

Mineral dust increases the habitability of terrestrial planets but confounds biomarker detection

Ian A. Boutle^{a,b*}, Manoj Joshi^c, F. Hugo Lambert^a, Nathan J. Mayne^a,
Duncan Lyster^a, James Manners^{a,b}, Robert Ridgway^a, Krisztian Kohary^a

^aUniversity of Exeter, Exeter, UK, ^bMet Office, Exeter, UK, ^cUniversity of East Anglia, Norwich, UK

Abstract

Identification of habitable planets beyond our solar system is a key goal of current and future space missions. Yet habitability depends not only on the stellar irradiance, but equally on constituent parts of the planetary atmosphere. Here we show, for the first time, that radiatively active mineral dust will have a significant impact on the habitability of Earth-like exoplanets. On tidally-locked planets, dust cools the day-side and warms the night-side, significantly widening the habitable zone. Independent of orbital configuration, we suggest that airborne dust can postpone planetary water loss at the inner edge of the habitable zone, through a feedback involving decreasing ocean coverage and increased dust loading. The inclusion of dust significantly obscures key biomarker gases (e.g. ozone, methane) in simulated transmission spectra, implying an important influence on the interpretation of observations. We demonstrate that future observational and theoretical studies of terrestrial exoplanets must consider the effect of dust.

Introduction

Even before the discovery of the first potentially-habitable terrestrial exoplanets¹, researchers have speculated on the uniqueness of life on Earth. Of particular interest are tidally locked planets, where the same side of the planet always faces the star, since this is considered the most likely configuration for habitable planets orbiting M-dwarf stars^{2,3}, which make up the majority of stars in our galaxy. In the absence of observational constraints, numerical models adapted from those designed to simulate our own planet have been the primary tool to understand these extra-terrestrial worlds^{4,5,6,7,8}. But most studies so far have focussed on oceanic aquaplanet scenarios, because water-rich planets are one of the likely outcomes of planetary formation models⁹, the hydrological cycle is of key importance in planetary climate, and the definition of habitability requires stable surface liquid water.

For a planet's climate to be stable enough for a sufficiently long period of time to allow the development of complex organisms (e.g. around 3 billion years for Earth¹⁰), the presence of significant land cover may be required. The carbon-silicate weathering cycle, responsible on Earth for the long-term stabilisation of CO₂ levels in a volcanic environment, acts far more efficiently on land than at the ocean floor¹¹. Some

*e-mail: ian.boutle@metoffice.gov.uk

29 studies have attempted to simulate the effects of the presence of land^{12,13,14,15,16}, demonstrating how it
30 would affect the climate and atmospheric circulation of a tidally-locked planet, such as Proxima b^{5,7}. More
31 specific treatments of land surface features such as topography have only been briefly explored^{7,17}.

32 Mineral dust* is a significant component of the climate system whose effects have been hitherto ne-
33 glected in climate modelling of exoplanets. Dust is raised from any land surface that is relatively dry, and
34 free from vegetation. Dust can cool the surface by scattering stellar radiation, but also warm the climate
35 system through absorbing and emitting infra-red radiation. Within our own solar system, dust is thought
36 to be widespread in the atmosphere of Venus¹⁸, and is known to be an extremely important component
37 of the climate of Mars, which experiences planetary-scale dust storms lasting for weeks at a time^{19,20}.
38 Even on Earth, dust can play a significant role in regional climate^{21,22} and potentially in global long-term
39 climate²³.

40 Here we demonstrate the importance of mineral dust on a planet’s habitability. Given our observations
41 of the solar system, it is reasonable to assume that any planet with a significant amount of dry, ice- and
42 vegetation-free land cover, is likely to have significant quantities of airborne dust. Here we show for the first
43 time that mineral dust plays a significant role in climate and habitability, even on planets with relatively
44 low land fraction, and especially on tidally-locked planets. We also show that airborne dust affects near
45 infra-red transmission spectra of exoplanets, and could confound future detection of key biomarker gases
46 such as ozone and methane. Airborne mineral dust must therefore be considered when studying terrestrial
47 exoplanets.

48 Results

49 Schematic mechanisms

50 We consider two template planets, a tidally-locked planet orbiting an M-dwarf (denoted TL), with orbital
51 and planetary parameters taken from Proxima b, and a non-tidally-locked planet orbiting a G-dwarf
52 (denoted nTL), with orbital and planetary parameters taken from Earth. The choice of parameters is
53 merely to give relatable examples, the results presented are generic and applicable to any planet in a similar
54 state. We also consider the planets to be Earth-like in atmospheric composition, i.e. 1 bar surface pressure
55 and a nitrogen dominated atmosphere, as this is the most well understood planetary atmosphere, and only
56 one known to be inhabited. For each of these planets we consider a range of surface land-cover amounts
57 and configurations, designed to both explore the parameter space that may exist and understand in which
58 scenarios dust is important. Starting from well-understood aquaplanet simulations⁶ derived using a state-
59 of-the-art climate model²⁴, we increase the fraction of land in each model grid-cell equally, until the surface
60 is completely land. This experiment (denoted *Tiled*) acts to both increase the amount of land available
61 for dust uplift, whilst reducing the availability of water and thus the strength of the hydrological cycle,
62 without requiring knowledge of continent placement. For the TL case, we additionally conduct simulations
63 in which a continent of increasing size is placed at the sub-stellar point (denoted *Continents*). This produces

*Mineral dust is class of atmospheric aerosol lifted from the planetary surface and comprising the carbon-silicate mate-
rial which forms the planetary surface. It should not be conflated with other potential material suspended in a planetary
atmosphere, such as condensable species (clouds) or photochemical haze.

64 a fundamentally different heating structure from the central star¹⁵ and significantly increases the effect
65 of the dust for small land fractions, whilst allowing a strong hydrological cycle to persist.

66 For each planet and climate configuration, we run two simulations, one without dust, called *NoDust*,
67 equivalent to all previous studies of rocky exoplanets, and one in which dust can be lifted from the land
68 surface, transported throughout the atmosphere and interact with the stellar and infra-rad radiation and
69 atmospheric water, called *Dust*.

