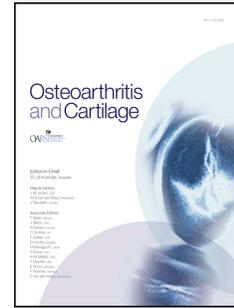


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Subchondral bone in osteoarthritis: Association between MRI texture analysis and histomorphometry

Dr James W. MacKay, Dr Philip J. Murray, Mr Bahman Kasmai, Glyn Johnson, Professor, Simon T. Donell, Professor, Andoni P. Toms, Professor



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**TITLE:****SUBCHONDRAL BONE IN OSTEOARTHRITIS: ASSOCIATION  
BETWEEN MRI TEXTURE ANALYSIS AND HISTOMORPHOMETRY****MANUSCRIPT TYPE:**

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**AUTHORS:**

|   |                           |
|---|---------------------------|
| Dr James W MacKay <sup>1</sup>          | james.mackay@nnuh.nhs.uk  |
| Dr Philip J Murray <sup>1</sup>         | philip.murray@nnuh.nhs.uk |
| Mr Bahman Kasmai <sup>1</sup>           | bahman.kasmai@nnuh.nhs.uk |
| Professor Glyn Johnson <sup>1,2</sup>   | glyn.johnson@uea.ac.uk    |
| Professor Simon T Donell <sup>2,3</sup> | simon.donell@nnuh.nhs.uk  |
| Professor Andoni P Toms <sup>1,2</sup>  | andoni.toms@nnuh.nhs.uk   |

<sup>1</sup>Department of Radiology, Norfolk & Norwich University Hospital, Norwich, UK

<sup>2</sup>Norwich Medical School, University of East Anglia, Norwich, UK

<sup>3</sup>Department of Trauma & Orthopaedics, Norfolk & Norwich University Hospital, Norwich, UK

**CORRESPONDING AUTHOR:**

Dr James MacKay  
Radiology Academy  
Cotman Centre  
Norfolk & Norwich University Hospital  
Colney Lane  
Norwich NR4 7UB

Tel: +44 788 245 9094  
Fax: +44 1603 286 146  
Email: james.mackay@nnuh.nhs.uk

**RUNNING TITLE:****MRI TEXTURE ANALYSIS OF SUBCHONDRAL BONE**

## ABSTRACT

*Objective*

Magnetic resonance imaging (MRI) texture analysis is a method of analyzing subchondral bone alterations in osteoarthritis (OA). The objective of this study was to evaluate the association between MR texture analysis and ground-truth subchondral bone histomorphometry at the tibial plateau.

*Design*

The local research ethics committee approved the study. All subjects provided written, informed consent. This was a cross-sectional study carried out at our institution between February and August 2014.

Ten participants aged 57-84 with knee OA scheduled for total knee arthroplasty (TKA) underwent pre-operative MRI of the symptomatic knee at 3T using a high spatial-resolution coronal T<sub>1</sub> weighted sequence. Tibial plateau explants obtained at the time of TKA underwent histological preparation to allow calculation of bone volume fraction (BV.TV), trabecular thickness (Tb.Th), trabecular separation (Tb.Sp) and trabecular number (Tb.N). Texture analysis was performed on the tibial subchondral bone of MRI images matched to the histological sections. Regression models were created to assess the association of texture analysis features with BV.TV, Tb.Th, Tb.Sp and Tb.N.

### *Results*

MRI texture features were significantly associated with BV.TV ( $R^2 = 0.76$ ), Tb.Th ( $R^2 = 0.47$ ), Tb.Sp ( $R^2 = 0.75$ ) and Tb.N ( $R^2 = 0.60$ , all  $p < 0.001$ ). Simple grey-value histogram based texture features demonstrated the highest standardized regression coefficients for each model.

### *Conclusion*

MRI texture analysis features were significantly associated with ground-truth subchondral bone histomorphometry at the tibial plateau.

### KEYWORDS

Osteoarthritis; Magnetic resonance imaging; Subchondral bone; Texture analysis; Histomorphometry

## 1 INTRODUCTION

2 At present, efficacious disease modifying treatments for osteoarthritis (OA) are  
3 lacking<sup>1</sup>. Imaging has the potential to play an important role in the development  
4 of disease modifying treatments by assessing response to novel therapeutic  
5 approaches and improving understanding of OA natural history<sup>2</sup>. For this  
6 potential to be realized, sensitive and reliable imaging biomarkers are required.

7 OA is considered as a disease of the entire joint, involving cartilage, bone,  
8 synovium, ligaments, menisci (for knee OA), capsule and juxta-articular muscle<sup>3</sup>.  
9 Much research interest has focused on assessment of cartilage, however it is also  
10 desirable to have reliable imaging biomarkers of other involved tissues such as  
11 the subchondral bone.

