

1 **Pathways of inter-basin exchange from the**
2 **Bellingshausen Sea to the Amundsen Sea**

3 **M. Mar Flexas¹, Andrew F. Thompson¹, Megan L. Robertson¹, Kevin Speer²,**
4 **Peter M. F. Sheehan³, Karen J. Heywood³**

5 ¹California Institute of Technology, 1200 E. California Blvd., Pasadena, CA 91125, USA

6 ²Florida State University, Tallahassee, FL 32306, USA

7 ³University of East Anglia, Centre for Ocean and Atmospheric Sciences, School of Environmental
8 Sciences, Norwich, Norfolk, NR4 7TJ, UK

9 **Key Points:**

- 10 • Hydrographic observations identify both shelf-break and coastal meltwater path-
11 ways from the western Bellingshausen Sea into the Amundsen Sea
- 12 • Differences in optical backscatter properties associated with meltwater are related
13 to distinct coast to shelf break pathways
- 14 • The main pathway to the shelf break is via Seal Trough, identified as the *de facto*
15 western boundary of the Bellingshausen Sea

Abstract

The West Antarctic Ice Sheet is experiencing rapid thinning of its floating ice shelves, largely attributed to oceanic basal melt. Numerical models suggest that the Bellingshausen Sea has a key role in setting water properties in the Amundsen Sea and further downstream. Yet, observations confirming these pathways of volume and tracer exchange between coast and shelf break and their impact on inter-sea exchange remain sparse. Here we analyze the circulation and distribution of glacial meltwater at the boundary between the Bellingshausen Sea and the Amundsen Sea using a combination of glider observations from January 2020 and hydrographic data from instrumented seals. Meltwater distributions over previously unmapped western regions of the continental shelf and slope reveal two distinct meltwater cores with different optical backscatter properties. At Belgica Trough, a subsurface meltwater peak is linked with hydrographic properties from Venable Ice Shelf. West of Belgica Trough, the vertical structure of meltwater concentration changes, with peak values occurring at greater depths and denser isopycnals. Hydrographic analysis suggests that the western (deep) meltwater core is supplied from the eastern part of Abbot Ice Shelf, and is exported to the shelf break via a previously-overlooked bathymetric trough (here named Seal Trough). Hydrographic sections constructed from seal data reveal that the Antarctic Coastal Current extends west past Belgica Trough, delivering meltwater to the Amundsen Sea. Each of these circulation elements has distinct dynamical implications for the evolution of ice shelves and water masses both locally and downstream, in the Amundsen Sea and beyond.

Plain Language Summary

Floating ice shelves in West Antarctica are thinning, which is largely due to melting of the ice shelf base by the ocean. Here, measurements of ocean temperature, salinity, and dissolved oxygen, collected by a remotely-controlled underwater vehicle (a glider), are used to estimate the amount of ice shelf meltwater released in the Bellingshausen Sea. Distinct cores of meltwater can be distinguished by the amount of suspended material that is present in the water, which we attribute to meltwater following different circulation pathways after entering the ocean. Historical data from seals equipped with temperature and salinity sensors provide additional information about how the meltwater circulates in the region. The seal data show the presence of a narrow coastal current that brings meltwater from the Bellingshausen Sea into the Amundsen Sea. The pathways

of meltwater revealed in this study suggest an important influence of the Bellingshausen Sea on ice shelves throughout West Antarctica.

1 Introduction

In past decades, the Antarctic Ice Sheet has experienced rapid thinning of its floating ice shelves and grounding line retreat (Pritchard et al., 2012; Konrad et al., 2018). Satellite observations starting in the 1990s reveal that both thinning and retreat have recently accelerated and are largest for the West Antarctic Ice Sheet (WAIS) (Paolo et al., 2015; Konrad et al., 2018). Changes in the thickness of WAIS ice shelves are largely attributed to oceanic basal melt (Pritchard et al., 2012; Adusumilli et al., 2020) driven by changes in the heat transport of warm Modified Circumpolar Deep Water (MCDW) (Whitworth et al., 1998) intruding onto the continental shelf via bathymetric troughs. This heat transport may depend on the velocity field and/or the thickness and temperature of the MCDW layer. This process, dominant from the West Antarctic Peninsula (WAP) (Hofmann & Klinck, 1998; Klinck et al., 2004; Moffat et al., 2009) to the Amundsen Sea, is triggered by wind-driven cross-slope and cross-shelf exchange processes (Thoma et al., 2008; Jacobs et al., 2011; Dutrieux et al., 2014; Jenkins et al., 2018; Silvano et al., 2022) acting from seasonal to decadal time scales (Schodlok et al., 2012; Paolo et al., 2018; Jenkins et al., 2018; Holland et al., 2019; Wallis et al., 2023).

More recently, studies have highlighted the importance of lateral, inter-sea exchange on setting shelf water mass properties and ice shelf melt rates around Antarctica. Recent modelling studies suggest that water masses from West Antarctica can reach all regions of the Antarctic continental shelf in only 15 years (Nakayama et al., 2020; Dawson et al., 2023). Observational studies in East Antarctica show how inter-basin exchange preconditions the ocean for sea ice formation, water mass transformation, and bottom water production (Silvano et al., 2018). In particular, glacial meltwater reduces dense shelf water formation by suppressing on-shelf convection; in the absence of deep convection, warm water reaches further onto the continental shelf, increasing basal melt (Silvano et al., 2018). In West Antarctica, it has long been known that freshwater transport from the Amundsen Sea into the Ross Sea can modulate dense shelf water production (Jacobs & Giulivi, 2010; Jacobs et al., 2022). The first numerical model demonstrating the connection between the Amundsen Sea and the Ross Sea was due to Nakayama *et al.* (2014). Furthermore, modelling studies show that glacial meltwater can trigger a positive feed-

80 back mechanism that enhances ice shelf melt through changes in ocean stratification at
81 the ice shelf front (Flexas et al., 2022). Feedbacks between the different components of
82 the freshwater balance and their role in modifying the shelf overturning circulation and
83 ice shelf basal melt (e.g. Jourdain et al., 2017; Kimura et al., 2017; Bett et al., 2020; Moor-
84 man et al., 2023) are critical aspects that deserve further exploration, in particular in
85 the Bellingshausen Sea.

86 The Bellingshausen Sea (Figure 1) is a relatively unexplored region of West Antarc-
87 tica, especially when compared with adjacent regions like the WAP or the Amundsen
88 Sea. Recent observational efforts have highlighted some distinguishing characteristics of
89 the Bellingshausen Sea’s shelf and slope circulation. The warmest waters of the entire
90 West Antarctic shelf seas are found in the Bellingshausen Sea (Schmidtke et al., 2014),
91 where MCDW exhibits hydrographic properties that are only weakly modified from off-
92 shore values. Warm intrusions of MCDW enter the continental shelf at the deepest part
93 of the Belgica Trough flowing towards the coast along the eastern side of the trough (Schulze
94 Chretien et al., 2021). Water mass transformation peaks near the coast and closes the
95 shelf overturning circulation as MCDW is glacially-modified and upwells to intermedi-
96 ate (~ 200 m) levels (Ruan et al., 2021). Glacially-modified MCDW recirculates offshore,
97 towards the continental shelf along the western side of Belgica Trough (Thompson et al.,
98 2020; Sheehan et al., 2023). Similar circulation patterns are observed in Latady Trough,
99 with modified warm waters eventually flowing northwards along the western side of the
100 trough into Belgica Trough (Schulze Chretien et al., 2021).

101 At the shelf break, the conjunction of glacially-modified MCDW and Winter Wa-
102 ter (WW) (Mosby, 1934), the winter form of Antarctic Surface Water (AASW), leads
103 to the formation of the Antarctic Slope Front (ASF) (Jacobs, 1991), a key element of
104 the Antarctic continental margins for deep ocean ventilation and Antarctic Bottom Wa-
105 ter production. The ASF (and its associated current, the Antarctic Slope Current; ASC)
106 is a quasi-circumpolar feature that originates in the Bellingshausen Sea (Thompson et
107 al., 2020) and terminates in the southern sector of the Scotia Sea (Heywood et al., 2004;
108 Azaneu et al., 2017) where its structure is largely determined by tides (Flexas et al., 2015).
109 Wind stress and large-scale modes of climate variability play an important role in con-
110 trolling the strength and variability of the ASC (Gill, 1973; Spence et al., 2014; Stew-
111 art & Thompson, 2012; Thompson et al., 2018). Strikingly, the only place around Antarc-
112 tica where the ASF is not observed is at the WAP (Thompson et al., 2018).

113 Close to the coast flows the Antarctic Coastal Current (AACC), a boundary cur-
114 rent that contributes to the renewal of shelf waters around Antarctica (Jacobs, 1991; Hey-
115 wood et al., 1998, 2004). At the WAP, the AACC carries freshwater from the WAP (Moffat
116 et al., 2008) throughout the Bellingshausen Sea (Schubert et al., 2021). The AACC varies
117 in response to both buoyancy (Moffat et al., 2008) and wind (Sverdrup, 1953; Holland
118 et al., 2010) forcing. Numerical simulations suggest that the AACC has a key role in set-
119 ting the response to climate-induced surface forcing perturbations (e.g. freshwater fluxes
120 from increased run-off) through its role in setting the stratification and rates of verti-
121 cal heat transport in the water column (Flexas et al., 2022). A stronger AACC is asso-
122 ciated with enhanced access of MCDW into ice shelf cavities, ultimately enhancing basal
123 melt (Flexas et al., 2022). More generally, the AACC conveys changes in water prop-
124 erties occurring near the coast and enables remote responses to localized perturbations;
125 these dynamics may occur broadly around Antarctica.

