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The impact of overturning and horizontal circulation in Pine Island Trough

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Benjamin G. M. Webber*

4 Climatic Research Unit, Centre for Ocean and Atmospheric Sciences, School of Environmental

Sciences, University of East Anglia, Norwich, UK

Karen J. Heywood, David P. Stevens

7 Centre for Ocean and Atmospheric Sciences, School of Environmental Sciences, University of

East Anglia, Norwich, UK

Karen M. Assmann

¹⁰ Department of Marine Sciences, University of Gothenburg, Gothenburg 405 30, Sweden

**Corresponding author address:* Benjamin Webber, Climatic Research Unit, Centre for Ocean and
 Atmospheric Sciences, School of Environmental Sciences, University of East Anglia, Norwich,
 UK, NR4 7TJ

⁴ E-mail: b.webber@uea.ac.uk

ABSTRACT

The ice shelves around the Amundsen Sea are rapidly melting due to cir-15 culation of relatively warm ocean water into their cavities. However, little is 16 known about the processes that determine the variability of this circulation. 17 Here we use an ocean circulation model to diagnose the relative importance 18 of horizontal and vertical (overturning) circulation within Pine Island Trough, 19 leading to Pine Island and Thwaites ice shelves. We show that melt rates and 20 southward CDW transports co-vary over large parts of the continental shelf at 2 interannual to decadal time scales. The dominant external forcing mechanism 22 for this variability is Ekman pumping and suction on the continental shelf and 23 at the shelf break, in agreement with previous studies. At the continental shelf 24 break, the southward transport of CDW and heat is predominantly barotropic. 25 Further south within Pine Island Trough, northward and southward barotropic 26 heat transports largely cancel and the majority of the net southward temper-27 ature transport is facilitated by baroclinic and overturning circulations. The 28 overturning circulation is related to water mass transformation and buoyancy 29 gain on the shelf that is primarily facilitated by freshwater input from basal 30 melting. 31

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32 1. Introduction

The ice shelves around the Amundsen Sea are some of the fastest melting in Antarctica (Rignot 33 et al. 2013), due to a combination of bedrock that deepens inland (Favier et al. 2014; Christianson 34 et al. 2016) and basal melt driven by the circulation of warm Circumpolar Deep Water (CDW) onto 35 the continental shelf (e.g., Jacobs et al. 2011). CDW enters the shelf through the eastern trough 36 at 71.5°S, 102–108°W and the central trough at 71.5°S, 113°W, then merges and continues south-37 wards towards Pine Island and Thwaites ice shelves along the eastern edge of Pine Island Trough 38 (Heywood et al. 2016). This water loses heat to melting the glaciers before flowing northwards 39 along the western edge of Pine Island Trough and then westwards toward the Ross Sea as a cooler 40 and fresher water mass (Nakayama et al. 2013, 2014a; Biddle et al. 2017; Mallett et al. 2018). 41 The oceanic conditions on the Amundsen Sea continental shelf vary on a range of time scales. 42 There is a seasonal cycle with the thickest CDW layer found in August–October in Pine Island 43 Trough (Kimura et al. 2017). At interannual time scales, both the thermocline depth (Dutrieux 44 et al. 2014) and circulation strength (Jacobs et al. 2011) vary considerably, linked to both tropical 45 (Steig et al. 2012; Dutrieux et al. 2014) and local (St-Laurent et al. 2015; Webber et al. 2017) 46 forcing. Jenkins et al. (2016) combined models with the relatively sparse observational record and 47 found some evidence for decadal variability, possibly forced from the tropics, but little evidence 48 of any long-term trend in ocean temperature. Here we focus on the interannual to decadal vari-49 ability as this is relatively poorly constrained and dominant in many time series. Furthermore, 50 glacial modelling suggests that ice streams in West Antarctica are particularly sensitive to decadal 51 variability in ocean heat fluxes (Snow et al. 2017). 52

⁵³ The vertical structure of the heat transport onto the shelf is uncertain, with studies disagreeing as ⁵⁴ to whether the most important flux of heat is carried by baroclinic (Arneborg et al. 2012; Wåhlin

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et al. 2013) or barotropic (Kalén et al. 2016) currents. Thurnherr et al. (2014) found a clockwise 55 horizontal gyre of 1.5 Sv flowing around Pine Island Bay, while Schodlok et al. (2012) showed 56 that variability in the wider barotropic circulation around the Amundsen Sea is correlated with 57 temperature within the Pine Island ice shelf cavity. Within this cavity there is a combination 58 of horizontal and vertical circulation, the variability of which is linked to the melt rate (Jacobs 59 et al. 2011; Dutrieux et al. 2014). In an idealised simulation under climate change conditions 60 it has been shown that the overturning circulation induced by the melt rate can act as a positive 61 feedback, by increasing the onshore transport of CDW (Donat-Magnin et al. 2017). Jourdain 62 et al. (2017) showed that melting within ice shelf cavities in the Amundsen Sea strengthens the 63 circulation, bringing in more heat than required for melting, and that this drives an important pump 64 of heat from the deep ocean to the near surface. Despite these recent advances, the interannual 65 variability of the overturning within Pine Island Trough and its relation to the flow of CDW around 66 the Amundsen Sea continental shelf have not been quantified. 67

This study uses a regional numerical model to investigate the relative importance of the hori-68 zontal and overturning components of the circulation in bringing CDW to the cavities of the Pine 69 Island and Thwaites ice shelves. The model description, validation and description of the calcula-70 tion of temperature transports and overturning streamfunction are given in Section 2. We initially 71 discuss the time-mean circulation of the model, including the flux of temperature and CDW around 72 the continental shelf (Section 3a) and the overturning circulation (Section 3b). We then focus on 73 the interannual variability in the model run, starting with the variability in temperature transports 74 around the continental shelf (Section 3c), followed by variability in the overturning circulation 75 and CDW transports (Section 3d). We examine correlations with external forcings in Section 3e, 76 followed by a discussion (Section 4) and summary (Section 5). 77

