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Method article

Combining service design and discrete choice experiments for intervention design: An application to weather index insurance



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ABSTRACT

In this paper we provide a detailed description of the methodological steps involved in conducting a Service Design study in combination with Discrete Choice Experiments (DCEs). It complements the conceptual and epistemological argument developed for this methodological combination in Osborne et al. (2021, World Development, in review WD-19535). Service Design for the co-creative development of policy interventions in complex adaptive systems involves an iterative process of moving between the six methodological stages of (1) problem co-definition, (2) actor-centred mapping, (3) experience-based problem diagnosis, (4) rapid prototyping, (5) design and testing and (6) upscaling. We suggest using DCEs as a quantitative method that is contextually adaptable and comparatively fast and cheap to implement, as part of stage (6) design and testing. Whilst both methods can operate independently with their own strengths and limitations, we find their combination to add value to the processes and outcomes of each. We illustrate the general methodological approach with a step-by-step description of its application to Weather Index Insurance in eastern Uganda.

Bullet points:

- Service Design co-creatively develops well-targeted solutions in complex adaptive systems.
- Discrete Choice Experiments quantitatively elicit actors' preferences over the design of goods or services.

• Their combination can bring deeply contextualised, user-centred, operational and experimentally verified ideas for development interventions prior to their implementation.

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Abbreviations: DCE, Discrete Choice Experiment; FGD, Focus Group Discussion; VSLA, Village Savings and Loan Association; WII, Weather Index Insurance.

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Background

Successful interventions that require behavioral change in complex adaptive systems must embrace non-linearity and complex system dynamics. Thus, interventions in a development context should be designed using a highly iterative process incorporating feedback loops and opportunities for evaluation and redesign throughout the process. This paper illustrates the methodological application of a conceptual framework described in Lambe et al. [35] that combines behavioral insights, service design theory and social-ecological systems thinking. The application illustrates that by combining qualitative methods derived from Service Design, with quantitative validation, in this example Discrete Choice Experiments (DCEs), it is possible to provide fine-grained, verified and locally relevant insights that can be transformed and incorporated into scalable and effective development interventions and development programmes. This paper is to accompany the conceptual and epistemological argument for combining Service Design methodology with Discrete Choice Experiments made by Osborne et al. [[48], World Development, in review WD-19535] as its methodological counterpart. It does so by presenting the methodological steps involved in a case study on Weather Index Insurance (WII) in eastern Uganda.

The framework by Lambe et al. [35] follows six consecutive steps with built in iterations between each stage, (1) problem co-definition, (2) actor-centred mapping, (3) experience-based problem diagnosis, (4) rapid prototyping, (5) intervention/programme design and testing and (6) upscaling. The approach combines a range of methods, but at all times is co-creative, experience-based, and actor centred [2]. It adopts a 'wide lens' innovation perspective from the start of the intervention design process and incorporates elements of verification at each step (Table 1).

The methodology aims to map the decision-making landscape of actors in a complex adaptive system where a development programme is operating, or a development intervention is being introduced. This includes mapping the landscape and identifying key actors along the 'user journey' for the main actor. When this landscape has been thoroughly mapped and understood, prototype interventions can be co-designed with stakeholders and tested in-situ in order to inform the final intervention(s). In this paper, we particularly demonstrate how the testing stage can be achieved

Table 1

Methodological approach and suggested methods.

Conceptual framework stage		Verification	Objective/Threshold	Methods	
-				Potential ^a	Applied in Uganda
1	Problem co-definition	Desirable	Co-defined and clear understanding of objective	Key Informant Interviews, Focus Group Discussions (Meso) ^b , Review of secondary data and relevant literature	FGDs (Meso) $(n = 2)$ Key informant interview $(n = 1)$ Household survey (n = 100)
2	Actor- centred mapping	Desirable	Map out the decision-making landscape; identify and establish 'boundary edges'.	Participant Observation, Key Informant Interviews, Focus Group Discussions (Micro), Surveys, Transect walks Participatory Mapping: e.g. Time-lining, Seasonal Calendars, Social/Actor Network Mapping, Market Systems Diagrams (MOSC), Ecosystem Service Mapping (TESSA)	Participant Observation ($n = 20$) In-depth interviews ($n = 12$) FGDs (Micro) – incl. participatory mapping: time-lining, seasonal calendars, actor network and value chain mapping ($n = 7$)
3	Experience- based problem diagnosis	Essential	Understand actors' current behaviors and experiences within the decision-making landscape. Identify relevant user archetypes, aim for saturation.	In-depth to targeted interviews with users, Key Informant Interviews, Focus Group Discussions (Micro/Meso), Participatory mapping: e.g. Actor Journey Mapping, Time-lining, Seasonal Calendars	In-depth interviews (n = 8) Targeted interviews – actor journey mapping (n = 23) FGDs (Micro) – time-lining, seasonal calendars $(n = 7)$ FGDs (Meso) – VSLA (n = 4) Key informant interviews $(n = 5)$
4	Rapid prototyping	Optional	Establish multiple intervention models that correspond with the landscape and archetypes needs. Use as validation and trigger material.	Coding of gathered data Key Informant Interviews, Focus Group Discussions (Micro & Meso)	Coding of gathered data, analysis of systematic gaps and brainstorming on solution by research team FGD (Micro & Meso): Verification workshop (<i>n</i> = 30 participants)
5	Design and Testing	Essential	Elaborate intervention design(s) based on all previous steps. Qualitative and/or quantitative evidence of efficacy of intervention and implementation.	Focus Group Discussions (Micro/Meso/Macro), Monitoring and Evaluation Methods, Field Experiments, (Randomised) Control Trials, Choice Experiments, Behavioral Experiments	(n = 50 participants) DCE $(n = 196)$
6	Upscaling	Essential	Validate assumptions and intervention design at new location(s). Adapt and iterate phases as required.	Repeat stage 1–5	

^a This list is not exhaustive and alternative methods may be added.