70 The mechanisms through which dust affects planetary climate are illustrated in Figure 1. Incoming
71 stellar radiation is concentrated over a smaller area on the TL planet (Fig. 1a) compared to the nTL
72 case (Fig. 1b). Strong surface winds on the day-side of TL allow for much greater uplift of dust than
73 the equatorial doldrums of nTL. The super-rotating jet on TL is more efficient at transporting this dust
74 to cooler regions on the night-side (Fig. 1c), than the more complex atmospheric circulation on nTL is
75 at transporting dust to the poles (Fig. 1d). The radiative forcing, or change in surface energy balance
76 caused by airborne dust, is therefore weaker for nTL than TL. As a result, the nTL planet is broadly
77 cooled by dust (Fig. 1j) because the airborne dust’s infra-red greenhouse effect (Fig. 1h) is cancelled out
78 by the stellar radiation changes due to scattering and absorption by airborne dust (Fig. 1f). However, the
79 TL planet is strongly cooled on its warm day-side by similar mechanisms, but warmed on its night-side
80 (Fig. 1i) because the airborne dust’s infra-red greenhouse effect (Fig. 1g) has no stellar radiation change
81 to offset it (Fig. 1e).

82 Habitable zone changes

83 Figure 2 shows two key metrics we use to quantify the outer and inner edges of the habitable zone for our
84 template planets. The outer edge of the habitable zone is likely to be controlled by the temperature at
85 which CO₂ condenses²⁵, which for the concentrations and surface pressures considered here, is at ≈ 125 K.
86 Keeping the minimum temperature above this threshold is therefore a key requirement to maintaining
87 a CO₂ greenhouse effect, and preventing a planet’s remaining atmospheric constituents from condensing
88 out. Figure 2a shows that for the TL case, the presence of dust always acts to increase the minimum
89 temperature found on the planet (blue and red lines). The effect of dust is to sustain a greenhouse effect
90 at a lower stellar irradiance than when dust is absent, implying that dust moves the outer edge of the
91 habitable zone away from a parent star. The effect is not especially sensitive to the specific arrangement of
92 the land (red vs blue lines in Fig. 2a), but is very sensitive to fraction of the surface covered by land; the
93 approximate change in stellar radiation at the outer edge of the habitable zone is over 150 W m^{-2} for a
94 totally land-covered planet, but even up to 50 W m^{-2} for a planet with the same land coverage as Earth.
95 Such results are in stark contrast to the nTL case, for which dust always acts to reduce the minimum
96 surface temperature (green line in Fig. 2a), moving the outer edge of the habitable zone inwards.

97 The inner edge of the habitable zone is likely to be controlled by the rate at which water-vapour is lost
98 to space, often termed the moist greenhouse^{26,27,28}. The strength of the water vapour greenhouse effect
99 increases with surface temperature, eventually leading to humidities in the middle atmosphere that are
100 large enough to allow significant loss of water to space. Stratospheric water-vapour content is therefore
101 a key indicator of when an atmosphere will enter a moist greenhouse. Figure 2b shows that for all our
102 simulations the effect of dust is to reduce stratospheric water-vapour content, i.e. dust suppresses the point

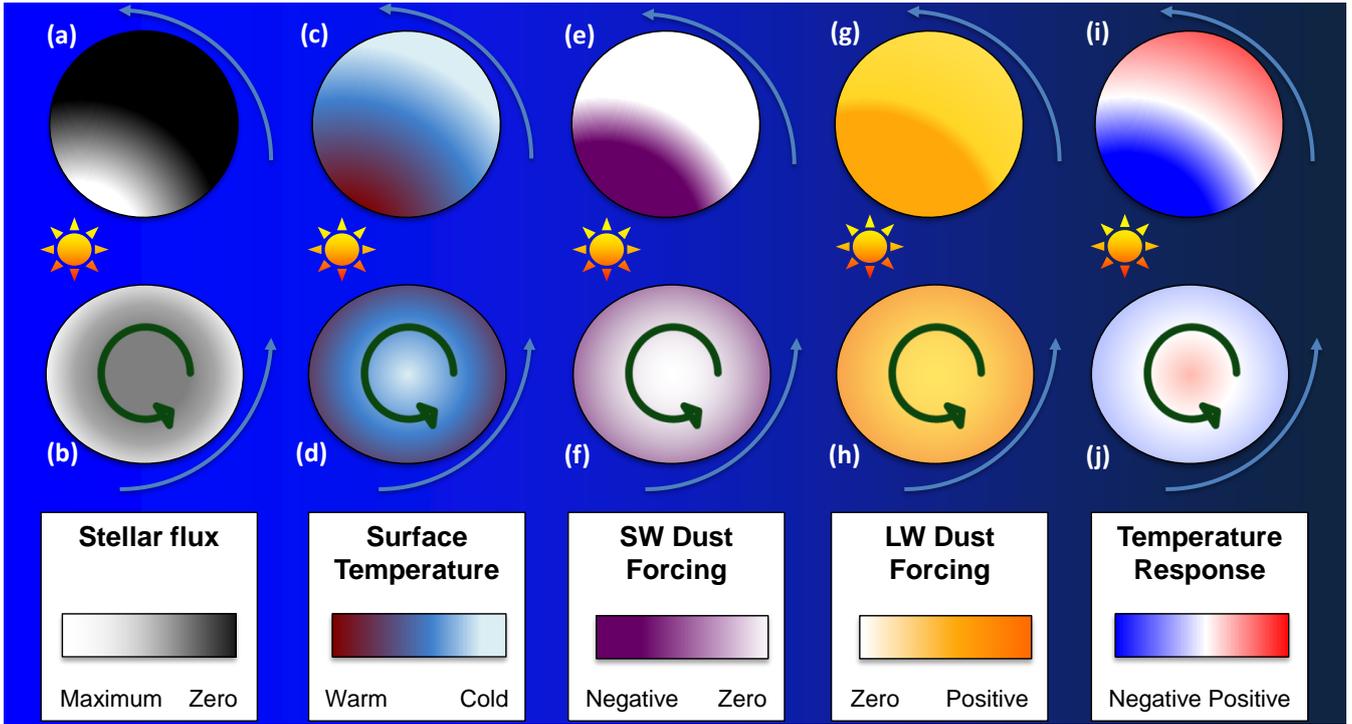


Figure 1: **Schematic showing the effect dust has on the climate of planets.** For a tidally-locked planet (a) and non-tidally-locked planet (b), panels a-d show the base state of the planets, e-h show the short-wave (stellar) and long-wave (infra-red) forcing (change in surface energy balance) introduced by dust, and i-j show the resultant effect of the forcing on the surface temperature. Blue arrows show the motion of the planet around the star, and green arrows show the rotation of the planet relative to the star.