126 In this study we combine hydrographic data from historical instrumented seals from
127 the Marine Mammals Exploring the Oceans Pole to Pole (MEOP) data base (Roquet
128 et al., 2013) with data from an autonomous glider deployed in 2020 to map the circu-
129 lation at the boundary between the Bellingshausen and Amundsen seas. We analyze melt-
130 water fractions and backscatter data from the glider observations. We revisit the MEOP
131 data base in the Bellingshausen Sea to explore bathymetry and sea surface dynamic height
132 from seal hydrographic profiles. We detect meltwater sources from different ice shelves
133 and find a previously overlooked trough that plays a key role collecting meltwater at the
134 westernmost boundary of the Bellingshausen Sea. Based on these results, we discuss path-
135 ways of water property exchange (including meltwater) from the Bellingshausen Sea into
136 the Amundsen Sea. We shed light on the AACC pathways from the Bellingshausen Sea
137 to the Amundsen Sea and show how coastal processes in the Bellingshausen Sea are con-
138 nected to the formation of the ASC/ASF. We also discuss the need to redefine the west-
139 ern boundary of the Bellingshausen Sea west of Belgica Trough.

140 The outline of the paper is as follows. Section 2 details data and methods: in Sec-
141 tion 2.1 we describe the new glider data set; in Section 2.2 we summarize the historical
142 MEOP seal data; in Section 2.3 we present the method used to calculate meltwater frac-
143 tions. Section 3 is dedicated to present results: in Section 3.1 we present the glider ob-
144 servations at the shelf break, separating the data into cross-slope sections (labeled by
145 longitude) and along-shelf-break sections (labeled using roman numerals) (Figure 1); in

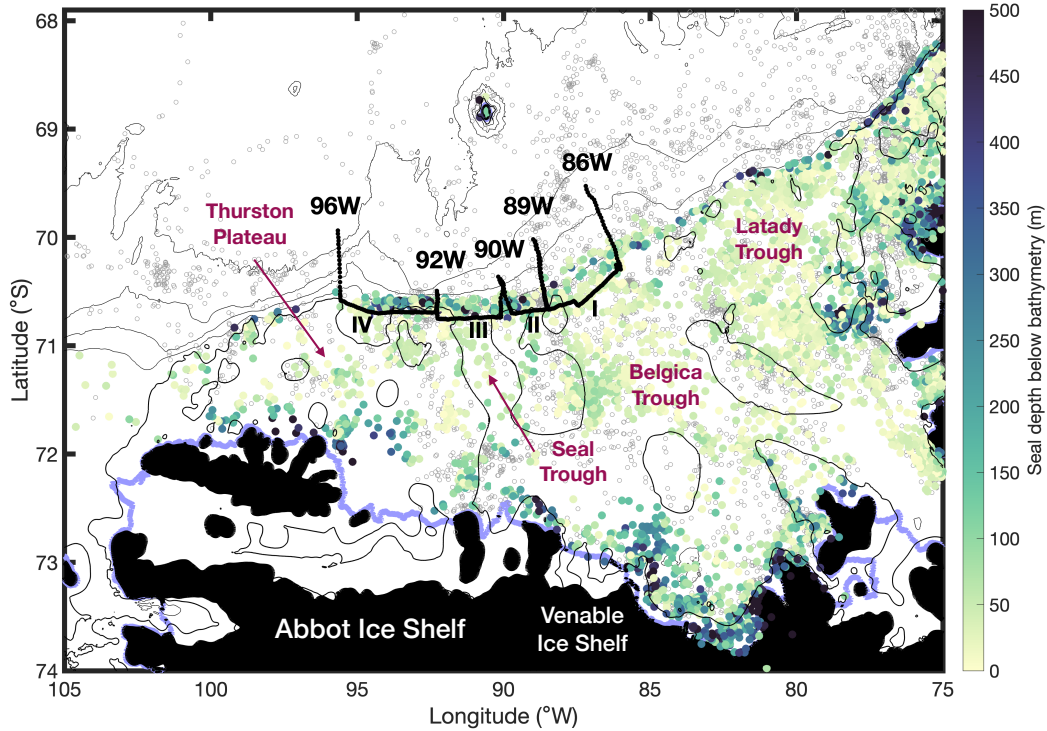


Figure 1. Map of the Bellingshausen Sea with major bathymetric features, floating ice shelves, and the 2020 TABASCO glider expedition (black dots/lines marking cross-slope sections 86W, 89W, 90W, 92W and 96W, and along shelf-break sections I to IV). Seal dives from the MEOP data set are shown as gray dots, with colored dives indicating those locations where the maximum seal depth exceeds the IBCSO bathymetry. Land is shown in black, and the ice shelf edge derived from BedMachine Antarctica v2 is marked in violet. The 480 m, 1000 m, 2000 m and 3000 m isobaths from the IBCSO bathymetry are shown in gray.

146 Section 3.2 we analyze the MEOP database seal observations over Belgica Trough and
 147 Seal Trough; in Section 3.3 we present seal observations over Thurston Plateau. In Sec-
 148 tion 4 we discuss the different pathways found towards the shelf break and along the coast.
 149 Our concluding remarks appear in Section 5.

2 Data and methods

2.1 Glider data

As part of the *Transport of the Antarctic Peninsula and Bellingshausen Sea: Antarctic Slope Current Origin* (TABASCO) project, Seaglider SG621 was deployed in the Bellingshausen Sea, in West Antarctica, on February 1, 2020, and surveyed the western part of the Bellingshausen Sea until March 19, 2020 (Figure 1). The region, usually heavily covered in sea ice, had particularly low sea ice concentrations in early February during this year. From Belgica Trough to Thurston Plateau, the glider performed multiple transects crossing the continental shelf and slope. The glider transects sampled progressively westwards, following the retreat of the sea ice edge (Figure 2). This unique dataset reveals the interaction of shelf and slope waters at the boundary between the Bellingshausen Sea and the Amundsen Sea at high horizontal resolution (2–4 km between profiles). To our knowledge, this is the first dedicated set of glider-based (or cruise-based) observations ever to be obtained west of Belgica Trough in the Bellingshausen Sea.

SG621 (Ogive profile; Kongsberg Underwater Technology, Inc.) belongs to a family of underwater autonomous buoyancy-driven vehicles capable of profiling to a maximum depth of 1000 m in a sawtooth (V-shape) pattern (Eriksen et al., 2001; Rudnick, 2016). SG621 carried a Sea-Bird SBE3 temperature sensor and SBE4 conductivity sensor, a pressure sensor, an Aanderaa 4330F oxygen optode, WetLabs ECOpuck with two wavelengths of optical backscatter (470 and 700 nm) and chlorophyll fluorescence sensors. Following factory calibration, *in situ* temperature, practical salinity, and dissolved oxygen concentrations are accurate to 0.018°C, 0.01, and 2 mmol kg⁻¹, respectively. Sensor precision is 0.0018°C and 0.0003 S m⁻¹ for temperature and conductivity, respectively, combining to a salinity precision of 0.00121. Sampling occurred approximately every 5 s, leading to a 0.5 m vertical resolution at typical vertical speeds of 0.1 m s⁻¹.

The glider dataset was processed using the University of East Anglia glider Toolbox (Queste, 2013), which includes hydrodynamic flight model corrections (Frajka-Williams et al., 2011) and thermal lag corrections (Garau et al., 2011). Depth-averaged currents (DACs) are calculated using the difference between the expected and actual surface location of the glider at the end of each profile and applying hydrodynamic flight model corrections. We use potential temperature, practical salinity and neutral density (γ^n ; Jackett and McDougall (1997)) unless otherwise noted. Velocity fields were constructed

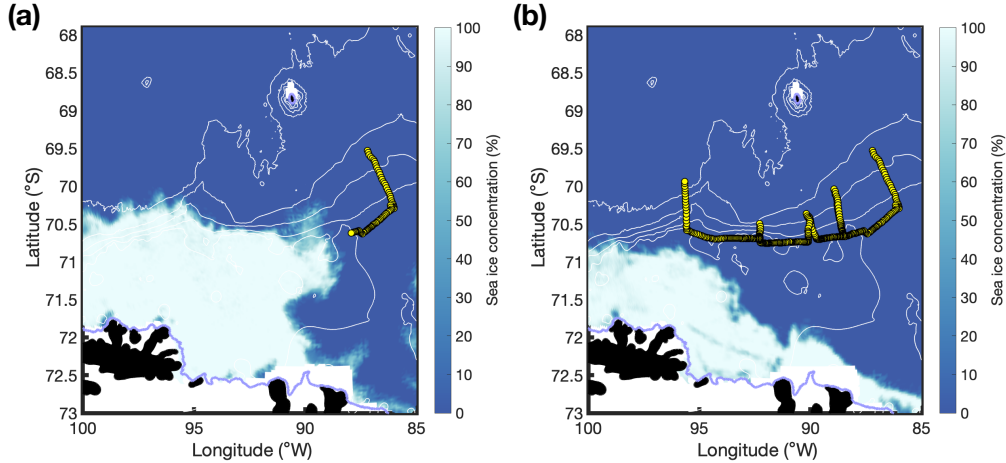


Figure 2. (a) Sea ice concentration on February 15, 2020 with glider positions (yellow dots) up to the date. (b) Same as panel (a), but for March 17, 2020. Land is shown in black, and the ice shelf edge is marked in violet. Bathymetry contours of 480 m, 1000 m, 2000 m and 3000 m isobaths are shown in white. For names of major bathymetric features and floating ice shelves, see Figure 1.