^b Micro-level FGDs represent discussions amongst the specific actors targeted by a particular intervention whereas mesolevel FGDs refer to discussions with groups of individuals who represent a cohort of such actors, examples might include farmer group, cooperative society or market board representatives. through the implementation of a Discrete Choice Experiment. To elucidate the practicalities of implementing the combined research approach, we first provide a generalised description of the six stages in the conceptual approach and suggest appropriate methodologies for each. We then describe how they operate over a project cycle, and finally illustrate how the approach can be applied in practice based on the empirical case-study example on designing Weather Index Insurance in eastern Uganda.

Method details

Service design methodology

Service Design is a qualitative, actor centred approach that aims to understand actors' needs, wider context, motivation and behaviors and additionally aims to, in conjunction with the same actors, co-develop and co-design improved services or systems that better meet the needs of the actors involved [19,40,49]. Service Design methodology has proven to be successful in identifying simple solutions to complex policy challenges that have shown to be difficult to resolve [44]. Service Design can be seen as a set of tools as well as a methodology to address for example challenges in the public sector [7,20,38] and wicked problems in social systems [6,30]. In particular, Service Design is useful to understand and map the interdependencies between actors, system components and multiple levels of a system [51]

The approach and application of the Lambe et al. [35] framework should be viewed as a combination of different methodological stages which build upon each other to deliver an overall objective. Rather than prescribing a rigid methodology in of itself to be stringently followed from the start to the end, it provides a scaffolding within which to move back and forth in various rounds of iteration. Depending on the overall objective, related research questions and the contextual setting, different methods can be used under each methodological step. In Table 1 we summarise the methodological approach, including each stage's objective, requirement for verification and potential methods, as well as the methods applied in the case study in Uganda.

In the following section we describe each of the six steps in the iterative Lambe et al. [35] framework.

Problem co-definition

Funders and/or programme designers may have a clearly defined vision of success that may involve some preliminary assumptions about the nature of the 'problem' and how this could be addressed. Crucially, these assumptions and any proposed solution need to be challenged and ideally ground-truthed through engagement with actors¹ who are the target of the intervention. Although often overlooked, engaging in an open discussion about the nature of the problem and critically reflecting on the assumptions that underpin any development intervention, prior to any form of design and implementation can ensure that the intervention aims to solve a problem that is defined or understood as such by the intended beneficiaries. As Leask et al. [37] mention, the reason why many co-creative processes fail is because they set out with a project aim that is too broad and it can be beneficial to have end-users and other stakeholders to help researchers identify the objective of a study aiming to solve a complex problem.

Actor-centred mapping

Starting with the actors in question, the objective of this stage is to map out the decisionmaking landscape. This should encompass all aspects of the socio-economic, ecological, structural and institutional dimensions of the setting that explain actors' current behavior. Whilst the research team will be guided to a certain point by the wider objectives of the study (stage 1), at this point the

¹ Given the scope of the programmes that we are hoping to support this term is difficult to define precisely for all settings but in general 'actors' refer to either interested groups or individuals within the setting in question. These could include individual households who are the targeted beneficiaries of a particular intervention, civil society groups, market traders and/or companies, government extension departments, etc.

5

objective is not to try to build solutions into this landscape, but rather to achieve a grounded and nuanced appreciation of the setting and space in which actors are operating in-situ. Multiple research approaches will be required to understand how different factors can influence the actors' behavior and explain features of their current circumstances. The threshold that is required from this stage is to establish an organic 'boundary' within which all significant discrete factors that can influence the targeted beneficiaries and their decision-making landscape, are mapped and understood. Identification of such factors is guided by the principle of 'differences that make a difference' to the user group in question [8], and their significance is established through an ongoing process of verification and questioning to the point of saturation [52].

Experience-based problem diagnosis

Having confidently mapped out the boundaries, significant characteristics and influencing factors of the system, the next stage refocuses attention directly on the behavior of the actors within the system that appear relevant to the wider objective of the study. At this point, it is thus reasonable that the problem definition established in stage 1 comes more clearly into view.

Using methodologies adapted from Service Design approaches such as user journey mapping, keyinformant interviews and stakeholder verification workshops, the research team begins to develop a picture of actors' behavior within the system mapped out in stage 2. It is crucial to allow the actors themselves to lead the researchers through their actions and behaviors within the system over a relevant time period to help avoid inherited biases via common power dynamics between researchers and stakeholders. Trigger material can be used to facilitate the journey mapping and allow the actors to lead the process more easily. Over a repeated series of such interactions, actors' behaviors may be mapped in the system until reaching saturation.

