LETTER

Rapid evolution of metabolic traits explains thermal adaptation in phytoplankton

Abstract
Understanding the mechanisms that determine how phytoplankton adapt to warming will substantially improve the realism of models describing ecological and biogeochemical effects of climate change. Here, we quantify the evolution of elevated thermal tolerance in the phytoplankton, Chlorella vulgaris. Initially, population growth was limited at higher temperatures because respiration was more sensitive to temperature than photosynthesis meaning less carbon was available for growth. Tolerance to high temperature evolved after \( \approx 100 \) generations via greater down-regulation of respiration relative to photosynthesis. By down-regulating respiration, phytoplankton overcame the metabolic constraint imposed by the greater temperature sensitivity of respiration and more efficiently allocated fixed carbon to growth. Rapid evolution of carbon-use efficiency provides a potentially general mechanism for thermal adaptation in phytoplankton and implies that evolutionary responses in phytoplankton will modify biogeochemical cycles and hence food web structure and function under warming. Models of climate futures that ignore adaptation would usefully be revisited.

Keywords
Carbon cycle, metabolic theory, phytoplankton, rapid evolution.

INTRODUCTION
Phytoplankton play a key role in biogeochemical cycles (Field 1998) and fuel aquatic food webs (Falkowski et al. 2008). Novel phytoplankton communities, and the functions they mediate, will emerge as the climate changes through a combination of turnover in species composition (Yvon-Durocher et al. 2011), and shifts in the distribution of traits (e.g. body size, metabolic rates, stoichiometry) via phenotypic plasticity (Schaum et al. 2013; Magozzi & Calosi 2014) and rapid evolution (Lohbeck et al. 2012; Schaum & Collins 2014; Schlüter et al. 2014; Geerts et al. 2015). The amount of plasticity and evolutionary potential in key traits, relative to their interspecific variability (Thomas et al. 2012), will largely determine the extent to which phytoplankton communities are buffered from species turnover in a warmer world (Pörtner & Farrell 2008; Angilletta 2009; Montoya & Raffaelli 2010).

Because of their rapid generation times and high population densities, phytoplankton have substantial capacity for rapid evolutionary responses to climate change (Collins 2011). There is growing evidence for evolutionary responses of phytoplankton in vitro to global change drivers, such as elevated CO₂ (Collins & Bell 2004; Lohbeck et al. 2012; Schaum & Collins 2014; Schlüter et al. 2014), but only a single study has explored responses to warming (Schlüter et al. 2014). Studies applying experimental evolution to phytoplankton have focused mainly on identifying the capacity for adaptation and have not investigated the underlying mechanisms that facilitate evolutionary responses. Understanding the capacity for, and mechanisms through which phytoplankton might evolve to cope with novel environments is central to predicting whether aquatic ecosystems will accelerate or mitigate global warming through changes in their capacity to sequester carbon. Such quantitative and mechanistic understanding will support the development of more realistic models of the ecological and biogeochemical effects of climate futures.

Thermal tolerance – the range of temperatures at which an organism can grow – is expected to be critical for determining species’ responses to global warming (Pörtner & Farrell 2008; Kearney et al. 2009). Evolution has driven substantial variation in thermal tolerance among species of phytoplankton adapted to different environments (Thomas et al. 2012). Experiments on bacteria (Bennett & Lenski 2007), evolving and coevolving viruses (Zhang & Buckling 2011) and zooplankton (Geerts et al. 2015) have demonstrated capacity for rapid evolution of elevated thermal tolerance. However, the extent, tempo and mechanisms through which elevated thermal tolerance can evolve in phytoplankton are currently unclear.

Metabolism sets the pace of life (Brown et al. 2004) and is a key process that can be used to gain a more mechanistic understanding of evolutionary responses to changes in temperature. Metabolism dictates a host of life-history traits and attributes that determine fitness, including population growth rate (Savage et al. 2004), abundance, mortality and interspecific interactions (Dell et al. 2011). During acute exposure to a range of temperatures, metabolic rates, \( b(T) \), typically increase exponentially up to an optimum, followed by a rapid decline...
(Fig. 1a). These unimodal thermal response curves can be described using a modification of the Sharpe–Schoolfield equation for high temperature inactivation (Schoolfield et al. 1981):

\[
\ln(b(T)) = E_a \left( \frac{1}{kT_c} - \frac{1}{kT} \right) + \ln(b(T_c)) - \ln \left( 1 + e^{\frac{E_h}{kT_c} + \frac{E_a}{kT}} \right)
\]

