

1 **Environmental DNA facilitates accurate, inexpensive, and**  
2 **multi-year population estimates of millions of anadromous**  
3 **fish**

4 Molecular Ecology Resources in press

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20 **Keywords:** Alaska, anadromous, eDNA, eulachon, fisheries, *Thaleichthys pacificus*, Tlingit

21 **Running head:** indigenous eDNA monitoring of eulachon

22

## 23 **Abstract**

24 Although environmental DNA shed from an organism is now widely used for species detection  
25 in a wide variety of contexts, mobilizing environmental DNA for management requires  
26 estimation of population size and trends in addition to assessing presence or absence. However,  
27 the efficacy of environmental-DNA-based indices of abundance for long-term population  
28 monitoring have not yet been assessed. Here we report on the relationship between six years of  
29 mark-recapture population estimates for eulachon (*Thaleichthys pacificus*) and ‘eDNA rates,’  
30 which are calculated from the product of stream flow and DNA concentration. Eulachon are a  
31 culturally and biologically important anadromous fish that have significantly declined in the  
32 southern part of their range but were historically rendered into oil and traded. Both the peak  
33 eDNA rate and the area under the curve of the daily eDNA rate were highly predictive of the  
34 mark-recapture population estimate, explaining 84.96% and 92.53% of the deviance respectively.  
35 Even in the absence of flow correction, the peak of the daily eDNA concentration explained an  
36 astonishing 89.53% while the area under the curve explained 90.74% of the deviance. These  
37 results support the use of eDNA to monitor eulachon population trends and represent a >80%  
38 cost savings over mark-recapture, which could be further increased with automated water  
39 sampling, reduced replication, and focused temporal sampling. Due to its logistical ease and  
40 affordability, eDNA sampling can facilitate monitoring a larger number of rivers and in remote  
41 locations where mark-recapture is infeasible.

42

## 43 **Introduction**

44           While the environmental DNA shed from an organism is now widely used for species  
45 detection in a wide variety of contexts (Barnes & Turner, 2016; Rees, Maddison, Middleditch,  
46 Patmore, & Gough, 2014; Jerde, Mahon, Chadderton, & Lodge, 2011; Laramie, Pilliod, &  
47 Goldberg, 2015; Mächler, Deiner, Steinmann, & Altermatt, 2014; Rees et al., 2014; Takahara,  
48 Minamoto, Yamanaka, Doi, & Kawabata, 2012), mobilizing environmental DNA for  
49 management requires estimation of population size and trends in addition to assessing presence  
50 or absence. Recent research suggests that eDNA quantified with real-time quantitative  
51 polymerase chain reaction (PCR) or digital-droplet PCR can provide a proxy for actual  
52 abundance in controlled experiments (Rees, Maddison, Middleditch, Patmore, & Gough, 2014),  
53 in ponds (Lacoursière-Roussel, Côté, Leclerc, & Bernatchez, 2016; Takahara et al., 2012) in  
54 streams (Doi et al., 2015; Levi et al., 2019; Lodge et al., 2012; Tillotson et al., 2018; Wilcox et  
55 al., 2016) and in marine bays (Plough et al., 2018). However, the efficacy of environmental DNA  
56 based indices of abundance in natural settings have produced mixed results (Yates, Fraser, &  
57 Derry, 2019) and have not yet been assessed in a management context for long-term population  
58 monitoring.

59           Anadromous fish enter freshwater systems to spawn, often in large number, providing the  
60 opportunity to quantify the size of the spawning population with environmental DNA to inform  
61 management and population trends. While recent research has suggested that daily eDNA counts  
62 correlate well with the enumeration of daily immigrating adult salmon or daily outmigration of  
63 salmon smolts (Levi et al., 2019), a more important question is whether total run sizes can be  
64 accurately predicted for long interannual population monitoring programs. The use of eDNA to

65 monitor interannual populations increases the utility of this technology as a management tool  
66 that could expand the spatial and temporal scale of current fisheries monitoring programs.

67 Owing to their short run time and large spawning aggregations, Eulachon (*Thaleichthys*  
68 *pacificus*), a lipid-rich, anadromous smelt of the family Osmeridae (Mecklenburg et al. 2002),  
69 make an ideal case study to test eDNA for long-term population monitoring of anadromous fish.  
70 Adult eulachon have an average size of 18 to 22 cm (Spangler, 2002). The historic range of  
71 eulachon stretched from southern California to the Bering Sea in southwest Alaska (Hart, 1973).  
72 The majority of eulachon populations have been declining since the 1990s (Hay & Mccarter,  
73 2000). In 2010, the National Marine Fisheries Service (NMFS) listed the southern distinct  
74 population segment in Washington, Oregon, and California as Threatened under the Endangered  
75 Species Act (NOAA, 2010). Because there is no commercial eulachon fishery in northern  
76 Southeast Alaska, there is no harvest regulation or management, agency oversight, or monitoring  
77 of population trends. While some eulachon population declines have been well documented (Hay  
78 & Mccarter, 2000), the status of most eulachon populations is either unknown or anecdotal.

79 In Southeast Alaska, eulachon are the first anadromous fish to return after the long  
80 winter, and as a result, are a key resource for indigenous communities and for wildlife. For the  
81 Northwest Coast native people, eulachon are a culturally significant staple food source that is  
82 consumed fresh, dried, or smoked, and are frequently rendered into oil (Betts, 1994).  
83 Historically, eulachon oil was the most important trade item on a network of 'grease trails'  
84 between coastal and interior peoples, and it is still used and traded (Betts, 1994; Moody &  
85 Pitcher, 2010). Eulachon spawn just prior to the breeding season of many consumers, including  
86 marine mammals, thus providing a high-energy prey resource at an energetically demanding time  
87 (Sigler, Womble, & Vollenweider, 2004). The eulachon spawning aggregation draws enormous

88 congregations of seabirds, bald eagles (*Haliaeetus leucocephalus*), Steller sea lions (*Eumetopias*  
89 *jubatus*), harbor seals (*Phoca vitulina*), and humpback whales (*Megaptera novaeangliae*) among  
90 many other smaller predators and scavengers. A lack of eulachon population information  
91 coupled with the cultural and subsistence value of the species led to the development of an  
92 indigenous-led eulachon monitoring program in northern Southeast Alaska. In 2010 the Chilkoot  
93 Indian Association and the Takshanuk Watershed Council initiated a modified Lincoln-Petersen  
94 (Chapman, 1951, Lincoln, 1930; Petersen, 1896) mark-recapture population estimate on the  
95 Chilkoot River near Haines, Alaska at the northern end of southeast Alaska (Fig. 1). This  
96 program was successful in gathering baseline eulachon population data where none existed  
97 previously; however, monitoring is challenging and expensive (~\$20,000 annually), limiting the  
98 feasibility of conducting long-term monitoring and limiting the possible geographic scope of  
99 monitoring. In an effort to develop a more cost-effective monitoring method, in 2014 we began  
100 pairing the mark-recapture program with daily water sampling to evaluate the efficacy of  
101 environmental DNA (eDNA) to produce an index of eulachon abundance.