78 2. Model and methods

79 a. Model description

We use a regional setup of the MITgcm (Marshall et al. 1997) model that simulates sea ice 80 (Losch et al. 2010) and ice-ocean interaction in ice shelf cavities (Losch 2008). The model is as 81 described by Assmann et al. (2013), with horizontal resolution of 0.1° longitude and $0.1^{\circ} \times \cos(\phi)$ 82 latitude over the domain of 76–62°S, 140–80°W, with data output as 5-day means. The model has 83 50 vertical levels of which 20 are within 1000 m of the surface; we note that this is less than the 84 ideal, and may lead to higher melt rates than a model with higher vertical resolution (Schodlok 85 et al. 2016). Open boundary conditions are derived from a mean annual cycle of potential temper-86 ature and salinity from World Ocean Atlas 2009 (Locarnini et al. 2010; Antonov et al. 2010) and 87 a mean annual cycle of currents derived from a circumpolar setup of MITgcm run at 0.25° reso-88 lution (Assmann et al. 2013). Bathymetry and ice shelf thickness are extracted from RTOPO1.0.5 89 (Timmermann et al. 2010), which is a source of uncertainty in the simulation, especially for poorly 90 mapped regions of the Amundsen Sea. The model is forced at the surface using 6-hourly NCEP 91 Climate Forecast System Reanalysis (CFSR; Saha et al. 2010) data from 1979–2011 following a 92 ten-year spin-up with perpetual 1979 conditions. All subsequent time-mean calculations use the 93 full 1979–2011 time range. CFSR performed well in a recent evaluation (Jones et al. 2016) of var-94 ious reanalysis products against in-situ observations in the Amundsen Sea. Note that all reanalysis 95 products performed better over the open ocean than over land or close to the coasts (Jones et al. 96 2016), so we expect substantial uncertainties relating to air-sea fluxes and wind stress near the 97 coasts, that may hamper the simulation of regional processes such as observed by Webber et al. 98 (2017).99

¹⁰⁰ b. Calculation of heat transport, overturning and CDW fluxes

We calculate temperature transports through various sections (see Fig. 1) relative to the in-situ freezing point of seawater following Kalén et al. (2016). For a given section, the total temperature transport is given by

$$Q_H = \int_{x1}^{x2} \int_{-H}^{0} \rho C_p v(T - T_f) \, dx \, dz, \tag{1}$$

where x is horizontal distance (m) and x1 and x2 define the horizontal limits of the section, z is 104 height and H is the local depth of the deepest model level (m), ρ is in-situ density (kg m⁻³), C_p is 105 specific heat capacity of seawater (J kg⁻¹ K⁻¹), v is the velocity component normal to the section 106 in the onshore direction (m s⁻¹), T is the in-situ temperature (°C) and T_f the surface freezing 107 point temperature. Q_H represents the heat available to melt ice (e.g., Walker et al. 2007). Note that 108 throughout this manuscript we refer to this quantity as temperature transport, since it is not strictly 109 appropriate to determine a heat transport (or heat flux) through a section with non-zero volume 110 flux (e.g., Schauer and Beszczynska-Möller 2009). 111

Following Kalén et al. (2016), we split the velocity into barotropic (depth-mean) and baroclinic 112 (residual) components (v_{BT} and v_{BC} , respectively) and compute the barotropic and baroclinic tem-113 perature transports by substitution of v_{BT} and v_{BC} for v in equation 1. We similarly compute 114 the overturning and residual temperature transports by substituting the zonal mean and zonally-115 varying velocity components for for v in equation 1. The temperature transport can be further 116 decomposed by taking the time mean and time-varying components of temperature (\overline{T} and T') and 117 velocity (\bar{v} and v') respectively, which are combined to produce time series of temperature trans-118 port due to the mean circulation $(\bar{v}\bar{T})$, temperature variation only $(v'\bar{T})$, velocity variation only 119 $(\bar{v}T')$ and covariance between velocity and temperature (v'T'). Although only $(\bar{v}T)$ and (v'T') can 120 have a non-zero time mean, the temporal variability of the latter three terms can all contribute to 121

the total temporal variability, and it is instructive to compare the magnitude of the variance of each
 and the correlation of each with the total temperature transport.

We calculate the overturning circulation in Pine Island Trough in both depth and density space. 124 The overturning in depth space is intuitively easier to understand and is often used to present the 125 global meridional overturning circulation (e.g., Rahmstorf et al. 2015). Horizontal variations in 126 density can be such that the overturning in depth space is not equivalent to the overturning in 127 density space. The overturning in density space is facilitated by the addition of buoyant glacial 128 meltwater, and is perhaps the most appropriate measure of the true overturning strength in this 129 region. Here we present both since it is important to determine the differences between the two 130 definitions for comparison with other depth-based overturning calculations. 131

¹³² We define the meridional overturning streamfunction in depth space as

$$\Psi_{z}(y,z,t) = \int_{-H}^{Z} \int_{x_{w}}^{x_{e}} v(x,y,z,t) \, dx \, dz, \tag{2}$$

where x_w and x_e are the western and eastern boundaries (zonal limits shown by dashed lines in Fig. 1), respectively, at depth *Z*, and *v* is the northward velocity. In potential density (ρ_{θ}) space, the meridional overturning streamfunction is calculated as follows

$$\Psi_{\rho}(y,\rho_{\theta},t) = \int_{\rho_{H}}^{\rho_{z}} \int_{x_{w}}^{x_{e}} v(x,y,\rho_{\theta},t) \, dx \, d\rho_{\theta} \, \frac{dz}{d\rho_{\theta}},\tag{3}$$

with $d\rho \frac{dZ}{d\rho}$ giving the thickness of each density layer when discretized. The potential density axis is chosen such that the thickness of each layer is approximately equal to the model depth spacing within the Pine Island Trough region. The overturning temperature transport is calculated in density space as

$$Q_{\psi} = \int_{\rho_H}^{\rho_0} \int_{x_w}^{x_e} < \rho C_p (T - T_f) > v(x, y, \rho_{\theta} t) \, dx \, d\rho_{\theta} \, \frac{dz}{d\rho_{\theta}},\tag{4}$$

where <> denotes a zonal average for a given density level. This zonal average removes the covarying velocity and temperature signals at each density level, which contributes instead to the temperature transport induced by the isopycnal circulation.