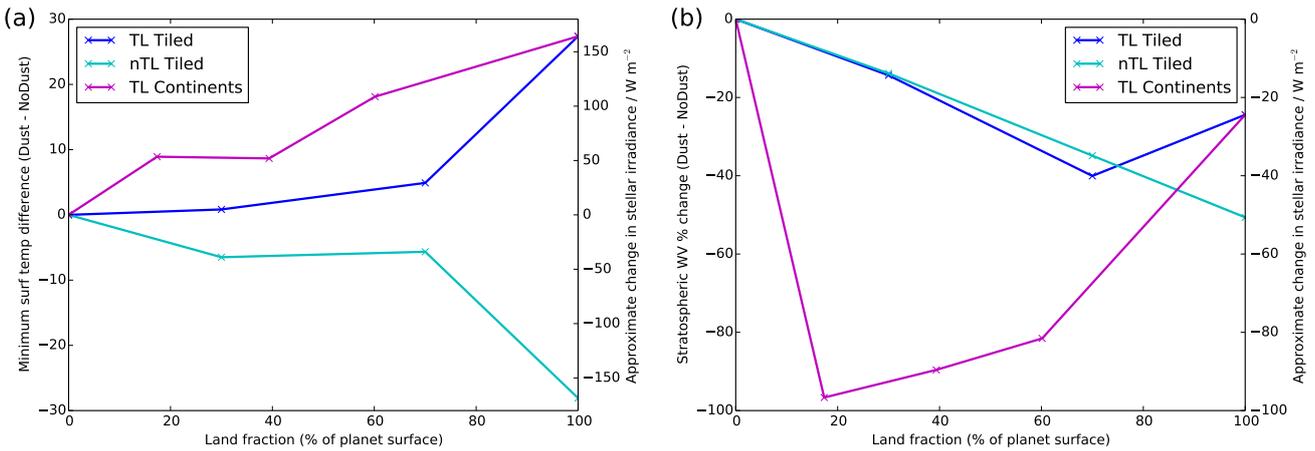


Figure 2: **Effect of dust on habitable zone boundary indicators.** Differences in (a) minimum surface temperature, and (b) stratospheric (≈ 50 hPa) water-vapour content, between simulations with (Dust) and without (NoDust) mineral dust, as a function of land fraction. The different planetary and surface setups are shown in the legend. Approximate equivalent changes in stellar irradiance required to achieve similar responses in a dust free planet are shown on the right axis.

103 at which a moist greenhouse will occur and moves the inner edge of the habitable zone nearer to the parent
104 star. The effect on the habitable zone can be approximately quantified by utilising additional simulations
105 done with increased or reduced stellar flux and a constant tiled land fraction of 70% (Table 3). They show
106 that stratospheric water-vapour scales approximately logarithmically with stellar flux, allowing us to infer
107 that the 30 – 60% reduction in stratospheric water-vapour caused by dust (shown in Fig. 2b) roughly
108 corresponds to a stellar flux reduction of 30 – 60 W m^{-2} . In contrast to the effect on the outer edge, both
109 our TL and nTL simulations result in a reduction in stratospheric water-vapour when including dust,
110 demonstrating that the inward movement of the inner edge of the habitable zone is a ubiquitous feature
111 of atmospheric dust. However, here the magnitude of the effect is more dependent on the arrangement of
112 the land, and therefore more uncertain. Supplementary Notes 1 and 2 give more details on this.

113 In summary radiatively active atmospheric dust increases the size of the habitable zone for our tidally-
114 locked planets, both by moving the inner edge inwards and outer edge outwards. For our non-tidally-
115 locked planets, both the inner and outer edges of the habitable zone move inwards, so the consequences
116 for habitable zone size depend on which effect is stronger. The exact size of the habitable zone is a subject
117 of much debate^{2,27,28,29}, and how well our results can be extrapolated to previous estimates of its size are
118 covered in the discussion. But to illustrate the potential importance of dust, conservative estimates from
119 Kasting et al.² suggest a stellar irradiance range of $\sim 750 \text{ W m}^{-2}$ from inner to outer edge. Figure 2a
120 shows that the effect of dust is equivalent to changing the stellar irradiance by up to 150 W m^{-2} , thereby
121 moving the outer edge of the habitable zone by up to 10% in either direction.

122 Figure 3 illustrates the effects of dust on climate for the TL case in more detail. We show results for
123 the 100% land simulation where the dust effect is strongest, and although the effect is weakened with lower
124 fractions of land, the mechanisms remain the same. The dust particles are lifted from the surface on the
125 day-side of the planet, since uplift can only occur from non-frozen surfaces. There they are also strongly
126 heated by incoming stellar radiation. The larger particles cannot be transported far before sedimentation
127 brings them back to the surface, but the smaller particles can be transported around the planet by the
128 strong super-rotating jet expected in the atmospheres of tidally-locked planets³⁰. The smaller dust sizes are
129 therefore reasonably well-mixed throughout the atmosphere, and able to play a major role in determining
130 the radiative balance of the night-side of the planet. This highlights an important uncertainty not yet
131 discussed – our assumption that surface dust is uniformly distributed amongst all size categories. As only
132 the small- to mid-sized dust categories play a major role in determining the planetary climate, increasing or
133 decreasing the amount of surface dust in these categories can increase or decrease the quantitative effects.
134 Similarly, the precise formulation of the dust uplift parametrization can have a similar quantitative effect
135 on the results presented. More discussion is given in Supplementary Note 1, but neither uncertainty
136 changes the qualitative results presented.

137 The coldest temperatures are found in the cold-trap vortices on the night-side of the planet (Fig. 3a),
138 which without dust are $\approx 135 \text{ K}$. The effect of dust is to raise the temperature reasonably uniformly by
139 $\approx 25 \text{ K}$ across the night-side of the planet (Fig. 3b), significantly raising the temperature of the cold-
140 traps above the threshold for CO_2 condensation. The increase in surface temperature arises because of a
141 corresponding increase in the downwelling infra-red radiation received by the surface of the night-side of
142 the planet (Fig. 3c and d), which is approximately doubled compared to a dust free case.