where \( b(T) \), is the metabolic rate per unit biomass (\( \mu \text{mol } \text{O}_2 \times \mu \text{g } \text{C}^{-1} \times \text{h}^{-1} \)), \( k \) is Boltzmann’s constant (8.62 \times 10^{-5} \text{ eV K}^{-1}), \( E_a \) is an activation energy (in electron volts, eV) for the metabolic process, \( T \) is temperature in Kelvin (K). \( E_h \) characterises temperature-induced inactivation of enzyme kinetics above \( T_h \) and \( b(T_c) \) is the rate of metabolism normalised to a reference temperature, \( T_c = 25 \text{°C} \); where no low or high temperature inactivation is experienced (we refer to \( b(T_c) \) as the ‘specific rate of metabolism’). Because \( b(T_c) \), is both mass and temperature normalised it enables comparison of metabolic rates across populations which may vary in total biomass and/or ambient temperature. Equation 1 yields a maximum metabolic rate at an optimum temperature:

\[
T_{opt} = \frac{E_h T_h}{E_h + k T_h \ln \left( \frac{E_a}{E_h} - 1 \right)}
\]

the parameters \( b(T_c), E_a, E_h \), and \( T_{opt} \), represent metabolic traits that together characterise the metabolic thermal response (see Fig. 1a).

In phytoplankton, growth rate (a component of fitness) is dependent on two metabolic fluxes: photosynthesis and respiration (Raven & Geider 1988). We hypothesise that selection will operate on the metabolic traits of these two fluxes as species adapt to new thermal environments. Past work suggests that respiration (activation energy for respiration: \( E_R \sim 0.65 \text{ eV} \)) is often more sensitive to temperature than photosynthesis (\( E_P \sim 0.32 \text{ eV} \)) (Allen et al. 2005; López-Urrutia et al. 2006; Anderson-Teixeira et al. 2011; Yvon-Durocher et al. 2012). As temperatures rise, rates of respiration rise relatively more than those of photosynthesis. Consequently, the ratio of respiration (\( R \); i.e., the gross remineralisation of organic carbon (C)) to gross photosynthesis (\( P \); i.e., the gross fixation of inorganic C), \( R/P \), increases as a function of temperature, which means the fraction of C available for growth after satisfying the catabolic demands of the cell, termed carbon-use efficiency

![Figure 1](image_url)

**Figure 1** Effects of temperature on phytoplankton metabolism. (a) Metabolic rates, \( b(T) \), increase as an exponential function of temperature to an ‘optimum’ temperature (\( T_{opt} \)), then decline rapidly. (b) Growth responses for a cold-adapted (blue, point & line) and warm-adapted (red, point & line) phytoplankton. Evolution of elevated thermal tolerance entails increases in \( T_{opt} \) and growth rates at elevated temperatures. (c) Thermal responses for photosynthesis (green, \( P \)) and respiration (black, \( R \)) for a cold-adapted phytoplankton. The relative difference between \( P \) and \( R \) along the temperature gradient represents the carbon use efficiency (CUE = 1 – \( R/P \)). Because \( R \) is more sensitive to temperature than \( P \), CUE declines (blue to red point) with increasing temperature, limiting growth at high temperatures. As phytoplankton adapt to warmer temperature (d), selection should drive down specific rates of respiration, \( R(T_c) \), more than those of photosynthesis, \( P(T_c) \), increasing CUE and ensuring they are not limiting for growth.
(CUE = 1 – R/P), declines as temperatures rise in the short term (Gifford 2003; Allison et al. 2010) (Fig. 1c). This poses a major physiological challenge for phototrophic growth at high temperatures. We hypothesise that adaptation to warmer temperatures (Fig. 1b) should arise via evolutionary adjustments to metabolic traits that serve to increase CUE (Allison 2014) and partially offset intrinsic declines in CUE driven by the differences in the temperature sensitivity of R and P (Fig. 1d). When the activation energy for R is greater than P (E_R > E_P), specific rates of respiration, R(T_c), should decline more than those of photosynthesis, P(T_c), resulting in increases in the specific carbon-use efficiency [CUE(T_c) = 1 – R(T_c)/P(T_c)] as phytoplankton adapt to higher temperatures (Fig. 1d). CUE(T_c) reflects the carbon-use efficiency normalised to the reference temperature T_c = 25°C and controls for the intrinsic temperature responses of R and P. Here, we test these hypotheses by combining experimental evolution (Buckling et al. 2009; Reusch & Boyd 2013) with measurements of fundamental physiology to investigate mechanisms of thermal adaptation in the model freshwater alga, Chlorella vulgaris.