¹⁴³ We compute the depth of the CDW layer and the total flux of CDW at each grid point. For ¹⁴⁴ computational efficiency we define the upper boundary of the CDW layer (z_{CDW}) to be the deepest ¹⁴⁵ layer at which the potential temperature is less than 0.5 °C. The CDW flux is then calculated as the ¹⁴⁶ volume flux of water between the deepest model layer and the top of the CDW layer. The flux of ¹⁴⁷ CDW through the sections defined above is given by the volume flux onshore through the section ¹⁴⁸ integrated from the seafloor to z_{CDW} .

149 c. Model validation

Since our present study is concerned with the flow of CDW along Pine Island Trough, we com-150 pare the model temperature and salinity with observations along Pine Island Trough in 2009 (Ja-151 cobs et al. 2011), from the shelf break at 103°W to the front of Pine Island ice shelf (Fig. 2e). For 152 the comparison, we interpolate the model data to the time and location of the CTD casts used for 153 the construction of this section. The model reproduces the temperature and salinity structure along 154 Pine Island Trough, with the core of warmest and saltiest CDW located offshore and the main ther-155 mocline located around 300 m depth, deepening to around 500 m at the ice shelf front (Fig. 2a,b). 156 However, the model CDW is around 0.4 $^{\circ}$ C too warm along much of the section, and the thermo-157 cline is around 100 m too shallow at the shelf break. The model does not capture the observed 158 doming of the thermocline within the gyre in Pine Island Bay. The salinity of the CDW is also 159 slightly fresher than observed while the Winter Water (WW) layer is too salty (Fig. 2c,d), which 160 will contribute to a reduced vertical density gradient. We note that these biases in CDW and WW 161 properties, as well as in the depth of the thermocline, are common to many models (Nakayama 162

et al. 2017). The distribution of thermocline depth and circulation of warm water onto and around the continental shelf (Fig. 1) are broadly consistent with previous modelling studies (Schodlok et al. 2012; Nakayama et al. 2014b; St-Laurent et al. 2015) and with the available observational data (Nakayama et al. 2013; Heywood et al. 2016; Mallett et al. 2018).

The poor performance close to the coasts of the atmospheric reanalysis product used to force 167 the model may explain why the model does not capture the gyre in front of the Pine Island ice 168 shelf (Thurnherr et al. 2014). The lack of a gyre will influence how heat is exchanged with the 169 ice shelf and how this heat exchange varies over time. The gyre traps heat and salt in the centre 170 of Pine Island Bay, and upwells the thermocline in the centre of the Bay. Observations from seal 171 data (Heywood et al. 2016; Mallett et al. 2018) and moorings (Webber et al. 2017) show that 172 this gyre feature is not permanent but instead varies in position and direction; the mechanisms 173 behind this variability are not yet clear. The lack of this gyre feature suggests that the structure 174 of the flow through the Pine Island Glacier section (Fig. 1) may be poorly captured. However, 175 the present configuration of the model has been shown to reproduce the broad features of the 176 observed on-shelf flow of CDW at the continental shelf break (Assmann et al. 2013) and further 177 onshore (Kalén et al. 2016), with discrepancies most likely due to errors in the bathymetry. We are 178 therefore more confident in the structure of the flow through the shelf edge and Pine Island Trough 179 sections than for the Pine Island Glacier section where discrepancies exist. 180

It is also important to verify that the model is able to simulate realistic interannual variability, especially on the decadal time scales investigated in this study, although given the sparse observations it is hard to test this fully. Fig. 12 of Assmann et al. (2013) shows that the model sea ice extent agrees very well (r = 0.86) with satellite observations over the Amundsen Sea, suggesting that the near-surface interannual variability is well simulated. Using all available ship observations (see Dutrieux et al. (2014) for details), we compare the thermocline variability in

Pine Island Trough from observations against the model data interpolated to the time and location 187 of the observations. To ensure good temporal coverage we take the average within the compar-188 atively well-sampled region from 103-110°W, 72-74.5°S (Fig. 2e). The model thermocline is 189 typically 50–100 m shallower than suggested by observations; nevertheless, the shoaling trend 190 from 1994–2009 is well represented, and the model captures some of the subsequent decrease 191 from 2009–2011 (Fig. 2f). Since the model open boundary conditions are derived from clima-192 tology we do not capture changes in the far-field ocean that may influence the conditions in the 193 Amundsen Sea. 194

To evaluate the realism of the modeled transport of water onto the continental shelf, we compare 195 the flux of temperature and CDW through the central trough during March 2003 with the observa-196 tions obtained during that month by Walker et al. (2007). To facilitate comparison, we interpolate 197 the model temperature and salinity to the location and time of the CTD stations used for the cross-198 trough section by Walker et al. (2007). We then interpolate the model velocities to the mid-point 199 of each station pair and calculate the corresponding orthogonal onshore velocity. At this time, the 200 model thermocline is again 50-100 m too shallow (not shown), such that the temperature between 201 300-450 m depth is up to 1 °C too warm, while the onshore velocity is too strong. As a result, the 202 modelled temperature transport (CDW flux) of 4.94 TW (332 mSv) exceeds the observed values 203 of 2.8 ± 0.68 TW (234 ± 62 mSv). 204

²⁰⁵ Consistent with the model warm bias, the mean model melt rate for PIG (107.6 km³ yr⁻¹) is at ²⁰⁶ the high end of the observed range (34.7–107.3 km³ yr⁻¹; Dutrieux et al. (2014)). It is not clear ²⁰⁷ where the model warm bias originates. The boundary conditions are derived from a combination ²⁰⁸ of observed and model climatologies and may contain biases. Alternatively the bias may be related ²⁰⁹ to the relatively coarse resolution of the thermocline and its interaction with the ice shelves, or due ²¹⁰ to biases in the surface forcing.