It should be noted that the objective of the exercise is not to exclude differences between actors in the system intervention design, but rather establish how interventions may be able to meaningfully support transformational change to different actors or actor 'archetypes' that represent a composite image of a significant number of observed actors operating in the context. With archetypes we here mean patterns in the data that indicate that a certain behavior, part of behavior or even a set of behaviors can be attributed to a specific actor in regard to other factors such as socio-demographic characteristics or key drivers and motivations. These can be identified and derived from the coding and analysis of the qualitative data. However, these are ideally the result of both qualitative data analysis and a quantitative validation of archetypes to enable an investigation into the statistical significance and support for the identified archetypes.

Rapid prototyping

In stage 4, the research team should be ready to develop a number of prototype interventions which are targeted to overcome the established problem. These prototypes could be single actions but more often will be a package of different actions that, in combination, encourage a normatively more positive outcome for the different actors or actor archetypes.² The purpose of the exercise is twofold, i) to encourage input by actors into the creation of new prototypes and ii) to present and validate potential solutions. As such, the research team is encouraged to create an array of prototypes and share these with as many actors as possible – using them as trigger material to promote open and creative dialogue.

Stakeholder verification of the research team's understanding of the contextual and behavioral landscape is essential to the meaningfulness of the methodological approach and should be considered as part of an ongoing process. Table 1 highlights at which stages verification is particularly crucial. Yet, it is context and budget dependent what form this verification may take. It can be built into the daily field research cycle (see method details section 2), e.g. through intentional questions included in interview guides for the subsequent fieldwork days, or occur in additional verification workshops. At an absolute minimum the product of stages 2–4 in the framework should be presented to a group of stakeholders who have knowledge about the system and can provide critical validation

² For further insights on the range of interventions possible see Lambe et al. [35].

of system boundaries and features, identified archetypes and their relevant behavior patterns. Last but not least, such a validation workshop should include a discussion and further development of the proposed prototypes.

Design and testing

Once insights from stages 2–4 have been validated and prototypes discussed, the research approach shifts from an exploratory to a more deterministic perspective. Integrating all important contextual insights from previous steps and the iterations of prototyping, more elaborate and operationalizable designs for interventions can be proposed and developed. These should be co-developed, and consider not only the design, but also the implementation of an intervention or development programme. The step is similar to that of prototyping in that the design is tested and verified by stakeholder interactions in iterative cycles before being finalised upon saturation. Testing can happen a priory any implementation, or as part of early localised pilot projects. However, the change in methodological approach should not be seen as final, separate or distinct, but rather as a further iterative step in the process. As in any stage, if the need arises to move back to the exploratory stage, this is welcome and encouraged.

Several methods are available to perform such testing - from qualitative methods of monitoring and evaluation, to quantitative experimental methods to provide a rigorous test of intervention efficacy - and methodological choice will depend on the nature of the intervention and/or the capacities of the research team. In Osborne et al. [[48], World Development, in review WD-19535] we elaborate on the value of combining Service Design with quantitative experimental designs, in particular with Discrete Choice Experiments, as a means of verification and testing throughout steps 4 (prototyping) and 5 (design and testing). As Discrete Choice Experiments are a methodological approach in their own rights, the practical steps involved in their implementation are described in a separate section below.

Scaling up

After analysis of the testing stage, the possibility to expand beyond the original geographic scope can be explored. This will, to amount to the underlying principles of our methodology, require a repetition of all of the previous stages – to ensure that assumptions are tested, the decision-making landscape and actor's behavior is mapped within the 'new' system, incorporating any relevant differences into the design of new interventions. In practice however, the project iteration of the conceptual framework can be completed in a far quicker and more targeted fashion than the original operation. Nonetheless, it is crucial that space is provided to allow for creative input and the agency to influence the intervention design by the proximate targeted actors.

Field research cycle

A research project team will usually consist of 4–8 lead researchers with a similar number of local research assistants/translators. The length of time required to complete the cycle described above will depend on the complexity of the challenge and the availability of resources. Typically, stages 1–4 can be completed in under a month of fieldwork, and usually in significantly less time than this (see e.g. [31,34,35,36,47]). The time required for the quantitative assessment (stage 5) will vary significantly dependent on the nature of the intervention. Discrete Choice Experiments are a comparatively low-cost and rapid testing strategy compared to more extensive experimental designs, such as Randomised Control Trials, and brings the advantage of providing informative results prior to programme implementation ([48], World Development, in review WD-19535).

During qualitative fieldwork – stages 2–4 – the daily cycle of activities is organised in three distinct phases: i) a preparatory planning session, ii) a data collection session and iii) a reporting and analysis session (Fig. 1).

Preparatory planning session

At the start of each fieldwork day, the research team meets to review the primary questions of interest and consequent methods for that day and organise the composition of the individual research



Fig. 1. Field research cycle.

units for that day's data collection. This meeting will be informed by the findings of the previous day(s)' fieldwork, meaning that a range of different questions may be explored by different research units using different methods. Once the research team has an agreed approach for the day, the team divides into units and begins the fieldwork.