102         Here we compare six years (2014-2019) of mark-recapture eulachon abundance estimates  
103 with eulachon eDNA quantification to test whether long-term, affordable, indigenous-led  
104 monitoring of eulachon populations could be effectively achieved with environmental DNA.  
105 This method could facilitate intertribal cooperation for affordable monitoring of a culturally  
106 important subsistence and economic resource on a regional scale. Such regional monitoring is  
107 particularly important for eulachon, which exhibit low site-fidelity and thus regional broad-scale  
108 population structure (Flannery, Spangler, Norcross, Lewis, & Wenburg, 2013) such that a true  
109 population decline can only be verified by monitoring multiple river systems.

110

## 111 **Methods**

### 112 *Study System*

113           The Chilkoot River near Haines, Alaska has long been a culturally and ecologically  
114 important river. The lower Chilkoot River flows 1.5 km from Chilkoot Lake to the ocean at the  
115 terminus of a large fjord. The Chilkoot Tlingit village and fishcamp was historically located  
116 along the banks of the Chilkoot River, which is still utilized for eulachon fishing and processing  
117 today (Betts, 1994; Olds, 2016). Eulachon typically spawn in the lower reaches of the Chilkoot  
118 River (Hay & Mccarter, 2000) where mostly indigenous harvesters capture large quantities for  
119 smoking, frying, and rendering into oil in pits.

120           The Chilkoot Indian Association initiated a eulachon mark-recapture study to develop the  
121 first population baseline for the Chilkoot River, which is now the longest eulachon population  
122 dataset in Southeast Alaska (Alaska Department of Fish and Game Aquatic Resources Permit:  
123 SF-2014-027, SF2015-066, SF2016-113, SF2017-062, SF2018-072). This effort was initiated  
124 because anecdotal observation suggested that the run size and timing on the Chilkoot River  
125 differed from traditional knowledge, and because the decline of the southern distinct population  
126 segment of eulachon was substantial enough to warrant threatened status under the Endangered  
127 Species Act (NOAA, 2010). The Endangered Species Act listing of eulachon led to concern by  
128 Chilkoot Indian Association tribal members that a decline in northern Southeast Alaska, where a  
129 strong subsistence fishery remained, would go undocumented, and thus un-remediated, without  
130 quantification of the current run size (Olds, 2016).

### 131 *Mark-Recapture*

132           At the mouth of the Chilkoot River, eulachon were captured using a modified fyke net  
133 trap and dip nets. The initial captured eulachon (M group) were transferred in small groups to

134 plastic dishpans where they could be easily handled to clip off the adipose fin using retina  
135 scissors and returned to the river. To avoid excessive increases in temperature and to reduce the  
136 possibility of disease transmission, the water in the dishpans was changed between each group  
137 and the dishpans were rinsed with river water. To allow time for the marked fish to mix with the  
138 unmarked fish, the recapture group was captured approximately 0.75 km upstream of the trap  
139 location (C and R group) (Fig 1). Eulachon in the second capture group were collected by field  
140 crews wading through the river with dip nets making sure to sample all portions of the river and  
141 with the help of subsistence harvesters when their catch was from within the recapture reach. The  
142 captured fish were examined for a clipped adipose fin before releasing. To avoid repetitive  
143 sampling of the same fish, field crews started at a downstream point and worked their way  
144 upstream. Eulachon are thought to be semelparous (spawning only once), which negates  
145 recapturing fish marked in a previous year (Clarke, Lewis, Telmer, & Shrimpton, 2007). A  
146 modified Lincoln-Peterson estimator equation (Chapman, 1951) was used  $N = \frac{(M+1)(C+1)}{R+1} - 1$   
147 where N = total population size, M = marked initially, C = total in second sample, and R =  
148 marked recaptures. The standard error was calculated using the equation  $SE =$   
149  $\sqrt{[(M + 1)(C + 1)(M - R)(C - R)] / [(R + 1)^2(R + 2)]}$ . The 95% confidence interval was  
150 calculated as  $CI = N \pm (1.96)(SE)$ . Mark-recapture data were collected from 2010 through  
151 2019, excluding 2013 where a lapse in funding prohibited collection.

## 152 *Environmental DNA*

153 We collected daily water samples for eulachon eDNA quantification just below the mark-  
154 recapture trap location near the mouth of the Chilkoot River (Fig. 1) from 2014 through 2019.  
155 The samples were taken as close to low tide as was feasible to avoid either DNA intrusion from  
156 the estuary and/or dilution with an influx of tidal flow. Three replicate 1 L water samples were

157 collected from the same location each sampling day in sterile Whirl Pak bags starting in early to  
158 mid-April and continuing for at least one week beyond the end of the mark-recapture study  
159 duration (Table 2). The exception to this was 5 days in 2019 for which field crews mistakenly  
160 filtered only 750 ml. We multiplied DNA concentrations from these days by 1.33 to account for  
161 the reduced volume. We sampled for 8, 11, 19, 13, 17, and 25 days during each run from 2014  
162 through 2019, respectively, based on the duration of the run.

163 Each sample was transported from the field to the Takshanuk Watershed Council office  
164 immediately after collection and was filtered through a Nalgene 47mm 0.45 micron cellulose  
165 nitrate filter using either a peristaltic pump (Proactive Alexis peristaltic pump) or vacuum pump  
166 (Gast model DOA-P704-AA) with a three-sample manifold. Filters were stored immediately in  
167 100% ethanol within 2 mL cryovials and refrigerated until shipped to Oregon State University  
168 for extraction. Filters were removed from ethanol and air-dried overnight in sterile, disposable  
169 weight boats in a hepafiltered and UV-irradiated cabinet within a PCR-free laboratory to avoid  
170 contamination. DNA was then extracted using the Qiagen DNeasy Blood and Tissue kit modified  
171 to include a >48 hour soak in ATL buffer, which was found to produce higher and more  
172 consistent yields. DNA was eluted in a total volume of 100  $\mu$ l.

### 173 *DNA Quantification*

174 We developed a species-specific quantitative PCR assay for eulachon targeting a 187-bp  
175 region of the *Cytochrome oxidase I* (COI) region of the mitochondrial genome based on  
176 observed sequence divergence among Osmeridae fish species in the Pacific Northwest region of  
177 North America including longfin smelt (*Spirinchus thaleichthys*), capelin (*Mallotus villosus*), and  
178 rainbow smelt (*Osmerus mordax*). Specifically, we ensured at least 2 bp mismatch on the  
179 forward primer and at least 3 bp mismatches on the probe to the other Osmeridae fishes. The

180 reverse primer contained a 2 bp mismatch to longfin smelt, a 3 bp mismatch to capelin, and a 1bp  
181 mismatch to rainbow smelt. We tested our primers *in vitro* against longfin smelt tissue to ensure  
182 no nonspecific binding, and *in natura* on water samples from a diversity of rivers in southeast  
183 Alaska (Chilkoot, Chilkat, Taiya, Ferebee, Katzehin, Auke, Berners, Lace, Antler, Mendenhall)  
184 and Oregon (Columbia, Cowlitz) outside of the eulachon run to ensure no nonspecific binding to  
185 non-Osmeridae fishes.