**METHODS**

**Culture conditions**

Chlorella vulgaris is a globally distributed alga and has been found across North and South America, Asia, Europe and Australasia (AlgaeBase 2015). The particular strain (A60 strain, Sciento) used here was isolated from a pond in northern England 15 years ago and has since been maintained in laboratory culture at 20 °C. Three replicate populations of the A60 strain of C. vulgaris were established at five different temperatures and were grown under nutrient and light saturated conditions in Infors-HT shaking incubators (160 rpm) on a 12 : 12 light:dark cycle and with a light intensity of 175 μmol m⁻² s⁻¹. Cultures were grown in 200 mL of Bold’s Basal Medium, supplemented with NaHCO₃ (0.0095 M). These conditions represent typical benign conditions for this strain. Note that we initiated our experimental treatments with populations that presumably contained pre-existing genotypic variation, rather than single clones, to maximise the response to selection and better

![Figure 2](image-url)

**Figure 2** Growth rate trajectories for Chlorella vulgaris at different selection temperatures. (a) Exponential rates of population growth (r) at the five different selection temperatures after 10 generations (black circles) and 100 generations (red circles). The broken black line shows the temperature dependence of growth rate for the all lineages up to 30 °C after 10 generations and the broken red line predicts the expected growth rate at 33 °C from these data fitted to the Boltzmann–Arrhenius model (see Methods). (b–f) Trajectories of specific growth rate (μ) for populations at 20, 23, 27, 30 and 33 °C respectively. Broken lines in (b–f) show growth trends based on the fixed effects of a linear mixed effect model (see Methods).

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reflect evolutionary responses expected from natural populations (Reusch & Boyd 2013).

Selection temperatures included the long-term ancestral growth temperature of the strain, 20 °C, and 4 warming scenarios: 23, 27, 30 and 33 °C. Initial experiments indicated that 33 °C was beyond the optimal growth temperature (30 °C) and was therefore selected as the maximum experimental temperature to investigate the evolution of elevated thermal tolerance (see Fig. 2a). Exponential growth was maintained in semi-continuous batch culture; during the mid-log growth phase (identified from pilot growth experiments), 1 × 10^3 cells were transferred into new media to prevent resource limitation. Physiology and growth curve measurements were made twice on each of the three biological replicates at each selection temperature after 10 and 100 generations. The absolute time taken to reach 100 generations varied from 45 to 77 days depending on selection temperature (see Fig. 2b–f).

**Growth rates**

Population biomass (μg C mL⁻¹) was measured at each transfer using a particle counter, which uses electrical sensing flow impedance determination to count and size cells (CellFacts®). Measurements of cell volume (μm³) were transformed into units of carbon (μg C cell⁻¹) following Montagnes & Berges (1994). Specific growth rate, \( \mu \) (d⁻¹), was calculated as:

\[
\mu = \frac{\ln(N_f/N_0)}{\Delta T}
\]

where \( N_f \) is the final biomass (μg C), \( N_0 \) represents the initial biomass and \( \Delta T \) is the time interval (d). The number of generations per transfer (\( g \)) is equivalent to the number of doubles and was calculated as follows:

\[
g = \frac{\Delta T}{\ln(2)/\mu}
\]

where \( \Delta T \) is the time interval of the transfer (d), \( \ln(2)/\mu \) is the doubling time (d) and \( \mu \) is the specific growth rate (d⁻¹). We used linear mixed-effects modelling to quantify trajectories in specific growth rate at the different selection temperatures, allowing us to control for the hierarchical structure of the data (e.g. variance at the replicate level nested within selection temperatures), heteroscedasticity and temporal autocorrelation (Pinheiro & Bates 2006). For the analysis, \( \mu \) was the dependent variable, time (days) and selection temperature were fixed effects, while slopes and intercepts were treated as random effects at the level of replicates nested within selection temperatures (Table 1). We controlled for heteroscedasticity by modelling changes in variance with selection temperature, and temporal autocorrelation using an autoregressive moving average function at the level of the random effect. Significance of the parameters were assessed using likelihood ratio tests, comparing models with common slopes and intercepts to models with different slopes and intercepts for each selection temperature (Table 1). Multiple comparison tests using Tukey’s least significant difference were used to determine pairwise parameter differences between selection temperatures and significant differences from 0 (Table S1). Model selection was carried out on models fitted using maximum likelihood, while multiple comparison tests were carried out on the most parsimonious model fitted using restricted maximum likelihood.