Data collection session

Data collection is conducted by smaller research units, typically composed of one lead researcher and one research assistant/translator, but could be larger for group-based activities. Individual research units should be encouraged to think and act independently and pursue unanticipated questions of interest that may present themselves during the course of their activities. This disaggregated approach not only increases the number of independent observations obtained – and in so doing allows for the speedy triangulation of findings – but also creates space for the inclusion of unanticipated, but potentially highly significant insights into the wider research team's collective understanding of the context, practice or action under observation.

Reporting and analysis session

Reporting and analytical sessions are always conducted at the end of each day's fieldwork when the entire research team reconvenes to report back their findings. Each research unit begins by reporting back to the wider team the findings of their day's activities. Reporting back can be expressed in different formats depending on the context of the project. However, the reporting session always results in a shared board of collectively coded data, comprised on the findings of all research units. In addition, individual research teams always record data from each field activity, so that any analysis of data can always be traced to the raw data source.

Once the daily findings have been reported and recorded, a process of immediate analysis is engaged in as a collective group. During these discussions, multiple observations of similar actions or characteristics of the context are grouped together, and over a number of days a detailed mapping of the context under examination will be obtained. It is also during these discussions that differences in observations are explored and, if deemed pertinent, time and resources are set aside to further explore such inconsistencies during subsequent fieldwork days. As different aspects of the context become consolidated, the focus of the research project will begin to shift to new areas of investigation and stages in the process, which will then feed into the direction and agenda for the subsequent day's fieldwork preparatory planning session.

Discrete choice experiments

Discrete choice experiments are a quantitative method to elicit potential users' preferences over design elements of a good, service or programme [39]. In a face-to-face questionnaire setting, potential users or targeted beneficiaries (hereafter called 'actors') are repeatedly presented with a set of hypothetical alternatives of a good, service or programme (hereafter called 'intervention'), and asked to indicate which they would prefer to purchase or participate in [22,50,59]. Based on utility theory [11,41], potential actors' preferences are assumed to be determined by the design features that define and distinguish interventions. Hence, in a DCE, each intervention alternative is described by a list of attributes. The attributes take on different levels across the alternatives, with varying combinations between the attributes [33]. Through the experimental design of alternatives and sets of alternatives within which different designs are compared (hereafter referred to as 'choice sets'), statistical inference can be drawn about the relative importance of different attributes and levels for future users' preferences [11,39]. It is assumed that participants' stated preferences indicate their real-world willingness to pay, participate, or accept [29].

DCEs are a particularly useful methodology to complement Service Design for three reasons. First, they allow to upscale and leverage in-depth insights from the participation of comparatively few potential users during Service Design fieldwork to the wider community level. DCEs can be designed to validate insights and compare the potential of different ideas for programme design elements resulting from qualitative Service Design. Using typical household survey strategies, they can capture the perspectives from a representative sample of potential users. Second, DCEs are compatible with Service Design's core values and guiding principles. As DCEs build on hypothetical scenarios, their content is adaptable to local contexts and other gualitative Service Design results [13]. Targeted at understanding participants' individual preferences (e.g. compared to cost and benefit analyses), targeted actors are set at the centre of investigation. Through collecting additional information on participant characteristics, attention can be paid to heterogeneity and potential differences in preferences across actors and actor archetypes [29]. Additionally, DCEs can incorporate engaging visual material to illustrate the alternative scenarios [55]. Third, DCEs appear particularly suitable as an experimentation in early rounds of iteration as part of Service Design, as they can provide ex-ante insights, before any service implementation has to take place [29]. Relative to other experimentation, such as Randomised Control Trials, they are also low cost and quick to implement.

The design of DCEs is highly decisive in whether valuable, valid and reliable information can be inferred [29,33,39]. It involves the two steps of selecting attributes and levels; and combining levels and alternatives into choice sets.

Attributes describe each alternative and thus determine the explanatory variables for participants' choices that can be analysed through a DCE [11]. They should be chosen carefully, with a set of criteria in mind: The scenarios presented in a DCE should most closely match real-life conditions, and be correctly and identically understood by all participants [1,39]. Their descriptions need to be maximally complete, leaving no gaps for individual interpretation to avoid omitted variable bias [13,33]. Yet, at the same time, the number of attributes is limited by participants' cognitive capacity to take into account all alternating attributes [18]. Lastly, there should be no conceptual overlap between attributes to avoid multicollinearity [39]. These considerations have led to the established best practice of selecting and defining attributes based on combining a thorough (systematic) literature review with prior in-depth qualitative fieldwork [1,39]. Depending on the number of attributes and levels, there are typically several thousand possibilities to combine alternatives into choice sets. As it is unfeasible to present participants with a complete set of combinations, a sample of these need to be drawn. Hole [26] provides a simplified explanation to the statistical procedure of selecting the most effective sample of choice sets to be included. For illustration, we describe how we applied this in our Ugandan case study below. DCEs are typically analysed using random effects models to account for the panel structure in the data through repeatedly presenting choice sets to the same participants [29].