182 by calculating the geostrophic shear from the density field observed by the glider and
 183 then referencing this velocity to the DACs.

184 Hydrographic sections were constructed by optimally interpolating glider observa-
 185 tions onto a regular grid with horizontal grid spacing of about 300 m. The optimally in-
 186 terpolated scheme uses three main parameters to smooth the data: a given number of
 187 grid points in the horizontal direction (d), a given distance in the vertical direction (p),
 188 and the relative error (ϵ , for which $0 < \epsilon < 1$). The parameters chosen for this study are
 189 $d=10$, $p=15$, and $\epsilon=0.2$, which represent horizontal length scales of 3 km and vertical
 190 length scales of 75 m (given a vertical grid spacing of 5 m).

191 2.2 Seal data

192 Hydrographic data complementary to the glider observations were analyzed from
 193 the MEOP data base (Roquet et al., 2013). We use nearly 20,000 seal profiles from the
 194 Bellingshausen Sea that were originally analyzed by Zhang *et al.* (2016) and later by Schu-
 195 bert *et al.* (2021). This analysis extends the Schubert *et al.* (2021) analysis farther to

196 the west, providing a first look at circulation patterns over Thurston Plateau and into
197 the Amundsen Sea.

198 The seals are equipped with Conductivity-Temperature-Depth (CTD) Oceanog-
199 raphy Satellite Relay Data Loggers (SRDLs) with an *in situ* accuracy for pressure bet-
200 ter than 5 db (Boehme et al., 2009). The MEOP dataset is subjected to temperature
201 and salinity calibrations, and calibrated data have estimated accuracy of better than $\pm 0.005^\circ\text{C}$
202 for temperature and ± 0.02 for salinity (Boehme et al., 2009). The data span the years
203 2007 to 2010 and austral summer of 2013–2014 (Zhang et al., 2016). In Section 3.2 and
204 Section 3.3 we present the seal data analysis, including water mass analysis and dynamic
205 height anomalies, the latter calculated with a 400 m level of no motion, following Schu-
206 bert *et al.* (2021).

207 The MEOP data base also provides insight into the bathymetry of the western Belling-
208 shausen Sea, as inferred from differences between seal dive depths and the International
209 Bathymetric Chart of the Southern Ocean (IBCSO) (Arndt et al., 2013). Because seal
210 dives often do not reach the seafloor, we focus on those locations where the seal depth
211 exceeds the IBCSO bathymetry. Major uncertainties in water column depth (>500 m)
212 occur close to coast and near ice shelf fronts (Figure 1). The main reason for this dis-
213 crepancy is the limited ship accessibility to coastal regions, often covered by sea ice even
214 during summer (Padman et al., 2010), and the associated lack of multibeam swath bathymetry
215 observations. According to the seal depth data, the well-known troughs in the Belling-
216 shausen Sea (Belgica and Latady troughs) would be ~ 10 – 100 m deeper than in IBCSO.

217 More importantly, differences between seal dive depths and the IBCSO bathymetry
218 point to an overlooked trough west of Belgica Trough, at $\sim 90^\circ\text{W}$ (hereafter named Seal
219 Trough because of the importance of MEOP data in highlighting this feature; Figure 1),
220 that would provide a direct path from the easternmost tip of Abbot Ice Shelf to the shelf
221 break. Here, we provide evidence of the role of this trough in shaping the shelf circula-
222 tion of the Bellingshausen Sea. Because the seal-based CTDs use ARGOS (Advanced
223 Research and Global Observation Satellite) telemetry system, the error in position is ± 5 km
224 (Roquet et al., 2013), comparable to the scale of the deformation radius over the con-
225 tinental shelf. However, the high density of the seal profiles provides statistical confidence
226 in the updates to trough locations as well as in the circulation derived from the dynamic
227 height analysis. This circulation should be viewed as a climatology over the period cov-

228 ered by the observations. While the accuracy of the seal position data is not high, it is
229 adequate to resolve a feature as large as a trough (Seal Trough characteristic width is
230 35 to 70 km), and we have confidence in the trough location because multiple seal pro-
231 files are located within this trough. We acknowledge that seal data alone do not allow
232 exact inference of seabed gradients, as seals do not always dive to the seafloor (though
233 typically they forage at the sea bed). However, these data allow identification of regions
234 where IBCSO is too shallow. The analysis presented here suggests that Seal Trough is
235 deeper than shown by IBCSO, and we discuss its relevance in the shelf circulation of the
236 Bellingshausen Sea.

237 **2.3 Meltwater fractions**

238 Meltwater fractions were calculated following the Optimum Multiparameter (OMP)
239 water mass analysis of Tomczak and Large (1989), as described by Biddle *et al.* (2017)
240 for the Antarctic margins. The OMP analysis optimizes the use of a set of hydrographic
241 variables by solving an over-determined linear set of mixing equations. The method re-
242 quires representation of water masses by specific water types, finds the correct weights
243 for the hydrographic variables (weight functions reflect the quality of each oceanographic
244 parameter), and solves the mixing equations by minimization of the residuals.

245 We applied the OMP analysis to temperature, salinity and dissolved oxygen ob-
246 servations obtained from the glider. We chose the water types (or end members) of WW
247 and MCDW using property-property diagrams and used canonical values for glacial melt-
248 water (Biddle *et al.*, 2017; Schulze Chretien *et al.*, 2021; Sheehan *et al.*, 2023). Water
249 types and weight functions are detailed in Supplementary Materials (Text S1 and Fig-
250 ure S1). We explored the sensitivity of meltwater to the selection of WW and MCDW
251 end members by running the OMP analysis for the entire range of MCDW and WW val-
252 ues found in the glider observations and choosing the most restrictive solution (i.e., the
253 one with the lowest meltwater content). The meltwater fractions obtained with other end
254 members were as high as double the values presented here. However, the distribution of
255 meltwater fractions was qualitatively consistent throughout the different analyses (see
256 Supplementary Materials).

257 To trace the pathway of meltwater fractions from the ice shelves to the continen-
258 tal shelf break we took advantage of instrumented seal observations. Given that seal ob-

259 observations only provide temperature and salinity data, it is important to understand the
 260 role of dissolved oxygen in our estimates of meltwater fractions. For this reason, we per-
 261 formed an OMP analysis only using temperature and salinity data from the gliders. Melt-
 262 water fractions from glider observations without dissolved oxygen are similar in magni-
 263 tude to estimates from glider observations using dissolved oxygen (Figure S2). They are
 264 also, importantly, located within similar density ranges. However, there are substantial
 265 differences in the horizontal locations of the maxima of meltwater fractions. For this rea-
 266 son, we limit our interpretation of meltwater estimates from seals to a qualitative dis-
 267 cussion of the distribution of meltwater properties on the Bellingshausen Sea continen-
 268 tal shelf.

269 **3 Results**

270 **3.1 Shelf break hydrographic properties**

271 The cross-slope glider sections span from slightly south of the continental shelf break
 272 to slightly north of the southern boundary (Bdy) of the Antarctic Circumpolar Current
 273 (ACC). The Bdy is defined by the southernmost extension of Upper Circumpolar Deep
 274 Water ($\theta > 1.5^\circ\text{C}$, $S > 34.5$) and nearly coincides with the southernmost eastward jet
 275 associated with the ACC (Orsi et al., 1995). In our dataset, the maximum potential tem-
 276 perature of the Bdy is 1.85°C at 300–400 m depth; the Southern ACC front has a tem-
 277 perature of 2.0°C at about 400 m depth (Figure 3).

278 In all the glider cross-slope sections, the Bdy is found over the 2000 m isobath (Fig-
 279 ure 1 and Figure 3a). Moving westward from 86°W to 90°W , the Bdy (and its associ-
 280 ated eastward jet; Figure 3b) is found progressively closer to the continental shelf as the
 281 slope steepens. The Bdy reaches its closest proximity to the shelf break at 92°W , and
 282 it separates offshore again at 96°W . The geostrophic velocity field is nearly independent
 283 of depth in the upper 1000 m. South of the Bdy, the flow is mostly westward, with oc-
 284 casional flow reversals presumably related to eddies shed from the continental shelf to
 285 the open ocean. At 92°W , the proximity of the Bdy to the shelf break causes a rever-
 286 sal of the westward velocity field at depth (below ~ 250 m at the shelf break; Figure 3b).
 287 The meridional tilting of isopycnals at the pycnocline ($27.7 > \gamma^n > 27.9 \text{ kg m}^{-3}$) is en-
 288 hanced, and isopycnals intersect the seafloor (Figure 3b), showing the typical density struc-
 289 ture of the ASF. The Bdy sets the limit of the northward extension of WW. We use the

290 -1.5°C isotherm to estimate the thickness of the WW layer. The WW layer is thicker
 291 (150–170 m thick) south of the Bdy. At 92°W the Bdy is closest to the shelf break, and
 292 the thick WW layer over the shelf provides the characteristic water mass configuration
 293 of the ASF in the region (Thompson et al., 2020). Meltwater (MW) is found at the main
 294 pycnocline (Figure 3c). Noticeably, in all sections, the location of the Bdy coincides with
 295 the northward extension of large, thick MW pools. Meltwater fractions are largest (>0.5%)
 296 at 90°W and 92°W. The ASF/ASC system plays a main role in transporting meltwa-
 297 ter along the slope (Heywood et al., 1998), while filaments and eddies likely shed melt-
 298 water towards the Bdy (Sheehan et al., 2023).