Overall, we conclude that the model representation of CDW flow onto the shelf and around Pine 211 Island Trough is broadly realistic, but we interpret the flow pattern close to the ice shelves with 212 caution. The shape of the cavity is known to influence the melt rate (Schodlok et al. 2012), and 213 in reality this will change over time and thus may influence the circulation (Jourdain et al. 2017); 214 since the model ice shelf cavities do not change shape we do not expect the model to perfectly 215 reproduce past changes. Furthermore, the climatological boundary conditions do not account for 216 far field changes and there are significant uncertainties in all reanalysis products in the region, 217 which can cause significant differences in model simulations forced by different products (Kimura 218 et al. 2017). However, such models are useful as tools to investigate the oceanic processes and 219 their variability in response to a given atmospheric forcing. 220

221 3. Results

a. Temperature and CDW transport onto and around the continental shelf

²²³ CDW flows onto the shelf at two key locations, the central (CT; blue in Fig. 1) and the eastern ²²⁴ (ET; magenta in Fig. 1) troughs, with the influx in the latter split into two cores. CDW continues ²²⁵ southwards through the eastern mid-trough (MTE) section towards Pine Island and Thwaites ice ²²⁶ shelves, similar to the flow pattern suggested by Schodlok et al. (2012), Assmann et al. (2013) and ²²⁷ Nakayama et al. (2013). The imbalance in the flux of CDW through the whole mid-trough (MT) ²²⁸ section (purple in Fig. 1) suggests that most of the CDW flowing south is converted to cooler water ²²⁹ masses by the addition of meltwater before returning north in the western half of the section.

The time-mean cross-section velocity and temperature for each section (Fig. 3) demonstrates that the velocity structure is very different between the central and eastern troughs, with a deep inflow through CT but a more vertically uniform inflow through ET. At MT, the strongest circulation is

in the cold near-surface layers, but there is a substantial inflow of CDW around 105°W that is 233 not balanced by an outflow within the CDW layer (i.e., below the 0.5°C isotherm). For the Pine 234 Island Glacier (PIG) section, there is a combination of horizontal and vertical circulation, with the 235 strong inflow between 600–1000 m balanced primarily by the return flow between the surface and 236 400 m towards the western end of the section. However, we note that while the model simulates 237 the inflow and outflow into Pine Island Bay, the circulation does not close in a gyre as observed 238 further north (Thurnherr et al. 2014) and thus may underestimate the horizontal circulation through 239 this section. 240

The structure of temperature and velocity at CT agrees well with observations in 2003 (Walker 241 et al. 2007, 2013), when a deep inflow was observed around 113.5°W coincident with the warmest 242 temperatures, while the thermocline sloped slightly from east to west. There are no published ob-243 servations that correspond exactly to the ET section; however, preliminary analysis of geostrophic 244 velocities across a zonal section in a similar location does show an equivalent barotropic inflow 245 at 103°W in agreement with our model results (Marina Azaneu, University of East Anglia, Pers. 246 *Comm.*, May 10, 2018). There are also no published observations corresponding to the MT sec-247 tion, but temperature observations from seal tags at 73°S (Mallett et al. 2018) suggest that the 248 depth of the 0.5 °C isotherm is shallowest (350 m) around 105.5°W and deepens both westward 249 and eastward, with the maximum observed depth of 500 m at 107°W. The thermocline structure 250 in the model exhibits a minimum depth (again 350 m) of the 0.5 °C isotherm at 106.5°W, slightly 251 further west than the observations but still comparable given the latitudinal offset. The observed 252 circulation at the PIG section is highly variable (Dutrieux et al. 2014, Fig. S4, S5), but the 0.5 °C 253 isotherm is typically around 500 m, with a combination of vertical and horizontal circulation com-254 prised of full-depth inflow at the northwestern end and a shallower outflow at the southeastern 255 end (Dutrieux et al. 2014; Jacobs et al. 2011; Nakayama et al. 2013). Our PIG section is broadly 256

²⁵⁷ consistent with these observations, although the deep inflow at the northwestern end is missing in
 ²⁵⁸ our model.

²⁵⁹ To determine how much of the heat entering Pine Island Bay is used to melt the ice shelves, we ²⁶⁰ calculate the heat flux associated with the ice shelf freshwater flux as

$$Q_{FW} = \rho_{FW} L_f V_{FW}$$

where ρ_{FW} is the density of freshwater (1000 kg m⁻³), L_f is the latent heat of fusion (3.33) 261 $\times 10^5$ J kg⁻¹, valid for freshwater at 500 dbar, neglecting the small variability in this quantity 262 depending on ice shelf thickness), and V_{FW} is the area integrated melt rate (in m³ s⁻¹) for Pine 263 Island and Thwaites ice shelves. Approximately two thirds of the net ocean temperature transport 264 $(3.3\pm2.1 \text{ TW})$ through MT is used to melt the ice shelves $(2.1\pm0.37 \text{ TW})$, while the remainder is 265 accounted for by surface fluxes. The fraction of heat lost to the atmosphere would be larger if the 266 budget of heat flowing onto the continental shelf was considered, due to the larger area available 267 for surface heat loss. Note that our results are not comparable with the thermal efficiency calcu-268 lated by Jourdain et al. (2017), nor the melting efficiency calculated by Bindschadler et al. (2011), 269 since these quantities relate to the quantity of heat input (not net heat flux, which in their case is 270 zero) that is used to melt the ice. If we estimate the heat input as the temperature transport by the 271 southward flow through the MT section (10.6 TW), we arrive at a melting efficiency of 18.5% for 272 Pine Island and Thwaites ice shelves, consistent with the 19% calculated by Jourdain et al. (2017) 273 for Pine Island ice shelf. 274

²⁷⁵ b. Meridional overturning circulation in Pine Island Trough

The conversion of CDW into cooler but lighter meltwater generates a meridional overturning circulation in Pine Island Trough facilitated by ice shelf melt (Fig. 4). In depth space (Fig. 4a) the time-mean meridional overturning shows a negative (clockwise looking west) cell centered on approximately 500 m depth, extending along the entire trough. The strongest meridional overturning of approximately 0.3 Sv amplitude occurs close to 75°S as the flow enters the Pine Island and Thwaites cavities, and the cell deepens as it extends towards the grounding lines of these glaciers at around 800 m, 75.25°S (Fig. 4a). The maximum overturning seen here is comparable with an observational estimate of 0.25 Sv of overturning within Pine Island cavity (Jacobs et al. 2011; Thurnherr et al. 2014).