12 Texture analysis has been described as a method of analyzing subchondral bone  
13 on plain radiographs, computed tomography (CT) and magnetic resonance  
14 imaging (MRI)<sup>4-6</sup>. Texture analysis is a statistical method of analyzing an image  
15 or region of interest (ROI) based on the distribution and spatial organization of  
16 gray (pixel) values within it<sup>7</sup>. Its utility in the setting of subchondral bone analysis  
17 in OA lies in detecting and quantifying alterations in structure that are not  
18 detectable or difficult to quantify reliably using qualitative or alternative  
19 quantitative methods.

20 The current study focuses on MRI texture analysis at the knee. The advantages of  
21 using MRI for texture analysis over plain radiographs or CT are the cross-  
22 sectional nature of the images (compared to plain radiographs), the lack of

23 radiation exposure and the ability to assess other tissues involved in OA  
24 (particularly cartilage, synovium and meniscus) in a single examination.

25 MRI texture analysis has previously demonstrated significant differences in  
26 subchondral bone texture between controls and individuals with OA<sup>8</sup>. Alternative  
27 methods of assessing subchondral bone using MRI are available including direct  
28 estimation of microstructural parameters<sup>9,10</sup>. However, texture analysis has the  
29 advantages of the ability to use standard clinical sequences, the lack of need to  
30 binarize images using an arbitrary threshold, and superior discrimination ability  
31 between subjects with OA and controls<sup>11</sup>.

32 One of the principal disadvantages of MRI texture analysis is the current lack of  
33 histological validation. It is important to assess the relationship between MRI  
34 texture analysis and ground-truth subchondral bone structure to establish the  
35 construct validity of this technique before it can be considered for use in further  
36 longitudinal or interventional studies. The histological gold standard for  
37 assessment of bone structure is the technique of histomorphometry which is the  
38 quantitative analysis of microscopic bone structure<sup>12</sup>.

39 Thus, the purpose of this study was to evaluate the association between MRI  
40 texture analysis and ground-truth subchondral bone histomorphometry at the  
41 tibial plateau.

42

## 43 MATERIALS &amp; METHODS

44 The local research ethics committee approved the study. All subjects provided  
45 written, informed consent. This was a cross-sectional study carried out at our  
46 institution between February and August 2014.

47 *Participants*

48 Ten participants (median age 70, range 57-84, 7 females) who were scheduled to  
49 undergo total knee arthroplasty (TKA) at our institution for primary OA of the  
50 knee were recruited at the time of their clinic visit immediately prior to TKA.

51 Participants were excluded if there was a history of significant ipsilateral lower  
52 limb injury, previous ipsilateral lower limb surgery, inflammatory arthritis,  
53 hematological malignancy, bone metastases, metabolic bone disease, or if there  
54 was a contraindication to MRI.

55 Participants had their height and weight recorded at the time of examination. All  
56 participants had recent AP weight bearing knee radiographs available (median 30  
57 days previously, range 0 – 160 days). These were used to record the severity of  
58 medial and lateral tibiofemoral compartment OA using the Kellgren-Lawrence  
59 grading system<sup>13</sup>. Kellgren-Lawrence grading was performed by two radiology  
60 residents (JM & PM) with 3 years' experience. Participants completed an Oxford  
61 Knee Score questionnaire in order to assess severity of symptoms<sup>14</sup>.

62

### 63 *MRI acquisition*

64 The knee scheduled for TKA of each participant was imaged using a dedicated 8-  
65 channel transmit/receive knee coil (Invivo, Gainseville, FL, USA) on a wide-bore  
66 3.0 T platform (GE 750w, GE Healthcare, Amersham, UK). Sequences obtained  
67 included a 2D coronal T1 weighted sequence (FOV 12 × 12.3 cm, matrix 512 × 512,  
68 TR 593 ms, TE 17.65 ms, NEX 1, slice thickness 2.8 mm, slice gap 2.5 mm,  
69 sequence duration approximately 3 minutes) designed to maximize in-plane  
70 spatial resolution (0.23 × 0.24 mm) and signal-to-noise ratio for optimal  
71 assessment of subchondral bone (figure 1). The MRI examination was performed  
72 at the time of the participant's pre-operative assessment to ensure a short interval  
73 between MRI and TKA (median 13 days, range 6 – 29 days).

74 [FIGURE 1]

### 75 *Bone specimens*

76 The tibial plateau of each participant was removed as part of the TKA procedure  
77 as a single block of tissue. This was placed in 10% buffered formal saline for  
78 fixation and stored at room temperature while awaiting processing. Surgical  
79 sutures were used to identify the medial/lateral and anterior/posterior margins of  
80 the tibial plateau at the time of resection.