299 The glider sections taken along the shelf break span, roughly, 10 degrees of longi-
 300 tude (from 86°W to 96°W). They sample through four sills, one at the western side of
 301 each along-shelf-break section (Figure 4). Sections I and II are located in Belgica Trough
 302 (Figure 1). Here, WW is relatively thick (100 m), with its core at ~100 m. Near the bot-
 303 tom, the intrusion of warm, MCDW is observed in salinity (> 34.7) and dissolved oxy-
 304 gen (< 140 $\mu\text{mol kg m}^{-3}$). At the pycnocline we observe two meltwater cores located
 305 close to each sill (MW fraction > 0.5%; Figure 4d). These two meltwater cores contain
 306 relatively low backscatter ($10^{-3.8} \text{ m}^{-1}$; Figure 4e) when compared with all the other wa-
 307 ters sampled along the shelf break by the glider.

308 Section III is taken over a trough that connects the eastern tip of Abbot Ice Shelf
 309 to the continental shelf break (Figure 1). Section IV is taken at the shelf break off Thurston
 310 Plateau. Along these two sections, between 91.5°W and 93.5°W, the WW layer thick-
 311 ens (150 m–170 m thick; Figure 4a). At the pycnocline, we find a large meltwater core
 312 (MW fraction > 0.5%; Figure 4d) with high backscatter properties ($10^{-3.7} \text{ m}^{-1}$; Figure
 313 4e), which are larger than those found in sections I and II (Figure 4d,e). To quantify the
 314 relation between meltwater and optical backscatter (Figure 5a,b,f) we calculated the lin-
 315 ear regression of these two variables for meltwater values higher than 0.3%. We found
 316 that a linear regression explained only 5% of the variance in Section I, but the relation
 317 increased to 30% in Section II, 36% in Section III and 48% in Section IV. A quadratic
 318 fit or cubic fit led to comparable results.

319 The MW core in sections III and IV is also deeper by about 50 m (Figure 5d,h),
 320 lies at slightly greater density levels (about 0.02 kg m^{-3} ; Figure 5c,g) and has slightly
 321 smaller dissolved oxygen values (by about 5 $\mu\text{mol kg m}^{-3}$; Figure 5e,i), compared with

322 the MW core found in sections I and II. These differences between MW cores were sta-
 323 tistically tested. For instance, a two-sample t-test gives a mean density of 27.87 kg m^{-3}
 324 in sections I and II and a mean density 27.89 kg m^{-3} in sections III and IV. The differ-
 325 ence between the two means is statistically significant ($p = 10^{-26}$ and $\alpha = 0.05$, where
 326 p is the probability of the null hypothesis at the $\alpha*100\%$ significance level).

327 3.2 Circulation pathways towards the shelf break

328 Dynamic height calculated from seal observations shows a positive anomaly (of 0.8–
 329 $1.2 \text{ m}^2\text{s}^{-2}$) along the coast throughout the Bellingshausen Sea (Figure 6a). The asso-
 330 ciated along-coast westward geostrophic flow, corresponding to the AACC, has a vari-
 331 able width of 50–150 km. These values are larger than observations of the AACC in the
 332 WAP, where the AACC is observed as a 7–20 km wide current (Moffat et al., 2008). Such
 333 differences are likely due to the nature of the seal data (sparse dives used as a climatol-
 334 ogy, rather than a snapshot hydrographic section). The AACC is correlated with fresher
 335 water near the coast (Figure 6b) and tilting isopycnals that deepen towards the coast
 336 (Figure 6c). At about 90°W , the AACC splits into two branches. The main part of the
 337 flow is directed towards the shelf break, following the 480-m isobath. A secondary branch
 338 continues west along the coast, towards Thurston Plateau and into the Amundsen Sea.
 339 The dynamic height also indicates a cyclonic recirculation within Belgica Trough, in agree-
 340 ment with Schulze Cretien *et al.* (2021) and Sheehan *et al.* (2023).

341 Seal-based temperature-salinity (T/S) diagrams, separated into different regions
 342 of the western Bellingshausen Sea, provide a complementary view of the circulation fea-
 343 tures observed in dynamic height. A total of eight T/S clusters of seal profile data are
 344 selected by location: three in Belgica Trough, one inside Seal Trough, one in front of Ven-
 345 able Ice Shelf, and three off Abbot Ice Shelf (Figure 7). We color the profiles by loca-
 346 tion (Figure 7d), and manually group the different profiles when they display similar surface-
 347 to-bottom temperature and salinity properties in temperature-salinity space. This group-
 348 ing by T/S properties captures both spatial differences and seasonal variability in the
 349 water formation processes.

350 Water properties in front of Venable Ice Shelf (in yellow) show two different “fam-
 351 ilies” with distinct T/S properties (in yellow; Figure 7a and 7b). The first family of pro-
 352 files (Figure 7a) contains WW with salinity around 34.00 and temperatures below -1.0°C

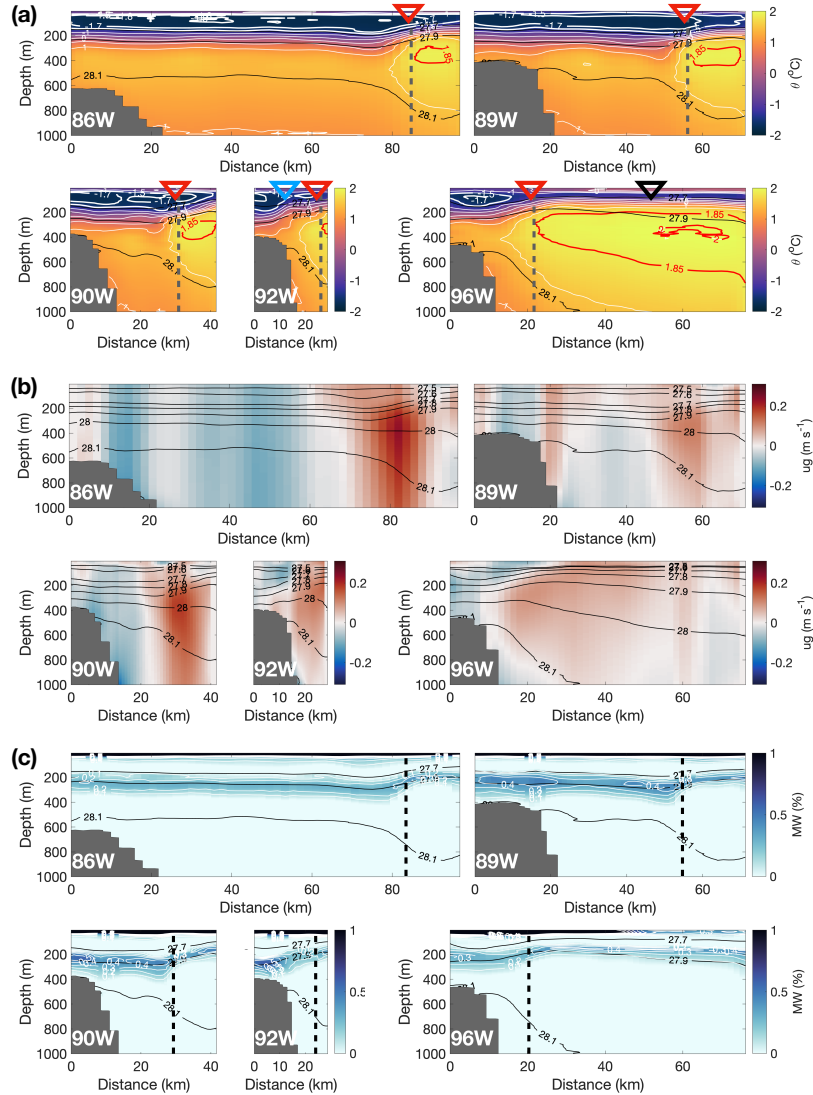


Figure 3. Glider cross-slope sections along 86°W, 89°W, 90°W, 92°W and 96°W showing (a) potential temperature, θ , (b) geostrophic velocity referenced to depth-average currents, u_g , and (c) meltwater fraction, MW (in %). In panel (a), the -1.5 and -1.7 isotherms are marked in white; the 1.85°C isotherm and the 2.0°C isotherm are marked in red. The location of 2000 m isobaths is marked with a gray vertical dashed line. We use the -1.5°C isotherm to estimate the thickness of the WW layer. We use the southernmost location of the 1.85°C isotherm to track the location of the Bdy, and the southernmost location of the 2.0°C isotherm to track the location of the Southern ACC front. For clarity, colored triangles along the top of the panels mark the position of the Bdy (red), the Southern ACC front (black) and the Antarctic Slope Front (blue). In (c), a black vertical dashed line indicates uncertainty in offshore meltwater estimates because of our choice of WW and MCDW end members. In all sections, the x-axis shows distance from the glider dive closest to coast. For section locations, see Figure 1.