186 The probe was labeled with a 5' FAM fluorescent marker and a minor-groove-binding  
187 non-fluorescent quencher on the 3' end. Primer3 software (Untergasser et al. 2012) was used to  
188 select the following primers: Euc\_COI\_R (5'- CTCCTCCTTCCTTCTCCTT-3'), Euc\_COI\_R  
189 (5'- GGTCTGGTACTGGGAAATGG-3') and the internal probe Euc\_COI\_I (5'-  
190 6FAM\*AGCGGGAGCCGGGACTGGCT\*MGBNFQ).

191 A Bio-Rad QX200 AutoDG Droplet Digital PCR system (Hercules, CA. USA) at the  
192 Oregon State University Center for Genome Research and Biocomputing was used to quantify  
193 DNA concentrations in duplicate PCR reactions. A 22 µl reaction was carried out containing  
194 (final concentrations) 1 x ddPCR Supermix for probes (no dUTP), 900 nM of both forward and  
195 reverse primers, 250 nM internal probe and 4 µl of DNA extract. Droplets were then generated  
196 using the QX200 AutoDG system, resulting in a final reaction volume of 40 ul. Cycling  
197 consisted of 95 °C for 10 mins, followed by 45 cycles of 94 °C for 30 secs, and 60 °C for 1 min,  
198 ending with 96 °C for 10 mins, allowing for a ramp rate of 2 °C/sec between steps. PCR setup  
199 occurred in a hepafiltered and UV-irradiated cabinet within a PCR-free laboratory to avoid  
200 contamination. After the reaction, the droplets were read on a Droplet Reader and analyzed with  
201 QuantaSoft Analysis Pro software (version 1.0.596). We included extraction blanks every 35  
202 samples, and every ddPCR plate included two no-template controls (DI water), and positive

203 controls (eulachon tissue extracts). We did not observe false positives of eulachon in negative  
204 controls nor false negatives of eulachon tissue or water samples when eulachon were observed in  
205 the river.

206 The concentration of eDNA is a function of both the amount of eDNA shed into the river  
207 and dilution of eDNA due to increased stream flow. To calculate the flow-corrected eDNA rate,  
208 we multiplied each day's ddPCR DNA concentration ( $\frac{copies}{ul}$ ) against the day's stream flow  
209  $\frac{cubic\ feet}{sec}$ . We refer to this as an eDNA rate because once the volume units cancel the result is  
210 proportional to DNA copies/second (Levi et al. 2019). Stream flow measurements were taken  
211 each day that an eDNA sample was collected immediately following the collection of the eDNA  
212 sample. To measure streamflow, we used a rating curve developed by the Alaska Department of  
213 Fish and Game for the Chilkoot River. To validate this rating curve, a stream flow measurement  
214 was taken at the beginning of each field season on the Chilkoot following the USGS velocity-  
215 area method using a type AA current meter (Turnipseed & Sauer, 2010). Following the initial  
216 calibration of the rating curve, the daily river height was measured in feet off of an established  
217 benchmark using surveying equipment, which was then transformed into a river discharge based  
218 on the rating curve (Sowa, 2015).

### 219 *Analysis*

220 We evaluated the flow-corrected eDNA rate as an index of eulachon abundance based on  
221 two metrics. First, we use the maximum eDNA rate (i.e. size of peak). Second, we used area  
222 under the curve of the eDNA rate throughout the duration of the run. In each case, the daily  
223 eDNA concentration was the average of 6 replicates (2 ddPCR within 3 replicate water samples).  
224 DNA concentration particularly in cases of multimodal runs, the area under the curve was  
225 expected to provide a more accurate representation of the overall biomass. We computed the area

226 under the curve with the AUC function in the *DescTools* package version 0.99.27 (Signorell,  
227 2019) in RStudio version 1.1.383 (RStudio Team, 2015). We additionally assessed the need for  
228 flow correction by evaluating the relationship between uncorrected eDNA concentrations using  
229 the same two metrics and mark-recapture population estimates. We used quasipoisson regression  
230 to model the mark-recapture population estimates as a function of the natural log of the two  
231 measures of eDNA rate and the uncorrected eDNA concentration.

232

## 233 **Results**

### 234 *Mark-Recapture*

235 The mark-recapture population estimate was initiated in 2010 and continued annually  
236 through 2019, excluding 2013 due to funding constraints. Eulachon exhibited substantial  
237 population fluctuations with a potential 5-6-year cyclic pattern for large returns (Fig. 2). The  
238 average eulachon population estimate for the mark-recapture method from 2010-2019 (excluding  
239 2013) was 8.4 million, with a maximum of 26.7 million in 2019 ( $\pm 1,840,573$ ), and a minimum of  
240 319,568 in 2015 ( $\pm 158,934$ ) (Table 1). Eulachon arrival in the Chilkoot River was documented  
241 as early as April 20<sup>th</sup> (2016) and as late as May 6<sup>th</sup> (2017), with run durations lasting between 4  
242 (2015) and 13 days (2019).

243 Two notable anomalies occurred during the mark-recapture study period. In 2016 the run  
244 consisted of multiple pulses with what appeared to be a definitive end of the run that was  
245 followed by a final pulse of fish five days later. This final pulse of fish was not recorded as part  
246 of the mark-recapture estimate but was captured in the eDNA data. Additionally, the 2015 run  
247 was the smallest return of fish observed during our study period, but anecdotal reports suggested  
248 that other rivers in Northern Southeast Alaska received unusually large runs.

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*Environmental DNA*

During eulachon runs, all ddPCR replicates of all technical replicates amplified with the exception of the period that appeared in the field to be prior to any obvious eulachon entry in which we either observed no amplification or very low copy number amplification of one replicate but not both. eDNA concentrations varied substantially from near zero to a high of 328000 copies /  $\mu\text{L}$  during the peak of the run in 2017. The product of streamflow and eDNA concentration, which we refer to as ‘flow-corrected eDNA rate’ (Fig. 3, see also Levi et al. 2019), was highly predictive of the eulachon population estimate generated through the mark-recapture method. The natural log of the eDNA peak was significantly related to, and explained 84.96% of the deviance in, the mark-recapture population estimate ( $\beta=0.533$ , 95% CI [0.271, 0.898],  $p = 0.027$ ), despite a multimodal eulachon run in 2016 that contained three distinct peaks. The area under the curve eDNA rate explained 92.53% of the deviance in the mark-recapture population estimate ( $\beta=0.502$ , 95% CI [0.338, 0.697],  $p = 0.005$ ) (Fig. 4). The peak eDNA concentration without flow correction explained 89.53% of the deviance in the mark-recapture population estimate ( $\beta=0.503$ , 95% CI [0.310, 0.742],  $p = 0.01$ ). The area under the curve even without flow correction still explained 90.74% of the deviance in the mark-recapture population estimate ( $\beta=0.443$ , 95% CI [0.292, 0.620],  $p = 0.006$ ) (Fig. 4). The quasipoisson regression models using either the flow-corrected eDNA rate peak (i.e. maximum of flow x DNA concentration) or the area under the curve as a single predictor produced highly representative predictions of mark-recapture population estimates (Fig. 5).