81 Histological processing involved dividing the tibial plateau in half in the sagittal  
82 plane into medial and lateral portions using a bone saw (Exakt Diamant Band  
83 Saw, Exakt Advanced Technologies GmbH, Germany), to enable the samples to  
84 fit standard 30 × 25 mm histological cassettes. The central portion of the tibial

85 plateau specimens was then sectioned in the coronal plane (to match the  
86 orientation of the MRI images) using the bone saw with the location of the blocks  
87 taken recorded on a schematic diagram of the plateau. The tissue block then  
88 underwent decalcification, embedding in paraffin, cutting then staining with  
89 hematoxylin and eosin. The blocks were typically 30 mm in width and included  
90 between 5-10 mm in depth of tibial subchondral bone. Preparation of the blocks  
91 was supervised by an experienced bone pathologist.

#### 92 *Histomorphometry*

93 Prepared histological blocks were converted to digital format using a high-  
94 resolution histological scanner (Hamamatsu Photonics, Welwyn Garden City,  
95 UK). The digital blocks were exported in TIFF format and analyzed using ImageJ  
96 (NIH, Bethesda, MD, USA).

97 For each sample, following calibration for magnification, regions of interest (ROI)  
98 were created to enclose the subchondral bone. ROIs were defined superiorly by  
99 the bone/cartilage interface, laterally/medially by the tibial spines and  
100 lateral/medial joint margin and inferiorly by the inferior limit of the specimen,  
101 which was typically 5 – 10 mm in depth in the coronal plane (figure 2).

102 ROIs were binarized by stretching the pixel intensity histogram of the region of  
103 interest to enhance contrast between trabeculae and marrow, with subsequent  
104 automatic thresholding into bone and non-bone pixels.

105 The standard histomorphometric parameters bone volume fraction (BV.TV),  
106 trabecular thickness (Tb.Th), trabecular separation (Tb.Sp) and trabecular

107 number (Tb.N) were then derived (figure 2). The calculation of these parameters  
108 has been described in depth previously<sup>12</sup>. In brief, BV.TV is the number of bone  
109 pixels divided by the total number of pixels in the ROI. Tb.Th was calculated  
110 using the Local Thickness ImageJ plugin by deriving the Euclidean distance map  
111 from the binarized image, removing redundant points to produce distance ridges,  
112 then by calculating the thickness at each point along the distance ridge<sup>15</sup>. Tb.N  
113 represents the number of trabeculae per unit length and is calculated as  $Tb.N =$   
114  $BV.TV/Tb.Th$ . Tb.Sp is subsequently calculated as  $Tb.Sp = (1/Tb.N) - Tb.Th$ .

115 [FIGURE 2]

#### 116 *MRI texture analysis*

117 MRI images were manually matched to histology blocks using the schematic  
118 diagrams created at the time of sample processing. Topological features (e.g.  
119 osteophytes, bone contour) were used to aid the matching process (figure 3). The  
120 matching process was performed twice by a single observer (JM) and  
121 demonstrated excellent intra-observer reproducibility with a weighted kappa of  
122 0.93 (95% confidence interval 0.89 – 0.97).

123 The matched MRI images (in the original Digital Imaging and Communications  
124 in Medicine (DICOM) format) were imported into a dedicated texture analysis  
125 program (MazDa v 4.6) for analysis<sup>16</sup>. We used default image compression  
126 settings of 4 bits/pixel for calculation of absolute gradient features, and 6  
127 bits/pixel for calculation of gray-level co-occurrence matrix (GLCM) and run-  
128 length matrix (RLM) parameters. ROIs were created manually in the medial and

129 lateral subchondral bone to match those used for analysis of the histology blocks  
130 as closely as possible (figure 1). A total of 18 texture features were then generated  
131 for each ROI. These texture features were chosen as they had demonstrated  
132 significant differences between subjects with OA and controls in a previous study  
133 of subchondral bone texture in OA, suggesting that they may be useful to  
134 describe alterations occurring in the subchondral bone in OA<sup>8</sup>. Texture features  
135 belonged to one of four classes: gray-level histogram, absolute gradient, RLM and  
136 GLCM.

137 Gray-level histogram features are simple descriptors of the distribution of gray  
138 levels (i.e. pixel intensity values) in the ROI. Gradient, RLM and GLCM features  
139 are higher order descriptors of the spatial organization of pixels in the ROI. A  
140 more detailed overview of these parameters is available<sup>17,18</sup>. RLM parameters were  
141 calculated 4 times for each pixel (in the horizontal, vertical, 45° and 135°  
142 directions) and GLCM parameters were calculated 20 times for each pixel at a  
143 variety of pixel offsets ranging from 1 to 5 pixels. The mean value of each RLM  
144 and GLCM parameter for each pixel in all possible directions and pixel offsets was  
145 calculated and used for subsequent analyses.

146 Inter-observer reliability of the MRI texture analysis technique used in this study  
147 has been reported previously, with ICCs ranging from 0.41 – 0.99 (12 out of 18  
148 parameters had ICC > 0.9)<sup>11</sup>.