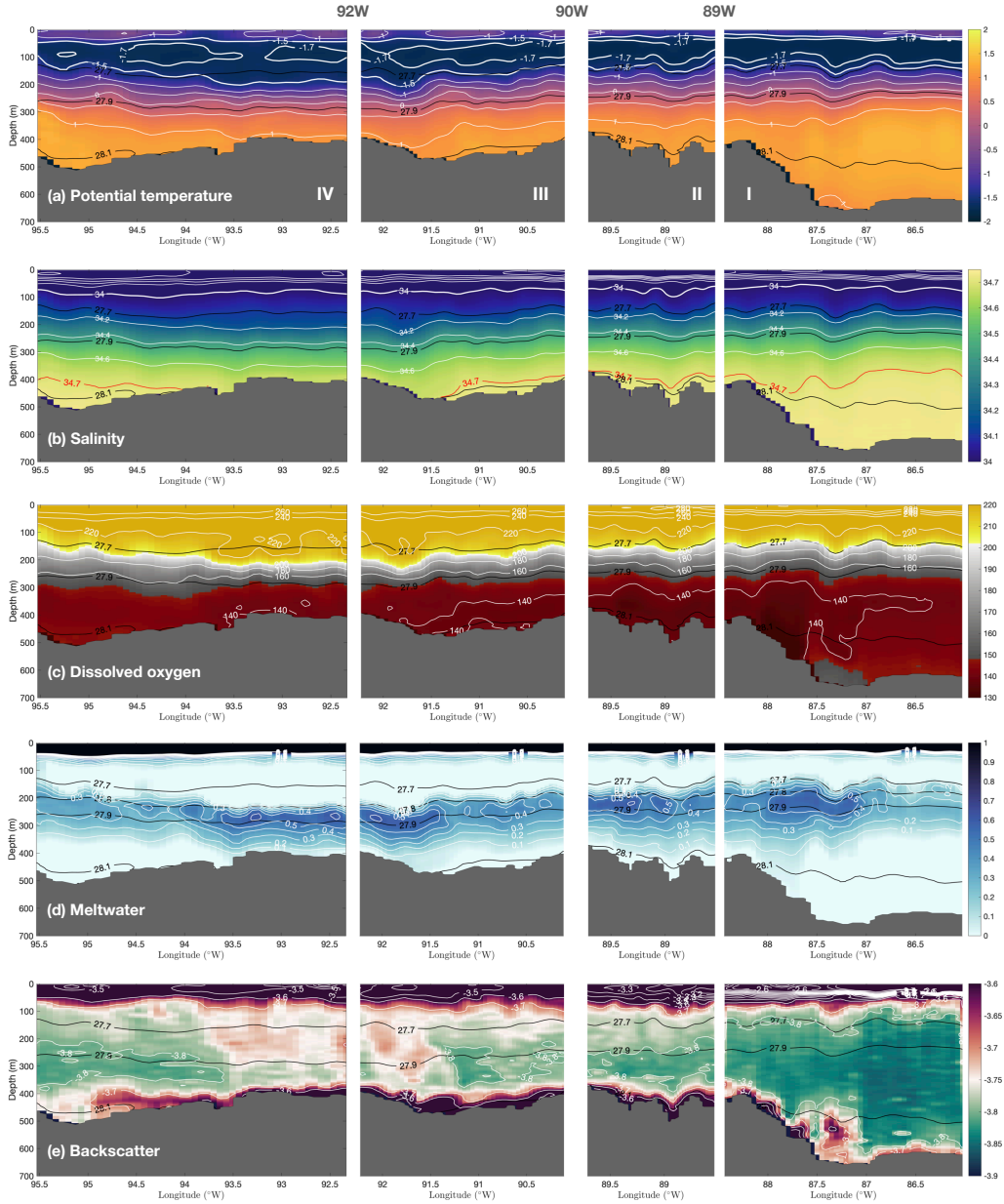


Figure 4. Glider sections along the shelf break (sections I to IV) showing (a) potential temperature ($^{\circ}\text{C}$), (b) salinity, (c) dissolved oxygen, DO ($\mu\text{mol kg m}^{-3}$), (d) meltwater fraction (%), and (e) optical backscatter (m^{-1} , in \log_{10}). In (a), white bold contours of -1.5°C and -1.7°C are used to visualize the WW layer. In (b), red salinity contours of 34.7 are used to identify MCDW intrusions onto the continental shelf. In all panels, black contours of neutral density $27.7 > \gamma^n > 27.9 \text{ kg m}^{-3}$ are used to highlight the main pycnocline. For section locations, see Figure 1.

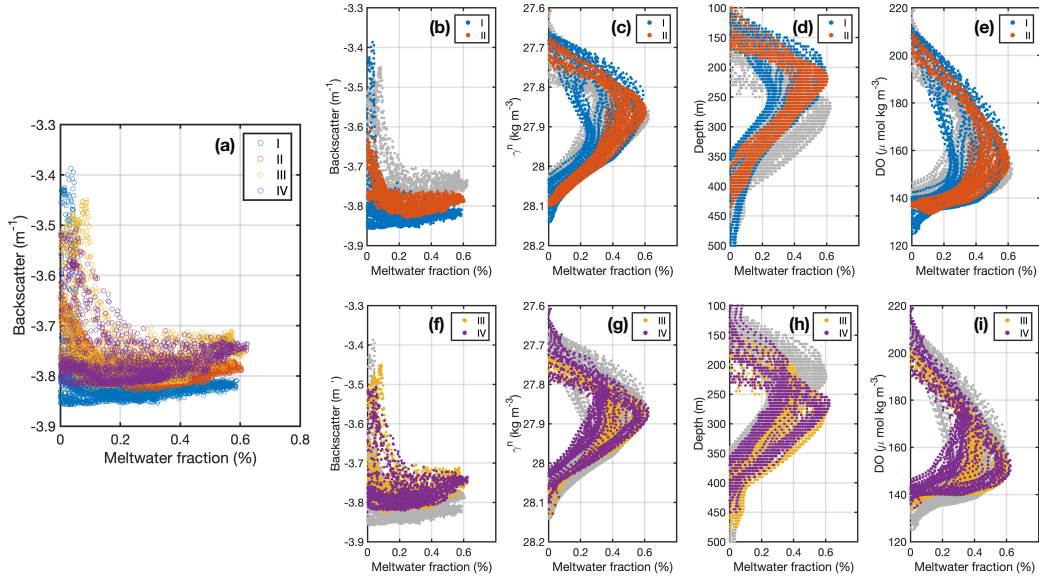


Figure 5. (a) Scatter plot of meltwater fraction (%) vs. optical backscatter (m^{-1} , in \log_{10}) for along shelf-break sections I to IV (colored; see section locations in Figure 1). (b) Meltwater fraction vs. optical backscatter for sections I and II (in color; other sections are plotted in gray). (c) Meltwater fraction vs. neutral density for sections I and II. (d) Meltwater fraction vs. depth (m) for sections I and II. (e) Meltwater fraction vs. dissolved oxygen ($\mu mol\ kg\ m^{-3}$). (f-i) Same as b-e, but for sections III and IV.

353 and relatively eroded MCDW properties (34.65 in salinity and 1.0-1.3°C). These pro-
354 files correspond to MEOP data from the months of March and April, with temperature
355 values in AASW below -0.7°C. Profiles east Abbot Ice Shelf (in green) and in Seal Trough
356 (in orange) show similar T/S properties to this family (Figure 7a). We did not separate
357 the data by years.

358 The second T/S family of profiles off Venable Ice Shelf (in yellow; Figure 7b) con-
359 tains WW with salinity of 34.25 and MCDW properties with salinity of 34.65 and tem-
360 peratures between 1.0-1.2°C. Profiles belonging to this T/S family correspond to MEOP
361 data from the months of December, January and February, with temperature values in
362 AASW between -1.0°C and 0°C. They include seal dives off Venable Ice Shelf (in yel-
363 low) and dives over the western side of Belgica Trough (in red) (Figure 7b). We note that
364 the temperature maxima of MCDW in front of Venable Ice Shelf (in yellow) is at the seafloor,
365 while at Belgica Trough (in red) is at intermediate depth (~400 m).

366 Last, we look at profiles collected in different parts of Belgica Trough (Figure 7c).
367 These profiles feature WW temperatures below -1.2°C (including near the freezing point)
368 and salinity ranging between 33.50 and 34.15, and warm and salty MCDW with tem-
369 perature maxima at intermediate depth (~400 m). Temperature of AASW ranges be-
370 tween -0.5°C and 0.5°C.

371 According to this analysis, water off Venable Ice Shelf (yellow points) flows towards
372 the eastern Abbot Ice Shelf (green points), and from there continues northward along
373 Seal Trough towards the shelf break (orange points; Figure 7a). A secondary route takes
374 water from Venable Ice Shelf towards Belgica Trough (red points; Figure 7b). These re-
375 sults suggest a seasonal pattern in the shelf circulation of these two branches: meltwa-
376 ter from Venable Ice Shelf flows northward along the western side of Belgica Trough in
377 December, January and February (Figure 7b), while in March and April, meltwater from
378 Venable Ice Shelf flows towards Abbot Ice Shelf, and from there towards Seal Trough (Fig-
379 ure 7a). These results also point to a persistent recirculation inside Belgica Trough (Fig-
380 ure 7c), in agreement with previous works (Schulze Chretien et al., 2021; Sheehan et al.,
381 2023). We found no similarities in T/S properties among profiles taken east of Abbot
382 Ice Shelf (green points; Figure 7d) and west of Abbot Ice Shelf (magenta and pink points;
383 Figure 7d).

384 Next, we consider the distribution of meltwater fractions in neutral density space
 385 obtained from the eight seal data clusters (Figure 8). We observe a peak of MW ($>0.5\%$)
 386 centered at $\gamma^n = 27.9 \text{ kg m}^{-3}$ off Venable Ice Shelf (panel f) and east of Abbot Ice Shelf
 387 (panel e). This peak is evident in all seal clusters, but with slight differences in density.
 388 In particular, the MW peak occurs at lighter density when it reaches Seal Trough (panel
 389 d) and the eastern and western sides of Belgica Trough (panels a and c). The seal-derived
 390 MW peaks lie at similar density classes to the MW cores observed in the glider data (Fig-
 391 ure 3 and Figure 4).