Methodological application to weather index insurance in Eastern Uganda

Our fieldwork in Uganda was conducted between February and August 2018. The research team for the stages 1–4 consisted of 4 lead researchers and 4 research assistants/translators. All interviews and focus group discussions were held in a mixture of the local language (Lugisu) and English. Stages 2–4 were conducted within one week in April. Data collection for the DCE in stage 5 was conducted by 5 enumerators (4 of which participated as assistants/translators and one as lead researcher during stages 2–5) and required 2 weeks in July.

Problem co-definition

In our case study, the problem co-definition was rooted in a long engagement of researchers with research users and beneficiaries that suggested to us the importance of the Service Design-DCE research reported on here.

Experimental economists from the University of East Anglia (UEA) and partnership institutions have studied the risk-taking and risk-sharing habits of smallholder farmers in Bugisu in eastern Uganda since 2001.³ Working with major insurance companies in the country, agricultural extensionists, farmers' organisations, seed companies and agro-dealers, research findings were translated into recommendations for risk protection measures that would encourage agricultural investment, increase the productivity of farms, and lead to higher incomes and poverty reduction [5,43]. The main recommendation was to bundle Weather Index Insurance with authenticated agricultural inputs and credit, as well as to offer this to established risk-sharing groups, in particular village savings and loans associations (VSLAs) [58].

However, UEA's economists involved in the research were not confident in this recommendation. It was inferred from research findings obtained in lab-in-the-field experiments and therefore based on behavior observed in stylised settings, in which hypotheses are tested about particular factors in isolation by keeping all other relevant factors at bay that determine behavior in real life. In complex settings, these other factors interplay with the factors tested, which may undo or reinforce (as the case may be) the effect of the factors studied in the experiments. Moreover, it was silent about some of the other factors that previous studies of WII have found to be important in determining its desirability for purposes of risk protection.⁴

UEA's economists thus faced the challenge of understanding better (than their experiments had allowed them to) the complexity of factors behind risk protection that would interplay with the provision of WII in the context of farmers' livelihoods in Bugisu. In order to meet this challenge, they teamed up with Service Design experts from the Stockholm Environment Institute for implementing the study whose methods are described in this paper.

We started off our fieldwork in Bwikhonge, a sub-county of Bugisu, where UEA's work on risk and insurance had taken place, with a household survey, two meso-level focus group discussions (FGDs) with farmer representatives, and a key informant interview with the local council III chairperson. The household survey with randomly sampled household heads or their spouses (n = 100) and one FGD (n = 8 participants) confirmed that most families in Bwikhonge (above 90%) had been affected by both drought or dry spells and agricultural pests in the proceeding twelve months and perceived them as the most worrying agricultural risks. The key informant interview gave insight to existing formal and informal social institutions that support farmers, including amongst others external microcredit institutions. Learning about the challenges these external financial organisations had experienced in spurring trust and uptake amongst the local population highlighted that any financial service offered in the area would have to closely reflect local conditions in design and delivery. A repeated FGD (n = 8

³ Research findings are reported in *inter alia* Humphrey and Verschoor [27,28], Harrison et al. [23], D'Exelle and Verschoor [17], Verschoor et al. [57] and Verschoor and D'Exelle [56].

⁴ For instance, a large number of studies have found that illiquidity, i.e. not having sufficient cash at hand when the premium payment is due, is negatively associated with WII uptake [3,10,12,14,15,21,25]. As well as illiquidity, lack of trust in the provider and/or lack of trust in the product has frequently been found to impede WII uptake [14,15,21,32], and the suggestion has been made to use trusted pay-out channels to increase uptake [15,21].

participants, 16 sessions) specifically aimed at proposing and discussing WII revealed an interest to learn about the mechanism, but also the need for close consideration of how it could be made affordable, attractive and trustworthy in the local context.

Actor-centred mapping

To better understand the key actors, i.e. Bwikhonge's smallholder farmers, and their decisionmaking landscape in regard to the focus of the problem and potential intervention we set off aiming to understand farmers' daily lives in their everyday context – including agricultural practices, livelihood strategies, roles within the household (particularly regarding income generation and financial decision making), market value chains, and social networks. A particular focus area that recurred in the actor-centred mapping was to understand how farmers experienced and perceived risks throughout the year. The actor-centred mapping was carried out using three methods; i) semistructured interviews, ii) participatory observations and iii) focus group discussions (FGDs). These methods are further described below.

Following an interview frame covering the above mentioned themes, we conducted in-depth semistructured interviews (n = 12, sessions of 1–2 h) with individual household heads and spouses. To allow the interviewee to lead the researchers through their everyday life and context, rather than that researchers asked leading questions about farmer activities, we used trigger material such as laying picture cards and drawings of everyday recurring items and activities that the interviewee could use to map their doing during a time cycle of a day, a month and a year. To triangulate these narrated insights and gain a contextualised and visual impression, we also conducted participant observations (n = 20, sessions of 1–2 h). Participant observations involved being shown around people's houses and farms whilst talking through daily practices and common experiences in situ. During FGDs (n = 7, 4-6participants and sessions of 1-2 h), household heads and spouses - some of which were separated by gender to encourage open participation – mapped typical daily practices and yearly cycles of agricultural production, weather patterns and risks, as well as market value chains for different crops. In the same way as in interviews, trigger material was used in order to allow participants to lead researchers through the mapping of daily, monthly and yearly cycles (see supplementary material for illustrative photographs). The FGDs were facilitated by lead researchers asking probing questions along the key lines of enquiry.