149 [FIGURE 3]

150

151 *Statistical analysis*

152 Descriptive statistics for each calculated histomorphometric parameter and MRI  
153 texture feature were generated. The relationship between MRI texture features  
154 and histomorphometric parameters was assessed using scatter plots (data not  
155 shown).

156 To determine the MRI texture features best associated with each of the 4  
157 histomorphometric parameters (BV.TV, Tb.Th, Tb.Sp and Tb.N) we used all-  
158 subsets multiple regression. The number of included texture features was limited  
159 to 5, in keeping with standard practice of limiting the number of explanatory  
160 variables to  $n/10$  (we had 54 histological blocks available for analysis – see  
161 *Results*) to avoid model overfitting. The subset of MRI texture features with the  
162 lowest Bayesian information criterion (a parsimony-adjusted measure of fit) was  
163 chosen for each parameter. We did not perform mixed effects modelling  
164 (including subject as a random effect) as preliminary analysis indicated that there  
165 was no significant model intercept variability (as assessed by ANOVA) between  
166 subjects for any histomorphometry parameter model.

167 The chosen subset of MRI texture features was then used to perform multiple  
168 linear regression modeling for each histomorphometric parameter. Goodness-of-  
169 fit was assessed using unadjusted and Stein-adjusted R-squared<sup>19</sup>. Relative  
170 contributions of each individual texture feature were assessed using  
171 unstandardized and standardized regression coefficients ( $B/\beta$ ). Standard  
172 multiple regression diagnostics were performed to assess the quality of each  
173 model including assessing distribution of residuals, influential cases,

174 multicollinearity and independence of errors (assessed using the Durbin-Watson  
175 test).

176 We used the  $p < 0.05$  level for statistical significance of the models and individual  
177 texture features. All analyses were performed using R version 3.1.2 for Mac<sup>20</sup>.

178

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## 179 RESULTS

180 *Participants*

181 Baseline characteristics of study subjects are provided in table 1.

182 [TABLE 1]

183 *Histomorphometry*

184 A total of 63 histological blocks were obtained (median 6 per subject, range 5-8).

185 Nine histological blocks were excluded from analysis following review due to  
186 excessive slicing artefact, leaving a total of 54 blocks for analysis. Mean values for  
187 each histomorphometric parameter are provided in table 2

188 [TABLE 2]

189 *MRI texture analysis*

190 Mean values of each MRI texture feature, calculated from 54 ROIs matched to the  
191 histological blocks, are provided in table 3.

192 [TABLE 3]

193 The correlations between histomorphometric parameters and MRI texture  
194 features are summarized graphically in figure 4.

195 [FIGURE 4]

196 *Statistical analysis*

197 Detailed multiple regression model summaries are provided in table 4.

198 For BV.TV, the MRI texture features selected using all-subsets regression were  
199 the histogram mean, variance and skewness and the GLCM entropy and inverse  
200 difference moment, with the final model adjusted  $R^2 = 0.76$ ,  $p < 0.001$ .

201 For Tb.Th, the features selected were the histogram mean, variance and skewness  
202 and the RLM gray-level non-uniformity (GLNU), with the final model adjusted  $R^2$   
203  $= 0.47$ ,  $p < 0.001$ .

204 For Tb.Sp, the features selected were the histogram mean and variance, the mean  
205 absolute gradient, the GLCM contrast and the RLM run-length non-uniformity  
206 (RLNU), with the final model adjusted  $R^2 = 0.75$ ,  $p < 0.001$ .

207 For Tb.N, the features selected were the histogram mean, the absolute gradient  
208 variance and the RLM GLNU, with the final model adjusted  $R^2 = 0.60$ ,  $p < 0.001$ .

209 All models met the assumptions of homoscedasticity, independence of errors,  
210 normally distributed residuals and no multicollinearity.

211 [TABLE 4]

212

## 213 DISCUSSION

214 This study demonstrates that MRI texture analysis features are significantly  
215 associated with ground-truth subchondral bone histomorphometry. This  
216 provides construct validation of MRI texture analysis and supports its use in  
217 further studies of subchondral bone in OA.

218 The subchondral bone of study participants at the medial tibial plateau  
219 demonstrated a higher bone volume and smaller number of widely spaced,  
220 thickened trabeculae (higher Tb.Th, higher Tb.Sp and lower Tb.N) when  
221 compared to normal tibial subchondral bone, in keeping with previous studies  
222 describing alterations in subchondral bone histomorphometry in OA<sup>21</sup>. The  
223 lateral tibial subchondral bone demonstrated similar trends in Tb.Th, Tb.Sp and  
224 Tb.N but had lower BV.TV when compared to normal subjects. Given that the  
225 majority of participants had medial compartment predominant disease, this may  
226 reflect off-loading of the lateral compartment due to varus malalignment.