Exponential population growth rates (\( r \) (d⁻¹)) were calculated from logistic growth curves, measured after 10 and 100 generations at each selection temperature (Fig. 2a and Fig. S2). Samples were taken twice daily to estimate biomass, and once the stationary phase had been reached, we fitted the logistic growth equation to the biomass data using non-linear least squares regression:

\[
N(t) = \frac{K}{1 + Ae^{-rt}}; A = \frac{K - N_0}{N_0}
\]

where \( N(t) \) is the number of individuals at time, \( t \), \( K \) is the carrying capacity, \( N_0 \) is the number of individuals at the start of the sampling period and \( r \) is the rate of exponential growth.

**Characterising the metabolic thermal response**

Responses of photosynthesis and respiration to acute temperature variation were determined across a broad range of temperatures (10 °C – 49 °C) to characterise the metabolic thermal response of *Chlorella vulgaris* (Fig. 1). 10 mL aliquots of the populations were concentrated through centrifugation and acclimatised to the assay temperature for 15 minutes in the dark before measuring metabolic rates. Photosynthesis and respiration were measured through oxygen evolution in the light, and oxygen consumption in the dark, on a Clark-type oxygen electrode (Hansatech Ltd, King’s Lynn UK Chlorolab2). Photosynthesis was measured at increasing light intensities in intervals of 30 μmol m⁻² s⁻¹ up to 300 μmol m⁻² s⁻¹, and then in intervals of 100 μmol m⁻² s⁻¹ up to 1000 μmol m⁻² s⁻¹. This yielded a photosynthesis irradiance curve (PI) at each assay temperature. PI curves were fitted to the photoinhibition model (Platt et al. 1990) using non-linear

<table>
<thead>
<tr>
<th>Table 1</th>
<th>Results of the linear mixed effects model analysis for trajectories of specific growth rate (( \mu ); see Methods)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Model</td>
<td>d.f.</td>
</tr>
<tr>
<td>Random effects structure</td>
<td></td>
</tr>
<tr>
<td>random = ~ 1/id</td>
<td></td>
</tr>
<tr>
<td>corr. structure = varPower()</td>
<td></td>
</tr>
<tr>
<td>&amp; corARMA(q = 1)</td>
<td></td>
</tr>
<tr>
<td>Fixed effects structure</td>
<td></td>
</tr>
<tr>
<td>1. growth rate ~ 1 + time * selection temp</td>
<td>14</td>
</tr>
<tr>
<td>2. growth rate ~ 1 + time + selection temp</td>
<td>10</td>
</tr>
<tr>
<td>3. growth rate ~ 1 + time</td>
<td>6</td>
</tr>
</tbody>
</table>

Random effects on the slope and intercept were determined at the level of replicates nested within selection temperatures. The results of the model selection procedure on the fixed effect terms are given and the most parsimonious model is highlighted in bold. Analyses reveal that growth rates changed significantly through time and that growth trajectories were significantly different between selection temperatures.
least squares regression (Fig. S3):

\[ P(I) = P_s(1 - e^{\text{al} \cdot \frac{b}{I}}) \]  

(6)

where \( P(I) \) is the rate of photosynthesis at light intensity, \( I \), \( P_s \) is a scaling coefficient that sets the relative rate of \( P \), \( a \) controls the rate at which \( P(I) \) increases up to a maximal rate, and \( b \) determines the extent to which \( P \) declines after the optimal light intensity due to photoinhibition. The photosynthetic maximum, \( P_{\text{max}} \), was then calculated from eqn (5) as:

\[ P_{\text{max}} = \frac{P_s}{(\frac{a}{\alpha})^\left(\frac{b}{\alpha + \beta}\right)^2} \]  

(7)

Rates of respiration were measured in the dark. Gross photosynthesis (\( P \)) was then estimated as \( P = P_{\text{max}} + R \). By using \( P_{\text{max}} \) we can control for any potential light-temperature interactions in the characterisation of the thermal response for \( P \). Rates of \( P \) and \( R \) at each assay temperature were normalised by dividing by the biomass measured in each aliquot.