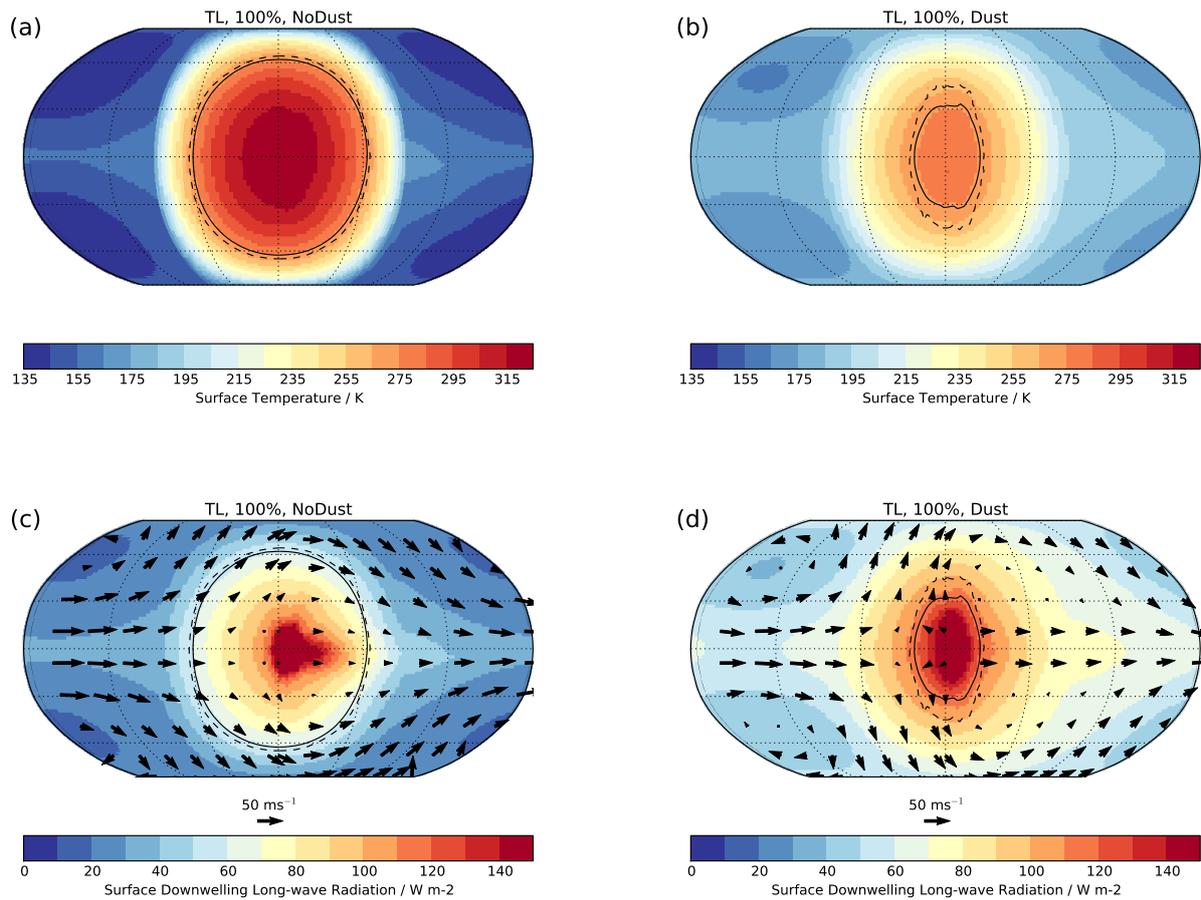


Figure 3: **Mechanisms driving surface temperature change.** Surface temperature (a-b) and surface downwelling long-wave radiation (c-d), from the TL case with 100% land cover for the NoDust (a,c) and Dust (b,d) simulations. Also shown are the mean (solid) and maximum (dashed) 273 K contours, and wind vectors at 8.5 km (≈ 300 hPa, in c and d).

143 Supplementary Note 2 explores some of the more detailed responses of the different land surface
 144 configurations that were shown in Figure 2. However, in all cases, the effect on the habitable zone and
 145 mechanisms for the change are consistent with those described above, and are likely to be significant for
 146 any continental configuration and even for low fractions of land.