227 Texture analysis revealed that study participants had, in general, more  
228 heterogeneous, less spatially organized subchondral bone when compared to  
229 values described in normal subjects<sup>8</sup>. For example, the variance of the signal  
230 intensity values within the subchondral ROIs was higher in study subjects,  
231 indicating greater heterogeneity, and absolute gradient and RLM non-uniformity  
232 parameters were lower, indicating fewer transitions between areas of high and  
233 low signal as are seen with normal the fine, linear subchondral trabeculae of  
234 normal subchondral bone.

235 The texture analysis feature for each histomorphometric parameter with the  
236 highest standardized regression coefficient (i.e. the most important to the model)  
237 was the simplest texture feature, the mean gray value of the ROI. Moreover, all  
238 models with the exception of Tb.N contained more than one simple histogram  
239 feature. While higher order texture features provide additional information on  
240 spatial organization and have shown statistically significant differences between  
241 subjects with OA and controls, our results suggest that they contribute relatively  
242 less in terms of association with histomorphometry.

243 A lower mean gray value was associated with higher BV.TV and Tb.Th but lower  
244 Tb.Sp and Tb.N. These histomorphometric changes are similar to the typical  
245 structural abnormalities seen in osteoarthritic subchondral bone<sup>21</sup>. Subchondral  
246 bone with higher BV.TV and thicker trabeculae is the histological correlate of  
247 subchondral sclerosis, a radiographic hallmark of OA<sup>22</sup>. On MRI, these areas of  
248 sclerosis appear as areas of low signal intensity and thus have a lower mean gray  
249 value.

250 Increased histogram variance was associated with higher BV.TV and Tb.Th, and  
251 lower Tb.Sp. The histogram variance can be thought of as the simplest measure  
252 of heterogeneity within the ROI. This suggests that in more 'osteoarthritic' bone,  
253 where the BV.TV and Tb.Th are higher, the heterogeneity and therefore  
254 histogram variance will be greater.

255 Higher order parameters contributing to the final models included the RLM  
256 parameters GLNU and RLNU and the GLCM parameter entropy which are indices  
257 of disorganization within the MRI image ROI. In general, the texture features

258 with the closest conceptual links to heterogeneity and organization are those that  
259 were most associated with histomorphometric parameters in the final models.

260 This study builds on previous work using MRI texture analysis and will aid future  
261 research in this area with regard to selection of texture features most likely to be  
262 most useful, taking into account discriminatory ability, reliability, and  
263 relationship to ground-truth structural parameters.

264 There is increasing recognition of the importance of subchondral bone in OA,  
265 together with the need for robust imaging biomarkers of joint structures other  
266 than cartilage<sup>2,23</sup>. There is evidence that changes in subchondral bone occur very  
267 early in the disease process, possibly preceding macroscopic cartilage  
268 degeneration. Subchondral bone is a dynamic tissue, capable of modeling and  
269 remodeling in response to changing load conditions (as per Wolff's law) and is  
270 therefore a therapeutic target of interest for potential disease modifying OA  
271 drugs (DMOADs)<sup>24-26</sup>. There is therefore the need for sensitive imaging  
272 biomarkers of subchondral bone. MRI texture analysis is one technique which  
273 has demonstrated the potential to meet this need, and now be considered for use  
274 in further studies.

275 Previous studies have demonstrated differences in subchondral bone texture  
276 between subjects with OA and controls using a variety of imaging  
277 modalities<sup>4,27,28</sup>. However, to our knowledge no previous study has sought to  
278 validate the technique using histomorphometry. We believe that this study's  
279 findings of associations between texture features and histomorphometry support  
280 the continued use of texture analysis in this setting.

281 A number of different approaches to texture analysis have been described with no  
282 one generally accepted analytic approach. One of the advantages of this study is  
283 the use of freely available texture analysis software which permits the use of a  
284 standardized approach between studies and increases the likelihood of results  
285 being replicated elsewhere. “Texture analysis” of bone has been used as a  
286 descriptor for a number of techniques. In the present study we have focused on  
287 statistical texture features (sometimes called Haralick texture, named after the  
288 researcher who first described the technique), which is distinct to other “texture”  
289 techniques such as direct estimation of bone microstructure and fractal signature  
290 analysis<sup>17</sup>.

291 Our method involves 2D rather than 3D analysis, using statistical texture features  
292 as a surrogate measure of bone structure. While this has the disadvantage when  
293 compared to 3D analysis of not providing the opportunity to estimate structural  
294 parameters from MR images directly, advantages of 2D analysis include the  
295 ability to use higher SNR 2D spin echo images which have less susceptibility  
296 artefact at the bone/marrow interface when compared to the 3D gradient echo  
297 images required for 3D analysis, and the lack of requirement for arbitrary  
298 segmentation of subchondral bone into bone and non-bone voxels<sup>11,29</sup>.