**Discussion**

272           The utility of eDNA for the detection of organisms has been widely documented  
273 (Ficetola, Miaud, Pompanon, & Taberlet, 2008; Rees et al., 2014; Wilcox et al., 2016). Recently,  
274 the next generation of eDNA science has evaluated the efficacy of quantifying the abundance of  
275 species using eDNA (Doi et al., 2015; Levi et al., 2019; Takahara et al., 2012; Tillotson et al.,  
276 2018). However, the expansion of eDNA beyond academic settings and into species  
277 management and monitoring is just beginning. eDNA methods may be particularly promising for  
278 the management of neglected species such as eulachon. This is true even if eDNA provides less  
279 accurate or precise results than do traditional methods, because lower quality data from more  
280 streams could result in more robust management decision-making than higher quality data from  
281 just a few streams (Dowling et al., 2008). This is particularly important for a fish that exhibits  
282 low site fidelity, such as eulachon (Flannery et al., 2013), where a decline in one stream may not  
283 signal a decline in the overall population, and regional population trends can be more  
284 informative of the health of the overall population. In addition, for many taxa, especially those  
285 that are data poor and do not have agency oversight, knowing population trends is just as  
286 important as precisely enumerating abundance. However, our results suggest that this tradeoff of  
287 abundance estimates vs. rough population trends is largely inconsequential; both the flow-  
288 corrected and non-flow-corrected eDNA rate was predictive of the eulachon mark-recapture  
289 population estimates at a small fraction of the cost. Further, eDNA was predictive of mark-  
290 recapture population estimates even without flow-correction (Fig. 4D), which suggests the  
291 possibility that eDNA-based quantitation of eulachon could be implemented in systems where  
292 flow measurements cannot be obtained.

293           Unlike the mark-recapture method, which produced a single population estimate for the  
294 eulachon run, the eulachon eDNA rate captured within-run phenology as eulachon abundance

295 varied in the Chilkoot River above the sampling location. eDNA was very effective at  
296 quantifying run timing and was particularly effective at demonstrating that the 2016 eulachon  
297 run was multimodal with three distinct pulses of eulachon that were separated by 4-5 days of  
298 inactivity (Fig. 3). The third pulse in 2016 was not represented in the mark-recapture estimate  
299 because field personnel had assumed that the run had terminated, but, due to the minimal labor  
300 required for eDNA sampling, we continued sampling and were able to capture the full 2016 run  
301 with eDNA.

302           Many species are monitored due to their commercial or ecological importance, but when  
303 those species are also culturally important, the people linked to them become their stewards.  
304 Good stewardship requires good information. The results presented here demonstrate the  
305 potential of eDNA for indigenous-led wildlife resource monitoring and management. This study  
306 itself came about because the Chilkoot Indian Association had initiated mark-recapture  
307 monitoring and saw the potential of eDNA. A primary benefit of using eDNA is the vastly  
308 reduced cost of monitoring under-funded species, such as eulachon. The mark-recapture study on  
309 the Chilkoot River costs approximately \$28,000 per year; largely because two five-person crews  
310 are needed to properly implement the mark-recapture method. The use of eDNA at the current  
311 Oregon State University rate of \$42/sample for 3 samples/day for ~13 days is \$3,000. Further  
312 cost savings would be accrued by reducing sampling prior to and after the run, when DNA  
313 concentrations are low, and instead focusing measurement during the ~1 week of active  
314 spawning, because both the peak eDNA concentration and area under the curve eDNA metrics  
315 are invariant to sampling additional days with very low DNA concentrations. The economic  
316 viability of eDNA could be further increased with automated water samplers, currently in  
317 development, and/or through the participation of citizen scientists. The latter is possible because

318 the process of eDNA collection is easy to learn and is thus suitable for a wide range of citizen-  
319 science programs, including indigenous-led monitoring (Biggs et al., 2015; Wilken, 2018).

320 An additional benefit of eDNA methods is that mark-recapture estimation is not  
321 logistically feasible on all rivers. The Chilkoot poses a unique set of characteristics – single  
322 channel, road accessible, and with a relatively distinct upper limit to spawning activity. Many  
323 rivers in Southeast Alaska where eulachon spawn are glacially-fed, with wide, braided river  
324 mouths that are in remote, road-less areas. A mark-recapture method at these locations would be  
325 logistically challenging, in large part due to a large field-crew requirement. The appeal of eDNA  
326 is the ability to simply collect and filter a water sample to derive an index of abundance, which  
327 can be done by a single person in under one hour. The use of eDNA allows population data to be  
328 gathered on rivers that otherwise would not be possible, which is vital in monitoring a population  
329 that exhibits only a regional genetic population structure. The use of affordable and logistically  
330 feasible eDNA methods could facilitate regional studies of eulachon population size, run timing,  
331 and synchrony among rivers, which would allow for inference on regional population trends,  
332 environmental drivers of population dynamics, and environmental drivers of spawning river  
333 selection (Bryant, 2009).

334 Measurement of eDNA concentrations at a point in space and time represents a simple  
335 sampling process of mtDNA molecule counts per unit reaction volume, which can be modelled  
336 by a Poisson distribution assuming that eDNA is well mixed. The maximum likelihood estimate  
337 of the actual concentration of eDNA,  $\lambda$ , is equal to the sample mean of the  $N$  replicate eDNA  
338 concentrations, and the variance around this estimate is equal to the sample mean of the eDNA  
339 concentrations divided by  $N$ . Thus, the variance of the estimated ‘true’ eDNA concentration  
340 declines quickly with the number of replicates from a maximum equal to the mean. In contrast,

341 mark-recapture analysis is a relatively complex statistical sampling process with a variance  
342 around the population estimate of  $[(M + 1)(C + 1)(M - R)(C - R)]/[(R + 1)^2(R + 2)]$ ,  
343 which can be much larger than the mean population estimate (Table 1;  $SE^2$  can be thousands of  
344 times larger than  $N$ ) if the number of recaptured individuals,  $R$ , is small relative to the number of  
345 marked individuals,  $M$ , or the number captured in the second session,  $C$  (Chapman, 1951). Thus,  
346 although eDNA concentrations are not in the useful units of individual animals, they can be  
347 estimated precisely with limited replication, but the same is not true for mark-recapture  
348 population estimates.

