

1 **Comments on “Drug combination studies of**  
2 **curcumin and genistein against rhodesain of**  
3 ***Trypanosoma brucei rhodesiense*”**

4

5 Dietmar Steverding 

6

7 Bob Champion Research and Education Building, Norwich Medical  
8 School, University of East Anglia, Norwich, United Kingdom

9

10 CONTACT: Dietmar Steverding ✉ [d.steverding@uea.ac.uk](mailto:d.steverding@uea.ac.uk)

11

12 **ABSTRACT**

13 Recently, it was suggested that curcumin is an irreversible inhibitor of rhodesain, a  
14 cathepsin L-like cysteine protease found in the lysosome of the protozoan parasite  
15 *Trypanosoma brucei*. However, dilution of rhodesain incubated with curcumin with  
16 curcumin free buffer resulted in an immediate recovery of enzymatic activity. This  
17 finding clearly demonstrates that curcumin is in fact a reversible inhibitor of rhodesain.

18

19 **KEYWORDS**

20 Rhodesain; curcumin; reversible inhibitor

21

22 Dear Editor,

23

24 I would like to comment on the article “Drug combination studies of curcumin and  
25 genistein against rhodesain of *Trypanosoma brucei rhodesiense*” by Ettari et al.  
26 (2018). In their article, the authors claim that curcumin and genistein are irreversible  
27 inhibitors of rhodesain (the major lysosomal cysteine protease of *T. brucei*) and that  
28 both compounds in combination act synergistically in inactivating the enzyme.  
29 However, it is not possible that two irreversible inhibitors can interact synergistically in  
30 inhibiting the activity of an enzyme. By definition, irreversible inhibitors chemically  
31 modify their target enzyme by reacting with the active-site amino acid residue.  
32 Accordingly, two compounds irreversibly inhibiting an enzyme cannot influence each  
33 other on their binding of the catalytic amino acid residue. This is only possible if one  
34 of the compounds binds the enzyme at a different site. Thus, the binding of one  
35 compound could increase the affinity for the other compound and vice versa resulting  
36 in a synergetic effect of the combination of the two compounds.

37 The evidence provided by the authors to support that curcumin and genistein are  
38 irreversible inhibitors of rhodesain are unconvincing. The irreversible inhibition of the  
39 compounds were based (i) on a time-dependent loss of enzyme activity and (ii) on the  
40 lack of recovery of enzymatic activity after dilution. However, the time-dependent  
41 inhibition was only marginal and the enzyme was never completely inhibited, even at  
42 higher inhibitor concentrations. Likewise, the dilution factor in the dilution experiment  
43 was minimal (only 1:2), so that the final inhibitor concentration was still very high. In  
44 the case of genistein, the high IC<sub>50</sub> value (500 μM) observed for the inhibition of  
45 rhodesain activity is quite unusual for an irreversible inhibitor. Generally, irreversible  
46 inhibitors of *T. brucei* cysteine proteases have IC<sub>50</sub> values below 1 μM and those with  
47 IC<sub>50</sub> values > 100 μM are usually considered inactive (Steverding et al. 20112).

48 The lack of convincing evidence whether curcumin and genistein are irreversible  
49 inhibitors of rhodesain prompted me to perform own experiments. Based on available  
50 reagents, I carried out dilution experiments with curcumin (Figure 1). Incubation of

51 rhodesain with 10  $\mu$ M curcumin resulted in an enzymatic rate of 2.74 RFU/min. When  
52 the reaction mixture was diluted 1:4 with measuring buffer containing 10  $\mu$ M curcumin,  
53 the enzymatic rate dropped to 0.74 RFU/min, which was 27% of the activity before  
54 dilution and thus in agreement with an one in four dilution of the amount of enzyme  
55 (the expected activity would have been 25%). In contrast, when the reaction mixture  
56 was diluted 1:4 with measuring buffer lacking curcumin, the enzymatic rate increased  
57 to 12.82 RFU/min, which was 4.68 and 17.32 times higher compared with the starting  
58 mixture and after dilution in the presence of 10  $\mu$ M curcumin, respectively. Were  
59 curcumin an irreversible inhibitor of rhodesain, no difference in the enzymatic rate  
60 between the dilution in the presence and absence of 10  $\mu$ M curcumin would be  
61 expected. As the enzymatic rate after dilution in curcumin free measuring buffer  
62 increased substantially (despite a 4-fold reduction in enzyme concentration), thus it  
63 can be concluded that curcumin is a reversible inhibitor of rhodesain and not an  
64 irreversible one.

65 The lesson, here, is: in order to determine the mode of action of inhibitors, one  
66 needs to carry out the right experiments and to interpret the obtained data correctly.  
67 The best way to do this would be to perform rigorous kinetic enzyme analysis.

68

## 69 **Disclosure statement**

70 The author reports no conflict of interest.

71

## 72 **Acknowledgements**

73 I thank Professor Conor R. Caffrey (Center for Discovery and Innovation in Parasitic  
74 Diseases, Skaggs School of Pharmacy and Pharmaceutical Sciences, University of  
75 California San Diego) for providing rhodesain, and Dr Kevin Tyler (Norwich Medical  
76 School, University of East Anglia) for critical reading of the manuscript.

