Based
  Infrastructure: Building Better Along Our Coasts. Sustainability 10(2), 523. doi:
  10.3390/su10020523
- Tempest JA., Möller I, Spencer T (2015) A review of plant-flow interactions on salt marshes:
  the importance of vegetation structure and plant mechanical characteristics: Salt marsh
  plant-flow interactions. Wiley Interdisciplinary Reviews: Water 2(6):669-681.
  doi:/10.1002/wat2.1103
- 570 Valéry L, Bouchard V, Lefeuvre J-C (2004) Impact of the invasive native species Elymus
  571 athericus on carbon pools in a salt marsh. Wetlands 24:268–276
- van der Meer JW, (2002) Technisch Rapport Golfoploop en Golfoverslag bij Dijken. Delft, The
  Netherlands: Technische Adviescommissie voor de Waterkeringen, 44p.
- van Hulzen JB, Van Soelen J, Bouma TJ (2007) Morphological Variation and Habitat
  Modification are Strongly Correlated for the Autogenic Ecosystem Engineer Spartina
  anglica (Common Cordgrass). Estuaries and Coasts 30:3–11. doi: 10.1007/BF02782962
- van Loon-Steensma JM Van, Hu Z, Slim PA (2016) Modelled Impact of Vegetation
  Heterogeneity and Salt- Marsh Zonation on Wave Damping. Journal of Coastal Research
  32: 241–252. doi: 10.2112/JCOASTRES-D-15-00095.1
- Veeneklaas RM, Dijkema KS, Hecker N, Bakker JP (2013) Spatio-temporal dynamics of the
  invasive plant species Elytrigia atherica on natural salt marshes. Appl Veg Sci 16:205–
- 582 216. doi: 10.1111/j.1654-109X.2012.01228.x
- 583 Widdows J, Pope ND, Brinsley MD (2008) Effect of Spartina anglica stems on near-bed
- hydrodynamics, sediment erodability and morphological changes on an intertidal mudflat.
- 585 Mar Ecol Prog Ser 362:45–57. doi: 10.3354/meps07448

- 586 Ysebaert T, Yang SL, Zhang L, et al (2011) Wave attenuation by two contrasting ecosystem
- 587 engineering salt marsh macrophytes in the intertidal pioneer zone. Wetlands 31:1043–
- 588 1054. doi: 10.1007/s13157-011-0240-1