392 Additionally, there is a second MW peak inside Belgica Trough (Figure 8, panels
 393 a and b), centered at $\gamma^n = 27.75\text{--}27.80 \text{ kg m}^{-3}$. A peak at similar density classes is also
 394 observed at west Abbot Ice Shelf (panel g). We hypothesize that this MW peak orig-
 395 inates from Venable Ice Shelf, where there is a large MW signature ($0.5\text{--}1.5\%$) at den-
 396 sities lighter than $\gamma^n = 27.9 \text{ kg m}^{-3}$. On the other hand, the MW peak is barely notice-
 397 able at the eastern side of Belgica Trough (panel c), suggesting that this peak could rep-
 398 resent distant (remote) MW contributions from the eastern ice shelves of the Belling-
 399 shausen Sea (e.g. George VI and Stange ice shelves). Meltwater values at neutral den-
 400 sities lighter than 27.60 kg m^{-3} are likely erroneous as the MW estimation method makes
 401 assumptions that are not appropriate near the surface.

402 3.3 Circulation pathways over Thurston Plateau

403 Circulation patterns over Thurston Plateau remain unclear from the analysis of T/S
 404 properties alone. Thus, to look into circulation pathways towards the Amundsen Sea,
 405 we constructed composites of hydrographic properties over three meridional sections cen-
 406 tered at 92°W , 96°W and 100°W (Figure 9a). The ASF appears as a density front fol-
 407 lowing the shelf break (near 70.5°S) in sections 92°W (Figure 9d) and 96°W (Figure 9c).
 408 In section 100°W (Figure 9b), the ASF is found, roughly, at 71°S . The ASF follows com-
 409 plex contours of the shelf break. Breaking the 100°W composite section into one-degree
 410 longitude sections evidences the continuity of the ASF. Between 98°W and 101°W the
 411 ASF is found between 71°S and 71.2°S following small-scale changes in slope direction
 412 of the shelf break (Figure S3).

413 Based on dynamic topography (Figure 6a), the AACC flows westwards, along the
 414 coast. The structure of the AACC, as observed along the 92°W composite section (Fig-

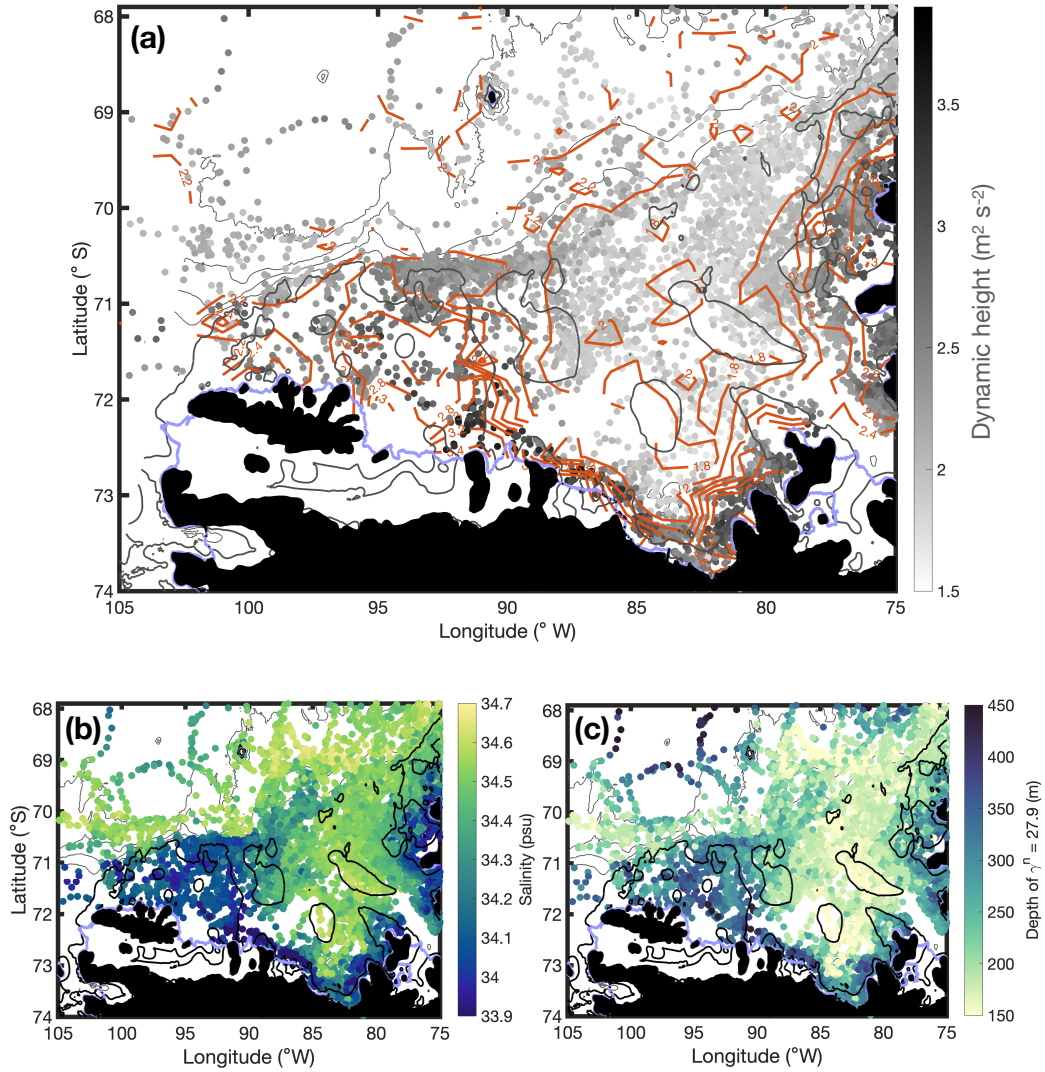


Figure 6. (a) Dynamic height calculated from instrumented seal data at each seal location (gray dots) and averaging (using the median value) over 1.0° longitude \times 0.2° latitude ($\sim 34 \text{ km} \times \sim 22 \text{ km}$) grid cells (orange contours; isoline contour separation is $0.2 \text{ m}^2 \text{s}^{-2}$). (b) Salinity at 200 m. (c) Depth of isoneutral surface $\gamma^n = 27.9 \text{ kg m}^{-3}$.

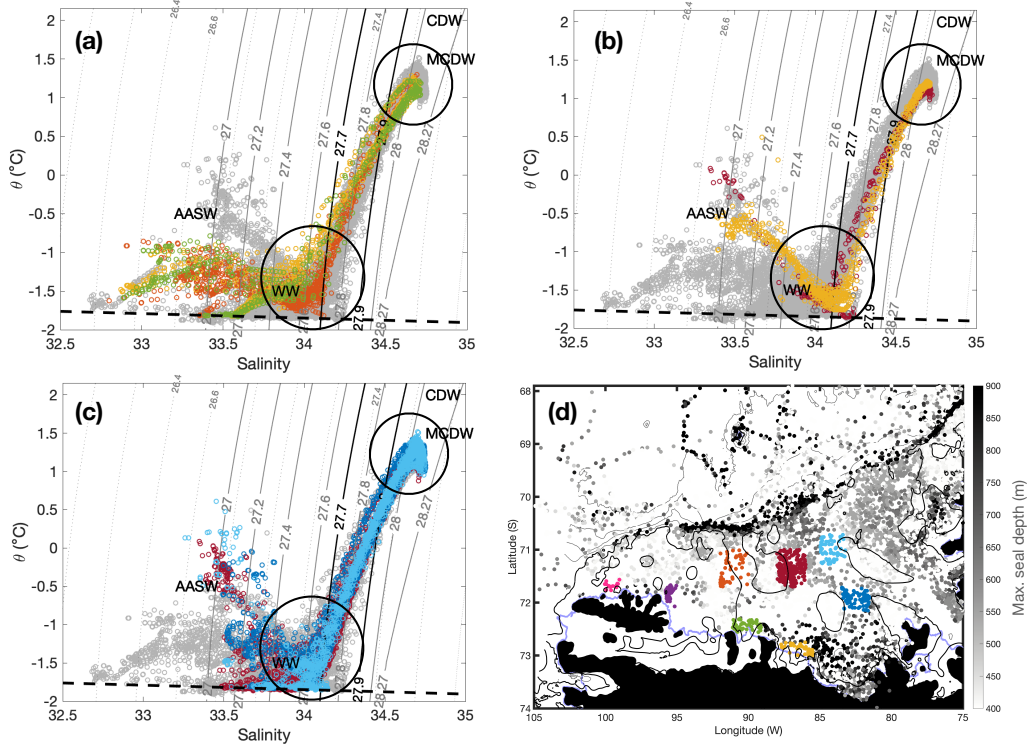


Figure 7. (a-c) Temperature-salinity diagrams for instrumented seal data clusters separated by geographic location (in colors; location shown in panel d). Neutral density contours are shown in gray; isoneutral values of 27.7 and 27.9 kg m^{-3} are highlighted in black. Main water masses are indicated by acronyms: Antarctic Surface Water (AASW), Winter Water (WW), Modified Circumpolar Deep Water (MCDW). WW and MCDW are highlighted in circles. (a) Diagrams for seal data collected in the months of March and April in front of Venable Ice Shelf (yellow), east Abbot Ice Shelf (green) and at the western side of Seal Trough (orange). Rest of clusters shown in gray. (b) Diagrams for seal data collected in the months of December, January and February in front of Venable (yellow) and at the western side of Belgica Trough (red). (c) Diagrams for all seal data collected inside Belgica Trough (at its eastern side, in light blue; at its western side, in red; and at the southern part of Belgica Trough, in dark blue). (d) Map of the Bellingshausen Sea with maximum seal depth (in gray) at each seal location. Colors show the seal clusters used in panels a-c. Two clusters at the western sector of Abbot Ice Shelf are shown in pink and magenta.