77

## 78 **ORCID**

79 *Dietmar Steverding*  <https://orcid.org/0000-0002-0050-7771>

80

## 81 **References**

82 Ettari R, Previti S, Maiorana S, Allegra A, Schirmeister T, Grasso S, Zappalà M. 2018.

83 Drug combination studies of curcumin and genistein against rhodesain of  
84 *Trypanosoma brucei rhodesiense*. Nat Prod Res. In press.

85 Steverding D, Sexton DW, Wang X, Gehrke SS, Wagner GK, Caffrey CR. 2012.

86 *Trypanosoma brucei*: chemical evidence that cathepsin L is essential for survival  
87 and a relevant drug target. Int J Parasitol. 42:481-488.

88

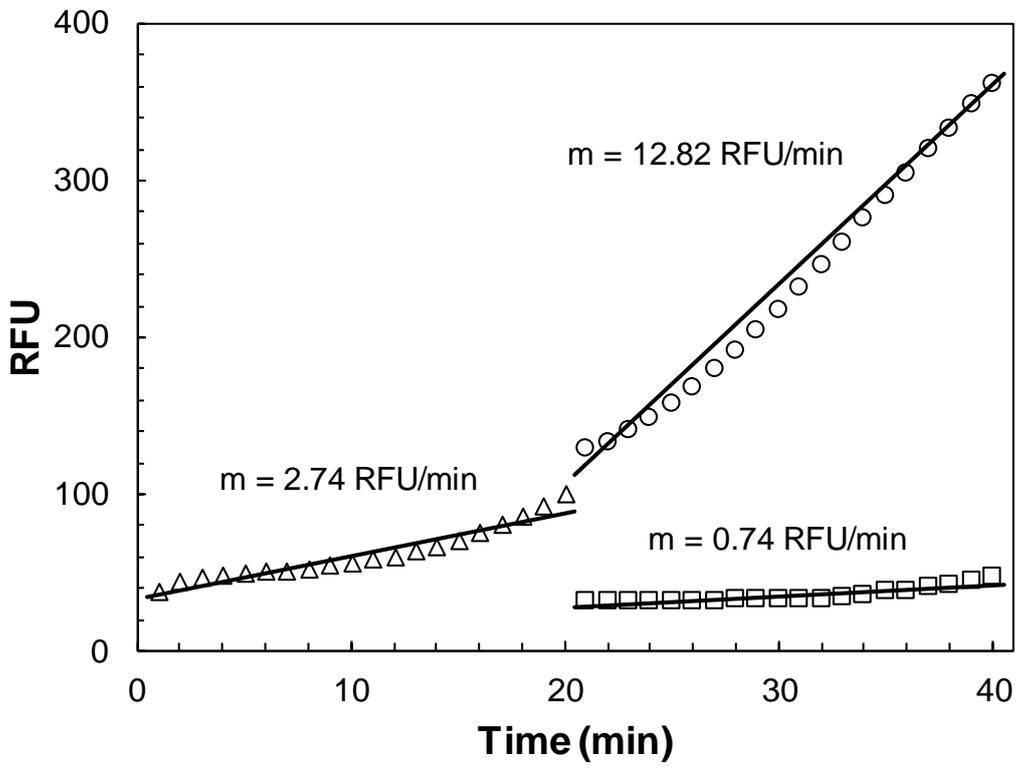
## 89 **Figure Legends**

90 Figure 1. Reversibility of curcumin inhibition on rhodesain. Rhodesain (67 ng) was  
91 incubated in measuring buffer (100 mM citrate, pH 5.0, 2 mM DTT and 10  $\mu$ M  
92 benzyloxycarbonyl-phenylalanyl-arginyl-7-amido-4-methyl coumarin (Z-FR-AMC) as  
93 fluorogenic substrate) in the presence of 10  $\mu$ M curcumin in a final volume of 2 ml at  
94 room temperature. The release of 7-amino-4-methylcoumarin (AMC) was recorded  
95 with a BIORAD VersaFluor fluorometer using excitation and emission wavelengths of  
96 360 nm and 460 nm every min (triangles). After 20 min incubation, the reaction mixture  
97 was diluted 1:4 with measuring buffer either containing 10  $\mu$ M curcumin (squares) or  
98 the equivalent amount of DMSO (circles), and release of AMC was continued to be  
99 recorded. Note that the drop in RFU after dilution with measuring buffer containing 10  
100  $\mu$ M curcumin is due to the dilution of released AMC. Note that the increase in RFU  
101 after dilution with measuring buffer lacking curcumin is due to the fact that curcumin  
102 shifts RFU into negative values. Therefore, by diluting curcumin containing buffer with  
103 curcumin free buffer, RFU increases. RFU, relative fluorescence unit.

104

105 **Figure 1**

106



107

108