349         Of course, while the observation error of eDNA concentrations in water samples may be  
350 low, the process error linking eDNA concentrations to fish abundance can be quite high due to  
351 the complexity of eDNA transport and degradation, variance in eDNA production among  
352 individuals and through time, the random spatial location of organisms relative to the sampling  
353 site, and more challenging stream morphologies among other complexities. Additionally,  
354 anadromous fish that spawn over a longer duration are likely to require that eDNA receive flow-  
355 correction due to higher rates of seasonal flow variability than that exhibited during the brief  
356 eulachon run (Levi et al., 2019). Systems in which anadromous fish experience mortality and  
357 remain in freshwater could artificially inflate the eDNA signal, which could introduce substantial  
358 noise if the proportion of decaying fish varied inter-annually. Broadly, the utility of eDNA for  
359 monitoring other forage species is an area for future research, but the method we outline here  
360 would be most applicable when it is possible to sample an ephemeral spawning aggregation. In  
361 contrast, anadromous fish that progress upstream require approximately daily sampling to predict  
362 the daily entry of fish because the eDNA signal attenuates as fish progress far from the sampling  
363 site (Levi et al., 2019). Importantly, it is unknown whether our model correlating eulachon run

364 size with flow-corrected eDNA will be transferable to other rivers. This is unlikely to be the case  
365 when rivers have different morphologies, such as braided floodplains with pockets of eulachon  
366 spawning throughout. In such circumstances, a within-river index of abundance might be  
367 achieved by monitoring several braids where eulachon congregate, or perhaps the estuary where  
368 mixing of water might homogenize the sample.

369         Although there is substantial process error linking eDNA concentrations to fish  
370 abundance, mark-recapture presents its own suite of problems. For example, the demographic-  
371 closure assumptions of mark-recapture estimators are difficult to meet with an anadromous fish  
372 that quickly enters and leaves the river (Pollock, 2018). The Chilkoot River mark-recapture study  
373 lasts for the duration of the run (typically 4-8 days), beginning on the first day that fish are  
374 observed in the river (typically late April) and ending once recapture sampling has exhausted all  
375 new fish into the system (i.e. when recaptures are identifying double-marked fish). During this  
376 time, new fish immigrate into the river while subsistence fishing activities actively remove fish,  
377 thus violating closure. However, mark-recapture population estimates can be robust to moderate  
378 violations of closure (Kendall, 1999). In this study, the closed-population assumption is thought  
379 to be reasonably met because (1) initial marking efforts remained relatively constant and  
380 continued until no new fish appear to be entering the system (i.e. approximately all individuals  
381 were potentially subject to marking), (2) there was an equal probability of capture of marked and  
382 unmarked fish by subsistence harvesters, and (3) we secured participation of subsistence  
383 harvesters to search their catch for marked fish from within the recapture reach. Additionally, it  
384 is assumed that eulachon are effectively semelparous (Clarke et al., 2007), and although some  
385 individuals may spawn twice in a lifetime the frequency of iteroparity is thought to be rare  
386 (Willson, Armstrong, Hermans, & Koski, 2006). Nevertheless, in some years our mark recapture

387 population estimates are likely biased. For example, 2016 was multimodal, which challenged the  
388 mark-recapture protocol. In addition, 2019 featured an unusually long eulachon run, which likely  
389 included continued entry of eulachon into the river. This could have biased the mark-recapture  
390 population estimate high by reducing the proportion of recaptured fish. Similarly, 2017 was a  
391 very large but short duration run such that closure assumptions were easier to meet during the  
392 short marking and recapture period. Thus violations of closure may have differentially  
393 influenced our mark-recapture estimates and led to larger negative residuals in 2017 and positive  
394 residuals in 2019 (Fig. 4). This variation in the duration of the eulachon run is also likely to  
395 influence inference by eDNA because the area under the curve is sensitive to the duration of the  
396 run and the peak is sensitive to the maximum quantity of fish in the aggregation.

397 We have demonstrated that eDNA provides reliable quantification of anadromous  
398 eulachon abundance. eDNA is thus a promising tool that can be mobilized by managers, citizen  
399 scientists, or indigenous communities to affordably monitor noncommercial species that are  
400 neglected by agencies but are culturally and/or economically important. An important potential  
401 benefit of eDNA is that it democratizes biodiversity information and management. Ultimately,  
402 the reason to collect ecosystem information is to inform the political argument over resource  
403 allocation, and this information needs to be high-quality, third-party-verifiable, granular, timely,  
404 and understandable (Dietz *et al.* 2003). eDNA estimates of eulachon fish populations meet these  
405 criteria.

406

## 407 **Acknowledgements**

408 We thank Oregon State University, The National Geographic Society (#9493-14), US Fish &  
409 Wildlife Service Tribal Wildlife grant (AK-U-28-NA-1), North Pacific Landscape Conservation

410 Cooperative (FW13AP01047), and Bureau of Indian Affairs (A18AP00229) for funding this  
411 work. Additionally, we thank the Chilkoot Indian Association Eulachon Tribal Working Group  
412 for incorporating the cultural significance of eulachon into this research and all the tribal  
413 members that worked as part of the mark-recapture crews. D.W. Yu was supported by the  
414 National Natural Science Foundation of China (41661144002, 31670536, 31400470, 31500305),  
415 the Key Research Program of Frontier Sciences, CAS (QYZDY-SSW-SMC024), the Bureau of  
416 International Cooperation (GJHZ1754), the Strategic Priority Research Program of the Chinese  
417 Academy of Sciences (XDA20050202, XDB31000000), the Ministry of Science and Technology  
418 of China (2012FY110800), the State Key Laboratory of Genetic Resources and Evolution  
419 (GREKF18-04) at the Kunming Institute of Zoology, and the University of East Anglia.

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538

### 539 **Data Accessibility Statement**

540 All data and code are made available in the supporting information.

541

### 542 **Author Contributions**

543 TH and MP organized the eulachon mark-recapture program. TL initiated the eDNA monitoring  
544 program based on discussion with DY and SM. TL, MP, JA, collected eDNA samples that were  
545 processed in the lab by JA and MP. JA developed primers. MP and TL analyzed data and wrote  
546 the paper with input and edits from other authors.

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550 **Tables**

551 **Table 1.** Annual eulachon population estimates for the Chilkoot River using a modified Lincoln-  
 552 Peterson equation (excluding 2013). eDNA monitoring began in 2014.