299 2D analysis of subchondral bone has also previously been performed on knee  
300 radiographs, primarily using fractal signature analysis (FSA) but also using dual  
301 x-ray absorptiometry (DXA) to assess subchondral bone mineral density. These  
302 techniques have shown the ability to discriminate between osteoarthritic and  
303 normal subchondral bone, and have good predictive validity for knee OA

304 progression<sup>4,30-36</sup>. Advantages of analyzing subchondral bone on plain  
305 radiographs or DXA (compared with MRI) include the low cost and widespread  
306 availability of these modalities, as well as the simplicity and speed of analyzing a  
307 single 2D image. In addition, at present the predictive validity of subchondral  
308 bone alterations as assessed MRI are less clear than for those assessed by plain  
309 radiographs/DXA. Some studies have demonstrated the association between MRI  
310 measurements such as subchondral bone size and bone shape and outcomes  
311 including progression in radiographic disease, changes in MRI cartilage volume,  
312 progression of clinical symptoms and the need for TKA<sup>37,38</sup>. However, there have  
313 been conflicting findings in studies using alternative techniques, for example  
314 semiquantitative MRI grading of subchondral sclerosis<sup>39</sup>.

315 Nevertheless, assessing subchondral bone on MRI has the advantage over plain  
316 radiographs of simultaneously allowing assessment of multiple aspects of  
317 subchondral bone in a single examination, for example bone texture, bone shape,  
318 and bone marrow lesions, as well as allowing assessment of other joint tissues  
319 involved in OA. MRI texture analysis is likely to be less dependent on positioning  
320 than radiographic texture analysis due to the radiographic depiction of multiple  
321 overlapping trabeculae compared with the cross-sectional nature of MRI. Some  
322 methods of MRI assessment of subchondral bone have demonstrated greater  
323 sensitivity to change when compared with plain radiographs<sup>40</sup>. At present, there  
324 has been no head-to-head comparison of texture analysis on plain radiographs  
325 and MRI.

326 We believe that the technique used in this study should be viewed as  
327 complementary to techniques previously used for subchondral bone assessment,  
328 and has the ability to contribute to this active area of research.

329 There are several important limitations of this study. First, only 10 participants  
330 were included, limiting study power. Due to this small number of participants,  
331 data from the 7 female and 3 male participants were pooled for analysis. This  
332 approach ignores differences in histomorphometric parameters related to gender  
333 which are likely to be present, particularly given the postmenopausal status of  
334 female participants. All participants in the study had severe OA warranting TKA.  
335 While such a population was necessary to obtain tibial plateau explants for  
336 histomorphometry, it does mean that the study sample is biased towards more  
337 severe OA. The performance of our models in subjects with earlier stages of OA is  
338 therefore not clear.

339 The study was performed in a single center, at a single timepoint, thus limiting  
340 the generalizability of results. The sensitivity of MRI texture analysis to different  
341 acquisition parameters has been described previously, although with appropriate  
342 calibration the discrimination ability of texture features may be maintained<sup>41,42</sup>.

343 The MRI analysis technique featured manual registration with histological blocks  
344 and manual ROI creation. Although this and other texture analysis techniques  
345 involving manual ROI creation have previously demonstrated good reliability, it  
346 is possible that automation or semi-automation may enhance this further and  
347 encourage a standardized approach between centers<sup>43,44</sup>. Finally, we used all-  
348 subsets regression to create our models. Automatic methods of variable selection

349 such as this have been criticized as causing problems with overfitting<sup>45</sup>. However,  
350 this is generally less of a problem than with alternative stepwise methods of  
351 variable selection, and we have attempted to minimize the risk of overfitting by  
352 limiting the number of model variables to  $n/10$ .

353 In conclusion, MRI texture features were significantly associated with ground-  
354 truth subchondral bone histomorphometry. This supports the use of MRI texture  
355 analysis as a valid technique for the assessment of subchondral bone structural  
356 alterations in OA.

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364 **AUTHOR CONTRIBUTIONS**

|     |   |                        |
|-----|---|------------------------|
| 365 | Conception and design:  | JM, GJ, SD, AT         |
| 366 | Analysis and interpretation of the data:  | JM, PM, BK             |
| 367 | Drafting of the article:  | JM, PM                 |
| 368 | Critical revision of the article:   | BK, GJ, SD, AT         |
| 369 | Final approval of the article:  | JM, PM, BK, GJ, SD, AT |
| 370 | Provision of study materials or patients:   | GJ, SD                 |
| 371 | Statistical expertise:  | JM, AT                 |
| 372 | Obtaining of funding:   | JM, AT                 |
| 373 | Administrative, technical, or logistic support:   | PM, BK, GJ             |
| 374 | Collection and assembly of data:  | JM, PM                 |
| 375 | Guarantors of entire study: Dr James MacKay ( <a href="mailto:james.mackay@nnuh.nhs.uk">james.mackay@nnuh.nhs.uk</a> ), |                        |
| 376 | Professor Andoni Toms ( <a href="mailto:andoni.toms@nnuh.nhs.uk">andoni.toms@nnuh.nhs.uk</a> )                          |                        |

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**FIGURE LEGENDS****Figure 1. Sample coronal T<sub>1</sub>w MR image**

White dashed line outlines typical region of interest (ROI) placement. Note lower signal in medial tibial ROI.