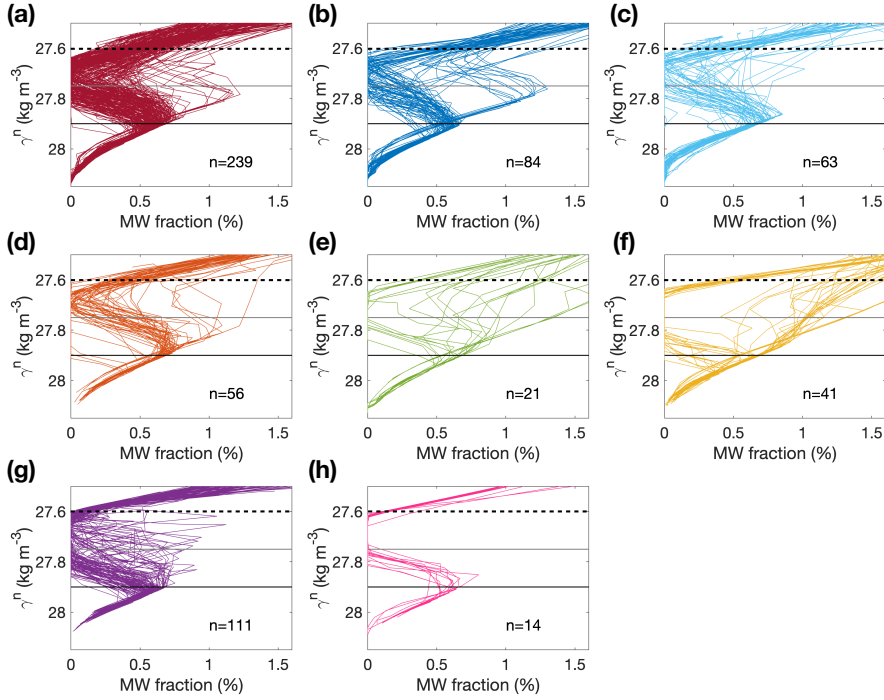


Figure 8. Meltwater fraction versus neutral density for seal data in (a-c) Belgica Trough, (d) Seal Trough, and in front of (e) Abbot east, (f) Venable, and (g-h) Abbot west Ice Shelves. Neutral density at $\gamma^n = 27.75 \text{ kg m}^{-3}$ and $\gamma^n = 27.90 \text{ kg m}^{-3}$ are marked with horizontal lines. A black horizontal dashed line indicates uncertainty in meltwater estimates lighter than $\gamma^n = 27.60 \text{ kg m}^{-3}$ because the meltwater estimation method makes assumptions that are not appropriate near the surface. Location of each seal data cluster (in color) is shown in Figure 7d.

415 ure 9d), shows substantial freshening ($S < 33.5$) of the upper 200 m of the water column
 416 towards the coast. An unambiguous signature of the AACC is lost at 96°W (Figure 9c),
 417 although the density field is suggestive of a broader current shifted toward the central
 418 plateau. Lack of seal profiles close to the ice shelves or temporal variability on the po-
 419 sition of the AACC are both potential explanations for the lack of an AACC signature
 420 at 96°W . A zoom of dynamic height over Thurston Plateau (Figure S4) shows the com-
 421 plexity of the AACC. We observe the coast-to-shelf-break pathway at 92°W and a clear
 422 westward flow along the coast (observed as elevated dynamic height close to the coast,
 423 $> 2.9 \text{ m}^2 \text{ s}^{-2}$). West of 92°W , the AACC continues as a westward flow along the coast.
 424 The AACC diverts towards the middle of the plateau at 96°W and at 100°W . A clus-
 425 ter of seal data near the coast at 96°W (Figure S4) show a wide range of dynamic height
 426 values (from 2.2 to $2.6 \text{ m}^2 \text{ s}^{-2}$), suggesting the AACC is not steady in this position. Such
 427 variability results in a lack of AACC signature in the time-averaged dynamic height field
 428 at 96°W (Figure 9c). The seal data is unfortunately too intermittent in time to resolve
 429 interannual variability. Before reaching the Amundsen Sea, at the 100°W composite sec-
 430 tion, the AACC appears clearly again, somewhat separated from the coast (~ 6 km from
 431 the coast; at 71.7°S ; Figure 9b).

432 **4 Discussion**

433 The western boundary of the Bellingshausen Sea is a poorly known region that has
 434 not been explored in much detail. The circulation of the AACC builds toward the west-
 435 ern boundary, evidenced by decreasing salinity and increasing westward transport, where
 436 it encounters additional ice shelves and eventually the Thurston Plateau. The AACC
 437 then rounds Thurston Island and flows southward to establish the route of inter-basin
 438 exchange with the Amundsen Sea.

439 Using glider observations and historical seal data we were able to find two main
 440 circulation pathways of meltwater export towards the Amundsen Sea: one towards the
 441 shelf break, and one near the coast. The coastal export pathway extends into the west-
 442 ern boundary regime of the Bellingshausen Sea, largely following the westward flow of
 443 the AACC, with an apparent excursion around presently undocumented features of the
 444 bathymetry of the Thurston Plateau. The path towards the shelf break flows along both
 445 Belgica Trough (as previously documented) and Seal Trough, a previously overlooked
 446 trough west of Belgica Trough. In a few places the signature of the AACC is lost due

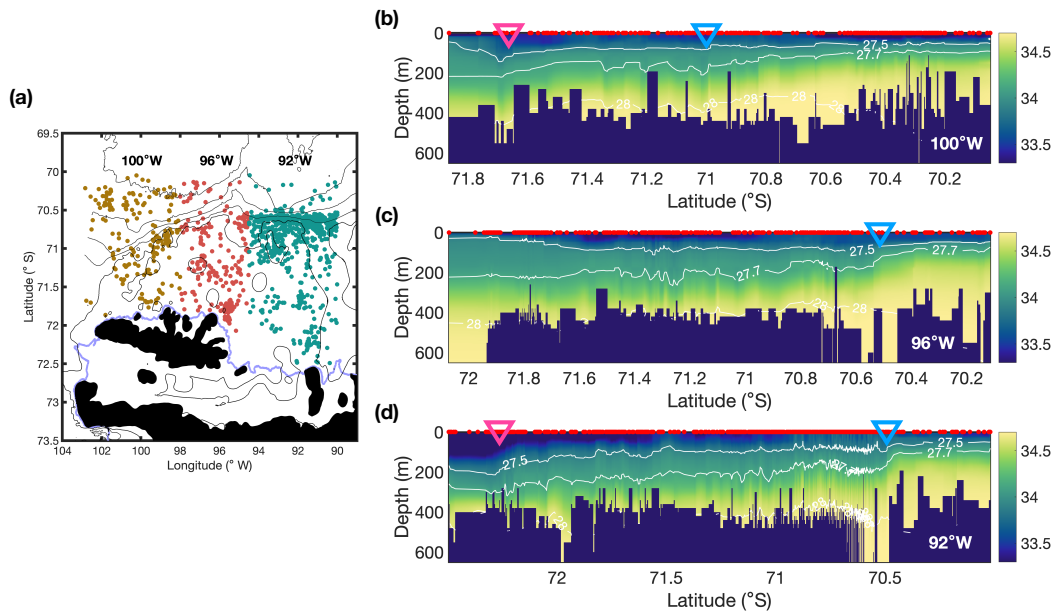


Figure 9. (a) Map of Thurston Plateau with seal data colored by stations used to construct composite fields along 100°W, 96°W and 92°W. (b-d) Salinity (color) and neutral density (white contours) at sections (b) 100°W, (c) 96°W, and (d) 92°W. Colored triangles along the top of the panels mark the position of the Antarctic Slope Front (blue) and the Antarctic Coastal Current (magenta). The sections are constructed using seal dive depth (Depth, m) and thus do not necessarily show the full water column depth.

447 to the variability of the current near the coast. Temporal variability in the position of
448 the AACC and sampling gaps from a lack of seal profiles close to the ice shelves may mask
449 the continuity of the AACC over Thurston Plateau. Nevertheless, taken together, the
450 evidence supports a continuous AACC pathway along ice shelf fronts. Numerical mod-
451 els clearly show the AACC to be continuous and very close to the coast (e.g. Dawson
452 et al., 2023). The details of the circulation linking the two seas remain to be mapped
453 in detail, even with the extraordinary observations from the seal dataset and new glider
454 measurements, as this region is often covered with thick sea ice.

455 Recent models have shown a connection between the Bellingshausen and Amund-
456 sen seas, yet these models show differences in the relative importance of shelf-slope ex-
457 change vs. coastal exchange (i.e., the dominance of the ASC vs. the AACC). Dawson
458 *et al.* (2023), for example, find the main connection between the two seas is via the AACC.
459 In contrast, Nakayama *et al.* (2014) find that the connection is mostly via the ASF/ASC.
460 Such model differences, likely related to bathymetric constraints and other poorly con-
461 strained local sea- and glacial ice conditions make it difficult to usefully assess model re-
462 sults. The lack of extensive multibeam bathymetry and hydrographic data along the coast
463 makes it difficult to infer the relative importance of the coastal pathway as it continues
464 along its path around Thurston Island. The partitioning of volume transport through
465 these different pathways, coastal or via the shelf break, may vary across a range of timescales
466 that could reflect decadal-scale variations in freshwater forcing from variable ice shelf melt
467 rates, seasonal variations related to surface buoyancy forcing, or relatively short time scales
468 as the AACC responds to wind-forced Ekman convergence near the coast.