553

Measurement	2010	2011	2012	2014	2015	2016	2017	2018	2019
<b>M = Marked Initially-adipose clipped</b>	8,017	49,814	27,525	24,084	306	9,384	33,681	30,542	70,127
<b>C = Total in second sample captured above weir</b>	20,210	143,444	48,376	19,886	3,122	8,865	47,654	18,636	80,859
<b>R = Marked recaptures above weir with clip</b>	72	568	186	140	2	45	126	64	210
<b>N1 = Population Estimate</b>	2.2 Million	12.6 Million	7.1 Million	3.4 Million	319,586	1.8 Million	12.6 Million	8.7 Million	26.7 Million
<b>SE<sup>2</sup> = Standard Error</b>	256,415	521,961	516,583	283,226	158,934	262,518	1,113,520	1,074,932	1,840,573
<b>CI<sup>3</sup> = 95% Confidence Interval</b>	1.7 to 2.7 Million	11.5 to 13.6 Million	6.1 to 8.1 Million	2.9 to 3.9 Million	8,074 to 631,098	2.3 to 1.3 Million	10.5 to 14.8 Million	6.6 to 10.9 Million	23.2 to 30.4 Million

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559 **Table 2:** Annual field effort for the mark-recapture study and number of eDNA sample days,  
 560 water samples, and ddPCR replicates.

Year	Start Date	End Date	Number of Mark-Recapture field days	Number of eDNA sample days	Number of water samples	Number of ddPCR replicates
2010	4/23/2010	4/27/2010	5	NA	NA	NA
2011	4/27/2011	5/8/2011	12	NA	NA	NA
2012	5/2/2012	5/7/2012	6	NA	NA	NA
2014	5/5/2014	5/9/2014	5	8	24	48
2015	4/26/2015	4/29/2015	4	11	33	66
2016	4/20/2016	4/24/2016	4	19	57	114
2017	4/28/2017	5/5/2017	8	13	39	78
2018	5/6/2018	5/11/2018	6	17	51	102
2019	4/25/2019	5/7/2019	13	25	75	150

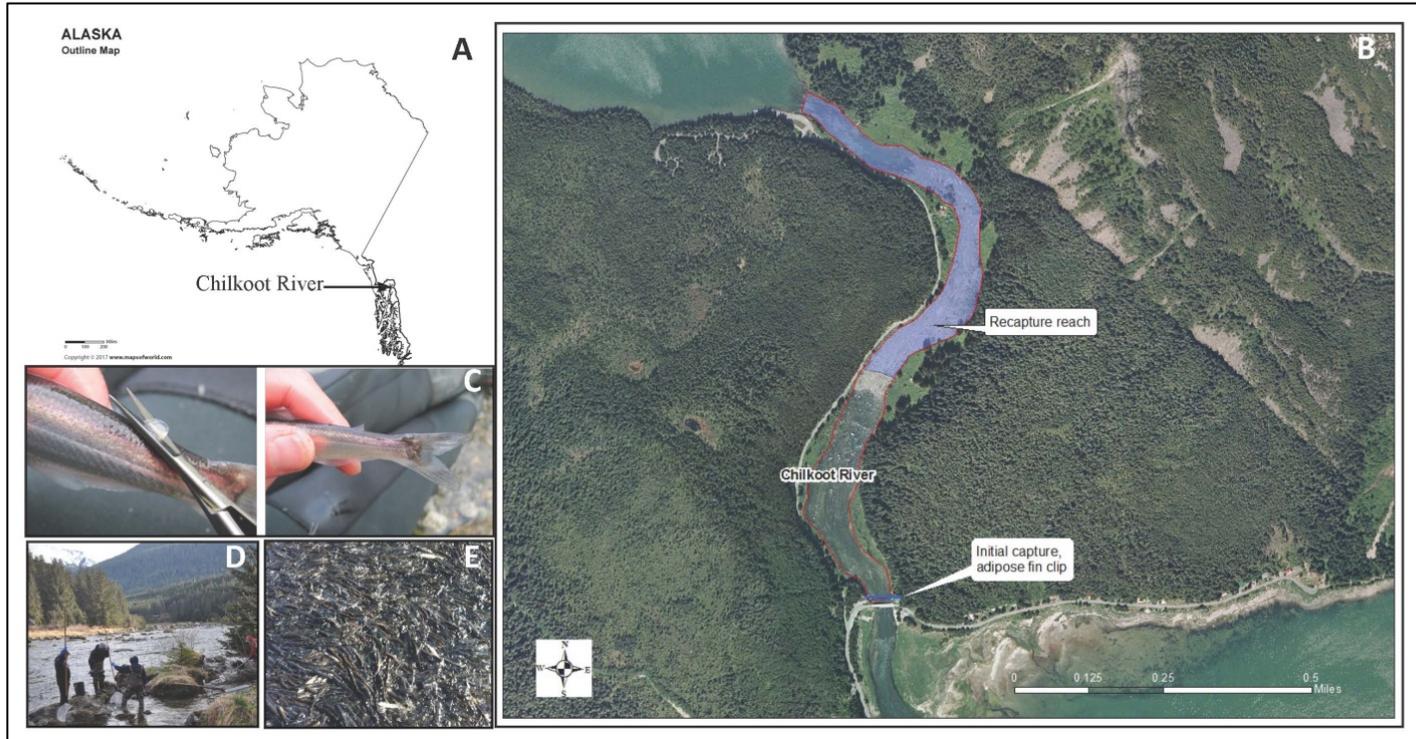
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564 **Figure 1.** The Chilkoot River (A) is located in northern Southeast Alaska. The study area is  
565 located in the approximately 1.75 km section of river between the outlet of Chilkoot Lake and  
566 where the river meets the estuary (B). Three 1L water samples were collected at low tide just  
567 below the initial capture location, where (C) the adipose fin of eulachon captured in the trap was  
568 clipped into a “shark fin” for easy identification. The beginning of the recapture reach is located  
569 approximately 0.75 km upstream of the initial capture location, although eulachon are not  
570 exclusively recaptured within this reach. (D) Crews dip net or cast net to capture eulachon. (E)  
571 Depicts the Chilkoot River during a large eulachon run.