**Figure 2. Histological analysis**

Digitized histology blocks (A) were enhanced using a histogram stretching algorithm (B) and were subsequently automatically binarized (C). This allowed estimation of BV.TV. Further processing using ImageJ's Local Thickness plugin (D) allowed calculation of Tb.Th. Tb.N and Tb.Sp were then calculated using these parameters.

**Figure 3. Matched MR and histology images at (top row) medial and (bottom row) lateral tibial plateau**

Note area of homogeneous low signal on MR (white arrowheads) corresponds to an area of trabecular thickening on histology (black arrowheads).

**Figure 4. Correlation plot of histomorphometric parameters with MR texture features.**

Strength and direction of correlation (Pearson's  $r$ ) between texture features (horizontal axis) and histomorphometric parameters (vertical axis) is color coded according to the bar below the plot. Abbreviations are as per table 3.

## TABLES

**Table 1. Baseline characteristics of study subjects**

| Variable                                    | Value               |
|---|---------------------|
| Age   | 70 (57 – 84)*       |
| Body mass index (kg/m <sup>2</sup> )        | 31.5 (25.2 – 40.9)* |
| Females/males                               | 7/3                 |
| Left/right knee                             | 4/6                 |
| Kellgren-Lawrence grade medial (0/1/2/3/4)  | 0/0/1/5/4           |
| Kellgren-Lawrence grade lateral (0/1/2/3/4) | 0/5/4/0/1           |
| Oxford Knee Score <sup>†</sup>              | 18 (10 – 25)*       |

\*Values presented are median (range).

<sup>†</sup>Range 0 – 48, with lower scores indicating more severe symptoms.

**Table 2. Descriptive statistics for histomorphometric parameters**

| Parameter               | Mean (SD)    |               |
|-------------------------|--------------|---------------|
|                         | Medial tibia | Lateral Tibia |
| BV.TV (%)               | 42 (10)      | 25 (7)        |
| Tb.Th ( $\mu\text{m}$ ) | 339 (77)     | 253 (55)      |
| Tb.Sp ( $\mu\text{m}$ ) | 487 (157)    | 795 (205)     |
| Tb.N (1/mm)             | 1.24 (0.2)   | 0.99(0.2)     |

Abbreviations: BV.TV – bone volume fraction, Tb.Th – trabecular thickness, Tb.Sp – trabecular separation, Tb.N – trabecular number

**Table 3. Descriptive statistics for MR texture features**

| Parameter                | Mean (SD)     |               |
|--------------------------|---------------|---------------|
|                          | Medial tibia  | Lateral Tibia |
| <i>Histogram</i>         |               |               |
| Mean                     | 1862 (699)    | 3107 (930)    |
| Variance*                | 4.82 (2.25)   | 6.98 (4.44)   |
| Skewness                 | -0.36 (0.47)  | -0.85 (0.47)  |
| <i>Absolute Gradient</i> |               |               |
| GrMean                   | 1.04 (0.28)   | 1.21 (0.32)   |
| GrVariance               | 0.51 (0.12)   | 0.70 (0.24)   |
| GrSkewness               | 0.22 (0.20)   | 0.65 (0.43)   |
| GrKurtosis               | -0.15 (0.72)  | 1.31 (1.81)   |
| GrNonZeros               | 0.75 (0.13)   | 0.79 (0.11)   |
| <i>RLM</i>               |               |               |
| SRLE                     | 0.87 (0.04)   | 0.90 (0.03)   |
| LRLE                     | 1.75 (0.39)   | 1.55 (0.24)   |
| RLNU                     | 1543 (526)    | 1508 (370)    |
| GLNU                     | 172 (89)      | 151 (53)      |
| FractionRuns             | 0.83 (0.06)   | 0.86 (0.04)   |
| <i>GLCM</i>              |               |               |
| AngScMom                 | 0.012 (0.011) | 0.010 (0.007) |
| Contrast                 | 13.0 (6.9)    | 18.6 (9.7)    |
| Correlation              | 0.58 (0.15)   | 0.49 (0.12)   |
| Entropy                  | 2.16 (0.30)   | 2.24 (0.24)   |
| InvDfMom                 | 0.33 (0.08)   | 0.30 (0.07)   |

\*values are as given x 10<sup>5</sup>

Abbreviations: Gr – Gradient, GrNonZeros – proportion of pixels with non-zero gradient, RLM – run-length matrix, SRLE – short run-length emphasis, LRLE – long run length emphasis, RLNU – run-length non-uniformity, GLNU – grey-level non-uniformity, FractionRuns – fraction of grey values occurring in runs, GLCM – grey-level co-occurrence matrix, AngScMom – angular second moment, InvDfMom – inverse difference moment.