147 Simulated observations

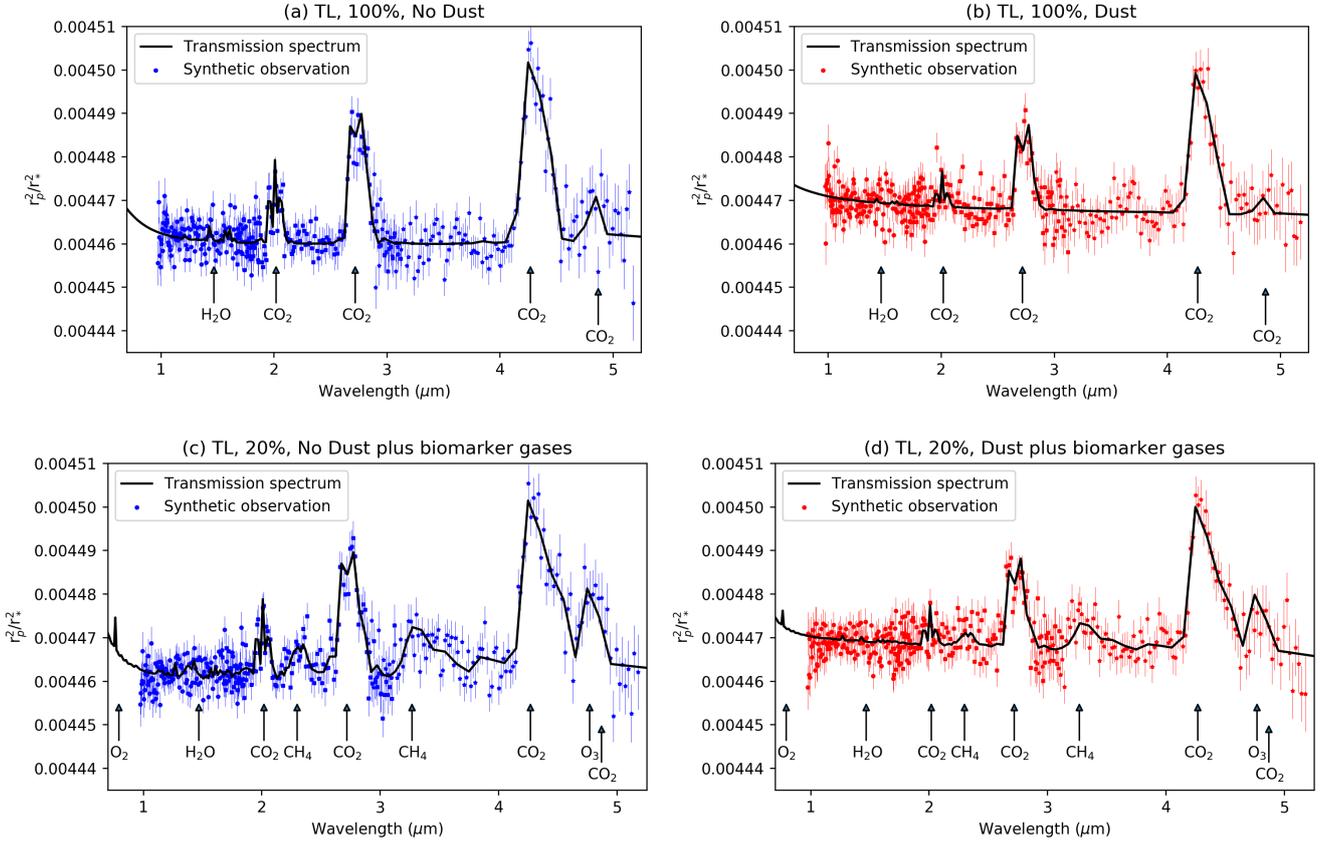


Figure 4: **Effect of dust on planetary observations.** Simulated transmission spectra (black) and synthetic JWST observations (blue/red), from 15 transits for a dusty (b,d) and non-dusty (a,c) tidally locked planet, orbiting an M-dwarf of apparent magnitude similar to Proxima Centauri, with 100% land coverage and no potential biomarker gases (a-b), and 20% land cover and biomarker gases (c-d).

148 A key question regarding airborne mineral dust is how it would affect the interpretation of potential
 149 future spectra of terrestrial exoplanets. Figure 4 presents synthetic observations created from our model
 150 output combined with the PandExo simulator³¹ of the NIRSpec (G140M, G235M and G395M modes)
 151 instrument on the James Webb Space Telescope (JWST), following the method described in Lines et al.³².
 152 We focus here on the TL case, and compare the relatively dry 100% land-cover simulation with the 20%
 153 land-cover arranged as a continent simulation, to demonstrate how even planets with low dust loading and
 154 a strong hydrological cycle can be affected. We additionally consider the 20% land-cover simulation to have
 155 an atmospheric composition which is Earth-like, i.e. it contains the key observable potential biomarker
 156 gases oxygen, ozone and methane³³ in present day Earth concentrations. Adding these gases does not

157 greatly affect the climatic state⁶, but can significantly alter the observed spectra. We consider a target
158 object with the apparent magnitude of Proxima Centauri[†], as stars near this range are the most likely
159 candidates for observing in the near future. We discuss how our results change for dimmer stars such as
160 TRAPPIST-1 in Supplementary Note 3.

161 Figure 4 shows that airborne dust effectively introduces a new continuum absorption into the spectrum,
162 which completely obscures many of the minor absorption peaks similar to previous studies of hotter
163 planets^{32,35}, some of which are associated with potential biomarker gases, such as methane (2.3 and
164 3.3 μm) and ozone (4.7 μm). An oxygen feature at 0.76 μm is also significantly obscured in the dusty
165 spectrum, and although it falls outside the spectral range of JWST, is similarly unlikely to be prominent
166 enough if it was within the observable spectrum. Importantly, biomarker gas features are obscured even
167 when dust loading is relatively low (Fig. 4c,d), i.e. even relatively wet planets with a strong hydrological
168 cycle are prone to having important spectral peaks being obscured from observation by dust.

169 Discussion

170 Given the radiative properties of dust, and the dependence of its impact on the climate on land fraction
171 (Figure 2), it could potentially produce a strong negative feedback for planets undergoing significant water
172 loss at the inner edge of the habitable zone. As water is lost and the fraction of the surface covered in
173 ocean decreases, the amount of dust that is suspended in the atmosphere will likely increase, which in
174 turn cools surface temperatures, quite dramatically in the case of a tidally-locked planet, reducing the
175 amount of water-vapour in both the lower and middle atmosphere. Airborne dust can therefore act as a
176 temporary brake on water loss from planets at the inner edge of the habitable zone in a similar manner to
177 the ocean fraction/water-vapour feedback¹³. However, how dust interacts with other mechanisms affecting
178 the inner-edge of the habitable zone requires further study. For example, the potential bi-stable state of
179 planets with water locked on the night-side³⁶, which may also widen the habitable zone, may be partly
180 offset by the presence of dust if the warmer night-side (due to mechanisms discussed here) allows some of
181 the water to be liberated back to the day-side.

182 Estimates of the outer-edge of the habitable zone²⁹ are also typically made with much higher CO₂
183 partial pressures than those considered here (up to 10 bar). It is unclear that such high CO₂ concentrations
184 could be achieved in the presence of land, due to increased weathering activity preventing further CO₂
185 build up³⁷. If they are, the quantitative effect of dust will depend on a range of compensating uncertainties.
186 For example, dust uplift should be enhanced due to higher surface stresses in a higher-pressure atmosphere.
187 However dust transport to the night-side may be reduced in the weaker super-rotating jet due to reduced
188 day-night temperature contrasts³⁸.

189 Our results have implications for studies of the history of our own planet before terrestrial vegetation
190 covered large areas, with a particular example being the faint young Sun problem of Archean Earth³⁹.
191 The land masses which are believed to have emerged during this period will have been unvegetated, and
192 therefore a significant source of dust uplift into the atmosphere if dry and not covered in ice. As we have
193 shown, this dust would have a cooling effect on the planetary climate, potentially making the faint young

[†]Proxima b itself does not transit³⁴, but that does not invalidate our results for similar planets around similar stars.