If the inflow of warm salty water and the outflow of cooler fresher water are not well separated in 285 depth, the overturning in density space may be more representative of the true overturning circu-286 lation. The meridional overturning cell in density space is centred on 1027.55 kg m⁻³, consistent 287 with the 500 m depth of the overturning cell in depth space (Fig. 4c). The meridional overturning 288 streamfunction in density is flatter than in depth space, since fluctuations in isopycnal depth along 289 the trough are removed. In addition, the density-space overturning cell is more latitudinally con-290 sistent in strength, indicating that the longitudinal change in isopycnal depth at certain latitudes 291 is such that inflow and outflow overlap in depth space but not density space. The overturning 292 circulation in density space is slightly stronger than in depth space, peaking at an amplitude of 293 0.38 Sv. 294

295 c. Temporal variability of temperature transports

We now examine the temporal variability of temperature transport through the various sections around the Amundsen Sea. We note that the temperature transport through open sections with non-zero net transport is highly dependent on the width of the section and the choice of endpoints (e.g., Schauer and Beszczynska-Möller 2009). Here we choose our shelf-edge sections to cover the main inflows of CDW onto the continental shelf, as the temperature transport through such sections has previously been compared to the heat required to melt the ice shelves (e.g., Walker
 et al. 2007). However, the temperature transport through the closed MT and PIG sections is a more
 robust and less ambiguous approximation of the total heat transport.

There is substantial decadal variability in the annual-mean time series of temperature transport 304 that is common between all sections (Fig. 5). The transport of temperature is well correlated 305 (r = 0.80) between the two shelf-edge sections. The total temperature transport for all sections 306 decreases from a maximum in the 1980s to a minimum in the late 1990s followed by larger tem-307 perature transports between 2005–2010. This co-variability suggests that the temperature trans-308 ports onto the continental shelf influence those at the ice shelf front, at least over multi-annual 309 time scales. On short time-scales local surface heat loss within polynyas combined with changes 310 in wind stress and ice cover can drive variability close to Pine Island Glacier (St-Laurent et al. 311 2015; Webber et al. 2017), which may partly explain differences between individual years. 312

The changes that contribute to the decadal temperature transport variability are shown by com-313 posites of cross-section velocity and temperature anomalies for the five warmest and five coldest 314 years as defined by the melt rate of Pine Island and Thwaites ice shelves (Fig. 6; see Fig. 5f for 315 years). We note that the response of ice shelves to transient ocean forcing might be expected to cre-316 ate a lag between the changes in ocean conditions and the changes in melt rate (Holland 2017), but 317 the time lag is small compared with the decadal time scales that dominate the variability and there 318 is good agreement between the time series of melt rate and heat transports across the continental 319 shelf (Fig. 5). In general, the velocity anomalies for warm years have a similar structure to (and 320 the same sign as) the mean circulation, indicating that the circulation is stronger in warm years. 321 Meanwhile, circulation anomalies for cold years have the opposite sign to the mean circulation, 322 indicating that the circulation weakens in cold years. The thermocline deepens in cold years, with 323 the largest temperature anomalies close to the thermocline depth where the vertical temperature 324

gradient is largest. The thermocline depth changes are larger at the MT and PIG sections than 325 at the shelf-edge sections. At the CT section (Fig. 6a,b), the changes are largely baroclinic, with 326 opposite velocity anomalies above and below the thermocline; nevertheless, these changes project 327 onto the depth-mean volume transport and thus the barotropic temperature transport (see below). 328 For the ET section (Fig. 6c,d), the deep inflows at 103 and 105°W strengthen in warm years while 329 the surface inflow weakens; in cold years the reduction in inflow is apparent throughout the water 330 column. At MT (Fig. 6e,f), the largest velocity anomalies are in the near-surface layers; the out-331 flow near 109°W strengthens (weakens) in warm (cold) years, while the inflow from 102–107°W 332 generally does the same, but with opposite anomalies near 104°W indicating differences in the 333 location of the strongest inflows. Meanwhile, the main inflow of CDW at MT, at 105–106°W, 334 strengthens in warm years and weakens in cold years, with changes in CDW transport amplified 335 by the changes in the thermocline depth. At the PIG section (Fig. 6g,h), the largest anomalies are 336 a dipole pattern between 101.5 and 102° W below 600 m, suggesting a change in the structure of 337 the inflow, but overall the total deep inflow strengthens (weakens) in warm (cold) years. 338

The velocity can be decomposed into a depth-mean (barotropic) and depth-varying (baroclinic) 339 component (see Section 2b). For all the open sections where there is strong onshore flow, the 340 barotropic temperature transport dominates (Fig. 5). At CT, the barotropic (baroclinic) temper-341 ature transport accounts for 74% (26%) of the total (4.58 TW). At ET and MTE, the total tem-342 perature transports (7.70 TW and 10.07 TW, respectively) are again largely barotropic. At these 343 troughs, the baroclinic temperature transports are again weak, but offshore (-27% and -33% of344 the total, respectively). However, for the closed sections further south, the southward barotropic 345 temperature transport is compensated by a similar northward barotropic temperature transport and 346 the net barotropic heat transport is small. As a result, the total temperature transport for the MT 347 and PIG sections (3.30 TW and 1.17 TW, respectively) is largely baroclinic, with the baroclinic 348

temperature transport accounting for 84% and 140% of the total temperature transport, respectively (Fig. 5). Furthermore, the baroclinic temperature transport at MT is well correlated with the total temperature transport at PIG (r = 0.89) and at CT (r = 0.69) and ET (r = 0.84), while the barotropic temperature transport at MT is anti-correlated with the total temperature transport at these sections (r = -0.60, -0.35 and -0.48, respectively).

Since temperature transport variability can be accounted for by changes in both temperature 354 and velocity, we decompose the temperature transport variability into the components associated 355 with fluctuations in temperature $(\bar{v}T')$, those associated with fluctuations in velocity $(v'\bar{T})$ and 356 those associated with co-variance between temperature and velocity (v'T'). This analysis (Fig. 7) 357 shows that fluctuations in velocity contribute most to the decadal variability, since the $v'\bar{T}$ term 358 agrees better in magnitude and temporal variability with the total temperature transport variability 359 than either of the other terms at each section (in agreement with observations at the shelf break, 360 (Assmann et al. 2013)). At the CT and PIG sections (Fig. 7b,d), it is only the $v'\bar{T}$ term that 361 exhibits substantial variability, consistent with the largest changes at these troughs being the deep 362 velocity (Fig. 6). At the ET section (Fig. 7a), both $v'\bar{T}$ and $\bar{v}T'$ exhibit substantial variability 363 that is correlated (r = 0.90 and r = 0.80, respectively) with the interannual variability of the total 364 temperature transport. Meanwhile, at the MT section (Fig. 7c), both terms vary significantly, but 365 the $v'\bar{T}$ term is more strongly correlated with the total variability (r = 0.73, compared with r = 0.14 366 for $\bar{v}T'$), as well as the melt rate of the ice shelves (r = 0.86, compared with r = -0.45 for $\bar{v}T'$). 367 In cold years, the outflow cools more than the inflow at MT (Fig. 6e-f), which may explain the 368 increase in $\bar{v}T'$ during the cooler periods. 369