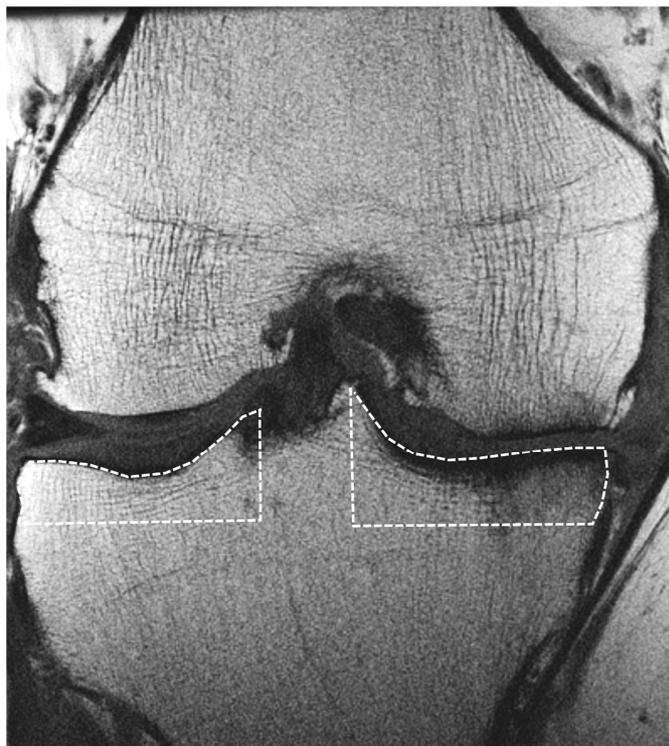
**Table 4. Summary of regression models**

| Parameter | Texture feature | B                      | SE(B)                 | Standardized Coefficient <sup>†</sup> | R <sup>2</sup> | Adjusted R <sup>2</sup> |
|-----------|-----------------|------------------------|-----------------------|---------------------------------------|----------------|-------------------------|
| BV.TV     | Mean***         | -1.1 x10 <sup>-4</sup> | 1.2 x10 <sup>-5</sup> | -0.91                                 | 0.81***        | 0.76***                 |
|           | Entropy**       | -0.5                   | 0.1                   | -0.89                                 |                |                         |
|           | InvDfMom**      | -1.2                   | 0.4                   | -0.80                                 |                |                         |
|           | Variance***     | 1.7 x10 <sup>-7</sup>  | 0.3 x10 <sup>-7</sup> | 0.52                                  |                |                         |
|           | Skewness***     | 0.11                   | 0.02                  | 0.48                                  |                |                         |
| Tb.Th     | Mean***         | -0.04                  | 0.01                  | -0.55                                 | 0.55***        | 0.47***                 |
|           | Variance**      | 9.0 x10 <sup>-5</sup>  | 3.0 x10 <sup>-5</sup> | 0.43                                  |                |                         |
|           | Skewness**      | 60                     | 17                    | 0.41                                  |                |                         |
|           | GLNU*           | 0.23                   | 0.11                  | 0.21                                  |                |                         |
| Tb.Sp     | Mean***         | 0.27                   | 0.02                  | 1.17                                  | 0.80***        | 0.75***                 |
|           | GrMean***       | -0.06                  | 0.02                  | -0.76                                 |                |                         |
|           | Contrast***     | 19                     | 5                     | 0.72                                  |                |                         |
|           | Variance***     | -4.0 x10 <sup>-4</sup> | 0.5 x10 <sup>-4</sup> | -0.62                                 |                |                         |
|           | RLNU**          | 0.15                   | 0.04                  | 0.27                                  |                |                         |
| Tb.N      | Mean***         | 0.15                   | 0.02                  | 0.63                                  | 0.65***        | 0.60***                 |
|           | GLNU***         | 1.3                    | 0.4                   | 0.38                                  |                |                         |
|           | GrVariance**    | 392                    | 124                   | 0.35                                  |                |                         |

\*\*\*p<0.001 \*\*p<0.01 \*p<0.05

<sup>†</sup>Standardized regression coefficient = 1 indicates an increase in 1 standard deviation of outcome variable for every 1 standard deviation increase in predictor variable

Abbreviations: SE – standard error, B – unstandardized regression coefficient, Abbreviations are otherwise as for table 3.



ACCEPTED MANUSCRIPT