Acute responses of biomass normalised \( P \) and \( R \) to temperature were fitted to a modified Sharpe-Schoolfield equation for high temperature inactivation (see eqn 1) using non-linear least squares regression. Fits were determined using the ‘nlsLM’ function in the ‘minpack.lm’ (Elzhov et al. 2009) package in R statistical software (v3.2.0) (R Core Team 2014), which uses the Levenberg-Marquardt optimisation algorithm. Model selection using the Akaike Information Criterion (AIC) was carried out to identify the parameter set which best characterised the data. This entailed running 1000 different random combinations of starting parameters drawn from a uniform distribution and retaining the parameter set that returned the lowest AIC score. The goodness of fit of the selected models were examined both graphically and through computation of a pseudo-\( R^2 \) value, recognising the caveats associated with calculating \( R^2 \) for non-linear models (Spiess & Neumeyer 2010). We tested for the effects of ‘selection temperature’ on the metabolic traits (parameters of eqn 1 for \( P \) and \( R \)) using the Boltzmann-Arrhenius function:

\[ \ln(b(T)) = E_a \left( \frac{1}{kT_c} - \frac{1}{kT} \right) + \ln(b(T_c)) \]  

(8)

where \( b(T) \) is the metabolic trait at the selection temperature, \( T \), \( b(T_c) \) is the trait at temperature \( T_c \), where \( T_c = 25 \ ^\circ \text{C} \), and \( E_a \) is the activation energy that determines how quickly the trait varies as a function of \( T \). We used eqn (8) in an Analysis of

### Table 2 Results of an Analysis of Covariance for each metabolic trait with interactions between ‘selection temperature’, ‘exposure’ (short- or long-term warming) and ‘metabolic flux’ (\( P \) or \( R \))

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Effect</th>
<th>d.f.</th>
<th>( F ) value</th>
<th>( P ) value</th>
</tr>
</thead>
<tbody>
<tr>
<td>( b(T_c) )</td>
<td>selection temperature</td>
<td>1,52</td>
<td>13.7</td>
<td>&lt; 0.001</td>
</tr>
<tr>
<td></td>
<td>metabolic flux</td>
<td>1,52</td>
<td>274.58</td>
<td>&lt; 0.001</td>
</tr>
<tr>
<td></td>
<td>exposure</td>
<td>1,52</td>
<td>40.9</td>
<td>&lt; 0.001</td>
</tr>
<tr>
<td></td>
<td>selection temperature*metabolic flux</td>
<td>1,52</td>
<td>0.198</td>
<td>0.65</td>
</tr>
<tr>
<td></td>
<td>selection temperature*exposure</td>
<td>1,52</td>
<td>6.93</td>
<td>&lt; 0.05</td>
</tr>
<tr>
<td></td>
<td>metabolic flux*exposure</td>
<td>1,52</td>
<td>2.38</td>
<td>0.13</td>
</tr>
<tr>
<td></td>
<td>selection temperature<em>metabolic flux</em>exposure</td>
<td>1,52</td>
<td>1.36</td>
<td>0.25</td>
</tr>
<tr>
<td></td>
<td>selection temperature</td>
<td>1,52</td>
<td>2.44</td>
<td>0.11</td>
</tr>
<tr>
<td></td>
<td>metabolic flux</td>
<td>1,52</td>
<td>56.8</td>
<td>&lt; 0.001</td>
</tr>
<tr>
<td></td>
<td>exposure</td>
<td>1,52</td>
<td>7.29</td>
<td>&lt; 0.01</td>
</tr>
<tr>
<td></td>
<td>selection temperature*metabolic flux</td>
<td>1,52</td>
<td>0.0004</td>
<td>0.98</td>
</tr>
<tr>
<td></td>
<td>selection temperature*exposure</td>
<td>1,52</td>
<td>0.024</td>
<td>0.88</td>
</tr>
<tr>
<td></td>
<td>metabolic flux*exposure</td>
<td>1,52</td>
<td>4.8</td>
<td>&lt; 0.05</td>
</tr>
<tr>
<td></td>
<td>selection temperature<em>metabolic flux</em>exposure</td>
<td>1,52</td>
<td>0.91</td>
<td>0.34</td>
</tr>
<tr>
<td>( E_a )</td>
<td>selection temperature</td>
<td>1,52</td>
<td>4.71</td>
<td>&lt; 0.05</td>
</tr>
<tr>
<td></td>
<td>metabolic flux</td>
<td>1,52</td>
<td>17.5</td>
<td>&lt; 0.001</td>
</tr>
<tr>
<td></td>
<td>exposure</td>
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<td>1.78</td>
<td>0.19</td>
</tr>
<tr>
<td></td>
<td>selection temperature*metabolic flux</td>
<td>1,52</td>
<td>0.42</td>
<td>0.52</td>
</tr>
<tr>
<td></td>
<td>selection temperature*exposure</td>
<td>1,52</td>
<td>0.09</td>
<td>0.76</td>
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<td></td>
<td>metabolic flux*exposure</td>
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<td>0.39</td>
<td>0.53</td>
</tr>
<tr>
<td></td>
<td>selection temperature<em>metabolic flux</em>exposure</td>
<td>1,52</td>
<td>0.002</td>
<td>0.96</td>
</tr>
<tr>
<td></td>
<td>selection temperature</td>
<td>1,52</td>
<td>0.15</td>
<td>0.34</td>
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<tr>
<td></td>
<td>metabolic flux</td>
<td>1,52</td>
<td>36.4</td>
<td>&lt; 0.001</td>
</tr>
<tr>
<td></td>
<td>exposure</td>
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<td>&lt; 0.05</td>
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<tr>
<td></td>
<td>selection temperature*metabolic flux</td>
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</tr>
<tr>
<td></td>
<td>selection temperature*exposure</td>
<td>1,52</td>
<td>0.211</td>
<td>0.65</td>
</tr>
<tr>
<td></td>
<td>metabolic flux*exposure</td>
<td>1,52</td>
<td>1.38</td>
<td>0.25</td>
</tr>
<tr>
<td></td>
<td>selection temperature<em>metabolic flux</em>exposure</td>
<td>1,52</td>
<td>0.23</td>
<td>0.64</td>
</tr>
<tr>
<td>( T_b )</td>
<td>selection temperature</td>
<td>1,52</td>
<td>2.23</td>
<td>0.133</td>
</tr>
<tr>
<td></td>
<td>metabolic flux</td>
<td>1,52</td>
<td>36.4</td>
<td>&lt; 0.001</td>
</tr>
<tr>
<td></td>
<td>exposure</td>
<td>1,52</td>
<td>5.81</td>
<td>&lt; 0.05</td>
</tr>
<tr>
<td></td>
<td>selection temperature*metabolic flux</td>
<td>1,52</td>
<td>0.0001</td>
<td>0.99</td>
</tr>
</tbody>
</table>