During the actor-centred mapping we learnt that the majority of active social networks and market interaction (i.e. direct selling of agricultural produce and buying of inputs) is bound to the Bwikhonge sub-county level. Contacts to external actors are generally channeled through selected local actors (e.g. cotton agent, local traders/store owners) and only few farmers extend their regular interactions to the next closest town Mbale. We therefore decided to keep our focus at the threshold of the local level.

Experience-based problem diagnosis

As saturation was reached on contextual factors during the actor-centred mapping, we focused questions more around perceptions and behaviors relevant to WII. During further FGDs (n = 7, 4–6 participants and sessions of 1–2 h) we more thoroughly mapped patterns of risk occurrence and overlapped this with annual cycles of income and expenses, or glut and lean times. In individual interviews (n = 8 and sessions of 1–2 h), we mapped individual households' risk response journeys by asking about their coping strategies the last time they were affected by a drought or pest. Researchers asked questions like; what did you do first when exposed to a drought/pest? What did you do next? What did you do last?

Drawing together the insights from the different research teams in reporting and analysis sessions (as described in the method details section 2 above), we started to loosely observe a pattern in different households' risk response mechanisms. To support our forming of hypotheses, we moved to conducting shorter targeted interviews (n = 23, sessions of 0,5 h), which, besides mapping risk responses, captured households' agricultural and economic diversification, formal institutional, and informal social networks. For this, we developed a one-page template to be filled in during each interview (see supplementary material for an example). This allowed to compare and roughly

categorise interviewed farmers by their risk coping capacity based on the four areas found to enable and strengthen effective risk responses (i.e. agricultural and economic diversification, and formal institutional and informal social networks). This exercise reinforced the importance of challenging the notion of 'the community' as a homogenous unit by recognising the inequalities in capabilities and power within the community.

A pattern emerged and allowed to tentatively frame three archetypes in relation to farmers' risk coping capacity. For illustration purposes, we named the three archetypes by the locally common names 'Andrew', 'Betty' and 'Charles' (see supplementary material for an illustration of the three archetypes).

- 'Andrews', own up to ten acres of land and six cows, grow a variety of cash crops, run a store and local brew business, as well as run and participate in several savings groups, and count with several friends and family inside and beyond the community. Consequently, they have an array of risk response options.
- 'Betties' in contrast are the least resilient to agricultural shocks, with very limited options for diversification. 'Betties' own very little land, no livestock, earn some cash income through casual labour, yet insufficient to participate in savings groups, and count with limited social support from friends and family.
- 'Charleses' in turn count with medium risk coping capacity. They own two to three acres of land, grow a diversity of subsistence and cash crops, hold around two goats and a cow, and enjoy close integration in the community as well as participation in a variety of community savings groups.

We found that different archetypes build on different social support mechanisms in times of hardship. To better understand the role of these different support mechanisms, we conducted key informant semi-structured interviews (n = 5, sessions of 1–2 h) with selected actors along market value chains that had been mentioned as trusted sources of financial support and advice, such as a cotton agent (broker between the community and cotton development organisation) and a store owner. We also conducted additional FGDs (n = 4, 4–6 participants, sessions of 1–2 h) with members of savings groups, such as VSLAs, burial groups and merry-go-rounds, to understand their functioning, as well as with non-members to understand their reasons not to participate.

Rapid prototyping

Building on the insights from the three first steps of the methodological framework applied in this paper, we gained insights on the current risk perceptions, behaviors and coping capacities that WII would be placed into and should build on for these to be useful for farmers. Thus, through manual coding and analysis of the interviews, FGDs and participatory observations in the actorcentred mapping and the additional interviews and FGDs conducted to perform experience-based problem diagnosis, the research team identified four potential insurance designs to propose to farmers as prototypes of WII interventions. An important finding at this stage was that it appeared important to acknowledge the different archetypes' needs and capabilities in the spectrum of suggestions in order for interventions to be useful more broadly in the community and not only or specifically for one type of farmer.

The four prototypes were simple in their design and were, at this stage, used to spur discussion with the farmers that would help elaborating more detailed design elements in later steps of the design of interventions.

All four prototypes built on the general logic of insurance providing compensation payouts in the occurrence of a shock, whilst the first three worked through an external financial agent. Under the first prototype, large monetary premiums would allow for large risk coverage and large monetary payouts. The second is a smaller version of the first with small monetary premiums and equivalently small risk coverage and monetary payouts. The third prototype was of medium size, with moderate monetary premiums, and payouts in form of agricultural inputs, such as seed and pesticides. The fourth prototype built on the local system of risk sharing through savings groups aimed at allowing more cash constraint households to participate through small weekly contributions compared to a one-off premium. Community-based insurance groups would save together throughout the year, and

in the event of a weather shock would jointly invest in agricultural inputs to recover for the next season.