The spatial patterns of changes from warm to cold periods are shown by composite anomalies of the 0.5 $^{\circ}$ C isotherm depth and CDW flux for the five warmest and five coldest years (Fig. 8). The 0.5 $^{\circ}$ C isotherm shoals (deepens) in warm (cold) years by about 50 m across much of the

continental shelf and by more than 100 m close to Pine Island and Thwaites ice shelves and on 373 the western side of Pine Island Trough. These anomalies are smaller than the mean model bias 374 (Fig. 2), but nevertheless imply substantial heat content changes. For comparison, an observed 375 250 m deepening of the thermocline in Pine Island Bay reduced the heat available to melt the ice 376 shelf from 3.3 GJ to 1.2 GJ (Webber et al. 2017), coincident with a reduction in the flow speed of 377 the ice shelf (Christianson et al. 2016). We expect that changes in thermocline depth and hence 378 heat content close to and within the ice shelf cavity will lead to fluctuations in basal melt rate. The 379 strength of the circulation within the cavity is also crucial (e.g., Jacobs et al. 2011; Jourdain et al. 380 2017), but this circulation will also increase with increasing melt rate (Section 3b). The standard 381 deviation of these composites (Fig. 8c,d) reveals considerable variability in the amplitude of the 382 thermocline depth anomalies within these composites, especially along the path of the ET inflow 383 and, for cold years, on the western side of Pine Island Trough. All years of the composites show 384 the same sign of change (indicated by stippling in Fig. 8c,d) across most of the continental shelf, 385 with more extensive agreement for warm years. The sign of the thermocline depth changes in the 386 CT region and along the shelf break are less consistent than for the ET region and within Pine 387 Island Trough. 388

The CDW flux anomalies (Fig. 8a,b) follow a similar path to the time mean (Fig. 1), suggesting 389 amplification and reduction of the time-mean pattern rather than a different circulation pattern, 390 in disagreement with observations that suggest substantial changes in circulation patterns, at least 391 within Pine Island Bay (Webber et al. 2017). The isotherm depth anomalies are more modest in the 392 inflow region and at the shelf break than close to the glaciers. The thermocline depth anomalies 393 along the shelf break (between the 1000 and 2000 m contours) are very weak, yet the volume flux 394 anomalies are substantial and spatially coherent and show that the shelf-edge undercurrent CDW 395 transport (Walker et al. 2013) strengthens in warm years and weakens in cold years (Fig. 8). In 396

³⁹⁷ general, the largest differences in isotherm depth are observed near the southern end of Pine Island ³⁹⁸ Trough, possibly implying that processes close to the glacier amplify the signal that originates ³⁹⁹ at the shelf break. We also note that the largest differences occur where the CDW flux is small ⁴⁰⁰ (and deep velocity is weak; see Fig. 3), consistent with a volume flux balance where a small depth ⁴⁰¹ change in a region of strong flow is compensated by a larger depth change in a region of weaker ⁴⁰² flow.

To further examine the links between temperature transport across the shelf at all time scales, we 403 use wavelet coherence (Grinsted et al. 2004) to assess the strength and phase of the relationships 404 between the PIG section and each of the other sections in time-frequency space, using 5-day 405 mean output. Fig. 9 shows that the coherence is generally stronger at periods longer than 2 years, 406 with coherence at periods less than 1 year only sporadically significant. The strongest coherence 407 with the PIG section is for the (predominantly barotropic) temperature transport through MTE, 408 perhaps unsurprising given the relatively close proximity. The coherence is stronger with the 409 ET section than the CT section. The phase relationships between time series is demonstrated by 410 the arrows, with arrows pointing right (left) indicating the time series are in (out of) phase, while 411 arrows pointing down (up) indicate that the first (second) time series leads the second (first) by one 412 quarter of a cycle. These phase arrows indicate that the temperature transports at the shelf-break 413 and mid-trough sections generally lead the temperature transport through the PIG section, at lags 414 between 6 months and 2 years, broadly consistent with the advective time scale from the shelf edge 415 to the ice shelves of around 6–12 months. However, the coherence at these time scales is sporadic, 416 which may explain why this connection is not readily apparent in the composites of warm and 417 cold years (Fig. 8). Nakayama et al. (2017) used model tracers to show that concentrations of 418 CDW in Pine Island Bay continue to increase up to two years after intrusion onto the continental 419 shelf, consistent with the longer lags found here. At time scales longer than 4 years, the various 420

time series are largely in phase, although PIG variability leads both the MTE and CT temperature
 transports at these longer time scales.

423 d. Temporal variability of overturning and CDW fluxes

To investigate the temporal variability in the overturning strength, we calculate a time series of 424 the peak (minimum) overturning streamfunction in density space at the latitude $(74.2^{\circ}S)$ of the 425 Mid-Trough section (red line in Fig. 5f). The time series of peak overturning exhibits the same 426 decadal variability as the temperature transport around the continental shelf, and agrees strongly 427 with the melt rate of PIG and Thwaites ice shelves (correlation coefficient r = -0.88). Similar 428 results are obtained for the variability in overturning strength at various latitudes, implying that the 429 interannual variability of the overturning is latitudinally consistent. The mean overturning strength 430 in density space is -0.38 Sv; for comparison, the mean strength of the barotropic circulation 431 through this section is -2.0 Sv. 432

The southward temperature transport associated with the overturning part of the circulation in 433 density space (red lines in Fig. 10) closely matches the total temperature transport at the MT 434 and PIG sections. This overturning temperature transport tends to exceed the total temperature 435 transport as the isopycnal circulation is associated with a net negative (northward) temperature 436 transport (not shown). Meanwhile, in depth space (blue lines in Fig. 10), the overturning temper-437 ature transport is very close to the total temperature transport at the PIG section, but roughly half 438 the total temperature transport at the MT section. This difference between the sections is consis-439 tent with the latitudinal variation in the overturning strength in depth space (Fig. 4a), while the 440 overturning strength is more latitudinally consistent in density space. This implies that at the MT 441 section, the outflow of colder, fresher and less dense water overlaps in depth space with the inflow 442 of warmer, saltier and denser water. We note that the time series of the overturning temperature 443

transport in density space at MT is well correlated (r = 0.90) with the melt rate of the Pine Island and Thwaites ice shelves, while the overturning temperature transport in depth space at MT is only weakly correlated (r = 0.40). Note that although the barotropic volume transport is larger than the overturning circulation, the net barotropic heat transport is much smaller than the heat transport associated with the overturning circulation.