Parameters included in the most parsimonious model are highlighted in bold.
Covariance to test for the effects of ‘selection temperature’, ‘exposure’ (e.g. long-term vs. short-term warming), and ‘metabolic flux’ (either $P$ or $R$) on the parameter estimates (Table 2).

In plant physiology, the carbon-use efficiency (CUE) represents the fraction of fixed carbon that is available for allocation to growth (Gifford 2003), and can be estimated from rates of gross photosynthesis ($P$) and respiration ($R$) as:

$$\text{CUE} = 1 - \frac{R}{P}.$$ 

CUE and specific carbon-use efficiency [CUE ($T_s$)] were estimated for each replicate after 10 and 100 generations from rates of $R$ and $P$ measured at their selection temperature and from the specific rates, $R(T_s)$, and $P(T_s)$, respectively. Because our cultures experienced a 12 : 12 h light-dark cycle, integrated over 24 h, populations will be photosynthesising for 12 h but respiring for 24 h. In estimating

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CUE, rates of R and P were integrated over 24 and 12 h respectively, to account for the diel population-level carbon budget. We then analysed the estimates of CUE and CUE(Tc) using Analysis of Covariance, where ‘selection temperature’ and ‘exposure’ (e.g. long-term vs. short-term warming) were included as potentially interacting factors. Selection temperature was centered (T – Tc) so that the intercept of the linear model yielded the CUE at Tc, where Tc = 25 °C.

RESULTS
The rate of exponential population growth (∁) increased with selection temperature and after 10 generations, peaked at 30 °C. Growth at 33 °C was lower than predicted from the exponential relationship between temperature and population growth (Fig. 2a). However, following 100 generations of selection at 33 °C, growth increased 1.4 fold (Tukey post-hoc test comparing long- and short-term warming) to the level predicted from the initial (10 generation data) relationship between temperature and growth rate (Fig. 2a). Trajectories of specific growth rate (µ) suggest that fitness did not change over the course of the selection experiment in the ancestral lineages (20 °C) and those at 23 °C. However, between 27 and 33 °C, fitness increased over the course of 100 generations (Fig. 2b–f). The most marked response to selection (e.g. the steepest fitness trajectory) was at 33 °C (Fig. 2f; Table 1 and Table S1).
Consistent with previous work (López-Urrutia et al. 2006; Yvon-Durocher et al. 2012), R was more sensitive to temperature than P in all lineages (Fig. 3a-b; Fig. S1 & Table 2) and consequently, CUE decreased with increasing selection temperature in the lineages that had experienced both 10 and 100 generations at each temperature regime (ANCOVA $F_{1,26} = 70.27; P < 0.001$; Fig. 4a). Indeed, the low CUE at 33 °C was initially (after 10 generations) limiting for growth (Fig. 2a), explaining why lineages at 33 °C showed the strongest response to selection (Fig. 2f).