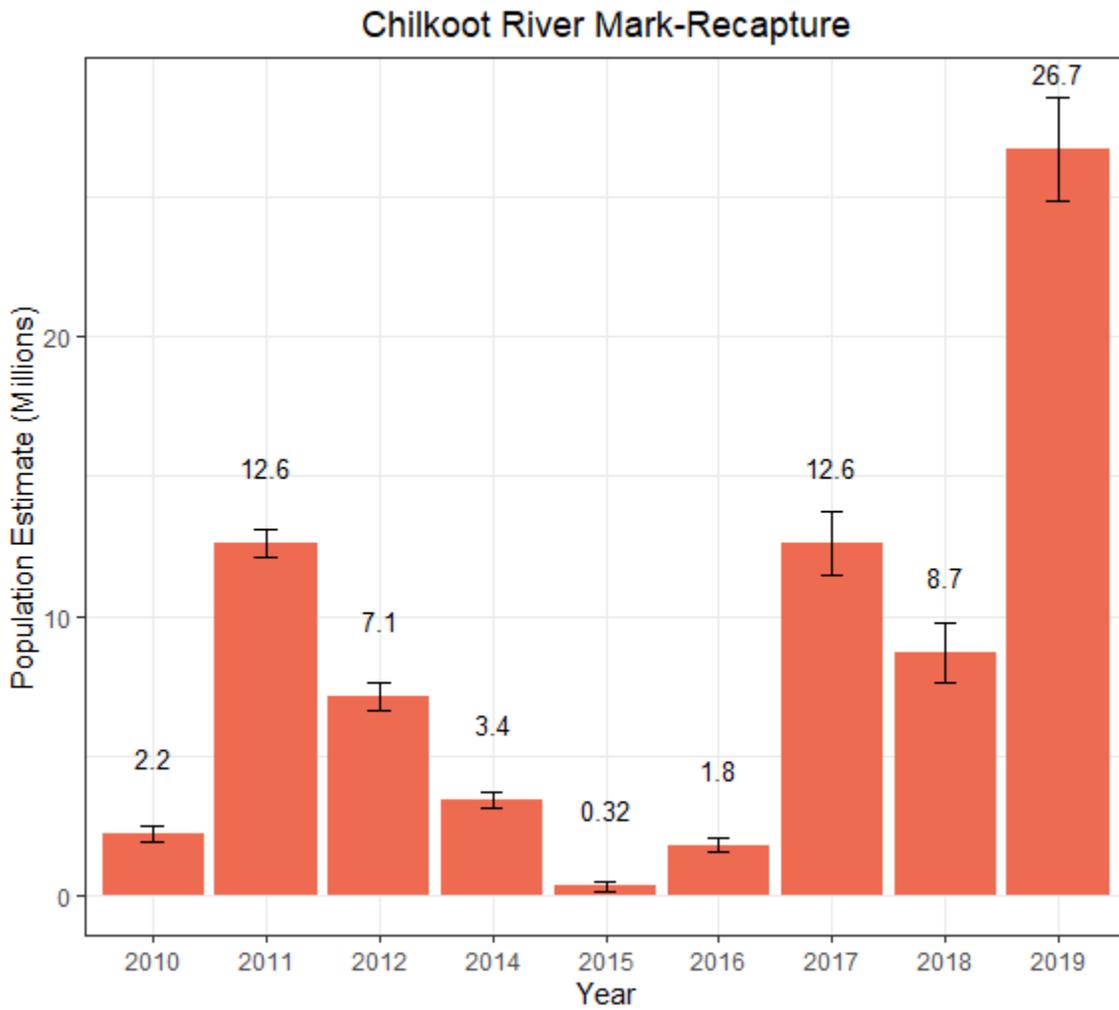
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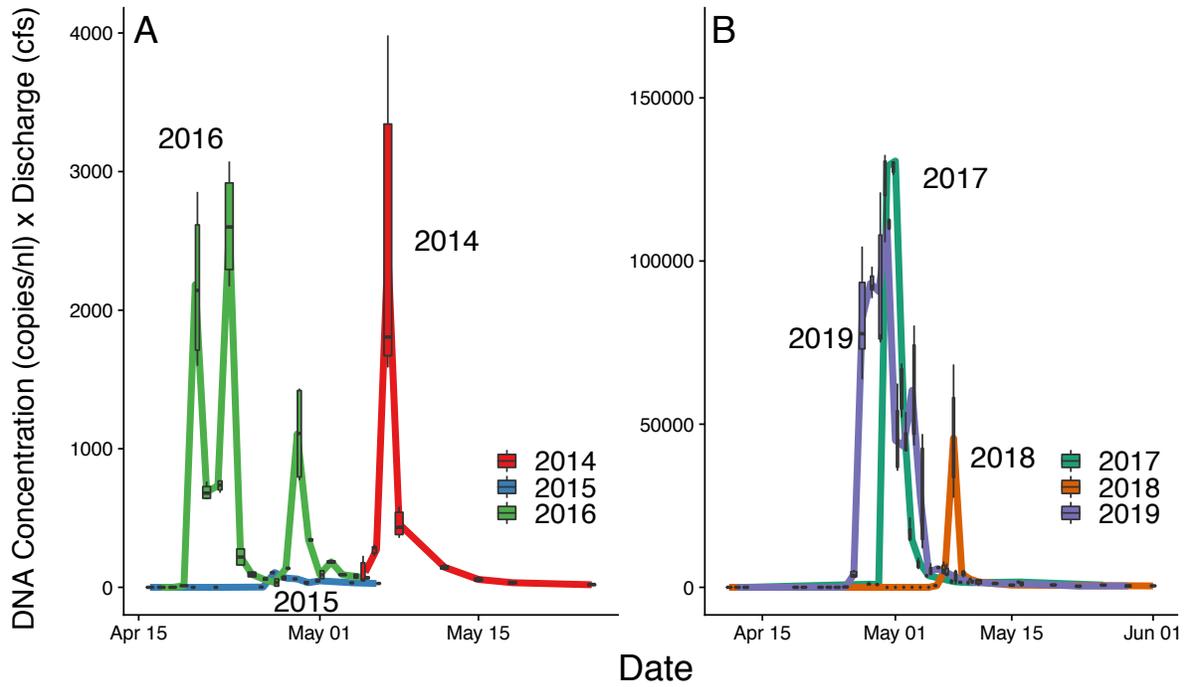
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575 **Figure 2** Results of mark-recapture population estimate for eulachon on the Chilkoot River using  
576 a modified Lincoln-Petersen method. Error bars represent one standard error.  
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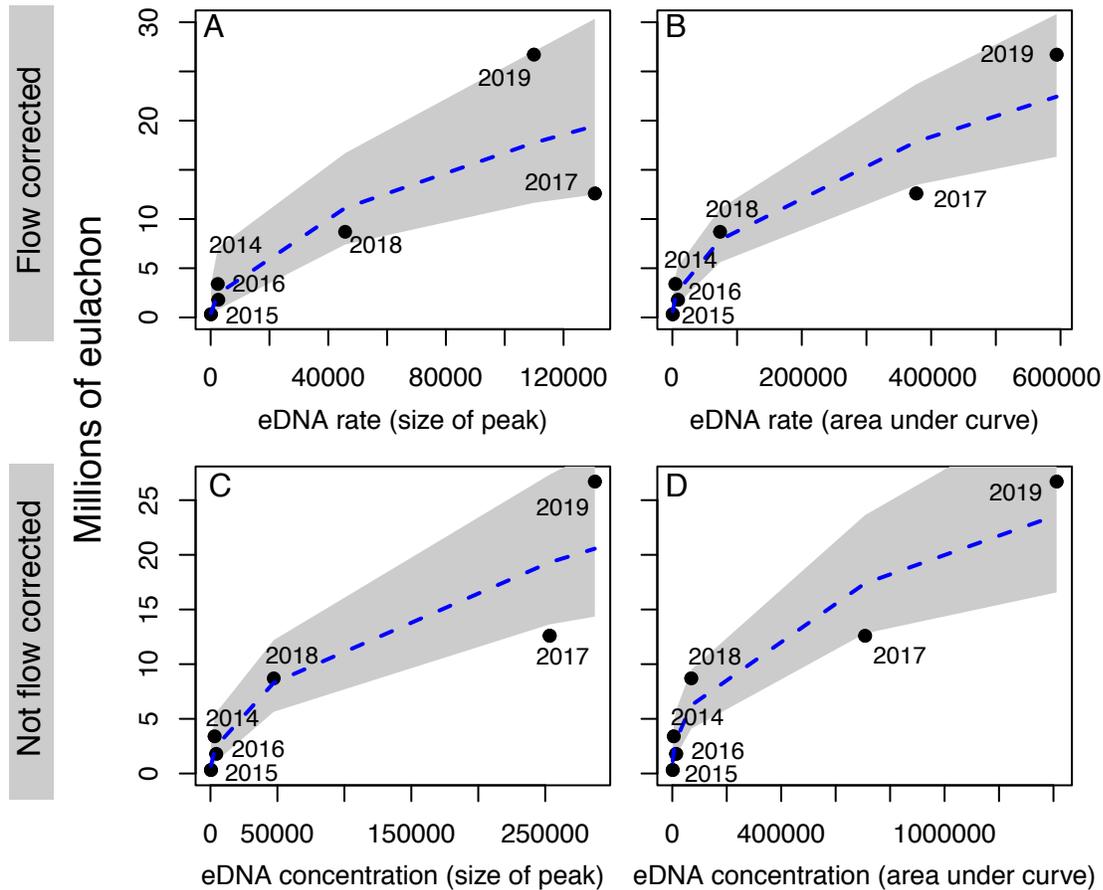
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579 **Figure 3.** Daily results of the Chilkoot River flow-corrected eDNA rate (copies/nl \* discharge in  
 580 cubic-feet/sec.) in 2014-2016 (A), 2017-2019 (B). The boxplots illustrate the variability among  
 581 the three daily water samples, each quantified in two ddPCR replicates. The lower and upper  
 582 portions of the box correspond to the 25<sup>th</sup> and 75<sup>th</sup> quartile respectively around the median (line).  
 583 Whiskers extend to the most extreme data points up to 1.5 times the interquartile range.  
 584 Variability increased with the mean such that boxplots at low flow-corrected eDNA rates are  
 585 very small and appear as points.  
 586