The varying strength of the overturning circulation (Fig. 5f) is matched closely by the time 449 series of volume flux of CDW (Fig. 11) through each of the sections; the correlation coefficient (r) 450 is 0.84, 0.72, 0.87 and 0.98 between peak overturning strength and CDW flux for CT, ET, MT and 451 PIG, respectively. Very little CDW enters Pine Island Trough without first flowing through either 452 the CT or ET section (see Fig. 1); therefore, the total CDW flux onto the continental shelf can be 453 seen as the sum of these two. Once again, the temporal variability of the CDW flux through the 454 CT, ET and MTE (not shown) sections is very similar, suggesting that changes in the CDW flux 455 onto the shelf translate into changes in the CDW flux further south, or possibly that changes in 456 the melt-driven overturning influence the onshore transport of CDW. Interestingly, the total CDW 457 flux through the closed sections (PIG and MT) also exhibits similar temporal variability. If the 458 overturning circulation and the transformation of CDW into meltwater did not occur, the net CDW 459 flux would be near-zero. Instead, the net CDW flux through the MT section is more than half 460 (52%) the total that flows onto the shelf through the CT and ET sections, which jointly capture 461 the majority of the CDW flowing onto the continental shelf. As the flux of CDW onto the shelf 462 decreases, the heat available to melt the ice shelf decreases, leading to a corresponding decrease 463 in water mass transformation and thus net CDW flux through the PIG and MT sections. 464

Variations in the flux of CDW can be due to changes in the thermocline depth, the velocity below the thermocline, or both. To determine which is the case in our model simulation, we examine the correlation between thermocline depth and CDW flux at each section. The temporal variability

in thermocline depth is inversely correlated with the CDW flux (i.e., a shallower thermocline is 468 related to a larger CDW flux) at the ET (r = -0.79), MT (r = -0.76) and PIG (r = -0.90) 469 sections. The minimum in thermocline depth lags the minimum in CDW flux at the MT section, 470 possibly due to an imbalance between net volume flux into the CDW layer in Pine Island Bay and 471 water mass transformation within this region, or due to differences in local surface forcing. At the 472 CT section, the thermocline depth is relatively poorly correlated (r = -0.47) with the CDW flux, 473 indicating that it is primarily the velocity in the CDW layer and not the depth of the CDW layer 474 that controls the inflow of CDW here, while at the other sections a combination of the two factors 475 controls the CDW volume flux. 476

477 e. Mechanisms generating decadal variability in Pine Island Trough

We investigate possible atmospheric forcing mechanisms by computing correlations between 478 the annual-mean melt rate of Pine Island and Thwaites ice shelves and the annual-mean of various 479 surface forcing fields for each model gridpoint. The ice shelf melt rate is correlated with east-480 erly (negative) zonal surface stress (Fig. 12a) and northward (positive) meridional surface stress 481 (Fig. 12b) across the entire Pine Island Trough region that combine to give a large-scale increase 482 in total surface stress (Fig. 12e). It may be that these offshore winds help to drive a surface current 483 away from the ice shelves, thus strengthening the compensating influx of warm water below due 484 to mass conservation. The curl of the surface stress suggests that upwelling across much of the 485 shelf is correlated with increased melt rate. Upwelling along the shelf break (magenta boxes in 486 Fig. 12c) is also correlated with increased melt and modulates the transport of CDW onto the shelf 487 (Fig. 13). This change in CDW flux in turn appears to drive changes in ice shelf melt rate. Mean-488 while, the minimum Ekman suction within Pine Island Trough is delayed relative to the minimum 489 at the shelf break, and the minimum in ice shelf melt rate. However, the minimum Ekman suc-490

tion in Pine Island Trough does coincide with the maximum thermocline depth at the MT section 491 and may therefore explain the lag of the thermocline depth relative to the CDW transport here 492 (Fig. 11c). It is likely that Ekman suction is the dominant driver of the changes we observe, but 493 internal ocean processes may also play a role in determining the decadal variability of this region. 494 Surface heat flux is negatively correlated with increased melt, especially close to the ice shelves. 495 We interpret this as indicating that stronger overturning circulation supplies more oceanic heat to 496 the near-surface, thus increasing the air-sea temperature difference and the heat loss to the atmo-497 sphere and creating a negative feedback. The correlation between ice shelf melt rate and surface 498 freshwater flux (Fig. 12f) is positive across much of the continental shelf, which may help raise 499 the thermocline by reducing the density of the winter water layer. If that were a dominant mecha-500 nism, we would expect negative local correlations between surface freshwater flux and thermocline 501 depth. However, the map of local correlation with thermocline depth (not shown) is simply the 502 inverse of Fig. 12f, suggesting that the relationship is not as strong as the influence of wind stress 503 on thermocline depth and hence ice shelf melt rate. 504

505 **4. Discussion**

We find that temperature transports and ice shelf melt rates covary across the Amundsen Sea, 506 and that both covary with the strength of the overturning circulation in Pine Island Trough. The 507 time-mean southward barotropic volume transport at MT (74.2 $^{\circ}$ S) is 2.0 Sy, much larger than the 508 volume transport associated with the density overturning circulation (0.38 Sv). However, the net 509 barotropic temperature transport through this closed section is small and the overturning circula-510 tion in density space is responsible for most of the net southward temperature transport through 511 this section and into Pine Island Bay. Further north, the transport of temperature onto the conti-512 nental shelf is primarily barotropic. Since the time series of (barotropic) on-shelf transport and the 513

⁵¹⁴ overturning further south are highly correlated, and both correlate with the ice shelf melt rate, it is ⁵¹⁵ not possible to determine which is more important for the ice shelf melt rate.