We hypothesised that evolution of elevated thermal tolerance should arise via increases in CUE, particularly at the temperature that was initially the most stressful (33 °C), by selection driving down $R(T_c)$ more than $P(T_c)$ with increasing temperature (Fig. 1d). In line with our hypothesis, CUE increased significantly between lineages exposed to 10 and 100 generations at each selection temperature (ANCOVA comparing intercepts between levels of ‘exposure’; $F_{1,26} = 9.73; P = 0.004$; Fig. 4a). Furthermore, in the 100 generation lineages $R(T_c)$ and $P(T_c)$ declined exponentially with increasing selection temperature (Fig. 4b-c), with the activation energy for $R(T_c)$ = −0.88 eV (95% CI: −1.48 to −0.46 eV), double that of $P(T_c)$ = −0.47 eV (95% CI: −0.82 to −0.17 eV). Consequently, the specific carbon-use efficiency [CUE($T_c$) = 1−($R(T_c)$/$P(T_c)$)] increased linearly with increasing selection temperature (ANCOVA $F_{1,13} = 12.87; P = 0.003$; Fig. 4d).

We found no evidence for shifts in most of the other metabolic traits – e.g. $E_{aw}$, $T_{opt}$, $T_h$ – in response to temperature, after 10 or 100 generations (Table 2; Fig. S1). Beside the documented declines in $R(T_c)$ and $P(T_c)$, the deactivation energy, $E_d$, which dictates the rate at which metabolism declines past the optimum, increased with selection temperature for both $P$ and $R$ (Table 2; Fig. S1). Thermal optima for $P$ and $R$ were always higher than the selection temperatures for all lineages (Table S2). Thus, increases in $E_d$, resulting in more rapid declines in metabolic rates after the optimum, would not impact growth or fitness. Decreases in specific rates of metabolism, $R(T_c)$ and $P(T_c)$, and increases in the deactivation energy, $E_d$, do however suggest that metabolic thermal responses became more specialised in the lineages evolved to higher temperatures, where the strength of selection was greatest.

**DISCUSSION**

We hypothesised that the higher temperature dependence of respiration ($R$) relative to photosynthesis ($P$) would constrain growth at elevated temperatures in the model phytoplankton, *C. vulgaris*, because of reductions in carbon-use efficiency (CUE). We therefore expected elevated thermal tolerance to evolve through down-regulation of $R$ relative to $P$, enabling more efficient allocation of fixed carbon to growth. Results from our evolution experiment were consistent with the hypotheses.

Acclimation -i.e. the change in physiological phenotype from a single genotype (West-Eberhard 2003)- typically occurs over 1–10 generations in phytoplankton (Staehr & Birkeland 2006). In our experiment, growth rates increased exponentially between 20 and 30 °C after 10 generations, though at 33 °C, the capacity for physiological acclimation to facilitate further increases in growth was insufficient. In line with our expectations, CUE declined with increasing selection temperature, and at 33 °C growth was presumably limited by low CUE.

Evolutionary responses in phytoplankton, either via selection on pre-existing genotype variation (Lohbeck et al. 2012) or *de novo* mutations, are frequently observed within 100 generations (Schaum & Collins 2014; Schlüter et al. 2014), and in our experiment, after 100 generations, growth at 33 °C had increased to levels predicted from the exponential relationship between temperature and growth. Consistent with our hypothesis, elevated thermal tolerance evolved via increases in CUE mediated by greater down-regulation of specific rates of respiration, $R(T_c)$ relative to those of photosynthesis, $P(T_c)$. These findings provide direct evidence that selection on metabolic traits provides a mechanistic explanation for the evolution of elevated thermal tolerance in a model phytoplankton.