To terminate the qualitative fieldwork phase we organised a validation workshop to which we invited 40 representatives from local community organisations, including VSLAs and farmer groups. but also 'ordinary' farmers, and representatives from different local churches, mosques and schools, as well as local government. We ensured close to equal representation of female and male participants. Representatives from locally operating banks and NGOs were also invited, however, did not attend the workshop. The workshop consisted of two parts, starting with the presentation and validation of research findings in the morning, followed by a discussion on the viability of the different prototypes in the afternoon. The participants were separated into four working groups, in which the findings from the stages 2–4 were presented and discussed. Fieldwork assistants facilitated the discussions in the local language and took notes throughout. Visual aids, such as illustrative posters with paintings and picture cards made the process interactive. When information was added or changes suggested, these were noted down and added to the visual material used in the workshop. After each stage was presented and discussed in working groups, feedback from each group was reported in plenary. Particular emphasis was put on the annual cycle of agricultural practices, risks, income flows and times of hardship, the archetype distinctions and how the prototypes could or not meet the different archetypes' needs.

Design and testing

In line with the methodological combination proposed in this paper and Osborne et al. [[48], World Development, in review WD-19535], we chose to conduct a Discrete Choice Experiment in this case study to test and further build on the design emerging from the prototyping and the qualitative insights from the stages 1–4.

DCE design

To design the DCE on WII for Bwikhonge, we started with a literature review with the aim to identify all important features defining a WII service. We compiled these in a list and systematically added to each element relevant observations from the local context in Bwikhonge by reviewing fieldwork notes and reports from the prior Service Design stages (see supplementary material). We then selected 5 attributes which most strongly captured areas of sensitivity highlighted in the literature and could provide clarity on open questions that had emerged through or remained after the prior Service Design fieldwork and analysis. These became the attributes distinguishing one alternative from the other in the DCE. The rich contextual knowledge gained through the prior qualitative fieldwork guided the general framing of the DCE (Table 2).

Farmers were asked to imagine being offered an insurance service by an external company that provides payouts in the occurrence of insufficient rainfall (i.e. drought and dry spells) for the cultivation of maize during the first annual season. The price for the insurance was left unspecified, but to be imagined as generally affordable and reasonable. Affordability in a context of limited liquidity remained an important concern among the participants of the verification workshop. Rather than including a price at artificial and potentially unrealistic levels, we introduced two viable instruments as alternating attributes in the DCE that could help improve affordability. The first attribute offered reducing the cost by covering single growth phases rather than the whole season [24]. From stage 2 of the Service Design we know that the growth phases of maize sensitive to sufficient rainfall are 'germination, 'plant growth', and 'flowering'. The second attribute aimed at easing liquidity constraints by enabling premium payment at times of increased cash availability [42]. From mapping annual cycles of lean and glut times in stage 3 we learnt that cash is relatively abundant in August-September (after the main maize harvest) and November-December (after the harvest of the second season). The natural period for purchasing WII just before the main growing season (January-February) in contrast is characterised by financial pressures for several simultaneously necessary expenses (e.g. for school fees, agricultural inputs and/or renting in land). These three periods were thus included as different options for the timing of premium payments.

Table 2

DCE attributes and levels based on Service Design observations.

Phase 1: Service Design	Phase 2: Discrete Choice Experiment		
Observation	Defined Attribute	Defined Level	
A. Farming & Risk Cycle	Coverage Period	Whole Season	
		Germination	
		Plant Growth	
		Flowering	
B. Agricultural Financing and Income Cycle	Premium Payment Period	January-February	
		August-September	
		November-December	
C. Trust in Actors/Institutions	Payout Channel	Local Agent	
		Agro-input Shop	
		Mobile Money	
D. Farming & Risk Cycle	Bundling	No Bundling	
		Certified Seeds	
		Certified Seeds & Pesticides	
		Certified Seeds, Pesticides & Loans	
E. Risk Coping Strategies and Social Institutions	Insured Unit	Individual Insurance	
		Savings Group Insurance	

Next to affordability, lack of trust in the provider and/or product has been found a frequent barrier to WII uptake [14,15,21,32]. By mapping market value chains, we identified local actors and payment channels that seemed worth investigating as trusted pay-out channels to potentially increase the uptake of WII [15,21]. The levels included for the attribute 'pay-out delivery channel' were a 'local agent', an 'agro-input shop' and 'mobile money'.

To help address also non-weather-related risks, 'bundling' – combining the insurance with the purchase of other agricultural inputs or services – has been discussed a strategy to increase the value of WII [4,60]. In Bwikhonge, crop pests and diseases and purchasing counterfeit inputs are the next most prominent risks after droughts and dry spells. To alleviate these, we suggested providing WII in combination with 'certified seed' and 'pesticide'. Additionally, we investigated whether adding an 'agro-input loan' to the bundle would increase the WII's attractiveness.

Finally, Trærup [53], De Janvry et al. [16] and Mobarak and Rosenzweig [45,46] propose offering WII to savings groups rather than individuals. This, to support savings groups when accumulated funds are insufficient to provide loans to all its members in times of common shocks. In our preliminary household survey, 61 percent of respondents reported at least one household member to participate in a VSLA, more than for any other social institution. At the same time, however, the qualitative fieldwork revealed considerable mistrust in the functioning of VSLAs, e.g. having heard of incidences where money went missing. To identify the demand for group insurances, we specified two levels for the attribute 'policy holder' – 'individual' and 'savings group'.