194 Sun problem harder to resolve. However, it is also possible that microbial mats might have covered large
195 areas of the land surface before vegetation evolved. The exact nature of such cover, and how much it would
196 hinder dust lifting into the atmosphere, has yet to be quantified.

197 It is clear that the possible presence of atmospheric dust must be considered when interpreting observa-
198 tions. The feature-rich spectrum observed from a dust-free atmosphere containing water-vapour, oxygen,
199 ozone and methane (Fig. 4c) is transformed into a flat, bland spectrum where only major CO₂ peaks are
200 visible above the background dust continuum (Fig. 4d). Observations returning a spectrum such as this
201 could easily be misinterpreted as being caused by a dry atmosphere containing only nitrogen and CO₂,
202 i.e. Fig. 4d interpreted as Fig. 4a. The result would be a potentially very interesting planet being char-
203 acterised as dry, rocky and lifeless. On the other hand, if spectra are obtained which can unambiguously
204 place a limit on dust generation, such results imply a mechanism that inhibits dust lifting, whether it be
205 some combination of very small land fraction, significant ice or vegetation cover, or other dust-inhibiting
206 mechanism: such a result would also be of great interest to those interpreting observations.

207 Finally, our results have wide-ranging consequences for future studies of the habitability of terrestrial
208 rocky planets. Such studies should include models of airborne dust as well as observational constraints.
209 Furthermore, our results strongly support the continued collaboration between observational and modelling
210 communities, as they demonstrate that observations alone cannot determine the size of the habitable zone:
211 it crucially depends on properties of the planetary atmosphere, which are presently only accessible via
212 climate modelling.

213 Methods

214 Our general circulation model of choice is the GA7 science configuration of the Met Office Unified Model²⁴,
215 a state-of-the-art climate model which incorporates within it a mineral dust parameterisation^{40,41}, which
216 includes uplift from the surface, transport by atmospheric winds, interaction with radiation and clouds,
217 and precipitation and sedimentation. The parameterisation comprises 9 bins of different sized dust particles
218 (0.03 – 1000 μm). The largest 3 categories ($> 30 \mu\text{m}$) represent the precursor species for atmospheric dust;
219 these are the large particles which are not electro-statically bound to the surface, but can be temporarily
220 lifted from the surface by turbulent motions. They quickly return to the surface under gravitational
221 effects, and as such are not transported through the atmosphere (they do not travel more than a few
222 metres). However, they are important because their subsequent impact with the surface is what releases
223 the smaller particles into the atmosphere. These smaller 6 categories ($< 30 \mu\text{m}$) are transported by the
224 model's turbulence parameterisation⁴², moist convection scheme⁴³ and resolved atmospheric dynamics⁴⁴.
225 They can return to the surface under gravitational settling, turbulent mixing, and washout from the
226 convective or large-scale precipitation schemes⁴⁵. The absorption and scattering of short- and long-wave
227 radiation by dust particles is based on optical properties calculated from Mie theory, assuming spherical
228 particles, and each size division is treated independently.

229 The land surface configuration is almost identical to that presented in Lewis et al.¹⁵, i.e. a bare-soil
230 configuration of the JULES land surface model set to give the planet properties of a sandy surface. Our key
231 difference is the use of a lower surface albedo (0.3). The land is at sea-level altitude with zero orography

232 and a roughness length of 1×10^{-3} m for momentum and 2×10^{-5} m for heat and moisture (although
 233 these are reduced when snow is present on the ground). The soil moisture is initially set to its saturated
 234 value, but evolves freely to its equilibrium state. Land is assumed to comprise dust of all sizes, uniformly
 235 distributed across the range. The dust parameterisation is used in its default Earth setup, and naturally
 236 adapts to the absence of vegetation, suppresses uplift in wetter regions, and prevents it from frozen or snow
 237 covered surfaces. The ocean parametrization is a slab ocean of 2.4 m mixed layer depth with no horizontal
 238 heat transport, as was used in Boutle et al.⁶, and includes the effect of sea-ice on surface albedo following
 239 the parametrization described in Lewis et al.¹⁵. It is worth noting that whilst the setup implies an infinite
 240 reservoir of both water in the ocean and dust on the land, this is not actually a requirement of the results
 241 – all that is required is enough water/dust to support that which is suspended in the atmosphere and
 242 deposited in areas unfavourable for uplift (e.g. the night-side of the TL planet), and that some equilibrium
 243 state is achieved whereby additional water/dust deposited in areas unfavourable for uplift can be returned
 244 to areas where uplift can occur, e.g. basal melting of glaciers.

	TL	nTL
Semi-major axis (AU)	0.0485	1.00
Stellar irradiance (W m^{-2})	881.7	1361.0
Stellar spectrum	Proxima Centauri	The Sun
Orbital period (Earth days)	11.186	365.24
Rotation rate (rad s^{-1})	6.501×10^{-6}	7.292×10^{-5}
Eccentricity	0	
Obliquity	0	
Radius (km)	7160	6371
Gravitational acceleration (m s^{-1})	10.9	9.81

Table 1: **Orbital and planetary properties.** Shown for the tidally-locked (TL) and non-tidally-locked (nTL) simulations.

245 The orbital and planetary parameters for our two template planets are given in Table 1. To simplify the
 246 analysis slightly, both planets are assumed to have zero obliquity and eccentricity. Atmospheric parameters
 247 are given in Table 2. Again, for simplicity, we assume the atmospheric composition is nitrogen dominated
 248 with trace amounts of CO_2 for the control experiments investigating the role of dust on the atmosphere.
 249 However, because of the important role of potential biomarker gases such as oxygen, ozone and methane
 250 have in the transmission spectrum, when discussing simulated observables we include these gases at an
 251 abundance similar to that of present day Earth.