Down-regulation of $R(T_c)$ under warming is well documented in vascular plants (Loveys et al. 2003; Atkin et al. 2015), and adjustments to $R(T_c)$, $P(T_c)$ and CUE occur within a single generation through acclimation. For plants that experience substantial variation in the environment over the course of a single generation, the capacity for physiological acclimation is likely to be key for maintaining fitness across a broad range of conditions. Phytoplankton have much shorter generation times (hours to days) and therefore the opportunity for evolutionary responses to changes in the environment, either through sorting on pre-existing genotype variation, or *de novo* mutation and selection (Lohbeck et al. 2012), is much greater in absolute time. Whether mediated by acclimation or evolutionary change, the net effect of down-regulating specific rates of respiration to facilitate growth at elevated temperatures, appears to be conserved across both vascular plants (Loveys et al. 2003; Atkin et al. 2015) and the green alga studied here. Developing a detailed understanding of the molecular and biochemical mechanisms that underpin the responses of metabolic traits to temperature should be a priority for further research.

A recent comparative analysis coupled to an eco-evolutionary species distribution model, demonstrated that geographic variation in thermal niches of phytoplankton closely matched the temperature regime of their natal environment and suggests that thermal tolerance is a key trait shaping the response of phytoplankton communities to warming (Thomas et al. 2012). The rate at which thermal tolerance evolves to track changes in temperature in the Thomas et al. (2012) model is a key parameter for determining whether a species can persist in a given location under warming. However, due to the lack of data on rates of thermal adaptation for phytoplankton, this parameter could not be empirically constrained in the investigation by Thomas et al. (2012). Our experiment demonstrates that for a model species of green algae, 100 generations (45 days) was sufficient to evolve elevated rates of population growth (1.4-fold increase) at a temperature that initially constrained growth and therefore provides an empirical basis for parameterising thermal trait evolution in eco-evolutionary models of phytoplankton dynamics. This work also reveals the metabolic mechanisms that underpin the evolution of elevated thermal tolerance and provides a basis for refining models by linking evolution
and physiology to better predict the responses of phytoplankton communities to climate change.

While our experiments focused on a single species and strain, we consider that the rapid evolution of carbon-use efficiency will provide a mechanistic explanation for thermal adaptation in other phytoplankton. This is because the greater sensitivity of respiration to temperature than photosynthesis is well established in a wide range of autotrophs (Allen et al. 2005; López-Urrutia et al. 2006; Stæhr & Birkenland 2006; Anderson-Teixeira et al. 2011; Yvon-Durocher et al. 2012) and because phytoplankton have been shown to evolve rapidly in response to changes in their environment (Collins & Bell 2004; Lohbeck et al. 2012; Schaum & Collins 2014; Schlüter et al. 2014). Absolute rates of evolution will depend on generation times and genotypic variation within populations, and will intrinsically vary among species as well as being dependent on past interactions with the environment. The rates of adaptation we observe may not be consistent with those in the natural environment because experimental conditions in the laboratory are vastly simplified relative to the complex selection environment faced in nature. Our results might, for example, overestimate rates of evolution, because cultures were maintained in exponential growth. Phytoplankton in the natural environment likely spend a proportion of their life cycle at carrying capacity and/or under nutrient limitation, and thus have longer generation times than those achieved under laboratory conditions. On the other hand, our results could be conservative if the more heterogeneous environments experienced by natural populations result in high standing genetic variation. Indeed, a recent review of studies of genetic variation in natural populations using genetic markers demonstrated high standing genetic and clonal diversity in diatoms, coccolithophores, dinoflagellates and a raphidophyte (Collins et al. 2013). Finally, rates of thermal adaptation in nature might be amplified or retarded relative to those observed in the laboratory, depending on how co-evolutionary interactions with other species affect evolutionary responses to changes in the abiotic environment (Lawrence et al. 2012).

Models used to assess biochemical and ecological futures under climate change tend to resolve phytoplankton into either taxonomic, functional or trait-based groups (Anderson 2005; Schneider et al. 2008; Vancoppenolle et al. 2013). More experiments are clearly needed to define the range of adaptive responses to warming among different groups of phytoplankton. Notwithstanding, our findings suggest that warm adapted phytoplankton could evolve elevated carbon fixation, which might offset some of the predicted declines in carbon sequestration under warming in aquatic ecosystems (Allen et al. 2005; López-Urrutia et al. 2006; Yvon-Durocher et al. 2010, 2012). We propose that the effects of thermal adaptation could be generalised within models based on our results; at least to test the sensitivity of model predictions to the rates of adaptation we have quantified and to challenge alternate model outputs (e.g. based on no adaptation vs. adaptation or to different rates of adaptation) with data (Stow et al. 2009). This will provide important insights into how the effects of thermal adaptation are expected to modify biochemical cycles and hence predictions of elemental fluxes and the structure and functioning food webs, under warming.

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