469 Haigh *et al.* (2023) studied the effect of bathymetry on heat transport into the Amund-
470 sen Sea and found that a shallow ridge that separates the two seas enhances heat trans-
471 port into the Amundsen Sea by a factor of two. Our work suggests the connection be-
472 tween the Bellingshausen Sea and the Amundsen Sea is more complex than indicated
473 by the latest bathymetry, emphasizing the need for additional bathymetry observations
474 and numerical studies to understand pathways of heat transport towards ice shelves (e.g.,
475 Schodlok et al., 2012; Haigh et al., 2023).

476 Glider and ship-based hydrographic data from both 2019 and 2020 show compa-
477 rable amounts of meltwater on the western side of Belgica Trough (Schulze Chretien et
478 al., 2021; Sheehan et al., 2023) and at Seal Trough in 2020 (this study). However, ac-

479 cording to the seal-based dynamic topography, the primary boundary current, or main
480 export pathway from the coast to the shelf break, takes place along Seal Trough. This
481 leads us to redefine the limits of the circulation of the Bellingshausen Sea and extend
482 the western limb of the Bellingshausen Sea's shelf circulation to include Seal Trough. The
483 main inflow of MCDW occurs along Belgica Trough (Schulze Chretien et al., 2021) –this
484 is expected, given that the depth of Belgica Trough at the shelf break (~ 800 m) is deeper
485 than that of Seal Trough (~ 550 m). In contrast, the main export pathway (outflow) of
486 glacially-modified MCDW from Venable and Abbot ice shelves takes place along Seal Trough.

487 According to the seal-based hydrography, the two shelf-break pathways, via Seal
488 Trough and via Belgica Trough, show seasonal differences, with preference for export of
489 glacially-modified MCDW along Belgica Trough from December through February, and
490 preference for meltwater export along Seal Trough in March and April. Exploring the
491 physical processes that give rise to seasonality in the export pathways is beyond the scope
492 of this work and require further study in the future. Determining the pathways of ex-
493 change between the Bellingshausen and Amundsen seas will help to validate numerical
494 models and produce more accurate predictions of the future evolution of both seas and
495 the ice shelves found along their coasts. Additional hydrographic data over Thurston Plateau
496 could help to further refine the western limit of the Bellingshausen Sea, and better de-
497 fine the links between the shelf circulation of the Bellingshausen Sea and that of the Amund-
498 sen Sea.

499 Previous work emphasized the importance of the shelf circulation of the Belling-
500 shausen Sea near the coast, on the innermost part of the upper cell of the Southern Ocean's
501 overturning circulation (Ruan et al., 2021; Oelerich et al., 2022). In the shelf circulation
502 of the Bellingshausen Sea, the strongest water mass transformation occurs near the coast,
503 and it involves the erosion of MCDW properties due to mixing with less dense waters.
504 The result of water mass transformation processes can be observed as a generalized fresh-
505 ening at depth (below the AACC). Then, lightened and uplifted glacially-modified MCDW
506 near the ice shelves is carried towards the shelf break. The conjunction of MW at the
507 pycnocline, WW at the sub-surface, and a steepening of the isopycnals at the shelf break
508 (deeper towards the coast) leads to the formation of the ASF (Thompson et al., 2020).
509 This occurs at the mouth of Seal Trough, near 92°W . This supports the view that, in
510 the Bellingshausen Sea, the ASF is a buoyancy-forced mechanism, related to meltwater
511 introduced broadly over the continental shelf, as opposed to a wind-forced one. Thomp-

512 son *et al.* (2020) set the genesis of the ASF further to the east, at 90°W , suggesting that
513 the location where the ASF generates varies, at least interannually. Our observations com-
514 plement the studies of Thompson *et al.* (2020), Schulze Cretien *et al.* (2021) and Ruan
515 *et al.* (2021) by placing the western limb of the shelf overturning circulation along the
516 western side of Seal Trough, and the genesis of the ASF at 92°W .

517 Previous studies have shown that glacial meltwater discharge is associated with el-
518 evated turbidity (Meredith *et al.*, 2018). Assuming that the primary export pathway for
519 meltwater entering the ocean in the western Bellingshausen Sea occurs via a boundary
520 current that follows Seal Trough, the strongest signal of accumulated fine sediment par-
521 ticles should be found along this trough. Furthermore, the low turbidity meltwater, which
522 is associated with the Belgica Trough outflow, is comprised of meltwater that has a longer
523 export pathway, possibly due to recirculation, and therefore more of the sediment could
524 have fallen out. Larger turbidity meltwater could also indicate a path over sills or rough
525 topography, where the water column depth is shallower, and the meltwater may incor-
526 porate sediment/particulate matter from the seafloor: the path along Seal Trough is shal-
527 lower than the path along Belgica Trough, providing another potential explanation for
528 the larger turbidity meltwater observed in Seal Trough. Nepheloid layers – deep sedi-
529 ment layers within the rifts – could also be an additional source of particulate matter
530 incorporated into the meltwater signal, for example, if there is active convection that would
531 gather up some additional sediment signal. Differing sedimentary materials deposited
532 at the base of the ice sheet that feed the different ice shelves may potentially lead to dif-
533 ferent backscatter signals.

534 Recent work that combines observations and numerical modelling has attributed
535 differences in the density and optical backscatter properties of glacial meltwater to con-
536 tributions from distinct ice shelves (Sheehan *et al.*, 2023). Our seal data analysis pro-
537 vides evidence of distinct meltwater pathways from Venable Ice Shelf (the shelf break
538 pathway via Belgica Trough) and from Abbot Ice Shelf (the shelf break pathway via Seal
539 Trough and the coastal pathway). With the present data set, it is not possible to dis-
540 tinguish the relative partitioning of meltwater from Venable Ice Shelf between these path-
541 ways. Both Venable and the eastern Abbot ice shelves are likely to contribute meltwa-
542 ter to the Seal Trough and to the coastal meltwater pathways described in this study.
543 Additional field work would be necessary to evaluate the contribution of Venable Ice Shelf
544 and Abbot Ice Shelves to the Bellingshausen Sea glacially-modified waters.

5 Conclusions

Numerical models have suggested two pathways, coastal and shelf break, for the communication of physical and biogeochemical properties between the Bellingshausen Sea and the Amundsen Sea. Yet, the sparse historical data from the western Bellingshausen Sea has limited the ability to constrain these pathways with observations. In this study, measurements from both a glider and instrumented seals enable the assessment of meltwater distributions and meltwater export pathways in this region based on an optimum multiparameter analysis. The observations provide evidence that both pathways between these shelf seas exist.

The shelf break pathway is mapped in detail across multiple cross-shelf/slope hydrographic sections. Previously identified meltwater outflow along the western side of Belgica Trough represents an accumulation of melt from Venable Ice Shelf. Yet, farther west, the vertical structure and concentration of meltwater at the shelf break undergo an abrupt change, with peak values occurring at deeper depths and denser density layers. Independent glider-mounted sensors indicate that these two meltwater cores feature different properties in optical backscatter, which suggests two distinct pathways. The high turbidity meltwater, likely supplied from the easternmost tip of Abbot Ice Shelf, is exported to the shelf break via a previously-overlooked bathymetric trough west of Belgica Trough. Dynamic height and temperature-salinity diagram analysis from the seal data also support these conclusions.

In this study, the fate of the AACC is traced into the western Bellingshausen Sea for the first time. Multiple composite hydrographic sections constructed from the seal data reveal that the AACC, a surface-intensified, buoyant boundary current, extends west past Belgica Trough, carrying part of the meltwater from the Bellingshausen Sea to the Amundsen Sea. Meltwater pathways from the shelf break, and the AACC, eventually meet in a complex circulation over Thurston Plateau.

The relative importance of these two pathways is difficult to resolve from these observations alone because of the different temporal scales they resolve: the glider data show snapshots from 2020 while the seal data represent a climatology over multiple years. Resolving spatial and temporal variability in these transport pathways is key since this influences shelf residence time scales as well as the modification of physical and biogeochemical properties over the continental shelf. Adequate modelling of these dynamics

577 is also critical to predicting the evolution of the Amundsen and Bellingshausen seas and
578 their vulnerable fringing ice shelves in coming decades.

579 **6 Open Research**

580 The seaglider SG621 data used in this study is available at NOAAs National Cen-
581 ters for Environmental Information (NCEI), <https://data.nodc.noaa.gov/cgi-bin/iso?id=gov.noaa.nodc:0210639>.
582 The glider dataset was processed using the University of East Anglia (UEA) glider Tool-
583 box (Queste, 2013), available at <https://bitbucket.org/bastienqueste/uea-seaglider-toolbox/downloads/>.
584 Historical instrumented seal data from the MEOP data base (Roquet et al., 2013) were
585 downloaded from <https://www.meop.net/database/meop-databases/density-of-data.html>.
586 The data analysis and figures produced for this manuscript were performed using Mat-
587 lab R2017b (MATLAB, 2017), available at
588 <https://www.mathworks.com/products/matlab.html>. The bathymetry used in this study
589 is a blend from IBCSO v1.0 (Arndt et al., 2013), currently at https://ibcso.org/previous_releases/,
590 and BedMachine Antarctica v2 (Morlighem et al., 2020), available at
591 <https://sites.ps.uci.edu/morlighem/dataproducts/bedmachine-antarctica/>.

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