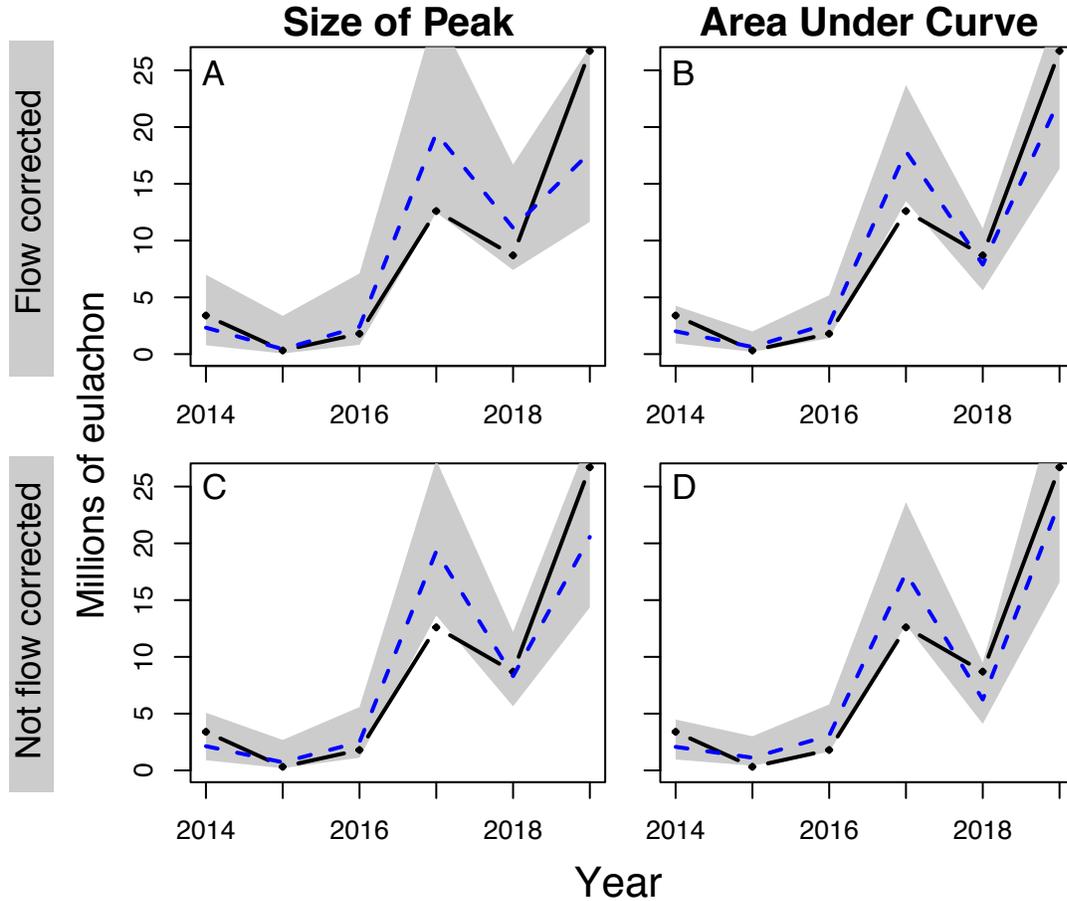
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589 **Figure 4.** Results of quasipoisson regression models relating log-transformed mark-recapture  
 590 population estimate to (A) the size of the peak flow-corrected eDNA rate ( $p = 0.027$ , 84.96%  
 591 Deviance explained), (B) the area under the curve of the flow-corrected eDNA rate ( $p = 0.005$ ,  
 592 92.53% Deviance explained), (C) the size of the peak uncorrected eDNA concentration ( $p =$   
 593 0.01, 89.53% Deviance explained), and (D) the area under the curve of the uncorrected eDNA  
 594 concentration ( $p = 0.006$ , 90.74% Deviance explained). Gray shading denotes 95% confidence  
 595 interval.



596

597 **Figure 5.** Mark recapture population estimate of eulachon runs (black dots) from 2014 to 2019  
 598 and the predicted number of eulachon based on the peak (A) or area under the curve (B) of the  
 599 flow-corrected eDNA rate and the peak (C) and area under the curve (D) of the non-flow  
 600 corrected eDNA concentration in the quasipoisson regression model (blue dashed lines). Gray  
 601 shading denotes the 95% confidence interval.



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