252 Table 3 summarises the 28 experiments and their parameters which are described in this paper.

253 Code availability

254 The Met Office Unified Model is available for use under licence, see <http://www.metoffice.gov.uk/research/modelling-systems/unified-model>.
 255

Parameter	Control simulations	Synthetic observations
Mean surface pressure (Pa)		10^5
R (J kg ⁻¹ K ⁻¹)	297	287.05
c_p (J kg ⁻¹ K ⁻¹)	1039	1005
CO ₂ MMR (kg kg ⁻¹) / ppm	$5.941 \cdot 10^{-4}$ / 378	$5.941 \cdot 10^{-4}$ / 391
O ₂ MMR (kg kg ⁻¹) / ppm	0	0.2314 / $209 \cdot 10^3$
O ₃ MMR (kg kg ⁻¹) / ppm	0	$2.4 \cdot 10^{-8}$ / 0.015 (min) $1.6 \cdot 10^{-5}$ / 9.66 (max)
CH ₄ MMR (kg kg ⁻¹) / ppm	0	$1.0 \cdot 10^{-7}$ / 0.18
N ₂ O MMR (kg kg ⁻¹) / ppm	0	$4.9 \cdot 10^{-7}$ / 0.32

Table 2: **Atmospheric parameters used in this study.** Shown for the baseline simulations with a simple nitrogen plus trace CO₂ atmosphere, and the synthetic observations with a more Earth-like atmosphere. Gas quantities are given in mass mixing ratio (MMR) and parts-per-million (ppm).

Land fraction	TL Continents	TL Tiled	nTL Tiled
0		Control	Control
20	Control; Synthetic		
30		Control	Control
40	Control		
60	Control		
70		Control; SI-244; SI+394	Control; SI-161; SI+139
100	Control; $k_1 = 2$; $k_1 = 2$, small		Control

Table 3: **Full list of the 28 experiments presented in this study.** The orbital and planetary parameters (TL, nTL) are taken from Table 1, the atmospheric parameters (Control, Synthetic) are taken from Table 2 and Continents/Tiled is explained in the text (N.B. for 0 and 100% land fraction, the Continent or Tiled setup is identical). Additional experiments denoted *SI* contain changes to the stellar irradiance from those quoted in Table 1, and k_1 vary the dust uplift as discussed in Supplementary Note 1. Most experiments contains two variants – with and without radiatively interactive mineral dust.

256 Data availability

257 All data used in this study is available from the authors upon request.

258 References

- 259 [1] Borucki, W. J. *et al.* Kepler-62: A Five-Planet System with Planets of 1.4 and 1.6 Earth Radii in the
260 Habitable Zone. *Science* **340**, 587–590 (2013).
- 261 [2] Kasting, J. F., Whitmire, D. P. & Reynolds, R. T. Habitable zones around main sequence stars.
262 *Icarus* **101**, 108–128 (1993).
- 263 [3] Barnes, R. Tidal locking of habitable exoplanets. *Celestial Mechanics and Dynamical Astronomy*
264 **129**, 509–536 (2017).
- 265 [4] Joshi, M. M., Haberle, R. M. & Reynolds, R. T. Simulations of the Atmospheres of Synchronously
266 Rotating Terrestrial Planets Orbiting M Dwarfs: Conditions for Atmospheric Collapse and the Im-
267 plications for Habitability. *Icarus* **129**, 450 – 465 (1997).
- 268 [5] Turbet, M. *et al.* The habitability of Proxima Centauri b II. Possible climates and observability.
269 *Astronomy and Astrophysics* **596**, A112 (2016).
- 270 [6] Boutle, I. A. *et al.* Exploring the climate of Proxima B with the Met Office Unified Model. *Astronomy*
271 *and Astrophysics* **601**, A120 (2017).
- 272 [7] Del Genio, A. D. *et al.* Habitable Climate Scenarios for Proxima Centauri b With a Dynamic Ocean.
273 *Astrobiology* **19**, 99–125 (2019).
- 274 [8] Fauchez, T. J. *et al.* TRAPPIST-1 Habitable Atmosphere Intercomparison (THAI). Motivations and
275 protocol version 1.0. *Geosci. Model Dev.* **13**, 707–716 (2020).
- 276 [9] Tian, F. & Ida, S. Water contents of Earth-mass planets around M dwarfs. *Nat. Geosci.* **8**, 177–180
277 (2015).
- 278 [10] Nisbet, E. G. & Sleep, N. H. The habitat and nature of early life. *Nature* **409**, 1083–1091 (2001).
- 279 [11] Abbot, D. S., Cowan, N. B. & Ciesla, F. J. Indication of Insensitivity of Planetary Weathering
280 Behavior and Habitable Zone to Surface Land Fraction. *The Astrophysical Journal* **756**, 178 (2012).
- 281 [12] Joshi, M. Climate model studies of synchronously rotating planets. *Astrobiology* **3**, 415–427 (2003).
- 282 [13] Abe, Y., Abe-Ouchi, A., Sleep, N. H. & Zahnle, K. J. Habitable zone limits for dry planets. *Astro-*
283 *biology* **11**, 443–460 (2011).
- 284 [14] Yang, J., Boué, G., Fabrycky, D. C. & Abbot, D. S. Strong dependence of the inner edge of the
285 habitable zone on planetary rotation rate. *The Astrophysical Journal Letters* **787**, L2 (2014).