Given that the overturning circulation drives the majority of the net heat transport and is in turn driven by melting of the ice shelves, it is possible that there is a positive feedback whereby an increase in melting drives an increase in overturning that in turn increases the melt further, such as shown by Donat-Magnin et al. (2017) and Jourdain et al. (2017). Donat-Magnin et al. (2017) show that this can also lead to an increase in the onshore flux of CDW. This would be a two-way process, in which heat-driven melt and melt-driven temperature transport are occurring.

Surface wind forcing directly influences the variability of heat transport in Pine Island Trough. 522 In warm years, the pattern of Ekman suction at the shelf break increases the onshore flux of 523 CDW. Ekman induced upwelling further onshore will amplify the changes in thermocline depth, 524 consistent with the larger amplitude of thermocline depth variability there. These changes may 525 be further amplified by offshore winds during warm years. Changes in both circulation and the 526 thickness of the CDW layer will influence the melt rate of the ice shelves. Together, these findings 527 suggest that changes in the deep inflow of heat and CDW are directly influenced by wind stress 528 and wind stress curl, which then lead to changes in melt rate and thermocline depth. 529

The decadal melt rate variability is associated with broad-scale and spatially coherent changes 530 in CDW transport and thermocline depth, strongest close to the ice shelves and on the western 531 side of Pine Island Trough. Observational records across the Amundsen Sea do not always show 532 such clear co-variability between the shelf edge and Pine Island Bay (Webber et al. 2017). The 533 discrepancy may be due to the relatively short observational records, the relatively coarse model 534 resolution, or due to the poor simulation of atmospheric processes close to the coast in the reanaly-535 sis products used to force the ocean models, where high heat flux events that lead to cooling within 536 Pine Island Bay are under-represented (Jones et al. 2016). Alternatively, it could be that the model 537

thermocline being too shallow leads to an overestimate of the strength of the relationship between
 the continental shelf edge and Pine Island Bay. Further mechanism-denial experiments with this
 or other models would be required to resolve this.

We note that several of our sections are associated with large net volume transports, and that the 541 total temperature transport is dependent on the subjective choice of end points for these sections 542 (Schauer and Beszczynska-Möller 2009). We have chosen the open sections to correspond to the 543 main inflows of CDW onto the shelf (CT and ET) and southward into Pine Island Bay (MTE). 544 Nevertheless, the magnitude of the total temperature transport through these sections is somewhat 545 arbitrary and would change depending on the exact definitions of the sections. Furthermore, the 546 split between thermodynamic $(v'\bar{T})$ and kinematic $(\bar{v}T')$ temperature transport variability and the 547 split between baroclinic and barotropic temperature transport may be sensitive to the choice of 548 section, although sensitivity studies (not shown) suggest that small changes make a negligible 549 difference to the conclusions. Nevertheless, our findings are most robust for the closed MT and 550 PIG sections with near-zero net volume transport. 551

Our model may not fully resolve small-scale processes including eddies, internal waves and 552 the interaction of ocean dynamics with small-scale topographic features that may influence the 553 dynamics of the temperature transport and overturning. In addition, the bathymetry of the region 554 is poorly mapped in many places and that may lead to substantial biases in temperature transport 555 pathways and variability. Our model has a thermocline that is too shallow and with a density 556 gradient that is too small compared with observations, leading to melt rates that exceed observed 557 values. Due to uncertainties in reanalysis products used to force ocean models (due largely to 558 the sparse meteorological observations), and the lack of ocean observations to validate the model 559 before 1994, it is hard to be certain of the true decadal variability in this region, and various ocean 560 model simulations of the region (e.g., Thoma et al. 2008; Schodlok et al. 2012; Nakayama et al. 561

2013; Kimura et al. 2017) produce markedly different time series. However, the model simulation 562 presented here has been shown to reproduce the variability in Pine Island Trough within the period 563 of 1994-2011 for which observations are available. It is harder to be sure of whether the relatively 564 warm period in the 1980s and subsequent cooling in the early 1990s is realistic or not, although 565 the steady increase in ice shelf mass loss over this period (Mouginot et al. 2014) would be more 566 consistent with overall warming. We note that our model does not have adaptive ice shelves, which 567 would tend to alter the melt rate as the cavity geometry changes (Schodlok et al. 2012) and might 568 then influence the circulation around Pine Island Trough. Also, the boundary conditions for our 569 model are a repeated annual cycle so decadal changes in the far field ocean conditions are not 570 captured. 571

Although our model is overly warm, has climatological boundary conditions and uncertainties in the surface forcing, we argue that the importance of the Ekman upwelling and the predominance of the overturning circulation in providing the net southward heat transport are robust results. However, it is possible that unresolved processes close to the ice shelves and the fixed ice shelf cavities mean that the model overestimates the true coherence between the onshore transport of heat and the melt rate of the ice shelves.

578 5. Summary

⁵⁷⁹ We have shown that melt rates and onshore CDW transports co-vary over large parts of the conti-⁵⁸⁰ nental shelf at interannual to decadal time scales, but it is not possible from this study to determine ⁵⁸¹ which drives which, or if a third process drives both. The dominant external forcing mechanism ⁵⁸² for this variability is Ekman pumping and suction on the continental shelf and at the shelf break, in ⁵⁸³ agreement with previous studies (e.g., Thoma et al. 2008; Kimura et al. 2017). At the continental ⁵⁸⁴ shelf break, the southward transport of CDW and heat is predominantly barotropic. Further south

within Pine Island Trough, northward and southward barotropic heat transports largely cancel and 585 the majority of the net southward temperature transport is facilitated by baroclinic and overturn-586 ing circulations. The overturning circulation is related to water mass transformation and buoyancy 587 gain on the shelf that is primarily facilitated by freshwater input from basal melting. Donat-Magnin 588 et al. (2017) and Jourdain et al. (2017) showed the existence of feedback mechanisms in which 589 increased melt in turn may intensify the overturning circulation. Given the importance of the over-590 turning circulation for heat transport, it is likely that a feedback exists in which both heat-driven 591 melt and melt-driven temperature transport are occurring. However, this internal process will be 592 modified by external forcing by surface wind stress and Ekman pumping. Understanding how 593 such feedbacks would influence the long-term variability of the Amundsen Sea is an important 594 challenge in the context of disentangling climate change from natural variability in this region. 595

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