The defined attributes and levels can be combined into $((4 \times 3 \times 3 \times 2 \times 4) \times (4 \times 3 \times 3 \times 2 \times 4 - 1))/2 = 41,328$ possible choice sets, an unfeasible number to present each participant with. Instead, as is common practice, we obtained an optimal fractional factorial design using the user-written STATA-command dcreate ([26]; appendix 6). An optimal fractional factorial design is a sample of choice sets that is maximally orthogonal, i.e. with statistically independent attribute levels, balanced, i.e. with each level occurring equally often, and utility balanced, i.e. with no objectively superior alternative, with minimal overlap of levels within choice sets [39]. Dcreate utilises the Fedorov-algorithm to identify the design with maximal D-efficiency, an inverse function of the covariance-matrix of the attributes' parameter estimates [26]. The calculation is based on parameter priors equal to zero, as is common practice in the absence of legitimate priors from the literature [29].

In addition to the DCE, we asked each participant a number of generic survey questions. Importantly, we added questions in relation to the archetypes identified during stage 3. On the one side, we collected data on people's agricultural and economic diversity (e.g. land ownership, cultivated crops and number of owned livestock, and the household's involvement in non-agricultural economic activities), as well as membership in community organisations and informal social networks. On the other side, we showed participants three cards visually illustrating the three archetypes and their distinctive characteristics – 'Andrew', 'Betty' and 'Charles' – and asked them to indicate which archetype they would allocate themselves to (see supplementary material).

DCE data collection

Data collection for the DCE occurred in the same 10 villages in Bwikhonge sub-county that participated in previous fieldwork. For each selected village, local mobilisers compiled a sampling frame of all households and their heads and spouses. A simple random sample of 22 households per village was selected of which 2 served as replacement for non-response. With equal inclusion probability, either the household head or spouse was invited to participate. During stage 2 we learnt that both household heads and spouses take agriculture-related decisions and are equally aware of agricultural hazards. When the sampled household representative was unavailable, their spouse was interviewed instead. The final sample consists of 196 respondents and 4 choice set non-responses. This sample size falls within the range of rule of thumb DCE sample size requirements [9].

Given the relatively complex concept of WII, we ran a workshop for each participant to take part in before participating in the DCE. The workshop was designed with sensitivity to different levels of literacy and education amongst the participants using visualisations and locally understandable terms to describe the concept of WII (see supplementary material for the workshop outline). Qualitative feedback questions during the workshop ensured each participant's understanding. The DCE was administered in local language using laminated choice set cards with illustrations for each attribute (Fig. 2). Each respondent was presented with 12 choice sets of two alternatives each, followed by the more generic questionnaire. Data was collected following a script (see supplementary material) and entered into tablets.

DCE analysis

For the analysis of the choice data we proceeded as follows. The choice data set can be thought of as having a panel structure: it contains the sets of 12 responses each, i.e. 12 choices between two insurance options, of 196 respondents. To account for unobserved heterogeneity at the respondent level, we estimated a random effects probit model. The dependent variable takes the value 1 if an option is chosen, 0 if it is not. We estimated two models, one estimating the unconditional effect of insurance being offered to savings groups (model 1), the other with that effect conditioned on land ownership and trust in the savings group (model 2) (see [48], World Development, in review WD-19535). The rationale for conditioning on these factors is straightforward. Land ownership proxies for local influence: more influential members of the VSLA should be expected to be able to draw on the VSLA's reserves before others and would therefore benefit more than others when WII fails to pay out when agricultural losses are made. Trust in the VSLA proxies for the confidence members have that when WII fails to pay out, the VSLA will support them. Both models control for age, sex, level of education, and land owned.

Scaling up

After completion of the Service Design and DCE phases the data and evidence established is evaluated in the round. At this point it is important to explore and analyze what each approach has been able to contribute and what collective recommendations can be made, based on this process of triangulation, to inform the design of subsequent intervention models. As described in Osborne et al. [[48], World Development, in review WD-19535], the study's combined Service Design and DCE findings led UEA economists to drop their recommendation to provide WII through VSLAs, while advocating bundling WII with certified inputs and credit. The recommendation was adopted by the Ugandan insurance companies united in the Agriculture Insurance Consortium, which industry experts recognise had a considerable impact on the success of its nation-wide WII scheme. The contribution of UEA economists' recommendations to the provision of bundled WII in Uganda is described in UKRI [54]. Work is ongoing on risk-protection schemes that do justice to the heterogeneity of risk coping that the Service Design research helped to uncover.



Fig. 2. Example choice set.

Conclusion

Whilst both Service Design and DCEs can operate as an independent body of work, and each has its own strengths and limitations, as a combined approach, it is cheap, quick and reduces the risk of doing harm whilst providing an opportunity to deliver well-designed projects at scale. Our experience of combining both approaches in the application to WII in eastern Uganda demonstrated their complementarity: DCEs can help test and validate the fine-grained locally informed insights of Service Design, whilst Service Design provides the rich contextual knowledge required for an effective and robust experimental design. As with all new methodological innovations, we would be very happy to see what lessons may be learnt from its application in new areas and to new research questions, nonetheless we are confident that it can provide a positive contribution to designing development interventions in complex and challenging settings.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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Supplementary materials

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