- 286 [15] Lewis, N. T. *et al.* The influence of a substellar continent on the climate of a tidally locked exoplanet.
287 *The Astrophysical Journal* **854**, 171 (2018).
- 288 [16] Way, M. J. *et al.* Climates of Warm Earth-like Planets. I. 3D Model Simulations. *The Astrophysical*
289 *Journal Supplement Series* **239**, 24 (2018).
- 290 [17] Way, M. J. *et al.* Was Venus the first habitable world of our solar system? *Geophys. Res. Lett.* **43**,
291 8376–8383 (2016).
- 292 [18] Greeley, R. *et al.* Aeolian features on Venus: Preliminary Magellan results. *J. Geophys. Res.* **97**,
293 13319–13345 (1992).
- 294 [19] Zurek, R. W. Martian great dust storms: An update. *Icarus* **50**, 288–310 (1982).
- 295 [20] Kahre, M. A., Murphy, J. R. & Haberle, R. M. Modeling the Martian dust cycle and surface dust
296 reservoirs with the NASA Ames general circulation model. *J. Geophys. Res.* **111**, E6 (2006).
- 297 [21] Lambert, F. *et al.* Dust-climate couplings over the past 800,000 years from the EPICA Dome C ice
298 core. *Nature* **452**, 616–619 (2008).
- 299 [22] Kok, J. F., Ward, D. S., Mahowald, N. M. & Evan, A. T. Global and regional importance of the
300 direct dust-climate feedback. *Nat. Comms.* **9**, 241 (2018).
- 301 [23] Ridgwell, A. J. & Watson, A. J. Feedback between aeolian dust, climate, and atmospheric CO₂ in
302 glacial time. *Paleoceanography* **17**, 1059 (2002).
- 303 [24] Walters, D. *et al.* The Met Office Unified Model Global Atmosphere 7.0/7.1 and JULES Global Land
304 7.0 configurations. *Geosci. Model Dev.* **12**, 1909–1963 (2019).
- 305 [25] Turbet, M., Forget, F., Leconte, J., Charnay, B. & Tobie, G. CO₂ condensation is a serious limit to
306 the deglaciation of Earth-like planets. *Earth and Planetary Science Letters* **476**, 11–21 (2017).
- 307 [26] Kasting, J. F. Runaway and moist greenhouse atmospheres and the evolution of Earth and Venus.
308 *Icarus* **74**, 472–494 (1988).
- 309 [27] Zsom, A., Seager, S., de Wit, J. & Stamenković, V. Toward the minimum inner edge distance of the
310 habitable zone. *The Astrophysical Journal* **778**, 109 (2013).
- 311 [28] Leconte, J., Forget, F., Charnay, B., Wordsworth, R. & Pottier, A. Increased insolation threshold for
312 runaway greenhouse processes on Earth-like planets. *Nature* **504**, 268–271 (2013).
- 313 [29] Kopparapu, R. K. *et al.* Habitable Zones around Main-sequence Stars: New Estimates. *The Astro-*
314 *physical Journal* **765**, 131 (2013).
- 315 [30] Showman, A. P. & Polvani, L. M. Equatorial superrotation on tidally locked exoplanets. *The Astro-*
316 *physical Journal* **738**, 71 (2011).
- 317 [31] Batalha, N. E. *et al.* PandExo: A Community Tool for Transiting Exoplanet Science with JWST &
318 HST. *PASP* **129**, 064501 (2017).

- 319 [32] Lines, S. *et al.* Exonephology: transmission spectra from a 3D simulated cloudy atmosphere of HD
320 209458b. *MNRAS* **481**, 194–205 (2018).
- 321 [33] Schwieterman, E. W. *et al.* Exoplanet biosignatures: A review of remotely detectable signs of life.
322 *Astrobiology* **18**, 663–708 (2018).
- 323 [34] Jenkins, J. S. *et al.* Proxima Centauri b is not a transiting exoplanet. *MNRAS* **487**, 268–274 (2019).
- 324 [35] Kreidberg, L. *et al.* Clouds in the atmosphere of the super-Earth exoplanet GJ1214b. *Nature* **505**,
325 69–72 (2014).
- 326 [36] Leconte, J. *et al.* 3d climate modeling of close-in land planets: Circulation patterns, climate moist
327 bistability, and habitability. *Astronomy and Astrophysics* **554**, A69 (2013).
- 328 [37] Kite, E. S., Gaidos, E. & Manga, M. Climate instability on tidally locked exoplanets. *The Astro-*
329 *physical Journal* **743**, 41 (2011).
- 330 [38] Fauchez, T. J. *et al.* Impact of clouds and hazes on the simulated JWST transmission spectra of
331 habitable zone planets in the TRAPPIST-1 system. *The Astrophysical Journal* **887**, 194 (2019).
- 332 [39] Charnay, B. *et al.* Exploring the faint young Sun problem and the possible climates of the Archean
333 Earth with a 3-D GCM. *J. Geophys. Res.* **118**, 10,414–10,431 (2013).
- 334 [40] Woodward, S. Modeling the atmospheric life cycle and radiative impact of mineral dust in the Hadley
335 Centre climate model. *J. Geophys. Res.* **106**, 18155–18166 (2001).
- 336 [41] Woodward, S. Mineral dust in HadGEM2. Tech. Rep. 87, Hadley Centre, Met Office, Exeter, UK
337 (2011).
- 338 [42] Lock, A. P., Brown, A. R., Bush, M. R., Martin, G. M. & Smith, R. N. B. A New Boundary Layer
339 Mixing Scheme. Part I: Scheme Description and Single-Column Model Tests. *Mon. Weather Rev.*
340 **128**, 3187–3199 (2000).
- 341 [43] Gregory, D. & Rowntree, P. R. A mass flux convection scheme with representation of cloud ensemble
342 characteristics and stability-dependent closure. *Mon. Weather Rev.* **118**, 1483–1506 (1990).
- 343 [44] Wood, N. *et al.* An inherently mass-conserving semi-implicit semi-lagrangian discretisation of the
344 deep-atmosphere global nonhydrostatic equations. *Q. J. R. Meteorol. Soc.* **140**, 1505–1520 (2014).
- 345 [45] Wilson, D. R. & Ballard, S. P. A microphysically based precipitation scheme for the Meteorological
346 Office Unified Model. *Q. J. R. Meteorol. Soc.* **125**, 1607–1636 (1999).

347 Acknowledgements

348 IB and JM acknowledge the support of a Met Office Academic Partnership secondment. We acknowledge
349 use of the MONSooN system, a collaborative facility supplied under the Joint Weather and Climate Re-
350 search Programme, a strategic partnership between the Met Office and the Natural Environment Research

351 Council. NM was part funded by a Leverhulme Trust Research Project Grant which supported some of this
352 work alongside a Science and Technology Facilities Council Consolidated Grant (ST/R000395/1). This
353 work also benefited from the 2018 Exoplanet Summer Program in the Other Worlds Laboratory (OWL)
354 at the University of California, Santa Cruz, a program funded by the Heising-Simons Foundation.

355 **Author contributions**

356 IB ran the simulations and produced most of the figures and text. MJ had the original idea and provided
357 guidance, Figure 1 and contributions to the text. FHL and NM provided guidance and contributions to
358 the text. DL investigated the role of continents as a Masters project. JM provided scientific and technical
359 advice. RR produced the synthetic observations in Figure 4. KK provided technical support.

360 **Competing interests**

361 The authors declare no competing interests.